

Race Date  
June 17, 2023

2023 Necktie 5K  
Age Group Results

**5K Run**

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Emily Leonard French	Chicago IL	27	402	9	19:54.5	6:25/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Luke Benes	Chicago IL	20	316	1	16:54.1	5:27/M

Race Date  
June 17, 2023

2023 Necktie 5K  
Age Group Results

**5K Run**

Female 5 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lily Van Meter	Valparaiso IN	4	498	189	48:27.4	15:38/M

Male 5 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Connor Van Meter	Valparaiso IN	5	496	177	43:26.1	14:01/M
2 *	Ben Burfield	Lisle IL	5	332	235	1:01:48.3	19:56/M
3 *	Paul D'agostino	Chicago IL	4	356	236	1:01:48.7	19:56/M
4	Oscar Bergerson	Beverly Shores IN	5	319	243	1:02:00.8	20:00/M
5	Conrad Schneider	Plainfield IL	5	459	245	1:02:05.4	20:02/M

Female 6 to 7

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Emerson Ittner	Lisle IL	7	529	105	31:15.8	10:05/M
2 *	Elliana Charron	Valparaiso IN	6	339	212	54:11.8	17:29/M

Male 6 to 7

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Elijah Sikkema	Munster IN	7	469	146	35:32.5	11:28/M
2 *	Connor Burfield	Lisle IL	7	333	225	1:01:13.7	19:45/M

Female 8 to 9

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Iris Kepler	Chicago IL	9	573	119	32:46.8	10:34/M
2 *	Nora D'agostino	Chicago IL	8	355	228	1:01:19.4	19:47/M

Male 8 to 9

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Nathan Marler	Beverly Shores IN	8	412	222	59:48.8	19:18/M
2 *	Jacob Marler	Beverly Shores IN	8	410	253	1:04:25.4	20:47/M

Race Date  
June 17, 2023

2023 Necktie 5K  
Age Group Results

**5K Run**

Female 10 to 11

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Greta D'agostino	Chicago IL	11	353	170	40:36.4	13:06/M
2 *	Sophia Thiems	Indianapolis IN	10	549	220	57:49.7	18:39/M

Male 10 to 11

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Benjamin Sikkema	Munster IN	11	468	46	25:43.7	8:18/M

Female 12 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Bella Schirripa	Dune Acres IN	13	539	205	53:03.5	17:07/M

Male 12 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Zen Wendt	Beverly Shores IN	13	516	28	24:00.5	7:45/M
2 *	Luke Medley	Kouts IN	12	419	40	25:16.8	8:09/M
3 *	Oliver Chaddock		14	584	65	27:26.9	8:51/M
4	Kai Lichtenfeld	Oak Lawn IL	12	556	102	31:00.3	10:00/M
5	Nathan Dunscombe	Plainfield IN	14	352	162	39:08.3	12:38/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Julia Sherpitis	Hinsdale IL	16	467	42	25:18.7	8:10/M
2 *	Samantha Walden		16	585	52	26:11.3	8:27/M
3 *	Sophia Chavez	Valparaiso IN	15	343	58	26:32.1	8:34/M
4	Jenna Sabella	Chicago IL	18	452	69	27:41.5	8:56/M
5	Lauren Mulconrey	Morton IL	15	428	79	28:22.1	9:09/M
6	Valeria Saavedra	Michigan City IN	18	558	115	32:27.4	10:28/M
7	Nina Fontaine		15	591	130	33:41.9	10:52/M
8	Kate Weddige	Beverly Shores IN	18	511	133	33:55.8	10:57/M
9	Claire Weddige	Beverly Shores IN	16	510	134	33:56.2	10:57/M
10	Emma Heitmann	Michigan City IN	19	571	143	35:26.7	11:26/M

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**Male 15 to 19**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Luke Weddige	Beverly Shores IN	16	512	14	21:41.3	7:00/M
2 *	Alex Kepler	Chicago IL	15	389	20	22:32.3	7:16/M
3 *	Matthew Sikkema	Munster IN	15	470	34	24:28.8	7:54/M
4	Blaine Reyes	Beverly Shores IN	19	557	77	28:14.7	9:07/M
5	William Murphey	Michigan City IN	16	432	103	31:01.3	10:00/M
6	Sam Dimauro	Cincinnati OH	19	577	109	31:31.3	10:10/M

