

2021 Grape Lake 5K

Age Group Results

Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kelsey Adriance	Kalamazoo MI	29	8269	4	19:49.3	6:24/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Wyatt Owsiany	Paw Paw MI	20	8599	1	17:38.5	5:41/M

2021 Grape Lake 5K

Age Group Results

Run

Female 1 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Natalee King		8	8501	176	33:01.6	10:39/M
2 *	Maggie Lounsbury		7	8535	177	33:03.4	10:40/M
3 *	Mila Burciaga	Kalamazoo MI	6	8348	217	38:19.8	12:22/M
4	Veronica Urquieta	Decatur MI	10	8725	228	39:29.0	12:44/M
5	Lillian Johnson		4	8493	247	44:28.0	14:21/M
6	Madeline Donoghue		8	7376	271	56:11.6	18:08/M

Male 1 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lex Lounsbury		10	8534	68	27:28.1	8:52/M
2 *	Patrick Venz	Paw Paw MI	8	8739	127	31:42.9	10:14/M
3 *	Nicolas Vogt		9	7392	135	32:07.4	10:22/M
4	Damian Gowens		9	8442	268	55:22.1	17:52/M

Female 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Rylee Bullock	Kalamazoo MI	11	8341	66	27:16.0	8:48/M
2 *	Zoey Bridges	Paw Paw MI	13	8322	86	28:46.9	9:17/M
3 *	Caroline Zygadlo	Kalamazoo MI	12	8783	136	32:08.1	10:22/M
4	Kayla Schiming	Mattawan MI	12	8658	174	32:57.5	10:38/M
5	Lauren Fitzgerald		14	8406	193	34:22.0	11:05/M
6	Rachel Nelson	Lawton MI	13	8588	221	38:49.3	12:31/M
7	Ella Sipes		12	8675	229	40:17.1	13:00/M

Male 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Michael Lounsbury		14	8536	2	19:13.3	6:12/M
2 *	Zach Schiming	Mattawan MI	14	8659	6	20:09.5	6:30/M
3 *	Christopher Vogt	Paw Paw MI	12	8740	8	20:45.4	6:42/M
4	Spencer Babcock	Paw Paw MI	13	8288	16	21:57.0	7:05/M
5	Chase Boff	Paw Paw MI	12	8315	20	22:32.1	7:16/M
6	Brock Johnson		11	8490	23	23:00.9	7:25/M
7	Brodie Daam		13	8793	25	23:05.2	7:27/M
8	Heath Johnson		11	8491	35	23:43.6	7:39/M
9	Alexander Argo	Portage MI	14	8276	36	23:51.0	7:42/M
10	Tyson King		11	8502	67	27:28.1	8:52/M

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Male 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
11	Aiden Fitzgerald		14	8405	93	29:20.9	9:28/M
12	Luke Moore	Paw Paw MI	13	8577	94	29:21.5	9:28/M
13	Zack Houser	Paw Paw MI	13	8476	102	29:36.7	9:33/M
14	Carter Buhl		11	8338	119	30:53.9	9:58/M
15	Michael Brooks		14	8325	230	40:18.7	13:00/M
16	Daven Buchanan		12	8333	267	55:22.0	17:52/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Amelia Hurst	Paw Paw MI	15	8483	57	26:19.7	8:30/M
2 *	Megan Moore	Paw Paw MI	17	8579	111	30:33.2	9:51/M
3 *	Erin Schneider	South Haven MI	18	8661	263	52:08.3	16:49/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Vance Locker	South Haven MI	19	8530	12	21:39.2	6:59/M
2 *	Caleb Thompson	Paw Paw MI	18	8712	15	21:52.9	7:04/M
3 *	Chase Marler	Paw Paw MI	15	8544	45	25:14.1	8:08/M
4	Isaac Moore	Paw Paw MI	18	8574	64	27:00.9	8:43/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Vera Lindhorst	Big Rapids MI	23	8527	10	21:00.4	6:47/M
2 *	Laurel Benner		21	8800	95	29:21.6	9:28/M
3 *	Alexis Wallin		22	8799	97	29:21.9	9:28/M
4	Cali Mohney	Vicksburg MI	23	8571	103	29:48.4	9:37/M
5	Abby Pearch		22	7399	115	30:40.4	9:54/M
6	Emma Hoffman		23	8469	152	32:45.9	10:34/M
7	Hannah Talmage	Otsego MI	23	8703	180	33:16.0	10:44/M
8	Jade Galler	Mattawan MI	22	8428	206	36:04.0	11:38/M
9	Tristen Kraemer	Kalamazoo MI	24	8512	234	40:57.8	13:13/M
10	Haven Moerman	Paw Paw MI	20	8570	244	44:26.4	14:20/M

