

Race Date
October 02, 2021

2021 NIDS 5K for Oral Cancer Awareness

Age Group Results

5K

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kasey Samson		37	8539	11	26:24.5	8:31/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nicholas Mohamed		31	8533	1	21:20.7	6:53/M

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5K

Male 9 to 13

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Isaac Seifert		13	8541	8	25:31.2	8:14/M

Female 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Karri Denisiuk		24	8514	28	43:26.4	14:01/M
2	Jenna James		20	8553	29	43:26.7	14:01/M

Male 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ivan Romero		24	8538	26	42:19.7	13:39/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nicole OShea		28	8535	12	26:29.4	8:33/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Samuel OShea		29	8536	10	26:18.6	8:29/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Daniel Kokot		30	8526	7	25:00.5	8:04/M
2	Charles Derbigny		31	8515	23	34:40.6	11:11/M
3	Robert Cooley		30	8511	25	39:07.3	12:37/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stephanie Knight		37	8552	21	33:04.1	10:40/M
2	Lauren Derbigny		36	8516	27	42:47.5	13:48/M

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Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brad Wisowaty		35	8549	2	22:24.5	7:14/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Keely Bell		43	8506	32	49:52.8	16:05/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Zach Ailes		42	8501	3	22:30.3	7:16/M
2	Jason Seifert		42	8542	4	22:39.4	7:19/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Debbie Abad		49	8551	33	50:21.4	16:15/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Christopher Perez		49	8537	20	33:00.9	10:39/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mikki Swets		51	8547	14	29:18.7	9:27/M
2	Robby Dragomer		53	8517	15	30:12.6	9:45/M
3	Michelle Banasiak		53	8505	19	32:43.7	10:33/M
4	Julie Min		54	8530	24	36:40.1	11:50/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Greg Stevens		52	8546	16	30:33.6	9:51/M

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Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Christine Gaines		55	8518	18	31:17.4	10:06/M
2	Mary Hucksted		59	8522	30	43:52.7	14:09/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Lisac		57	8529	5	24:33.9	7:55/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Paul Olen		63	8534	9	25:45.1	8:18/M
2	Mike Mintz		61	8532	13	28:12.8	9:06/M
3	Jerry Lambert		63	8528	22	34:35.7	11:10/M

Male 65 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dave Hucksted		66	8521	6	24:53.5	8:02/M
2	Thomas Kornelile		65	8550	17	30:48.8	9:56/M
3	Scott Cummings		65	8513	31	48:06.6	15:31/M