

Race Date
September 22, 2018

2018 Anyone Can Do a 5K
Age Group Results

5K Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chrissy Addison		23	7559	7	22:33.7	7:16/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Domink Konalczyk		22	4691	1	18:26.7	5:57/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Arlene Dykstra		40	7590	17	25:08.9	8:06/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Shathishkumar		44	7659	2	19:48.8	6:23/M

Race Date
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Age Group Results

5K Run

Female 8 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Scarlett Knuth		2	7628	82	35:34.3	11:28/M

Male 1 to 8

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jack Knuth		5	7629	71	34:12.5	11:02/M
2 *	Ethan Knuth		8	7627	79	35:13.6	11:22/M

Female 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Megan Mayla		10	7514	119	48:29.5	15:38/M
2 *	Loghan Majka		9	7642	120	48:30.2	15:39/M

Male 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Danny Addison		10	7099	58	33:18.4	10:45/M
2 *	Nathan Bess		9	7573	72	34:15.5	11:03/M

Female 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Claudia Vasic		12	7690	16	24:45.2	7:59/M
2 *	Brooklyn Majka		11	7641	121	48:30.2	15:39/M

Male 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jayden Adams		12	7562	144	1:00:45.3	19:36/M

Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Sean Scanlon		13	7672	20	25:33.6	8:15/M
2 *	James Ferguson		13	4687	25	26:32.2	8:34/M

Race Date
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Age Group Results

5K Run

Female 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Alexis Lindahl		16	7633	107	41:35.3	13:25/M
2 *	Taylor Thomas		17	7684	131	54:01.4	17:25/M

Male 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	John Scanlon		16	7671	6	22:14.2	7:10/M

Female 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Emily M		21	4690	9	22:48.2	7:21/M
2 *	Leah Sadlowski		23	7667	49	31:33.9	10:11/M
3 *	Kelli Grace		24	7603	50	32:14.1	10:24/M
4	Jenna Strouble		23	7681	92	37:17.6	12:02/M

Male 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Chiamara Anokwute		21	4689	5	22:07.2	7:08/M
2 *	Lenell Campbell		24	7578	13	24:14.4	7:49/M
3 *	Jorge Rivera		21	7661	14	24:21.4	7:51/M
4	Bradley Moore		23	7645	51	32:19.9	10:25/M
5	James Johnson		23	7618	69	33:55.6	10:56/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Emily Kiselka		27	7624	41	30:09.1	9:44/M
2 *	Yessenia Salinas		29	7669	55	32:43.1	10:33/M
3 *	Jessica VonBank		28	7691	78	35:00.8	11:17/M
4	Lydia Sadlowski		26	7666	89	36:26.3	11:45/M
5	Grace Houser		25	7614	117	47:15.7	15:15/M
6	Ebony Nash		29	7649	150	1:02:44.7	20:14/M

Race Date
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2018 Anyone Can Do a 5K
Age Group Results

5K Run

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Chensuan Chiu		25	4675	44	30:21.4	9:47/M
2 *	Robert Cooley		27	7582	59	33:19.6	10:45/M
3 *	Raymond Loza		29	7637	61	33:25.2	10:47/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lindsey Damore		32	4682	23	26:21.5	8:30/M
2 *	Sarah Tomaszewski		33	7688	35	28:11.4	9:05/M
3 *	Amanda Koziol		31	7631	70	34:04.1	10:59/M
4	Anna Dominguez		30	7589	87	36:11.6	11:40/M
5	Laura Solivais		30	7679	93	37:28.1	12:05/M
6	Lauren Keilman		30	7622	103	39:51.3	12:51/M
7	Jacquelyn Mullins		31	7648	137	55:16.2	17:50/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Sherwin Clark Jr		31	4678	3	21:51.2	7:03/M
2 *	Curt Edwards		33	7098	26	26:57.9	8:42/M
3 *	Gregory Warrell		31	7692	30	27:22.4	8:50/M
4	William Linz, III		33	7635	152	1:11:19.3	23:00/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Angela Jones		35	7619	66	33:44.9	10:53/M
2 *	Marisol Rodriguez		39	7664	74	34:33.6	11:09/M
3 *	Kristina Bailey		38	7566	86	36:10.3	11:40/M
4	Danielle Beezhold		37	7570	109	42:19.6	13:39/M
5	Stacy Buza-Alvarez		39	7577	110	43:52.5	14:09/M
6	Janet Basta-Adams		39	7569	128	50:20.2	16:14/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Adam Knuth		35	7626	12	23:43.9	7:39/M
2 *	James Slavo		39	7676	106	41:34.9	13:25/M

