

## 2016 Grape Lake 5K

Race Date  
September 10, 2016

Overall Finish List**Run**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Lewis Tate	Paw Paw MI	7977	17	M	1 Top Fin	16:19.9	5:16/M
2	Julian Borst	Kalamazoo MI	4508	19	M	1 15-19	18:01.8	5:49/M
3	Sean McLaughlin		8911	15	M	2 15-19	18:58.0	6:07/M
4	Jacob Hancox	Gobles MI	7752	16	M	3 15-19	19:03.7	6:09/M
5	Justin Chilla		8850	14	M	1 11-14	19:05.7	6:09/M
6	Eli Gentz		8860	16	M	4 15-19	19:06.5	6:10/M
7	Gary Sexton	Youngstown OH	7949	60	M	1 60-64	19:11.8	6:11/M
8	John Nondorf	Lawton MI	7877	46	M	1 45-49	19:24.8	6:15/M
9	Caleb Billings		8869	14	M	2 11-14	19:37.3	6:20/M
10	Augustus Hinch	Watervliet MI	7771	14	M	3 11-14	19:48.9	6:23/M
11	Lucas Schupbach	Paw Paw MI	7934	17	M	5 15-19	20:09.9	6:30/M
12	Kasey Schwartz	Vicksburg MI	7939	22	M	1 20-24	20:32.5	6:37/M
13	Chelsea Dukes	Stanwood MI	4562	25	F	1 Top Fin	20:48.4	6:43/M
14	Mark Drallete		8851	56	M	1 55-59	20:53.2	6:44/M
15	Jason Beckwith		8867	39	M	1 35-39	21:01.4	6:47/M
16	Howard Adams		4478	21	M	2 20-24	21:09.3	6:49/M
17	Aaron Hayes		7757	13	M	4 11-14	21:11.3	6:50/M
18	John Brady	Mattawan MI	4515	57	M	2 55-59	21:18.8	6:52/M
19	Mike Mannino		8859	48	M	2 45-49	21:19.3	6:53/M
20	Alex Isbrecht	Watervliet MI	7780	14	M	5 11-14	21:20.3	6:53/M
21	Tracy Argo	Portage MI	4487	38	F	1 35-39	21:25.3	6:55/M
22	Sammi Kaufman	Detroit MI	7792	25	F	1 25-29	21:32.2	6:57/M
23	Steve Bourne	Paw Paw MI	4510	50	M	1 50-54	21:36.7	6:58/M
24	Marshall Meyer	Three Rivers MI	7856	64	M	2 60-64	21:43.4	7:00/M
25	James Johnson	Allegan MI	7786	45	M	3 45-49	21:48.9	7:02/M
26	Scott Shipman	Coloma MI	7955	38	M	2 35-39	21:56.7	7:05/M
27	Matt Wittenberg	Portage MI	8815	32	M	1 30-34	22:01.7	7:06/M
28	Paul Plangger		8876	45	M	4 45-49	22:04.5	7:07/M
29	Kody Edmonds	Hartford MI	4566	14	M	6 11-14	22:07.5	7:08/M
30	Malin Sage	Richland MI	7927	10	M	1 1-10	22:10.4	7:09/M
31	Trenton Litchfield		8907	15	M	6 15-19	22:12.1	7:10/M
32	Dave Levett	Allegan MI	7824	54	M	2 50-54	22:14.9	7:10/M
33	Joshua Paladi		8849	15	M	7 15-19	22:18.5	7:12/M
34	Thomas Allen	Coloma MI	4480	53	M	3 50-54	22:37.9	7:18/M
35	Kristel Green	White Cloud MI	4600	31	F	1 30-34	22:39.9	7:18/M
36	Chad Kuhlmann	Paw Paw MI	7813	41	M	1 40-44	22:56.2	7:24/M
37	Mark Sigfrids		8905	63	M	3 60-64	23:07.8	7:27/M
38	Jeff Barchett	Benton Harbor MI	4494	54	M	4 50-54	23:11.9	7:29/M
39	Maurice Hicks		8863	63	M	4 60-64	23:14.5	7:30/M
40	Logan Litchfield		8906	17	F	1 15-19	23:29.4	7:35/M
41	Marybeth Taylor	Farmington Hills MI	7978	32	F	2 30-34	23:34.7	7:36/M
42	Mark Eichelberger	Plainfield IL	4567	59	M	3 55-59	23:37.1	7:37/M
43	Josh Colvin	Paw Paw MI	4537	37	M	3 35-39	23:41.5	7:38/M
44	Aletheia Grossmann	Gobles MI	7743	16	F	2 15-19	23:45.0	7:40/M
45	Stephen Lewis	Allegan MI	7827	28	M	1 25-29	23:46.6	7:40/M
46	John Kelly	Bloomington MI	7794	54	M	5 50-54	23:49.8	7:41/M
47	Jeff Welc	Portage MI	7999	37	M	4 35-39	23:53.7	7:42/M

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48	Kyle Heather	Allegan MI	7764	29	M	2 25-29	24:01.8	7:45/M
49	Bill Garrity	Glenn MI	4587	68	M	1 65-69	24:03.2	7:45/M
50	Nathan Isbrecht	Watervliet MI	7781	12	M	7 11-14	24:14.7	7:49/M
51	Robert Poznanski	Kalamazoo MI	7904	56	M	4 55-59	24:16.4	7:50/M
52	Paul Redmond	Portage MI	7914	51	M	6 50-54	24:17.2	7:50/M
53	Adam Atwood	Paw Paw MI	4491	31	M	2 30-34	24:17.6	7:50/M
54	Brian Brusach	Paw Paw MI	4522	47	M	5 45-49	24:23.5	7:52/M
