

Race Date
July 04, 2020

2020 Valparaiso 4th of July Blast 5K Run

Age Group Results

5K Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bailey Ranta	Chesterton IN	16	5462	10	20:14.3	6:32/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Peter Jaros	Homewood IL	28	5454	1	16:49.7	5:26/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dawn Winters	Manhattan IL	46	5354	18	22:03.3	7:07/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dan Thomas	Valparaiso IN	49	4730	5	18:20.5	5:55/M

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5K Run

Female 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Emersyn Bland	Valparaiso IN	14	5012	21	22:21.7	7:13/M
2	Peyton Bucher	Valparaiso IN	11	4984	26	22:49.7	7:22/M
3	Audrey Rakowski	Valparaiso IN	12	4937	30	23:13.1	7:29/M
4	Elizabeth Ehrhardt	Valparaiso IN	14	5338	31	23:14.0	7:30/M
5	Shae Bucher	Valparaiso IN	10	4973	45	24:38.8	7:57/M
6	Kaylee Sprague	Stevensville MI	13	5363	60	25:58.0	8:23/M
7	Megan Beaver	Valparaiso IN	14	4709	69	26:20.1	8:30/M
8	Noelle Gapinski	Valparaiso IN	14	4744	75	26:39.4	8:36/M
9	Libby Cunningham	Chesterton IN	14	5456	87	27:33.8	8:54/M
10	Anna Muhleman	Valparaiso IN	8	5003	113	29:47.8	9:37/M
11	Allie Wheeler	Valparaiso IN	14	5328	129	31:07.2	10:02/M
12	Allison Beaver	Valparaiso IN	12	4710	140	32:10.4	10:23/M
13	Madison Cowger	Dyer IN	13	5331	142	32:21.6	10:26/M
14	Brooklyn Burns	Wanatah IN	8	5496	145	32:41.5	10:33/M
15	Cali Castellarin	Valparaiso IN	9	5016	156	34:17.7	11:04/M
16	Megan Sulcer	Valparaiso IN	12	4708	168	35:51.3	11:34/M
17	Carsyn Gonzalez	Valparaiso IN	8	5470	204	40:42.2	13:08/M
18	Lilly Culbreth	Demotte IN	12	5342	208	41:27.7	13:23/M
19	Rachel McDaniel	Valparaiso IN	13	5038	212	42:41.5	13:46/M
20	Rylan Kleminski	Crown Point IN	9	5368	214	43:43.9	14:06/M
21	Vivi Wheeler	Valparaiso IN	10	5329	227	46:18.1	14:56/M
22	Lillian Evans	Valparaiso IN	11	4991	230	47:14.7	15:14/M
23	Brooklyn Hudson	Valparaiso IN	12	5359	260	55:28.8	17:54/M
24	Audrey Donahue	Valparaiso IN	9	4746	269	1:03:30.4	20:29/M
25	Valerie Donahue	Valparaiso IN	6	4745	270	1:03:30.8	20:29/M

Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Peter Castellarin	Valparaiso IN	13	5015	7	19:31.7	6:18/M
2	Weston Stilwell	Valparaiso IN	12	5347	12	20:34.9	6:38/M
3	Augustus Swanson	Princeton IL	11	5014	19	22:19.2	7:12/M
4	Zane Biernat	Crown Point IN	13	5476	22	22:22.4	7:13/M
5	Lucas Palmer	Valparaiso IN	14	5487	43	24:35.5	7:56/M
6	Jack Reilly	Valparaiso IN	14	5364	58	25:43.2	8:18/M
7	Keegan Catone	Valparaiso IN	11	5046	65	26:12.6	8:27/M
8	Wes Turner	Valparaiso IN	8	4777	173	36:32.6	11:47/M
9	Caden Martinez	Whiting IN	6	5484	176	36:49.5	11:53/M
10	Connor McFadden	Kouts IN	12	5474	182	37:14.4	12:01/M
11	Gavin Krug	Kouts IN	12	5475	185	37:52.4	12:13/M
12	Tyler Cummings	Hobart IN	14	5459	188	38:54.2	12:33/M

