

Race Date
August 10, 2019

2019 Lake Max Triathlon

Age Group Results

Duathlon

Women

Place		Name	Bib No	Age	Run		Tran 1	Bike		Tran 2	Run		Total			
Overall	Rnk				Time	Pace		Rnk	Time		Rate	Rnk		Time	Pace	Time
1	5	Kristine Warnes	427	44	1	7:23.1	7:23	0:45.5	1	37:50.8	18.2	0:35.7	1	21:53.8	7:04	1:08:28.9
2	10	Sarah Smith	393	34	3	7:42.8	7:43	1:14.3	2	40:23.6	17.1	1:50.0	3	23:00.7	7:25	1:14:11.4
3	13	Rachel Ricketts	368	17	2	7:33.3	7:33	2:30.5	4	41:39.5	16.6	1:24.7	2	22:46.7	7:21	1:15:54.7
4	14	Jessica McFarland	324	39	4	7:59.6	8:00	0:39.9	5	41:41.9	16.5	0:50.2	4	24:53.8	8:02	1:16:05.4
5	16	Dawn Vamos	417	48	5	8:46.9	8:47	1:07.8	3	41:18.7	16.7	0:39.5	6	27:33.7	8:53	1:19:26.6
6	18	Pilar Jarrin	271	42	7	9:22.7	9:23	0:47.4	6	44:38.6	15.5	0:40.9	5	26:08.3	8:26	1:21:37.9
7	22	Lindsey Traub	413	19	8	9:30.0	9:30	1:01.9	8	47:07.0	14.6	1:15.1	8	29:54.0	9:39	1:28:48.0
8	23	Jenny Franek	226	31	9	9:30.1	9:30	1:03.3	7	47:04.6	14.7	1:16.9	7	29:53.8	9:39	1:28:48.7
9	24	Mary Gumz	249	47	6	9:15.5	9:16	1:06.7	9	47:40.2	14.5	0:48.0	9	31:25.0	10:08	1:30:15.4
10	28	Shelly Pickrell	353	45	10	11:04.0	11:04	3:35.8	10	56:22.7	12.2	1:47.1	10	34:48.3	11:14	1:47:37.9

Men

Place		Name	Bib No	Age	Run		Tran 1	Bike		Tran 2	Run		Total			
Overall	Rnk				Time	Pace		Rnk	Time		Rate	Rnk		Time	Pace	Time
1	1	Mark Witmer	443	53	1	6:27.0	6:27	0:43.5	1	29:01.6	23.8	0:39.8	2	20:03.6	6:28	56:55.5
2	2	Joseph Hubbs	266	38	2	6:32.3	6:32	0:44.2	2	30:21.1	22.7	0:30.2	4	21:31.6	6:57	59:39.4
3	3	Paul Mitoraj	331	48	3	6:41.2	6:41	1:02.1	4	34:50.5	19.8	0:51.8	1	20:02.9	6:28	1:03:28.5
4	4	Nathan Duttlinger	214	14	9	7:35.2	7:35	0:56.1	3	34:35.9	19.9	0:46.7	6	23:26.9	7:34	1:07:20.8
5	6	Ed Wellman	431	63	4	7:04.5	7:05	1:06.5	12	38:49.5	17.8	0:39.4	3	21:14.0	6:51	1:08:53.9
6	7	Dave Bolakowski	167	48	5	7:19.9	7:20	1:09.3	6	36:28.2	18.9	1:08.7	7	24:04.8	7:46	1:10:10.9
7	8	David Lawrence	307	42	6	7:27.8	7:28	0:32.1	9	37:40.0	18.3	0:28.4	9	25:04.8	8:05	1:11:13.1
8	9	Steve King	283	57	8	7:31.7	7:32	1:43.3	5	36:10.6	19.1	1:40.0	10	25:31.4	8:14	1:12:37.0
9	11	Thomas Smith	394	36	10	7:43.4	7:43	1:13.8	13	40:21.9	17.1	1:51.5	5	23:01.0	7:25	1:14:11.6
10	12	Chris Hetzel	459	47	7	7:30.4	7:30	2:21.7	10	38:11.1	18.1	1:19.8	8	25:03.8	8:05	1:14:26.8
11	15	Chris Ricketts	367	47	11	8:38.4	8:38	1:13.2	8	37:15.0	18.5	1:13.7	13	28:07.1	9:04	1:16:27.4

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Place					Run		Tran 1		Bike			Tran 2		Run		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
12	17	Bob Lyon	312	49	12	8:47.2	8:47	1:21.2	14	41:37.1	16.6	0:49.1	11	26:57.9	8:42	1:19:32.5
13	19	Dan Gumz	248	48	13	8:49.7	8:50	1:00.8	16	43:14.1	16.0	1:45.7	12	27:22.3	8:50	1:22:12.6
14	20	Brian Aschenbrenner	156	57	15	10:14.9	10:15	2:18.0	7	37:07.2	18.6	2:24.8	15	31:38.4	10:12	1:23:43.3
15	21	Milton Smit	389	71	16	10:47.2	10:47	1:10.1	15	42:01.0	16.4	1:16.5	14	31:20.2	10:07	1:26:35.0
16	25	Daniel Lavin	306	55	17	11:13.6	11:14	2:03.9	17	43:23.5	15.9	1:42.8	16	34:51.5	11:15	1:33:15.3
17	26	Bob Neal	343	71	18	12:21.8	12:22	1:57.1	11	38:48.7	17.8	2:15.0	18	38:18.5	12:21	1:33:41.1
18	27	Justin Murphy	340	31	14	9:02.7	9:03	1:11.5	18	49:16.1	14.0	1:01.3	17	36:41.7	11:50	1:37:13.3