55	Chris McPharlin	Kalamazoo MI	7851	24	M	3 20-24	24:31.2	7:55/M
56	Arya Jayatilaka	Kalamazoo MI	7783	56	M	5 55-59	24:37.5	7:56/M
57	Thenuka Jayatilaka	Kalamazoo MI	7784	13	M	8 11-14	24:37.6	7:56/M
58	Matt Bruce	Galesburg MI	4520	33	M	3 30-34	24:50.5	8:01/M
59	Jeff Eckert	Kalamazoo MI	4564	61	M	5 60-64	24:55.0	8:02/M
60	Paul Stein	Kalamazoo MI	7964	30	M	4 30-34	24:56.1	8:03/M
61	Maria Klein	Paw Paw MI	7801	35	F	2 35-39	24:57.0	8:03/M
62	Jordan Welch	Schoolcraft MI	8803	30	M	5 30-34	24:58.8	8:03/M
63	Zach Beatty	Mohrsville PA	4496	24	M	4 20-24	24:58.9	8:03/M
64	Adam Carpp	Paw Paw MI	4530	27	M	3 25-29	25:01.5	8:04/M
65	Ashley Leduc	Paw Paw MI	7823	27	F	2 25-29	25:02.7	8:05/M
66	Kendra Bondie	Portage MI	4506	40	F	1 40-44	25:05.4	8:05/M
67	Katerina Cooper	Gobles MI	4539	18	F	3 15-19	25:05.7	8:05/M
68	Karen Schwab	Lawton MI	7935	45	F	1 45-49	25:06.3	8:06/M
69	Marc Kline	Mattawan MI	7802	46	M	6 45-49	25:12.0	8:08/M
70	Brandon Mattson	Mattawan MI	7843	34	M	6 30-34	25:22.0	8:11/M
71	Alfred Baas	Marcellus MI	4492	37	M	5 35-39	25:22.5	8:11/M
72	Anthony Short		7956	16	M	8 15-19	25:26.2	8:12/M
73	Jim Laser	Kalamazoo MI	7819	42	M	2 40-44	25:26.8	8:12/M
74	Stephen McCloskey	Paw Paw MI	7846	57	M	6 55-59	25:28.2	8:13/M
75	Terry Hagen	Paw Paw MI	7747	61	M	6 60-64	25:29.1	8:13/M
76	John Donnelly	Holland MI	4559	40	M	3 40-44	25:30.6	8:14/M
77	Elizabeth Lauer	Grand Rapids MI	7820	28	F	3 25-29	25:30.9	8:14/M
78	Adam Goldberg	Paw Paw MI	4595	30	M	7 30-34	25:39.2	8:16/M
79	Isaac Wilmoth	Watervliet MI	8811	14	M	9 11-14	25:40.0	8:17/M
80	Erin Shannon		8873	33	F	3 30-34	25:40.4	8:17/M
81	Deb Pellerito	Kalamazoo MI	7896	45	F	2 45-49	25:40.5	8:17/M
82	Rebecca Goole		8880	47	F	3 45-49	25:41.2	8:17/M
83	Tom Tollefson	South Haven MI	7982	68	M	2 65-69	25:41.5	8:17/M
84	Dean MacVicar	Kalamazoo MI	7834	69	M	3 65-69	25:44.3	8:18/M
85	Karen Hancox		8903	42	F	2 40-44	25:44.3	8:18/M
86	Aydin Schupbach	Paw Paw MI	7932	16	M	9 15-19	25:46.2	8:19/M
87	Fabian Golota	South Bend IN	4596	26	M	4 25-29	25:47.2	8:19/M
88	Celestine Schwartz	Vicksburg MI	7938	21	F	1 20-24	25:47.4	8:19/M
89	Joseph Doody	Grand Rapids MI	4560	48	M	7 45-49	25:49.0	8:20/M
90	Brian Schupbach	Paw Paw MI	7933	44	M	4 40-44	25:49.1	8:20/M
91	Austin Wilmoth	Hartford MI	8812	12	M	10 11-14	25:49.1	8:20/M
92	Trever Pelton	Watervliet MI	7898	14	M	11 11-14	25:50.2	8:20/M
93	Audrey Reynolds		8909	32	F	4 30-34	25:55.2	8:22/M
94	Adam Goodwin	Kalamazoo MI	4597	22	M	5 20-24	25:56.6	8:22/M

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95	Ruth Borst	Kalamazoo MI	4509	55	F	1 55-59	26:00.1	8:23/M
96	Brad Hollister	Portage MI	7774	38	M	6 35-39	26:03.4	8:24/M
97	Tiffany Bol	Marcellus MI	4505	27	F	4 25-29	26:04.1	8:25/M
98	Fred Keister	Portage MI	7793	65	M	4 65-69	26:04.4	8:25/M
99	Abbie Goldberg	Paw Paw MI	4594	21	F	2 20-24	26:05.5	8:25/M
100	Caitlin Cipri	Lawrence MI	4534	27	F	5 25-29	26:07.4	8:25/M
101	Leah Kline		8910	19	F	4 15-19	26:10.7	8:26/M
102	Julie Shoup	Lakeland FL	7957	44	F	3 40-44	26:12.1	8:27/M
103	Colin Assenmacher	Schoolcraft MI	4488	16	M	10 15-19	26:13.0	8:27/M
104	Amanda Clements	Mattawan MI	4536	26	F	6 25-29	26:14.0	8:28/M
105	Karlie Woodall	South Haven MI	8819	13	F	1 11-14	26:14.8	8:28/M
106	Jason French	Kalamazoo MI	4581	42	M	5 40-44	26:16.2	8:28/M
107	Susan Cornish	Paw Paw MI	4540	39	F	3 35-39	26:17.5	8:29/M