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5K Run

Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
13	Bryson Culbreth	Demotte IN	8	5344	211	42:39.8	13:46/M
14	Lucas Cooper	Valparaiso IN	7	4739	224	45:20.7	14:38/M
15	Elijah Davis	Dyer IN	11	5362	225	45:48.3	14:47/M
16	William Murphey	Michigan City IN	13	4962	232	47:52.2	15:27/M
17	Greyson Gonzalez	Valparaiso IN	13	5471	239	49:16.4	15:54/M
18	Trystin Ratzlaff		10	4929	244	51:02.5	16:28/M
19	Andrew Cooper	Valparaiso IN	4	4741	252	53:42.3	17:19/M
20	Conner Donahue	Valparaiso IN	11	4747	271	1:03:32.7	20:30/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alexia Bibakis	Lowell IN	18	5356	14	21:31.3	6:57/M
2	Makenna Schnick	Valparaiso IN	17	4936	25	22:48.9	7:22/M
3	Sabrina Siems	Cedar Lake IN	16	4947	49	25:04.4	8:05/M
4	Maria Davenport	Cedar Lake IN	16	4948	50	25:04.7	8:05/M
5	Emma Rakowski	Valparaiso IN	17	4938	108	29:35.9	9:33/M
6	Sam Raspopovich	Crown Point IN	19	4979	111	29:45.9	9:36/M
7	Carine Milne	Crown Point IN	16	4798	158	34:40.3	11:11/M
8	Kayleigh Nover	Valparaiso IN	16	5041	169	35:52.7	11:34/M
9	Emma Murphey	Michigan City IN	15	4961	251	53:27.9	17:15/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cole Raymond	La Porte IN	16	5332	2	17:03.0	5:30/M
2	Jonah Ingram		17	4791	4	17:43.5	5:43/M
3	Zeke Bloom	Valparaiso IN	15	4989	20	22:19.6	7:12/M
4	Matt Anderson	Chesterton IN	19	4990	37	23:57.9	7:44/M
5	Owen Daugherty	Chesterton IN	16	5491	38	23:58.2	7:44/M
6	Nick Brown	Valparaiso IN	17	4940	46	24:42.3	7:58/M
7	Aidan Clifford	Valparaiso IN	16	4932	85	27:15.4	8:48/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lauren Spengler	Frankfort IL	20	5333	40	24:24.8	7:53/M
2	Katherine Carlson	Chesterton IN	23	5335	48	24:57.2	8:03/M
3	Courtney Bell	Griffith IN	23	5006	81	27:10.6	8:46/M

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5K Run

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Renee Martin	Valparaiso IN	22	4707	124	30:38.6	9:53/M
5	Beth Jones	Valparaiso IN	21	5366	151	33:45.4	10:53/M
6	Grace Linden	Valparaiso IN	22	4952	152	33:48.1	10:54/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Teddy Sullivan	Lombard IL	23	5031	13	20:38.9	6:40/M
2	Luke Soliday	Chesterton IN	23	4978	51	25:06.0	8:06/M
3	Ian Lukas	Chesterton IN	22	5336	147	32:57.0	10:38/M
4	Daron Brouwers	Valparaiso IN	23	5481	192	39:14.4	12:40/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stephanie Burkholder	Goshen IN	29	5464	29	23:12.8	7:29/M
2	Ashley Hines		25	4993	90	27:49.6	8:59/M
3	Rebecca Tuholski	La Porte IN	29	4983	104	29:16.0	9:26/M
4	Gabriela Kustner	New York NY	28	4967	128	30:56.2	9:59/M
5	Rebekah Jensen	Valparaiso IN	26	5486	139	32:10.2	10:23/M
6	Ellen Weigel	Valparaiso IN	27	5473	141	32:15.3	10:24/M
7	Rebecca Nichols	Valparaiso IN	28	5455	144	32:41.1	10:33/M
8	Elizabeth Nover	Valparaiso IN	28	5042	162	35:04.9	11:19/M
9	Amelia Cobb	Valparaiso IN	25	5030	198	40:02.3	12:55/M
10	Andrea Galloway	Valparaiso IN	25	4964	215	43:48.9	14:08/M
11	Nichole Culbreth	Wheatfield IN	29	5349	220	44:18.7	14:18/M
12	Annette Frank	Valparaiso IN	27	4736	226	46:00.2	14:50/M
13	Andrea Frank	Valparaiso IN	25	4737	240	49:57.3	16:07/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nick Mescal		28	4985	47	24:48.3	8:00/M
2	Miguel Flores		28	4986	93	27:59.1	9:02/M
3	Michael Deane	Valparaiso IN	29	4995	136	32:05.0	10:21/M
4	Joshua Jones	Chicago IL	29	5365	153	33:49.9	10:55/M

