

2016 Grape Lake 5K

Race Date

September 10, 2016

Overall Finish List**Walk**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Nada Kramp	Stevensville MI	76	59	F	1 Top Fin	32:44.3	10:34/M
2	Lisa Bridgeman	Kalamazoo MI	16	45	F	1 45-49	32:55.4	10:37/M
3	Roger Albert		648	72	M	1 Top Fin	38:40.0	12:28/M
4	Barbara Wolfrum		657	61	F	1 60-64	39:05.3	12:36/M
5	Carol Hatfield	Paw Paw MI	57	51	F	1 50-54	39:58.2	12:54/M
6	Connie Vargo	Paw Paw MI	250	56	F	1 55-59	39:58.4	12:54/M
7	Larry Wolfrum		656	65	M	1 65-69	40:39.7	13:07/M
8	Roberta Woodruff	Dowagiac MI	259	68	F	1 65-69	40:59.7	13:13/M
9	Tony Coston	Grand Rapids MI	26	58	M	1 55-59	41:50.3	13:30/M
10	Tifani Hosier	South Haven MI	69	21	F	1 20-24	41:55.2	13:31/M
11	Chris Crain	Paw Paw MI	27	35	M	1 35-39	41:56.0	13:32/M
12	Kathleen Crook	Paw Paw MI	29	56	F	2 55-59	42:16.9	13:38/M
13	Sharon Weems	Allegan MI	253	52	F	2 50-54	42:33.1	13:44/M
14	Paul Jacobs		71	58	M	2 55-59	43:14.9	13:57/M
15	Emma Adams	Paw Paw MI	3	10	F	1 1-10	43:25.1	14:00/M
16	Andy Adams	Paw Paw MI	2	39	M	2 35-39	43:28.1	14:01/M
17	Martha Burkett	Fredericksburg VA	19	56	F	3 55-59	43:28.2	14:01/M
18	Amber Hatfield	Gobles MI	56	23	F	2 20-24	43:30.2	14:02/M
19	Kelsey Hatfield	Mattawan MI	58	26	F	1 25-29	43:30.2	14:02/M
20	Heather Bogosian	Lawrence MI	14	37	F	1 35-39	43:30.5	14:02/M
21	Ronnie McGee		202	54	M	1 50-54	43:31.7	14:02/M
22	Richard Van Eck	Grand Junction MI	247	73	M	1 70-74	43:42.5	14:06/M
23	Daisy Herbert	Paw Paw MI	62	9	F	2 1-10	44:01.9	14:12/M
24	Dina Molter	Paw Paw MI	203	52	F	3 50-54	44:05.5	14:13/M
25	Alexandra Paladi		649	17	F	1 15-19	44:15.5	14:16/M
26	Jaylene Tarkkanen	Gobles MI	242	16	F	2 15-19	44:15.8	14:16/M
27	Cheryl Anbert		650	69	F	2 65-69	44:21.0	14:18/M
28	Barbara Strong	Bloomingtondale MI	236	60	F	2 60-64	44:38.0	14:24/M
29	Vada Sherburn	Lawton MI	227	67	F	3 65-69	45:01.9	14:31/M
30	Connie Wentzel	Kalamazoo MI	254	60	F	3 60-64	46:08.6	14:53/M
31	Morgan Foune	Gobles MI	49	9	F	3 1-10	46:10.3	14:54/M
32	Catherine Foune	Gobles MI	48	41	F	1 40-44	46:12.0	14:54/M
33	Mary Hiestand		67	50	F	4 50-54	46:29.5	15:00/M
34	Kristina Vanderveen		248	45	F	2 45-49	46:30.0	15:00/M
35	Patrick Fitzgerald		46	40	M	1 40-44	46:35.0	15:02/M
36	Charles Hicks	Byron Center MI	65	28	M	1 25-29	46:41.3	15:04/M
37	Kaila Hicks	Byron Center MI	66	26	F	2 25-29	46:41.7	15:04/M
38	Denise Hicks	Paw Paw MI	64	59	F	4 55-59	46:43.1	15:04/M
39	Don Micham		655	66	M	2 65-69	47:02.5	15:10/M
40	Mary Ann Siegel	Minooka IL	229	66	F	4 65-69	47:14.0	15:14/M
41	Julie Pond	Three Rivers MI	219	54	F	5 50-54	47:15.6	15:15/M
42	Sylvia Tenant	Paw Paw MI	243	61	F	4 60-64	47:16.1	15:15/M
43	Sharron McDougall-Dey	Lincoln Park MI	201	61	F	5 60-64	47:21.5	15:16/M
44	Candace Birmele	Hartford MI	8	43	F	2 40-44	47:35.1	15:21/M
45	Donna Munchow	Benton Harbor MI	207	58	F	5 55-59	47:36.3	15:21/M
46	Amanda Herbert	Paw Paw MI	61	36	F	2 35-39	48:10.2	15:32/M
47	Ellie Herbert	Paw Paw MI	63	6	F	4 1-10	48:10.6	15:32/M

