

Race Date  
March 06, 22

2022 Spring Ahead 5K & 15K  
Age Group Results

**15K**

Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Natalie Krause	Valparaiso IN	40	5886	15	1:05:25.4	7:02/M

Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	James Weissensel	Lyons IL	28	7140	1	51:41.8	5:34/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Melissa West	Valparaiso IN	46	7231	23	1:10:54.8	7:38/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jon Long	Bristol IN	44	7210	6	59:06.3	6:21/M

Race Date  
March 06, 22

2022 Spring Ahead 5K & 15K  
Age Group Results

15K

Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Samantha Walden	Crown Point IN	14	7185	63	1:23:52.0	9:01/M

Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Elijah Davis	Dyer IN	13	7245	64	1:23:53.5	9:01/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Keely Culbreth	Demotte IN	15	7197	120	1:44:26.9	11:14/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Michael Conkright	Downers Grove IL	19	7184	5	59:02.1	6:21/M
2 *	Zachary Jarvis	Valparaiso IN	18	5864	17	1:08:04.4	7:19/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Shelby Kucharyski	Valparaiso IN	23	5593	46	1:17:08.1	8:18/M
2 *	Emily Walden	Crown Point IN	20	7183	68	1:25:08.8	9:09/M
3 *	Amanda Pottorff	South Bend IN	21	7146	73	1:26:32.3	9:18/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jonathan Bauer	Fishers IN	23	7152	3	54:46.2	5:53/M
2 *	Kyle Garbovits	White Lake MI	23	5594	12	1:04:06.1	6:54/M
3 *	Jorge Rivera	Dyer IN	24	7161	69	1:25:11.8	9:10/M
4	Luke Piszkin	South Bend IN	23	7147	72	1:26:31.9	9:18/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Rachael Jenks	Chesterton IN	27	5952	42	1:16:04.9	8:11/M

Race Date  
March 06, 22

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15K

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
2 *	Dylan Juhl	Elkhart IN	26	7153	67	1:25:00.9	9:08/M
3 *	Elizabeth Nover	Valparaiso IN	29	7206	94	1:32:03.5	9:54/M
4	Tara Beere	Valparaiso IN	25	5853	110	1:40:21.5	10:47/M
5	Courtney Bell	Hobart IN	25	5917	111	1:40:24.1	10:48/M
6	Alicia Perez	Portage IN	27	5762	125	1:46:23.7	11:26/M
7	Rebecca Walsh	Wheatfield IN	28	7250	134	1:56:54.4	12:34/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jensen Sanders	Chesterton IN	30	7214	19	1:09:34.0	7:29/M
2 *	Julia Sheets	Valparaiso IN	34	5984	31	1:13:29.4	7:54/M
3 *	Heather Austgen	Lowell IN	32	7165	48	1:17:13.9	8:18/M
4	Jennifer Pero	Chesterton IN	30	5986	49	1:18:44.7	8:28/M
5	Samantha Tribble	Kouts IN	32	5965	59	1:22:41.8	8:54/M
6	Laura Fennell	Valparaiso IN	33	1900	70	1:25:58.1	9:15/M
7	Alyse Kominakis	Valparaiso IN	34	5592	86	1:30:54.7	9:47/M
8	Catherine Herring	Portage IN	32	5595	95	1:32:21.3	9:56/M
9	Emily Rossbach	Portage IN	34	5817	101	1:34:31.1	10:10/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Ekagra Agarwal	Eben Junction MI	31	7259	4	58:53.4	6:20/M
2 *	Juan Ceja	Lake Station IN	32	7293	61	1:23:09.4	8:56/M
3 *	Daniel Rodriguez	Stevensville MI	32	7138	66	1:24:41.4	9:06/M
4	Daniel Curtin	Crown Point IN	30	7205	83	1:29:41.4	9:39/M
5	Justin Denton	Schererville IN	31	7200	122	1:44:37.1	11:15/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jennifer Menclewicz	Portage IN	36	5644	20	1:10:07.4	7:32/M
2 *	Emily Deja	Bridgman MI	37	7135	43	1:16:17.2	8:12/M
3 *	Alexandra Tompi	Valparaiso IN	35	5916	56	1:21:57.8	8:49/M
4	Natalie Finnegan	Portage IN	35	7124	102	1:34:56.7	10:13/M
5	Amanda Brobst-Renaud	Valparaiso IN	39	5991	104	1:36:12.4	10:21/M
6	Meghan O'Brien	Valparaiso IN	38	5970	105	1:39:33.7	10:42/M
7	Lisa Morris	Dyer IN	38	7157	108	1:39:54.1	10:45/M