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Age Group Results

5K Run

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Arianna Kovachevich	Fairfax IN	30	4703	39	24:08.5	7:47/M
2	Jessica Bucher	Valparaiso IN	32	4974	44	24:37.8	7:57/M
3	Kelly Wenzel	La Porte IN	32	4977	55	25:21.5	8:11/M
4	Jen Kohler	Union Mills IN	31	4976	56	25:22.2	8:11/M
5	Maida Fernandez	Chicago IL	34	4968	66	26:14.0	8:28/M
6	Cassie Brannum	Valparaiso IN	34	4954	78	27:00.3	8:43/M
7	Alexandra Tompi	Valparaiso IN	33	5005	82	27:11.0	8:46/M
8	Alyse Kominakis	Valparaiso IN	33	5050	83	27:11.9	8:46/M
9	Alexa Kovachevich	Valparaiso IN	30	4704	84	27:12.8	8:47/M
10	Tawny Passarelli	Valparaiso IN	30	5028	94	28:16.7	9:07/M
11	Laura Fennell	Valparaiso IN	32	5001	116	29:59.1	9:40/M
12	Melissa Monnier	Valparaiso IN	33	5021	127	30:50.8	9:57/M
13	Caroline Rapley	Valparaiso IN	32	4787	137	32:05.4	10:21/M
14	Jen Barker	Valparaiso IN	33	4956	177	36:51.0	11:53/M
15	Marijke Stewart		30	5358	202	40:38.0	13:06/M
16	Lauren Hokenson	Valparaiso IN	31	4779	209	42:01.3	13:33/M
17	Jennifer Ransom	Valparaiso IN	34	4992	234	48:20.6	15:36/M
18	Nicole Dietrich	North Judson IN	32	4966	246	52:16.9	16:52/M
19	Alicia Cooper	Valparaiso IN	32	4742	253	53:42.6	17:20/M
20	Laura Ridder	Valparaiso IN	34	5351	274	1:06:49.6	21:33/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Eric Hofmann	Homewood IL	33	5452	3	17:04.8	5:31/M
2	Rick Barker	Valparaiso IN	34	4957	11	20:26.5	6:36/M
3	Ignacio Ramos	Homewood IL	34	5350	17	21:51.3	7:03/M
4	Chad Passarelli	Valparaiso IN	31	5029	79	27:03.9	8:44/M
5	Vinay Turke	Valparaiso IN	30	4780	175	36:33.2	11:47/M
6	Sam Stewart		30	5357	203	40:39.3	13:07/M
7	Charlie Cooper	Valparaiso IN	32	4740	254	53:49.1	17:22/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Leigh Ann McCormack	Valparaiso IN	38	4718	92	27:55.0	9:00/M
2	Carly Cibak	Valparaiso IN	36	4788	98	28:34.2	9:13/M
3	Lauren Cooper	Downers Grove IL	39	5035	99	28:39.4	9:15/M
4	Heather Norwalk	Crown Point IN	38	4781	100	28:42.7	9:16/M
5	Melissa Cummins	Valparaiso IN	39	5490	102	29:06.5	9:23/M

