

Race Date
April 21, 2018

2018 Spirit Run 5K
Age Group Results

5K Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Grace Thomas		13	1304	13	22:31.0	7:16/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Steven Bugarin		32	2122	1	16:59.5	5:29/M

Female Masters Winner Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cindy Steinbeck	Chesterton IN	43	4115	20	23:31.0	7:35/M

Male Masters Winner Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Borman		40	1330	4	18:26.8	5:57/M

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Female 8 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mily Schreiber	Crown Point IN	6	4107	138	48:58.3	15:48/M

Male 8 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jeffrey Crangle	Valparaiso IN	7	3010	145	53:09.8	17:09/M

Female 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lilly Culbreth	Demotte IN	10	3013	89	34:08.0	11:01/M
2 *	Mia Jakich	La Porte IN	9	3046	144	51:00.2	16:27/M
3 *	Dina Nguyen	Valparaiso IN	10	3079	148	54:22.5	17:32/M

Male 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Wen Thomas		10	1401	24	23:53.8	7:42/M
2 *	Anderson Schlyer	Portage IN	9	4103	25	24:18.5	7:50/M
3 *	Mark Gillen	Valparaiso IN	10	3032	34	25:36.5	8:15/M
4	Ben Wassilak	Valparaiso IN	9	4121	50	27:33.1	8:53/M
5	Lucas O'shea-Gore	Valparaiso IN	10	3086	147	54:22.5	17:32/M

Female 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Brooke Byvoets	Valparaiso IN	12	2991	29	24:34.3	7:55/M
2 *	Becca Cavanaugh	Valparaiso IN	12	2998	53	27:35.4	8:54/M
3 *	Mary Elizabeth Cespedes		11	2117	73	30:21.5	9:47/M
4	Keely Culbreth	Demotte IN	11	3012	90	34:08.5	11:01/M
5	Jorie Irving	Valparaiso IN	12	3044	95	34:59.0	11:17/M
6	Maggie Kuka	Valparaiso IN	11	3056	98	35:24.9	11:25/M
7	Marissa Clements	Valparaiso IN	11	3003	103	36:18.7	11:43/M
8	Anne Schmaltz	Valparaiso IN	12	4105	114	41:13.6	13:18/M
9	Kaylin Harvey	Valparaiso IN	11	3038	118	42:25.0	13:41/M
10	Katelyn Nguyen	Valparaiso IN	12	3081	126	44:20.6	14:18/M

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Male 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Brady Cavanaugh	Valparaiso IN	12	2999	30	24:47.7	8:00/M
2 *	Gabe Sterling		12	1348	33	25:32.7	8:14/M
3 *	John Clements	Valparaiso IN	12	3002	40	26:34.8	8:34/M
4	Alex Wassilak	Valparaiso IN	11	4120	43	26:48.0	8:39/M
5	Will Hurst	Granger IN	11	3042	45	27:07.7	8:45/M
6	Jacob Kusbel	Valparaiso IN	11	3059	66	29:21.6	9:28/M
7	Xavier Sellers	Valparaiso IN	11	4110	78	32:25.5	10:27/M
8	Nicholas Ezyk	Valparaiso IN	11	3022	84	33:35.6	10:50/M
9	Gregory Gillen	Valparaiso IN	11	3031	105	37:24.0	12:04/M

Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Bridget Shesman		13	2458	16	23:01.6	7:25/M
2 *	Nicole Cespedes		14	2118	27	24:29.1	7:54/M
3 *	Sabrina Olivarez		13	2102	94	34:49.4	11:14/M

Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Daniel O'Leary	Valparaiso IN	14	3085	10	21:50.1	7:03/M
2 *	Ethan Kost	Valparaiso IN	13	3053	11	21:56.2	7:05/M
3 *	Curtis Baum	Chesterton IN	14	2983	12	22:25.1	7:14/M
4	Peter Clements	Valparaiso IN	13	3004	17	23:05.5	7:27/M
5	Jack Kuka	Valparaiso IN	13	3055	36	25:53.7	8:21/M
6	Cameron Meade	Valparaiso IN	14	3068	59	28:08.6	9:05/M
7	Caeden Meade	Valparaiso IN	14	3067	75	31:17.3	10:05/M

