

Race Date  
July 04, 2015

# 2015 Gene Bednarowski 5K Cherry Run/walk

## Age Group Results

### 5K Run

#### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alissa Frazee		19	9315	16	20:50.6	6:43/M

#### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Zachary Ornelas		23	9331	1	15:57.4	5:09/M

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### 5K Run

No age provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Unknown Partic. 201			201	185	34:47.8	11:13/M
2	Rick Stevens		0	9350	262	43:36.1	14:04/M

Female 1 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mikaela Cowgill		9	749	81	26:28.3	8:32/M
2	Addison Miller	Bloomington MI	10	877	92	27:08.8	8:45/M
3	Victoria Wurzel	Berrien Center MI	10	994	93	27:12.3	8:46/M
4	Lydia Koshar	Watervliet MI	9	842	278	47:44.6	15:24/M
5	Kyra Kreiger		8	9340	291	55:30.1	17:54/M
6	Kara Boyer	Paw Paw MI	9	728	295	1:05:17.6	21:04/M

Male 1 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Thomas Fitzpatrick		10	9369	50	23:43.7	7:39/M
2	Adam Nix		10	9373	118	29:09.5	9:24/M
3	Cole Caplen		8	9360	149	31:14.1	10:05/M
4	Luke Hays		9	9352	173	33:55.6	10:56/M
5	Andy Nyland	Aurora IL	10	894	174	33:57.2	10:57/M

Female 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Eva Sypsis	Watervliet MI	13	969	83	26:31.3	8:33/M
2	Katie Ruhno	Canton MI	13	935	146	31:06.5	10:02/M
3	Brianna Stanard	Lawrence MI	13	964	165	33:19.5	10:45/M
4	Cassidy Flondor	Mokena IL	13	770	212	37:13.9	12:00/M
5	Katy Nyland	Aurora IL	13	896	224	38:24.5	12:23/M
6	Emily Ruhno	Canton MI	12	934	239	40:58.4	13:13/M
7	Elyssa Stanard	Lawrence MI	13	965	252	42:32.3	13:43/M
8	Alexandra Hays		11	9353	273	45:38.6	14:43/M
9	Kathleen Krieger		12	9341	274	45:38.8	14:43/M

Male 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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### 5K Run

#### Male 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Max Rathburn	Portage MI	14	920	5	19:00.7	6:08/M
2	Carter Finch	Grand Junction MI	13	766	21	21:30.2	6:56/M
3	Daniel Metzger	La Grange IL	12	875	28	22:16.8	7:11/M
4	Connor Fitzpatrick		12	9370	44	23:26.9	7:34/M
5	Augustus Hinch		13	807	45	23:27.5	7:34/M
6	Luke Rathburn	Portage MI	11	919	53	23:56.5	7:43/M
7	Nolan Wertenan	St. Joseph MI	11	987	56	24:09.7	7:47/M
8	Race Bettich	Saint Joseph MI	11	721	63	24:33.5	7:55/M
9	Ian Ishmael	Coloma MI	14	826	66	24:42.9	7:58/M
10	Gabe Rathburn	Portage MI	12	918	67	24:51.2	8:01/M
11	Caeleb Ishmael	Coloma MI	11	824	102	28:14.3	9:06/M
12	Micah Hanau	St Joseph MI	11	801	117	29:08.2	9:24/M
13	Michael Mussallem	Lemont IL	12	889	140	30:31.1	9:51/M
14	James Lucero	Hartford MI	14	862	156	31:57.8	10:18/M
15	Riley Bettich	Saint Joseph MI	13	722	195	35:35.7	11:29/M
16	Colton Droucias	Berrien Springs MI	13	761	196	35:36.9	11:29/M
17	Jakob Hamilton	Mattawan MI	13	797	219	37:30.9	12:06/M
18	Stephen Hamilton	Mattawan MI	14	800	223	38:11.8	12:19/M
19	Connor Hamilton	Mattawan MI	11	796	228	39:02.8	12:35/M
20	Cameron Litaker	Berrien Springs MI	11	851	237	40:51.6	13:11/M
21	Caleb Droucias	Berrien Springs MI	11	760	238	40:52.2	13:11/M

#### Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Anna Frazee		17	9318	25	22:06.6	7:08/M
2	Margaret Dunne		19	762	78	25:52.1	8:21/M
3	Haley Divis		17	9322	80	26:23.5	8:31/M
4	Ashley Mussallem	Lemont IL	17	887	103	28:15.7	9:07/M
5	Aliea Chapin		18	9308	124	29:58.8	9:40/M
6	Kelly Sabo	Lawton MI	19	938	141	30:31.3	9:51/M
7	Madison Sheline	Elkhart IN	19	946	160	32:32.8	10:30/M
8	Lily Mussallem	Lemont IL	15	888	180	34:33.8	11:09/M
9	Desteni Mireles		16	880	202	35:54.7	11:35/M
10	Carly Divis		19	9375	230	39:15.2	12:40/M
11	Sarah Holtsclaw		18	9313	293	59:31.6	19:12/M

#### Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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## Age Group Results

### 5K Run

#### Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brad Wurzel	Berrien Center MI	17	992	2	18:37.9	6:00/M
2	Justin Smith	Bangor MI	16	956	3	18:55.3	6:06/M
3	Brendan Daly		17	9306	4	18:59.2	6:07/M
4	Jobe Kerr	Watervliet MI	15	833	6	19:44.6	6:22/M
5	Carson Finch	Grand Junction MI	15	765	8	19:55.3	6:25/M
6	Brian Metzger	La Grange IL	15	874	10	20:16.7	6:32/M
7	Ben Greiner		15	787	12	20:28.9	6:36/M
8	Sam Scriba		17	9320	13	20:36.2	6:39/M
9	Gregory Olsen	Coloma MI	15	899	15	20:46.5	6:42/M
10	Ben Loshbough	Watervliet MI	18	859	24	21:54.8	7:04/M
11	Caleb Falcone	Eau Claire MI	15	763	26	22:09.1	7:09/M
12	Haydon Richards		17	9330	35	22:49.5	7:22/M
13	Hunter Greenman	Niles MI	15	785	37	23:05.4	7:27/M
14	Hunter Norg	Lawrence MI	16	892	40	23:07.2	7:27/M
15	Blake Tempel	Mokena IL	18	971	42	23:25.3	7:33/M
16	Joek Dunlavy		17	9304	47	23:38.6	7:37/M
17	Eric Belt	Lawton MI	15	719	49	23:41.8	7:38/M
18	Max Dunlavy		15	9302	51	23:44.1	7:39/M
19	Charles Phillips		18	910	136	30:20.6	9:47/M
20	Matt Lonto	Berrien Springs MI	16	855	139	30:28.3	9:50/M
21	Tony Phillips		17	913	163	33:12.2	10:43/M
22	Justin Litaker	Berrien Springs MI	15	853	194	35:35.6	11:29/M
23	Dustin Muenchow	Watervliet MI	17	884	250	42:16.1	13:38/M

#### Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rebecca Guntz		22	9332	58	24:11.3	7:48/M
2	Emma Hoppstock	Niles MI	24	813	116	28:53.8	9:19/M
3	Margaret Brewick		22	734	126	30:02.9	9:41/M
4	Ashley Griesshammer	Kalamazoo MI	22	788	135	30:16.4	9:46/M
5	Corinne Kilgore	Elkhart IN	23	837	145	31:00.8	10:00/M
6	Lauren Sheline	Elkhart IN	21	945	150	31:15.3	10:05/M
7	Alicia Jewell	Lawton MI	20	830	155	31:49.7	10:16/M
8	Beth Brewick		24	730	188	34:58.3	11:17/M

#### Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Graham Hoppstock	Niles MI	20	815	18	21:03.6	6:47/M

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## Age Group Results

### 5K Run

#### Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
2	Sam Hanau	St Joseph MI	22	802	34	22:42.8	7:19/M
3	Joshua Burnett	Buchanan MI	24	737	46	23:36.2	7:37/M
4	Anthony Horvath		23	9333	57	24:11.3	7:48/M
5	Ryan Tempel	Mokena IL	20	973	61	24:25.9	7:53/M
6	Ben Linder	Elkhart IN	23	850	95	27:14.7	8:47/M
7	Cody Kilgore	Elkhart IN	22	836	206	36:41.6	11:50/M

#### Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ciera Tomsic	Bangor MI	25	976	74	25:32.4	8:14/M
2	Maria Chavez	Lawton MI	26	745	77	25:48.7	8:19/M
3	Amy Campbell	Kalamazoo MI	27	739	101	28:09.9	9:05/M
4	Alyssa Dibenedetto	Mokena IL	27	754	108	28:31.6	9:12/M
5	Jessica Lanham	Austin TX	27	845	122	29:39.2	9:34/M
6	Jackie Jasper		28	9365	130	30:03.5	9:42/M
7	Joan Mezewich		29	9364	134	30:14.4	9:45/M
8	Ashley Tenter	Watervliet MI	28	974	144	30:57.3	9:59/M
9	Moriah Hathaway-Casey		28	9355	157	31:58.6	10:19/M
10	Amber Manning	Three Rivers MI	28	865	162	33:10.4	10:42/M
11	Brianna Slutsky	Bloomington IL	26	951	172	33:55.3	10:56/M
12	Kimberly Smith	Three Rivers MI	27	957	182	34:37.2	11:10/M
13	Brielle Brewick		28	731	184	34:47.2	11:13/M
14	Mary Kiefer		29	834	187	34:55.8	11:16/M
15	Stacey Miller		29	9334	210	37:08.3	11:59/M
16	Priscilla Mireles		28	882	247	42:05.8	13:35/M
17	Heather Jarvis	Benton Harbor MI	28	828	248	42:13.3	13:37/M

#### Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Adam Donaldson		25	758	9	20:16.3	6:32/M
2	Derek Griesshammer	Kalamazoo MI	26	789	17	20:57.1	6:45/M
3	Patrick Brewick		28	735	30	22:33.3	7:16/M
4	Ryan Kiefer		29	835	127	30:03.2	9:42/M
5	Andrew Dimarco		25	756	179	34:31.8	11:08/M

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# 2015 Gene Bednarowski 5K Cherry Run/walk

## Age Group Results

### 5K Run

#### Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Crystal Cowgill		33	748	33	22:42.2	7:19/M
2	Molly Beam	Mattawan MI	33	712	100	27:56.5	9:01/M
3	Denise Fletcher	Coloma MI	30	768	137	30:20.9	9:47/M
4	Holly Musick	Coloma MI	33	886	138	30:21.3	9:47/M
5	Kati Spinks	Coloma MI	30	962	193	35:30.8	11:27/M
6	Kelly Gulliver	Benton Harbor MI	30	793	199	35:52.9	11:34/M
7	Angela Guyadeen	Chicago IL	34	794	201	35:53.1	11:35/M
8	Nancy Miller	Watervliet MI	31	878	208	36:54.4	11:54/M
9	Megan Goshorn	Atlanta GA	31	779	216	37:26.9	12:05/M
10	Jessica Frazier		30	774	220	37:32.7	12:06/M
11	Lisa Constant	Watervliet MI	34	747	231	39:22.3	12:42/M
12	Cassie Jastrzembski	Saint Joseph MI	33	829	235	40:13.8	12:58/M
13	Kim Boyer		34	9358	255	42:40.7	13:46/M
14	Kimberly Reynolds	Bloomington MI	33	923	266	44:23.9	14:19/M
15	Katie Hoover	Gull Lake MI	32	812	281	48:05.9	15:31/M

#### Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Andy Phillips		31	908	23	21:43.8	7:00/M
2	Nick Krug		31	9346	69	25:13.8	8:08/M
3	David Rigozzi	Bangor MI	33	928	71	25:23.9	8:11/M
4	Neil Leinen	Austin TX	30	847	82	26:30.5	8:33/M
5	Shannon Smith	Grand Junction MI	33	958	84	26:35.5	8:35/M
6	Joseph Weist		32	9323	90	27:06.2	8:45/M
7	Jim Hoff	Westmont IL	31	810	97	27:20.2	8:49/M
8	Brad Manning		30	9380	106	28:22.3	9:09/M
9	Aaron Weidman	Atlanta GA	32	984	128	30:03.3	9:42/M
10	Mark Shulaw		33	949	154	31:44.5	10:14/M
11	Greg Garrison	Benton Harbor MI	33	775	203	36:05.1	11:38/M
12	Addam Wentzel	Mattawan MI	33	986	289	52:22.8	16:54/M

#### Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Trisha Bettich	Saint Joseph MI	36	723	64	24:34.2	7:55/M
2	Kerry Grabowski	Geneva IL	38	781	72	25:24.7	8:12/M
3	Sofia Patton	Watervliet MI	35	905	75	25:32.8	8:14/M
4	Anna Jordan	South Haven MI	38	832	79	25:58.8	8:23/M
5	Teresa Nix		35	9374	110	28:36.8	9:14/M