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48	Amy Fuller	Paw Paw MI	50	45	F	3 45-49	48:14.0	15:34/M
49	Barb Goodwin	Kalamazoo MI	52	81	F	1 80-99	48:22.4	15:36/M
50	Jerilyn Whitworth	Jacksonville FL	258	52	F	6 50-54	48:37.3	15:41/M
51	Denise Struve	Paw Paw MI	237	64	F	6 60-64	48:56.4	15:47/M
52	Kellsie Osborne	Paw Paw MI	211	20	F	3 20-24	49:12.0	15:52/M
53	Connor Bailey	Paw Paw MI	5	22	M	1 20-24	49:12.3	15:52/M
54	Mark Steele	Kalamazoo MI	233	64	M	1 60-64	49:12.8	15:52/M
55	Karri Porco		651	45	F	4 45-49	49:19.4	15:55/M
56	Tonya Lewis	Kalamazoo MI	85	44	F	3 40-44	49:19.5	15:55/M
57	Don Kussmann	Decatur MI	79	60	M	2 60-64	49:20.5	15:55/M
58	Mary Kussmann	Decatur MI	80	60	F	7 60-64	49:21.1	15:55/M
59	Lenna Twadowski	Paw Paw MI	245	58	F	6 55-59	49:32.5	15:59/M
60	Sybil Smith	Coloma MI	232	51	F	7 50-54	49:34.5	15:59/M
61	Maria Hutchins	Saint Joseph MI	70	53	F	8 50-54	49:34.8	15:59/M
62	Jeff Lounsbury		87	39	M	3 35-39	49:46.2	16:03/M
63	Sherry Gillette	Lawton MI	51	61	F	8 60-64	49:48.0	16:04/M
64	Amy Brock	Scotts MI	17	40	F	4 40-44	49:48.2	16:04/M
65	Mark Kelly	Saint Joseph MI	73	60	M	3 60-64	49:53.9	16:05/M
66	Bonnie Kelly	Saint Joseph MI	72	63	F	9 60-64	49:54.9	16:06/M
67	Brandi West		255	35	F	3 35-39	49:57.0	16:07/M
68	Tina Leary		83	61	F	10 60-64	49:59.9	16:07/M
69	David Moormann	Lawton MI	204	65	M	3 65-69	50:02.9	16:08/M
70	Deb Moormann	Lawton MI	205	59	F	7 55-59	50:03.7	16:09/M
71	Jennifer Nichols	Kalamazoo MI	208	36	F	4 35-39	50:07.5	16:10/M
72	Ryan Bly	Kalamazoo MI	13	31	M	1 30-34	50:18.1	16:14/M
73	Megan Bly	Kalamazoo MI	12	30	F	1 30-34	50:19.0	16:14/M
74	Jeanine Bly	Greendale WI	11	55	F	8 55-59	50:19.4	16:14/M
75	Cameron Simmons	Portage MI	230	26	M	2 25-29	50:28.3	16:17/M
76	Danielle Lentz	Portage MI	84	24	F	4 20-24	50:30.5	16:17/M
77	Michael Hiestand		68	48	M	1 45-49	50:32.0	16:18/M
78	Mark Lattner	Mount Prospect IL	82	59	M	3 55-59	50:42.4	16:21/M
79	Debora Martin-Meyer	Mount Prospect IL	96	61	F	11 60-64	50:42.9	16:21/M
80	Nita Lowe		90	57	F	9 55-59	50:48.2	16:23/M
81	Teri Cairns	Marcellus MI	21	51	F	9 50-54	50:48.4	16:23/M
82	Gregory Zaucha	Paw Paw MI	261	69	M	4 65-69	51:35.5	16:38/M
83	Jermey West		257	41	M	2 40-44	52:02.6	16:47/M
84	Dan West		256	38	M	4 35-39	52:05.9	16:48/M
85	Rosie Grzebyk		647	56	F	10 55-59	52:19.3	16:53/M
86	Maureen McConnell-Martin	Plainwell MI	100	52	F	10 50-54	52:19.9	16:53/M
87	Mrudula Vaddineni	Kalamazoo MI	246	44	F	5 40-44	52:20.0	16:53/M
88	Jo Shull	Scotts MI	228	52	F	11 50-54	52:20.0	16:53/M
89	Dianne Madejczyk	Grandvilleg MI	94	72	F	1 70-74	52:23.9	16:54/M
90	Gaye Sims	Benton Harbor MI	231	68	F	5 65-69	52:24.1	16:54/M
91	Peggy Mulrenin	Winston Salem NC	206	60	F	12 60-64	52:25.5	16:55/M
92	Clare Olney	Mattawan MI	210	61	F	13 60-64	52:27.4	16:55/M
93	Kathy Stubbs	Paw Paw MI	238	67	F	6 65-69	52:28.0	16:55/M
94	Leah Cobb		25	35	F	5 35-39	52:29.0	16:56/M

