

# 2019 Extra Mile One Mile Challenge

## Age Group Results

Race Date  
July 11, 2019

### Open

#### Women Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Maddie Russin	Crown Point IN	17	1966	57	5:24.1	5:24/M

#### Men Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lucas Guerra	Highland IN	16	1783	1	4:32.6	4:33/M

#### Women Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Christine Byers	Valparaiso IN	51	1878	219	6:37.1	6:37/M

#### Men Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nate Shaffer	Valparaiso IN	46	1634	28	5:06.6	5:07/M

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## Female 6 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Amelie Stout	Valparaiso IN	6	1521	490	8:23.2	8:23/M
2	Alexandrea Colella	Chesterton IN	6	1381	545	8:56.7	8:57/M
3	Kristina Schumacher	Valparaiso IN	6	4951	605	9:37.5	9:38/M
4	Alaina Vollbrecht	Valparaiso IN	5	1332	632	9:59.8	10:00/M
5	Samantha Kappes	Hobart IN	5	4936	636	10:05.8	10:06/M
6	Evelyn Sulivan	Hobart IN	6	1734	648	10:17.6	10:18/M
7	Brooke Nietert	Valparaiso IN	6	4946	658	10:24.8	10:25/M
8	Eva Erickson	Portage IN	6	1481	671	10:46.3	10:46/M
9	Hannah Best	Wanatah IN	6	4905	678	10:53.5	10:54/M
10	Savannah Kekelik	Valparaiso IN	5	1981	726	12:27.2	12:27/M

## Male 6 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jacob Darrell	Portage IN	6	4917	484	8:20.3	8:20/M
2	Mason Gadacz	Valparaiso IN	6	1371	502	8:29.9	8:30/M
3	Lucas Cooper	Valparaiso IN	6	4913	506	8:31.7	8:32/M
4	Lucas Torres	Valparaiso IN	5	1452	575	9:18.7	9:19/M
5	Caden Martinez	Whiting IN	5	1607	590	9:28.5	9:29/M
6	Abram Rausch	Chesterton IN	5	1837	614	9:42.2	9:42/M
7	Owen Thomas	Valparaiso IN	6	1833	630	9:59.5	10:00/M
8	Colton Ruff	Hebron IN	5	1399	663	10:32.5	10:33/M
9	Ezequiel Krause		5	1755	696	11:27.7	11:28/M
10	Liam Giri	Valparaiso IN	6	1705	701	11:33.4	11:33/M
11	Eli Smith	Valparaiso IN	6	4954	707	11:45.3	11:45/M
12	Henry Renninger	Valparaiso IN	5	1661	717	12:07.5	12:08/M
13	Jackson Cummings		5	4914	733	12:53.3	12:53/M
14	Mason Akers	Portage IN	5	1747	734	12:54.6	12:55/M
15	Dayton Fabian	Portage IN	5	4925	740	13:21.8	13:22/M
16	Trey Scheub	Schererville IN	5	1955	762	45:39.5	45:40/M

## Female 7 to 8

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rylee Robb	Valparaiso IN	7	1903	425	7:54.3	7:54/M
2	Brooklyn Scruggs	Plymouth IN	8	1751	468	8:13.3	8:13/M
3	Allison Nietert	Valparaiso IN	8	4945	478	8:17.7	8:18/M
4	Kasey Pieters	Chesterton IN	7	1385	487	8:21.3	8:21/M
5	Brooklyn Burns	Wanatah IN	7	1643	497	8:27.8	8:28/M
6	Kenadie Borys	Valparaiso IN	8	4906	536	8:53.3	8:53/M

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## Female 7 to 8

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
7	Kate Kappes	Hobart IN	7	4935	544	8:56.3	8:56/M
8	Shayne Arteaga	Chesterton IN	8	4902	549	8:57.5	8:58/M
9	Alejandra Krause	Valparaiso IN	8	1754	577	9:20.5	9:21/M
10	Lexi Zairis	Crown Point IN	7	4969	593	9:30.8	9:31/M
11	Violet Furuness	Valparaiso IN	7	1438	611	9:40.2	9:40/M
12	Taelyn Sullivan	Hobart IN	7	1735	613	9:40.8	9:41/M
13	Kendall Kelly	Valparaiso IN	7	4937	702	11:33.6	11:34/M
14	Madison Wadkins	Portage IN	8	4966	710	11:51.4	11:51/M
15	Victoria Gonzalez	Valparaiso IN	7	4929	714	11:57.7	11:58/M
16	Violet Underwood	Valparasio IN	7	4961	715	11:58.7	11:59/M
17	Rowan Nunnely	Valparaiso IN	7	1380	718	12:11.1	12:11/M

## Male 7 to 8

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Neil Jones	Valparaiso IN	7	4934	374	7:33.6	7:34/M
2	Mason Smith	Hebron IN	8	1396	382	7:36.5	7:37/M
3	Wyett Denormandie	Chesterton IN	7	4918	433	7:56.8	7:57/M
4	Wesley Turner	Valparaiso IN	7	4959	454	8:05.8	8:06/M
5	Ansen Andrews	Valparaiso IN	8	1806	460	8:07.8	8:08/M
6	Vaunn Bailey	Valparaiso IN	7	4903	469	8:13.7	8:14/M
7	Jacob Ruff	Hebron IN	8	1398	475	8:17.3	8:17/M
8	Nathan Sandberg	Cedar Lake IN	8	4950	508	8:33.1	8:33/M
9	Jackson Darrell	Portage IN	7	4916	539	8:53.4	8:53/M
10	Christian Eckert	Chesterton IN	8	4922	595	9:31.8	9:32/M
11	Mateo Gonzalez	Lake Station IN	8	4928	596	9:32.1	9:32/M
12	Albert Duncan	Valparaiso IN	8	4921	601	9:34.3	9:34/M
13	Lucas Mitcheltree	Chesterton IN	8	4943	633	10:02.2	10:02/M
14	Cody Rau	Hebron IN	7	2019	634	10:02.5	10:03/M
15	Wilson Orange	Hebron IN	8	1666	755	18:25.4	18:25/M

## Female 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jenna Walker	Demotte IN	9	1827	202	6:29.6	6:30/M
2	Maggie Lukowski	Crown Point IN	9	2072	261	6:54.2	6:54/M
3	Everly Pycraft	Crown Point IN	10	1887	280	6:59.3	6:59/M
4	Allison Van Kley	Chesterton IN	10	2001	434	7:56.8	7:57/M
5	Marin Anderson	Valparaiso IN	10	1615	470	8:14.5	8:15/M
6	Hallie Hitz	Valparaiso IN	9	1323	503	8:30.3	8:30/M

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## Female 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
7	Morgan Matthys	Westville IN	9	1395	511	8:34.8	8:35/M
8	Katie Hazelton	Valparaiso IN	9	1532	513	8:35.2	8:35/M
9	Naomi Rodriguez	Chesterton IN	9	1373	519	8:44.9	8:45/M
10	Brooklyn Taylor	Valparaiso IN	9	4957	530	8:50.8	8:51/M
11	Gabby Ivey-Powell	Portage IN	10	1388	559	9:04.4	9:04/M
12	Nora Duncan	Valparaiso IN	9	4920	561	9:06.5	9:07/M
13	Matilda Vickers	Crown Point IN	9	1865	564	9:08.8	9:09/M
14	Alayna Ward	Portage IN	9	1434	566	9:10.9	9:11/M
15	Peyton Kelly	Valparaiso IN	9	4938	615	9:43.2	9:43/M
16	Anais Gonzalez	Lake Station IN	10	4927	616	9:43.8	9:44/M
17	Viviana Gonzalez	Valparaiso IN	9	4930	667	10:37.5	10:38/M
18	Izzy Rossmann	Valparaiso IN	9	4947	674	10:51.3	10:51/M
19	Macie Wadkins	Portage IN	10	4965	730	12:41.2	12:41/M

## Male 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Clint Lemmons	Valparaiso IN	10	1551	236	6:42.6	6:43/M
2	Aaron Pieters	Chesterton IN	9	1384	259	6:53.7	6:54/M
3	Ben Dillabaugh	Valparaiso IN	10	4919	305	7:07.7	7:08/M
4	Braden Bryan	Valparaiso IN	10	1308	315	7:11.8	7:12/M
5	Tommy Charpentier	Hebron IN	9	1619	325	7:14.2	7:14/M
6	Brayden Robb	Valparaiso IN	10	1581	332	7:16.8	7:17/M
7	Dylan Reilly	Valparaiso IN	10	1862	350	7:23.9	7:24/M
8	Gavet Oehlman	Valparaiso IN	10	1718	353	7:24.8	7:25/M
9	Gavin Pastrick	Hebron IN	9	1874	436	7:59.9	8:00/M
10	Nolan Lambersie	Chesterton IN	9	4939	450	8:04.5	8:05/M
11	Jack Leady	Chesterton IN	10	4940	458	8:07.4	8:07/M
12	Noah Smith	Valparaiso IN	9	4953	492	8:24.8	8:25/M
13	Layne Galindo	Valparaiso IN	9	1627	507	8:32.7	8:33/M
14	Ethan Taylor	Valparaiso IN	9	4958	520	8:45.8	8:46/M
15	William Torres	Valparaiso IN	10	1451	526	8:49.4	8:49/M
16	Maxwell Prince	Chesterton IN	10	1678	576	9:20.5	9:21/M
17	Luke Danford	Hebron IN	9	4915	585	9:25.8	9:26/M
18	Samuel Mooney	Valparaiso IN	9	4944	688	11:16.3	11:16/M
19	Ethan Bowen	Valparaiso IN	9	1685	748	15:16.4	15:16/M