108	Stephanie Doody	Grand Rapids MI	4561	38	F	4 35-39	26:24.3	8:31/M
109	Lauren Carpp	Paw Paw MI	4531	27	F	7 25-29	26:25.7	8:31/M
110	Lindsay Gove	Kalamazoo MI	4598	24	F	3 20-24	26:27.2	8:32/M
111	Michael Hiestand		7769	14	M	12 11-14	26:27.7	8:32/M
112	Andrew Pride		7907	12	M	13 11-14	26:31.7	8:33/M
113	Tom Schwab	Lawton MI	7936	50	M	7 50-54	26:36.7	8:35/M
114	Damon Nadrasik		8852	14	M	14 11-14	26:39.2	8:36/M
115	Ric Baker		8904	49	M	8 45-49	26:39.7	8:36/M
116	Ruby Gentz	Paw Paw MI	4588	12	F	2 11-14	26:40.0	8:36/M
117	Kyle Boff	Paw Paw MI	4504	9	M	2 1-10	26:40.1	8:36/M
118	Brendan Pellerito	Kalamazoo MI	7895	14	M	15 11-14	26:40.7	8:36/M
119	Michael Lounsbury		7829	9	M	3 1-10	26:43.4	8:37/M
120	Brookes Welc	Portage MI	7998	36	F	5 35-39	26:48.6	8:39/M
121	Tim Kieffer	Richland MI	7797	60	M	7 60-64	26:51.6	8:40/M
122	Becky Goolsby		8858	42	F	4 40-44	26:53.3	8:40/M
123	Unknown Partic. 8824		8824		M	1 0-0	26:55.4	8:41/M
124	John Lamb	Paw Paw MI	7816	42	M	6 40-44	26:56.4	8:41/M
125	Corey Kraus	Portage MI	7811	38	M	7 35-39	26:56.7	8:41/M
126	Dean Rigoni	Paw Paw MI	7919	25	M	5 25-29	26:57.0	8:42/M
127	Valorie Owens	Lansing MI	7888	35	F	6 35-39	26:57.7	8:42/M
128	Tracy Ralicki	Lawrence MI	7911	50	F	1 50-54	26:58.8	8:42/M
129	Joshua Dail	Stevensville MI	4550	38	M	8 35-39	27:02.4	8:43/M
130	Wendy Nagy	Frankfort IL	7872	38	F	7 35-39	27:04.9	8:44/M
131	Erica Haselberger	Paw Paw MI	7754	23	F	4 20-24	27:06.4	8:45/M
132	Gregory Brombill		8872	27	M	6 25-29	27:07.6	8:45/M
133	Erik Kisielewicz	Merrillville IN	7799	30	M	8 30-34	27:17.0	8:48/M
134	Jene Hamilton	Mattawan MI	7751	43	M	7 40-44	27:20.3	8:49/M
135	Gary Tenbrink	Mattawan MI	7979	65	M	5 65-69	27:21.3	8:49/M
136	James Valk	Paw Paw MI	7983	51	M	8 50-54	27:23.9	8:50/M
137	Derrick Hayes		7759	42	M	8 40-44	27:24.2	8:50/M
138	Carrie Muessig	Paw Paw MI	7869	45	F	4 45-49	27:28.2	8:52/M
139	Holly Nadrasik		7871	40	F	5 40-44	27:30.8	8:52/M
140	Nikki Meachum	Hartford MI	7853	44	F	6 40-44	27:31.5	8:53/M
141	Jason Meachum	Hartford MI	7852	44	M	9 40-44	27:32.4	8:53/M

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142	Kristy Scott	Kalamazoo MI	7942	29	F	8 25-29	27:35.0	8:54/M
143	Joan Mezewich	Tinley Park IL	7857	30	F	5 30-34	27:35.5	8:54/M
144	Kenzi Pridgeon	Coldwater MI	7910	35	F	8 35-39	27:40.2	8:55/M
145	Zach Schiming	Mattawan MI	7930	9	M	4 1-10	27:42.7	8:56/M
146	Mike Lounsbury		7830	33	M	9 30-34	27:43.4	8:56/M
147	Sylinda Bruce	Galesburg MI	4521	34	F	6 30-34	27:46.6	8:57/M
148	Jim Curry		8862	51	M	9 50-54	27:50.8	8:59/M
149	Jim Kutil	Oak Park IL	7815	60	M	8 60-64	27:52.4	8:59/M
150	Elizabeth Serbenski	Paw Paw MI	7945	17	F	5 15-19	27:53.4	9:00/M
151	Ron Kurburski	Grand Haven MI	7814	57	M	7 55-59	27:54.1	9:00/M
152	Graham Basker-King		8853	29	M	7 25-29	27:54.8	9:00/M
153	Amelia Barker-King	Decatur MI	4495	31	F	7 30-34	27:54.8	9:00/M
154	Jodie Freeman-Kurburski	Grand Haven MI	4579	51	F	2 50-54	27:54.8	9:00/M
155	Angela Scotese-Frizzle	Metamora MI	7941	44	F	7 40-44	27:57.9	9:01/M
156	Riley Getman	Gobles MI	4590	16	M	11 15-19	27:58.5	9:01/M
157	Ben Williams	Paw Paw MI	8810	28	M	8 25-29	28:01.8	9:02/M
158	Jenn Houghton	Kalamazoo MI	7777	28	F	9 25-29	28:03.6	9:03/M
159	Julie Lenzinger		8882	46	F	5 45-49	28:06.8	9:04/M
160	Cheri Laverty	Vermontville MI	7821	44	F	8 40-44	28:09.6	9:05/M
161	Ashley Griesshammer	Kalamazoo MI	7739	23	F	5 20-24	28:10.5	9:05/M