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Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Ashley Slater	Valparaiso IN	36	4790	131	31:21.3	10:07/M
7	Alicia Avalos	Crown Point IN	39	5489	133	31:47.0	10:15/M
8	Katie Albertin	Valparaiso IN	35	4786	138	32:06.1	10:21/M
9	Sheena Sutsh	Valparaiso IN	36	5048	150	33:42.3	10:52/M
10	Annmarie Santos	Valparaiso IN	38	5022	155	34:04.0	10:59/M
11	Jackie Hofmann	Homewood IL	35	5453	174	36:33.1	11:47/M
12	Carolyn Adkins	Berwyn IL	38	5327	197	40:00.3	12:54/M
13	Denae Culbreth	Demotte IN	37	5343	210	42:06.3	13:35/M
14	Abigail Kleminski	Crown Point IN	39	5367	216	43:50.6	14:09/M
15	Tabitha MacKey	Gary IN	36	5337	223	44:54.7	14:29/M
16	Melissa Goodall	Saint John IN	39	5451	238	49:10.6	15:52/M
17	Chrystal Donahue	Valparaiso IN	37	4748	273	1:03:40.2	20:32/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian Culbreth	Demotte IN	38	5341	9	20:07.1	6:29/M
2	Corey Johnson	Fishers IN	35	5353	33	23:44.6	7:40/M
3	Steve Packovski	Valparaiso IN	39	5033	34	23:47.0	7:40/M
4	Adam White	Valparaiso IN	35	5037	42	24:34.9	7:56/M
5	Andrew Timm	Fairfax VA	36	4706	52	25:13.1	8:08/M
6	Eric Evans	Valparaiso IN	39	5036	61	25:59.6	8:23/M
7	James Harper	Valparaiso IN	37	5008	73	26:32.2	8:34/M
8	Jim Adkins	Berwyn IL	36	5326	74	26:35.2	8:35/M
9	Bruce Brannum	Valparaiso IN	37	4955	76	26:44.1	8:37/M
10	Ian Gibbs	South Bend IN	36	5488	86	27:28.8	8:52/M
11	John McCormack	Valparaiso IN	37	4719	89	27:35.7	8:54/M
12	Devon Mulligan	Valparaiso IN	38	5345	101	28:53.0	9:19/M
13	Matt Swavey	Valparaiso IN	35	4999	106	29:21.5	9:28/M
14	Enoch Watt	Valparaiso IN	36	5007	134	31:55.8	10:18/M
15	Ron Donahue	Valparaiso IN	38	4749	272	1:03:32.9	20:30/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kathy Chandler	Portage IN	42	5011	54	25:18.8	8:10/M
2	Susan Catone	Valparaiso IN	41	5047	67	26:15.0	8:28/M
3	Kim Davis	Dyer IN	42	5361	91	27:50.4	8:59/M
4	Nancy Packovski	Crown Point IN	43	4793	95	28:22.4	9:09/M
5	Karen Turner	Valparaiso IN	42	4778	97	28:32.1	9:12/M

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5K Run

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Brenda Chavez	Valparaiso IN	43	5026	109	29:36.2	9:33/M
7	Jessica Muhleman	Valparaiso IN	41	5004	114	29:49.5	9:37/M
8	Carri Ables	Hobart IN	43	5025	119	30:10.5	9:44/M
9	Amanda Johnston	Hobart IN	43	5467	143	32:32.0	10:30/M
10	Misti Howell	Valparaiso IN	41	5457	159	34:54.1	11:16/M
11	Lisa Gonzalez	Valparaiso IN	40	5472	172	36:25.1	11:45/M
12	Bridgette Martinez	Whiting IN	40	5485	180	36:58.2	11:56/M
13	Kimberly Jackson	Valparaiso IN	41	4785	187	38:19.3	12:22/M
14	Jaime Perz	Valparaiso IN	42	4935	196	39:54.8	12:53/M
15	Susan Valene	Chicago IL	44	5339	205	40:56.1	13:12/M
16	Jane Cornelius	Hobart IN	44	4711	207	41:24.7	13:22/M
17	Amy Zwingelberg	Valparaiso IN	41	5039	213	42:43.8	13:47/M
18	Jamie Wolfe	Hobart IN	40	4716	233	48:06.4	15:31/M
19	April Johnson	Chesterton IN	41	4714	235	48:28.2	15:38/M
20	Tiffany Vallejo	Homer Glen IL	40	5478	236	48:48.0	15:45/M
21	Misty Ratzlaff		43	4930	243	51:01.6	16:28/M
22	Christal Murphey	Michigan City IN	41	4960	249	53:26.8	17:14/M
23	Gabrielle Conley		44	5460	265	58:16.3	18:48/M
24	Sara Blohm	Valparaiso IN	40	5495	268	59:19.9	19:08/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jonathan Lustick	Valparaiso IN	42	5032	8	19:45.8	6:23/M
2	Tim Murphey	Michigan City IN	42	4959	23	22:26.5	7:14/M
3	Ryan Williams	Valparaiso IN	41	5477	27	22:58.0	7:25/M
4	Mike Culbreth	Wheatfield IN	43	5348	35	23:54.9	7:43/M
5	Jason Woolwine	Valparaiso IN	40	4988	36	23:56.8	7:43/M
6	Peter Yackus	Richmond TX	44	5346	41	24:30.9	7:55/M
7	Andy Chavez	Valparaiso IN	44	5027	80	27:06.1	8:45/M
8	Paul Oliver	Hobart IN	43	4795	110	29:41.7	9:35/M
9	Michael Burns	Knox IN	44	4731	157	34:24.4	11:06/M
10	Karl Gollhardt	Chesterton IN	44	4953	160	34:55.3	11:16/M
11	Daymon Johnston	Hobart IN	43	5468	181	37:07.0	11:58/M
12	Jeff Perz	Valparaiso IN	41	4934	195	39:54.5	12:52/M
13	Joseph Gonzalez	Valparaiso IN	41	5469	206	40:57.2	13:13/M
14	Trevor Blohm	Valparaiso IN	40	5494	267	59:16.7	19:07/M

