

Spring Ahead 5K & 15K

Race Date
March 08, 2020

Overall Finish List**5K**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Brent Gossett	Vernon Hills IL	2599	39	M	1: Overall	20:36.7	6:40/M
2	Tim Gross	Demotte IN	2504	36	M	1: 35-39	21:03.6	6:48/M
3	Samuel Arzumanian	Munster IN	2644	56	M	1: Masters	21:06.3	6:49/M
4	Nick Underwood	Valparaiso IN	756	37	M	2: 35-39	22:41.6	7:20/M
5	Kyle Foreman	Valparaiso IN	2528	12	M	1: 11-12	22:45.8	7:24/M
6	Samuel Geiger	Valparaiso IN	2969	10	M	1: 1-10	22:51.5	7:23/M
7	Nicholas Mescal	Portage IN	2943	28	M	1: 25-29	23:17.9	7:33/M
8	Evan Olson	Portage IN	2671	18	M	1: 15-19	23:19.5	7:32/M
9	Jason Freitag	Valparaiso IN	792	50	M	1: 50-54	23:31.1	7:36/M
10	Jake Allison	Portage IN	2661	18	M	2: 15-19	23:32.9	7:36/M
11	Adam White	Valparaiso IN	2941	35	M	3: 35-39	23:55.4	7:44/M
12	Elaine Hendricks	Valparaiso IN	859	63	F	1: Overall	24:02.6	7:46/M
13	Tim Murphey	Michigan City IN	2641	42	M	1: 40-44	24:18.1	7:55/M
14	Mark Connors	Valparaiso IN	793	47	M	1: 45-49	24:37.0	7:57/M
15	Ryan Sandberg	Cedar Lake IN	2928	12	M	2: 11-12	24:56.0	8:05/M
16	Ruben Sanchez	Lake Station IN	2698	61	M	1: 60-64	25:26.0	8:14/M
17	Corey Lee	Montgomery AL	2570	45	M	2: 45-49	25:48.8	8:20/M
18	Tim Kulesa	Portage IN	2587	53	M	2: 50-54	25:54.8	8:22/M
19	Matt Swavey	Valparaiso IN	896	35	M	4: 35-39	26:08.4	8:28/M
20	Brandon Wilson	Portage IN	884	30	M	1: 30-34	26:26.9	8:42/M
21	Katie Dal Santo	Cedar Lake IN	2584	26	F	1: 25-29	26:31.5	8:51/M
22	Mannis Wesley	Schaumburg IL	2502	35	M	5: 35-39	26:33.5	8:36/M
23	Alejandra Ceja	Hammond IN	2607	33	F	1: 30-34	26:34.3	8:35/M
24	Brooklyn Reed	Portage IN	2800	11	F	1: 11-12	26:35.1	8:35/M
25	Shannon Campbell	Highland IN	2796	37	M	6: 35-39	26:38.1	8:38/M
26	Matthew Holsclaw	Hobart IN	2572	19	M	3: 15-19	26:39.2	8:37/M
27	Megan Clay	Chesterton IN	2510	29	F	2: 25-29	26:39.8	8:36/M
28	Pamela Moore	Chesterton IN	2904	37	F	1: 35-39	26:44.0	8:39/M
29	Matt Anderson	Chesterton IN	2792	18	M	4: 15-19	26:45.9	8:41/M
30	Steve Packovski	Crown Point IN	2687	39	M	7: 35-39	27:04.4	8:48/M
31	Kirk Smart	Morris IL	2514	44	M	2: 40-44	27:11.9	8:49/M
32	Brooklyn Scruggs	Plymouth IN	2690	9	F	1: 1-10	27:14.0	8:49/M
33	Phil Scruggs	Plymouth IN	2689	46	M	3: 45-49	27:16.3	8:50/M
34	Jean Jannasch	Valparaiso IN	861	73	F	1: Masters	27:18.7	8:49/M
35	Juan Ceja	Lake Station IN	2533	30	M	2: 30-34	27:24.0	8:56/M
36	Landon Miller	Portage IN	800	13	M	1: 13-14	27:24.9	8:54/M
37	Christopher Barkow	Valparaiso IN	2673	37	M	8: 35-39	27:29.9	8:56/M
38	Jon Nannenga	Kouts IN	2650	34	M	3: 30-34	27:43.3	9:00/M
39	Melissa Cummins	Valparaiso IN	2945	38	F	2: 35-39	27:52.8	9:02/M
40	Morgan Laux	Michigan City IN	2793	25	F	3: 25-29	27:57.3	9:03/M
41	Natalie Drach	Griffith IN	2794	27	F	4: 25-29	27:59.5	9:10/M