Race Date
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5K Run

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Margie Gross		41	7604	27	26:59.4	8:42/M
2 *	Negin Goodrich		44	4688	31	27:24.6	8:50/M
3 *	Nicole Hayward		40	7610	32	27:48.4	8:58/M
4	Monika Vasic		42	7689	43	30:18.4	9:46/M
5	Michelle watkins		42	7695	45	30:36.1	9:52/M
6	Erin Ropac		40	7100	52	32:25.3	10:27/M
7	Sharon Wilfong		41	7698	68	33:54.4	10:56/M
8	Monica Wise		42	7700	95	38:44.3	12:30/M
9	Toni Eslick		40	4686	99	39:21.6	12:42/M
10	Heather Hanas		42	7609	111	45:10.7	14:34/M
11	Tanya Roberts		42	7663	125	49:54.9	16:06/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Bryon Clouse		42	7095	8	22:36.9	7:17/M
2 *	Wei Tang		40	7683	21	25:53.2	8:21/M
3 *	Jose Sanchez		43	7094	22	26:14.9	8:28/M
4	Robert Hayward		43	7611	29	27:05.9	8:44/M
5	David Watkins		43	7694	46	30:36.1	9:52/M
6	Michael Gibson		42	4679	98	39:18.8	12:41/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Anne Docter		48	7587	18	25:19.2	8:10/M
2 *	Rosa Rivera		49	7662	19	25:25.7	8:12/M
3 *	Danette Whiting		45	7696	28	27:01.9	8:43/M
4	Renee Egnatz		47	7591	65	33:44.6	10:53/M
5	Vanessa Panek		48	7654	84	35:53.2	11:35/M
6	Karima Bey		47	7574	96	38:44.8	12:30/M
7	Catrice Smith		47	7677	104	39:54.5	12:52/M
8	Lora Thomas		47	7685	133	54:03.7	17:26/M
9	kristen neria		46	4677	142	55:19.6	17:51/M
10	Aimee Adams		47	7560	145	1:01:09.9	19:44/M
11	Nancy Finley		49	7596	146	1:01:26.5	19:49/M
12	Jill Hughes		45	7615	149	1:02:44.1	20:14/M

Race Date
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5K Run

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Hank Cook		48	7581	4	21:52.2	7:03/M
2 *	Joel Erke		45	7097	36	28:13.7	9:06/M
3 *	Michael Nommensen		46	7651	62	33:29.6	10:48/M
4	Jaumarl Clark Sr		45	4674	77	34:54.6	11:15/M
5	Steven Crain		47	7585	127	50:06.8	16:10/M
6	Mark Adams		47	7561	129	50:21.2	16:15/M
7	Brian Fata		47	4685	135	54:49.2	17:41/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Debra Scanlon		50	7670	63	33:38.3	10:51/M
2 *	Grace Garcia		50	7598	73	34:17.6	11:04/M
3 *	Eula Alexander		54	7563	80	35:23.1	11:25/M
4	Connie Karras		52	7621	83	35:41.8	11:31/M
5	Lisa Bess		53	7572	88	36:12.8	11:41/M
6	Luci Sadlowski		53	7668	90	36:43.1	11:51/M
7	Angela Wilson		51	7699	118	48:21.6	15:36/M
8	Mary Cossey		51	4680	124	49:49.7	16:04/M
9	Cyndi Benko		50	7571	126	49:57.2	16:07/M
10	Grace Poulos		53	4684	136	54:55.2	17:43/M
11	Roberta Mulder		52	7647	138	55:17.4	17:50/M
12	Lisa Witte		50	7701	139	55:18.5	17:50/M
13	Janice Lubbehusen		50	7639	143	1:00:45.1	19:36/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kevin Smith		51	7678	97	38:47.8	12:31/M
2 *	Jesus Guzman		50	7606	122	49:15.5	15:53/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Denise Damore		59	4683	60	33:22.4	10:46/M
2 *	Laura Lopez-Circolone		55	7636	64	33:39.3	10:51/M
3 *	Yulanda Johnson		55	4673	94	37:54.9	12:14/M
4	Denise Jeter		58	7617	132	54:01.4	17:25/M
5	Andrea Linz		59	7634	151	1:11:15.9	22:59/M