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Age Group Results

5K Run

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michele Parnell	Portage IN	46	5049	63	26:11.6	8:27/M
2	Tricia Brouwers	Valparaiso IN	46	5482	64	26:12.5	8:27/M
3	Jennifer Kolettis	Dunlap IL	46	5340	135	32:04.3	10:21/M
4	Heidi Duran	Valparaiso IN	45	4797	146	32:41.8	10:33/M
5	Cheryl Highlan	Valparaiso IN	48	4945	179	36:56.1	11:55/M
6	Amy Thacker	Valparaiso IN	46	4950	193	39:26.3	12:43/M
7	Margaret Hall	Portage IN	48	5034	194	39:30.5	12:45/M
8	Stephanie Miller	Valparaiso IN	49	4972	199	40:12.3	12:58/M
9	Michelle Finch	Hobart IN	46	4712	200	40:32.7	13:05/M
10	Jennifer Wells	Hobart IN	46	4713	201	40:32.7	13:05/M
11	Shareen Rador	Valparaiso IN	47	4799	218	44:00.9	14:12/M
12	Trista Hudson	Valparaiso IN	47	5360	261	55:31.7	17:55/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mark Connors	Valparaiso	48	5040	28	23:00.1	7:25/M
2	Mike Sattler	Valparaiso IN	45	4987	32	23:28.0	7:34/M
3	Chris Ingram		45	4792	68	26:18.6	8:29/M
4	Jeffrey Cunningham	Chesterton IN	47	5013	88	27:35.5	8:54/M
5	Michael Fish	Valparaiso IN	49	5023	121	30:21.2	9:47/M
6	Todd Meloy	Valparaiso IN	47	4717	161	35:03.5	11:19/M
7	Don Evans	Valparaiso IN	49	4944	255	54:02.8	17:26/M
8	Sean Hudson	Valparaiso IN	49	5375	264	57:35.5	18:35/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ruth Pullins	La Porte IN	52	4982	103	29:15.9	9:26/M
2	Sandy Thomas	Kouts IN	50	5463	164	35:33.5	11:28/M
3	Regina Rumford	Valparaiso IN	53	5017	167	35:47.1	11:33/M
4	Jane Larson	Chesterton IN	53	5045	171	36:02.7	11:38/M
5	Heather Mecchia	Valparaiso IN	50	4946	178	36:55.7	11:55/M
6	Colleen Minch	Valparaiso IN	53	4800	219	44:01.4	14:12/M
7	Karen Anselm		50	4939	228	46:22.7	14:58/M
8	Jenny Gump	Valparaiso IN	53	4931	262	55:51.8	18:01/M
9	Kim Szelinski	Portage IN	53	4733	263	56:04.1	18:05/M

