

2019 Race the Region Valentine's 5K

Age Group Results

Race Date
February 10, 2019

5K Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chrys Lawson	Valparaiso IN	45	1970	17	20:13.7	6:31/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Aaron Crague	Valparaiso IN	39	2303	1	16:37.8	5:22/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Christine Byers	Valparaiso IN	50	2031	63	24:15.6	7:49/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chad Lawless	Kouts IN	41	2304	7	18:11.0	5:52/M

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No age provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Unknown Partic. 2134			2134	93	26:25.9	8:31/M

Female 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Eliana Gifford	Plymouth IN	10	2891	137	28:26.0	9:10/M
2	Lilly Culbreth	Demotte IN	10	2866	232	33:47.6	10:54/M
3	Stella Doffin	Crown Point IN	9	2064	260	36:51.7	11:53/M

Male 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Douglas Thomas	Chesterton IN	10	2346	69	24:39.3	7:57/M
2	Luke Sorgic	Valparaiso IN	10	2034	88	25:57.3	8:22/M
3	Ethan Bowen	Valparaiso IN	8	1978	185	30:51.5	9:57/M
4	Bryson Culbreth	Demotte IN	7	2867	282	39:01.8	12:35/M
5	Luke Danford	Hebron IN	9	2597	287	39:09.7	12:38/M

Female 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cecilia Post	Chesterton IN	11	1962	208	32:17.5	10:25/M
2	Aleksa Sorgic	Valparaiso IN	12	2035	214	32:36.8	10:31/M
3	Keely Culbreth	Demotte IN	12	2864	233	33:48.1	10:54/M

Male 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Zane Biernat	Crown Point IN	11	2806	33	22:13.0	7:10/M
2	Luke Charpentier	Hebron IN	11	1998	42	22:56.6	7:24/M

Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Aubree Foreman	Valparaiso IN	14	2873	57	23:41.4	7:38/M
2	Rue Harter	Valparaiso IN	13	2856	68	24:34.7	7:55/M
3	Kylie Cole	Hebron IN	14	1984	100	26:53.5	8:40/M
4	Kiara Kowalczyk	Portage IN	14	1987	263	37:04.1	11:57/M

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5K Run

Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Reece Erow	Valparaiso IN	14	2330	20	20:24.6	6:35/M
2	Bryson Marshall	Hebron IN	14	1997	44	22:56.6	7:24/M
3	Jacob Roytan	Valparaiso IN	14	2039	79	25:28.5	8:13/M
4	Derek Feick	Valparaiso IN	14	2848	198	31:31.5	10:10/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lillian Maldia	Valparaiso IN	15	1927	56	23:39.6	7:38/M
2	Annmarie Ahrens	Roselle IL	16	2814	62	24:13.7	7:49/M
3	Christine Harris	Valparaiso IN	17	2847	110	27:19.5	8:49/M
4	Violet Doffin	Crown Point IN	19	2071	261	36:51.7	11:53/M
5	Charlie Skube	Chesterton IN	16	2887	329	43:19.7	13:58/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Will Shook	Chesterton IN	16	2841	2	16:49.3	5:25/M
2	Nathan O'Connor	Chesterton IN	18	1983	3	17:18.8	5:35/M
3	Bobby Woodburn	Ogden Dunes IN	17	2600	6	17:37.7	5:41/M
4	Cole Dolson	Chesterton IN	15	1900	8	18:51.6	6:05/M
5	Matthew Streeter	Valparaiso IN	16	1935	10	19:00.0	6:08/M
6	Joshua Dennington	Chesterton IN	15	2310	11	19:06.4	6:10/M
7	Zack Villarreal	Valparaiso IN	15	2307	19	20:22.1	6:34/M
8	Billy Clinkert	Michigan City IN	15	2302	21	20:25.2	6:35/M
9	Steven Jarvis	Valparaiso IN	15	1938	26	21:21.3	6:53/M
10	Edward Orta	Valparaiso IN	18	1930	29	21:45.7	7:01/M
11	Carter Schnick	Valparaiso IN	17	1989	31	22:05.7	7:07/M
12	Zachary Jarvis	Valparaiso IN	15	1939	45	23:04.7	7:26/M
13	Julian Chavez	Valparaiso IN	15	1969	46	23:10.1	7:28/M
14	Cameron Costa	Valparaiso IN	18	2033	102	26:57.6	8:42/M
15	Grant Giacomini	Hebron IN	18	2060	105	27:09.0	8:45/M
16	Joey Roytan	Valparaiso IN	17	2038	111	27:19.6	8:49/M
17	Brandon Wilking	Portage IN	18	2861	212	32:25.6	10:27/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Amanda Erickson	Valparaiso IN	24	2852	155	29:21.3	9:28/M