## Female 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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Age Group ResultsRace Date  
July 11, 2019**Open****Female 11 to 12**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lucca Okeley	Valparaiso IN	12	2056	133	6:03.5	6:04/M
2	Gina Cappello	Schererville IN	12	1934	165	6:15.2	6:15/M
3	Addison Johnson	Demotte IN	12	1464	221	6:37.3	6:37/M
4	Natalee Walker	Demotte IN	12	1826	258	6:52.3	6:52/M
5	Emme Shaffer	Valparaiso IN	11	1639	331	7:16.7	7:17/M
6	Reagan Cole	Hebron IN	12	2058	337	7:19.7	7:20/M
7	Ava Cowger	Valparaiso IN	11	1991	376	7:34.2	7:34/M
8	Audrey Rakowski	Valparaiso IN	11	2070	390	7:40.2	7:40/M
9	Natalie Pieters	Chesterton IN	11	1383	401	7:44.5	7:45/M
10	Isabella Breyan	Valparaiso IN	11	1307	403	7:44.7	7:45/M
11	Addison Gingrich	Valparaiso IN	12	2065	419	7:52.2	7:52/M
12	Saachi Parikh	Dyer IN	12	1742	432	7:56.5	7:57/M
13	Madison Cowger	Dyer IN	12	1831	447	8:03.2	8:03/M
14	Sofia Contro	Dyer IN	12	1746	473	8:16.9	8:17/M
15	Ayden Edwards	Portage IN	11	2014	499	8:28.2	8:28/M
16	Katiana Daly	Valparaiso IN	12	1350	514	8:36.2	8:36/M
17	Sophia Chavez	Valparaiso IN	11	4912	524	8:47.1	8:47/M
18	Daphne Garmon	Valparaiso IN	11	2005	547	8:57.2	8:57/M
19	Grace George	Valparaiso IN	11	1998	548	8:57.3	8:57/M
20	Kylann Rudziewicz	Valparaiso IN	11	4948	567	9:11.2	9:11/M
21	Chloe Miller	Valparaiso IN	12	4941	569	9:12.3	9:12/M
22	Chloe Henson	Portage IN	12	1857	581	9:22.9	9:23/M
23	Emily Stoltzfus	Valparaiso IN	11	4956	587	9:26.1	9:26/M
24	Anelisia Vega	Portage IN	11	4963	684	11:05.7	11:06/M
25	Angelique Vega	Portage IN	11	4962	698	11:31.4	11:31/M

**Male 11 to 12**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Colin Lukowski	Crown Point IN	11	2073	105	5:52.9	5:53/M
2	Jamey Schwartz	Mishawaka IN	12	1859	130	6:02.9	6:03/M
3	Weston Stilwell	Valparaiso IN	11	1767	134	6:04.5	6:05/M
4	Luke Charpentier	Hebron IN	12	1618	149	6:10.5	6:11/M
5	Luke Sparks	Chesterton IN	12	1907	183	6:23.3	6:23/M
6	Jack Bailey	Valparaiso IN	12	1725	229	6:39.2	6:39/M
7	Douglas Thomas	Valparaiso IN	11	1849	246	6:46.7	6:47/M
8	Ryan Sandberg	Cedar Lake IN	11	4949	250	6:48.1	6:48/M
9	Michael Norris	Valparaiso IN	12	2013	264	6:55.4	6:55/M
10	Landon Miller	Portage IN	12	1417	276	6:58.4	6:58/M
11	Matthew Borowski	Saint John IN	12	2011	281	6:59.5	7:00/M
12	Zander Oehlman	Valparaiso IN	12	1717	309	7:10.2	7:10/M

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## Open

## Male 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
13	Mason Koch	Valparaiso IN	11	1424	313	7:11.6	7:12/M
14	Darius Lapsley	Rensselaer IN	12	1818	380	7:35.8	7:36/M
15	Ben Aitchison	Chesterton IN	12	4901	381	7:36.4	7:36/M
16	Lucas Smith	Hebron IN	11	1397	406	7:47.2	7:47/M
17	Kale Rausch	Valparaiso IN	12	1835	408	7:47.6	7:48/M
18	Conner Chapman	Valparaiso IN	12	2003	421	7:52.7	7:53/M
19	Alex Hazelton	Valparaiso IN	11	1531	429	7:55.7	7:56/M
20	Aidan Johnson	Valparaiso IN	12	1344	440	8:01.2	8:01/M
21	Aiden McAlpine	Whiting IN	12	1608	441	8:01.4	8:01/M
22	Bryan Chandler	Crown Point IN	11	4911	451	8:04.7	8:05/M
23	Hayden Matthys	Westville IN	12	1392	461	8:08.1	8:08/M
24	Jaxson Evans	Valparaiso IN	11	1944	485	8:20.7	8:21/M
25	Alex Broton	Valparaiso IN	12	4907	495	8:27.1	8:27/M
26	Abraham Berg	Valparaiso IN	11	4904	505	8:31.2	8:31/M
27	Henry Denger	La Porte IN	11	1669	510	8:34.2	8:34/M
28	Jacob Mitcheltree	Chesterton IN	11	4942	516	8:41.0	8:41/M
29	Rowan Michael	Rensselaer IN	12	1817	517	8:43.5	8:44/M
30	Connor Smith	Valparaiso IN	11	4952	532	8:51.6	8:52/M
31	Devin Jones	Valparaiso IN	11	4933	535	8:53.2	8:53/M
32	Mason Artherhults	Valparaiso IN	12	1708	546	8:56.9	8:57/M
33	Randy Johnson	Hobart IN	11	1572	622	9:47.8	9:48/M
34	Karson Taylor	Valparaiso IN	12	1855	664	10:33.1	10:33/M
35	Matthew Isley	Valparaiso IN	11	4932	677	10:53.2	10:53/M
36	Aiden Andrews	Valparaiso IN	11	1808	683	11:05.1	11:05/M

## Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Elliza Pycraft	Crown Point IN	13	1886	94	5:48.7	5:49/M
2	Elizabeth Ehrhardt	Valparaiso IN	13	1799	139	6:06.3	6:06/M
3	Cheyenne Stock	Valparaiso IN	14	1377	146	6:09.4	6:09/M
4	Elise Byers	Valparaiso IN	13	1879	152	6:11.2	6:11/M
5	Danielle Moore	Dyer IN	13	1804	153	6:11.4	6:11/M
6	Emma Bell	Demotte IN	13	1378	170	6:16.7	6:17/M
7	Nora Carpenter	Crown Point IN	14	1779	178	6:21.6	6:22/M
8	Grace Thomas	Valparaiso IN	14	2063	195	6:26.9	6:27/M
9	Olympia Berbesque	Valparaiso IN	14	1540	196	6:27.4	6:27/M
10	Catheryn Markus	Highland IN	14	1801	200	6:28.4	6:28/M
11	Camdyn Gliem	Crown Point IN	13	1962	209	6:32.3	6:32/M
12	Emersyn Bland	Valparaiso IN	13	1390	228	6:37.9	6:38/M
13	Ava Allen	Valparaiso IN	14	1964	267	6:56.2	6:56/M

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## Open

## Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
14	Isabella Nikruto	Crown Point IN	14	1759	268	6:56.9	6:57/M
15	Kylie Cole	Hebron IN	14	2057	271	6:57.6	6:58/M
16	Grace Carpenter	Chesterton IN	14	1543	274	6:58.2	6:58/M
17	Madelyn Norman	Valparaiso IN	13	1460	278	6:58.8	6:59/M
18	Shelby Noonan	Schererville IN	14	1749	292	7:04.9	7:05/M
19	Anna Suppes	Crown Point IN	14	1959	293	7:05.3	7:05/M
20	Anika Anderson	Valparaiso IN	13	1614	294	7:05.4	7:05/M
21	Samantha Lazowski	Saint John IN	14	1983	295	7:05.7	7:06/M
22	Ana Allen	Valparaiso IN	14	1961	297	7:06.3	7:06/M
23	Gracie George	Kouts IN	14	1404	304	7:07.5	7:08/M
24	Jessica Hegedus	Valparaiso IN	13	1815	319	7:12.5	7:13/M
25	Emalee Greenboam-Berg	Valparaiso IN	14	1704	326	7:14.6	7:15/M
26	Lindsey Fish	Crown Point IN	14	1980	341	7:21.6	7:22/M
27	Greta Pressel	Valparaiso IN	13	1445	343	7:22.4	7:22/M
28	Amanda Spanier	Schererville IN	14	1988	345	7:22.8	7:23/M
29	Catherine Ingoldsby	Crown Point IN	14	1800	346	7:23.1	7:23/M
30	Madison Burns	Chesterton IN	14	1345	363	7:28.2	7:28/M
31	Josephine Steele	Valparaiso IN	14	1706	384	7:37.2	7:37/M
32	Nora Markley	Saint John IN	14	1774	399	7:44.3	7:44/M
33	Sarah Swatosh	Saint John IN	14	1816	417	7:51.6	7:52/M
34	Karley Rocchi	Valparaiso IN	14	1698	443	8:02.1	8:02/M
35	Gigi Rubarts	Valparaiso IN	14	1546	444	8:02.1	8:02/M
36	Gabby Wagoner	Lowell IN	14	1443	471	8:15.6	8:16/M
37	Stella Gruchalski	Valparaiso IN	13	1407	529	8:50.4	8:50/M
38	Jessica Cummins	Valparaiso IN	14	1626	538	8:53.4	8:53/M
39	Amelia Desalle	Merrillville IN	14	1587	551	8:59.3	8:59/M
40	Skylar Kleinaman	Crown Point IN	13	1586	583	9:24.2	9:24/M
41	Lauren Brant	Valparaiso IN	14	1876	586	9:26.1	9:26/M

## Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ty Ivanyo	Valparaiso IN	14	1582	41	5:15.4	5:15/M
2	Jackson Tuck	Valparaiso IN	14	1497	53	5:23.2	5:23/M
3	Joshua Tuck	Valparaiso IN	14	1498	56	5:23.5	5:24/M
4	Nick Gring	Valparaiso IN	14	1690	59	5:25.4	5:25/M
5	Aidan Ilic	Valparaiso IN	14	2004	60	5:26.5	5:27/M
6	Daniel Henson	Portage IN	14	1856	62	5:30.7	5:31/M
7	Michael Ridley	Valparaiso IN	13	1786	76	5:39.3	5:39/M
8	Harrison Deporter	Valparaiso IN	14	1485	83	5:43.3	5:43/M
9	Evan O'connor	Chesterton IN	14	1459	86	5:46.2	5:46/M

## 2019 Extra Mile One Mile Challenge

Age Group Results

## Open

## Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
10	William Young	Valparaiso IN	14	1522	87	5:46.7	5:47/M
11	Nathan Nova	Valparaiso IN	14	1509	93	5:48.3	5:48/M
12	Chase Reyes	Portage IN	14	1310	112	5:55.8	5:56/M
13	Andrew Carpenter	Chesterton IN	14	1544	121	5:59.4	5:59/M
14	Robby Sears	Valparaiso IN	13	1727	128	6:01.3	6:01/M
15	Mark Johnson	Valparaiso IN	13	1684	147	6:09.5	6:10/M
16	Jack Reilly	Valparaiso IN	13	1863	154	6:11.4	6:11/M
17	Aaron Cioe	Valparaiso IN	14	1632	158	6:13.5	6:14/M
18	Chance Hunsley	Wanatah IN	13	1617	164	6:14.7	6:15/M
19	Aidan Donofry	Valparaiso IN	13	1502	166	6:15.6	6:16/M
20	Nathaniel Malchow	Valparaiso IN	14	1675	168	6:16.2	6:16/M
21	Walter Cook	Crown Point IN	14	2064	172	6:18.2	6:18/M
22	Marcus Nunez	Crown Point IN	14	1984	176	6:19.4	6:19/M
23	Gabriel Ashbach	Crown Point IN	14	2062	193	6:26.1	6:26/M
24	Robert Okeley	Valparaiso IN	14	1896	198	6:27.9	6:28/M
25	Zeke Bloom	Valparaiso IN	14	1588	205	6:31.2	6:31/M
26	Jack Buinicki	Valparaiso IN	14	1302	210	6:32.4	6:32/M
27	Ty Vanbenthuyzen	Valparaiso IN	14	1842	243	6:46.2	6:46/M
28	Evan Rocha	Portage IN	14	1809	244	6:46.4	6:46/M
29	Jeremy Gutierrez	Portage IN	14	1807	245	6:46.6	6:47/M
30	Xander Bryan	Valparaiso IN	14	1306	253	6:49.8	6:50/M
31	Luke Wolfe	Chesterton IN	13	1517	263	6:55.2	6:55/M
32	Dominic Rizzo	Dyer IN	13	1689	266	6:56.2	6:56/M
33	William Maldia	Valparaiso IN	13	1558	307	7:08.7	7:09/M
34	Curtis Fierro	Valparaiso IN	13	1652	338	7:20.7	7:21/M
35	Brayden Mercier	Valparaiso IN	13	1711	416	7:51.5	7:52/M
36	Derek Feick	Valparaiso IN	14	2020	466	8:11.3	8:11/M
37	Owen Rutherford	Beverly Shores IN	14	1866	483	8:20.2	8:20/M
38	Noah Lawless		13	1606	691	11:21.6	11:22/M
39	Eduard Torres	Valparaiso IN	13	1500	694	11:27.1	11:27/M

## Female 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bailey Ranta	Chesterton IN	15	1542	67	5:35.1	5:35/M
2	Jaelyn Burgos		15	1880	72	5:36.9	5:37/M
3	Grace Aurand	Highland IN	17	1843	85	5:46.1	5:46/M
4	Nalani Malackowski	Chesterton IN	16	2023	90	5:47.4	5:47/M
5	Lillian Maldia	Valparaiso IN	15	1556	99	5:50.1	5:50/M
6	Morgan McCulloch	Portage IN	16	1406	106	5:53.1	5:53/M
7	Nicole Brandy	Valparaiso IN	16	1940	109	5:55.2	5:55/M



## 2019 Extra Mile One Mile Challenge

Age Group Results

## Open

## Female 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
8	Emma Rakowski	Valparaiso IN	16	2071	116	5:57.1	5:57/M
9	Kaitlyn MacKovyak	Portage IN	17	1787	118	5:58.2	5:58/M
10	Frances Clancy	Chesterton IN	15	1716	124	5:59.6	6:00/M
11	Rachel Kujawa	Saint John IN	17	1822	135	6:04.5	6:05/M
12	Klaire Lemmons	Valparaiso IN	15	1552	140	6:08.6	6:09/M
13	Makenna Schnick	Valparaiso IN	16	1363	143	6:09.2	6:09/M
14	Kaitlyn Van Kley	Chesterton IN	15	2002	145	6:09.4	6:09/M
15	Emilee Craigin	Portage IN	16	1814	148	6:09.6	6:10/M
16	Bree Gentry	Chesterton IN	15	1659	156	6:11.8	6:12/M
17	Gracie Abbett	La Crosse IN	17	1564	159	6:13.6	6:14/M
18	Victoria Bozinovski	Crown Point IN	17	1937	160	6:13.6	6:14/M
19	Brisa Martinez	Portage IN	17	1780	162	6:14.2	6:14/M
20	Unknown Partic. 1995		15	1995	167	6:15.8	6:16/M
21	Peyton Westphal	Chesterton IN	17	1651	169	6:16.4	6:16/M
22	Krista Kulacz	Saint John IN	15	1773	171	6:17.1	6:17/M
23	Anna Pressel	Valparaiso IN	18	1447	175	6:19.1	6:19/M
24	Riley Knestrick	Saint John IN	16	1823	180	6:21.9	6:22/M
25	Liz Hibshman	Chesterton IN	15	1433	182	6:22.9	6:23/M
26	Anastasia Tsagris	Valparaiso IN	17	1930	184	6:23.8	6:24/M
27	Libby Boster	Valparaiso IN	17	1393	185	6:23.9	6:24/M
28	Aubree Foreman	Valparaiso IN	15	1933	187	6:23.9	6:24/M
29	Anna Timm	Portage IN	16	1611	188	6:23.9	6:24/M
30	Carly Davis	Dyer IN	15	1994	189	6:24.4	6:24/M
31	Taylor Edwards	Valparaiso IN	16	1576	192	6:24.8	6:25/M
32	Kloe Kiran	Crown Point IN	15	1963	194	6:26.8	6:27/M
33	Abby Arrherhults	Valparaiso IN	15	1707	199	6:28.2	6:28/M
34	Addison Leady	Chesterton IN	15	1640	203	6:29.8	6:30/M
35	Kaitlynn Leady	Chesterton IN	17	1641	206	6:31.3	6:31/M
36	Amanda Purnick	Portage IN	15	1777	211	6:32.9	6:33/M
37	Elizabeth Leitzel	Crown Point IN	16	1958	212	6:33.3	6:33/M
38	Emily Thomas	Schererville IN	15	1798	213	6:33.7	6:34/M
39	Madison Ilic	Valparaiso IN	16	1976	214	6:34.5	6:35/M
40	Catherine Koteski	Crown Point IN	16	1967	216	6:34.9	6:35/M
41	Cora Lane	Dyer IN	15	1775	217	6:35.7	6:36/M
42	Brianne Eaton	Crown Point IN	15	1765	223	6:37.7	6:38/M
43	Soraya Loubriel	Portage IN	15	1778	225	6:37.9	6:38/M
44	Grace Sojka	Crown Point IN	15	1926	230	6:39.5	6:40/M
45	Isabella Smith	Chesterton IN	15	1450	232	6:40.9	6:41/M
46	Lilly Rizzo	Dyer IN	17	1977	235	6:41.4	6:41/M
47	Mckenzie Schilling	Saint John IN	16	1915	240	6:44.4	6:44/M
48	Ellie Wagoner	Lowell IN	17	1442	247	6:46.9	6:47/M
49	Mariana Maldonado	Crown Point IN	15	1965	248	6:47.3	6:47/M

