

Race Date
July 04, 2019

2019 Valparaiso 4th of July Blast 5K Run

Overall Finish List

5K Run

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Alexander Bruno		4130	22	M	1: Open	15:57.9	5:09/M
2	Clayton Goldman		4143	20	M	1: 20-24	16:28.0	5:19/M
3	Will Shook		1396	17	M	1: 15-19	16:48.9	5:26/M
4	Nathan O'Connor		4186	18	M	2: 15-19	17:50.2	5:45/M
5	Nate Shaffer		4171	46	M	1: Masters	18:57.2	6:07/M
6	Samantha Ruhe		1354	25	F	1: Open	19:45.4	6:23/M
7	Mason Nobles		1797	12	M	1: 1-14	19:47.6	6:24/M
8	Christian Gerster		1655	20	M	2: 20-24	20:09.6	6:30/M
9	Aidan Clifford		1787	15	M	3: 15-19	21:23.6	6:55/M
10	Laura Roth		1359	29	F	1: 25-29	21:32.0	6:57/M
11	Gigi Jarratt		3581	22	F	1: 20-24	21:35.3	6:59/M
12	John Gerster		1654	59	M	1: 55-59	21:41.6	7:00/M
13	Brian Chorba		3589	63	M	1: 60-64	21:47.5	7:03/M
14	Patrick Capps		4133	27	M	1: 25-29	21:54.6	7:04/M
15	Owen Daugherty		4181	15	M	4: 15-19	21:56.5	7:05/M
16	Andrew Carpenter		1397	14	M	2: 1-14	22:10.1	7:10/M
17	Brandon Gadacz		3623	37	M	1: 35-39	22:19.7	7:14/M
18	Kevin Gleason		1382	40	M	1: 40-44	22:34.0	7:21/M
19	Matt Zelechowski		1391	9	M	3: 1-14	22:36.1	7:18/M
20	Vince Nygra		1362	33	M	1: 30-34	22:37.6	7:19/M
21	Gavin Hein		1369	14	M	4: 1-14	22:49.8	7:23/M
22	John Maley		4156	56	M	2: 55-59	22:55.9	7:24/M
23	Nick Underwood		4178	36	M	2: 35-39	23:03.7	7:30/M
24	Jason Woolwine		1652	39	M	3: 35-39	23:08.0	7:29/M
25	Liz Hibshman		3604	15	F	1: 15-19	23:15.0	7:31/M
26	Tim VanTornhout		1659	41	M	2: 40-44	23:18.0	7:32/M
27	Nick Mescal		3599	27	M	2: 25-29	23:30.8	7:38/M
28	Chris Felke		4182	52	M	1: 50-54	23:40.3	7:39/M
29	Kara Webb		1384	27	F	2: 25-29	23:41.3	7:40/M
30	Paul Hines		1777	52	M	2: 50-54	23:46.0	7:42/M
31	Mark Connors		1656	47	M	1: 45-49	24:10.5	7:50/M
32	Adam Miller		4159	23	M	3: 20-24	24:15.1	7:53/M
33	Sophia Scazzero		1389	25	F	3: 25-29	24:21.5	7:54/M
34	Patrick Cosgrove		4183	51	M	3: 50-54	24:25.9	7:55/M
35	Kimberley Burns		4187	36	F	1: 35-39	24:33.1	7:56/M
36	Jeffery Valperts		1794	47	M	2: 45-49	25:15.5	8:11/M
37	DEVON MULLIGAN		3611	37	M	4: 35-39	25:15.9	8:17/M
38	Tim Murphey		1381	41	M	3: 40-44	25:31.6	8:22/M
39	Rick Price		1360	63	M	2: 60-64	25:32.4	8:15/M
40	Michelle Corrigan		1368	47	F	1: Masters	25:33.5	8:15/M
41	Simon Tam		3616	53	M	4: 50-54	25:37.8	8:19/M
42	Aaron Cavinder		3592	21	M	4: 20-24	25:49.0	8:25/M
43	Jacob Cavinder		3593	30	M	2: 30-34	25:50.3	8:25/M
44	Jesse Harper		1393	49	M	3: 45-49	25:52.3	8:24/M
45	Doyll Andrews		3625	47	M	4: 45-49	25:59.6	8:26/M
46	Lynnette Murphy		1356	36	F	2: 35-39	26:01.6	8:32/M
47	James Harper		1392	36	M	5: 35-39	26:08.4	8:29/M

