

2022 Spirit Run 5K

Age Group Results

Race Date
April 09, 2022

5K Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stephanie Burkholder	Goshen IN	31	8421	6	21:16.5	6:52/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Aaron Cook	Crown Point IN	30	8424	1	19:13.3	6:12/M

Female Masters Winner Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Elaine Hendricks	Valparaiso IN	65	8444	12	23:57.4	7:44/M

Male Masters Winner Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian Culbreth	Demotte IN	40	8429	3	19:57.7	6:26/M

2022 Spirit Run 5K

Age Group Results

5K Run

Female 8 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Alaina Vollbrecht	Valparaiso IN	7	8498	17	26:39.0	8:36/M
2 *	Olivia Augustyn	Schererville IN	8	8417	38	31:40.4	10:13/M

Male 8 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jacob Nagel	Hobart IN	8	8468	69	43:05.0	13:54/M

Female 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kate Kappes	Hobart IN	10	8446	28	28:51.5	9:19/M

Female 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Abigail Rinas	Hobart IN	12	8478	30	29:05.4	9:23/M

Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lilly Culbreth	Demotte IN	14	8430	14	25:06.8	8:06/M
2 *	Amanda Guthrie	Hobart IN	13	8442	48	34:13.5	11:02/M
3 *	Catherine Barber		13	8418	72	45:41.9	14:44/M
4	Julia Lund		13	8453	83	52:48.9	17:02/M

Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Ben Shute	Lowell IN	14	8490	67	41:32.5	13:24/M

Female 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Renee Martin	Valparaiso IN	24	8457	26	28:20.8	9:09/M

2022 Spirit Run 5K

Age Group Results

5K Run

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Annette Frank	Valparaiso IN	29	8436	42	33:45.1	10:53/M
2 *	Alyssa Welch	Crown Point IN	25	8501	56	38:10.2	12:19/M
3 *	Andrea Frank	Valparaiso IN	27	8435	76	46:48.7	15:06/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Elliot Granados	Hebron IN	26	8440	2	19:39.9	6:21/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Amy Maclejewski	Hammond IN	32	8454	8	22:06.6	7:08/M
2 *	Laura Myers	Wheatfield IN	32	8467	25	28:15.0	9:07/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Marialena Nagel	Hobart IN	39	8469	9	22:24.2	7:14/M
2 *	Marie Borman		39	8420	19	26:56.9	8:42/M
3 *	Carrie Kietzman	Hobart IN	39	8447	22	27:36.0	8:54/M
4	Melissa Morales	Highland IN	39	8463	41	33:21.0	10:45/M
5	Lisa Modrowski	Lowell IN	39	8462	51	35:20.6	11:24/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Vincent Rinas	Hobart IN	36	8480	4	20:12.8	6:31/M
2 *	Tim Gross	Demotte IN	38	8441	5	20:34.3	6:38/M
3 *	Paul Watson	Valparaiso IN	37	8500	15	26:24.7	8:31/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Sarah Polito	Valparaiso IN	42	8474	29	29:05.3	9:23/M
2 *	Jamie Miller	La Porte IN	41	8459	45	33:55.9	10:57/M
3 *	Melissa Ruacho	Hammond IN	41	8484	63	41:17.0	13:19/M

2022 Spirit Run 5K
Age Group Results

5K Run

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Michael Vollbrecht	Valparaiso IN	40	8499	18	26:39.8	8:36/M
2 *	Chandler Lighty	Indianapolis IN	43	8367	43	33:47.0	10:54/M
3 *	Daniel Altman	Orland Park IL	40	8416	52	35:32.8	11:28/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mindi Whittaker	Valparaiso IN	45	8502	16	26:30.2	8:33/M
2 *	Lisa Caccavale	Merrillville IN	49	8423	60	40:12.6	12:58/M
3 *	Meredith Miller	Valparaiso IN	49	8461	84	52:51.3	17:03/M
4	Renee Moreno	Hammond IN	45	8464	86	53:19.6	17:12/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	April Trinosky-Curtis	Hobart IN	54	8497	57	38:39.2	12:28/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Matthew Hill	Valparaiso IN	52	8445	35	30:10.2	9:44/M
2 *	Juan Casas	Gary IN	52	8514	36	30:57.2	9:59/M
3 *	Phil Page	Valparaiso IN	53	8471	37	31:37.7	10:12/M
4	Adam Tavitaz		53	8494	40	33:20.7	10:45/M
5	Ed Caccavale	Merrillville IN	51	8422	46	33:58.2	10:57/M
6	Sasa Sekuloski	Merrillville IN	51	8486	87	53:20.9	17:13/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Linda Murkve	Valparaiso IN	55	8466	13	24:14.4	7:49/M
2 *	Monica Conrad	Westville IN	57	8506	24	27:59.4	9:02/M
3 *	Gloria Sheldon	Hebron IN	59	8489	49	34:43.4	11:12/M
4	Christine Gaines	Hobart IN	55	8438	59	39:15.1	12:40/M
5	Pam Cox	Hobart IN	57	8428	62	40:47.7	13:10/M
6	Kim Szelinski	Valparaiso IN	55	8493	68	41:32.9	13:24/M
7	Loretta Frank	Valparaiso IN	57	8437	74	46:29.6	15:00/M
8	Lisa Bess	Dyer IN	57	8419	79	48:22.0	15:36/M