Female 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Madison Rowley	Chesterton IN	15	3099	61	28:17.4	9:07/M
2 *	Simone Nunez	Chestertonporter IN	15	3084	96	35:00.7	11:17/M

Male 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Matthew Graber	Valparaiso IN	18	3033	2	17:03.7	5:30/M

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Male 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
2 *	George Azar		18	1384	3	17:37.2	5:41/M
3 *	Tommy Cavanaugh	Valparaiso IN	16	3000	6	20:04.4	6:28/M
4	Jack Behnke	Valparaiso IN	15	2984	18	23:10.9	7:28/M
5	Dominic Yanke	Michigan City IN	17	4126	117	42:05.4	13:35/M

Female 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Shannon Harper	Griffith IN	22	3037	14	22:50.2	7:22/M
2 *	Andrea Frank	Valparaiso IN	23	3024	131	45:35.4	14:42/M

Male 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Dylan Nguyen	Valparaiso IN	20	3080	128	45:09.2	14:34/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Rachel Perez	Hobart IN	26	3089	51	27:33.7	8:53/M
2 *	Mirjana Nikolic	Valparaiso IN	29	3082	69	29:49.4	9:37/M
3 *	Annette Frank	Valparaiso IN	25	3025	80	32:51.8	10:36/M
4	Nicole Mehay	Wheatfield IN	27	3069	101	35:43.0	11:31/M
5	Kate O'Connor	Hebron IN	26	3087	134	46:10.8	14:54/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Elena Brandewie		31	2103	26	24:25.8	7:53/M
2 *	Staci Gadacz	Valparaiso IN	34	3027	35	25:46.4	8:19/M
3 *	Alicia Cooper	Valparaiso IN	30	3007	87	33:59.2	10:58/M
4	Stephanie Reed	Highland IN	32	3096	124	43:40.7	14:05/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	J-J Ron Koutelas	Valparaiso IN	33	3054	70	29:49.5	9:37/M
2 *	Charlie Cooper	Valparaiso IN	30	3008	88	34:01.9	10:58/M

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5K Run

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Ashley Kappes	Hobart IN	36	3048	22	23:34.6	7:36/M
2 *	Marialena Nagel	Hobart IN	35	3074	32	25:27.0	8:13/M
3 *	Suzanne Gesse	Rolling Prairie IN	38	3029	47	27:12.8	8:46/M
4	Amanda Kolodzinski	Kouts IN	36	3052	62	28:32.2	9:12/M
5	Jamie Miller	Michigan City IN	37	3071	72	30:14.5	9:45/M
6	Jennifer Plys	Crown Point IN	35	3094	92	34:39.6	11:11/M
7	Sarah Olivarez		37	2101	99	35:28.8	11:26/M
8	Gillian Barberich	Valparaiso IN	35	2982	120	43:32.9	14:03/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Brian Culbreth	Demotte IN	36	3011	8	21:16.2	6:52/M
2 *	Adam Jakich	La Porte IN	36	3045	143	50:58.9	16:26/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Angie Tursman		41	2119	28	24:33.5	7:55/M
2 *	Nancy Packovski	Crown Point IN	41	3088	79	32:50.7	10:35/M
3 *	Deena Pidrak	Valparaiso IN	43	3092	83	33:26.1	10:47/M
4	Laura Ezyk	Valparaiso IN	41	3021	85	33:38.5	10:51/M
5	Jenny Schmaltz	Valparaiso IN	43	4106	115	41:41.3	13:27/M
6	Renee Moreno	Hammond IN	41	3073	141	50:34.3	16:19/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Shathishkumar	Schererville IN	43	3095	7	20:27.8	6:36/M
2 *	Scott Lurillo		43	1424	15	22:51.0	7:22/M
3 *	Mario Ruiz	Valparaiso IN	44	4101	31	25:25.4	8:12/M
4	Mike Culbreth	Wheatfield IN	41	3014	37	26:00.4	8:23/M
5	Douglas Wassilak	Valparaiso IN	40	4122	52	27:35.1	8:54/M
6	Michale Hammonds		43	1347	65	29:12.8	9:25/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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5K Run

