

Race Date
March 21, 2021

2021 Spring Ahead 5K & 15K
Age Group Results

15K

Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Katie Paolucci	South Bend IN	34	8150	11	58:27.6	6:17/M

Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	James Weissensel	Lyons IL	27	8539	1	49:24.0	5:19/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Melissa West	Valparaiso IN	45	8062	18	1:07:33.3	7:16/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Collins	South Bend IN	56	9053	4	53:06.7	5:43/M

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Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Abigail Parkerson	Westville IN	19	8056	95	1:33:29.2	10:03/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Megan Thompson	Indianapolis IN	24	8295	76	1:28:34.5	9:31/M
2	Tiffany Vedo	Valparaiso IN	22	8131	108	1:44:54.4	11:17/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nathan O'Connor	Porter IN	20	8055	2	49:25.9	5:19/M
2	Spencer Summers	Valparaiso IN	20	8083	58	1:22:21.1	8:51/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Blake Kooi	Crown Point IN	26	9058	36	1:14:29.5	8:01/M
2	Gianna Gomez-Mayo	Burns Harbor IN	28	8173	37	1:15:05.7	8:04/M
3	Jensen Sanders	Chesterton IN	29	8210	42	1:15:54.8	8:10/M
4	Sophia Pollalis	Highland IN	29	9155	78	1:29:02.2	9:34/M
5	Lily Segally	Hobart IN	27	8292	93	1:32:49.9	9:59/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tim Hatzopoulos	Park Ridge IL	25	8541	8	56:13.6	6:03/M
2	Neil Browne	Chicago IL	25	8542	10	58:16.2	6:16/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Samantha Wassel	North Liberty IN	31	8545	13	1:03:23.2	6:49/M
2	Amy Maclejewski	Hammond IN	31	9061	26	1:10:10.2	7:33/M
3	Jackie Hood	Valparaiso IN	33	8058	39	1:15:35.0	8:08/M
4	Heather Austgen	Lowell IN	31	8067	46	1:17:47.6	8:22/M
5	Amanda Facer	Chesterton IN	33	9071	63	1:23:10.5	8:57/M
6	Alyse Kominakis	Valparaiso IN	33	8287	66	1:23:51.9	9:01/M

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Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
7	Brenda Merschantz	Cedar Lake IN	34	9065	73	1:26:40.0	9:19/M
8	Rachael McKay	Wanatah IN	32	8109	79	1:29:08.0	9:35/M
9	Amanda Faher	Valparaiso IN	31	9074	80	1:29:08.8	9:35/M
10	Delia Ceja	Lake Station IN	30	8068	99	1:35:02.8	10:13/M
11	Mackenzie Malone	Schaumburg IL	31	8920	110	1:49:28.2	11:46/M
12	Ashley Whited	Wheatfield IN	32	8171	113	1:52:37.9	12:07/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Pat Dever	Hobart IN	30	8293	40	1:15:48.1	8:09/M
2	Jackson Zyla	Portage IN	30	8172	45	1:17:09.5	8:18/M
3	Juan Ceja	Lake Station IN	31	8069	53	1:19:55.0	8:36/M
4	Zane Spiegel	Portage IN	34	8147	62	1:22:51.7	8:55/M
5	Gregory Warrell	Highland IN	33	9020	84	1:29:40.8	9:39/M
6	Justin Denton	Schererville IN	30	8081	120	2:03:50.1	13:19/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lisa Wolf	Chicago IL	36	8149	28	1:10:57.2	7:38/M
2	Jennifer Menclewicz	Portage IN	35	8076	29	1:11:01.9	7:38/M
3	Marialena Nagel	Hobart IN	38	9175	34	1:14:12.7	7:59/M
4	Emily Sheahen Feller	Chesterton IN	36	8283	54	1:20:26.7	8:39/M
5	Meghan Fabian	Portage IN	35	8146	61	1:22:49.8	8:54/M
6	Audrey Luckey	Highland IN	38	9165	65	1:23:50.6	9:01/M
7	Marie Borman	Valparaiso IN	38	9075	83	1:29:22.9	9:37/M
8	Jaclyn Barkow	Valparaiso IN	37	8158	89	1:31:11.8	9:48/M
9	Jamie Walker	Hammond IN	36	8216	103	1:39:26.0	10:42/M
10	Carolyn Adkins	Berwyn IL	38	9160	117	1:59:14.1	12:49/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Steven Bugarin	Hammond IN	35	8540	3	51:19.8	5:31/M
2	Mark Bowron	Lowell IN	35	8213	5	53:34.5	5:46/M
3	Jason Clinton	Merrillville IN	37	8088	22	1:08:34.6	7:22/M
4	Nick Underwood	Valparasio IN	38	8143	30	1:11:23.8	7:41/M
5	Jim Adkins	Berwyn IL	37	9159	41	1:15:54.1	8:10/M

