

2019 Rock N' Rails Run

Age Group Results

Race Date
August 31, 2019

5K Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chelsea Gross		29	7234	10	20:41.5	7:15/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ralph Nurse		42	7674	1	17:24.1	6:06/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nancy Packovski		42	7264	26	25:09.1	8:49/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joel Andrade		49	7201	3	19:20.5	6:47/M

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Female 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kenlei Glotzbach		10	7232	50	29:40.3	10:24/M

Male 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mateo Villarreal		6	7290	57	30:10.5	10:35/M
2	Tyler Sisco		10	7282	86	34:46.8	12:12/M
3	Tyler Drozd		10	6668	107	51:44.1	18:09/M

Female 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Emily Creech		11	7217	45	28:03.5	9:51/M

Male 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Caden Quigg		12	6718	13	21:46.4	7:38/M
2	Andrew Creech		11	7215	44	28:02.3	9:50/M
3	Elijah Davis		11	7220	61	30:35.8	10:44/M

Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kaylee Sprague		13	7284	20	23:20.1	8:11/M

Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jonathan Creech		14	7218	8	20:26.9	7:10/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Darcy Barkauskas		16	7675	77	32:27.3	11:23/M
2	Rebecca Payton		19	7266	90	35:10.1	12:20/M

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Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Annette Frank		26	6739	60	30:23.6	10:40/M
2	Christine Obermeyer		28	7262	79	32:41.8	11:28/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Steven Stepnoski		27	7285	2	19:16.2	6:46/M
2	Daniel Mitchell		29	7254	6	20:16.3	7:07/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nicole May		31	7250	12	20:55.1	7:20/M
2	Brenda Merschantz		33	7253	19	22:46.8	7:59/M
3	Kelly Bruxvoort		33	7208	22	24:05.5	8:27/M
4	Alyson Loutzenhiser		32	7247	24	24:39.3	8:39/M
5	Shannon Weddington		32	7292	35	26:21.3	9:15/M
6	Rosalinda Villarreal		32	7291	59	30:21.2	10:39/M
7	Amy Gehrt		34	7230	63	30:40.5	10:46/M
8	Lisa Martinez		30	7249	72	31:52.7	11:11/M
9	Jennifer Smith		34	7283	85	34:17.7	12:02/M
10	Amy Janik		34	6750	102	41:53.9	14:42/M
11	Janel Drozd		34	6689	108	51:44.1	18:09/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Robert Rockwell		32	7274	47	28:34.1	10:01/M
2	Angel Del Rio		33	7224	84	33:53.3	11:53/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kristina Greene		39	7233	34	26:15.2	9:13/M
2	Margaret Sirbek		35	7280	36	26:42.8	9:22/M
3	Alyssa Quaintance		37	7267	49	29:26.3	10:20/M
4	Audrey White		38	7295	52	29:46.5	10:27/M
5	Stacy Schultz		37	7278	74	32:11.1	11:17/M

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Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Elizabeth Monhaut		38	7256	78	32:31.3	11:24/M
7	Valerie Deboer		35	7223	87	34:49.5	12:13/M
8	Stephanie Bonnema		36	7206	98	38:48.9	13:37/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jason Balazs		37	7203	5	20:01.3	7:01/M
2	Adam Knuth		36	7242	14	22:01.5	7:44/M
3	Greg Sisco		36	7281	16	22:15.5	7:48/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Melinda De La Rosa		41	7222	38	27:03.2	9:29/M
2	Nicole Hayward		41	7235	43	27:55.5	9:48/M
3	Lisa Moskalick		41	7257	46	28:19.7	9:56/M
4	Kim Davis		42	7221	62	30:36.4	10:44/M
5	Joy Dieguez		44	7225	64	30:53.7	10:50/M
6	Rachel Paplomatas		41	7265	68	31:18.8	10:59/M
7	Heather Thielen		43	7287	96	37:42.8	13:14/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joseph Trathen		42	7671	17	22:17.4	7:49/M
2	Robert Hayward		44	7236	27	25:11.8	8:50/M
3	Travis Thurn		40	7288	42	27:46.8	9:45/M
4	Steven Chittam		44	7211	65	30:55.7	10:51/M
5	Steven Noojin		43	7261	76	32:23.1	11:22/M
6	Jacqueline Renko		41	7270	81	32:47.2	11:30/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Christine Przewoznik		46	7670	37	26:55.2	9:27/M
2	Shelley Moskalick		47	7259	56	30:04.3	10:33/M
3	Christy Cupp		47	7219	66	30:55.9	10:51/M

