

(Please fill out completely to ensure proper race results)

Circle One

10K Competitive Run

10K without t-shirt

5K Fun Run/Walk

5K without t-shirt

Check if CRS member ☐

Name: _____ Gender: M ☐ F ☐ (Circle One)

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Age: _____ Date of Birth: _____ School: _____

T-Shirt Size: S M L XL (Circle One) (Guaranteed to first 200 registered 10K or 5K runners)

By signing below, I understand that the YMCA is not responsible for any loss or injury during the LaPorte YMCA Run. I also understand that all members, participants and guests must have personal insurance and that in case of a claim, the participant's or parent's (in the case of a minor) insurance is the primary carrier and that the YMCA's insurance will be the secondary carrier. I agree that any claim must go through my own insurance before the YMCA's insurance will cover any losses or claims. Furthermore, I will allow the YMCA to use my likeness or name in our advertising and marketing pieces. I understand that the YMCA is not responsible for lost or stolen items during the event. I understand and accept that exercise, by its nature, is dangerous activity since it raises the heart rate and alters many body functions. I hereby hold the YMCA of LaPorte, its staff and/or volunteers, as well as the Calumet Region Striders, harmless for any injury or condition that may result from participating in this YMCA event.

Signature _____ Date _____

Guardian's Signature (anyone under the age 18) _____

**LaPorte YMCA Run
10K Competitive Run & 5K Fun Run/Walk
Saturday, March 29, 2008
Soldiers Memorial Park, LaPorte**

7:30 a.m. — Registration begins; 9 a.m. — Runs begin

Times are Central Daylight Saving Time (CDT)

Course: The course starts outside of Cummings Lodge, takes you past Pine Lake, along the outskirts of LaPorte and back through Soldiers Memorial Park. The 10K course is certified by USA Track & Field (Code: IN 06018 MW).

Awards: Awards for top overall male and female finishers and top overall Masters (over age 40) male and female finisher in the 10K competitive run. Also in the 10K, male and female age-group awards for the first three finishers in the following age groups: 14-and-under, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79 and 80-and-over. For the 5K fun run, male and female age-group awards for the first three finishers in the following age groups: 8-and-under, 9-10, 11-12, 13-14 and 15-18. No other awards will be presented for the 5K Run.

Entry Fee*:

10K Competitive Run

\$17 per entry by March 24, 2008

\$15 per entry by March 24, 2008 (without t-shirt)

\$22 per entry after March 24, 2008

5K Fun Run/Walk

\$12 per entry by March 24, 2008

\$10 per entry by March 24, 2008 (without t-shirt)

\$17 per entry after March 24, 2008

* - \$2 discount for CRS members if registered by March 24.
To Enter: Fill out attached entry form and make checks payable to the **LaPorte YMCA** and mail to:

LaPorte YMCA Run

901 Michigan Ave

LaPorte, IN 46350

On-line registration for the LaPorte YMCA Run is available at www.active.com.

Register on-line at www.active.com



Directions:

Indiana Toll Road: Exit 49; south on Ind. 39 to LaPorte. Right on Waverly (Super 8 on corner) for 3/4 mile.

Interstate 94: Exit 40; south on U.S. 35 to LaPorte. Right on Waverly (Super 8 on corner) for 3/4 mile.

Ind. 2: Turn north in downtown LaPorte on US 35 (at Courthouse). Left on Waverly (Super 8 on corner) for 3/4 mile.

Northbound on U.S. 35: Straight thru downtown LaPorte on U.S. 35. Left on Waverly (Super 8 on corner) for 3/4 mile.

All proceeds to benefit the Strong Kids Scholarship Campaign. This enables the LaPorte YMCA to offer programs and memberships to ALL the youth in our community. With the support of this campaign, the youth of LaPorte are able to grow through their spirit, mind and body. Thank you for your support.

Contact: Mark Schreiber at 219-325-9622 or e-mail at mschreiber@lpymca.org. Race results available on www.eteamz.com/lpymca.



LaPorte Family YMCA
901 Michigan Avenue
LaPorte, IN 46350

219-325-9622 • www.lpymca.org



LAPORTE YMCA

10K RUN

5K FUN RUN/WALK

Saturday, March 29, 2008
Soldiers Memorial Park
LaPorte, IN

Schedule

7:30 a.m. Registration begins
9 a.m. 10K Competitive Run and
5K Fun Run/Walk begin

Times are Central Daylight Saving Time (CDT)

CALUMET REGION STRIDERS
GOLD CUP SERIES RACE