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95	Kerry Eldred	Lawton MI	40	58	F	11 55-59	52:33.5	16:57/M
96	Anne Eldred	Mattawan MI	41	59	F	12 55-59	52:34.5	16:57/M
97	Teresa Hazzard	Kalamazoo MI	60	52	F	12 50-54	52:46.3	17:01/M
98	Carolyn Selby		654	86	F	2 80-99	52:50.3	17:03/M
99	Marie Zerweck		653	56	F	13 55-59	52:50.7	17:03/M
100	Donald Stull	Paw Paw MI	239	56	M	4 55-59	53:03.6	17:07/M
101	Renee Stevens		652	50	F	13 50-54	53:04.6	17:07/M
102	Rhonda Stull	Paw Paw MI	240	55	F	14 55-59	53:07.1	17:08/M
103	Nick Serbenski		646	24	M	2 20-24	53:07.2	17:08/M
104	Anita De Young	Paw Paw MI	35	51	F	14 50-54	53:15.8	17:11/M
105	Paul De Young	Paw Paw MI	36	54	M	2 50-54	53:16.8	17:11/M
106	Stephanie Bayma	Portage MI	7	46	F	5 45-49	53:17.8	17:11/M
107	Marcell Lung	Mattawan MI	93	61	F	14 60-64	53:18.3	17:12/M
108	Randy Lung	Mattawan MI	92	64	M	4 60-64	53:20.7	17:12/M
109	Lynna Dylhoff	Paw Paw MI	38	58	F	15 55-59	53:38.8	17:18/M
110	Lauren Brady	Paw Paw MI	15	38	F	6 35-39	53:39.3	17:18/M
111	Jennifer Price	Paw Paw MI	220	34	F	2 30-34	53:39.5	17:18/M
112	Jessika Dylhoff	Paw Paw MI	37	26	F	3 25-29	53:40.0	17:19/M
113	Keith Haring	Paw Paw MI	54	73	M	2 70-74	53:53.9	17:23/M
114	Patsy Haring	Paw Paw MI	55	70	F	2 70-74	53:53.9	17:23/M
115	Kristen Knotek	Mattawan MI	75	41	F	6 40-44	53:55.3	17:24/M
116	Laura Tuinstra	Kalamazoo MI	244	34	F	3 30-34	53:56.0	17:24/M
117	Carrie Schaefer	Jenison MI	225	30	F	4 30-34	55:10.8	17:48/M
118	Claudine Damaske	Paw Paw MI	34	47	F	6 45-49	55:13.7	17:49/M
119	Gage Carlsen		23	9	M	1 1-10	55:16.0	17:50/M
120	Paul Schaefer	Lawton MI	226	63	M	5 60-64	55:20.9	17:51/M
121	Jacque Adams	Paw Paw MI	4	36	F	7 35-39	55:30.8	17:54/M
122	Shawna Crain	Paw Paw MI	28	39	F	8 35-39	55:31.1	17:55/M
123	Mindy Carlsen		24	33	F	5 30-34	55:33.0	17:55/M
124	Allen Carlsen		22	32	M	2 30-34	55:33.5	17:55/M
125	Liz Barret	Lawton MI	6	49	F	7 45-49	55:39.5	17:57/M
126	Terri Ludlow	Schoolcraft MI	91	45	F	8 45-49	55:39.8	17:57/M
127	Donna Blair	Mattawan MI	9	53	F	15 50-54	56:43.2	18:18/M
128	Maggie Blair	Mattawan MI	10	20	F	5 20-24	56:43.3	18:18/M
129	Carrie Pike	Paw Paw MI	217	40	F	7 40-44	57:10.8	18:26/M
130	Loretta Lapointe	Paw Paw MI	81	59	F	16 55-59	57:12.4	18:27/M
131	Marta McCabe	Lawrence MI	99	68	F	7 65-69	57:19.0	18:29/M
132	Jim McCabe	Lawrence MI	98	74	M	3 70-74	57:19.5	18:29/M
133	Melannie Hay	Bangor MI	59	43	F	8 40-44	57:34.8	18:34/M
134	Lisa Earley		39	51	F	16 50-54	57:35.5	18:35/M
135	Rebecca Warren		251	35	F	9 35-39	57:36.2	18:35/M
136	Sarah Jane Hadley	Saint Joseph MI	53	39	F	10 35-39	58:35.3	18:54/M
137	Heather Peterson	Bangor MI	215	48	F	9 45-49	58:35.6	18:54/M
138	Debra Wedge	Vicksburg MI	252	57	F	17 55-59	58:41.1	18:56/M
139	Linda Vangoeye	Paw Paw MI	249	67	F	8 65-69	58:41.3	18:56/M
140	Cadence Cruzan		30	2	F	5 1-10	59:20.0	19:08/M
141	Jackie Cruzan		31	46	F	10 45-49	59:20.4	19:08/M