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# 2015 Gene Bednarowski 5K Cherry Run/walk

## Age Group Results

### 5K Run

#### Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Amber Harmon	Portage IN	36	803	113	28:48.3	9:17/M
7	Brandy Nelson	Portage IN	38	891	114	28:48.5	9:17/M
8	Becky Hotovy		35	818	131	30:06.3	9:43/M
9	Angie Molter	Watervliet MI	38	883	142	30:39.9	9:53/M
10	Ginnette Chapin		37	9307	161	32:41.8	10:33/M
11	Maria Dahn		36	753	181	34:35.6	11:09/M
12	Kelly Prillwitz		36	914	207	36:46.9	11:52/M
13	Jessica Disterheft		37	757	215	37:23.2	12:04/M
14	Kelly Stanard	Lawrence MI	38	967	234	40:11.5	12:58/M
15	Sarah Stevens		37	9349	246	41:34.3	13:25/M
16	Katie Boyer	Saint Joseph MI	35	729	265	44:22.8	14:19/M
17	Betsy Sejud	Orland Park IL	37	942	270	45:15.1	14:36/M
18	Kristin Koshar	Watervliet MI	39	841	277	47:44.1	15:24/M
19	Jana Boyer	Paw Paw MI	37	727	296	1:05:47.6	21:13/M

#### Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sean Patton	Watervliet MI	35	904	20	21:24.3	6:54/M
2	Brian Bain		35	9362	22	21:38.3	6:59/M
3	Ed Rothgery		36	9309	31	22:38.5	7:18/M
4	Craig Hansen		37	9312	36	22:55.5	7:24/M
5	Matthew Grabowski	Geneva IL	36	782	38	23:06.1	7:27/M
6	Scott Shipman		37	9311	43	23:26.5	7:34/M
7	Brad Phillips		39	909	65	24:40.5	7:57/M
8	Fred Boyer	Kentwood MI	37	726	147	31:08.1	10:03/M
9	Micah Sherman		36	9345	151	31:29.2	10:09/M
10	Doug Allen	Plainfield IL	39	701	168	33:32.9	10:49/M
11	Jason Greenman	Niles MI	37	786	240	41:12.9	13:17/M
12	Aaron Sejud	Orland Park IL	38	941	269	45:14.5	14:35/M

#### Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Penny Rathburn	Portage MI	43	921	59	24:14.8	7:49/M
2	Caroline Walkinshaw	Chicago IL	42	978	60	24:19.6	7:51/M
3	Kim Caporale	Homewood IL	40	741	76	25:36.7	8:15/M
4	Gina Grear		44	784	91	27:06.6	8:45/M
5	Stacy Barker		42	709	112	28:46.9	9:17/M
6	Shannon Beebe	Berrien Springs MI	41	716	133	30:10.7	9:44/M

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## Age Group Results

### 5K Run

#### Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
7	Kim Caplea		41	9361	166	33:20.5	10:45/M
8	Colleen Nyland	Aurora IL	42	895	170	33:52.4	10:55/M
9	Mary Ward		41	979	175	33:59.8	10:58/M
10	Lisa Bekkering	Muskegon MI	41	718	190	35:01.8	11:18/M
11	Katy Kibbey		44	9377	198	35:48.3	11:33/M
12	Jeana Hamilton	Mattawan MI	40	798	229	39:06.6	12:37/M
13	Kellie Ruhno	Canton MI	44	936	242	41:24.8	13:21/M
14	Kim Grove		40	792	243	41:26.5	13:22/M
15	Christine Frantz		44	9310	245	41:31.9	13:24/M
16	Misty Muenchow	Watervliet MI	42	885	249	42:16.1	13:38/M
17	Colene Rose		40	9344	254	42:38.3	13:45/M
18	Cindy Lagrow		42	9356	256	42:41.7	13:46/M
19	Jody Litaker	Berrien Springs MI	41	852	259	42:54.3	13:50/M
20	Jennifer Williams		40	9357	260	43:01.4	13:53/M
21	Heidi Ishmael	Coloma MI	42	825	261	43:07.3	13:55/M
22	Teresa Fitzgerald		42	767	285	49:08.6	15:51/M
23	Lavila Weckwerth	Coloma MI	44	982	290	53:25.2	17:14/M

#### Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Elliott Stowe		42	9376	7	19:44.6	6:22/M
2	Aaron Weber		40	9328	14	20:37.8	6:39/M
3	Collins Fitzpatrick		44	9368	29	22:31.6	7:16/M
4	Jene Hamilton	Mattawan MI	41	799	88	26:51.8	8:40/M
5	Greg Grear		43	9343	109	28:33.7	9:13/M
6	George Stanard	Lawrence MI	41	966	125	30:00.8	9:41/M
7	Grant Hart		41	9303	129	30:03.5	9:42/M
8	Stan Weckwerth	Coloma MI	44	983	169	33:35.1	10:50/M
9	Jon Phillips		42	912	171	33:53.4	10:56/M
10	Shawn Ward		41	980	176	33:59.8	10:58/M
11	Gene Barker		44	708	197	35:44.8	11:32/M
12	Owen Ridley	South Haven MI	42	926	214	37:16.3	12:01/M
13	Brian Boyer	Paw Paw MI	40	725	232	39:34.5	12:46/M

#### Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Marie Halpin		46	9366	32	22:39.4	7:18/M
2	Lynda Wurzel	Berrien Center MI	48	993	62	24:29.0	7:54/M



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## Age Group Results

### 5K Run

#### Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Heidi Williams	Portage MI	49	988	153	31:30.7	10:10/M
4	Renee Bigeck	Chicago IL	48	724	186	34:48.3	11:14/M
5	Kristie Scriba		48	9319	200	35:52.9	11:34/M
6	Wendy Flondor	Mokena IL	45	772	211	37:12.2	12:00/M
7	Angela Tempel	Mokena IL	48	970	218	37:30.1	12:06/M
8	Lisa Granat	Bloomington MI	45	783	226	38:49.4	12:31/M
9	Esther Lonto	Berrien Springs MI	45	854	233	40:10.8	12:57/M

#### Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tony Baker	Benton Harbor MI	47	704	19	21:10.5	6:50/M
2	Rob Metzger	La Grange IL	47	876	52	23:52.7	7:42/M
3	Bill Loshbbough	Watervliet MI	48	857	73	25:25.2	8:12/M
4	Ivan Hays		49	9354	89	26:53.2	8:40/M
5	Ray Cox		45	9372	120	29:21.8	9:28/M
6	Daron Sheline	Elkhart IN	48	944	152	31:30.2	10:10/M
7	Guadalupe Castaneda		47	9382	217	37:27.4	12:05/M
8	Randy Lonto	Berrien Springs MI	48	856	225	38:40.3	12:28/M
9	Mike Nyland	Aurora IL	45	897	244	41:31.7	13:24/M

#### Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Donna Hill	St Joseph MI	53	806	123	29:40.2	9:34/M
2	Lisa Griesshammer	Kalamazoo MI	53	790	159	32:27.3	10:28/M
3	Mary Snyder	Watervliet MI	53	960	164	33:15.8	10:44/M
4	Mary Norris	Portage MI	51	893	189	34:59.9	11:17/M
5	Sherry Saenz		52	9347	191	35:13.2	11:22/M
6	Denise Frazee		51	9317	205	36:27.5	11:45/M
7	Liane Hoppstock	Niles MI	54	816	241	41:14.5	13:18/M
8	Nancy Brown		53	9367	251	42:30.3	13:43/M
9	Marianne Groth		51	791	253	42:35.2	13:44/M
10	Kim Ruhlig	Ada MI	51	933	258	42:47.4	13:48/M
11	Dede Lewis	Bloomington MI	54	848	263	43:46.5	14:07/M
12	Carol Patridge	Mattawan MI	53	903	275	46:17.3	14:56/M
13	Kerry Wilson	Stevensville MI	54	989	292	57:13.1	18:27/M

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## Age Group Results

### 5K Run

#### Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bruce Fraze		53	9316	11	20:19.1	6:33/M
2	Jeff Barchett	Benton Harbor MI	53	707	39	23:06.8	7:27/M
3	Kevin Fazzini	South Haven MI	51	764	70	25:16.4	8:09/M
4	Mark Warzel		51	9359	94	27:13.5	8:47/M
5	Eric Hoppstock	Niles MI	53	814	98	27:48.6	8:58/M
6	Gary Ruhlig	Ada MI	52	932	115	28:52.4	9:19/M
7	Terry Manning	Hartford MI	51	866	132	30:07.2	9:43/M
8	Kris Stakley		54	963	148	31:12.7	10:04/M
9	Bj McAndrew	Naperville IL	50	867	183	34:42.5	11:12/M
10	Daniel Mireles		53	879	204	36:12.8	11:41/M
11	Kevin Flondor	Mokena IL	50	771	213	37:13.9	12:00/M
12	Robert Tempel	Mokena IL	53	972	267	44:25.4	14:20/M
13	Martin Quigley	Coloma MI	53	917	271	45:32.1	14:41/M

#### Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cheryl Miller		57	9336	54	24:02.2	7:45/M
2	Christine Vanttusan		59	9305	107	28:28.2	9:11/M
3	Judy Slutsky	Monroe NY	56	952	177	34:24.7	11:06/M
4	Colleen Myers	Bangor MI	58	890	178	34:25.8	11:06/M
5	Kim Cronk	Kalamazoo MI	57	750	192	35:18.5	11:23/M
6	Elsisa Watkins	Mattawan MI	59	981	209	37:00.6	11:56/M
7	Christine VanHusan		59	9348	272	45:37.4	14:43/M
8	Judy Lynch		58	9363	282	48:35.5	15:40/M
9	Debbie Foune	Bloomington MI	58	773	284	49:00.4	15:48/M
10	Karen Seymour	Watervliet MI	58	943	286	50:08.6	16:10/M
11	Laurie Prince		55	9378	294	1:05:16.6	21:03/M

#### Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tim Lynch		55	864	27	22:12.1	7:10/M
2	Stephen Kinney	Benton Harbor MI	55	838	41	23:11.4	7:29/M
3	Doug Getman		58	9337	48	23:40.6	7:38/M
4	Steve McCloskey	Paw Paw MI	56	868	86	26:36.8	8:35/M
5	Jeff Cayo		59	9339	87	26:39.8	8:36/M
6	Dennis Zebell		57	995	104	28:18.2	9:08/M
7	David Rawson	Dowagiac MI	55	922	105	28:20.7	9:08/M
8	Larry Scott	Huntingdon TN	57	940	264	44:12.2	14:15/M

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## Age Group Results

### 5K Run

#### Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
9	Ray Lewis	Bloomington MI	55	849	276	47:25.3	15:18/M

#### Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Anne Pudell		62	915	283	48:36.7	15:41/M
2	Nancy Hathaway	Hartford MI	64	804	288	51:59.1	16:46/M

#### Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Marlin Howe		60	9329	55	24:02.8	7:45/M
2	Bill Small	Niles MI	60	953	85	26:36.2	8:35/M
3	Jeff Shelton		60	9338	111	28:43.4	9:16/M
4	Don Symonds		60	9324	167	33:29.8	10:48/M
5	William Hinsdale	Burr Ridge IL	64	809	221	37:44.1	12:10/M
6	Robert Watkins		64	9321	257	42:43.7	13:47/M

#### Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Shirley Pascal		66	901	222	37:58.7	12:15/M
2	Roberta Woodruff	Dowagiac MI	67	990	236	40:17.8	13:00/M

#### Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tom Tollefson		67	975	68	24:55.3	8:02/M
2	Jerry Spate	Weidman MI	66	961	96	27:15.9	8:47/M
3	Bill Garrity	Glenn MI	67	776	99	27:52.7	8:59/M
4	Vere Shindeldecker		67	948	119	29:10.8	9:25/M
5	Jeff Phillips		68	911	143	30:55.1	9:58/M
6	Roger Bentley	Coloma MI	65	720	158	32:01.5	10:20/M
7	Bill McDonald	Canton MI	69	869	268	44:51.4	14:28/M
8	Millard Doster		65	759	280	48:04.6	15:30/M

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## Age Group Results

### 5K Run

#### Female 70 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mary Diethrich		70	755	227	38:59.4	12:35/M
2	Josephine Smith		70	955	287	50:25.9	16:16/M

#### Male 70 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Walter Pascal		72	902	121	29:27.8	9:30/M
2	Robert Husek		70	819	279	47:58.4	15:28/M