42	Jeff Peterson	Grant Park IL	2573	55	M	1: 55-59	28:05.5	9:05/M
43	Kim Gilbert	Medaryville IN	2515	45	F	1: 45-49	28:36.1	9:14/M
44	Melissa Ofman	Valparaiso IN	2699	40	F	1: 40-44	28:39.4	9:17/M
45	Natalie Jovel	Crown Point IN	2637	17	F	1: 15-19	28:39.7	9:18/M
46	Alex Broton	Valparaiso IN	2947	12	M	3: 11-12	28:42.5	9:20/M
47	Bailee Laux	Michigan City IN	2724	18	F	2: 15-19	28:53.8	9:21/M

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48	Emily Walden	Crown Point IN	2638	18	F	3: 15-19	28:59.0	9:24/M
49	Eric Diamond	South Bend IN	2557	61	M	2: 60-64	29:03.5	9:27/M
50	Kerri Patrick	Westville IN	2912	30	F	2: 30-34	29:03.8	9:24/M
51	Lisa Martinez	Hammond IN	2795	30	F	3: 30-34	29:05.6	9:29/M
52	Carrie Miller	Valparaiso IN	2582	42	F	2: 40-44	29:14.9	9:36/M
53	Emilie Hunt	Valparaiso IN	2640	37	F	3: 35-39	29:39.9	9:39/M
54	Maxwell Hunter	Knox IN	2636	16	M	5: 15-19	29:47.3	9:40/M
55	Jamie Murzyn	Crown Point IN	2585	37	F	4: 35-39	29:47.4	9:54/M
56	Michael Irwin	Portage IN	880	64	M	3: 60-64	29:49.0	9:40/M
57	Ethan Bowen	Valparaiso IN	2955	9	M	2: 1-10	29:55.3	9:43/M
58	Cameron Bowen	Valparaiso IN	2956	39	M	9: 35-39	30:02.0	9:46/M
59	Eric Fischer	Munster IN	2627	32	M	4: 30-34	30:05.8	9:53/M
60	Grace Provenzano	Valparaiso IN	2917	16	F	4: 15-19	30:10.8	10:28/M
61	Michael Nelson	Merrillville IN	2685	30	M	5: 30-34	30:12.2	9:55/M
62	Jamie Wolfe	Hobart IN	885	40	F	3: 40-44	30:23.8	9:51/M
63	Kathy Hilbrich		4606	66	F	1: 65-69	30:29.2	9:51/M
64	Monica Conrad	Westville IN	2616	55	F	1: 55-59	30:51.7	9:59/M
65	Colleen Minch	Valparaiso IN	2932	52	F	1: 50-54	31:06.8	10:03/M
66	Heather Sorensen	Saint Joseph MI	2643	42	F	4: 40-44	31:07.8	10:13/M
67	Kristine Clark	Valparaiso IN	893	33	F	4: 30-34	31:09.7	10:13/M
68	Laura Fennell	Valparaiso IN	876	31	F	5: 30-34	31:24.6	10:10/M
69	Rachel Christy	Crown Point IN	2934	32	F	6: 30-34	31:26.2	10:11/M
70	John Novath	Valparaiso IN	2967	45	M	4: 45-49	31:26.3	10:15/M
71	Renee Martin	Valparaiso IN	855	22	F	1: 20-24	31:27.8	10:10/M
72	Belinda Rodriguez	Portage IN	2942	26	F	5: 25-29	31:41.4	10:15/M
73	Elizabeth Nover	Valparaiso IN	2976	27	F	6: 25-29	31:42.2	10:17/M
74	Lisa Blakley	Valparaiso IN	757	49	F	2: 45-49	31:56.6	10:27/M
75	Kayla Novath	Valparaiso IN	2968	14	F	1: 13-14	31:57.0	10:25/M
76	Jen Razey	Valparaiso IN	2509	29	F	7: 25-29	32:08.0	10:22/M
77	Amy Dolbeare	La Porte IN	2613	47	F	3: 45-49	32:08.3	10:24/M
78	Chris Broton	Valparaiso IN	2948	43	M	3: 40-44	32:12.8	10:32/M
79	Lisa Broton	Valparaiso IN	2946	43	F	5: 40-44	32:13.2	10:32/M
80	Lydia Hendress	Wolcottwolcott IN	2560	64	F	1: 60-64	32:17.4	10:26/M
81	Kayleigh Nover	Valparaiso IN	2978	15	F	5: 15-19	32:21.2	10:30/M
82	Chloe Miller	Valparaiso IN	2580	12	F	2: 11-12	32:37.5	10:42/M