Race Date
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2018 Anyone Can Do a 5K
Age Group Results

5K Run

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jeffrey Sadlowski		58	7665	11	23:31.4	7:35/M
2 *	Jerry Yothment		58	7093	24	26:29.7	8:33/M
3 *	Tom Lozanoski		57	7638	53	32:33.6	10:30/M
4	Greg Morley		57	7096	130	50:50.7	16:24/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kathy Hilbrich		64	7613	38	28:40.9	9:15/M
2 *	Kim Jancosek		60	4676	42	30:17.1	9:46/M
3 *	Margaret Brooks		64	7576	47	31:02.4	10:01/M
4	Denise Morley		61	7646	76	34:40.2	11:11/M
5	Angie Kiselka		60	7623	81	35:23.9	11:25/M
6	Cookie Maciejewski		63	7640	85	36:02.6	11:37/M
7	Cindy Hall		60	7607	102	39:47.8	12:50/M
8	Joanne Persic		64	7656	108	42:09.4	13:36/M
9	Sue Hallenbeck		64	7608	113	45:49.5	14:47/M
10	Concepcion Arroyo		62	7564	114	45:53.8	14:48/M
11	Cindy Hesmann		61	7092	140	55:18.8	17:50/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jesus Caraval		62	7579	10	23:02.7	7:26/M
2 *	Paul Olen		60	7652	15	24:27.2	7:53/M
3 *	Jim Mastandona		62	7643	34	28:04.7	9:03/M
4	Jerry Dombrowski		62	7588	39	29:20.4	9:28/M
5	David Struebig		62	7682	101	39:44.3	12:49/M
6	Pete O'Day		62	7091	141	55:18.8	17:50/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mary Tipton		66	7686	75	34:35.6	11:09/M
2 *	Mary Bardens		66	7567	112	45:21.3	14:38/M
3 *	Christine Evans		66	7592	115	46:06.2	14:52/M
4	Patricia Patena		67	7655	134	54:46.4	17:40/M
5	Barbara Finley		69	7595	147	1:01:39.1	19:53/M

Race Date
September 22, 2018

2018 Anyone Can Do a 5K
Age Group Results

5K Run

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Bob Persic		65	7657	33	27:51.1	8:59/M
2 *	Walter Garbarczyk		65	7597	37	28:24.6	9:10/M
3 *	Gary Cowman		69	7584	48	31:12.6	10:04/M
4	john orfe		68	7653	67	33:50.1	10:55/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jean Tolchinsky		72	7687	54	32:34.4	10:30/M
2 *	Jan Regnier		74	7660	56	32:48.8	10:35/M
3 *	Carol Core		72	7583	57	32:49.4	10:35/M
4	Penny Glover		73	7602	91	37:01.6	11:56/M
5	Michele Whitney		72	7697	116	46:47.2	15:05/M
6	Trina Guggerty		70	7605	148	1:02:39.6	20:13/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	David Ralston		73	7658	100	39:29.2	12:44/M
2 *	James Hayward		71	7612	105	40:39.3	13:07/M

Female 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Carol Kozlowski		77	7632	123	49:20.3	15:55/M

Male 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jack Glover		75	7601	40	29:44.7	9:35/M