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Run

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Joe Maring		23	8542	26	23:08.2	7:28/M
2 *	Carlos De La Rosa		22	8380	53	25:50.3	8:20/M
3 *	Collin Bennett	Paw Paw MI	22	8301	56	26:19.4	8:30/M
4	Nathan Bakker		22	8294	141	32:38.8	10:32/M
5	Peter Arnett		22	8281	147	32:44.8	10:34/M
6	Garret Buglione		20	8337	151	32:45.6	10:34/M
7	David Ybarra		22	8773	153	32:46.0	10:34/M
8	Nicholas Carlton		22	8355	154	32:46.0	10:34/M
9	Filberto Garcia		24	8429	164	32:47.7	10:35/M
10	Spencer Straka		24	8698	167	32:48.6	10:35/M
11	Ryan Moyle		22	8582	168	32:48.9	10:35/M
12	Davis Dickerson		22	8384	169	32:49.3	10:35/M
13	James Howard		21	8479	172	32:50.0	10:36/M
14	Ludie Grays		23	8447	243	44:24.5	14:20/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Rachel Spalvieri-Kruse	Portage MI	27	8686	61	26:52.6	8:40/M
2 *	Megan Wild	Portage MI	25	8760	77	28:12.0	9:06/M
3 *	Taylor Fiss	Big Rapids MI	25	8404	84	28:43.3	9:16/M
4	Abbie Goldberg	Mattawan MI	26	8439	89	28:51.5	9:19/M
5	Kayla McCaig	Hersey MI	27	8550	104	29:53.8	9:39/M
6	Shelby Nesbitt		26	8790	124	31:30.1	10:10/M
7	Erica Yonkman	Kalamazoo MI	29	8776	130	31:57.6	10:19/M
8	Lacey Fisher		28	8403	148	32:44.8	10:34/M
9	Guinevere Overly		25	8596	150	32:45.6	10:34/M
10	Ignacia Lopez		26	7373	161	32:47.2	10:35/M
11	Rebecca Vanlaan	Lawrence MI	28	8732	196	34:30.3	11:08/M
12	Cena Visch		29	7396	198	34:32.5	11:09/M
13	Morgan Evick		27	8396	208	36:17.9	11:43/M
14	Carissa Urquieta	Decatur MI	26	8724	227	39:29.0	12:44/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Nathan Warriner	Kalamazoo MI	26	8751	9	20:49.7	6:43/M
2 *	Joseph Fedie	Houghton MI	29	8402	21	22:35.3	7:17/M
3 *	Jonathan Phillips	Hartford MI	27	8611	29	23:20.8	7:32/M
4	Garrett Bruns	Kalamazoo MI	25	8331	48	25:17.0	8:09/M