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142	Russ Cruzan Jr		32	25	M	3 25-29	59:22.5	19:09/M
143	Russ Cruzan Sr		33	45	M	2 45-49	59:22.9	19:09/M
144	Kerrigan Matheny		97	7	F	6 1-10	59:23.6	19:09/M
145	Lauren Fitzgerald		45	9	F	7 1-10	1:00:11.4	19:25/M
146	Bill Lounsbury		86	62	M	6 60-64	1:00:13.7	19:25/M
147	Ron Stratton		235	67	M	5 65-69	1:00:46.8	19:36/M
148	Kathy Stratton		234	65	F	9 65-69	1:00:47.4	19:36/M
149	Jennifer Wyman	Bloomington MI	260	31	F	6 30-34	1:01:02.3	19:41/M
150	Kristen Randall	Tinley Park IL	223	39	F	11 35-39	1:01:33.2	19:51/M
151	Jack Randall	Tinley Park IL	222	10	M	2 1-10	1:01:35.9	19:52/M
152	Jennifer Esman	Paw Paw MI	42	32	F	7 30-34	1:02:12.4	20:04/M
153	Cathy Esman	Dowling MI	43	59	F	18 55-59	1:02:13.5	20:04/M
154	Aiden Fitzgerald		44	6	M	3 1-10	1:02:15.9	20:05/M
155	Joyce Maltby	Cheboygan MI	95	64	F	15 60-64	1:02:27.1	20:09/M
156	Breanna Kroeg		77	31	F	8 30-34	1:02:27.6	20:09/M
157	Mary Lounsbury		88	61	F	16 60-64	1:02:28.2	20:09/M
158	Janice Kroeg		78	60	F	17 60-64	1:02:28.9	20:09/M
159	Teresa Fluty	Paw Paw MI	47	59	F	19 55-59	1:02:45.6	20:15/M
160	Arianna Pike	Paw Paw MI	216	13	F	1 11-14	1:02:48.0	20:15/M