

2015 HCHS/PRCS Spring Sprint

Age Group Results

Race Date

May 16, 2015

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jennifer VanBaren	Crown Point IN	28	5548	9	24:57.7	8:08/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Seth Bleyenber	Caledonia MI	15	5501	1	19:31.3	6:18/M

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Female 12 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chloe DeJong	Crete IL	9	5504	23	30:07.0	9:45/M
2	Isabella VanderWoude		11	5564	31	32:06.1	10:24/M
3	Hanna Vermeer	St. John IN	9	5557	50	41:51.1	13:32/M
4	Sara Holleman	Beecher IL	9	5516	51	41:58.0	13:34/M

Male 12 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jonah Regnerus	Cedar Lake IN	10	5539	14	27:54.0	9:02/M
2	Jared VanBaren	Cedar Lake IN	12	5549	15	28:04.9	9:05/M
3	Brady Vroom	Cedar Lake IN	11	5560	19	28:57.1	9:22/M
4	Ivan Smits	Crete IL	8	5541	27	31:41.2	10:15/M
5	Tyler Lenting	St. John IN	11	5526	29	31:50.1	10:18/M
6	David Holleman	Dyer IN	12	5518	33	33:01.3	10:40/M
7	Sean Vermeer	St. John IN	10	5558	35	33:43.3	10:54/M
8	Troy Ophoff	Lynwood IL	12	5534	36	34:08.8	11:04/M
9	Brendan Vermeer	St. John IN	7	5556	38	34:33.1	11:09/M
10	Eric III Ophoff	Lynwood IL	10	5533	45	39:40.0	12:49/M
11	Daniel Holleman	Dyer IN	10	5517	46	39:49.3	12:52/M

Female 13 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Libby Hillegonds	Dyer IN	14	5512	16	28:27.5	9:12/M
2	Amanda Ophoff	St. John IN	15	5535	17	28:33.8	9:14/M
3	Julia Holleman	Beecher IL	14	5515	42	36:06.5	11:40/M
4	Morgan VanDerGriend	Lansing IL	13	5551	43	36:07.5	11:40/M

Male 13 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Luke VanBaren	Cedar Lake IN	13	5550	7	22:56.5	7:25/M
2	Sam Lenting	St John IN	14	5528	8	23:54.6	7:44/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Erin Kooiker	Tinley Park IL	20	5520	13	27:03.2	8:45/M
2	Christina Zandstra	Lansing IL	23	5561	44	36:51.8	11:57/M

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Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Blake DeBoer	Hudsonville MI	23	5502	4	20:59.6	6:47/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Elizabeth VanDrunen	Lansing IL	25	5554	21	29:25.3	9:32/M
2	Alicia Van Baren	munster IN	26	5545	22	29:25.6	9:32/M
3	Jennifer VanBaren		27	5567	34	33:29.8	10:50/M
4	Tracy Kooy	Crete IL	25	5522	53	44:05.5	14:18/M
5	Erin VanDerNoord	Dyer IN	25	5552	54	44:06.0	14:18/M
6	Ashley VanBaren	Beecher IL	26	5547	56	44:27.4	14:25/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Zachary Lanting	Schererville IN	26	5524	2	19:52.6	6:25/M
2	Zach Vis	Dyer IN	27	5559	25	31:15.5	10:07/M
3	Matthew Huisenga	St John IN	26	5519	28	31:46.5	10:18/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bobbi Regnerus	Cedar Lake IN	33	5538	32	32:09.0	10:26/M
2	Bethanne Lenting	Beecher IL	38	5527	37	34:32.7	11:12/M
3	Stacy Lenting	St. John IN	35	5525	40	35:12.4	11:24/M
4	Dawn Feenstra	Cedar Lake IN	30	5508	49	41:36.2	13:28/M
5	Annette Ophoff	Lynwood IL	35	5532	52	42:50.3	13:53/M
6	Jennifer Lenting		37	5529	59	49:39.2	16:05/M
7	Jennifer DeJong	Crete IL	37	5505	61	50:40.7	16:25/M
8	Patricia Lenting	Hudsonville MI	38	5530	62	50:42.2	16:25/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jonathan Mahtani	St. John IN	30	5531	5	21:34.3	6:58/M
2	Stephan DeJong	Crete IN	38	5506	6	21:36.4	7:00/M
3	Eric Armendariz		38	5566	10	26:09.9	8:28/M
4	Rob Taylor	Crown Point IN	37	5544	26	31:16.8	10:07/M
5	Brian Van Baren	munster IN	30	5546	30	31:52.0	10:19/M

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Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rachel Hillegonds	Dyer IN	43	5513	12	26:49.2	8:41/M
2	Judie Holleman	Beecher IL	46	5514	47	41:04.1	13:19/M
3	Michelle VanDerNoord	Crete IL	46	5553	55	44:27.3	14:25/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Feenstra	Cedar Lake IN	42	5509	18	28:52.7	9:24/M

Female 50 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jan Lanting	Dyer IN	64	5523	41	35:46.6	11:35/M
2	Norma Rau	Grand Rapids MI	53	5536	48	41:35.6	13:28/M
3	Nanci Kooy	Beecher IL	52	5521	57	48:35.0	15:45/M
4	Tammie Swan	Cedar Lake IN	51	5543	58	48:37.4	15:45/M
5	Ruth Deenik	Cedar Lake IN	63	5503	60	50:04.8	16:13/M

Male 50 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Rau	Grand Rapids MI	55	5537	3	20:21.1	6:34/M
2	Phil Koocker		51	5565	11	26:32.8	8:36/M
3	Keith VanDrunen	Lansing IL	56	5555	20	29:25.2	9:32/M
4	Ed Stouwie	Munster IN	62	5542	24	30:30.1	9:53/M
5	Michael Elzinga	Grandville MI	58	5507	39	35:12.2	11:24/M