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Run

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
5	Drew Shutes		29	8672	52	25:44.8	8:18/M
6	Sean Blake	Gobles MI	27	8310	88	28:47.8	9:17/M
7	August Gallagher	Paw Paw MI	29	8427	99	29:31.7	9:32/M
8	Ash Coombs	Paw Paw MI	27	8367	112	30:34.9	9:52/M
9	Tyler Phares		29	8610	142	32:40.2	10:32/M
10	Taylor Boreham		28	8318	144	32:43.2	10:33/M
11	David Stokes		28	8696	158	32:46.9	10:34/M
12	David Schrock		25	8665	159	32:46.9	10:35/M
13	Joseph Gonzalez		28	8441	165	32:48.1	10:35/M
14	Dillon Ruthven		29	8648	166	32:48.2	10:35/M
15	Kaleb McCarroll		25	8551	171	32:49.9	10:35/M
16	Nayhan Browder		25	7688	189	33:46.8	10:54/M
17	Derek Visch		29	7395	256	47:59.4	15:29/M
18	Glen Zonca		25	8782	269	55:22.1	17:52/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Amanda Clements	Mattawan MI	31	8362	59	26:30.7	8:33/M
2	* Denae Black	Kalamazoo MI	33	8309	70	27:35.5	8:54/M
3	* Erica Battle		32	7687	79	28:27.4	9:11/M
4	Lora Yonkman	Fremont MI	32	8777	131	31:58.3	10:19/M
5	Sarah Hinds	Mattawan MI	34	8467	143	32:40.2	10:32/M
6	Melissa Williams		32	8765	190	33:47.9	10:54/M
7	Jordan Greegor	Paw Paw MI	31	8450	199	34:43.6	11:12/M
8	Stacey Wensink	Kalamazoo MI	33	8755	205	35:38.5	11:30/M
9	Maggie Hostetler		31	8474	224	39:25.8	12:43/M
10	Tyanna Beebe		32	7389	237	42:50.9	13:49/M
11	Shayla Parks		30	7388	238	42:58.0	13:52/M
12	Liliana Salas		34	8653	253	47:01.4	15:10/M
13	Andrea Ciciovean		31	8361	266	55:20.4	17:51/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Chris McPharlin	Kalamazoo MI	30	8556	19	22:31.6	7:16/M
2	* David Spalvieri-Kruse	Hartford MI	32	8685	27	23:14.1	7:30/M
3	* Long Pham	Paw Paw MI	32	8609	32	23:36.5	7:37/M
4	Russell Lauderdale		33	7387	37	23:54.8	7:43/M
5	Keegan Adriance	Kalamazoo MI	31	8268	40	24:17.8	7:50/M

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Run

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Rick Gilbert	Paw Paw MI	31	8436	63	26:56.9	8:42/M
7	Nick Kokenos		33	7686	80	28:30.4	9:12/M
8	Shane Norton		31	8592	146	32:44.7	10:34/M
9	Matthew Wolf		30	8770	160	32:47.1	10:35/M
10	Christopher Allen		31	8274	162	32:47.2	10:35/M
11	Brandon Thomas		33	8711	173	32:50.6	10:36/M
12	Cory Meloon	Bloomington MI	32	8559	254	47:44.2	15:24/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kari Vaughn	Coloma MI	35	8736	87	28:47.3	9:17/M
2 *	Megan Venz	Paw Paw MI	38	8738	101	29:33.9	9:32/M
3 *	Melissa Neuman	Portage MI	38	8590	116	30:40.8	9:54/M
4	Larison Hendrick	Schoolcraft MI	36	8462	133	31:59.6	10:19/M
5	Autumn Creagh	Granger IN	35	8370	175	32:59.2	10:38/M
6	Kristy Lounsbury		38	8533	194	34:24.8	11:06/M
7	Jennifer Ward-Kolka	Paw Paw MI	37	8747	195	34:26.5	11:07/M
8	Julie Collard	Gobles MI	38	8364	213	37:16.8	12:02/M
9	Sarah Fitzgerald		38	8408	215	37:41.6	12:10/M
10	Brenda Mattson	Mattawan MI	39	8547	216	37:51.7	12:13/M
11	Ginger Tiffany	Kalamazoo MI	38	8715	222	38:57.4	12:34/M
12	Miriam Sipes		39	8676	231	40:18.9	13:00/M
13	Jazmin Ortiz-Ash	Portage MI	35	8594	233	40:28.0	13:03/M
14	Rebecca Ladewski	Paw Paw MI	37	8518	241	44:08.0	14:14/M
15	Marlesa Johnson		36	8495	246	44:27.9	14:21/M
16	Leslie King		39	8499	248	44:48.2	14:27/M
17	Carrie Burza	Allegan MI	35	8349	260	49:50.3	16:05/M
18	Meghan Tetreault	Kalamazoo MI	37	8710	265	54:43.0	17:39/M
19	Erin Donoghue		37	7375	270	56:11.2	18:08/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Brian Clements	Mattawan MI	39	8363	5	20:09.4	6:30/M
2 *	Brandon Mattson	Kalamazoo MI	39	8546	17	22:16.6	7:11/M
3 *	Kaj Holm	Portage MI	35	8471	24	23:04.8	7:27/M
4	Ben Ludwig	Paw Paw MI	36	8540	39	24:13.0	7:49/M
5	Josh Bridges	Paw Paw MI	37	8320	46	25:16.5	8:09/M
6	David Couling	Paw Paw MI	37	8368	47	25:16.6	8:09/M