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Penny Schlyer	Portage IN	49	4104	49	27:32.8	8:53/M
2	* Amy Dolbeare	La Porte IN	45	3015	57	27:50.2	8:59/M
3	* Teresa Weiler	Valparaiso IN	48	4124	109	40:01.0	12:55/M
4	Diane Nguyen	Valparaiso IN	49	3078	153	56:24.8	18:12/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Daniel Eichmeier	Valparaiso IN	49	3018	39	26:18.8	8:29/M
2	* Steve Rowley	Chesterton IN	48	3100	56	27:45.0	8:57/M
3	* Ben Nguyen	Valparaiso IN	45	3077	81	33:02.8	10:39/M
4	Jerome Weiler	Valparaiso IN	48	4123	100	35:38.7	11:30/M
5	Angel Colon	Valparaiso IN	46	3005	107	38:23.5	12:23/M
6	Mark Camarena	Dyer IN	46	2994	135	46:31.2	15:00/M
7	Sasa Sekuloski	Merrillville IN	47	4108	142	50:34.5	16:19/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Angie Karcher	Valparaiso IN	50	3049	46	27:12.7	8:46/M
2	* Beth Boyer	Lowell IN	50	2988	76	32:06.2	10:21/M
3	* Christina Miller	Valparaiso IN	50	3070	110	40:02.4	12:55/M
4	Amy Gillen	Valparaiso IN	52	3030	111	40:03.0	12:55/M
5	Lisa Bess	Dyer IN	53	2987	113	40:55.9	13:12/M
6	Nancie Wagenblast	Valparaiso IN	53	4119	130	45:29.0	14:40/M
7	Loretta Frank	Valparaiso IN	53	3026	132	45:35.6	14:42/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Michael Cairns	Valparaiso	50	2992	38	26:17.8	8:29/M
2	* Scott Feeler	Valparaiso IN	53	3023	41	26:34.9	8:34/M
3	* Todd Bailey	Argos IN	50	2981	60	28:14.9	9:06/M
4	Timothy Elkins	Niles MI	53	3020	67	29:23.5	9:29/M
5	Frank Kusbel	Valparaiso IN	54	3058	112	40:52.0	13:11/M
6	Bruce Hoffmann	Valparaiso IN	51	3041	146	53:10.9	17:09/M

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5K Run

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mary Miller	Michigan City IN	58	3072	58	27:58.1	9:01/M
2 *	Tina Strimbu	Valparaiso IN	56	4117	93	34:49.4	11:14/M
3 *	Mary Cooper	Valparaiso IN	58	3009	122	43:35.8	14:04/M
4	Carol Parks		57	1343	123	43:36.2	14:04/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Davis Gaushan		55	2456	9	21:35.8	6:58/M
2 *	Philip Peterson	Valparaiso IN	55	3090	19	23:12.6	7:29/M
3 *	Bob Smeltzer	Portage IN	57	4111	77	32:23.7	10:27/M
4	Bill Garcia	Schererville IN	56	3028	102	36:00.4	11:37/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Michele Carey	South Bend IN	60	2997	23	23:40.1	7:38/M
2 *	Deb Schiesser	Crown Point IN	62	4102	42	26:47.8	8:38/M
3 *	Kathleen Kolodziej	Valparaiso IN	63	3051	48	27:32.0	8:53/M
4	Cecilia Bernal	Hobart IN	61	2986	74	30:32.7	9:51/M
5	Cindy Hall	Hammond IN	60	3035	116	42:02.1	13:34/M
6	Laura Ryan		60	1373	121	43:35.1	14:04/M
7	Rebecca Davis		61	1346	129	45:22.5	14:38/M
8	Karen Candiano	Valparaiso IN	61	2995	139	48:59.9	15:48/M
9	Linda Levenson	Hobart IN	63	3063	151	55:15.0	17:49/M
10	Joyce Einikis	Hobart IN	62	3019	152	55:25.3	17:53/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Rick Fenno		61	1338	5	19:13.3	6:12/M
2 *	Michael Grochowski		64	2116	54	27:39.6	8:55/M
3 *	John Pinkowski	Valparaiso IN	61	3093	68	29:32.9	9:32/M
4	Timothy Candiano	Valparaiso IN	62	2996	140	49:00.0	15:48/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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2018 Spirit Run 5K
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5K Run