**Female 20 to 24**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Adeline Naon	Indianapolis IN	24	568	35	24:32.5	7:55/M
2 *	Julia Benes	Chicago IL	20	315	38	25:02.9	8:05/M
3 *	Isabella Dimauro	Cincinnati OH	21	576	67	27:39.3	8:55/M
4	Grace Voelz	South Bend IN	22	505	85	28:29.5	9:11/M
5	Hannah Mehnert		23	580	88	28:54.7	9:20/M
6	Emily Walden		21	590	123	32:55.2	10:37/M
7	Ary Franco	Indianapolis IN	23	569	136	34:44.3	11:12/M
8	Cynthia Sorbellini	Highland IN	23	475	147	35:41.8	11:31/M
9	Lydia Heitmann	Michigan City IN	20	572	186	47:42.2	15:23/M
10	Elizabeth Voelz	South Bend IN	21	504	197	50:34.5	16:19/M

**Male 20 to 24**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Zach Benes	Chicago IL	23	317	2	17:14.7	5:34/M
2 *	Michael Conaright		22	589	4	19:31.1	6:18/M
3 *	John Koch		20	587	15	21:44.8	7:01/M
4	Jack Straughan	Oak Park IL	23	482	31	24:16.1	7:50/M
5	Ethan Wodrich		20	581	75	28:08.4	9:05/M
6	William Hope	Oak Park IL	23	373	131	33:42.8	10:53/M

**Female 25 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kelly Hart	South Bend IN	25	366	23	23:29.6	7:35/M
2 *	Anna Reyes	Chesterton IN	26	446	202	52:24.8	16:54/M
3 *	Caroline Barton	South Bend IN	27	310	229	1:01:26.3	19:49/M

Race Date  
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2023 Necktie 5K  
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**Male 25 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Andrew Jankowski	Warsaw IN	27	374	3	17:38.3	5:41/M
2 *	Samuel Voelz	South Bend IN	25	508	5	19:31.5	6:18/M
3 *	Tripp French	Chicago IL	27	362	6	19:33.1	6:18/M
4	Kevin Corrigan	Beverly Shores IN	25	348	12	21:34.2	6:58/M
5	Tyler Sorbellini	Highland IN	25	476	60	26:37.6	8:35/M
6	Stephen Tramosch	New Sharon ME	29	491	99	30:39.9	9:54/M
7	Mackinder Bowers	Laporte IN	27	536	128	33:20.9	10:45/M
8	Zach Wein	Beverly Shores IN	28	560	152	37:25.4	12:04/M
9	Jake Merryman	Chesterton IN	26	421	158	38:12.1	12:19/M
10	Tyler Barton	South Bend IN	27	311	230	1:01:27.3	19:49/M

**Female 30 to 34**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	L'Oreal Leonard	Tinley Park IL	34	399	36	24:48.5	8:00/M
2 *	Brittany Tripp	Valparaiso IN	33	492	82	28:24.4	9:10/M
3 *	Chelsea Stepnoski	Griffith IN	32	480	84	28:26.6	9:11/M
4	Erika Johns	Valparaiso IN	31	377	91	29:30.6	9:31/M
5	Nino Lakatos	Munster IN	31	397	145	35:32.5	11:28/M
6	Allison Thiems	Chicago IL	33	487	172	40:39.1	13:07/M
7	Brenna Boyd	Crown Point IN	31	324	176	42:28.9	13:42/M
8	Kaley Piercy	Valparaiso IN	33	547	214	54:16.6	17:31/M
9	Mary Sinead Werner	Chesterton IN	32	566	240	1:01:55.7	19:59/M
10	Shannon Hennessey	New Sharon ME	30	370	246	1:03:48.9	20:35/M
11	Lexi Kasniunas	Beverly Shores IL	32	383	249	1:04:07.4	20:41/M
12	Emily Conrad	Beverly Shores IN	34	345	258	1:05:37.3	21:10/M