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Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
7	Adam Goldberg	Paw Paw MI	35	8440	75	27:56.8	9:01/M
8	Jared Greigor	Paw Paw MI	35	8449	110	30:19.2	9:47/M
9	Daniel Martinez		35	7382	118	30:53.2	9:58/M
10	Scott Testin	Paw Paw MI	38	8709	125	31:36.4	10:12/M
11	Matthew Yonkman	Kalamazoo MI	35	8778	132	31:58.7	10:19/M
12	Ronald Fandrick Jr		35	8397	155	32:46.5	10:34/M
13	Elie Atallah		35	8282	156	32:46.6	10:34/M
14	Mike Lounsbury		38	8537	184	33:28.3	10:48/M
15	Ted Creagh	Granger IN	36	8371	197	34:32.2	11:08/M
16	Andrew Burciaga	Kalamazoo MI	35	8347	218	38:20.3	12:22/M
17	Bryan Vanlent	Lawrence MI	38	8733	225	39:27.7	12:44/M
18	Scott Underwood	Kalamazoo MI	38	8723	261	51:38.7	16:40/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Molly Zygadlo	Kalamazoo MI	43	8784	13	21:45.7	7:01/M
2 *	Maria Klein	Paw Paw MI	40	8504	62	26:53.6	8:41/M
3 *	Carmel Stauffer	Three Rivers MI	43	8692	69	27:28.1	8:52/M
4	Terra Miller	Three Rivers MI	41	8566	78	28:12.0	9:06/M
5	Tabitha Neal	Paw Paw MI	44	8587	81	28:40.2	9:15/M
6	Melissa Behr	Watervliet MI	42	8300	82	28:40.8	9:15/M
7	Monica Marler	Paw Paw MI	43	8545	90	28:57.2	9:20/M
8	Suzanne Augustine	Allegan MI	42	8283	91	29:14.9	9:26/M
9	Courtney Young	Paw Paw MI	41	8780	117	30:41.1	9:54/M
10	Stephanie Brown	Gobles MI	40	8329	149	32:45.3	10:34/M
11	Gina Schiming	Mattawan MI	41	8657	178	33:08.3	10:41/M
12	Enedelia Cruz	Bangor MI	44	8372	183	33:27.5	10:48/M
13	Stacie Faux	Grand Junction MI	43	8401	187	33:32.2	10:49/M
14	Susan Kusmack	Paw Paw MI	44	8513	188	33:38.5	10:51/M
15	Jamie Johnock		40	8489	232	40:18.9	13:00/M
16	Stephanie Kline	Portage MI	41	8506	250	45:55.0	14:49/M
17	Beth Grahame	Lawton MI	44	8444	251	46:08.5	14:53/M
18	Lisa Schneider	South Haven MI	40	8663	262	52:08.1	16:49/M
19	Casey Schmalfeldt	Paw Paw MI	42	8660	274	1:00:42.4	19:35/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Marvin Smith		40	7348	18	22:25.7	7:14/M

