

Race Date
September 06, 2025

2025 Grape Lake 5K
Age Group Results

Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alison Dunlap	Grand Rapids MI	27	4615	14	20:56.3	6:45/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Christopher Vogt	Paw Paw MI	16	4822	1	16:59.4	5:29/M

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Run

Female 1 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Liliana Johnson	Paw Paw MI	8	4676	77	27:09.6	8:46/M
2 *	Brooks Goodband-Prater		10	4377	195	46:14.6	14:55/M

Male 1 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Dawson Cook	Gobles MI	10	4586	68	26:46.9	8:38/M

Female 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Madelyn Wolgamood	Mattawan MI	11	4837	81	27:19.7	8:49/M
2 *	Lilian Cobb		14	2921	92	28:31.4	9:12/M
3 *	Cora Timmer	Homewood IL	11	4812	110	29:52.6	9:38/M
4	Alayna Ely		14	3092	111	29:58.6	9:40/M
5	Lyla Curry	Mattawan MI	14	4597	124	31:46.5	10:15/M
6	Collins Marsh	Paw Paw MI	11	4714	137	32:54.8	10:37/M
7	Madison Rutledge	Paw Paw MI	14	4768	145	33:30.7	10:49/M
8	Addison Tavolacci	Coloma MI	13	4806	153	34:53.3	11:15/M
9	Cora Marsh	Paw Paw MI	11	4715	163	37:37.3	12:08/M
10	Anniston Curry	Mattawan MI	11	4596	191	44:51.8	14:28/M
11	Mckenna Ritsema		11	2954	196	46:17.8	14:56/M
12	Leah Dearing	Richland MI	13	4603	197	47:22.3	15:17/M
13	Lily Budner	Mattawan MI	11	4567	199	52:35.3	16:58/M

Male 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lincoln Cook	Gobles MI	14	4587	35	23:03.5	7:26/M
2 *	Matt Dearing	Richland MI	12	4604	88	28:08.2	9:05/M
3 *	Jameson Stewart		12	3080	127	31:56.8	10:18/M
4	Luke Budner	Mattawan MI	11	4568	204	1:01:09.4	19:44/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Hayden Lemieux	Paw Paw MI	16	4693	16	21:02.3	6:47/M
2 *	Avery Huff	Mattawan MI	15	4665	21	21:43.1	7:00/M

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Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3 *	Sophia Lemieux	Paw Paw MI	16	4694	39	23:49.1	7:41/M
4	Nyala Resseguie		16	4849	58	25:32.0	8:14/M
5	Hailee Mount	Mattawan MI	17	4729	90	28:19.5	9:08/M
6	Lauren Hunsberger	Paw Paw MI	16	4668	101	29:01.5	9:22/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Landon Lindsay	Lawton MI	15	4703	2	17:16.3	5:34/M
2 *	Grant Krause	Paw Paw MI	15	4687	3	17:59.5	5:48/M
3 *	Brady Meloche	Paw Paw MI	16	4721	7	18:32.5	5:59/M
4	Chase Boff		16	3078	11	20:29.6	6:37/M
5	Jeremiah Melson	Hartford MI	18	4722	12	20:51.5	6:44/M
6	Frankie Wunderlich	Paw Paw MI	17	4839	15	20:57.2	6:46/M
7	David Pokorny III	Paw Paw MI	16	4750	23	22:03.1	7:07/M
8	Travis Pursley	Lawton MI	15	4753	62	25:43.5	8:18/M
9	Jack Woodward	Lawton MI	15	4838	65	26:20.7	8:30/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Katie Dunlap	Kalamazoo MI	22	4616	116	30:38.5	9:53/M
2 *	Meg Crites	Niles MI	21	4591	183	40:32.7	13:05/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Carter Plangger	Paw Paw MI	20	4748	10	20:29.3	6:37/M
2 *	Vance Locker	Hartford MI	23	4705	13	20:53.5	6:44/M
3 *	Bennett Tetzlaff	Kalamazoo MI	21	4808	19	21:24.5	6:54/M
4	Thomas Simon	Paw Paw MI	23	4786	45	24:21.2	7:51/M
5	Austin Conklin	Pullman MI	20	4585	50	24:43.2	7:58/M
6	Ivan Mejia		24	4380	67	26:36.7	8:35/M
7	Kyle Sission	Pullman MI	24	4789	97	28:53.8	9:19/M
8	Wiley Harris-Anderson	Kalamazoo MI	23	4643	114	30:28.2	9:50/M