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Female 20 to 24

Place	Name	City	Age	Bib No	Overall	Time	Pace
2	Cayley Schnick	Valparaiso IN	20	1990	281	39:01.3	12:35/M
3	Morgan Skube	Chesterton IN	20	2888	303	40:43.9	13:08/M
4	Grace Cooper	Valparaiso IN	24	2019	304	40:45.9	13:09/M
5	Andrea Galloway	Valparaiso IN	24	2896	328	43:09.2	13:55/M
6	Hannahmae Buckmaster	Wheatfield IN	21	2318	379	56:29.5	18:13/M

Male 20 to 24

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	Mark Peters	Beecher IL	21	2313	5	17:37.5	5:41/M
2	Brandon Davis	Saint John IN	22	2327	24	20:53.4	6:44/M
3	Justin Peterson	Portage IN	24	2836	73	25:06.5	8:06/M
4	Grant Spiritoso	Porter IN	24	1908	91	26:11.2	8:27/M
5	Jordan Giacomini	Hebron IN	20	2061	101	26:54.2	8:41/M
6	Joshawa Jaeger	Chesterton IN	24	1909	127	28:08.3	9:05/M
7	James Johnson	Demotte IN	23	2011	171	30:05.5	9:42/M
8	Danny Schmieder	Chesterton IN	24	2884	364	51:04.3	16:28/M

Female 25 to 29

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	Amy Maclejewski	Hammond IN	28	2334	34	22:15.7	7:11/M
2	Mary Marshall	Chesterton IN	28	2869	50	23:31.3	7:35/M
3	Morgan Wichlinski	Valparaiso IN	28	2833	53	23:32.0	7:35/M
4	Jennifer Ahrens	Lombard IL	27	2342	86	25:53.9	8:21/M
5	Corinne Janavich	Valparaiso IN	28	2086	96	26:43.8	8:37/M
6	Noelle Hinkel	Chesterton IN	26	1964	152	29:12.9	9:25/M
7	Allison Sivak	Hobart IN	28	2588	159	29:37.0	9:33/M
8	Ana Alcaide	Lisle IL	27	2585	170	30:03.0	9:42/M
9	Katrina Vanderwoude	Wheatfield IN	28	2332	178	30:26.6	9:49/M
10	Kristen Wozniak	Michigan City IN	27	2843	180	30:28.9	9:50/M
11	Jovana Trisic	Roselle IL	28	2816	194	31:12.4	10:04/M
12	Natalie Drach	Griffith IN	26	2893	206	31:59.3	10:19/M
13	Lisa Martinez	Hammond IN	29	2892	225	33:16.8	10:44/M
14	Ashlee Stanley	Portage IN	28	2804	253	35:49.5	11:33/M
15	Cassidee Jacobsen	Valparaiso IN	29	1955	259	36:35.2	11:48/M
16	Tiffany Burrell	Michigan City IN	28	2589	316	41:40.7	13:26/M
17	Samantha Tratar	Valparaiso IN	27	1952	321	42:23.1	13:40/M
18	Stephanie Hunsley	Wanatah IN	27	1889	322	42:23.1	13:40/M
19	Emily Childers	La Porte IN	29	2842	338	44:08.8	14:14/M