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48	Jack Hines		4188	50	M	5: 50-54	26:08.8	8:29/M
49	Alessandro Scazzero		1388	22	M	5: 20-24	26:18.8	8:31/M
50	Chad Passarelli		1793	30	M	3: 30-34	26:23.6	8:38/M
51	JEN KOHLER		1365	30	F	1: 30-34	26:36.2	8:38/M
52	Stephen Sharp		1370	65	M	1: 65-69	26:52.6	8:43/M
53	Bert Davidson		3596	45	M	5: 45-49	27:20.8	8:51/M
54	Jennifer Cannon		3583	43	F	1: 40-44	27:33.8	8:58/M
55	Tom Nelson		4160	62	M	3: 60-64	27:42.4	9:00/M
56	Joanne Baitup		4128	62	F	1: 60-64	27:45.6	8:58/M
57	Andrea Maslanka		1385	45	F	1: 45-49	27:46.2	8:58/M
58	Pat Polowsky		4165	27	M	3: 25-29	28:02.7	9:12/M
59	Marijke Stewart		4175	29	F	4: 25-29	28:09.0	9:09/M
60	Jason Monroe		1799	42	M	4: 40-44	28:09.7	9:11/M
61	Andrew Zimmerman		3600	19	M	5: 15-19	28:15.4	9:17/M
62	Ian Podemski		4162	28	M	4: 25-29	28:24.4	9:14/M
63	Kristen Mulligan		3610	37	F	3: 35-39	28:37.9	9:22/M
64	Emilie Hunt		4147	36	F	4: 35-39	28:38.1	9:19/M
65	KELLY WENZEL		1366	31	F	2: 30-34	28:42.6	9:20/M
66	Zeb Buechner		4131	42	M	5: 40-44	28:47.9	9:19/M
67	Melissa Monnier		1672	32	F	3: 30-34	28:57.6	9:22/M
68	Angie Vicari		1364	46	F	2: 45-49	29:02.3	9:27/M
69	Gavin Wheeler		1670	20	M	6: 20-24	29:07.0	9:35/M
70	Denise Feece		4138	45	F	3: 45-49	29:26.9	9:33/M
71	Emme Shaffer		4170	11	F	1: 1-14	29:33.2	9:33/M
72	Brent Heinrich		1789	51	M	6: 50-54	29:39.8	9:38/M
73	Shannon Tucker		1780	22	F	2: 20-24	29:45.2	9:42/M
74	Todd Tucker		1779	51	M	7: 50-54	29:46.0	9:43/M
75	Andrew Brinckerhoff		4129	32	M	4: 30-34	29:56.0	9:46/M
76	Alyse Bruszewski		1653	33	F	4: 30-34	30:12.0	9:47/M
77	Angel Fraley		4141	29	F	5: 25-29	30:12.6	9:54/M
78	Ashley Tezak		1376	20	F	3: 20-24	30:22.7	9:50/M
79	Melissa Fierro		1400	38	F	5: 35-39	30:29.3	9:56/M
80	Tawny Passarelli		1792	29	F	6: 25-29	30:45.0	10:03/M
81	Doug Cannon		3582	46	M	6: 45-49	30:48.3	10:01/M
82	Alicia McClean		1399	62	F	2: 60-64	30:50.4	10:02/M
83	Ryan Taylor		3607	40	M	6: 40-44	30:59.6	10:02/M
84	Cynthia Moore		1386	51	F	1: 50-54	31:11.2	10:06/M
85	Jonathan Bross		1387	50	M	8: 50-54	31:12.4	10:06/M
86	Ashley Hines		1776	24	F	4: 20-24	31:18.4	10:08/M
87	Mindy Capaldi		1800	35	F	6: 35-39	31:27.7	10:13/M
88	Dave Martinez		3617	59	M	3: 55-59	31:34.5	10:15/M
89	Tracy Campbell		3624	45	F	4: 45-49	31:40.0	10:18/M
90	Jeff Runck		3620	47	M	7: 45-49	31:45.8	10:23/M
91	Jacob Ruhe		1355	29	M	5: 25-29	31:47.7	10:17/M
92	Colleen Harstad		1371	37	F	7: 35-39	32:00.9	10:26/M
93	Curtis Smith		1781	58	M	4: 55-59	32:08.2	10:30/M
94	Tori Breitenbach		3586	26	F	7: 25-29	32:26.8	10:36/M