## 2019 Extra Mile One Mile Challenge

Age Group ResultsRace Date  
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## Open

## Female 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
50	Alissa Capehart	Chesterton IN	15	1441	254	6:50.1	6:50/M
51	Emily McCallister	Crown Point IN	15	1949	257	6:50.7	6:51/M
52	Breanna Rios	Crown Point IN	17	1848	270	6:57.4	6:57/M
53	Rachel Narjes	Dyer IN	15	1524	279	6:58.8	6:59/M
54	Ingrid Owczarzak	Saint John IN	15	1790	288	7:03.3	7:03/M
55	Coryn Rodriguez	Chesterton IN	15	1375	290	7:04.7	7:05/M
56	Skyler Cummins	Valparaiso IN	16	1655	291	7:04.9	7:05/M
57	Kendra Barbour	Westville IN	16	1575	299	7:06.5	7:07/M
58	Emma Brown	Valparaiso IN	15	1449	303	7:07.3	7:07/M
59	Hattie Hoham	Westville IN	16	2010	311	7:11.2	7:11/M
60	Abrianna Rodriguez	Chesterton IN	15	1374	320	7:12.6	7:13/M
61	Makayla Neal	Hebron IN	15	1844	321	7:13.1	7:13/M
62	Mckenna Handley	Chestertonchesterton	15	1366	323	7:13.6	7:14/M
63	Marisa McCarter	Crown Point IN	16	1578	324	7:13.8	7:14/M
64	Grace Philbin	Crown Point IN	17	1916	334	7:17.6	7:18/M
65	Noelle Quiroga	Dyer IN	15	1989	335	7:18.9	7:19/M
66	Abigail Barrett	Crown Point IN	15	1946	340	7:21.6	7:22/M
67	Christine Harris	Valparaiso IN	17	1359	342	7:22.1	7:22/M
68	Mia Born	Dyer IN	16	1888	344	7:22.6	7:23/M
69	Meghan Hull	Chesterton IN	17	1501	348	7:23.2	7:23/M
70	Morgan Hull	Chesterton IN	17	1504	351	7:24.2	7:24/M
71	Kimberly Hestermann	Schererville IN	15	1987	352	7:24.6	7:25/M
72	Riley Hall	Chesterton IN	17	1663	355	7:25.2	7:25/M
73	Payton Shideler	Chesterton IN	16	1574	356	7:25.3	7:25/M
74	Olivia Figg	Saint John IN	15	1372	358	7:25.8	7:26/M
75	Justyne Phillips	Michigan City IN	15	1356	362	7:27.8	7:28/M
76	Mallory Morrison	Valparaiso IN	16	1431	366	7:29.6	7:30/M
77	Olivia Pastrick	Hebron IN	16	1873	377	7:34.5	7:35/M
78	Natalie Jovel	Crown Point IN	17	1950	378	7:34.9	7:35/M
79	Zoe Huley	Portage IN	17	1794	379	7:35.7	7:36/M
80	Liz Aje	Schererville IN	15	1772	392	7:41.6	7:42/M
81	Madison Wunderlin	Valparaiso IN	16	1638	394	7:43.1	7:43/M
82	Maddie Bahl	Crown Point IN	16	1847	398	7:43.8	7:44/M
83	Phoenix Anderson	Crown Point IN	16	1853	409	7:48.1	7:48/M
84	Paula Sebastia-Puig	Hebron IN	18	1645	418	7:51.7	7:52/M
85	Jocelyn Mercier	Valparaiso IN	15	1710	420	7:52.4	7:52/M
86	Abigail Zachary	Schererville IN	16	1733	424	7:53.4	7:53/M
87	Ella Deporter	Valparaiso IN	15	1484	435	7:58.1	7:58/M
88	Lexi Conder	Crown Point IN	16	1960	462	8:08.4	8:08/M
89	Charlotte Harmon	Schererville IN	15	1945	500	8:28.6	8:29/M
90	Ana Marija Duleva	Crown Point IN	15	1850	527	8:50.1	8:50/M
91	Violet Joseph	Valparaiso IN	17	1667	574	9:15.1	9:15/M

## 2019 Extra Mile One Mile Challenge

Age Group Results

## Open

## Female 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
92	Kayleigh Nover	Valparaiso IN	15	1423	579	9:21.3	9:21/M
93	Lauren Goerl	Valparaiso IN	15	1483	660	10:26.9	10:27/M
94	Jordan Ogiego	Valparaiso IN	15	1679	661	10:28.8	10:29/M

## Male 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Geno Christofanelli	Crown Point IN	17	1414	2	4:34.9	4:35/M
2	Ty Puskar		17	1825	3	4:42.3	4:42/M
3	Cole Dolson	Chesterton IN	15	1364	4	4:43.4	4:43/M
4	Bobby Woodburn	Portage IN	17	1973	5	4:44.2	4:44/M
5	Bryce Noble	Cedar Lake IN	15	1928	6	4:44.4	4:44/M
6	Jack Acton	Valparaiso IN	17	1658	8	4:48.5	4:49/M
7	Matthew Streeter	Valparaiso IN	16	1637	9	4:49.3	4:49/M
8	Joey Roytan	Valparaiso IN	17	1409	10	4:50.5	4:51/M
9	Logan Russell	Schererville IN	17	1789	11	4:51.3	4:51/M
10	Quinton Bock	Crown Point IN	15	1692	12	4:51.5	4:52/M
11	Nick Clark	Valparaiso IN	17	1325	13	4:53.9	4:54/M
12	Tommy Cavanaugh	Valparaiso IN	17	2052	14	4:53.9	4:54/M
13	Nate Smith	Valparaiso IN	18	1566	16	4:56.6	4:57/M
14	William Miltenberger	Valparaiso IN	16	2016	17	4:56.8	4:57/M
15	Will Shook	Chesterton IN	17	1889	18	4:58.2	4:58/M
16	Ethan Vinyard	Valparaiso IN	17	2069	20	4:58.4	4:58/M
17	Tommy Elwood	Portage IN	18	1757	21	4:58.4	4:58/M
18	Jordan Duggan	Saint John IN	16	1797	22	4:59.4	4:59/M
19	Carter Stephens		17	1630	23	5:02.6	5:03/M
20	Aj Rhody	Crown Point IN	16	1957	24	5:04.9	5:05/M
21	Greyson Lemmons	Valparaiso IN	15	1550	25	5:05.5	5:06/M
22	Dylan Draves	Chesterton IN	17	1899	26	5:06.3	5:06/M
23	Braden Johnson	Schererville IN	16	1788	27	5:06.5	5:07/M
24	Vincent Vanderveen	Dyer IN	15	1956	29	5:06.7	5:07/M
25	Hayden Podlin	Dyer IN	17	1882	30	5:07.1	5:07/M
26	Cameron Zimmerman	Crown Point IN	15	1486	31	5:09.1	5:09/M
27	Logan Clark	Crown Point IN	17	1870	33	5:11.2	5:11/M
28	Keaton Olson	Valparaiso IN	16	1533	34	5:11.8	5:12/M
29	Ian Woodard	Westville IN	16	1662	35	5:12.2	5:12/M
30	Joshua Dennington	Chesterton IN	16	1938	36	5:12.4	5:12/M
31	Brandon Warren	Portage IN	16	1394	37	5:12.8	5:13/M
32	Jonathan Fry	Valparaiso IN	17	1559	38	5:13.8	5:14/M
33	Tate Ivanyo	Valparaiso IN	16	1583	39	5:14.2	5:14/M
34	Travis Konarski	Valparaiso IN	17	1691	40	5:15.4	5:15/M