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Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
20	Daniela Gehrel	Griffith IN	26	2556	349	46:05.8	14:52/M
21	Emily-Rose Cook	Crown Point IN	25	2572	369	52:58.5	17:05/M
22	Ashley Zeabart	Highland IN	25	2885	373	55:21.9	17:51/M
23	Heather Talley	Valparaiso IN	28	2088	374	55:36.0	17:56/M
24	Veronica Aguilar	Valparaiso IN	29	2090	376	55:37.7	17:56/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Fernando Piña	Hammond IN	26	2331	13	19:13.2	6:12/M
2	Aaron Cook	Crown Point IN	27	2574	18	20:19.5	6:33/M
3	Tod Basham	Valparaiso IN	28	2072	23	20:48.5	6:43/M
4	Patrick Capps	Kouts IN	26	2312	32	22:08.7	7:08/M
5	Matthew Ahrens	Lombard IL	28	2343	39	22:47.8	7:21/M
6	Cody Sutton	Valparaisovalparaiso IN	28	2053	59	23:52.6	7:42/M
7	Chet Hunsley	Wanatah IN	26	1891	135	28:22.5	9:09/M
8	Kai Justice	Chesterton IN	27	1965	144	28:44.3	9:16/M
9	Korey Kraatz	Valparaiso IN	27	2022	163	29:44.9	9:35/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tracy Scott	Chesterton IN	33	2831	77	25:19.9	8:10/M
2	Melissa Leib	Valparaiso IN	32	1953	160	29:43.7	9:35/M
3	Tiffany Rudziewicz	Valparaiso IN	33	1890	177	30:25.7	9:49/M
4	Ashley Hall	Valparaiso IN	33	2070	184	30:46.5	9:55/M
5	Brian Pelzel	Schererville IN	33	2598	186	30:52.4	9:57/M
6	Tessa Troutman	Valparaiso IN	33	2037	193	31:11.8	10:04/M
7	Jessica Austin	La Porte IN	34	2828	209	32:18.1	10:25/M
8	Sandra Kowalczyk	Portage IN	32	1986	218	32:41.6	10:33/M
9	Lauren Bland	Dyer IN	33	2347	255	35:58.4	11:36/M
10	Melissa Barkow	Chesterton IN	31	1981	257	36:25.9	11:45/M
11	Shannon Anderson	Valparaiso IN	32	1979	269	37:33.2	12:07/M
12	Melissa Rettig	Mishawaka IN	34	1904	276	38:14.4	12:20/M
13	Sarah Wiltermood	Highland IN	32	1996	279	38:51.4	12:32/M
14	Maria Southwell	Michigan City IN	31	2023	292	39:28.9	12:44/M
15	Alexia Yelton	Chesterton IN	33	2808	293	39:33.5	12:45/M
16	Katrina Kawczynski	Demotte IN	34	2092	302	40:39.7	13:07/M
17	Alicia Cooper	Valparaiso IN	31	2006	306	40:46.6	13:09/M
18	Tasheena	Valparaiso IN	34	1931	325	42:50.4	13:49/M

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Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
19	Jennifer Ransom	Valparaiso IN	33	2309	326	42:59.6	13:52/M
20	Amy Janik	Highland IN	34	2857	350	46:08.1	14:53/M
21	Molly Day	Chesterton IN	34	2583	380	58:16.9	18:48/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Steven Bugarin	Hammond IN	33	2875	4	17:33.4	5:40/M
2	Brandon Adkins	Chesterton IN	30	2870	14	19:56.9	6:26/M
3	Bradley Briggs	Valparaiso IN	32	1902	35	22:17.5	7:11/M
4	Kevin Scott	Chesterton IN	31	2830	40	22:48.3	7:21/M
5	Jon Nannenga	Kouts IN	33	2889	115	27:38.6	8:55/M
6	Adam Day	Chesterton IN	34	2582	207	32:09.7	10:22/M
7	David Sivak	Hobart IN	30	2587	264	37:04.1	11:57/M
8	Chirag Limbachia	Michigan City IN	31	2590	265	37:30.3	12:06/M
9	Charlie Cooper	Valparaiso IN	31	2020	307	40:47.4	13:09/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Darci Chidichimo	Crown Point IN	39	2823	28	21:45.6	7:01/M
2	Andrea Quintos	Valparaiso IN	35	1924	76	25:17.5	8:09/M
3	Susan Smith	Portage IN	36	1892	90	26:09.7	8:26/M
4	Erin Charpentier	Hebron IN	36	1999	107	27:11.6	8:46/M
5	Lisa Nelson	Rolling Prairie IN	39	2886	112	27:21.0	8:49/M
6	Jessica Vanderploeg	Burns Harbor IN	37	2308	119	27:47.4	8:58/M
7	Suzanne Gesse	Rolling Prairie IN	38	2895	132	28:21.1	9:09/M
8	Jennifer Boster	Valparaiso IN	37	2593	138	28:31.4	9:12/M
9	Jaclyn Barkow	Valparaiso IN	35	2591	150	29:02.9	9:22/M
10	Erika Copper	Crown Point IN	37	2028	151	29:06.6	9:23/M
11	Darcy Rau	Hebron IN	38	2594	158	29:36.9	9:33/M
12	Melissa Ofman	Valparaiso IN	39	1956	164	29:45.1	9:36/M
13	Lindsay Moseley	Crown Point IN	37	2835	166	29:49.8	9:37/M
14	Marie Borman	Valparaiso IN	36	2876	168	29:56.9	9:39/M
15	Amanda Kolodzinski	Kouts IN	37	2322	182	30:38.1	9:53/M
16	Megan Torres	Valparaiso IN	38	1923	188	30:57.5	9:59/M
17	Angelina McDonald	Crown Point IN	36	2817	195	31:14.3	10:05/M
18	Melissa Fierro	Valparaiso IN	37	2002	197	31:28.7	10:09/M
19	Lauren Erickson	Valparaiso IN	36	2883	204	31:53.0	10:17/M
20	Brandi Costa	Valparaiso IN	39	2032	215	32:37.6	10:31/M

