

Race Date
March 21, 2021

2021 Spring Ahead 5K & 15K
Age Group Results

5K

Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Elise Hagen	Chicago IL	12	9162	6	21:54.4	7:04/M

Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rick Fenno	Crown Point IN	64	8215	1	18:48.1	6:04/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Amy Blaker	Crown Point IN	42	8078	22	25:40.0	8:17/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lee McKinley	Dune Acres IN	59	8225	3	19:14.4	6:12/M

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Female 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ephie Hagen	Chicago IL	9	9163	15	24:28.7	7:54/M
2	Brooklyn Burns	Wanatah IN	9	8217	41	28:59.7	9:21/M
3	Brooklyn Scruggs	Plymouth IN	10	9171	68	32:49.3	10:35/M

Male 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Colston Seydel	Valparaiso IN	9	8145	32	27:40.1	8:56/M

Female 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brooklyn Reed	Portage IN	12	8271	47	29:58.8	9:40/M

Male 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Samuel Geiger	Valparaiso IN	11	8169	13	23:12.5	7:29/M

Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sophia Chavez	Valparaiso IN	13	8129	61	32:02.3	10:20/M
2	Samantha Walden	Crown Point IN	13	9153	70	32:57.6	10:38/M

Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ryan Sandberg	Cedar Lake IN	13	8211	8	22:49.0	7:22/M
2	Alex Broton	Valparaiso IN	13	8268	62	32:03.0	10:20/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Emily Walden	Crown Point IN	19	9152	49	30:03.6	9:42/M
2	Chloe Osborn	New Carlisle IN	16	9056	77	34:24.5	11:06/M
3	Nicole Brown	Valparaiso IN	18	8107	87	35:24.5	11:25/M

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Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Theo Smith	Long Beach IN	16	9023	58	31:01.8	10:01/M
2	Anthony Sharp	Griffith IN	17	9009	80	34:49.7	11:14/M
3	Ethan Sy	Hobart IN	16	8133	86	35:23.9	11:25/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lauren Spengler	Frankfort IL	20	9011	16	24:35.6	7:56/M
2	Renee Martin	Valparaiso IN	23	8118	33	27:47.9	8:58/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Adam Smith	Long Beach IN	20	9024	111	42:11.2	13:37/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rebecca Evans	Chesterton IN	27	8277	40	28:51.0	9:18/M
2	Elizabeth Nover	Valparaiso IN	28	8281	64	32:12.5	10:23/M
3	Jamie Major	Portage IN	25	8119	101	38:59.6	12:35/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stephanie Burkholder	Goshen IN	30	9062	7	22:02.4	7:07/M
2	Laura Myers	Wheatfield IN	31	8284	51	30:18.7	9:47/M
3	Brittany Long	Valparaiso IN	31	8139	82	34:51.5	11:15/M
4	Jennifer Sandberg	Cedar Lake IN	32	8212	94	36:48.6	11:52/M
5	Annette Frank	Portage IN	31	9003	97	37:58.6	12:15/M
6	Nichole Culbreth	Wheatfield IN	30	9073	102	39:28.6	12:44/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Anthony Burbatt	Alsip IL	31	9158	2	18:54.9	6:06/M
2	Erik Jensen	Valparaiso IN	30	9005	20	25:07.0	8:06/M
3	Jeremy Rossi	La Porte IN	32	8207	44	29:07.7	9:24/M

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Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Kevin Franchetti	Highland IN	30	8136	79	34:41.4	11:11/M
5	Alex Triantafillo	Hammond IN	31	8135	143	51:42.6	16:41/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Melissa Cummins	Valparaiso IN	39	8091	27	26:29.0	8:33/M
2	Kimberley Burns	Wanatah IN	38	8218	43	29:01.3	9:22/M
3	Suzann Kidder	Valparaiso IN	37	8140	81	34:50.3	11:14/M
4	Jillian Reed	Portage IN	35	8270	99	38:24.0	12:23/M
5	Kristen Zakutansky	Chesterton IN	37	8278	113	42:13.2	13:37/M
6	Christina Dihenes	Portage IN	39	8167	115	43:09.5	13:55/M
7	Melissa Goodall	Saint John IN	39	8262	126	46:56.0	15:08/M
8	Tabitha MacKey	Gary IN	37	8273	127	47:22.0	15:17/M
9	Jennifer Ransom	Valparaiso IN	35	8253	128	47:30.7	15:20/M
10	Jessica Dean	Highland IN	38	8116	137	49:47.9	16:04/M
11	Jessica Szymanski	Valparaiso IN	38	8221	144	54:13.4	17:30/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Adam White	Valparaiso IN	36	8117	10	22:56.3	7:24/M
2	Ryan Seydel	Valparaiso IN	37	8144	17	24:47.4	8:00/M
3	Mannis Wesley	Schaumburg IL	36	9166	30	26:47.6	8:39/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bree Snyder	Oswego IL	40	9168	29	26:44.8	8:38/M
2	Brenda Chavez	Valparaiso IN	44	8130	37	28:32.0	9:12/M
3	Stacy Carney	Chesterton IN	44	8113	59	31:07.9	10:03/M
4	Amanda Johnston	Hobart IN	43	8263	60	31:09.1	10:03/M
5	Lisa Broton	Valparaiso IN	44	8267	75	34:13.3	11:02/M
6	Michelle Calhoun	Griffith IN	41	9010	84	35:06.0	11:19/M
7	Misti Howell	Valparaiso IN	42	8261	92	36:09.3	11:40/M
8	Kelley Rak	Valparaiso IN	43	8203	96	37:20.4	12:03/M
9	Marnie Sy	Hobart IN	44	8132	98	38:02.2	12:16/M
10	Molly Mooney	Valparaiso IN	40	8138	108	41:32.8	13:24/M
11	Kimberly Jackson	Valparaiso IN	42	8288	129	47:40.2	15:23/M