83	Amanda Pennington	Hobart IN	2672	29	F	8: 25-29	32:57.6	10:42/M
84	Lucas Cooper	Valparaiso IN	863	7	M	3: 1-10	33:01.7	10:47/M
85	Jennifer Sandberg	Cedar Lake IN	2927	31	F	7: 30-34	33:03.5	10:42/M
86	Curtis Smith	Valparaiso IN	780	58	M	2: 55-59	33:10.5	10:45/M
87	Ashley Whited	Wheatfield IN	2575	31	F	8: 30-34	33:20.2	10:47/M
88	Jill Stepanek	Valparaiso IN	797	40	F	6: 40-44	33:21.9	10:55/M
89	Anthony Sharp	Griffith IN	795	16	M	6: 15-19	33:24.8	10:56/M
90	Sophia Pollalis	Highland IN	2576	28	F	9: 25-29	33:26.7	10:56/M
91	Michelle Calhoun	Griffith IN	796	40	F	7: 40-44	33:40.1	11:01/M
92	Julie Young	Valparaiso IN	821	56	F	2: 55-59	33:40.5	10:57/M
93	Elizabeth Frances	Valparaiso IN	2911	59	F	3: 55-59	33:42.0	10:57/M
94	Polly Theising	Valparaiso IN	874	70	F	1: 70-74	33:43.7	10:58/M

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95	Rachel Hunter	Knox IN	2635	19	F	6: 15-19	33:48.0	10:58/M
96	Tom Fela	Chesterton IN	2930	57	M	3: 55-59	33:51.9	11:03/M
97	Kristie Hunter	Knox IN	2634	45	F	4: 45-49	33:57.8	11:01/M
98	Adam Hill	Portage IN	866	55	M	4: 55-59	34:01.6	11:02/M
99	Selena Ceja	East Chicago IN	2653	24	F	2: 20-24	34:10.9	11:03/M
100	Deena Pidrak	Valparaiso IN	2589	45	F	5: 45-49	34:11.9	11:04/M
101	Nicole Brown	Valparaiso IN	759	17	F	7: 15-19	34:12.2	11:11/M
102	Tasheena	Valparaiso IN	2977	35	F	5: 35-39	34:29.5	11:12/M
103	Linda Schwinkendorf	Kouts IN	2935	53	F	2: 50-54	34:32.0	11:16/M
104	Steven Schulz	Portage IN	2531	36	M	10: 35-39	34:43.6	11:18/M
105	Carrie Shaffer	Chesterton IN	2567	48	F	6: 45-49	34:49.7	11:16/M
106	Patricia Gagliardi	Schererville IN	2594	43	F	8: 40-44	34:49.8	11:16/M
107	Stephanie Howard	Valparaiso IN	2601	27	F	10: 25-29	35:01.6	11:24/M
108	Tyler Cummings	Hobart IN	823	14	M	2: 13-14	35:16.6	11:31/M
109	Laura Darrow	Lowell IN	890	58	F	4: 55-59	35:18.1	11:26/M
110	Bob Scheub	Valparaiso IN	2953	53	M	3: 50-54	35:18.8	11:26/M
111	Illiana Iglesias	Crown Point IN	2592	38	F	6: 35-39	35:19.1	11:32/M
112	Robert Lessner	Lowell IN	891	7	M	4: 1-10	35:19.7	11:27/M
113	Glenda Omeara	Portage IN	820	54	F	3: 50-54	35:20.5	11:36/M
114	Tara Hamilton	Valparaiso IN	879	35	F	7: 35-39	35:22.5	11:37/M
115	Misti Howell	Valparaiso IN	2654	41	F	9: 40-44	35:23.2	11:31/M
116	Kari Brinsfield	La Porte IN	2604	38	F	8: 35-39	35:33.8	11:39/M
117	Kaitlin Sharp	Michigan City IN	2603	29	F	11: 25-29	35:35.3	11:40/M
118	Kelley Rak	Valparaiso IN	2798	42	F	10: 40-44	35:49.0	12:00/M
119	Diane Dumonte-Slater	Valparaiso IN	2921	71	F	2: 70-74	36:07.3	11:41/M
120	Shareen Rador	Valparaiso IN	2933	47	F	7: 45-49	36:23.0	11:45/M
121	Michelle Hord	Portage IN	2906	44	F	11: 40-44	36:30.4	11:51/M
122	Raymond Clark	Valparaiso IN	895	68	M	1: 65-69	36:31.0	11:57/M
123	Andrea Starling	Chesterton IN	2519	52	F	4: 50-54	36:32.7	11:54/M