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Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
2 *	Jerry Mandigo	Paw Paw MI	43	8541	22	22:50.1	7:22/M
3 *	Brandon Black	Kalamazoo MI	43	8308	28	23:18.7	7:31/M
4	Joshua Traughber	Ada MI	42	8720	30	23:24.0	7:33/M
5	Alan Farnquist	Paw Paw MI	43	8398	34	23:43.5	7:39/M
6	Benjamin Moore	Paw Paw MI	43	8573	113	30:36.7	9:52/M
7	Brian Argo	Portage MI	42	8277	114	30:39.9	9:54/M
8	Nathan Penning	Paw Paw MI	42	8608	120	31:01.5	10:01/M
9	Nathan Woodruff	Portage MI	43	8772	121	31:15.9	10:05/M
10	Joe Pasterik	Paw Paw MI	44	8602	122	31:16.1	10:05/M
11	Matthew Orvis		40	8595	157	32:46.8	10:34/M
12	John Schneider	South Haven MI	42	8662	239	43:12.2	13:56/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Katie Huff	Kzoo MI	46	8480	50	25:18.1	8:10/M
2 *	Carla Kneller	Kalamazoo MI	45	8507	107	29:58.5	9:40/M
3 *	Kevin Vanbrussel	South Haven MI	47	8730	108	29:59.0	9:40/M
4	Kim Wetherill		45	8758	109	30:00.5	9:41/M
5	Maria Csiszar	Kalamazoo MI	49	8378	128	31:46.9	10:15/M
6	Mary Ward	Buchanan MI	47	8746	140	32:37.4	10:31/M
7	Elizabeth Maxwell	Paw Paw MI	47	8548	204	35:38.4	11:30/M
8	Laurie Enos		46	8794	209	36:32.4	11:47/M
9	Kristin McKinney	Paw Paw MI	46	8553	210	36:47.7	11:52/M
10	Crystal Williams	Mattawan MI	46	8763	219	38:35.8	12:27/M
11	Holly Vanluke	Paw Paw MI	46	8734	223	38:58.0	12:34/M
12	Jessica Brinks	Paw Paw MI	46	8323	242	44:23.7	14:19/M
13	Abby Dunning	Kalamazoo MI	47	8390	264	54:42.4	17:39/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Sam Grear	Paw Paw MI	47	8448	41	24:21.4	7:51/M
2 *	David Mir	Kalamazoo MI	49	8567	44	25:05.0	8:05/M
3 *	Cory Kneller	Kalamazoo MI	48	8508	49	25:18.0	8:10/M
4	Ben Brown	Kalamazoo MI	48	8327	54	25:50.6	8:20/M
5	Paskell Miller	Paw Paw MI	49	8565	60	26:32.7	8:34/M
6	Kevin Taylor	Greenbrae CA	49	8706	72	27:39.5	8:55/M
7	Matt Blauer	Dowagiac MI	48	8313	74	27:51.1	8:59/M
8	Jason Hendrick	Kalamazoo MI	48	8461	134	32:00.4	10:20/M

2021 Grape Lake 5K

Age Group Results

Run

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
9	Matthew Klein	Paw Paw MI	46	8505	137	32:19.6	10:26/M
10	Travis Wetherill		46	8759	181	33:23.4	10:46/M
11	Mark Williams	Mattawan MI	49	8764	200	35:06.7	11:20/M
12	Patrick Fitzgerald		45	8407	257	48:01.6	15:30/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Trish Downard	Paw Paw MI	51	8386	38	24:10.4	7:48/M
2	* Karen Schwab	Lawton MI	50	8666	51	25:36.7	8:16/M
3	* Carrie Muessig	Paw Paw MI	50	8584	65	27:02.0	8:43/M
4	Dawn Gillispie	Niles MI	51	8438	92	29:16.1	9:27/M
5	Carrie Chapman	Canton GA	52	8358	163	32:47.6	10:35/M
6	Kala Moynihan	Chicago IL	52	8583	182	33:24.9	10:47/M
7	Susan Pellandini	Paw Paw MI	50	8606	201	35:08.6	11:20/M
8	Melissa Scott	Kalamazoo MI	51	8668	212	37:14.1	12:01/M
9	Cindy Ling	Paw Paw MI	51	8528	226	39:28.4	12:44/M
10	Celeste Moerman	Paw Paw MI	54	8569	245	44:26.5	14:20/M
11	Gail Willett	South Haven MI	50	8761	255	47:46.4	15:25/M
12	Cindy Schnotala	Hickory Corners MI	53	8664	275	1:03:23.9	20:27/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Jody Williford	Paw Paw MI	50	8766	3	19:35.6	6:19/M
2	* Drew Clark		51	7349	31	23:30.2	7:35/M
3	* James Johnson		52	8492	55	26:14.2	8:28/M
4	Matt Stephens	Mattawan MI	51	8693	58	26:21.8	8:30/M
5	Alan Taylor	Lubbock TX	53	8705	73	27:41.0	8:56/M
6	Marc Vaughn	Coloma MI	52	8737	83	28:41.4	9:15/M
7	Thomas Nondorf		51	8591	98	29:26.5	9:30/M
8	Brian Rieck	Kalamazoo MI	52	8635	100	29:32.9	9:32/M
9	Jim Palluconi		54	8600	105	29:56.7	9:40/M
10	Mike Lin	Kalamazoo MI	54	8526	129	31:47.8	10:15/M
11	Brian Brusach	Paw Paw MI	52	8332	170	32:49.6	10:35/M
12	Lynnsy Maxwell	Paw Paw MI	51	8549	203	35:37.2	11:29/M
13	Terry Willett	South Haven MI	53	8762	272	56:38.1	18:16/M