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Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Corey Johnson	Fishers IN	36	9054	52	1:19:54.4	8:36/M
7	Christopher Barkow	Valparaiso IN	39	8159	56	1:20:50.6	8:42/M
8	Tom Gilmartin	Oak Lawn IL	38	8919	60	1:22:36.1	8:53/M
9	Jay Dorgan	Valparaiso IN	38	8272	101	1:38:17.4	10:34/M
10	Kevin Lonkar	Schaumburg IL	39	8918	111	1:49:29.0	11:46/M
11	Brandon Denton	Highland IN	35	8080	119	2:01:17.1	13:02/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Darci Chidichimo	Crown Point IN	41	9060	23	1:09:15.6	7:27/M
2	Jennifer Nowacki	Crown Point IN	42	9059	35	1:14:29.3	8:01/M
3	Melissa Lux	Bradley IL	42	8286	55	1:20:26.9	8:39/M
4	Michelle Draschil	Crown Point IN	42	8265	64	1:23:31.7	8:59/M
5	Nancy Packovski	Crown Point IN	44	9068	68	1:24:11.5	9:03/M
6	Carri Ables	Hobart IN	44	9052	77	1:28:36.1	9:32/M
7	Megan Torres	Valparaiso IN	40	8110	81	1:29:12.5	9:36/M
8	Kim Davis	Dyer IN	43	9015	91	1:32:05.0	9:54/M
9	Harmony Kingery	Wheatfield IN	40	8104	96	1:33:32.5	10:04/M
10	Karen Turner	Valparaiso IN	43	8124	100	1:37:05.2	10:26/M
11	Sarah Fadamitan	Chicago IL	40	8092	121	2:04:21.2	13:22/M
12	Jamicka Edwards	Indianapolis IN	42	8093	123	2:08:44.1	13:51/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tarik Brahmi	Palatine IL	44	8530	6	55:29.0	5:58/M
2	Chad Lawless	Kouts IN	44	8529	9	58:14.4	6:16/M
3	Ralph Nurse	Crown Point IN	43	9066	12	1:02:11.6	6:41/M
4	Matthew Puffer	Valparaiso IN	43	9069	17	1:06:26.8	7:09/M
5	Aaron Rausch	Chesterton IN	41	8543	25	1:09:45.9	7:30/M
6	Ezra Burke	Valparaiso IN	43	8175	33	1:13:41.7	7:55/M
7	Steve Packovski	Valparaiso IN	40	8208	48	1:19:08.9	8:31/M
8	Joseph Trathen	Valparaiso IN	44	9017	59	1:22:31.9	8:52/M
9	Mike Culbreth	Wheatfield IN	44	9072	87	1:30:33.1	9:44/M
10	Rafael Magallan	Portage IN	40	9025	88	1:30:58.6	9:47/M