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<b>Place</b>	<b>Name</b>	<b>City</b>	<b>Age</b>	<b>Bib No</b>	<b>Overall</b>	<b>Time</b>	<b>Pace</b>
35	Anthony Saberniak	Crown Point IN	15	1871	42	5:15.7	5:16/M
36	Zakaria Mohiuddin	Schererville IN	16	1796	43	5:15.8	5:16/M
37	Sebastian Ashbach	Crown Point IN	16	2059	44	5:15.8	5:16/M
38	Ethan Mohoi	Chesterton IN	16	1493	45	5:15.9	5:16/M
39	Jack Schwartz	Valparaiso IN	17	1327	46	5:17.5	5:18/M
40	Owen Thomas	Valparaiso IN	15	1507	48	5:18.5	5:19/M
41	Johnathan Baxter		16	2049	50	5:19.7	5:20/M
42	Francis Fox	Valparaiso IN	15	2075	51	5:20.3	5:20/M
43	Riley Clark	Valparaiso IN	15	1601	58	5:25.4	5:25/M
44	Nathan Shaffer	Portage IN	17	1516	61	5:29.3	5:29/M
45	Zachary Jarvis	Valparaiso IN	15	1474	63	5:31.3	5:31/M
46	Gavin Ellis	Valparaiso IN	15	1579	64	5:31.5	5:32/M
47	Zack Villarreal	Valparaiso IN	15	1602	65	5:32.1	5:32/M
48	Jacob Demuth	Valparaiso IN	18	1613	66	5:34.2	5:34/M
49	James Janda	Crown Point IN	17	1699	68	5:35.5	5:36/M
50	Steven Jarvis	Valparaiso IN	15	1475	69	5:35.6	5:36/M
51	Patrick Brogan	Valparaiso IN	15	1563	71	5:36.8	5:37/M
52	Nick Powell	Portage IN	15	1387	77	5:39.4	5:39/M
53	Jackson Holok	Crown Point IN	16	1693	78	5:39.5	5:40/M
54	Jacob Roytan	Valparaiso IN	15	1408	79	5:40.4	5:40/M
55	Jace Churchill	Cedar Lake IN	15	1412	81	5:42.5	5:43/M
56	Kyler Haynes	Valparaiso IN	17	1841	82	5:42.7	5:43/M
57	Brendan Hoch	Porter IN	16	1852	84	5:43.5	5:44/M
58	Ian Rutherford	Beverly Shores IN	16	1868	95	5:49.3	5:49/M
59	Noah Thomas	Crown Point IN	16	2061	97	5:49.5	5:50/M
60	Carter Schnick	Valparaiso IN	17	1365	98	5:49.8	5:50/M
61	Aidan Clifford	Valparaiso IN	15	1539	100	5:50.5	5:51/M
62	Zachariah Cioe	Valparaiso IN	15	1633	102	5:51.4	5:51/M
63	Stephan Sullivan	Hobart IN	18	1750	104	5:52.2	5:52/M
64	Reed Lawless		16	1421	107	5:53.4	5:53/M
65	Nick Ribordy	Valparaiso IN	17	1367	111	5:55.4	5:55/M
66	Tyler Kaufman	Crown Point IN	17	1997	114	5:56.2	5:56/M
67	Julian Chavez	Valparaiso IN	15	1479	117	5:57.7	5:58/M
68	Jonathan Buyer	Valparaiso IN	16	2067	119	5:58.4	5:58/M
69	Nicholas Markus	Highland IN	17	1802	120	5:58.5	5:59/M
70	Jack Thursby	Valparaiso IN	16	1430	122	5:59.5	6:00/M
71	John Runnion	Valparaiso IN	17	1648	126	6:00.5	6:01/M
72	Jamen Barker	Valparaiso IN	15	1338	136	6:05.6	6:06/M
73	Kyle Baugh	Portage IN	17	1305	137	6:05.9	6:06/M
74	Owen Daugherty	Chesterton IN	15	1869	138	6:06.2	6:06/M
75	Thomas Gilbert	Crown Point IN	16	2060	141	6:08.6	6:09/M
76	Elliott Bland	Valparaiso IN	16	1429	142	6:08.6	6:09/M

# 2019 Extra Mile One Mile Challenge

## Age Group Results

Race Date  
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### Open

#### Male 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
77	Nate Lemmons	Valparaiso IN	15	1668	151	6:10.7	6:11/M
78	Bryson Marshall	Hebron IN	15	1352	155	6:11.4	6:11/M
79	Chris Netherton	Crown Point IN	15	1526	173	6:18.4	6:18/M
80	Caleb Marconi	Valparaiso IN	15	1515	186	6:23.9	6:24/M
81	Ethan Wodrich	Chesterton IN	16	1341	190	6:24.5	6:25/M
82	Xavier Collins	Hebron IN	15	1728	201	6:29.1	6:29/M
83	Devin Mata	Crown Point IN	15	1929	204	6:31.1	6:31/M
84	David Stralnic	Valparaiso IN	15	1724	224	6:37.8	6:38/M
85	Will Buinicki	Valparaiso IN	15	1303	234	6:41.2	6:41/M
86	Cameron Creviston	Crown Point IN	15	1328	239	6:43.2	6:43/M
87	Jakob Halling	Crown Point IN	16	1795	241	6:45.2	6:45/M
88	William Labus	Crown Point IN	15	2006	256	6:50.5	6:51/M
89	Elliott Grenier	Valparaiso IN	15	1604	284	7:00.7	7:01/M
90	Rocco Jann	Crown Point IN	15	1760	312	7:11.2	7:11/M
91	Isaac Utesch	Valparaiso IN	15	1362	347	7:23.1	7:23/M
92	Caleb White	Hebron IN	15	1353	459	8:07.5	8:08/M
93	Colin Fierro	Valparaiso IN	15	1653	496	8:27.7	8:28/M
94	Hunter Huddleston	Valparaiso IN	15	1439	504	8:30.7	8:31/M
95	Brock Lemmons	Valparaiso IN	16	1549	639	10:09.2	10:09/M
96	Andrew Labus	Crown Point IN	15	2007	756	18:46.4	18:46/M

#### Female 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Amanda Erickson	Valparaiso IN	24	1854	359	7:26.6	7:27/M
2	Kylie Mercier	Valparaiso IN	19	1709	373	7:33.6	7:34/M
3	Shelby Kucharyski	Valparaiso IN	21	1304	414	7:51.2	7:51/M
4	Elena Kipp		19	1999	415	7:51.4	7:51/M
5	Jessie Mescal	Hebron IN	19	1646	489	8:22.1	8:22/M
6	Emily Rusk	Valparaiso IN	24	1793	624	9:49.8	9:50/M
7	Alexis Creviston	Crown Point IN	20	1329	626	9:51.8	9:52/M
8	Andrea Frank	Valparaiso IN	24	1594	670	10:44.8	10:45/M
9	Colleen Jones	Munster IN	24	1768	706	11:42.7	11:43/M

#### Male 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Matthew Graber	Valparaiso IN	20	1495	19	4:58.3	4:58/M
2	Nick Tonne		19	1343	32	5:09.6	5:10/M
3	Jordan Giacomini	Hebron IN	21	1425	89	5:47.3	5:47/M

## 2019 Extra Mile One Mile Challenge

Age Group Results

## Open

## Male 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Calvin Henninger	Schererville IN	23	1771	286	7:02.5	7:03/M
5	Jackson Long	Schererville IN	19	1892	477	8:17.6	8:18/M

## Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rebecca Galloway	La Porte IN	29	1884	255	6:50.3	6:50/M
2	Allison Sivak	Hobart IN	29	1838	385	7:37.8	7:38/M
3	Sarah Lease	Valparaiso IN	27	1369	402	7:44.7	7:45/M
4	Britt Stoll	Chesterton IN	29	1918	449	8:04.3	8:04/M
5	Amanda Pennington	Hobart IN	28	2017	488	8:21.6	8:22/M
6	Elizabeth Nover	Valparaiso IN	27	1419	537	8:53.4	8:53/M
7	Abby Stewart	Valparaiso IN	25	1902	550	8:57.9	8:58/M
8	Cassidee Jacobsen	Valparaiso IN	29	1585	602	9:34.5	9:35/M
9	Annie Blanchard	Valparaiso IN	29	1418	635	10:04.4	10:04/M
10	Annette Frank	Valparaiso IN	26	1595	645	10:16.4	10:16/M
11	Lori Stasinski	Dyer IN	26	1951	705	11:40.3	11:40/M
12	Kathleen Vangilder	Hammond IN	27	1900	708	11:46.1	11:46/M
13	Karen Lomeo	Valparaiso IN	26	1982	760	22:27.7	22:28/M

## Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Fernando Piña	Hammond IN	26	1738	47	5:17.9	5:18/M
2	Kirk Cherep	Valparaiso IN	25	1730	54	5:23.3	5:23/M
3	Christopher Miko	Jber AK	29	1942	55	5:23.4	5:23/M
4	Maxwell Rehlander	Chesterton IN	28	1496	70	5:36.6	5:37/M
5	Tod Basham	Valparaiso IN	28	1333	80	5:42.1	5:42/M
6	Michael Wagner	Crown Point IN	28	1912	92	5:47.5	5:48/M
7	Jacob Windsor	Valparaiso IN	27	1680	108	5:54.2	5:54/M
8	Trent Norman	Valparaiso IN	25	1461	115	5:56.4	5:56/M
9	Erik Jensen	Valparaiso IN	28	2097	161	6:13.7	6:14/M
10	Daxtyn Lampa	Hobart IN	27	2000	289	7:03.5	7:04/M
11	Caleb Schmal	Porter IN	29	1941	316	7:11.8	7:12/M
12	Justin Denton	Dyer IN	28	1953	367	7:30.7	7:31/M
13	Daniel Curtin	Crown Point IN	27	1420	395	7:43.3	7:43/M
14	Zachary Konway	Valparaiso IN	28	1534	452	8:05.6	8:06/M
15	Tyler Iliovici	Valparaiso IN	25	1901	481	8:18.9	8:19/M
16	Brett Hill	Valparaiso IN	28	1596	553	9:00.6	9:01/M
17	Christopher Rusk	Valparaiso IN	25	1776	623	9:49.6	9:50/M

## 2019 Extra Mile One Mile Challenge

Age Group ResultsRace Date  
July 11, 2019**Open****Male 25 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
18	James Popenhagen	Hammond IN	28	2051	641	10:11.7	10:12/M