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Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
21	Julie Packovski	Valparaiso IN	38	2900	216	32:39.4	10:32/M
22	Jamie Wolfe	Hobart IN	39	2074	220	32:52.4	10:36/M
23	Alicia MacMillan	Chesterton IN	35	1966	227	33:23.1	10:46/M
24	Carolyn Adkins	Berwyn IL	36	2825	236	34:15.7	11:03/M
25	Jennifer Plys	Crown Point IN	36	2881	247	35:26.9	11:26/M
26	Katie Siminski	Valparaiso IN	39	2882	252	35:46.3	11:32/M
27	Kasandra Mooney	Valparaiso IN	35	1897	258	36:29.4	11:46/M
28	Arica Johnson	Hobart IN	38	2860	267	37:31.3	12:06/M
29	Kimberly McWhirter	Valparaiso IN	37	2010	268	37:32.3	12:06/M
30	Melanie Marshall	La Porte IN	38	2005	270	37:34.6	12:07/M
31	Jill Stepanek	Valparaiso IN	39	1974	278	38:42.5	12:29/M
32	Maida Adamczyk	Portage IN	38	2878	280	38:58.3	12:34/M
33	Kristen Zakutansky	Crown Point IN	35	2099	283	39:02.5	12:35/M
34	Nicole Danford	Hebron IN	37	2595	288	39:11.0	12:38/M
35	Denae Culbreth	Demotte IN	36	2868	289	39:12.2	12:39/M
36	Monica McGinnis	Valparaiso IN	35	2024	291	39:28.8	12:44/M
37	Tiffany Green	Portage IN	37	2551	300	40:34.8	13:05/M
38	Kiki Podkul	Wheatfield IN	36	2093	301	40:37.6	13:06/M
39	Janelle Bowen	Valparaiso IN	37	1976	315	41:36.6	13:25/M
40	Christy Katschke	Valparaiso IN	39	1940	319	42:17.2	13:38/M
41	Catherine Winn	Lake Station IN	35	2580	327	43:06.5	13:54/M
42	Melissa Goodall	Merrillville IN	37	2576	335	44:03.8	14:13/M
43	Maranda Schultz	Valparaiso IN	39	1894	337	44:06.5	14:14/M
44	Ginger Gast	Union Mills IN	36	1895	339	44:10.0	14:15/M
45	Marellen Hattabaugh	Valparaiso IN	36	2015	353	46:42.6	15:04/M
46	Jessica Bell	Chesterton IN	39	2045	357	47:35.4	15:21/M
47	Tonya Hiscox	Chesterton IN	39	1959	358	48:34.0	15:40/M
48	Erin Clarich	Crown Point IN	39	1958	362	50:19.7	16:14/M
49	Jessica Tomko	Crown Point IN	37	2089	375	55:36.4	17:56/M
50	Rachel Simington	Watseka IL	35	2341	381	1:17:37.2	25:02/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Phil Guerre	Portage IN	35	1993	15	20:02.0	6:28/M
2	Brian Culbreth	Demotte IN	37	2863	22	20:46.2	6:42/M
3	Andrew Higy	Merrillville IN	37	1947	25	21:06.2	6:48/M
4	Aaron Rausch	Chesterton IN	39	2345	27	21:40.3	6:59/M
5	Tim Gross	Demotte IN	35	2316	36	22:30.2	7:15/M
6	Adam Stepanek	Valparaiso IN	39	1975	51	23:31.4	7:35/M
7	Michael Vollbrecht	Valparaiso IN	37	2000	61	23:56.1	7:43/M

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Male 35 to 39

Place	Name	City	Age	Bib No	Overall	Time	Pace
8	Brandon Gadacz	Valparaiso IN	36	2813	74	25:09.4	8:07/M
9	Christopher Barkow	Valparaiso IN	36	2592	94	26:27.9	8:32/M
10	Geoffrey Gifford	Plymouth IN	38	2890	131	28:20.0	9:08/M
11	Jacob Sikora	Elwood IN	37	1906	136	28:23.1	9:09/M
12	Jim Adkins	Berwyn IL	35	2824	143	28:43.9	9:16/M
13	Daniel Molchan	Valparaiso IN	35	2094	145	28:49.3	9:18/M
14	Tim Post	Chesterton IN	39	1961	147	28:52.9	9:19/M
15	Craig Kruchowski	Demotte IN	35	1954	148	28:54.1	9:19/M
16	Cameron Bowen	Valparaiso IN	38	1977	187	30:52.9	9:57/M
17	Steven Schulz	Portage IN	35	2815	235	34:08.9	11:01/M
18	Patrick Dailey	Chesterton IN	39	2058	245	35:19.3	11:24/M
19	Peter Katschke	Valparaiso IN	39	1941	345	45:12.9	14:35/M
20	Jason Rudy	Valparaiso IN	36	2068	351	46:10.3	14:54/M