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Patty Rose	Valparaiso IN	66	3097	64	29:05.2	9:23/M
2 *	Diane Dumonte-Slater	Valparaiso IN	69	3016	86	33:58.4	10:57/M
3 *	Carol Magill	Chesterton IN	67	3064	104	37:17.7	12:02/M
4	Ulrike Zambori	Valparaiso IN	69	4127	133	45:37.2	14:43/M
5	Nancy Starkey	Crown Point IN	67	4113	149	55:00.4	17:45/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Roger Steffen	Rensselaer IN	67	4114	21	23:32.4	7:35/M
2 *	Mike Sulkowski	Valparaiso IN	66	4118	71	30:03.7	9:42/M
3 *	Willian Kucek		65	2134	91	34:10.9	11:01/M
4	Joe Starkey	Crown Point IN	67	4112	150	55:03.5	17:45/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Henry Aguilera	Chicago IL	70	2980	44	27:03.8	8:44/M
2 *	Tom Hutmacher	Portage IN	70	3043	55	27:44.8	8:57/M
3 *	Dennis Rotz	Dyer IN	70	3098	82	33:20.6	10:45/M
4	Clarence Melion		73	1397	106	38:02.8	12:16/M
5	Jack Kashak		70	1335	108	39:36.2	12:46/M
6	Allan Nalbor	Crown Point IN	70	3075	127	44:55.1	14:29/M

Female 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Phyllis Hansen	Evergreen Park IL	75	3036	119	43:14.1	13:57/M
2 *	Bev Calligan	Munster IN	76	2993	125	44:00.4	14:12/M

Male 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Robert Edwards	Valparaisov IN	77	3017	63	28:57.8	9:20/M
2 *	Malcolm McGawn	Valparaiso IN	76	3066	97	35:03.0	11:18/M
3 *	Winston Steiniche		75	4116	137	47:58.4	15:28/M

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5K Run

Male 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Tom Magill	Chesterton IN	89	3065	136	46:31.9	15:00/M
2 *	Marvin Jordan	Rensselaer IN	80	3047	154	1:02:29.0	20:09/M

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April 21, 2018

2018 Spirit Run 5K
Age Group Results
Clydesdale / Athena

Athena

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Launa Colon	Valparaiso IN	47	3006	4	35:22.4	11:25/M
2	Zandra Beltran	Chicago IL	40	2985	6	38:23.7	12:23/M

Clydesdale

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jason Petre	Valparaiso IN	44	3091	1	30:34.4	9:52/M
2	Daniel Nunez	Chestertonporter IN	49	3083	2	30:41.0	9:54/M
3	Matthew Sellers	Valparaiso IN	42	4109	3	32:24.8	10:27/M
4	Tom Harvey	Valparaiso IN	37	3039	5	36:03.4	11:38/M
5	J Ezell		71	2459	7	40:52.6	13:11/M
6	Dewayne Newson	Chicago IL	51	3076	8	43:16.4	13:57/M
7	Stephen Sularski		41	1374	9	44:20.6	14:18/M