#### Female 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
	No Finishers						

#### Male 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
	No Finishers						

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## Age Group Results

### Walk

#### Female 0-99

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Julie Holtsclaw		50	9314	1	29:58.9	9:40/M
2	Nada Kramp		58	9371	2	33:34.3	10:50/M
3	Kerrie Hinch		41	808	3	37:20.7	12:03/M
4	Lisa Crowder	Hartford MI	39	752	6	42:17.4	13:38/M
5	Tifani Hosier	South Haven MI	20	817	8	42:33.8	13:44/M
6	Emmy Beidler		26	717	9	42:35.3	13:44/M
7	Maureen Ovington	Coloma MI	38	900	10	43:15.2	13:57/M
8	Teri Cap	Coloma MI	50	740	11	43:41.8	14:05/M
9	Irene Brewick		65	733	12	44:01.1	14:12/M
10	Barbara Strong	Bloomington MI	59	968	13	44:03.8	14:13/M
11	Jacquie Johnson		55	831	14	46:22.8	14:57/M
12	Yvonne Isom		51	827	15	46:23.3	14:58/M
13	Christine Quigley	Coloma MI	49	916	16	47:55.5	15:27/M
14	Marie Rose		68	9381	18	48:07.1	15:31/M
15	Maria Hutchins		52	821	19	49:05.5	15:50/M
16	Sybil Smith		50	959	20	49:05.8	15:50/M
17	Jmeadows Meadows	Lawrence MI	42	873	21	49:06.3	15:50/M
18	Davina Hill		37	805	22	49:06.6	15:50/M
19	Angie Wells		34	985	23	49:08.6	15:51/M
20	Janet King		51	9325	24	49:25.3	15:56/M
21	Constance Koenig	Paw Paw MI	36	839	26	49:50.1	16:05/M
22	Karlianne Loshbough	Watervliet MI	23	860	27	50:04.8	16:09/M
23	Amy Loshbough	Watervliet MI	45	858	28	50:05.2	16:09/M
24	Kamoka Castaneda		45	9383	29	51:36.3	16:39/M
25	Wendy Beam	Gobles MI	44	713	31	52:15.8	16:51/M
26	Linda Byers	Portage IN	61	738	33	53:24.3	17:14/M
27	Megan Brinkman	Plainwell MI	41	736	34	54:22.1	17:32/M
28	Beth Beam		66	9327	36	54:56.6	17:43/M
29	Valerie Krieger		46	9342	38	55:26.9	17:53/M
30	Wendy Hays		47	9351	39	55:29.5	17:54/M
31	Jennifer Lanham	Saint Joseph MI	48	844	40	57:13.1	18:27/M
32	Paige Lanham	Saint Joseph MI	21	846	41	57:13.1	18:27/M
33	Heather Miller		29	9335	42	57:55.1	18:41/M
34	Patricia Valenti	Coloma MI	75	977	43	1:00:16.3	19:26/M
35	Judy Mireles		52	881	44	1:01:03.1	19:42/M
36	Amy Iliff		30	822	45	1:01:42.4	19:54/M
37	Brandy Eberhard		33	9379	47	1:05:13.7	21:02/M
38	Heather Peterson	Bangor MI	47	907	49	1:07:43.5	21:51/M
39	Sarah Hadley	Saint Joseph MI	38	795	50	1:07:43.9	21:51/M
40	Missy Becht	Hartford MI	44	714	51	1:08:34.5	22:07/M
41	Megan Carlson	Hartford MI	23	742	54	1:08:37.8	22:08/M

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## Age Group Results

### Walk

#### Male 0-99

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Charles Brewick		68	732	4	41:45.1	13:28/M
2	Bruce Gelbaugh		65	777	5	41:52.9	13:30/M
3	Jim Grabowski	Watervliet MI	66	780	7	42:28.6	13:42/M
4	David Conklin		64	746	17	47:59.8	15:29/M
5	Tom Nimt		62	9301	25	49:45.2	16:03/M
6	Aiden Beam	Gobles MI	7	710	30	52:07.5	16:49/M
7	Patrick M. Lynch	Paw Paw MI	67	863	32	52:45.8	17:01/M
8	Brian Beam	Gobles MI	43	711	35	54:25.5	17:33/M
9	Rick Beam		66	9326	37	54:59.3	17:44/M
10	Ben Iliff		35	823	46	1:01:44.6	19:55/M
11	Greg Krell		56	843	48	1:07:05.7	21:38/M
12	Shayne Carlson	Hartford MI	22	743	52	1:08:35.6	22:07/M
13	Scott Becht	Hartford MI	55	715	53	1:08:36.5	22:08/M