Race Date
July 04, 2020

2020 Valparaiso 4th of July Blast 5K Run

Age Group Results

5K Run

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Paul Hines		53	4994	57	25:30.8	8:14/M
2	Patrick Cosgrove	Valparaiso IN	52	5020	59	25:44.7	8:18/M
3	Jesse Harper	Valparaiso IN	50	5009	62	26:04.8	8:25/M
4	Earl Brammer	Hobart IN	51	4732	71	26:23.8	8:31/M
5	Jack Hines	Valparaiso IN	51	5498	72	26:30.8	8:33/M
6	Jon Brouwers	Valparaiso IN	51	5483	77	26:54.8	8:41/M
7	Steve McIntyre	Hobart IN	52	5002	112	29:47.3	9:37/M
8	Todd Tucker	Valparaiso IN	52	4728	118	30:08.4	9:43/M
9	Steve Rowley	Chesterton IN	50	5024	120	30:21.0	9:47/M
10	Bob Scheub	Valparaiso IN	53	4996	148	33:09.6	10:42/M
11	Brian Nelson		50	4975	163	35:13.2	11:22/M
12	Matthew Hill	Valparaiso IN	50	4980	190	39:02.4	12:36/M
13	Jason Krueger		50	5461	266	58:17.4	18:48/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mary Roque	Boston MA	55	4969	125	30:40.6	9:54/M
2	Tina Strimbu	Valparaiso IN	58	4794	130	31:20.0	10:06/M
3	Cathy Pieroni	Valparaiso IN	59	4715	132	31:41.5	10:13/M
4	Catherine Hitchcock	Belfast ME	58	4701	166	35:47.1	11:33/M
5	Sue Lipinski	Westville IN	55	5044	170	36:02.1	11:37/M
6	Mikell Drobac	Portage IN	55	4942	222	44:45.6	14:26/M
7	Loretta Frank	Valparaiso IN	56	4738	229	46:59.4	15:10/M
8	Lisa McGuirl	Valparaiso IN	56	5493	241	50:01.3	16:08/M
9	Karen Shaw	Valparaiso IN	55	5492	242	50:03.7	16:09/M
10	Kelli Morlock	Valparaiso IN	57	4783	248	53:06.4	17:08/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Dodd	South Bend IN	58	5352	6	19:09.2	6:11/M
2	Rich Matula	Homewood IL	55	5369	15	21:33.4	6:57/M
3	Kyle Johns	Chesterton IN	55	4789	53	25:15.7	8:09/M
4	Scott Senour	Portage IN	56	4941	123	30:34.4	9:52/M
5	Curtis Smith	Valparaiso IN	59	5010	154	33:59.9	10:58/M
6	Adam Hill	Portage IN	56	4734	189	39:01.2	12:35/M

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2020 Valparaiso 4th of July Blast 5K Run

Age Group Results

5K Run

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Amy Benda	Valparaiso IN	60	4970	115	29:50.0	9:37/M
2	Kristie Trowbridge	Valparaiso IN	63	4951	149	33:38.7	10:51/M
3	Jill Hunt	Valparaiso IN	61	4729	165	35:45.0	11:32/M
4	Margaret Sikora-Black	Valparaiso IN	60	4750	186	37:57.5	12:15/M
5	Joyce Kovachevich	Valparaiso IN	64	4702	256	54:28.4	17:34/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian Chorba	Valparaiso IN	64	4981	16	21:47.5	7:02/M
2	Ruben Falcon	Goshen IN	60	5019	24	22:43.5	7:20/M
3	Eric Diamond	South Bend IN	61	5334	96	28:30.2	9:12/M
4	Michael Irwin	Valparaiso IN	64	4721	107	29:33.2	9:32/M
5	Robin Morlock	Valparaiso IN	63	4784	184	37:44.6	12:11/M
6	Al Vallejo	Homer Glen IL	63	5480	191	39:14.4	12:40/M
7	Scott Cummings	Hobart IN	63	5458	231	47:44.6	15:24/M
8	Pete Klaeser	Chesterton IN	63	5497	247	52:22.6	16:54/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kathy Hilbrich	Chesterton IN	66	5043	122	30:33.0	9:51/M
2	Carol Raske	Oak Park IL	69	5465	183	37:43.3	12:10/M
3	Patricia Vallejo	Homer Glen IL	69	5479	237	48:48.6	15:45/M
4	Carol Murphey	Michigan City IN	67	4963	250	53:27.6	17:15/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stephen Sharp	Valparaiso IN	66	5018	70	26:21.4	8:30/M
2	Jerome Getter	Oak Park IL	68	5466	117	30:07.1	9:43/M
3	Doug Benda	Valparaiso IN	65	4971	126	30:50.1	9:57/M
4	Doug Wiese	Westville IN	66	4949	221	44:31.4	14:22/M
5	Ned Kovachevich	Valparaiso IN	65	4705	257	54:31.1	17:35/M
6	David James	Valparaiso IN	65	4933	258	54:37.3	17:37/M

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Age Group Results

5K Run

Female 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nancy Dietrich	North Judson IN	72	4965	217	43:57.3	14:11/M

Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tom Hutmacher	Portage IN	72	5355	105	29:17.3	9:27/M
2	David Hinshaw	Hammond IN	75	5330	245	52:08.8	16:49/M
3	Norman Dygert	Valparaiso IN	76	4943	259	54:54.6	17:43/M