Female 40 to 44

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	Amy Blaker	Merrillville IN	40	2578	70	24:49.9	8:00/M
2	Jennette Rudzinski	Chesterton IN	41	2575	75	25:15.1	8:09/M
3	Cindy Steinbeck	Chesterton IN	44	1910	80	25:28.6	8:13/M
4	Tara Kleefisch	Kouts IN	42	2016	89	26:07.0	8:25/M
5	Erin Goffette	Portage IN	43	2329	97	26:45.7	8:38/M
6	Rachel Wilson	Hebron IN	42	2100	113	27:22.6	8:50/M
7	Bridget Moseley	Crown Point IN	40	2837	117	27:47.3	8:58/M
8	Brenda Chavez	Valparaiso IN	42	1968	121	27:54.0	9:00/M
9	Keely Bell-Yekel	Munster IN	40	2880	130	28:17.6	9:07/M
10	Gwen O'Connor	Chesterton IN	44	1988	133	28:21.6	9:09/M
11	Melisa Hajek	Crown Point IN	41	2029	140	28:32.8	9:12/M
12	Carri Ables	Hobart IN	42	2871	167	29:56.6	9:39/M
13	Yolanda Mares	Hammond IN	42	2096	173	30:13.7	9:45/M
14	Laura Schnick	Valparaiso IN	42	1991	183	30:44.5	9:55/M
15	Heather Nafus	Portage IN	41	2337	205	31:57.5	10:18/M
16	Misti Howell	Valparaiso IN	40	2809	210	32:20.9	10:26/M
17	Denise Weber	Benton Harbor MI	43	2838	211	32:22.8	10:26/M
18	Nancy Packovski	Crown Point IN	42	1951	224	33:09.6	10:42/M
19	Jill Knight	Union Mills IN	41	2001	229	33:34.0	10:50/M
20	Wendy Tapia	Plymouth IN	40	2340	238	34:30.2	11:08/M
21	Deena Pidrak	Valparaiso IN	44	1985	242	34:47.3	11:13/M
22	Georgia Rebapis Nehring	Plano IL	41	1896	256	36:24.4	11:45/M
23	Sara Post	Chesterton IN	40	1963	266	37:30.8	12:06/M
24	Traci Lang	Crown Point IN	44	2306	285	39:04.5	12:36/M

2019 Race the Region Valentine's 5K

Age Group Results

5K Run

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February 10, 2019

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
25	Bethany Elston	La Crosse IN	44	2012	297	40:25.3	13:02/M
26	Nicole Markovich	Kouts IN	42	1994	298	40:26.9	13:03/M
27	Arlondria Borgelt	Valparaiso IN	43	1925	320	42:18.1	13:39/M
28	Jennifer Styron	Winterville NC	41	2584	323	42:40.3	13:46/M
29	Christine Wadkins	Portage IN	41	2874	332	43:47.4	14:07/M
30	Pamela Ross	Crown Point IN	42	2021	333	43:54.8	14:10/M
31	Lisa Boettger	Crown Point IN	41	2834	344	44:58.9	14:30/M
32	Kimberly Jackson	Valparaiso IN	40	2044	356	47:35.0	15:21/M
33	April Johnson	Chesterton IN	40	2075	359	48:37.0	15:41/M
34	Joan Grott	Valparaiso IN	41	2846	361	48:59.5	15:48/M
35	Jennifer Doffin	Crown Point IN	40	2062	363	50:21.6	16:15/M
36	Carmen Olavarria	Hobart IN	44	2845	366	51:14.1	16:32/M
37	Sarah Wadle	Portage IN	42	2850	367	51:14.4	16:32/M
38	Adrienne Mautner	Lowell IN	44	2822	368	52:13.2	16:51/M
39	Apryl Shamon	Chesterton IN	44	2849	370	53:55.8	17:24/M
40	Carrie Kludt	Portage IN	42	2091	377	55:37.8	17:56/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ralph Nurse	Valparaiso IN	41	2098	9	18:56.3	6:06/M
2	Mike Culbreth	Wheatfield IN	41	2820	58	23:46.8	7:40/M
3	Josh Pool	Chesterton IN	42	2324	60	23:54.7	7:43/M
4	Joseph Trathen	Highland IN	42	2323	71	24:55.6	8:02/M
5	Josh Crosby	Michigan City IN	40	2840	72	25:00.6	8:04/M
6	Tim Murphey	Michigan City IN	41	2854	82	25:38.7	8:16/M
7	Andy Chavez	Valparaiso IN	43	1967	92	26:25.3	8:31/M
8	Matthew Sellers	Valparaiso IN	43	2802	106	27:11.4	8:46/M
9	Tom Wedryk	Chicago IL	44	2803	108	27:13.8	8:47/M
10	Thomas Drake	Benton Harbor MI	41	2839	109	27:16.3	8:48/M
11	Mike Rubacha	Valparaiso IN	43	2049	141	28:34.2	9:13/M
12	Keith Borgelt	Valparaiso IN	43	1926	174	30:16.6	9:46/M
13	Jeff Doffin	Crown Point IN	42	2063	294	40:07.5	12:56/M
14	Jason Lovely	Valparaiso IN	40	1903	295	40:10.3	12:57/M
15	Daniel Walker	Portage IN	44	1893	309	40:53.9	13:11/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Francie Bean	Valparaiso IN	47	2040	87	25:55.0	8:22/M