**Male 30 to 34**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Patrick Pressl		34	582	7	19:44.7	6:22/M
2 *	David Haro	Merrillville IN	31	533	10	19:57.7	6:26/M
3 *	Derek Thiems	Indianapolis IN	31	488	13	21:35.8	6:58/M
4	Grant Danby	Munster IN	33	563	18	22:26.8	7:14/M
5	Michael Piercy	Valparaiso IN	34	546	21	23:12.1	7:29/M
6	Johnny Sha	Beverly Shores IN	32	463	24	23:37.2	7:37/M
7	John Conrad	Beverly Shores IN	34	347	48	25:59.2	8:23/M
8	Steven Stepnoski	Griffith IN	31	481	83	28:26.2	9:10/M
9	Connor Nolan	Valparaiso IN	33	435	86	28:31.3	9:12/M
10	Tyler Washluske	Michigan City IN	31	509	96	30:07.3	9:43/M

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**Male 30 to 34**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
11	Mike Abrahamson	Oak Park IL	34	302	118	32:41.2	10:33/M
12	Tyler Wein	Beverly Shores IN	31	559	154	37:26.5	12:05/M
13	Nicholas C Wein	Chesterton IN	32	561	155	37:26.7	12:05/M
14	Zachary Vernon	Grayslake IL	30	502	237	1:01:49.7	19:57/M
15	Robert Werner	Chesterton IN	33	565	241	1:01:56.1	19:59/M
16	Algis Kasniunas	Beverly Shores IN	33	381	250	1:04:07.8	20:41/M

**Female 35 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lauren Lajeunesse	Chicago IL	35	396	37	24:52.1	8:01/M
2 *	Lori Jayne Murphy	Chesterton IN	37	433	53	26:17.4	8:29/M
3 *	Nicole Hartford-Rago	Valparaiso IN	38	368	54	26:19.8	8:30/M
4	Jalyn Deery		35	597	71	27:50.1	8:59/M
5	Colleen Ittner	Lisle IL	38	527	104	31:15.1	10:05/M
6	Kayleigh Schneider	Plainfield IL	37	460	112	31:47.8	10:15/M
7	Jen Burkey	Oak Park IL	36	336	117	32:40.2	10:32/M
8	Michelle Burbank	Valparaiso IN	37	331	165	39:40.6	12:48/M
9	Donna Sauder	Naperville IL	36	456	173	41:41.8	13:27/M
10	Annaliese McSweeney	Beverly Shores IN	36	417	184	47:41.5	15:23/M
11	Hayley Linden	Chicago IL	35	403	219	57:44.1	18:37/M
12	Katie Burfield	Lisle IL	39	334	233	1:01:47.2	19:56/M
13	Kara Vernon	Grayslake IL	35	501	239	1:01:54.9	19:58/M
14	Sara Bergerson	Beverly Shores IN	35	321	242	1:02:00.1	20:00/M

**Male 35 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Matt Schneider	Plainfield IL	39	461	11	21:28.7	6:56/M
2 *	Tyler Thiems	Indianapolis IN	36	490	16	22:01.6	7:06/M
3 *	Patrick Leonard	Tinley Park IL	37	400	22	23:17.5	7:31/M
4	Michael Wiencek	Beverly Shores IN	35	579	47	25:58.6	8:23/M
5	Ben Kalinowski	Highland IN	35	524	55	26:21.1	8:30/M
6	Michael Wiencek		35	592	64	27:21.7	8:50/M
7	Zack Deery		35	598	72	27:50.7	8:59/M
8	Mike Kane	Valparaiso IN	38	380	98	30:33.6	9:52/M
9	James Little, Jr.	Munster IN	38	405	110	31:34.5	10:11/M
10	Nate Uldricks	Beverly Shores IN	38	494	124	33:06.6	10:41/M
11	Jeff Gates	Chicago IL	36	364	139	34:52.2	11:15/M
12	Damien Appel	Wanatah IN	38	308	140	35:00.1	11:17/M