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Run

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Alison Dean	Paw Paw MI	28	4600	49	24:34.8	7:56/M
2 *	Megan Wild	Kalamazoo MI	29	4832	61	25:38.0	8:16/M
3 *	Savina Mucci	Paw Paw MI	27	4731	115	30:32.3	9:51/M
4	Victoria Simpson		27	2838	123	31:41.7	10:13/M
5	Emily Haase		27	2842	167	38:00.6	12:16/M
6	Gabrielle Watson	Kalamazoo MI	28	4829	170	39:15.1	12:40/M
7	Katelyn Chaivre	Portage MI	29	4577	171	39:16.1	12:40/M
8	Jenna Audette	Climax MI	25	4546	172	39:31.3	12:45/M
9	Dani Benson	Mattawan MI	29	4551	175	40:02.6	12:55/M
10	Mkenne Mucci		29	4335	180	40:21.6	13:01/M
11	Jade Schultz	Mattawan MI	26	4775	185	40:38.6	13:07/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	John Finch	Paw Paw MI	28	4627	6	18:25.9	5:57/M
2 *	Randy Ramirez	Watervliet MI	25	4755	9	20:18.9	6:33/M
3 *	Israel Robles	Kalamazoo MI	26	4763	31	22:27.5	7:15/M
4	Juan Carlos	Covert MI	25	4805	56	25:25.5	8:12/M
5	Cameron Nelson	Kalamazoo MI	28	4736	164	37:40.1	12:09/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kelsey Adriance	Kalamazoo MI	33	4532	17	21:02.4	6:47/M
2 *	Alysha Callaghan	Grand Haven MI	31	4574	83	27:39.0	8:55/M
3 *	Mo Faul	Mattawan MI	32	4626	84	27:48.7	8:58/M
4	Alicia Jewell	Paw Paw MI	30	4672	87	28:03.5	9:03/M
5	Paige Coffeen	Sodus MI	30	4582	95	28:46.1	9:17/M
6	Alexandra Timmer	Plainwell MI	31	4811	112	30:16.9	9:46/M
7	Brenda Hill	Mattawan MI	33	4654	113	30:20.5	9:47/M
8	Caitlin Rutledge	Paw Paw MI	34	4767	118	30:55.4	9:59/M
9	Hannah Sybil So Henning	Dowagiac MI	30	4792	120	31:01.9	10:01/M
10	Araceli Munoz	Bangor MI	30	4734	134	32:51.1	10:36/M
11	Amanda Korteway	Brunswick OH	30	4685	151	34:52.5	11:15/M
12	Nicole Atkinson	Portage MI	31	4543	182	40:28.8	13:04/M
13	Heather Parsell	Mattawan MI	34	4745	206	1:01:27.5	19:50/M
14	Nicole Zabel	Kalamazoo MI	30	4843	207	1:03:51.0	20:36/M