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5K Run

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Dawnn Bonnema		47	7205	94	37:25.2	13:08/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Hank Cook		49	7298	9	20:35.3	7:13/M
2	Kevin Fisher		45	7228	15	22:08.8	7:46/M
3	Mark Moskalick		48	7258	29	25:37.2	8:59/M
4	David Creech		49	7216	31	25:59.4	9:07/M
5	Regan Mc Shane		48	7252	33	26:09.3	9:10/M
6	Art Giannini		48	7231	39	27:24.9	9:37/M
7	Alan Kulevich		48	6784	83	33:53.3	11:53/M
8	Jason White		47	6734	101	41:31.3	14:34/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sherri Mitchell		54	7255	30	25:50.5	9:04/M
2	Ruth Maywald		51	7251	73	32:00.2	11:14/M
3	Christine Gaines		53	7229	82	32:48.3	11:30/M
4	Monica Kliza		54	7241	91	35:14.1	12:22/M
5	Kristann Wierman		52	6763	93	36:35.8	12:50/M
6	Marlene Conley		53	7212	99	39:34.3	13:53/M
7	Jill White		54	7297	103	43:12.3	15:09/M
8	Janice Lubbehusen		51	7248	109	52:51.1	18:32/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian Fudaez		53	6733	7	20:17.9	7:07/M
2	Steven Laurie		54	6665	25	24:47.6	8:42/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tina Strimbu		57	7286	69	31:19.6	10:59/M
2	Trish Laipple		57	7245	104	44:24.3	15:35/M

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Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ron Krause		55	7244	4	19:25.5	6:49/M
2	Robert Nichols		57	7672	40	27:27.5	9:38/M
3	Adam Hill		55	7237	54	30:00.6	10:32/M
4	Dean Johanson		58	7238	58	30:11.8	10:36/M
5	Thomas Nedza		59	7300	88	34:54.8	12:15/M
6	Keith Mitchell		55	6719	100	39:58.1	14:01/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lillian Ruiz		61	7276	41	27:45.4	9:44/M
2	Pamela Uline		64	7289	48	29:00.3	10:10/M
3	Eva Sendejas		60	7279	67	30:58.7	10:52/M
4	Ramona Arias-Nava		60	7299	70	31:21.5	11:00/M
5	Mary Scheidel		63	7277	95	37:42.7	13:14/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bob Turek		62	6705	11	20:51.8	7:19/M
2	Nick Dvorscak		62	7226	21	23:35.1	8:16/M
3	Thomas Kornelik		63	7243	23	24:33.5	8:37/M
4	Dennis Zebell		61	7673	32	26:01.3	9:08/M
5	Eric Jordan		61	7239	89	35:09.9	12:20/M
6	Pete Klaeser		62	7240	105	45:09.2	15:50/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Daniel Govert		66	6631	18	22:46.7	7:59/M
2	Steve Conley		67	7213	28	25:23.4	8:54/M
3	Terry Brown		65	7207	80	32:44.8	11:29/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Christine Gniadek		72	6776	106	50:58.6	17:53/M

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Race Date
August 31, 2019

Age Group Results**5K Run**

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Larry Chalos		73	7209	51	29:41.3	10:25/M
2	Norm Eikman		74	7227	53	29:56.1	10:30/M
3	Gary Cowman		70	7214	55	30:01.8	10:32/M
4	Robert Schwerd		72	6653	75	32:18.5	11:20/M
5	John Ruiz		70	7275	92	36:01.8	12:38/M
6	David J Ralston		74	7268	97	38:35.7	13:32/M

Female 75 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jan Regnier		75	7269	71	31:45.1	11:08/M
2	Sally Chalos		75	7210	110	53:48.8	18:53/M