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95	Sam Stewart		4174	29	M	6: 25-29	32:34.9	10:35/M
96	Jennifer Sosa		4172	50	F	2: 50-54	32:40.0	10:35/M
97	Bob Scheub		1784	52	M	9: 50-54	32:47.8	10:43/M
98	Colleen Willett		4179	30	F	5: 30-34	32:56.3	10:42/M
99	Kevin Duzan		4136	52	M	10: 50-54	32:58.4	10:47/M
100	Annette Frank		1664	26	F	8: 25-29	33:04.9	10:49/M
101	Nancy Beaverson		1358	70	F	1: 70-99	33:07.8	10:47/M
102	Wes Turner		1395	7	M	5: 1-14	33:27.0	11:00/M
103	Karen Turner		1394	41	F	2: 40-44	33:29.5	11:00/M
104	Donna Zimmerman		3601	49	F	5: 45-49	33:33.0	10:59/M
105	Emma Lord		3588	30	F	6: 30-34	33:33.7	10:57/M
106	Connie Bowlin		1383	37	F	8: 35-39	33:42.5	10:55/M
107	Keith Forehand		4140	52	M	11: 50-54	33:45.1	11:07/M
108	Kelly Carpenter		1398	41	F	3: 40-44	33:46.9	10:59/M
109	Chris McSparin		1778	36	M	6: 35-39	33:50.9	11:08/M
110	Belinda Rodriguez		3598	25	F	9: 25-29	34:12.7	11:05/M
111	Terry Martin		4157	53	M	12: 50-54	34:51.3	11:26/M
112	Jill Hunt		1353	60	F	3: 60-64	35:02.9	11:24/M
113	Melanie Wheeler		1669	49	F	6: 45-49	35:20.6	11:36/M
114	Dawn Waters		3602	52	F	3: 50-54	35:26.1	11:32/M
115	Cassidee Jacobsen		4184	29	F	10: 25-29	35:39.6	11:41/M
116	Lucas Cooper		1668	6	M	6: 1-14	35:43.4	11:43/M
117	Misti Howell		4146	40	F	4: 40-44	35:44.0	11:38/M
118	Alicia Cooper		1667	31	F	7: 30-34	35:50.5	11:45/M
119	Brett Hill		1661	28	M	7: 25-29	36:46.1	12:01/M
120	Jennifer Fultz		3603	27	F	11: 25-29	36:53.6	11:56/M
121	Annie Blanchard		3605	29	F	12: 25-29	37:09.4	12:08/M
122	Adam Hill		1663	55	M	5: 55-59	37:12.1	12:13/M
123	Debbie Pastor		1675	57	F	1: 55-59	37:12.6	12:11/M
124	Paul Sosa		4173	54	M	13: 50-54	37:13.7	12:04/M
125	Jennifer Kelly		1798	31	F	8: 30-34	37:26.7	12:11/M
126	Ryan Williams		1651	36	M	7: 35-39	37:55.3	12:16/M
127	Amy Thacker		3597	45	F	7: 45-49	38:01.1	12:25/M
128	Emma James		1786	10	F	2: 1-14	38:17.0	12:26/M
129	Jaime Perz		1791	39	F	9: 35-39	38:17.3	12:29/M
130	Jeff Perz		1790	40	M	7: 40-44	38:17.4	12:30/M
131	Karen Fritts		1671	50	F	4: 50-54	38:32.7	12:37/M
132	Margaret Hall		4145	47	F	8: 45-49	38:50.5	12:39/M
133	Jennifer Runck		3619	44	F	5: 40-44	38:53.0	12:40/M
134	Melissa Martin		1674	48	F	9: 45-49	39:10.7	12:46/M
135	Bruce Nelson		1367	62	M	4: 60-64	39:14.7	12:51/M
136	Amanda Sauer		4169	37	F	10: 35-39	39:16.1	12:54/M
137	Malcolm McGawn		4158	77	M	1: 70-99	39:55.1	12:57/M
138	Maida Adamczyk		4126	38	F	11: 35-39	39:56.1	13:00/M
139	Melissa Polowsky		4164	47	F	10: 45-49	40:02.7	13:05/M
140	Sharon Polite		1378	54	F	5: 50-54	40:36.6	13:17/M
141	Matthew Hill		1361	49	M	8: 45-49	40:41.8	13:20/M