162	Amanda Korteway	Paw Paw MI	7810	21	F	6 20-24	28:22.8	9:09/M
163	Lyndon Wolf	Mattawan MI	8817	71	M	1 70-74	28:24.2	9:10/M
164	Anja Williams	Paw Paw MI	8809	28	F	10 25-29	28:33.3	9:13/M
165	Donna Strouse	Saint Joseph MI	7970	49	F	6 45-49	28:35.1	9:13/M
166	Kathy Wait	Paw Paw MI	7990	55	F	2 55-59	28:38.4	9:14/M
167	Brian Vanhusan	Dowagiac MI	7985	33	M	10 30-34	28:53.3	9:19/M
168	Clay Stull	Paw Paw MI	7972	32	M	11 30-34	29:00.6	9:21/M
169	Timothy Rockhill	Benton Harbor MI	7922	59	M	8 55-59	29:01.9	9:22/M
170	David Martin	Mount Prospect IL	7840	58	M	9 55-59	29:03.8	9:22/M
171	Noah Plangger		8877	10	M	5 1-10	29:08.2	9:24/M
172	Brianne Korteway	Paw Paw MI	7809	17	F	6 15-19	29:10.5	9:25/M
173	Colleen Mencl	Marcellus MI	7854	26	F	11 25-29	29:10.8	9:25/M
174	Matt Randall	Tinley Park IL	7913	39	M	9 35-39	29:11.5	9:25/M
175	Brenden Muessig	Paw Paw MI	7868	10	M	6 1-10	29:14.4	9:26/M
176	Cassandra Hitchcock		8912	37	F	9 35-39	29:16.8	9:26/M
177	Steve Shannon	Allendale MI	7950	22	M	6 20-24	29:17.6	9:27/M
178	Brittany Bajo	Allendale MI	4493	22	F	7 20-24	29:17.8	9:27/M
179	John Goolsby		8856	49	M	9 45-49	29:19.0	9:27/M
180	Kristin McKinney	Paw Paw MI	7849	41	F	9 40-44	29:19.4	9:27/M
181	Dustin Nickel	South Haven MI	7876	28	M	9 25-29	29:19.4	9:27/M
182	Lisa Willard	Fennville MI	8808	27	F	12 25-29	29:19.5	9:27/M
183	Jessica Bissenden	Vicksburg MI	4500	27	F	13 25-29	29:23.2	9:29/M
184	Alex Mickley	Chicago IL	7862	37	M	10 35-39	29:23.7	9:29/M
185	Antony Low	Portage MI	7832	32	M	12 30-34	29:25.0	9:29/M
186	Jeff Crafts	Paw Paw MI	4544	59	M	10 55-59	29:25.2	9:29/M
187	Janice Martin	Mount Prospect IL	7841	59	F	3 55-59	29:25.6	9:29/M
188	Enedelia Cruz	Hartford MI	4547	39	F	10 35-39	29:26.3	9:30/M

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189	Edward Dabrowski	Highland IN	4549	52	M	10 50-54	29:26.3	9:30/M
190	Amanda Thorpe	Gobles MI	7981	30	F	8 30-34	29:32.8	9:32/M
191	Phil Pellerito	Kalamazoo MI	7897	51	M	11 50-54	29:35.8	9:33/M
192	Terry Manning	Hartfordh MI	7835	52	M	12 50-54	29:36.3	9:33/M
193	Elizabeth Maxwell	Lawton MI	7844	42	F	10 40-44	29:36.8	9:33/M
194	Gavin Hancox		8902	11	M	16 11-14	29:38.6	9:34/M
195	Dakota Le Francois	Lawton MI	7822	28	M	10 25-29	29:45.9	9:36/M
196	Mike Shew		8855	34	M	13 30-34	29:48.1	9:37/M
197	Jessica Serbenski	Paw Paw MI	7946	22	F	8 20-24	29:49.3	9:37/M
198	Jim Palluconi		7890	49	M	10 45-49	29:53.7	9:38/M
199	Lisa Nash	Muskegon MI	7873	52	F	3 50-54	29:54.8	9:39/M
200	Micah Sherman		8854	37	M	11 35-39	29:57.2	9:40/M
201	Vere Shindeldecker	Hartford MI	7954	68	M	6 65-69	29:58.2	9:40/M
202	Michelle Hall	Chicago IL	7749	36	F	11 35-39	29:58.8	9:40/M
203	Angela Keyes	Kalamazoo MI	7796	33	F	9 30-34	30:02.2	9:41/M
204	Jessi Overholt	Colon MI	7886	30	F	10 30-34	30:17.1	9:46/M
205	Ted Crook	Portage MI	4545	32	M	14 30-34	30:17.4	9:46/M
206	Kaity Stull	Paw Paw MI	7971	28	F	14 25-29	30:25.4	9:49/M
207	Teresa Distefano	Gobles MI	4558	58	F	4 55-59	30:27.6	9:49/M
208	Kimberly Slendak	Portage MI	7959	39	F	12 35-39	30:29.5	9:50/M
209	Natesha Boven	Lawton MI	4511	28	F	15 25-29	30:30.2	9:50/M
210	Marie Huthwaite	Sawyer MI	7778	38	F	13 35-39	30:30.9	9:50/M
211	Douglas Michau	Round Lake Beach IL	7861	41	M	10 40-44	30:32.4	9:51/M
212	Emily Grabemeyer	Dowagiac MI	4599	28	F	16 25-29	30:33.2	9:51/M
213	Jon Waldron	Lawton MI	7991	41	M	11 40-44	30:33.2	9:51/M