2019 Race the Region Valentine's 5K

Race Date
February 10, 2019

Age Group Results**5K Run**

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
2	Andrea Maslanka	Valparaiso IN	45	2007	104	26:58.6	8:42/M
3	Tonya Haveck	Valparaiso IN	45	1919	134	28:21.7	9:09/M
4	Dawn Vamos	Valparaiso IN	47	2055	139	28:32.0	9:12/M
5	Michele Zurisk	Cedar Lake IN	47	2577	154	29:18.9	9:27/M
6	Becky Kreiger	Kouts IN	45	1933	190	31:00.6	10:00/M
7	Tracy Campbell	Valparaiso IN	45	2046	203	31:50.1	10:16/M
8	Amy Dolbeare	La Porte IN	46	2894	213	32:27.4	10:28/M
9	Sandy Thomas	Kouts IN	48	2027	217	32:40.7	10:32/M
10	Amy Dowd	Granger IN	49	2080	219	32:41.8	10:33/M
11	Valery Denby	Bradley IL	47	2338	254	35:52.7	11:34/M
12	Christina Cabrera	Portage IN	45	1913	271	37:41.8	12:09/M
13	Margaret Hall	Portage IN	46	2877	272	37:56.3	12:14/M
14	Jennifer Freeman	Lowell IN	48	1912	274	38:06.6	12:17/M
15	Annette Etchison	La Porte IN	49	2859	277	38:21.1	12:22/M
16	Mary Weber	Schererville IN	49	2827	284	39:02.6	12:35/M
17	Tammy J Wedryk	Chicago IL	47	2801	310	41:02.9	13:14/M
18	Diana Sorich	Shorewood IL	48	2898	311	41:08.8	13:16/M
19	Teresa Weiler	Valparaiso IN	49	1922	318	42:06.1	13:35/M
20	Diane Semento	Kouts IN	46	1995	331	43:45.3	14:07/M
21	Jacque Chevalier	Valparaiso IN	46	2054	342	44:46.4	14:26/M
22	Carol Walsh	Chesterton IN	49	1960	355	47:15.5	15:15/M
23	Donna Riedel	La Porte IN	48	2314	360	48:48.0	15:45/M
24	Jaelithe Scheihing	Chesterton IN	47	2858	365	51:12.7	16:31/M
25	Meredith Covington	Valparaiso IN	47	2319	378	56:28.9	18:13/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nate Shaffer	Valparaiso IN	45	2321	12	19:11.9	6:11/M
2	Jeff Brooks	Valparaiso IN	46	1980	16	20:03.4	6:28/M
3	Chuck Vamos	Valparaiso IN	47	2056	37	22:32.7	7:16/M
4	Jeffrey Cunningham	Chesterton IN	46	2865	49	23:24.0	7:33/M
5	Mark Connors	Valparaiso IN	46	2048	84	25:49.6	8:20/M
6	Robert Persin	Hebron IN	46	1915	103	26:58.1	8:42/M
7	John Streeter	Valparaiso IN	49	1934	116	27:40.7	8:55/M
8	Doyll Andrews	Valparaiso IN	46	2047	124	27:58.2	9:01/M
9	Scott Dzierba	Chesterton IN	49	1917	156	29:27.0	9:30/M
10	Andy Garza	Hammond IN	47	2095	157	29:36.0	9:33/M
11	Matt Dowd	Granger IN	49	2081	175	30:20.0	9:47/M
12	Dean Bricker	Hobart IN	47	2030	179	30:26.6	9:49/M
13	Mark Camarena	Dyer IN	46	2586	228	33:30.5	10:48/M