Race Date
April 09, 2022

2022 Spirit Run 5K
Age Group Results

5K Run

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jeffrey Pustelak	Crown Point IN	55	8476	11	22:26.9	7:14/M
2 *	Nicholas Perkins	Crown Point IN	57	8472	34	29:58.3	9:40/M
3 *	Timothy Elkins	Niles MI	57	8433	47	34:06.2	11:00/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mary C Miller		63	8460	32	29:28.3	9:30/M
2 *	Debbie Shaffer	Valparaiso IN	64	8488	54	35:48.9	11:33/M
3 *	Susan Sendejas	Portage IN	64	8487	61	40:27.2	13:03/M
4	Debra Kline	Niles MI	61	8449	71	44:04.3	14:13/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Ruben Falcon	Goshen IN	62	8434	7	21:53.6	7:04/M
2 *	Ruben Sanchez	Lake Station IN	64	8485	10	22:26.5	7:14/M
3 *	Thomas Nedza	Schererville IN	62	8470	53	35:33.9	11:28/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Deb Schiesser	Crown Point IN	66	8513	21	27:34.1	8:54/M
2 *	Kathleen Kolodziej	Valparaiso IN	67	8450	31	29:27.1	9:30/M
3 *	Joyce Einikis	Valparaiso IN	66	8432	64	41:20.4	13:20/M
4	Linda Levenson	Valparaiso IN	67	8451	65	41:22.3	13:21/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Thomas Kornelik	Crown Point IN	65	8510	44	33:55.0	10:56/M
2 *	Doug Wiese	Westville IN	68	8503	78	47:13.6	15:14/M
3 *	Peter Klaeser	Chesterton IN	65	8448	82	50:34.8	16:19/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Patty Rose	Valparaiso IN	70	8482	27	28:37.5	9:14/M

2022 Spirit Run 5K

Age Group Results

5K Run

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
2 *	Carol Magill	Chesterton IN	71	8455	58	39:00.7	12:35/M
3 *	Ulrike Zambori	Valparaiso IN	73	8505	85	53:13.1	17:10/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Henry Aguilera	Chicago IL	74	8414	20	27:03.0	8:44/M
2 *	Roger Steffen	Rensselaer IN	71	8492	33	29:48.1	9:37/M
3 *	Dennis Rotz	Dyer IN	74	8483	50	35:05.2	11:19/M
4	Jack Kashak		74	8509	80	49:20.4	15:55/M
5	Rich Limacher	Matteson IL	72	8452	81	49:24.5	15:56/M

Female 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jean Jannasch	Valparaiso IN	75	8508	23	27:57.6	9:01/M
2 *	Jean Tolchinsky	Crete IL	76	8496	39	32:26.3	10:28/M
3 *	Phyllis Hansen	Evergreen Park IL	79	8443	73	46:23.3	14:58/M

Male 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	John Withey	Granger IN	78	8504	66	41:23.2	13:21/M
2 *	J. Ezell	Valparaiso IN	75	8507	70	43:11.2	13:56/M
3 *	David Ralston	Hammond IN	77	8477	75	46:34.8	15:02/M

Male 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Robert Edwards	Valparaiso IN	81	8431	55	35:49.2	11:33/M
2 *	Tom Magill	Chesterton IN	93	8456	77	47:12.7	15:14/M

Race Date
April 09, 2022

2022 Spirit Run 5K
Age Group Results
Clydesdale / Athena

Athena

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jessica Thompson	Chesterton IN	37	8495	3	37:13.7	12:01/M
2	Katharine Rinas	Hobart IN	36	8479	4	38:20.2	12:22/M
3	Rachel Shute	Lowell IN	40	8491	6	49:11.7	15:52/M

Clydesdale

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mark Robinson		62	8481	1	30:36.3	9:52/M
2	Luis Salamanca	Highland IN	43	8512	2	30:48.5	9:56/M
3	Jason Petre	Valparaiso IN	48	8473	5	38:42.5	12:29/M
4	Dewayne Newson	Chicago IL	55	8511	7	54:26.1	17:34/M