214	Roger Bentley	Coloma MI	4499	66	M	7 65-69	30:34.4	9:52/M
215	Kirsten Houghton	Hastings MI	7775	28	F	17 25-29	30:36.1	9:52/M
216	Amber French	Three Rivers MI	4580	29	F	18 25-29	30:41.1	9:54/M
217	Hilarie Eddy	Schoolcraft MI	4565	40	F	11 40-44	30:45.4	9:55/M
218	Michele Gilpin	Three Rivers MI	4592	58	F	5 55-59	30:56.1	9:59/M
219	Kendra Lovorn	Paw Paw MI	7831	37	F	14 35-39	30:57.0	9:59/M
220	Elizabeth Kort	Evergreen Park IL	7808	62	F	1 60-64	31:06.9	10:02/M
221	Alexander Argo	Portage MI	4485	9	M	7 1-10	31:09.7	10:03/M
222	Brian Argo	Portage MI	4486	37	M	12 35-39	31:10.0	10:03/M
223	Kara Blett	Portage MI	4502	21	F	9 20-24	31:10.0	10:03/M
224	Kelly Hinga	Portage MI	7773	46	F	7 45-49	31:10.0	10:03/M
225	Lynn Chio	Kalamazoo MI	4533	55	F	6 55-59	31:10.5	10:03/M
226	Robert Kisielewicz	South Haven MI	7800	61	M	9 60-64	31:10.6	10:03/M
227	Jeffery Michael	Paw Paw MI	7859	42	M	12 40-44	31:19.0	10:06/M
228	Cathy Anderson	Brighton MI	4484	59	F	7 55-59	31:19.2	10:06/M
229	Mirinda Amthor	Bangor MI	4483	37	F	15 35-39	31:28.2	10:09/M
230	Amy J Gronda	Paw Paw MI	7742	47	F	8 45-49	31:30.5	10:10/M
231	Amanda Breeding	Kalamazoo MI	4516	31	F	11 30-34	31:30.9	10:10/M
232	Jesey Davis	Paw Paw MI	4552	33	F	12 30-34	31:31.9	10:10/M
233	Betsy Johnson	Kalamazoo MI	7787	37	F	16 35-39	31:32.2	10:10/M
234	Emily Michael	Paw Paw MI	7858	11	F	3 11-14	31:36.4	10:12/M
235	Lisa Griesshammer	Kalamazoo MI	7740	54	F	4 50-54	31:36.6	10:12/M

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<b>Overall</b>	<b>Name</b>	<b>City</b>	<b>Bib No</b>	<b>Age</b>	<b>Gend</b>	<b>AG Place</b>	<b>Time</b>	<b>Pace</b>
236	Karly Manning	Hartford MI	7837	13	F	4 11-14	31:36.6	10:12/M
237	Melanie Krieg	Kalamazoo MI	7812	38	F	17 35-39	31:42.7	10:14/M
238	A Cardoso	Bangor MI	4529	32	F	13 30-34	31:45.6	10:15/M
239	Lisa Weurding	Lawton MI	8807	34	F	14 30-34	31:51.4	10:16/M
240	Joshua Ernestes	Paw Paw MI	4572	35	M	13 35-39	31:53.4	10:17/M
241	Whitney Hagen	Paw Paw MI	7748	61	F	2 60-64	31:53.7	10:17/M
242	John Ferrari	Paw Paw MI	4575	69	M	8 65-69	31:53.9	10:17/M
243	Grant Fulcher	Paw Paw MI	4584	11	M	17 11-14	31:54.0	10:17/M
244	Sarah Hagen	Kalamazoo MI	7746	34	F	15 30-34	31:54.3	10:17/M
245	Katie Emery	Dorr MI	4568	37	F	18 35-39	31:59.0	10:19/M
246	Gina Manning	Hartfordhartford MI	7836	44	F	12 40-44	32:00.7	10:19/M
247	Amy Tapper	Lawton MI	7975	26	F	19 25-29	32:07.6	10:22/M
248	Alan Price	Niles MI	7906	58	M	11 55-59	32:13.0	10:24/M
249	Erin Boot	Portage MI	4507	33	F	16 30-34	32:17.7	10:25/M
250	Renee Mielke	Portage MI	7863	54	F	5 50-54	32:18.5	10:25/M
251	Melissa Stull	Paw Paw MI	7973	31	F	17 30-34	32:19.4	10:25/M
252	Jon Moyle	Mattawan MI	7867	47	M	11 45-49	32:21.7	10:26/M
253	Cindy Smith	Paw Paw MI	7960	54	F	6 50-54	32:25.2	10:27/M
254	Laura Veldman	Stevensville MI	7988	41	F	13 40-44	32:29.8	10:29/M
255	Abigail Slazek		8916	28	F	20 25-29	32:33.2	10:30/M
256	Cecilia Vives	South Haven MI	7989	56	F	8 55-59	32:39.6	10:32/M
257	Tabetha Street	Benton Harbor MI	7969	38	F	19 35-39	32:41.8	10:33/M
258	Thomas Bennett	Paw Paw MI	4497	73	M	2 70-74	32:44.0	10:34/M
259	Brooke Marsh	Paw Paw MI	7838	26	F	21 25-29	32:50.6	10:35/M
260	Debbie May	Paw Paw MI	7845	64	F	3 60-64	32:56.3	10:37/M
261	Carie Faul	Mattawan MI	4573	50	F	7 50-54	32:57.0	10:38/M
262	Rebecca Newman	Lawton MI	7874	42	F	14 40-44	33:01.9	10:39/M
263	Lorraine Valk	Paw Paw MI	7984	51	F	8 50-54	33:02.9	10:39/M