**Female 30 to 34**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lindsey Sellers	Valparaiso IN	34	1589	322	7:13.2	7:13/M
2	Tracy Scott	Chesterton IN	34	1472	330	7:16.4	7:16/M
3	Lindsey Hanyzewski	Longmont CO	32	1670	333	7:17.2	7:17/M
4	Tessa Troutman	Valparaiso IN	34	1355	339	7:20.8	7:21/M
5	Samantha Oaf	Hobart IN	32	1821	354	7:25.2	7:25/M
6	Melissa Leib	Valparaiso IN	32	1555	369	7:31.5	7:32/M
7	Ashley Hall	Valparaiso IN	34	1313	387	7:39.1	7:39/M
8	Rachael McKay	Wanatah IN	30	1828	457	8:06.4	8:06/M
9	Meghan Fabian	Portage IN	33	1491	493	8:25.6	8:26/M
10	Tiffany Rudziewicz	Valparaiso IN	33	1554	525	8:49.2	8:49/M
11	Alicia Cooper	Valparaiso IN	31	1318	582	9:23.9	9:24/M
12	Laura Fennell	Valparaiso IN	31	1590	592	9:29.4	9:29/M
13	Laura Thomas	Valparaiso IN	33	1832	594	9:30.9	9:31/M
14	Lisa Martinez	Hammond IN	30	1348	644	10:16.1	10:16/M
15	Jennifer Sandberg	Cedar Lake IN	30	1490	652	10:21.4	10:21/M
16	Jennifer Ransom		33	1337	685	11:11.4	11:11/M
17	Jennifer Rausch	Chesterton IN	34	1836	697	11:30.2	11:30/M
18	Brandy Wagoner	Wheatfield IN	30	1370	709	11:48.9	11:49/M
19	Sarah Denton	Highland IN	33	1885	720	12:14.1	12:14/M
20	Angie Barber	Valparaiso IN	31	1714	729	12:37.1	12:37/M

**Male 30 to 34**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian Bowman	Portage IN	31	1784	15	4:56.0	4:56/M
2	Kyle Galloway	La Porte IN	30	1883	74	5:37.9	5:38/M
3	Wesley Barnes	Valparaiso IN	33	1739	103	5:52.0	5:52/M
4	Kevin Scott	Chesterton IN	32	1471	125	6:00.2	6:00/M
5	Adam Stout	Valparaiso IN	32	1523	129	6:01.4	6:01/M
6	Paul Hanyzewski	Longmont CO	32	1671	306	7:07.9	7:08/M
7	Brandon Denton	Highland IN	33	1948	375	7:33.7	7:34/M
8	Charlie Cooper	Valparaiso IN	31	1319	523	8:47.0	8:47/M
9	Ryan Payne	Wanatah IN	31	1829	599	9:33.2	9:33/M
10	David Sivak	Hobart IN	30	1839	603	9:36.9	9:37/M

## 2019 Extra Mile One Mile Challenge

Age Group ResultsRace Date  
July 11, 2019

## Open

## Female 35 to 39

<b>Place</b>	<b>Name</b>	<b>City</b>	<b>Age</b>	<b>Bib No</b>	<b>Overall</b>	<b>Time</b>	<b>Pace</b>
1	Natalie Krause	Valparaiso IN	38	1753	131	6:02.9	6:03/M
2	Darci Chidichimo	Crown Point IN	39	2053	181	6:22.2	6:22/M
3	Ashley Kappes	Hobart IN	37	1752	207	6:32.1	6:32/M
4	Mary Vollbrecht	Valparaiso IN	36	1331	222	6:37.7	6:38/M
5	Sommer Laverna	Chesterton IN	39	1473	252	6:48.4	6:48/M
6	Sarah Vickers	Crown Point IN	35	1864	262	6:54.9	6:55/M
7	Kimberley Burns	Wanatah IN	36	1642	285	7:01.2	7:01/M
8	Sarah Darrell	Portage IN	37	1743	298	7:06.4	7:06/M
9	Andrea Quintos	Valparaiso IN	35	1954	301	7:06.9	7:07/M
10	Kelly Fankhauser	Valparaiso IN	35	1872	314	7:11.7	7:12/M
11	Staci Gadacz	Valparaiso IN	36	2012	328	7:15.6	7:16/M
12	Cortney Schilling	Saint John IN	38	1913	391	7:41.2	7:41/M
13	Susan Walker	Portage IN	36	1681	396	7:43.4	7:43/M
14	Darcy Rau	Hebron IN	39	2018	404	7:45.6	7:46/M
15	Joan Sullivan	Hobart IN	38	1741	410	7:48.3	7:48/M
16	Melissa Ofman	Valparaiso IN	39	1584	413	7:50.4	7:50/M
17	Erin Charpentier	Hebron IN	37	1620	465	8:10.8	8:11/M
18	Melissa Fierro	Valparaiso IN	38	1656	467	8:11.6	8:12/M
19	Stephanie McKee	Hebron IN	36	1820	474	8:17.2	8:17/M
20	Jaclyn Barkow	Valparaiso IN	36	1673	479	8:18.3	8:18/M
21	Megan Torres	Valparaiso IN	39	1453	480	8:18.5	8:19/M
22	Lindsay Moseley	Crown Point IN	37	2055	494	8:25.7	8:26/M
23	Kellee Hitz	Valparaiso IN	36	1322	531	8:51.4	8:51/M
24	Bridgette Martinez	Whiting IN	39	1605	552	9:00.3	9:00/M
25	Tiffany Green	Portage IN	37	1435	560	9:06.2	9:06/M
26	Kimberly Wiseman	Michigan City IN	38	1813	565	9:09.9	9:10/M
27	Nicole Danford	Hebron IN	38	1428	571	9:14.7	9:15/M
28	Danielle Oehlman	Valparaiso IN	37	1720	591	9:28.9	9:29/M
29	Jillian Metts	Valparaiso IN	37	1657	600	9:34.2	9:34/M
30	Kasandra Mooney		36	1389	604	9:37.5	9:38/M
31	Bonnie Robbins	Valparaiso IN	36	1568	607	9:38.9	9:39/M
32	Kimberly McWhirter	Valparaiso IN	37	1570	619	9:46.4	9:46/M
33	Arica Johnson	Hobart IN	38	1571	620	9:46.6	9:47/M
34	Gaelyn Mlynarcik	Valparaiso IN	39	1506	656	10:24.6	10:25/M
35	Katrina Kawczynski	Demotte IN	35	1528	687	11:15.4	11:15/M
36	Illiana Iglesias	Valparaiso IN	37	1906	692	11:23.6	11:24/M
37	Janelle Bowen	Valparaiso IN	37	1686	719	12:11.6	12:12/M
38	Hannah Trivette	Schererville IN	39	1770	721	12:15.6	12:16/M
39	Sarah Johnson	Valparaiso IN	37	1764	722	12:15.7	12:16/M
40	Melissa Goodall	Merrillville IN	38	1762	728	12:33.1	12:33/M
41	Jessica Szymanski	Valparaiso IN	37	1339	738	13:09.1	13:09/M
42	Courtney Smith	Chesterton IN	39	1732	744	13:41.6	13:42/M



## 2019 Extra Mile One Mile Challenge

Age Group Results

## Open

## Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Aaron Crague	Valparaiso IN	39	1978	7	4:47.6	4:48/M
2	Sam Langley	Westville IN	39	2024	52	5:20.9	5:21/M
3	Phil Guerre	Portage IN	36	1761	91	5:47.5	5:48/M
4	Scott Krause	Valparaiso IN	38	1756	110	5:55.2	5:55/M
5	Michael Vollbrecht	Valparaiso IN	38	1330	127	6:01.1	6:01/M
6	Brian Collins	Hebron IN	36	1729	150	6:10.7	6:11/M
7	Tom Erickson	Portage IN	36	1482	174	6:18.9	6:19/M
8	Nick Underwood	Valparasio IN	36	1688	197	6:27.8	6:28/M
9	Joseph Roberts	Valparaiso IN	37	1917	237	6:42.7	6:43/M
10	Adam Mlynarcik	Valparaiso IN	36	1505	272	6:57.9	6:58/M
11	Rafael Magallan	Portage IN	38	2100	282	7:00.3	7:00/M
12	Robb Renninger	Valparaiso IN	35	1660	317	7:11.9	7:12/M
13	Christopher Barkow	Valparaiso IN	37	1674	329	7:16.2	7:16/M
14	Andrew Pavlock	Valparaiso IN	37	2095	365	7:29.2	7:29/M
15	Dustin Oehlman	Valparaiso IN	35	1719	370	7:31.6	7:32/M
16	Cameron Bowen	Valparaiso IN	39	1687	463	8:09.8	8:10/M

## Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Yvette Lambersie	Chesterton IN	44	2066	238	6:42.9	6:43/M
2	Tara Kleefisch	Kouts IN	42	1701	308	7:09.6	7:10/M
3	Amy Blaker	Merrillville IN	40	1890	310	7:10.6	7:11/M
4	Jennifer Moore	Dyer IN	44	1803	336	7:19.1	7:19/M
5	Gwen O'Connor	Chesterton IN	44	1458	368	7:31.2	7:31/M
6	Michelle Jatkiewicz	Chesterton IN	44	1340	389	7:40.1	7:40/M
7	Nancy Packovski	Crown Point IN	42	1881	412	7:48.8	7:49/M
8	Bridget Moseley	Crown Pointp IN	40	2054	423	7:53.3	7:53/M
9	Rachel Wilson	Hebron IN	42	1600	438	8:00.4	8:00/M
10	Brenda Chavez	Valparaiso IN	42	1478	442	8:01.7	8:02/M
11	Alexis Whaley	Chesterton IN	42	1518	448	8:03.9	8:04/M
12	Carrie Miller	Valparaiso IN	42	1557	501	8:29.2	8:29/M
13	Karen Turner	Valparaiso IN	41	1577	522	8:46.7	8:47/M
14	Kelly Scruggs	Plymouth IN	41	1782	533	8:52.2	8:52/M
15	Mystie Pieters	Chesterton IN	44	1700	543	8:55.9	8:56/M
16	Laura Schnick	Valparaiso IN	43	1357	555	9:02.4	9:02/M
17	Jenifer Colville	Chesterton IN	41	1696	557	9:03.2	9:03/M
18	Melissa Kontol	Valparaiso IN	41	1368	584	9:24.8	9:25/M
19	Misti Howell	Valparaiso IN	40	1975	608	9:39.1	9:39/M
20	Kelly Prince	Chesterton IN	43	1676	610	9:39.9	9:40/M
21	Angi Galvin	Kouts IN	41	2098	618	9:45.2	9:45/M