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June 17, 2023

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Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
13	Steve Mazeika	Chicago IL	36	415	144	35:30.6	11:27/M
14	Christopher Wehner	Valparaiso IN	35	513	164	39:13.1	12:39/M
15	Greg Sauder	Naperville IL	36	457	174	41:42.8	13:27/M
16	Kenneth Van Meter II	Valparaiso IN	35	499	178	43:26.4	14:01/M
17	Patrick Bergerson	Beverly Shores IN	37	320	244	1:02:00.8	20:00/M
18	Julius Kasniunas	Beverly Shores IN	35	382	252	1:04:09.1	20:42/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Sarah Olivarez	Valparaiso IN	42	545	74	28:00.5	9:02/M
2	* Kimberly Wiseman	Michigan City IN	42	521	107	31:18.3	10:06/M
3	* Stephanie Crook	Valparaiso IN	44	530	108	31:21.1	10:07/M
4	Kristin Buchheit	Chesterton IN	42	329	114	32:12.2	10:23/M
5	Christal Murphey	Michigan City IN	44	430	199	51:09.8	16:30/M
6	Sarah Sikkema	Munster IN	43	472	204	52:53.8	17:04/M
7	Stefanie D'agostino	Chicago IL	42	357	238	1:01:50.6	19:57/M
8	Amy Van Meter	Valparaiso IN	42	574	257	1:05:24.7	21:06/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Matt Medley	Kouts IN	41	420	44	25:30.9	8:14/M
2	* Matt D'agostino	Chicago IL	41	354	73	27:56.5	9:01/M
3	* Brian Ittner	Lisle IL	41	528	106	31:15.8	10:05/M
4	Raymond Sikkema	Munster IN	43	471	159	38:27.2	12:24/M
5	Douglas Burbank	Valparaiso IN	40	330	167	39:46.5	12:50/M
6	Brian McSweeney	Beverly Shores IN	44	418	169	40:33.7	13:05/M
7	Scott` Burfield	Lisle IL	41	335	234	1:01:47.9	19:56/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Brenda Chavez	Valparaiso IN	46	342	49	26:01.5	8:24/M
2	* Jt Jeanne	La Porte IN	46	532	81	28:23.9	9:10/M
3	* Zersha Fischer	Newburgh IN	49	360	95	29:53.7	9:39/M
4	Lisa Kepler	Chicago IL	46	390	120	32:48.1	10:35/M
5	Tricia Lakovich	Lutherville Timonium	48	398	125	33:09.1	10:42/M
6	Apryl Powers	Chesterton IN	48	534	208	53:26.2	17:14/M

Race Date  
June 17, 2023

2023 Necktie 5K  
Age Group Results

5K Run

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
7	Jennifer Marler	Beverly Shores IN	47	411	254	1:04:28.2	20:48/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Brian Strefling	Michigan City IN	49	484	26	23:38.4	7:38/M
2 *	Tim Murphey	Michigan City IN	45	431	29	24:12.9	7:49/M
3 *	Andy Chavez	Valparaiso IN	47	341	50	26:01.7	8:24/M
4	Darren Henson	Chicago IL	49	371	76	28:12.3	9:06/M
5	Daniel Mulconrey	Morton IL	47	427	78	28:21.9	9:09/M
6	Thomas Lichtenfeld	Oak Lawn IL	45	555	116	32:29.1	10:29/M
7	Luke Dunscombe	Plainfield IN	49	351	161	39:06.8	12:37/M
8	Tony Schirripa	Chesterton IN	48	538	206	53:04.4	17:07/M
9	John Charron	Valparaiso IN	49	340	213	54:12.1	17:29/M
10	Timothy Marler	Beverly Shores IN	47	413	223	1:00:16.8	19:27/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Tracy Strefling	Michigan City IN	51	485	25	23:37.5	7:37/M
2 *	Debbie Dixon	Portage IN	50	349	30	24:13.5	7:49/M
3 *	Poppy Carden	Porter IN	50	338	43	25:21.7	8:11/M
4	Kirsten Straughan	Oak Park IL	51	483	61	26:57.6	8:42/M
5	Shanna Kautzmann	Elkhart IN	52	387	62	26:59.3	8:42/M
6	Cynthia Freese	La Porte IN	50	361	129	33:22.7	10:46/M
7	Jennifer Fontaine		51	594	149	36:50.7	11:53/M
8	Laura Halt	Saint John IN	52	564	163	39:10.8	12:38/M
9	Caroline Dimauro	Cincinnati OH	54	578	182	45:53.4	14:48/M
10	Stephanie Neely	Chicago IL	52	434	209	53:47.2	17:21/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Joel Andrade	Valparaiso IN	53	305	17	22:06.1	7:08/M
2 *	Chris Sherpitis	Hinsdale IL	54	466	41	25:18.4	8:10/M
3 *	Jeff Sabella	Chicago IL	53	451	68	27:41.1	8:56/M
4	Joseph Arulandu	Valparaiso IN	51	531	80	28:23.3	9:09/M
5	Doug Willems	Crown Point IN	52	519	90	29:13.9	9:26/M
6	Nick Wein	Chesterton IN	54	562	153	37:25.6	12:04/M