264	Shirley Faux	South Haven MI	4574	46	F	9 45-49	33:07.9	10:41/M
265	Susanne Remelius	Kalamazoo MI	7915	39	F	20 35-39	33:09.5	10:42/M
266	Rachel Kelly	Paw Paw MI	7795	26	F	22 25-29	33:12.4	10:43/M
267	Jennifer Moyle	Mattawan MI	7866	47	F	10 45-49	33:14.9	10:43/M
268	Chase Boff	Paw Paw MI	4503	7	M	8 1-10	33:19.6	10:45/M
269	Lex Lounsbury		7828	5	M	9 1-10	33:24.2	10:46/M
270	Anita Ollila	Kalamazoo MI	7884	62	F	4 60-64	33:24.4	10:46/M
271	Abbie Bowen		8871	25	F	23 25-29	33:25.4	10:47/M
272	Jackson Mitchell		8857	7	M	10 1-10	33:29.3	10:48/M
273	Lana Pride	Lawton MI	7909	9	F	1 1-10	33:38.5	10:51/M
274	Brittany Abbs	Sturgis MI	4477	25	F	24 25-29	33:40.3	10:52/M
275	Mary Webb	Colon MI	7997	35	F	21 35-39	33:41.2	10:52/M
276	Tina Cowsert	Valparaiso IN	4543	44	F	15 40-44	33:46.1	10:54/M
277	Lynn Serbenski	Paw Paw MI	7947	50	F	9 50-54	33:59.5	10:58/M
278	Jaxin French	Kalamazoo MI	4582	7	M	11 1-10	34:07.7	11:00/M
279	Shirley De Boer	Paw Paw MI	4553	66	F	1 65-69	34:09.0	11:01/M
280	Eric Randall	Tinley Park IL	7912	12	M	18 11-14	34:10.6	11:01/M
281	Sheryl Price	Lawton MI	7905	44	F	16 40-44	34:20.5	11:05/M
282	Lori Oxley	Lawton MI	7889	44	F	17 40-44	34:20.6	11:05/M

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283	Derek Clarke	Mattawan MI	4535	34	M	15 30-34	34:26.9	11:06/M
284	Kristyn Culver	Mattawan MI	4548	34	F	18 30-34	34:27.6	11:07/M
285	Kailynn Bennett	Bloomington MI	4498	15	F	7 15-19	34:31.2	11:08/M
286	John Assenmacher	Schoolcraft MI	4490	50	M	13 50-54	34:34.0	11:09/M
287	Taylor Mitchell		8868	9	F	2 1-10	34:46.5	11:13/M
288	Colene Rose	Benton Harbor MI	7923	41	F	18 40-44	34:47.1	11:13/M
289	Julie Pullen		8878	55	F	9 55-59	34:48.1	11:14/M
290	Owen Ridley	South Haven MI	7917	43	M	13 40-44	34:48.6	11:14/M
291	Robert Steiner	Mattawan MI	7965	40	M	14 40-44	34:49.0	11:14/M
292	Lilly Wolf		8818	8	F	3 1-10	34:55.7	11:16/M
293	Karen Steffens	Hopkins MI	7963	54	F	10 50-54	34:58.3	11:17/M
294	Trang Phan	Portage MI	7901	28	F	25 25-29	34:59.7	11:17/M
295	Rebecca Ward		8913	29	F	26 25-29	35:04.7	11:19/M
296	Jess Ciaravino		8914	31	F	19 30-34	35:04.8	11:19/M
297	Willis Worick		8864	76	M	1 75-79	35:05.7	11:19/M
298	Travis Wetherill		8806	41	M	15 40-44	35:05.8	11:19/M
299	Amelia DiStefano		8866	26	F	27 25-29	35:08.2	11:20/M
300	Scott Testin	Paw Paw MI	7980	33	M	16 30-34	35:10.4	11:21/M
301	Lori Yech	Stevensville MI	8822	49	F	11 45-49	35:16.1	11:23/M
302	Melissa French	Kalamazoo MI	4583	38	F	22 35-39	35:16.8	11:23/M
303	Tiffany Fulcher	Paw Paw MI	4585	38	F	23 35-39	35:17.0	11:23/M
304	James Yech	Stevensville MI	8821	49	M	12 45-49	35:17.3	11:23/M
305	Jessica Michael	Paw Paw MI	7860	38	F	24 35-39	35:17.7	11:23/M
306	Elizabeth Godwin	Decatur MI	4593	65	F	2 65-69	35:23.2	11:25/M
307	Kristin Brooks		4517	35	F	25 35-39	35:31.3	11:27/M
308	Devan Hayes		7760	11	F	5 11-14	35:34.4	11:28/M
309	Roxann Brouwer	Lawrence MI	4518	54	F	11 50-54	35:37.5	11:29/M
310	Walter Pabis		8884	25	M	11 25-29	35:38.4	11:30/M
311	Erin Nadrasik	Scotts MI	7870	45	F	12 45-49	35:39.0	11:30/M
312	Erin Ingole	Lakeville IN	7779	32	F	20 30-34	35:42.7	11:31/M
313	Marla Alvarez	Portage MI	4481	28	F	28 25-29	35:44.2	11:32/M
314	Amy Kniss	Mattawan MI	7803	38	F	26 35-39	35:47.3	11:33/M
315	John Kocsis		7805	54	M	14 50-54	35:48.8	11:33/M
316	Ben Reynolds		8908	34	M	17 30-34	35:49.1	11:33/M
317	Joseph Slazek		8915	31	M	18 30-34	35:50.0	11:34/M