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Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jordan Henning	Kalamazoo MI	32	4650	4	18:02.9	5:49/M
2 *	Aj Henderson	Paw Paw MI	30	4648	24	22:05.9	7:08/M
3 *	Jonathan Phillips	Hartford MI	31	4747	28	22:22.0	7:13/M
4	Randy Cramer	Paw Paw MI	32	4590	37	23:44.3	7:39/M
5	Spencer Coury	Kalamazoo MI	32	4589	60	25:36.2	8:16/M
6	Jordan Mucci		30	4366	179	40:21.4	13:01/M
7	Jacob Hainer	Niles MI	31	4640	188	43:14.3	13:57/M
8	Travier Moorlag	Mattawan MI	31	4725	202	1:01:03.0	19:42/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lisa Ebenhoeh	Kalamazoo MI	37	4618	32	22:41.4	7:19/M
2 *	Ashley Atwood	Kalamazoo MI	35	4545	33	22:52.9	7:23/M
3 *	Melissa Williams	Paw Paw MI	36	4833	76	27:04.6	8:44/M
4	Margaret Soppelsa	Lawrence MI	38	4793	80	27:18.4	8:49/M
5	Jolie Sportel	Kalamazoo MI	36	4795	96	28:48.5	9:18/M
6	Liz Schneider	Benton Harbor MI	36	4774	106	29:30.9	9:31/M
7	Amelia Barker-King	Lawton MI	39	4547	108	29:37.7	9:33/M
8	Rachel Floyd	Paw Paw MI	35	4628	117	30:41.1	9:54/M
9	Allison Brindley	Watervliet MI	38	4566	126	31:55.2	10:18/M
10	Anne Stewart		38	3079	128	31:57.2	10:18/M
11	Erika Dearing	Mattawan MI	37	4602	142	33:18.5	10:45/M
12	Alexia Mullen	Watervliet MI	36	4733	154	34:55.3	11:16/M
13	Susie Drust	Kalamazoo MI	36	4614	166	37:50.6	12:12/M
14	Kathleen Loudon	Richland MI	39	4707	178	40:18.6	13:00/M
15	Kim Curie	Portage MI	36	4595	181	40:28.5	13:03/M
16	Brooke Jacobs	Paw Paw MI	35	4671	194	46:07.4	14:53/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Nicholas Maxwell	Portage MI	36	4717	8	19:41.6	6:21/M
2 *	Michael Loudon	Richland MI	37	4708	22	21:54.5	7:04/M
3 *	John Guilleau	Lawrence MI	35	4639	26	22:16.2	7:11/M
4	Kaj Holm	Paw Paw MI	39	4660	27	22:17.6	7:11/M
5	Mac Faul	Mattawan MI	37	4625	30	22:26.0	7:14/M
6	Seth Loveglow	Saint Joseph MI	39	4709	48	24:29.6	7:54/M
7	Chris Waite	Paw Paw MI	35	4824	55	25:13.0	8:08/M
8	Dan Hoyt	Portage MI	37	4664	66	26:21.6	8:30/M

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Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
9	Nathanael Williams	Paw Paw MI	35	4834	70	26:53.1	8:40/M
10	Derek Lietzau	Kalamazoo MI	36	4701	71	26:55.3	8:41/M
11	Colin McDonald	Hobart IN	37	4719	72	26:55.8	8:41/M
12	Jeff Anderson	Portage MI	36	4538	75	27:04.2	8:44/M
13	Jared Greegor	Paw Paw MI	39	4638	99	28:56.3	9:20/M
14	Dan Marsh	Paw Paw MI	39	4716	140	32:59.1	10:38/M
15	Patrick O'Connell	Paw Paw MI	35	4739	152	34:52.8	11:15/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lindsay Goodrich	Mattawan MI	43	4637	63	26:08.0	8:26/M
2 *	Christi Lietzau	Mattawan MI	41	4700	85	27:49.1	8:58/M
3 *	Ashley Super	Paw Paw MI	43	4799	94	28:41.0	9:15/M
4	Maria Klein	Paw Pawpaw Paw MI	44	4681	105	29:27.8	9:30/M
5	Danielle Smyrnios	Portage MI	44	4791	125	31:47.0	10:15/M
6	Amy Roden		43	3089	133	32:38.9	10:32/M
7	Beth Heslet	White Pigeon MI	44	4652	149	34:41.5	11:11/M
8	Lisa Schneider	South Haven MI	44	4773	162	37:26.2	12:05/M
9	Melissa Swartz	Paw Paw MI	42	4804	169	38:18.0	12:21/M
10	Chelsey Beach	Mattawan MI	40	4548	190	44:18.1	14:17/M
11	Natalie Resseguie		44	3077	192	45:04.4	14:32/M
12	Rachel Mandigo	Paw Paw MI	42	4713	200	52:35.3	16:58/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Andy Kiel	Paw Paw MI	43	4679	43	24:17.2	7:50/M
2 *	Jesse Hilton	Galesburg MI	41	4655	59	25:33.9	8:15/M
3 *	Tony Koppers	Mattawan MI	43	4684	64	26:08.6	8:26/M
4	Derek Beach	Mattawan MI	40	4549	69	26:51.0	8:40/M
5	Todd Super	Paw Paw MI	42	4800	93	28:40.8	9:15/M
6	Dave Hoexum	Mattawan MI	43	4659	104	29:25.9	9:30/M
7	Scott Testin	Paw Paw MI	42	4807	148	34:32.4	11:09/M
8	John Resseguie		43	4850	158	37:02.7	11:57/M
9	Lamont Thomas	Paw Paw MI	44	4810	168	38:00.9	12:16/M