## 2019 Extra Mile One Mile Challenge

Age Group ResultsRace Date  
July 11, 2019**Open****Female 40 to 44**

<b>Place</b>	<b>Name</b>	<b>City</b>	<b>Age</b>	<b>Bib No</b>	<b>Overall</b>	<b>Time</b>	<b>Pace</b>
22	Georgia Rebapis	Elmwood Park IL	42	1391	638	10:06.9	10:07/M
23	Kimberly Jackson	Valparaiso IN	40	1623	650	10:18.4	10:18/M
24	Jane Jones	Valparaiso IN	41	1712	657	10:24.7	10:25/M
25	Denise Weber	Benton Harbor MI	44	1993	665	10:34.3	10:34/M
26	Jill Stepanek	Valparaiso IN	40	1609	669	10:43.6	10:44/M
27	Heather Sharpe	Crown Point IN	42	1845	673	10:50.4	10:50/M
28	Jennifer Runck	Valparaiso IN	44	1465	675	10:52.8	10:53/M
29	Arlondria Borgelt	Valparaiso IN	44	1649	695	11:27.4	11:27/M
30	Sheryl Adinolfi	Stevensville MI	43	1943	712	11:55.4	11:55/M
31	Christine Wadkins	Portage IN	42	1744	737	13:07.2	13:07/M
32	Misty Hazelton	Valparaiso IN	42	1529	746	13:51.9	13:52/M
33	Stephanie Godek	Crown Point IN	43	1763	753	16:19.4	16:19/M

**Male 40 to 44**

<b>Place</b>	<b>Name</b>	<b>City</b>	<b>Age</b>	<b>Bib No</b>	<b>Overall</b>	<b>Time</b>	<b>Pace</b>
1	Chad Lawless	Kouts IN	42	1603	49	5:19.3	5:19/M
2	Bobby Brant	Valparaiso IN	44	1511	75	5:38.3	5:38/M
3	Pete Johnson	Valparaiso IN	43	1346	88	5:47.2	5:47/M
4	Matthew Wade	Valparaiso IN	41	1979	101	5:50.5	5:51/M
5	Aaron Rausch	Chesterton IN	40	1834	144	6:09.2	6:09/M
6	David Danford	Hebron IN	44	1426	208	6:32.2	6:32/M
7	Craig Robbins	Valparaiso IN	41	1567	215	6:34.5	6:35/M
8	Adam Stepanek	Valparaiso IN	40	1610	218	6:36.2	6:36/M
9	Jason Stepanovich	Portage IN	44	1351	249	6:47.5	6:48/M
10	Joseph Trathen	Valparaiso IN	42	1629	265	6:55.4	6:55/M
11	Ben Vickers	Crown Point IN	44	1867	269	6:57.1	6:57/M
12	Mike Rubacha	Valparaiso IN	43	1347	283	7:00.7	7:01/M
13	Kirk Smart	Morris IL	44	1936	296	7:06.1	7:06/M
14	Tim Murphey	Michigan City IN	41	1336	302	7:07.1	7:07/M
15	Michael Hammonds	Valparaiso IN	44	1312	372	7:33.5	7:34/M
16	Ryan Barch	La Crosse IN	43	2074	383	7:36.6	7:37/M
17	Keith Borgelt	Valparaiso IN	43	1650	430	7:56.2	7:56/M
18	Thomas Drake	Benton Harbor MI	42	1992	437	8:00.2	8:00/M
19	Andy Chavez	Valparaiso IN	43	1480	445	8:02.3	8:02/M
20	Don Clark	Valparaiso IN	44	1846	558	9:03.4	9:03/M
21	Chris Drake		43	1492	627	9:54.1	9:54/M
22	Joel Hazelton	Valparaiso IN	40	1530	628	9:56.7	9:57/M
23	Daniel Walker	Portage IN	44	1682	640	10:09.3	10:09/M
24	Marc Jones	Valparaiso IN	44	1713	659	10:25.7	10:26/M

## 2019 Extra Mile One Mile Challenge

Age Group Results

## Open

## Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Francie Bean	Valparaiso IN	47	1569	349	7:23.3	7:23/M
2	Andrea Maslanka	Valparaiso IN	45	1548	364	7:29.1	7:29/M
3	Tonya Haveck	Valparaiso IN	46	1457	386	7:38.3	7:38/M
4	Michelle Shaffer	Valparaiso IN	46	1635	388	7:39.7	7:40/M
5	Michele Zurisk	Cedar Lake IN	48	1860	491	8:23.4	8:23/M
6	Rochelle Miller	Valparaiso IN	49	1538	509	8:34.2	8:34/M
7	Heather Donofry	Valparaiso IN	48	1503	528	8:50.4	8:50/M
8	Sandy Thomas	Kouts IN	49	1897	562	9:06.6	9:07/M
9	Tracy Campbell	Valparaiso IN	45	1812	568	9:11.7	9:12/M
10	Cynthia Zarazee	La Porte IN	46	1811	589	9:27.1	9:27/M
11	Becky Kreiger	Kouts IN	46	1314	609	9:39.2	9:39/M
12	Lisa Curley	Crown Point IN	45	1947	621	9:47.2	9:47/M
13	Deb Pressel		48	1444	629	9:56.9	9:57/M
14	Amy Thacker	Valparaiso IN	45	1440	679	10:59.6	11:00/M
15	Debbie Rodriguez	Hobart IN	48	1791	682	11:03.3	11:03/M
16	Diana Sorich	Shorewood IL	49	1985	693	11:24.2	11:24/M
17	Teresa Weiler	Valparaiso IN	49	1510	723	12:19.6	12:20/M
18	Emily Sekerak	Valparaiso IN	46	1437	761	30:15.3	30:15/M

## Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Bryant	Valparaiso IN	46	1731	96	5:49.5	5:50/M
2	Steven Chung	Bowling Green OH	48	1952	123	5:59.6	6:00/M
3	Dan Pastrick	Hebron IN	46	1875	132	6:03.4	6:03/M
4	Walter Collins	Merrillville IN	48	1416	179	6:21.7	6:22/M
5	Jeffrey Cunningham	Chesterton IN	46	1411	231	6:39.7	6:40/M
6	Bob Pieters	Chesterton IN	47	1382	233	6:41.2	6:41/M
7	Vince McCulloch	Portage IN	47	1405	242	6:45.2	6:45/M
8	Michael Koschal	Valparaiso IN	48	1315	273	6:58.2	6:58/M
9	Jeremy Bolen	Wheatfield IN	49	1527	287	7:03.1	7:03/M
10	Doyll Andrews	Valparaiso IN	47	1810	357	7:25.7	7:26/M
11	Jeff Dees	Cedar Lake IN	49	1349	371	7:33.1	7:33/M
12	Phil Scruggs	Plymouth IN	45	1781	400	7:44.5	7:45/M
13	Jason Pikula	Valparaiso IN	45	1894	407	7:47.4	7:47/M
14	Matt Dowd	Granger IN	49	1736	427	7:55.2	7:55/M
15	Martin Buinicki	Valparaiso IN	46	1301	482	8:19.3	8:19/M
16	Aaron Mikell	Chicago IL	47	1436	578	9:21.2	9:21/M
17	Jerome Weiler	Valparaiso IN	49	1512	637	10:06.2	10:06/M
18	Jeff Runck	Valparaiso IN	47	1466	676	10:52.9	10:53/M
19	David Cummins	Valparaiso IN	45	1654	703	11:36.8	11:37/M

## 2019 Extra Mile One Mile Challenge

Age Group ResultsRace Date  
July 11, 2019**Open****Male 45 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
20	Mark Camarena	Dyer IN	47	1468	711	11:53.9	11:54/M