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142	AnnMarie Santos		1673	37	F	12: 35-39	40:43.3	13:10/M
143	David James		1785	64	M	5: 60-64	40:45.6	13:15/M
144	Stephanie Howard		3612	26	F	13: 25-29	40:50.3	13:16/M
145	Kelsey Fitzpatrick		4139	29	F	14: 25-29	41:03.2	13:21/M
146	Jennifer Ransom		1380	33	F	9: 30-34	41:04.0	13:23/M
147	Kari Terrell		3621	39	F	13: 35-39	41:25.0	13:32/M
148	Cindy Gildein		3622	40	F	6: 40-44	41:28.0	13:33/M
149	Amanda Zelechowski		1390	38	F	14: 35-39	41:34.0	13:25/M
150	Teri Barkas		1379	64	F	4: 60-64	41:44.5	13:38/M
151	Frank Kusbel		4151	55	M	6: 55-59	41:51.0	13:43/M
152	Lisa Kusbel		4150	50	F	6: 50-54	41:53.1	13:43/M
153	Trisha VanTornhout		1660	41	F	7: 40-44	42:15.6	13:48/M
154	Jeannie Nowarita		4161	46	F	11: 45-49	42:17.2	13:48/M
155	Leah Osorio		3608	32	F	10: 30-34	42:47.9	13:53/M
156	Chloe Kittle		4148	24	F	5: 20-24	43:03.2	14:01/M
157	Alisha Brown		1377	32	F	11: 30-34	43:04.2	14:01/M
158	Lottie Wells		1375	12	F	3: 1-14	43:11.8	14:06/M
159	Melissa Goodall		4144	38	F	15: 35-39	43:33.2	14:09/M
160	Spencer Nast		3594	31	M	5: 30-34	43:42.2	14:12/M
161	Hailey Franceschi		3613	17	F	2: 15-19	43:42.6	14:19/M
162	Kristen Nast		3595	27	F	15: 25-29	43:43.9	14:12/M
163	Nancy Dietrich		3618	71	F	2: 70-99	43:52.4	14:18/M
164	Amanda Lyons		4154	47	F	12: 45-49	44:13.7	14:26/M
165	Loretta Frank		1666	55	F	2: 55-59	44:28.7	14:30/M
166	Andrea Frank		1665	24	F	6: 20-24	44:31.2	14:30/M
167	J Ezell		4189	73	M	2: 70-99	44:34.2	14:23/M
168	Kristin Scheub		1783	49	F	13: 45-49	44:44.7	14:38/M
169	Marnee Flinn-Smith		1782	48	F	14: 45-49	44:45.6	14:38/M
170	Ava Smrzlick		3584	13	F	4: 1-14	45:06.2	14:43/M
171	Kathy Jankowski		3585	58	F	3: 55-59	46:03.6	15:01/M
172	Ashlee Powers		4168	26	F	16: 25-29	46:22.0	15:02/M
173	Patrina Franceschi		3614	45	F	15: 45-49	47:11.2	15:26/M
174	Gustavo Osorio		3609	33	M	6: 30-34	47:43.2	15:28/M
175	Lucas Peterson		4185	10	M	7: 1-14	48:00.6	15:40/M
176	Jenna Aguilar		4127	17	F	3: 15-19	50:58.6	16:36/M
177	Amanda Martin		3587	42	F	8: 40-44	51:55.0	16:45/M
178	Kathy Tavernier		1357	69	F	1: 65-69	52:36.3	17:06/M
179	Dede Stewart		1788	67	F	2: 65-69	53:32.9	17:29/M
180	Leigha Yancey		4180	44	F	9: 40-44	54:26.1	17:41/M
181	Jelena Chenoski		1796	44	F	10: 40-44	55:40.9	18:08/M
182	Tim Chenoski		1795	50	M	14: 50-54	55:42.1	18:08/M
183	Erin Poore's Da Poore		4167	11	F	5: 1-14	56:16.0	18:15/M
184	Erin Poore		4166	35	F	16: 35-39	56:20.0	18:16/M
185	Heather Luciano		4152	39	F	17: 35-39	56:25.8	18:30/M
186	Christina Luciano		4153	49	F	16: 45-49	56:33.2	18:30/M
187	Luciano Gil		4142	43	M	8: 40-44	56:41.0	18:33/M
188	Dallas Wells		1374	10	M	8: 1-14	57:23.4	18:40/M

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189	Lisa Tam		3615	50	F	7: 50-54	59:08.9	19:15/M
190	KC Wells		1373	46	F	17: 45-49	1:00:29.8	19:43/M
191	Tom Workman		1372	75	M	3: 70-99	1:00:33.6	19:45/M
192	Matthew Workman		1363	52	M	15: 50-54	1:00:36.7	19:45/M