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Run

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jennifer Dobbins	Paw Paw MI	46	4608	42	24:08.7	7:47/M
2 *	Courtney Huff	Mattawan MI	45	4666	91	28:24.4	9:10/M
3 *	Kara Hunsberger	Paw Paw MI	49	4667	102	29:04.2	9:23/M
4	Sarah Timmer	Saint Joseph MI	45	4813	119	31:01.5	10:01/M
5	Tricia Devries	South Haven MI	48	4605	136	32:51.9	10:36/M
6	Courtney Young	Gobles MI	45	4840	141	33:06.8	10:41/M
7	Lisa Heeter	Mattawan MI	46	4646	159	37:16.6	12:01/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kris McWilliams	Kalamazoo MI	45	4720	5	18:08.3	5:51/M
2 *	Thomas Lowe	New Paris IN	45	4710	18	21:05.0	6:48/M
3 *	Todd Tetzlaff	Kalamazoo MI	48	4809	36	23:16.2	7:30/M
4	Michael Emery	Coloma MI	49	4620	40	24:02.4	7:45/M
5	Jerry Mandigo	Paw Paw MI	47	4712	51	24:43.9	7:59/M
6	Matthew Kovach	Paw Paw MI	49	4686	54	25:07.4	8:06/M
7	Andy Bitely	Plainwell MI	45	4559	103	29:20.9	9:28/M
8	Scott Overton	Apex NC	46	4740	121	31:04.9	10:02/M
9	John Schneider	South Haven MI	46	4772	122	31:05.1	10:02/M
10	Ryan Collins	Three Rivers MI	48	4583	129	31:57.2	10:18/M
11	Adam Biddle	Mattawan MI	46	4554	198	52:00.8	16:47/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jody Brown		50	2837	25	22:11.4	7:10/M
2 *	Kate Huff		50	3086	98	28:56.0	9:20/M
3 *	Julie Raleigh	Kalamazoo MI	51	4754	107	29:31.3	9:31/M
4	Melissa Corona	Grand Jcnctn MI	50	4588	135	32:51.8	10:36/M
5	Beth Koperdak	Paw Paw MI	54	4683	143	33:24.3	10:47/M
6	Mary Ward	Buchanan MI	51	4826	155	35:47.1	11:33/M
7	Kim Dunlap	Kalamazoo MI	50	4617	161	37:25.2	12:04/M
8	Sarah Crites	Niles MI	50	4592	184	40:32.8	13:05/M
9	Dawn Parsell	Paw Paw MI	54	4744	205	1:01:10.1	19:44/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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Run