2021 Grape Lake 5K

Age Group Results

Run

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Michelle Woodburn	Mattawan MI	55	8771	123	31:27.0	10:09/M
2 *	Doreen Akins	Vicksburg MI	57	8272	138	32:33.3	10:30/M
3 *	Carie Faul		55	8400	139	32:37.2	10:31/M
4	Lisa Griesshammer	Kalamazoo MI	59	8451	192	34:18.5	11:04/M
5	Dina Ebeling	Bloomingtondale MI	57	8391	202	35:11.0	11:21/M
6	Roxann Brouwer	Lawrence MI	59	8326	220	38:40.2	12:28/M
7	Carol Patridge	Mattawan MI	59	8603	249	45:08.1	14:34/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Craig Miller	Elkhart IN	58	8564	7	20:32.0	6:37/M
2 *	Steve Bourne	Paw Paw MI	55	8319	14	21:48.7	7:02/M
3 *	Ken Weber	Portage MI	55	8753	33	23:39.4	7:38/M
4	Jeff Barchett	Benton Harbor MI	59	8296	42	24:43.5	7:59/M
5	Rich Sachwitz		55	8795	145	32:43.2	10:33/M
6	Ralph Griesshammer	Kalamazoo MI	59	8452	191	33:52.5	10:56/M
7	Tim Delaronde	Paw Paw MI	57	8383	214	37:37.5	12:08/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Teresa Distefano	Gobles MI	63	8385	179	33:10.3	10:42/M
2 *	Sue Rickli	Otsego MI	64	8634	186	33:31.2	10:49/M
3 *	Dede Lewis	Allegan MI	60	8524	252	46:14.4	14:55/M
4	Debbie Founé	Bloomingtondale MI	64	8418	259	48:44.0	15:43/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mark Drallette	Climax MI	61	8387	11	21:35.4	6:58/M
2 *	Mark Eichelberger		64	7377	43	24:50.6	8:01/M
3 *	Brian Langlinais	Kalamazoo MI	61	8520	71	27:35.9	8:54/M
4	Stephen McCloskey	Paw Paw MI	62	8552	76	28:01.7	9:03/M
5	Al Congdon	Paw Paw MI	62	8365	106	29:57.9	9:40/M
6	Ray Lewis	Allegan MI	61	8525	240	43:40.1	14:05/M
7	Troy Cararso		61	8797	273	59:50.4	19:18/M

2021 Grape Lake 5K

Age Group Results

Run

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Nancy Ausema	Kalamazoo MI	69	8284	207	36:08.3	11:39/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Robert Jackson	Portage MI	69	8487	96	29:21.7	9:28/M
2 *	Jeff Testin	Paw Paw MI	68	8708	126	31:37.6	10:12/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Nancy Hathaway	Hartford MI	70	8458	258	48:19.0	15:35/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Bill Garrity	Glenn MI	73	8430	85	28:44.4	9:16/M
2 *	Vere Shindeldecker		73	7385	211	37:06.8	11:58/M

Female 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
* No Finishers							

Male 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lyndon Wolf	Mattawan MI	76	8769	185	33:30.3	10:49/M
2 *	Thomas Bennett	Paw Paw MI	78	8302	236	42:42.9	13:47/M

Female 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
* No Finishers							

Race Date
September 11, 2021

2021 Grape Lake 5K
Age Group Results

Run

Male 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Royce Bland		83	7372	235	42:32.2	13:43/M