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15K

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Gwen O'Connor	Chesterton IN	46	8054	57	1:21:57.4	8:49/M
2	Cindy Steinbeck	Chesterton IN	46	8151	94	1:33:18.5	10:02/M
3	Dena Cockrum	Lake Station IN	46	8299	98	1:34:59.3	10:13/M
4	Dawnn Bonnema	Valparaiso IN	48	8256	118	2:00:46.7	12:59/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Thomas Walden	Crown Point IN	46	9151	15	1:05:01.3	6:59/M
2	Dan Neumann	South Bend IN	46	8537	16	1:05:48.2	7:05/M
3	John Bryant	Valparaiso IN	47	8274	20	1:08:17.4	7:21/M
4	Douglas McCarty	Knox IN	48	8531	27	1:10:51.5	7:37/M
5	Jeffrey Cunningham	Chesterton IN	48	8161	38	1:15:22.5	8:06/M
6	Noe Perez	Winfield IN	47	8148	69	1:24:24.8	9:05/M
7	Kevin Fisher	Crestwood IL	46	9169	70	1:24:52.5	9:08/M
8	Scott Lonkar	Hobart IN	46	8738	85	1:29:41.1	9:39/M
9	Michael Hammonds	Valparaiso IN	46	9156	104	1:39:30.8	10:42/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nancy Price	Schererville IN	50	8294	74	1:26:54.4	9:21/M
2	Sherry Davis-Brown	Chicago IL	51	8102	92	1:32:25.5	9:56/M
3	Starr Williams	Chicago Heights IL	50	8103	122	2:08:41.6	13:50/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Hank Cook	Highland IN	50	8121	21	1:08:28.2	7:22/M
2	Lorenzo Diggs	Chicago IL	51	8101	24	1:09:28.7	7:28/M
3	Joel Andrade	Valparaiso IN	51	8546	31	1:12:20.6	7:47/M
4	Ken Borowski	Saint John IN	54	8536	32	1:13:10.1	7:52/M
5	Tom Courtney	Portage IN	54	8252	43	1:16:00.0	8:10/M
6	Todd Tucker	Valparaiso IN	53	8126	71	1:24:56.4	9:08/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Suzanne Bukur	Crown Point IN	56	9064	50	1:19:29.0	8:33/M
2	Tracy Healy	Valparaiso IN	55	8251	67	1:24:07.3	9:03/M
3	Mary Manfredo	Valparaiso IN	55	8108	82	1:29:13.5	9:36/M
4	Glenda Omeara	Portage IN	55	8134	90	1:31:27.8	9:50/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeff Mescal	Hebron IN	55	8528	7	55:51.6	6:00/M
2	Peyton Grizzard	Valparaiso IN	56	8282	14	1:03:24.5	6:49/M
3	Ernie Sanchez	Chesterton IN	57	8164	44	1:16:13.4	8:12/M
4	Kyle Johns	Chesterton IN	56	8285	49	1:19:18.7	8:32/M
5	Tom Fela	Chesterton IN	58	8209	97	1:34:40.4	10:11/M
6	Walter Evans	Lowell IN	56	9070	124	2:08:56.5	13:52/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joanne Baitup	Valparaiso IN	64	8077	75	1:27:42.2	9:26/M
2	Sue Brown Nickerson	Valparaiso IN	60	8074	102	1:38:32.7	10:36/M
3	Linnea Flesher	Merrillville IN	61	8291	105	1:41:16.6	10:53/M
4	Debbie Librandi	Valparaiso IN	62	8051	114	1:53:15.5	12:11/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mike Stiles	Porter IN	61	8276	51	1:19:46.3	8:35/M
2	Kenneth Stelter	La Porte IN	63	8298	72	1:26:26.0	9:18/M
3	Mark Flesher	Merrillville IN	63	8290	107	1:42:02.2	10:58/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Janet Rotz	Dyer IN	67	8063	106	1:41:55.2	10:58/M
2	Debbie Fenno	Crown Point IN	65	8214	109	1:45:18.8	11:19/M

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Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dennis Dodds	Valparaiso IN	66	8084	47	1:19:07.2	8:30/M
2	Richard Ackerman	Huntington IN	67	8297	86	1:29:46.0	9:39/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Polly Theising	Valparaiso IN	71	8072	112	1:51:40.0	12:00/M
2	Carol Magill	Chesterton IN	70	8073	115	1:54:56.0	12:22/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joe Betz	Valparaiso IN	70	8061	19	1:07:56.0	7:18/M
2	Dennis Rotz	Dyer IN	73	8064	116	1:56:56.0	12:34/M

Male 75 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David J Ralston	Hammond IN	76	8085	125	3:02:20.3	19:36/M