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Paul Plangger	Paw Paw MI	54	4749	41	24:04.1	7:46/M
2 *	Kenneth Diggs	Mattawan MI	54	4606	44	24:18.2	7:50/M
3 *	Shawn Ward	Buchanan MI	51	4827	82	27:23.5	8:50/M
4	Daniel Munoz	Bangor MI	52	4735	132	32:30.9	10:29/M
5	Jim Krause	Paw Paw MI	53	4688	144	33:24.7	10:47/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Denise Miller	Chelsea MI	58	4724	100	28:58.0	9:21/M
2 *	Toni Restaneo	Livonia MI	56	4758	130	32:22.8	10:27/M
3 *	Carie Faul	Mattawan MI	59	4623	146	33:32.0	10:49/M
4	Janine Johnson	Lawton MI	56	4675	157	37:02.4	11:57/M
5	Becky Newton	Gobles MI	58	4738	165	37:42.3	12:10/M
6	Danette Johnson	Galesburg MI	56	4673	186	41:42.2	13:27/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Langley Gibson	Allegan MI	57	4634	29	22:23.5	7:13/M
2 *	Marc Kline	Mattawan MI	55	4682	46	24:26.3	7:53/M
3 *	Drew Clark	Mattawan MI	55	4579	47	24:28.3	7:54/M
4	Donald Kublick	Benton Harbor MI	55	4689	73	26:57.8	8:42/M
5	James Johnson	Paw Paw MI	56	4674	86	27:49.6	8:59/M
6	Tim Morgan	Wyoming MI	59	4727	177	40:14.1	12:59/M
7	Allen Parsell	Paw Paw MI	58	4743	203	1:01:08.4	19:43/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Donna Vanderbor	Mattawan MI	63	4815	34	23:01.0	7:26/M
2 *	Leslie Scheffers	Portage MI	61	4771	52	24:45.7	7:59/M
3 *	Kathy Wait	Kalamazoo MI	64	4823	139	32:58.7	10:38/M
4	Beth Morgan	Wyoming MI	60	4726	176	40:13.6	12:59/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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Race Date
September 06, 2025

2025 Grape Lake 5K
Age Group Results

Run

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Craig Miller	Elkhart IN	62	4723	20	21:33.8	6:57/M
2 *	Paul Redmond	Kalamazoo MI	60	4756	38	23:44.7	7:40/M
3 *	Paul Bushnell	Kalamazoo MI	64	4573	53	24:52.2	8:01/M
4	Barry Bowman		61	4565	78	27:13.1	8:47/M
5	David Dearing	Richland MI	64	4601	89	28:08.5	9:05/M
6	Bill Lewis	Schoolcraft MI	62	4696	131	32:26.5	10:28/M
7	Bob Smola	Decatur MI	61	4790	189	43:18.2	13:58/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kathy Farrow	Kalamazoo MI	67	4621	74	26:59.8	8:43/M
2 *	Teresa Distefano	Gobles MI	67	4607	156	36:50.7	11:53/M
3 *	Debra Gleeson	Kalamazoo MI	67	4636	174	40:00.2	12:54/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mark Bush		66	4378	57	25:27.5	8:13/M
2 *	Steve Darrell	Kalamazoo MI	66	4598	147	33:56.0	10:57/M
3 *	John Faul	Mattawan MI	67	4624	173	39:49.9	12:51/M
4	Ray Lewis	Allegan MI	65	4698	193	45:47.2	14:46/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Joan Hanna Darrell	Kalamazoo MI	72	4642	109	29:49.6	9:37/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Robert Jackson	Portage MI	73	4670	138	32:56.5	10:38/M

Female 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
* No Finishers							

Race Date
September 06, 2025

2025 Grape Lake 5K
Age Group Results

Run

Male 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Tom Tollefson	South Haven MI	77	4814	79	27:17.5	8:48/M
2 *	Dan Lori	Holland MI	78	4706	150	34:43.8	11:12/M
3 *	Roger Bentley	Coloma MI	75	4552	160	37:22.9	12:04/M
4	Ray Hendriksma	Schoolcraft MI	78	4649	187	42:49.4	13:49/M

Female 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
* No Finishers							

Male 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Robert Husek	Saint Joseph MI	81	4669	201	58:23.5	18:50/M