124	Christian Alexander	Portage IN	2954	31	M	6: 30-34	36:36.0	11:58/M
125	Mark Camarena	Dyer IN	2624	47	M	5: 45-49	36:47.7	11:55/M
126	Donna Forney	La Crosse IN	2612	48	F	8: 45-49	36:54.1	12:00/M
127	April Hardesty	Valparaiso IN	794	61	F	2: 60-64	36:57.0	12:01/M
128	Libbi Conway	Chesterton IN	2937	47	F	9: 45-49	36:57.6	12:07/M
129	Karen Gay	Valparaiso IN	789	59	F	5: 55-59	36:57.7	12:01/M
130	Angela Boland	Chesterton IN	2938	47	F	10: 45-49	36:57.7	12:07/M
131	Kimberly Summers	Merrillville IN	2625	39	F	9: 35-39	36:59.9	11:58/M
132	Bridget Barnhill	Highland IN	2645	53	F	5: 50-54	37:18.5	12:07/M
133	Cody Rau		768	8	M	5: 1-10	37:23.7	12:08/M
134	Darcy Rau		411	39	F	10: 35-39	37:23.9	12:08/M
135	Bryan Schwinkendorf	Kouts IN	2936	51	M	4: 50-54	37:26.2	12:12/M
136	Margaret Sikora-Black	Valparaiso IN	881	60	F	3: 60-64	37:27.6	12:14/M
137	Veronica Bryant	Valparaiso IN	2551	30	F	9: 30-34	37:29.3	12:18/M
138	Jamie Major	Portage IN	854	24	F	3: 20-24	37:38.2	12:10/M
139	Debbie Librandi	Valparaiso IN	766	61	F	4: 60-64	37:38.7	12:12/M
140	Regina Hofferth	Valparaiso IN	763	54	F	6: 50-54	37:44.4	12:15/M
141	Michael Burns	Knox IN	878	44	M	4: 40-44	38:00.2	12:16/M

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142	Joseph Arias	Hobart IN	2688	49	M	6: 45-49	38:19.2	12:31/M
143	Paul Kobos	Streamwood IL	2559	49	M	7: 45-49	38:50.1	12:35/M
144	Katina Davis	Merrillville IN	2524	47	F	11: 45-49	39:00.0	12:40/M
145	Tabitha MacKey	Gary IN	2611	36	F	11: 35-39	39:52.3	12:55/M
146	Madison Binkowski	Knox IN	897	24	F	4: 20-24	40:00.3	13:02/M
147	Tracy Freeze	Burns Harbor IN	778	51	F	7: 50-54	40:05.5	13:02/M
148	Teresa Weiler	Valparaiso IN	2960	50	F	8: 50-54	40:05.7	13:07/M
149	Jerome Weiler	Valparaiso IN	2959	50	M	5: 50-54	40:06.2	13:07/M
150	Fred Sanchez	Schererville IN	2675	69	M	2: 65-69	40:10.4	13:13/M
151	Margie Gonzalez	Crown Point IN	2723	62	F	5: 60-64	40:52.6	13:22/M
152	Marellen Hattabaugh	Valparaiso IN	822	37	F	12: 35-39	41:13.4	13:21/M
153	Katie Bell	Rensselaerrenselaer	2972	35	F	13: 35-39	41:28.7	13:31/M
154	Jack Kashak	Chesterton IN	2545	72	M	1: 70-74	41:56.0	13:36/M
155	Jennifer Ransom	Valparaiso IN	791	34	F	10: 30-34	42:13.6	13:42/M
156	April Trinosky-Curtis	Hobart IN	2674	51	F	9: 50-54	42:24.4	13:44/M
157	Jessica Szymanski	Valparaiso IN	2971	37	F	14: 35-39	42:31.1	13:51/M
158	Carmen Piunti	Portage IN	2565	66	F	2: 65-69	42:39.1	13:53/M
159	Denea Skufakiss	Schererville IN	2530	53	F	10: 50-54	42:41.2	13:52/M
160	Beth Brown	Valparaiso IN	758	54	F	11: 50-54	43:00.4	14:01/M
161	Madison Wadkins	Portage IN	2548	9	F	2: 1-10	43:34.8	14:10/M
162	Melissa Goodall	Merrillville IN	2622	38	F	15: 35-39	43:39.1	14:11/M
163	Susan McKendry	Crown Point IN	898	51	F	12: 50-54	43:55.9	14:19/M
164	Jeff Freeze	Burns Harbor IN	779	49	M	8: 45-49	43:59.7	14:18/M
