

2020 Run Lake Max

Age Group Results

5K

Race Date
September 12, 2020

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kacie Hermanson		26	7676	18	25:13.1	8:08/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Justin Kawalski		35	7665	1	15:36.9	5:02/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Haifa Latif		44	7670	22	25:59.3	8:23/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Craig Miller	Elkhart IN	57	7635	7	20:37.3	6:39/M

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Race Date
September 12, 2020

Male 9 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Hudson Frounfelter	Rochester IN	6	7615	24	26:17.1	8:29/M

Female 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carmen Luna		12	7669	35	29:55.7	9:39/M
2	Dinah Rose		12	7667	53	33:38.3	10:51/M
3	Ella Frounfelter	Rochester IN	10	7614	69	51:18.4	16:33/M

Male 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Benjamin Potter	Indianapolis IN	14	7644	2	18:32.6	5:59/M
2	Jack Standfast	Culver IN	12	7654	3	19:20.1	6:14/M
3	Andres Luna		14	7668	10	21:38.2	6:59/M
4	Jackson Frounfelter	Rochester IN	12	7616	45	31:40.3	10:13/M
5	Davy Lawrence	Culver IN	13	7632	46	31:56.2	10:18/M

Male 15 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ben Sherman	North Judson IN	24	7651	36	30:11.1	9:44/M
2	Lane Stevens	Plymouth IN	22	7655	58	35:24.9	11:25/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Emily Hall	Indianapolis IN	27	7621	27	27:56.1	9:01/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Taylor Dietl	Indianapolis IN	27	7608	4	19:26.6	6:16/M

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Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lauren Hays	Granger IN	34	7622	25	27:20.8	8:49/M
2	Angela Reese	Plymouth IN	33	7645	33	29:36.8	9:33/M
3	Sarah Melling	Plymouth IN	30	7634	34	29:37.2	9:33/M
4	Emma Wehmeyer	Mason OH	31	7659	55	34:12.7	11:02/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lee Melling	Plymouth IN	30	7633	6	20:25.9	6:35/M
2	Aaron Cook		33	7661	12	23:21.9	7:32/M
3	Michael Peters	Mason OH	34	7640	54	34:11.8	11:02/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brianna Minix	Knox IN	35	7637	61	37:44.5	12:10/M
2	Ashley Frounfelter	Rochester IN	37	7612	70	51:41.8	16:41/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Matthew Shepard	South Bend IN	36	7650	5	20:14.7	6:32/M
2	Gregory Guditis	Plymouth IN	39	7618	19	25:19.5	8:10/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Margie Raudonis	Knoxkox IN	43	7674	32	29:12.4	9:25/M
2	Sarah Squires	Culver IN	42	7653	42	31:12.1	10:04/M
3	Emily Milovich	South Bend IN	41	7636	56	34:19.1	11:04/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bill Frounfelter	Rochester IN	40	7613	23	26:16.6	8:29/M
2	Michael Squires	Culver IN	44	7652	43	31:12.1	10:04/M

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Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Christina Miser	Peru IN	45	7638	40	31:04.3	10:01/M
2	Theresa Thomas	North Judson IN	49	7658	47	32:15.5	10:24/M
3	Mary Gumz	North Judson IN	48	7620	57	34:43.9	11:12/M
4	Anna Ciapponi	North Judson IN	45	7605	59	35:56.3	11:36/M
5	Lisa Collins	Culver IN	46	7606	73	54:58.9	17:44/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Scott Colford		49	7671	11	21:41.9	7:00/M
2	Brian Pilarski	Francesville IN	45	7642	15	23:57.1	7:44/M
3	Doug McCarty	Knox IN	47	7672	16	24:05.6	7:46/M
4	Timothy Rice	Culver IN	48	7646	37	30:32.6	9:51/M
5	Daniel Gumz	North Judson IN	49	7619	51	32:59.3	10:39/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Amy Paton		52	7673	31	29:00.8	9:22/M
2	Connie Hoffman	Wheatfield IN	54	7625	38	30:53.8	9:58/M
3	Jacque Wyatt	Lapel IN	51	7660	49	32:48.6	10:35/M
4	Dolores Bennett	Knox IN	53	7663	52	33:06.4	10:41/M
5	Shannon Stevens	Bourbon IN	50	7656	68	48:04.6	15:31/M
6	Lora Gandy		51	7675	72	54:57.4	17:44/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Todd Bailey	Argos IN	52	7603	8	20:47.2	6:42/M
2	Conn Richard		50	7662	9	20:53.4	6:44/M
3	David Greenen	Indianapolis IN	53	7617	13	23:28.9	7:34/M
4	Tim Kulesa	Portage IN	54	7631	20	25:36.4	8:16/M
5	Thomas Jacko	Carmel IN	54	7629	21	25:42.9	8:18/M
6	Chris Posner	Schwenksville PA	51	7643	41	31:11.7	10:04/M
7	Tony Benson	North Judson IN	51	7604	48	32:15.6	10:24/M

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Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Gregg Delong	Cicero IN	58	7607	17	24:10.3	7:48/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Shirley Fosler	Knox IN	61	7609	44	31:17.6	10:06/M
2	Tracy Fox	Culver IN	60	7611	60	36:29.5	11:46/M
3	Valerie Schafer	Plymouth IN	61	7649	62	37:52.6	12:13/M
4	Viki Anderson	Indianapolis IN	61	7602	65	40:48.8	13:10/M
5	Karen Sutor	Indianapolis IN	61	7657	66	40:49.5	13:10/M
6	Beth Gastineau	Indianapolis IN	60	7666	67	45:31.7	14:41/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Phil Rozzi	Logansport IN	61	7664	26	27:53.8	9:00/M
2	Curt Palmer	Plymouth IN	61	7639	29	28:00.6	9:02/M
3	Scott Houseman	Carmel IN	64	7626	30	28:28.1	9:11/M
4	Scott Hersberger	Lapel IN	60	7623	50	32:49.4	10:35/M
5	Terry Peters	Liberty Township OH	62	7641	63	38:03.5	12:17/M
6	Don Fox	Culver IN	63	7610	64	38:23.6	12:23/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dianne Johnson	Culver IN	69	7630	71	52:31.2	16:57/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Arvil Howe	South Bend IN	69	7627	14	23:42.7	7:39/M
2	Richard Ackerman	Huntington IN	66	7601	28	27:57.2	9:01/M

Male 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rick Huff	Plymouth IN	75	7628	39	30:55.2	9:58/M