2019 Race the Region Valentine's 5K

Age Group Results

5K Run

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
14	Jerome Weiler	Valparaiso IN	49	1921	249	35:35.1	11:29/M
15	Martin Freeman	Lowell IN	48	1911	273	38:03.1	12:16/M
16	Aaron Mikell	Chicago IL	47	2552	299	40:32.6	13:05/M
17	Shelley McGinty	Laporte IN	46	2315	347	45:45.0	14:45/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kerri McKay	Valparaiso IN	51	1950	114	27:22.9	8:50/M
2	Deana Lecy	Porter IN	51	1943	122	27:55.9	9:00/M
3	Paula Pramuk	Kouts IN	51	1957	126	28:06.1	9:04/M
4	Angelica Ahrens	Roselle IL	53	2812	221	32:55.2	10:37/M
5	Regina Rumford	Valparaiso IN	51	2025	223	33:08.4	10:41/M
6	Dawn Waters	Portage IN	52	2052	231	33:46.8	10:54/M
7	Kathy Childress	Hobart IN	50	2336	243	34:47.8	11:13/M
8	Christine Gaines	Hobart IN	52	2320	246	35:24.0	11:25/M
9	Sydney Dawson	Crown Point IN	52	2879	290	39:20.7	12:41/M
10	Peggy Cash	Dyer IN	50	2573	296	40:24.8	13:02/M
11	Lisa Sandberg	Valparaiso IN	51	2844	314	41:29.3	13:23/M
12	Sharon Polite	Valparaiso IN	54	1949	341	44:42.3	14:25/M
13	Tresa Gazibara	Crown Point IN	52	2555	352	46:38.9	15:03/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dave MacKnick	Chicago IL	54	2897	30	21:51.3	7:03/M
2	Ron Krause	Crown Point IN	54	2084	38	22:36.9	7:17/M
3	Skip Woldt	Valparaiso IN	50	1898	41	22:50.4	7:22/M
4	Ken Borowski	Saint John IN	51	2036	47	23:16.9	7:30/M
5	Dennis Piwinski	Valparaiso IN	50	2059	52	23:31.8	7:35/M
6	Steve Lawson	Valparaiso IN	53	1971	55	23:34.7	7:36/M
7	Scott Sears	Valparaiso IN	50	1982	64	24:16.3	7:50/M
8	Patrick Cosgrove	Valparaiso IN	51	2097	65	24:21.1	7:51/M
9	Vincent Frisella	Crown Point IN	50	1929	66	24:31.8	7:55/M
10	Tim Kulesa	Portage IN	52	2311	81	25:31.6	8:14/M
11	Richard Ahrens	Roselle IL	54	2811	85	25:53.8	8:21/M
12	Todd Bailey	Argos IN	50	2335	95	26:31.8	8:33/M
13	Mike Stephens	Hobart IN	52	2333	98	26:46.3	8:38/M
14	Jeff Peterson	Grant Park IL	54	2810	165	29:46.7	9:36/M
15	Mark Lecy	Porter IN	50	1944	176	30:21.6	9:47/M

2019 Race the Region Valentine's 5K

Age Group Results

5K Run

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
16	Matthew Wenzel	Steger IL	50	2301	181	30:36.5	9:52/M
17	Johnny Gutierrez	East Chicago IN	50	2581	189	31:00.6	10:00/M
18	John Zurisk	Cedar Lake IN	51	2579	191	31:09.5	10:03/M
19	George K. Azar	Valparaiso IN	54	2819	200	31:33.3	10:11/M
20	Bob Scheub	Valparaiso IN	52	1907	244	35:17.0	11:23/M
21	Felix Baeza	Chesterton IN	51	2855	308	40:51.4	13:11/M
22	Todd Marsh	Valparaiso IN	50	2017	330	43:43.5	14:06/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Amy Benda	Valparaiso IN	58	1928	146	28:50.7	9:18/M
2	Elizabeth Frances	Valparaiso IN	58	2026	192	31:09.8	10:03/M
3	Julie Young	Valparaiso IN	55	1973	199	31:31.7	10:10/M
4	Deb Armstrong	Valparaiso IN	57	2853	241	34:47.1	11:13/M
5	Debbie Librandi	Valparaiso IN	59	1905	248	35:33.9	11:28/M
6	Laura Darrow	Lowell IN	57	1888	251	35:44.1	11:32/M
7	Mary Cooper	Valparaiso IN	59	2018	305	40:46.1	13:09/M
8	Teresa Chester	Valparaiso IN	56	2073	348	45:46.6	14:46/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dave Gaughan	Lake Station IN	55	2596	43	22:56.6	7:24/M
2	Dave Young	Valparaiso IN	58	1972	48	23:23.5	7:33/M
3	Phillip Newberry	Kankakee IL	56	2899	78	25:21.7	8:11/M
4	Tom Fela	Chesterton IN	56	2079	149	28:57.2	9:20/M
5	Ed Schnick	Valparaiso IN	57	1992	162	29:44.4	9:35/M
6	Mike Pennock	Hobart IN	56	1942	234	33:58.2	10:57/M
7	Curtis Smith	Valparaiso IN	57	2087	239	34:34.7	11:09/M
8	Jeff Zeabart	Highland IN	55	2851	372	55:13.4	17:49/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Elaine Hendricks	Valparaiso IN	62	2009	67	24:32.7	7:55/M
2	Joanne Baitup	Valparaiso IN	62	1914	125	28:02.0	9:03/M
3	Alicia McClean	Valparaiso IN	62	1936	128	28:14.1	9:06/M
4	Cecilia Bernal	Hobart IN	62	2553	161	29:44.1	9:35/M