165	Angelika Clark	Valparaiso IN	894	66	F	3: 65-69	44:26.3	14:22/M
166	Debbie Lueken	Schererville IN	2591	60	F	6: 60-64	44:26.6	14:29/M
167	Sophia Provenzano	Valparaiso IN	2914	11	F	3: 11-12	45:07.5	15:17/M
168	Olivia Miller	Valparaiso IN	2581	12	F	4: 11-12	45:10.9	14:45/M
169	Charlie Miller	Valparaiso IN	2579	15	F	8: 15-19	45:12.4	14:45/M
170	Jennifer Freeman	Lowell IN	856	49	F	12: 45-49	45:17.5	14:40/M
171	Martin Freeman	Lowell IN	857	49	M	9: 45-49	45:18.5	14:40/M
172	Pamela Ross	Lowell IN	825	43	F	12: 40-44	45:21.2	14:46/M
173	Gage Weghorn	Valparaiso IN	2919	11	M	4: 11-12	45:22.2	15:22/M
174	Amanda Johnston	Hobart IN	2679	42	F	13: 40-44	45:31.9	14:48/M
175	Daymon Johnston	Hobart IN	2680	43	M	5: 40-44	45:32.6	14:48/M
176	Isaac Provenzano	Valparaiso IN	2916	11	M	5: 11-12	45:48.1	15:31/M
177	Lacy Weghorn	Valparaiso IN	2920	9	F	3: 1-10	45:49.7	15:31/M
178	Nancy Larson	Hobart IN	2529	58	F	6: 55-59	45:52.8	14:49/M
179	Liam Provenzano	Valparaiso IN	2915	4	M	6: 1-10	46:12.5	15:39/M
180	Shana Provenzano	Valparaiso IN	2918	35	F	16: 35-39	46:12.6	15:39/M
181	Veronica Jalomo	Portage IN	2544	49	F	13: 45-49	46:47.5	15:11/M
182	Douglas Clark	Portage IN	2695	48	M	10: 45-49	46:48.2	15:11/M
183	Marianne Groth	Saint Joseph MI	2535	56	F	7: 55-59	47:15.4	15:19/M
184	Scott Cummings	Hobart IN	824	63	M	4: 60-64	48:00.7	15:50/M
185	Melissa Mueller	Portage IN	2799	31	F	11: 30-34	48:21.9	15:43/M
186	Christine Wadkins	Portage IN	2547	42	F	14: 40-44	48:23.6	15:44/M
187	Kimberly Jackson	Valparaiso IN	2656	41	F	15: 40-44	48:39.3	15:51/M
188	Jessica Bell	Chesterton IN	2655	40	F	16: 40-44	48:41.2	15:51/M

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189	Jessica Dean	Highland IN	2940	37	F	17: 35-39	48:52.2	15:51/M
190	Diane Hudak	Lowell IN	2506	61	F	7: 60-64	48:54.8	15:51/M
191	Nancy Ross	Highland IN	2939	64	F	8: 60-64	49:12.4	15:58/M
192	Khara Sandifer	Portage IN	2722	15	F	9: 15-19	50:15.6	16:20/M
193	Kimberley Bradley	Merrillville IN	892	50	F	13: 50-54	50:17.4	16:20/M
194	Pete Klaeser	Chesterton IN	2619	63	M	5: 60-64	50:36.2	16:29/M
195	Charity Bork	East Chicago IN	2962	50	F	14: 50-54	50:56.5	16:32/M
196	Alicia Cooper	Valparaiso IN	865	32	F	12: 30-34	52:04.5	16:56/M
197	Andrew Cooper	Valparaiso IN	864	3	M	7: 1-10	52:05.5	16:57/M
198	Charlie Cooper	Valparaiso IN	862	32	M	7: 30-34	52:11.3	16:57/M
199	Mary Jane Portaz	Valparaiso IN	899	68	F	4: 65-69	54:34.6	17:44/M
200	Helen Bravo	Chicago IL	2614	51	F	15: 50-54	54:43.1	17:46/M
201	Ashley Bravo	Chicago IL	2615	19	F	10: 15-19	54:44.5	17:47/M
202	David Hinshaw	Hammond IN	2508	75	M	1: 75-99	55:11.4	18:01/M
203	Andree Anderson	Gary IN	2620	71	F	3: 70-74	55:50.6	18:03/M
204	Erin Shinabarger	Hobart IN	2618	55	F	8: 55-59	59:31.7	19:20/M