

# Show up and Run Indoor 5K

## Lap Results - Age Group Summary

Race Date  
January 24, 2016

### Female 14 and Under

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
1	Hannah Fitzgerald	1389	F 13	26:31.4	30	8:35/M
2	Makenna Schnick	1586	F 12	27:54.8	30	9:02/M
3	Nicole Brandy	1374	F 13	28:15.6	30	9:09/M

### Female 15 to 19

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
1	Cayley Schnick	1583	F 17	34:25.9	30	11:08/M

### Female 20 to 24

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
1	Rebekah Martin	1575	F 21	38:29.0	30	12:27/M

### Female 25 to 29

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
1	Katie Collignon	1381	F 29	24:00.2	30	7:46/M
2	Megan Lacny	1647	F 29	27:59.4	30	9:03/M
3	Katie Foster	1391	F 27	33:18.7	30	10:47/M
4	Ashley Perry	1580	F 26	37:15.6	30	12:03/M

### Female 30 to 34

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
1	Kimberley Burns	1376	F 33	27:33.9	30	8:55/M
2	Kate Stake	1599	F 32	34:20.8	30	11:07/M
3	Melissa Drapac	1388	F 30	36:23.0	30	11:46/M
4	Amy Janik	1399	F 30	43:33.6	30	14:06/M

### Female 35 to 39

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
1	Julie Bannwart	1368	F 35	32:47.4	30	10:37/M
2	Laura Schnick	1585	F 39	34:49.8	30	11:16/M
3	Jaime Freestone	1392	F 39	38:30.9	30	12:28/M
4	Melissa Lafever	1595	F 38	43:35.9	30	14:06/M

### Female 40 to 44

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
1	Francie Bean	1369	F 44	30:37.1	30	9:54/M
2	Allison Wright	1598	F 43	37:18.2	30	12:04/M
3	Darla Kinkade	1569	F 40	43:29.3	30	14:04/M
4	Margie Hofmann	1397	F 42	44:48.7	30	14:30/M
5	Natalie Connors	1383	F 44	1:00:10.8	30	19:28/M

### Female 45 to 49

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
1	Karen Marlatt	1574	F 49	33:04.1	30	10:42/M
2	Maria Landeros	1570	F 47	38:01.6	30	12:18/M

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### Female 45 to 49

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
3	Cindy Bliss	1370	F 49	43:09.1	30	13:58/M
4	Andreana Gonzalez	1393	F 45	44:46.9	30	14:29/M
5	Lisa Hanlon	1645	F 45	49:55.2	30	16:09/M
6	Laura Certa	1379	F 48	58:59.5	30	19:05/M
7	Dee Piotrowski	1581	F 45	59:06.8	30	19:08/M
8	Di Younce	1590	F 45	59:10.3	30	19:09/M
9	Julie Brandy	1373	F 46	59:43.5	30	19:20/M

### Female 50 to 54

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
1	Eva Zygmunt	1593	F 52	33:49.8	30	10:57/M
2	Jackie Mardos	1573	F 53	1:06:25.2	30	21:30/M

### Female 55 to 59

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
1	Sue Brown Nickerson	1375	F 55	33:45.5	30	10:55/M
2	Gail Candreva-Szwet	1377	F 58	40:40.7	30	13:10/M
3	Pamela Zerkel	1591	F 59	41:55.5	30	13:34/M
4	Gayla Domke	1386	F 57	59:44.7	30	19:20/M

### Female 60 to 64

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
1	Kathy Hilbrich	1396	F 62	34:01.4	30	11:01/M
2	Diane Mrkacek	1577	F 63	58:51.0	30	19:03/M

### Female 65 to 69

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
1	Polly Theising	1587	F 65	38:44.3	30	12:32/M
2	Carol Magill	1572	F 65	42:17.2	30	13:41/M
3	Kathy Drapac	1387	F 66	44:32.0	30	14:25/M
4	Linda Olsen	1579	F 66	56:50.9	30	18:24/M

### Male 14 and Under

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
1	Carter Schnick	1582	M 14	26:09.7	30	8:28/M
2	Garrett Connors	1382	M 8	55:43.2	30	18:02/M
3	Alex Latinovich	1597	M 11	1:04:09.1	30	20:46/M

### Male 25 to 29

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
1	Erik Jensen	1568	M 25	28:34.6	30	9:15/M
2	Bryan Foster	1390	M 27	32:39.7	30	10:34/M
3	Matthew Jackson	1398	M 29	34:32.2	30	11:11/M

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<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
1	Derek Janik	1400	M 33	29:15.9	30	9:28/M
2	Christopher Tokarski	1588	M 30	34:06.9	30	11:02/M

### Male 40 to 44

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
1	Mark Connors	1384	M 43	41:43.9	30	13:30/M

### Male 45 to 49

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
1	Stephen Anthony	1643	M 49	23:20.9	30	7:33/M
2	Matt Hanlon	1646	M 46	26:10.7	30	8:28/M
3	Johnny Stimley	1600	M 45	26:33.7	30	8:36/M
4	Allan Brandy	1372	M 46	29:31.2	30	9:33/M
5	Michael Gonzalez	1394	M 46	32:29.0	30	10:31/M
6	Michael Latinovich	1571	M 49	1:04:20.3	30	20:49/M

### Male 50 to 54

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
1	Gregg DeLong	1385	M 54	27:20.7	30	8:51/M
2	Ed Schnick	1584	M 54	28:21.2	30	9:10/M
3	Andrew Nielsen	1578	M 50	29:13.9	30	9:27/M
4	Anthony Zygmunt	1594	M 51	30:50.6	30	9:59/M
5	Stan Zygmunt	1592	M 53	31:36.3	30	10:14/M

### Male 55 to 59

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
1	Bill Hanson	1395	M 59	29:36.7	30	9:35/M
2	Paul Certa	1380	M 58	41:39.8	30	13:29/M

### Male 60 to 64

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
1	Mike Carey	1378	M 60	24:07.6	30	7:48/M
2	Bruce Metz	1576	M 61	30:44.9	30	9:57/M
3	Doug Wiese	1589	M 62	44:14.8	30	14:19/M

### Male 70 and Over

<u>Pos.</u>	<u>Name</u>	<u>Bib No</u>	<u>Gend / Age</u>	<u>Total Time</u>	<u>Laps</u>	<u>Pace</u>
1	Denny Martinson	1644	M 70	36:52.5	30	11:56/M