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Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
12	Jessica Bell	Chesterton IN	42	8289	130	47:40.4	15:23/M
13	Jennifer Neely	Valparaiso IN	42	8266	141	51:33.9	16:38/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Marc Peremans	Saint Joseph MI	41	8137	23	25:45.1	8:18/M
2	Robert Giglio	Elkhart IN	44	9161	31	27:30.4	8:52/M
3	Chris Broton	Valparaiso IN	44	8269	73	33:14.2	10:43/M
4	Daymon Johnston	Hobart IN	44	8264	91	35:50.6	11:34/M
5	Tim Murphey	Michigan City IN	43	8165	125	46:51.3	15:07/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Leslee Kretz	Portage IN	49	8257	50	30:06.5	9:43/M
2	Amy Dolbeare	La Porte IN	48	8127	54	30:37.0	9:53/M
3	Jennifer Osborn	New Carlisle IN	45	9057	78	34:27.1	11:07/M
4	Shareen Rador	Valparaiso IN	48	8123	104	40:31.8	13:04/M
5	Kim Peyton	Griffith IN	49	8224	106	41:03.1	13:15/M
6	Lindy Garzella	Portage IN	46	8300	109	41:34.2	13:25/M
7	Andrea Eggleston	Plymouth IN	48	8053	112	42:12.2	13:37/M
8	Toni Clark	Hobart IN	48	8279	114	42:30.7	13:43/M
9	Michelle Finch	Hobart IN	46	8205	120	45:26.7	14:40/M
10	Jane Cornelius	Hobart IN	45	8204	121	45:27.5	14:40/M
11	Jennifer Wells	Hobart IN	47	8206	122	45:29.4	14:40/M
12	Kimberly Shay	Valparaiso IN	48	8168	132	47:58.3	15:29/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ryan Kwiecinski	Chesterton IN	46	9008	4	20:12.0	6:31/M
2	Mark Connors	Valparaiso IN	48	8087	11	23:03.0	7:26/M
3	Matthew Geiger	Valparaiso IN	45	8170	14	24:27.0	7:53/M
4	Todd Brown	Knox IN	46	8052	18	24:57.7	8:03/M
5	Nathan Wiseman	Chesterton IN	46	8120	45	29:13.1	9:26/M
6	Andy Chavez	Valparaiso IN	45	8128	63	32:04.9	10:21/M
7	Phil Scruggs	Plymouth IN	47	9170	71	33:07.9	10:41/M

