

Race Date
April 26, 2025

2025 Running with Friends 5K

Age Group Results

5K

Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sara Boss	New Lenox IL	50	9855	4	21:16.3	6:52/M

Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joey Nelson	New Lenox IL	29	9891	1	17:36.6	5:41/M

Race Date
April 26, 2025

2025 Running with Friends 5K

Age Group Results

5K

Female 19 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Annabelle Makiejus	Mokenamokena IL	14	9880	12	24:07.5	7:47/M
2	Megan Michals	New Lenox IL	11	9886	23	27:23.3	8:50/M
3	Gianna Michals	New Lenox IL	11	9885	39	32:36.2	10:31/M
4	Adelaide Leonard	Joliet IL	10	9876	50	44:56.8	14:30/M

Male 19 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Vaughn Rutan	Lemont IL	13	9892	2	18:47.2	6:04/M
2	Ethan Brauch	New Lenox IL	14	9858	5	21:36.7	6:58/M
3	Luke Mattaliano	New Lenox IL	14	9884	9	23:22.3	7:32/M
4	Benjamin Willis	New Lenox IL	13	9903	15	25:07.6	8:06/M
5	Blake Mraz	New Lenox IL	14	9888	17	25:20.5	8:10/M
6	Gabriel Ford	Tinley Park IL	13	9863	19	25:34.5	8:15/M
7	Troy Wright	New Lenox IL	10	9905	43	33:45.1	10:53/M

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lauren Spengler	Frankfort IL	24	9894	8	23:00.1	7:25/M
2	Francesca Krivanec	New Lenox IL	27	9874	34	30:45.6	9:55/M

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alex Szymanski	Orland Park IL	26	9895	7	22:54.2	7:23/M
2	Mason Young		24	9681	10	23:23.6	7:33/M
3	Richard Gonzini	Hickory Hills IL	27	9868	44	37:22.4	12:03/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Marth Curtin	Tinley Park IL	37	9859	25	27:41.6	8:56/M
2	Emily Johnson	Tinley Park IL	33	9871	26	27:41.6	8:56/M
3	Liliana Insignares Diaz	Tinley Park IL	34	9870	32	29:30.9	9:31/M
4	Sarah Karnas	New Lenox IL	36	9873	49	43:43.9	14:06/M
5	Taylor Baldermann	New Lenox IL	34	9853	53	55:24.7	17:53/M
6	Lauren Frederick	New Lenox IL	30	9865	54	55:28.1	17:54/M

Race Date
April 26, 2025

2025 Running with Friends 5K

Age Group Results

5K

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kyle Ware	Mokena IL	32	9898	6	22:18.3	7:12/M
2	Chris White	Manhattantan IL	38	9901	13	24:08.0	7:47/M
3	Omar Fayad	Orland Park IL	32	9862	18	25:23.7	8:12/M
4	Joshua Mattaliano	New Lenox IL	39	9883	22	27:03.2	8:44/M
5	Kyle Karnas	New Lenox IL	37	9872	24	27:30.9	8:53/M
6	Danny Low	Monee IL	37	9878	38	32:26.9	10:28/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sheryl Mraz	New Lenox IL	48	9890	30	28:26.2	9:10/M
2	Casey Brauch	New Lenox IL	42	9857	31	28:39.6	9:15/M
3	Sarah Makiejus	Mokena IL	45	9881	46	38:15.8	12:21/M
4	Melissa Michals	New Lenox IL	43	9887	47	38:54.9	12:33/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Edward Washburn	Houston TX	47	9899	3	18:52.1	6:05/M
2	Chris Mack	Homer Glen IL	49	9879	11	23:53.6	7:42/M
3	Justin Ford	Tinley Park IL	43	9864	14	24:53.8	8:02/M
4	Justin Wright	New Lenox IL	46	9904	42	33:44.7	10:53/M
5	John Leonard	Joliet IL	46	9877	51	44:57.6	14:30/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brenda Hawksworth	Mokena IL	52	9869	20	25:49.2	8:20/M
2	Kim Auchstetter	New Lenox IL	58	9852	33	30:14.9	9:45/M
3	Jodi Fritz	New Lenox IL	54	9866	35	30:51.3	9:57/M
4	Monika Szymanski	Orland Park IL	50	9897	40	33:04.3	10:40/M
5	Robin Ellis	New Lenox IL	53	9861	41	33:12.8	10:43/M

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Frank J Becvar	Tinley Park IL	54	9854	21	27:01.9	8:43/M
2	Ben Szymanski	Orland Park IL	51	9896	28	28:04.9	9:04/M

Race Date
April 26, 2025

2025 Running with Friends 5K

Age Group Results

5K

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Joe Demarco	Frankfort IL	51	9860	29	28:24.3	9:10/M
4	Steven Brasky	Mokena IL	50	9856	36	31:38.7	10:13/M
5	John Sciacotta	New Lenox IL	59	9893	48	38:58.4	12:34/M

Male 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joe Gaul	New Lenox IL	64	9867	16	25:15.8	8:09/M
2	Roy White	New Lenox IL	71	9902	27	27:53.5	9:00/M
3	Frank Mancari Jr	Orland Park IL	63	9882	37	31:57.3	10:19/M
4	Raymond Wertelka	Manhattan IL	74	9900	52	52:47.1	17:02/M

Non Binary

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Peter Krivanec	New Lenox IL	28	9875	45	37:24.1	12:04/M