318	Amanda David	Kalamazoo MI	4551	41	F	19 40-44	35:51.7	11:34/M
319	Brittany Russell	Portage MI	7926	26	F	29 25-29	35:54.6	11:35/M
320	Mazelee Bittner	Hartford MI	4501	11	F	6 11-14	36:00.2	11:37/M
321	Nick Johnson	Mattawan MI	7789	13	M	19 11-14	36:01.9	11:37/M
322	Margie Perrin	Vicksburg MI	7899	50	F	12 50-54	36:17.7	11:42/M
323	Cory Johnson	Mattawan MI	7788	42	M	16 40-44	36:34.3	11:48/M
324	Katrina Newnum	Hartford MI	7875	37	F	27 35-39	36:34.3	11:48/M
325	Linda Tabbert	Three Rivers MI	7974	62	F	5 60-64	36:40.9	11:50/M
326	Traci Houghton	Ankeny IA	7776	45	F	13 45-49	36:44.1	11:51/M
327	Lauren Roberts	Ankeny IA	7921	14	F	7 11-14	36:44.3	11:51/M
328	Joyce Harris	Grass Lake MI	7753	61	F	6 60-64	36:45.2	11:51/M
329	Annelies Stephens	Kalamazoo MI	7967	25	F	30 25-29	36:47.7	11:52/M

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330	Shayla Wolf	Portage MI	8816	22	F	10 20-24	36:49.8	11:53/M
331	Angelica Alexander	Portage MI	4479	22	F	11 20-24	36:50.5	11:53/M
332	Brian Pride		7908	43	M	17 40-44	37:01.8	11:56/M
333	Jeana Hamilton	Mattawan MI	7750	42	F	20 40-44	37:08.4	11:59/M
334	Danyelle Cross	Bloomingtondale MI	4546	43	F	21 40-44	37:14.9	12:01/M
335	Ruth Cerny	Colon MI	4532	59	F	10 55-59	37:20.7	12:03/M
336	Mike Foster		8874	74	M	3 70-74	37:26.6	12:05/M
337	Jen Havlik	Saint Joseph MI	7755	35	F	28 35-39	37:33.9	12:07/M
338	Jim Havlik	Saint Joseph MI	7756	31	M	19 30-34	37:34.8	12:07/M
339	Amber Metz	Brighton MI	7855	27	F	31 25-29	37:41.4	12:09/M
340	Dan Tapper	Lawton MI	7976	27	M	12 25-29	37:51.7	12:13/M
341	Ed Stanek	Lawrence MI	7961	81	M	1 80-99	37:52.8	12:13/M
342	Brie Deadman	Paw Paw MI	4554	36	F	29 35-39	37:58.1	12:15/M
343	Mary Ward	Buchanan MI	7993	42	F	22 40-44	38:19.0	12:22/M
344	Shawn Ward	Buchanan MI	7992	42	M	18 40-44	38:19.0	12:22/M
345	Sara Nowell	Mattawan MI	7881	40	F	23 40-44	38:24.3	12:23/M
346	Rebecka Figgins		8861	41	F	24 40-44	38:28.3	12:25/M
347	Megan Reynolds	Lawton MI	7916	17	F	8 15-19	38:30.6	12:25/M
348	Sheryl Adinolfi		8875	40	F	25 40-44	38:59.2	12:35/M
349	Tonya Colvin	Paw Paw MI	4538	43	F	26 40-44	39:08.1	12:37/M
350	Eric Engel	Kalamazoo MI	4569	41	M	19 40-44	39:33.3	12:45/M
351	Stephanie McGowan	Paw Paw MI	7848	49	F	14 45-49	39:41.1	12:48/M
352	Aimee Johnson	Hartford MI	7785	34	F	21 30-34	39:50.6	12:51/M
353	Peg Weaver	Three Rivers MI	7996	57	F	11 55-59	39:54.6	12:52/M
354	Jamie Martin		8865	40	F	27 40-44	40:06.3	12:56/M
355	Ashley Shaw	Paw Paw MI	7951	12	F	8 11-14	40:07.7	12:56/M
356	Christine Vanhusan	Dowagiac MI	7986	60	F	7 60-64	40:22.6	13:01/M
357	Jason Hendrick	Mattawan MI	7765	43	M	20 40-44	40:33.2	13:05/M
358	Ray Lewis	Bloomingtondale MI	7826	56	M	12 55-59	40:35.2	13:05/M
359	Bob Watkins	Mattawan MI	7994	65	M	9 65-69	40:38.9	13:06/M
360	Dede Lewis	Bloomingtondale MI	7825	55	F	12 55-59	40:39.3	13:07/M
361	Jan Owens	Farwell MI	7887	57	F	13 55-59	40:53.4	13:11/M
362	Corrie Assenmacher	Schoolcraft MI	4489	49	F	15 45-49	41:03.5	13:15/M
363	Dodi Watkins	Mattawan MI	7995	60	F	8 60-64	41:08.5	13:16/M
364	Carol Patridge	Mattawan MI	7894	54	F	13 50-54	41:10.5	13:17/M
365	Jennifer Burson	Portage MI	4524	38	F	30 35-39	41:16.5	13:19/M
366	Sarah Fitzgerald		4577	33	F	22 30-34	41:16.7	13:19/M
367	Linda Vaughan	Kalamazoo MI	7987	67	F	3 65-69	41:23.9	13:21/M
368	Kim Grove	Coloma MI	7744	42	F	28 40-44	41:31.2	13:24/M
369	Virginia Calvetti	Saint Joseph MI	4528	50	F	14 50-54	41:50.4	13:30/M