Race Date  
March 06, 22

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Age Group Results

15K

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
8	Leann Doffin	Demotte IN	38	5755	109	1:39:55.7	10:45/M
9	Cinthia Perez	Valparaiso IN	38	5761	112	1:40:51.1	10:51/M
10	Denae Culbreth	Demotte IN	39	7196	121	1:44:34.8	11:15/M
11	Stephanie Valenzuela	Valparaiso IN	38	5990	133	1:51:45.4	12:01/M
12	Melanie Way	Wheatfield IN	38	7169	135	2:04:55.3	13:26/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Michael Loewe	Chesterton IN	36	5987	2	54:34.3	5:52/M
2 *	Phil Guerre	Valparaiso IN	38	5908	13	1:04:54.8	6:59/M
3 *	Michael Case	Dyer IN	38	7160	25	1:11:17.7	7:40/M
4	Nick Underwood	Valparasio IN	39	5807	36	1:14:54.4	8:03/M
5	Alexander Passo	Ogden Dunes IN	35	5784	54	1:21:28.4	8:46/M
6	Benjamin St John	Crown Point IN	36	5979	113	1:40:55.8	10:51/M
7	Brandon Denton	Highland IN	36	7199	123	1:45:30.3	11:21/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Darci Chidichimo	Crown Point IN	42	7230	24	1:11:17.7	7:40/M
2 *	Kim Davis	Dyer IN	44	7246	81	1:28:11.3	9:29/M
3 *	Kelly Chevalier	Valparaiso IN	43	7134	85	1:30:32.7	9:44/M
4	Keely Bell	Munster IN	43	7171	90	1:31:25.0	9:50/M
5	Dana Gibson	Wanatah IN	42	7159	99	1:34:22.8	10:09/M
6	Dana Huwig	Chesterton IN	41	7253	114	1:42:33.9	11:02/M
7	Tammy Symmes	Chesterton IN	43	5883	132	1:50:51.3	11:55/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Brian Culbreth	Demotte IN	40	7195	14	1:05:12.7	7:01/M
2 *	Ralph Nurse	Crown Point IN	44	7247	26	1:11:25.4	7:41/M
3 *	Nick Konwerski	Crown Point IN	42	7173	28	1:11:40.8	7:42/M
4	Michael Vollbrecht	Valparaiso IN	40	7280	32	1:13:40.0	7:55/M
5	Michael Rogers	Valparaiso IN	44	5812	37	1:15:19.8	8:06/M
6	Steve Packovski	Valparaiso IN	41	7237	38	1:15:25.6	8:07/M
7	Adam Stepanek	Valparaiso IN	42	5796	39	1:15:25.7	8:07/M
8	Rafael Magallan	Portage IN	41	7255	55	1:21:43.4	8:47/M

Race Date  
March 06, 22

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Age Group Results

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Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
9	Nathan Widomski	Elkhart IN	41	7211	75	1:26:45.7	9:20/M
10	Marc Peremans	Saint Joseph MI	42	7149	78	1:27:31.2	9:25/M
11	Bryan Kerstell	Valparaiso IN	44	7125	88	1:30:57.0	9:47/M
12	Paul Kroenke	Chesterton IN	40	5994	91	1:31:42.0	9:52/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Sara Bruner	Valparaiso IN	45	5988	57	1:22:20.1	8:51/M
2	* Poppy Carden	Porter IN	49	7240	60	1:23:01.9	8:56/M
3	* Kristin Schumacher	Valparaiso IN	46	5868	71	1:26:11.4	9:16/M
4	Angie Vicari	Chesterton IN	48	5635	117	1:43:35.3	11:08/M
5	Sandy Mills	Valparaiso IN	49	7122	118	1:43:35.8	11:08/M
6	Tracy Campbell	Valparaiso IN	48	5971	124	1:46:13.2	11:25/M
7	Kristin Cooper	South Bend IN	48	7143	127	1:48:56.7	11:43/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Ryan Kwiecinski	Chesterton IN	47	7142	7	59:10.4	6:22/M
2	* Chad Lawless	Kouts IN	45	7121	8	1:01:19.7	6:36/M
3	* Thomas Walden	Crown Point IN	47	7182	10	1:03:25.7	6:49/M
4	Jeffrey Cunningham	Chesterton IN	49	7269	40	1:15:48.0	8:09/M
5	James Wamsley	Wolcott IN	45	7127	53	1:20:44.2	8:41/M
6	Ian Bowen	Chesterton IN	45	7254	119	1:43:50.0	11:10/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Cathy Sparks	Chesterton IN	50	5902	65	1:24:24.8	9:05/M
2	* Karen Spoor	Valparaiso IN	51	7276	74	1:26:35.9	9:19/M
3	* Francie Bean	Valparaiso IN	50	5837	76	1:26:55.6	9:21/M
4	Rosa Rivera	Dyer IN	52	7162	80	1:28:06.2	9:28/M
5	Amy Cooley	Chicago IL	54	7193	87	1:30:56.6	9:47/M
6	Sue Hill	Crown Point IN	53	5637	89	1:31:08.7	9:48/M
7	Donnell Squires	Granger IN	50	7132	100	1:34:29.6	10:10/M
8	Janice Markulin	Dyer IN	52	7212	103	1:34:59.1	10:13/M
9	Jen Villarreal	Valparaiso IN	51	7145	106	1:39:33.8	10:42/M
10	Maria Middleton Nied	Schererville IN	53	5879	129	1:49:54.4	11:49/M