Race Date  
June 17, 2023

2023 Necktie 5K  
Age Group Results

**5K Run**

**Male 50 to 54**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
7	Jay Fontaine		50	593	160	38:31.1	12:26/M
8	Scott Heitmann	Michigan City IN	52	570	185	47:41.8	15:23/M
9	Dan Murphy		53	595	195	50:20.8	16:14/M
10	Jim Voelz	South Bend IN	53	506	196	50:33.2	16:18/M
11	Michael Raymer	Michigan City IN	53	441	203	52:43.1	17:00/M

**Female 55 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Audrey Benes	Chicago IL	55	313	63	27:01.3	8:43/M
2 *	Katrin Stegert	Beverly Shores IN	58	554	113	32:07.2	10:22/M
3 *	Magda Villa Estrada	Chicago IL	58	503	137	34:44.5	11:12/M
4	Mylese Tucker	Beverly Shores IN	58	493	151	37:21.4	12:03/M
5	Nadia Wendt	Beverly Shores IN	55	515	200	51:26.0	16:35/M
6	Lisa Sallwasser	Beverly Shores IN	59	453	210	53:47.6	17:21/M
7	Fay Booker	Beverly Shores IN	59	323	217	56:12.1	18:08/M

**Male 55 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Peyton Grizzard	Valparaiso IN	58	365	8	19:52.5	6:25/M
2 *	Philip Kepler	Chicago IL	58	391	19	22:31.4	7:16/M
3 *	Paul Jankowski	Valparaiso IN	56	376	32	24:17.8	7:50/M
4	Craig Benes	Chicago IL	59	314	39	25:05.7	8:06/M
5	Tom Kaukialo	Chicago IL	56	386	51	26:05.7	8:25/M
6	Stephen Spargur	Chicago IL	56	548	57	26:29.9	8:33/M
7	Michael Connors	Beverly Shores IN	56	553	59	26:36.4	8:35/M
8	Kyle Johns	Chesterton IN	58	378	92	29:30.8	9:31/M
9	Scott Senour	Portage IN	59	462	97	30:31.1	9:51/M
10	Nicholas Loizzi	Chicago IL	59	407	135	34:33.7	11:09/M
11	Fred Brandstrader	Beverly Shores IN	58	326	142	35:05.9	11:19/M
12	Bruce Reyes	Beverly Shores IN	58	447	157	38:11.7	12:19/M
13	Michael Metzcus	Beverly Shores IN	55	423	192	49:09.4	15:51/M

**Female 60 to 64**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mary C Miller	Michigan City IN	63	425	89	29:03.2	9:22/M
2 *	Stacy Andrew	Granger IN	60	307	150	37:06.1	11:58/M

Race Date  
June 17, 2023

2023 Necktie 5K  
Age Group Results

**5K Run**

**Female 60 to 64**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3 *	Susan Deems-Dluhy	Beverly Shores IN	63	544	188	48:26.4	15:38/M
4	Sue Van Meter	Chesterton IN	62	575	194	50:18.7	16:14/M
5	Mary Stanton Corrrigan	Beverly Shores IN	62	479	216	56:01.7	18:04/M
6	Sharon Thiems	Indianapolis IN	62	551	221	59:29.8	19:12/M
7	Deb Abrahamson	Oak Park IL	63	301	227	1:01:18.4	19:47/M
8	Jackie Conrad	Beverly Shores IN	60	346	247	1:03:49.1	20:35/M
9	Rasa Kasniunas	Beverly Shores IN	62	385	251	1:04:08.4	20:41/M