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Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lisa Rebey	Griffith IN	50	9019	34	27:53.8	9:00/M
2	Amy Cooley	Chicago IL	53	8071	39	28:48.8	9:18/M
3	Robin Rock	Valparaiso IN	51	9013	46	29:36.1	9:33/M
4	Lisa Blakley	Valparaiso IN	50	8105	56	30:59.3	10:00/M
5	Colleen Minch	Valparaiso IN	54	8122	85	35:06.1	11:19/M
6	Kristine Pilewski	Schererville IN	52	8079	89	35:45.6	11:32/M
7	Rachel Pildis	Oak Park IL	54	9007	90	35:48.7	11:33/M
8	Dawn Campbell	Chesterton IN	54	8219	95	36:50.9	11:53/M
9	Bridget Barnhill	Highland IN	54	8160	107	41:10.9	13:17/M
10	Maria Smith	Michigan City IN	52	9022	110	42:10.9	13:36/M
11	Christine Gaines	Hobart IN	54	9172	116	43:25.6	14:01/M
12	Teresa Weiler	Valparaiso IN	51	8090	118	43:53.9	14:10/M
13	Laura Halt	Saint John IN	50	9154	138	50:03.6	16:09/M
14	Barbara Pardee	Valparaiso IN	52	8223	142	51:34.0	16:38/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Todd Bailey	Argos IN	52	8538	9	22:54.5	7:23/M
2	Jason Freitag	Valparaiso IN	51	8086	12	23:05.2	7:27/M
3	Patrick Cosgrove	Valparaiso IN	53	8174	19	25:01.8	8:04/M
4	Scott Sears	Valparaiso IN	52	8142	25	26:02.2	8:24/M
5	Andrew Smith	Michigan City IN	51	9021	36	28:06.9	9:04/M
6	Wayne Swart	Valparaiso IN	53	9012	38	28:41.2	9:15/M
7	Donald Anderson	Oak Park IL	54	9006	42	29:00.5	9:21/M
8	Steve Richardson	Munster IN	50	8201	48	30:02.6	9:41/M
9	Jerome Weiler	Valparaiso IN	51	8089	119	43:54.6	14:10/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Monica Conrad	Westville IN	56	8166	67	32:41.4	10:33/M
2	Julie Young	Valparaiso IN	57	8258	69	32:52.7	10:36/M
3	Kate Hitchcock	Valparaisovalparaiso IN	59	8141	76	34:21.6	11:05/M
4	Yolanda Monahan	Portage IN	58	8280	117	43:33.9	14:03/M
5	Beth Brown	Valparaiso IN	55	8106	123	45:46.7	14:46/M
6	Mikell Drobac	Portage IN	56	8162	131	47:57.1	15:28/M
7	Donna Evory	Valparaiso IN	57	8153	149	57:34.8	18:34/M

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Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeff Peterson	Grant Park IL	56	9164	21	25:11.9	8:08/M
2	Curtis Smith	Valparaiso IN	59	8254	74	33:31.7	10:49/M
3	Adam Hill	Portage IN	56	9004	100	38:49.8	12:32/M
4	Scott Senour	Portage IN	56	8163	133	47:59.3	15:29/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Elaine Hendricks	Valparaiso IN	64	8066	24	25:56.7	8:22/M
2	Elizabeth Frances	Valparaiso IN	60	8259	65	32:38.2	10:32/M
3	Laura Darrow	Lowell IN	60	8070	72	33:12.3	10:43/M
4	April Hardesty	Valparaiso IN	62	8065	83	34:56.1	11:16/M
5	Margaret Sikora-Black	Valparaiso IN	61	8112	93	36:14.3	11:41/M
6	Karen Gay	Valparaiso IN	60	9016	103	39:51.5	12:51/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ruben Falcon	Goshen IN	61	9063	5	21:31.7	6:57/M
2	Ruben Sanchez	Lake Station IN	63	8202	26	26:02.9	8:24/M
3	Eric Diamond	South Bend IN	62	8535	88	35:27.3	11:26/M
4	Ronald White	Chesterton IN	64	8057	105	40:39.8	13:07/M
5	Pete Klaeser	Chesterton IN	64	9018	139	50:11.9	16:12/M
6	Scott Cummings	Hobart IN	64	8260	140	50:21.6	16:15/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kathy Hilbrich	Chesterton IN	67	8125	55	30:58.1	9:59/M
2	Nancy Ross	Highland IN	65	8115	124	46:13.8	14:55/M
3	Linda Levenson	Hobart IN	66	8255	145	54:26.9	17:34/M
4	Joyce Einikis	Valparaiso IN	65	8222	146	54:27.1	17:34/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bruce Metz	Cedar Lake IN	66	9014	28	26:31.2	8:33/M
2	Michael Irwin	Valparaiso IN	65	8111	57	31:01.0	10:00/M

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Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Jerome Getter	Oak Park IL	68	9174	66	32:39.9	10:32/M
4	Donald Ross	Highland IN	66	8114	136	49:12.2	15:52/M
5	Karl Evory	Valparaiso IN	67	8152	148	57:34.8	18:34/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jean Jannasch	Valparaiso IN	74	8275	35	28:05.6	9:04/M
2	Carol Raske	Oak Park IL	70	9173	53	30:35.0	9:52/M
3	Nancy Dietrich	North Judson IN	73	8075	134	48:30.2	15:39/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tom Hutmacher	Portage IN	73	9051	52	30:34.9	9:52/M
2	Jack Kashak	Chesterton IN	73	9055	135	49:07.2	15:51/M

Male 75 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Hinshaw	Hammond IN	76	9157	147	55:23.5	17:52/M