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Age Group Results

5K Run

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Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
5	April Hardesty	Valparaiso IN	60	2008	286	39:08.9	12:37/M
6	Joyce Einikis	Valparaiso IN	63	2042	336	44:04.9	14:13/M
7	Linda Levenson	Hobart IN	64	2041	340	44:23.3	14:19/M
8	Teri Barkas	Valparaiso IN	63	1948	343	44:58.2	14:30/M
9	Joyce Hayslett	Valparaiso IN	62	2078	354	47:14.0	15:14/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian Chorba	Valparaiso IN	62	2057	54	23:33.6	7:36/M
2	Steven Gelsomino	Oak Lawn IL	64	2872	99	26:49.4	8:39/M
3	Bruce Metz	Cedar Lake IN	64	2862	120	27:50.3	8:59/M
4	Dennis Dodds	Valparaiso IN	64	2076	129	28:16.0	9:07/M
5	Eric Diamond	South Bend IN	60	2317	201	31:33.9	10:11/M
6	Michael Irwin	Portage IN	63	1916	226	33:22.7	10:46/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kathy Hilbrich	Chesterton IN	65	2829	196	31:28.5	10:09/M
2	Janet Rotz	Dyer IN	65	2325	222	32:59.9	10:38/M
3	Polly Theising	Valparaiso IN	68	2051	237	34:25.3	11:06/M
4	Carol Raske	Oak Park IL	68	2826	250	35:39.5	11:30/M
5	Carol Magill	Chesterton IN	68	1946	275	38:08.3	12:18/M
6	Carmen Piunti	Portage IN	65	2043	317	41:45.7	13:28/M
7	Lorrie Simington	Watseka IL	67	2339	382	1:17:37.7	25:02/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Grochowski	Valparaiso IN	65	2818	118	27:47.4	8:58/M
2	Steve Conley	Valparaiso IN	66	2004	142	28:35.0	9:13/M
3	Jerome Getter	Oak Park IL	66	2821	169	29:57.5	9:40/M
4	John Vega	Trail Creek IN	66	1920	172	30:09.1	9:44/M
5	Doug Wiese	Westville IN	65	2085	334	43:59.1	14:11/M

2019 Race the Region Valentine's 5K

Age Group Results

5K Run

Race Date

February 10, 2019

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jean Jannasch	Valparaiso IN	72	2832	123	27:56.7	9:01/M
2	Jean Tolchinsky	Crete IL	73	2805	230	33:45.0	10:53/M
3	Diane Dumonte-Slater	Valparaiso IN	70	2344	240	34:40.4	11:11/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Steve Kearney	Chesterton IN	70	2599	83	25:42.9	8:17/M
2	Tom Hutmacher	Portage IN	71	2305	153	29:14.6	9:26/M
3	Patrick Davis	Valparaiso IN	72	2077	202	31:49.9	10:16/M
4	Dennis Rotz	Dyer IN	71	2326	262	36:54.7	11:54/M
5	Jack Kashak	Chesterton IN	71	2807	312	41:09.2	13:16/M
6	David J Ralston	Hammond IN	74	1899	313	41:29.0	13:23/M
7	J Ezell	Valparaiso IN	72	2554	324	42:44.6	13:47/M
8	David Hinshaw	Hammond IN	74	2328	371	54:20.7	17:32/M

Male 75 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tom Magill	Chesterton IN	90	1945	346	45:26.5	14:39/M