**Male 60 to 64**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	William Leonard	Park Ridge IL	64	401	45	25:37.5	8:16/M
2 *	Dave Hartford	Chesterton IN	62	367	56	26:21.5	8:30/M
3 *	David Spenny	Beverly Shores IN	60	477	93	29:31.2	9:31/M
4	Dan Kalinowski	Highland IN	63	525	94	29:40.4	9:34/M
5	Paul Kleinaitis	Beverly Shores IN	64	395	121	32:53.9	10:37/M
6	Jay Hennessey	Beverly Shores IN	60	369	127	33:14.8	10:43/M
7	Thomas Wehner	Valparaiso IN	64	514	166	39:41.7	12:48/M
8	Scott Thiems	Indianapolis IN	62	489	171	40:38.6	13:07/M
9	Robert Wermers	Crown Point IN	63	517	175	42:28.6	13:42/M
10	Jim Bowers	Laporte IN	60	537	181	44:19.1	14:18/M
11	Miles Andrew	Granger IN	60	306	201	52:24.2	16:54/M
12	Stephen Powers	Chesterton IN	61	535	207	53:24.6	17:14/M
13	Les Heichel		63	583	211	53:55.6	17:24/M
14	David Pizza	Beverly Shores IN	61	439	218	56:13.9	18:08/M

**Female 65 to 69**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Caryl Salomon	Long Beach IN	66	454	122	32:55.2	10:37/M
2 *	Annette Young	Beverly Shores IN	65	522	168	40:05.9	12:56/M
3 *	Jean Campbell	Chesterton IN	69	337	183	47:24.5	15:18/M
4	Susan Mazeika	Darien IL	68	416	255	1:04:33.3	20:49/M

**Male 65 to 69**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Phil Sullivan	South Bend IN	66	486	27	23:39.3	7:38/M
2 *	Ruben Sanchez	Lake Station IN	65	455	33	24:28.1	7:54/M

Race Date  
June 17, 2023

2023 Necktie 5K  
Age Group Results

5K Run

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3 *	Ted Tolish	Beverly Shores IN	66	526	101	30:44.8	9:55/M
4	Larry Stanton	Beverly Shores IN	69	478	111	31:40.4	10:13/M
5	Robert Hope	Oak Park IL	66	372	132	33:42.9	10:53/M
6	Thomas Linden	Chicago IL	65	404	138	34:48.8	11:14/M
7	Brian O'Neil	Beverly Shores IN	68	436	148	35:49.4	11:33/M
8	Mark Schafer	Hobart IN	68	458	156	37:40.4	12:09/M
9	George Dluhy	Riverside IL	65	543	187	48:26.4	15:38/M
10	Kenneth Van Meter	Chesterton IN	66	497	190	48:28.8	15:38/M
11	Doug Wiese	Westville IN	69	518	193	50:03.1	16:09/M
12	Tom Abrahamson	Oak Park IL	66	303	226	1:01:17.9	19:46/M
13	Marius Kasniunas	Beverly Shores IN	69	384	248	1:04:03.7	20:40/M
14	John Mazeika	Darien IL	69	414	256	1:05:18.5	21:04/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Margaret McKenna	Beverly Shores IN	71	567	179	43:27.9	14:01/M
2 *	Carol Murphey	Michigan City IN	70	429	198	51:09.2	16:30/M
3 *	Terri Von Loewe	Beverly Shores IN	71	542	215	55:57.1	18:03/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Ken Hyde		73	588	70	27:48.2	8:58/M
2 *	John Kosmatka		73	586	100	30:41.4	9:54/M
3 *	Larry Silvestri	Beverly Shores IN	74	473	126	33:14.6	10:43/M
4	David Appel	Westville IN	72	309	141	35:00.1	11:17/M
5	Ronald Marcuson	Chicago IL	73	409	224	1:01:11.8	19:44/M

Female 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Marcia Metzcus	Beverly Shores IN	75	422	232	1:01:46.4	19:56/M

Male 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Chuck Jankowski	Apollo Beach FL	75	375	66	27:37.7	8:55/M

Race Date  
June 17, 2023

2023 Necktie 5K  
Age Group Results

**5K Run**

Male 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
2 *	Dan Moon	Long Beach IN	76	426	87	28:53.6	9:19/M
3 *	Norm Eikman	Portage IN	78	358	180	44:11.3	14:15/M

Female 80 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Joan Solbeck	Beverly Shores IN	81	474	231	1:01:46.2	19:56/M

Male 80 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Richard Metzcus	Beverly Shores IN	83	424	191	49:07.8	15:51/M