**Female 50 to 54**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kerri McKay	Valparaiso IN	52	1599	456	8:06.1	8:06/M
2	Linda Taillon	Poplar Grove IL	54	2068	486	8:20.8	8:21/M
3	Monica Conrad	Westville IN	54	2009	515	8:39.6	8:40/M
4	Jill Contro	Dyer IN	51	1745	541	8:54.8	8:55/M
5	Heather Schwartz	Valparaiso IN	50	1326	542	8:55.4	8:55/M
6	Maria Stock	Valparaiso IN	52	1376	563	9:07.9	9:08/M
7	Kristine Pilewski	Schererville IN	51	1891	573	9:14.9	9:15/M
8	Amy Dowd	Granger IN	50	1737	625	9:51.7	9:52/M
9	Dawn Waters	Portage IN	52	1463	662	10:31.4	10:31/M
10	Sharon Polite	Valparaiso IN	54	1695	668	10:40.8	10:41/M
11	Christine Gaines	Hobart IN	53	1805	672	10:48.9	10:49/M
12	Sydney Dawson	Crown Point IN	52	1904	680	11:02.2	11:02/M
13	Dawn Lara	Chesterton IN	50	1320	689	11:16.9	11:17/M
14	Bridget Barnhill	Highland IN	52	1672	699	11:32.5	11:33/M
15	Stacy Berbesque	Valparaiso IN	52	1541	742	13:34.4	13:34/M
16	Kris Lopez	Valparaiso IN	54	1488	749	16:03.4	16:03/M
17	Erin Shinabarger	Hobart IN	54	1968	751	16:08.3	16:08/M

**Male 50 to 54**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeff Mescal	Hebron IN	53	1647	73	5:37.5	5:38/M
2	Skip Woldt	Valparaiso IN	50	1508	191	6:24.6	6:25/M
3	Ken Borowski	Saint John IN	52	2008	220	6:37.2	6:37/M
4	Dan Stilwell	Valparaiso IN	52	1766	227	6:37.9	6:38/M
5	Scott Sears	Valparaiso IN	51	1455	260	6:54.1	6:54/M
6	Tim Kulesa	Portage IN	52	1403	275	6:58.3	6:58/M
7	Patrick Cosgrove	Valparaiso IN	51	1723	277	6:58.7	6:59/M
8	Jack Hines	Valparaiso IN	50	1895	361	7:27.7	7:28/M
9	Scott Dzierba	Chesterton IN	50	1939	411	7:48.4	7:48/M
10	Dan Cappello	Schererville IN	51	1935	428	7:55.2	7:55/M
11	John Streeter	Valparaiso IN	50	1636	439	8:00.9	8:01/M
12	John Zurisk	Cedar Lake IN	51	1858	453	8:05.7	8:06/M
13	Kevin Pressel	Valparaiso IN	51	1446	476	8:17.5	8:18/M
14	John Powell	Portage IN	51	1386	521	8:46.7	8:47/M

## 2019 Extra Mile One Mile Challenge

Age Group Results

## Open

## Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
15	Harry Jann, Sr.	Crown Point IN	54	1758	570	9:12.5	9:13/M
16	Eric Robinson	Valparaiso IN	50	1415	741	13:32.1	13:32/M
17	Terry Lopez	Valparaiso IN	54	1487	750	16:03.6	16:04/M

## Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sue Schroeder	Valparaiso IN	58	1470	422	7:53.1	7:53/M
2	Amy Benda	Valparaiso IN	59	1316	518	8:44.1	8:44/M
3	Elizabeth Frances	Valparaiso IN	59	1499	554	9:02.2	9:02/M
4	Julie Young	Valparaiso IN	55	1665	580	9:21.6	9:22/M
5	Tina Strimbu	Valparaiso IN	57	1309	598	9:32.6	9:33/M
6	Glenna Kropp	Kouts IN	58	1427	617	9:43.9	9:44/M
7	Deb Armstrong	Valparaiso IN	57	1311	643	10:15.4	10:15/M
8	Debbie Pastor	Valparaiso IN	57	1694	647	10:16.7	10:17/M
9	Tracy Chandler	Crown Point IN	56	1697	654	10:22.9	10:23/M
10	Cheryl Hruby	Crete IL	55	1971	655	10:23.7	10:24/M
11	Debbie Lueken	Schererville IN	59	1905	724	12:24.9	12:25/M
12	Loretta Frank	Valparaiso IN	55	1593	743	13:41.3	13:41/M
13	Teresa Chester	Valparaiso IN	56	1354	747	14:12.4	14:12/M

## Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Harry Baginski	Crown Point IN	57	1990	113	5:55.9	5:56/M
2	Dave Young	Valparaiso IN	59	1664	226	6:37.9	6:38/M
3	Dave Gaughan	Lake Station IN	56	1877	251	6:48.2	6:48/M
4	Daniel Mitten	Valparaiso IN	58	1537	327	7:15.3	7:15/M
5	Tom Fela	Chesterton IN	56	1740	397	7:43.5	7:44/M
6	Jeff Peterson	Grant Park IL	55	1792	431	7:56.2	7:56/M
7	Brad Nusbaum	Valparaiso IN	59	1621	498	8:27.9	8:28/M
8	Ed Schnick	Valparaiso IN	58	1358	556	9:02.6	9:03/M
9	Adam Hill	Portage IN	55	1597	653	10:21.9	10:22/M
10	Anthony Lara	Chesterton IN	56	1321	690	11:19.7	11:20/M

## Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Elaine Hendricks	Valparaiso IN	62	1342	318	7:12.3	7:12/M

## 2019 Extra Mile One Mile Challenge

Age Group Results

Race Date  
July 11, 2019

## Open

## Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
2	Joanne Baitup	Valparaiso IN	62	1400	446	8:02.8	8:03/M
3	Cecilia Bernal	Hobart IN	63	1932	512	8:35.1	8:35/M
4	Agnes Nusbaum	Valparaiso IN	61	1622	540	8:53.5	8:54/M
5	Lydia Sandoval	Chesterton IN	61	1830	597	9:32.4	9:32/M
6	Jill Hunt	Valparaiso IN	60	1360	606	9:38.7	9:39/M
7	April Hardesty	Valparaiso IN	61	1525	642	10:14.3	10:14/M
8	Daisy Aburto Martinez	Valparaiso IN	63	1616	700	11:32.5	11:33/M
9	Debbie Shaffer	Valparaiso IN	61	2050	713	11:56.5	11:57/M
10	Joyce Einikis	Valparaiso IN	63	1401	716	12:01.4	12:01/M
11	Shirley Vickers	Crown Point IN	62	1861	735	12:55.7	12:56/M

## Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mike Daly	Valparaiso IN	63	1476	157	6:13.4	6:13/M
2	Brian Chorba	Valparaiso IN	63	1683	163	6:14.6	6:15/M
3	Mike Stiles	Porter IN	60	1824	177	6:19.5	6:20/M
4	Rick Turner	Valparaiso IN	61	1927	300	7:06.8	7:07/M
5	Bruce Metz	Cedar Lake IN	64	1931	426	7:54.8	7:55/M
6	Doug Benda	Valparaiso IN	64	1317	464	8:10.8	8:11/M
7	Richard Draves	Porter IN	61	1898	646	10:16.5	10:17/M
8	Manuel Rodriguez III	Hobart IN	60	1785	681	11:03.1	11:03/M
9	Ray Waters	Portage IN	61	1462	686	11:13.5	11:14/M
10	Scott Cummings	Hobart IN	62	1972	739	13:16.2	13:16/M

## Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kathy Hilbrich		65	1448	534	8:52.8	8:53/M
2	Janet Rotz	Dyer IN	65	1513	588	9:26.3	9:26/M
3	Polly Theising	Valparaiso IN	69	1410	651	10:20.7	10:21/M
4	Carol Magill	Chesterton IN	68	1520	727	12:30.3	12:30/M
5	Barb Rausch	Chesterton IN	65	1703	731	12:47.3	12:47/M
6	Linda Levenson	Hobart IN	65	1402	736	13:06.2	13:06/M
7	Pam Hill	Portage IN	65	1598	754	16:29.4	16:29/M

## Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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## 2019 Extra Mile One Mile Challenge

Age Group ResultsRace Date  
July 11, 2019**Open****Male 65 to 69**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stephen Sharp	Valparaiso IN	65	1573	360	7:27.5	7:28/M
2	Michael Grochowski	Valparaiso IN	65	1748	393	7:42.3	7:42/M
3	Dennis Dodds	Valparaiso IN	65	1494	455	8:05.8	8:06/M
4	Doug Wiese	Westville IN	65	1625	732	12:47.4	12:47/M
5	Thomas Rausch	Winamac IN	66	1702	752	16:15.4	16:15/M

**Female 70 to 74**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jean Tolchinsky	Crete IL	73	1970	612	9:40.7	9:41/M
2	Diane Dumonte-Slater	Valparaiso IN	70	1580	649	10:18.2	10:18/M
3	Jane Fuller	Hobart IN	72	1969	666	10:34.5	10:35/M
4	Pam Camarena	Crown Point IN	71	1467	757	19:18.4	19:18/M

**Male 70 to 74**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tom Hutmacher	Portage IN	71	1986	405	7:45.8	7:46/M
2	Steve Kearney	Chesterton IN	70	1545	472	8:16.2	8:16/M
3	Dennis Rotz	Dyer IN	71	1514	631	9:59.6	10:00/M
4	David J Ralston	Hammond IN	74	2096	725	12:26.2	12:26/M

**Men 75 to 79**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Robert Edwards	Valparaiso IN	78	1628	572	9:14.7	9:15/M
2	Malcolm McGawn	Valparaiso IN	77	2022	704	11:38.7	11:39/M
3	Victor Camarena	Crown Point IN	77	1469	758	19:18.9	19:19/M
4	Bob Hooper	Crown Point IN	77	1840	759	20:30.4	20:30/M

**Men 80 and Over**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tom Magill	Chesterton IN	90	1519	745	13:48.9	13:49/M