370	Dana Nosich	Benton Harbor MI	7878	45	F	16 45-49	41:51.7	13:30/M
371	Jacquelyn Grigereit	Coloma MI	7741	24	F	12 20-24	41:54.6	13:31/M
372	Marsha Phillips	Paw Paw MI	7902	34	F	23 30-34	41:59.3	13:33/M
373	Owen Phillips	Paw Paw MI	7903	8	M	12 1-10	42:01.6	13:33/M
374	Leslie Brown	Portage MI	4519	30	F	24 30-34	42:02.2	13:34/M
375	Kyle Rousch	Portage MI	7925	26	M	13 25-29	42:09.9	13:36/M
376	Kim Pesegna	Allegan MI	7900	49	F	17 45-49	42:14.0	13:37/M



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377	Janice Fulford	Hartford MI	4586	57	F	14 55-59	42:17.1	13:38/M
378	Kate Shaw	Portage MI	7953	31	F	25 30-34	42:21.8	13:40/M
379	Terri Lamb	Paw Paw MI	7818	40	F	29 40-44	42:50.8	13:49/M
380	Sharon Eaton	Buchanan MI	4563	57	F	15 55-59	42:56.2	13:51/M
381	Anna Kiekoover		8883	25	F	32 25-29	43:46.2	14:07/M
382	Katie Wittenberg	Portage MI	8814	32	F	26 30-34	44:04.3	14:13/M
383	Frank Maston	Portage MI	7842	65	M	10 65-69	44:31.2	14:22/M
384	Christopher Siegel	Round Lake Beach IL	7958	37	M	14 35-39	44:37.1	14:24/M
385	Sarah Steiner	Mattawan MI	7966	40	F	30 40-44	44:38.3	14:24/M
386	Evelyn Wyman	Bloomingtondale MI	8820	64	F	9 60-64	45:07.4	14:33/M
387	Rick Counterterman	Paw Paw MI	4541	52	M	15 50-54	45:56.9	14:49/M
388	Wyatt Counterterman	Kalamazoo MI	4542	20	M	7 20-24	45:57.0	14:49/M
389	Amy Craddock		8879	0	F	1 0-0	45:57.3	14:49/M
390	Kara Boyer	Paw Paw MI	4514	10	F	4 1-10	46:00.0	14:50/M
391	Brian Boyer	Paw Paw MI	4512	41	M	21 40-44	46:00.0	14:50/M
392	Jana Boyer	Paw Paw MI	4513	38	F	31 35-39	46:00.0	14:50/M
393	Stephanie Engel	Kalamazoo MI	4570	33	F	27 30-34	46:05.9	14:52/M
394	Debbie Foune	Bloomingtondale MI	4578	59	F	16 55-59	46:31.0	15:00/M
395	Paula Jones	Grand Rapids MI	7790	50	F	15 50-54	46:51.6	15:07/M
396	Rose Stanek	Lawrence MI	7962	80	F	1 80-99	47:07.0	15:12/M
397	Carrie Burza	Bloomingtondale MI	4526	30	F	28 30-34	47:13.7	15:14/M
398	Lisa Hazard	Kalamazoo MI	7762	52	F	16 50-54	48:22.5	15:36/M
399	Michael Hazard	Kalamazoo MI	7763	54	M	16 50-54	48:24.2	15:37/M
400	Carol Shaw	Paw Paw MI	7952	35	F	32 35-39	48:38.2	15:41/M
401	Jennifer Hines	Kalamazoo MI	7772	40	F	31 40-44	48:50.3	15:45/M
402	Shannon Gruno	Reed City MI	7745	40	F	32 40-44	48:50.3	15:45/M
403	Steven A West	Fort Wayne IN	8805	61	M	10 60-64	49:45.2	16:03/M
404	Hope Kooyers	Lawton MI	7807	35	F	33 35-39	49:51.2	16:05/M
405	Gabe Kooyers	Lawton MI	7806	34	M	20 30-34	49:51.6	16:05/M
406	Sandra D West	Fort Wayne IN	8804	56	F	17 55-59	50:06.2	16:10/M
407	Savanna Lamb	Paw Paw MI	7817	12	F	9 11-14	50:08.7	16:10/M
408	Matt Selle	Paw Paw MI	7944	39	M	15 35-39	50:29.8	16:17/M
409	Angie Selle	Paw Paw MI	7943	34	F	29 30-34	50:30.8	16:17/M
410	Megan Hiestand		7768	11	F	10 11-14	51:12.9	16:31/M
411	Corbin Hayes		7758	7	M	13 1-10	52:01.0	16:47/M
412	Stacy Hayes		7761	42	F	33 40-44	52:27.5	16:55/M
413	Kayla Schiming	Mattawan MI	7928	7	F	5 1-10	52:31.5	16:56/M
414	Gina Schiming	Mattawan MI	7929	36	F	34 35-39	52:32.0	16:57/M
415	Kim Jourden	Paw Paw MI	7791	47	F	18 45-49	52:45.8	17:01/M
416	Angeline Schwartz	Vicksburg MI	7937	54	F	17 50-54	54:16.0	17:30/M
417	Whitley Moguel	Kalamazoo MI	7864	23	F	13 20-24	54:16.2	17:30/M
418	Emily Higdon	Portage MI	7770	33	F	30 30-34	56:11.7	18:07/M
419	Ellen Bacca		8870	28	F	33 25-29	56:12.0	18:08/M
420	Cassie Jastrzembksi	Saint Joseph MI	7782	34	F	31 30-34	1:02:26.9	20:08/M