Race Date  
March 06, 22

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15K

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
11	Amy Burke	Portage IN	51	5878	130	1:49:54.5	11:49/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Joe Villarreal	Valparaiso IN	54	7144	16	1:07:14.1	7:14/M
2	* Joel Andrade	Valparaiso IN	52	5841	18	1:09:02.3	7:25/M
3	* Charles Vamos	Valparaiso IN	50	7213	27	1:11:32.1	7:42/M
4	Ken Borowski	Saint John IN	54	7150	35	1:14:47.8	8:03/M
5	Alan Jones	Valparaiso IN	51	5989	44	1:16:21.4	8:13/M
6	Bob Zalud	Valparaiso IN	53	5799	45	1:16:30.4	8:14/M
7	Todd Bailey	Argos IN	53	7131	47	1:17:08.6	8:18/M
8	Earl Armentrout	Mishawaka IN	51	5891	62	1:23:47.1	9:01/M
9	Johnny Stimley	Michigan City IN	51	7218	79	1:27:34.9	9:25/M
10	Matt Workman	Chesterton IN	54	5636	116	1:42:40.4	11:02/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Suzanne Bukur	Crown Point IN	57	7187	50	1:19:36.2	8:34/M
2	* Mary Manfredo	Valparaiso IN	56	5772	77	1:26:56.3	9:21/M
3	* Kerri McKay	Valparaiso IN	55	5638	82	1:29:30.7	9:37/M
4	Deborah Brann	Valparaiso IN	55	7126	98	1:33:14.5	10:02/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Hacene Smaine	West Lafayette IN	59	7130	9	1:03:17.6	6:48/M
2	* Peyton Grizzard	Valparaiso IN	57	5647	11	1:04:03.3	6:53/M
3	* James Kyle	Valparaiso IN	57	5910	22	1:10:53.0	7:37/M
4	Steve Lawson	Valparaiso IN	56	5905	30	1:13:24.5	7:54/M
5	Chanbo Sim	Chesterton IN	58	7229	34	1:14:19.6	8:00/M
6	Brian Sheridan	Chicago IL	59	7194	41	1:15:59.9	8:10/M
7	Tom Fela	Chesterton IN	59	5887	92	1:31:52.2	9:53/M
8	Wade Boise	Chesterton IN	57	5960	107	1:39:53.4	10:44/M
9	Brian Mills	Valparaiso IN	56	7123	115	1:42:40.1	11:02/M
10	Jay Beere	Demotte IN	57	5852	126	1:48:36.9	11:41/M
11	Heriberto Martine	Homer Glen IL	57	5901	128	1:49:38.3	11:47/M

Race Date  
March 06, 22

2022 Spring Ahead 5K & 15K  
Age Group Results

15K

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Shelly Kinder	Mishawaka IN	60	7133	96	1:32:33.5	9:57/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mike Stiles	Porter IN	62	5756	52	1:20:06.1	8:37/M
2 *	James Rounsaville	Lowell IN	63	5598	93	1:31:56.3	9:53/M
3 *	David Moore	Ogden Dunes IN	60	5903	97	1:32:59.2	10:00/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Bill Meece	Munster IN	65	7164	29	1:12:48.1	7:50/M
2 *	Brian Chorba	Valparaiso IN	65	5959	33	1:13:49.5	7:56/M
3 *	George Nietert	Valparaiso IN	69	1899	58	1:22:24.8	8:52/M
4	Richard Ackerman	Huntington IN	68	5983	84	1:30:04.5	9:41/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Joe Betz	Valparaiso IN	71	5821	21	1:10:12.0	7:33/M

Male 75 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Paul Carlin	Indianapolis IN	76	7137	51	1:20:03.2	8:36/M
2 *	Richard Hug	Valparaiso IN	75	5754	131	1:50:06.3	11:50/M
3 *	David Ralston	Hammond IN	77	7216	136	3:21:46.9	21:42/M