

## 2019 MOMentum 5K Run

Age Group ResultsRace Date  
May 11, 2019

## 5K Run

## Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Laura Yokovich		30	4933	3	23:45.3	7:40/M

## Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stephan Sullivan		17	4923	1	21:31.1	6:56/M

## Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jennifer Murphy		45	4987	9	26:34.3	8:34/M

## Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	George Nietert		66	4910	4	25:10.1	8:07/M

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## Female 19 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Allie Rosentrater		19	4919	31	34:17.4	11:04/M
2 *	Liliana Magaro		17	4903	58	47:46.1	15:25/M

## Male 19 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Daniel Sroka		14	4985	8	26:19.1	8:29/M
2 *	Wes Turner		7	4927	39	37:53.6	12:13/M
3 *	Lucas Cooper		6	4627	40	37:53.7	12:13/M
4	Drew Christy		11	4275	54	45:39.2	14:44/M
5	tyler cummings		13	4629	59	47:52.5	15:26/M

## Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Elizabeth Rosentrater		21	4918	46	40:53.6	13:11/M

## Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Rebekah Tucker		28	4925	32	36:04.6	11:38/M
2 *	Courtnei Meyers		26	4908	55	46:18.9	14:56/M
3 *	Kelli Tanger		29	4924	56	46:19.5	14:56/M

## Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Alyse Bruszewski		33	4263	20	30:22.5	9:48/M
2 *	Shannon Anderson		32	4256	30	33:51.4	10:55/M
3 *	Alicia Cooper		31	4626	41	37:54.4	12:14/M
4	Christin Keirn		30	4646	49	44:00.4	14:12/M

## Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kyle Howard		31	4639	33	36:08.2	11:39/M

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## Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Deanna Grimes		36	4635	6	25:33.8	8:15/M
2 *	Staci KISH		35	4647	11	27:14.2	8:47/M
3 *	Dana Huwig		38	4640	12	27:14.4	8:47/M
4	Jennifer Rios		39	4915	14	27:54.7	9:00/M
5	Kristi Kacmarik		39	4642	28	33:32.2	10:49/M
6	Allison Henson		35	4637	43	38:20.4	12:22/M
7	Angela Bruszewski		36	4264	51	44:32.1	14:22/M
8	Angela Rodgers		36	4916	64	51:17.3	16:33/M

## Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Nick Underwood		36	4928	2	23:26.8	7:34/M
2 *	Steve Kacmarik		36	4643	7	25:36.5	8:15/M
3 *	Terry Henson		37	4655	13	27:54.1	9:00/M
4	Paul Anderson		35	4255	29	33:51.2	10:55/M
5	Andrew Cyprian		36	4631	44	39:20.4	12:41/M
6	Kevin Wilson		38	4932	48	43:14.4	13:57/M
7	Michael Rodgers		36	4917	63	51:15.3	16:32/M

## Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Gina Loveitt		40	4650	22	30:38.3	9:53/M
2 *	Melanie Splitgerber		44	4922	25	31:53.1	10:17/M
3 *	Alyssa Peters		41	4669	34	36:18.4	11:43/M
4	Kelly Carpenter		41	4267	37	37:09.4	11:59/M
5	Karen Turner		41	4926	42	38:16.3	12:21/M
6	Lisa Christy		43	4274	57	46:22.8	14:57/M
7	JAMIE Lynch		44	4901	68	1:09:17.7	22:21/M

## Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Josh Crosby		40	4628	5	25:27.2	8:13/M

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## Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Tracy Campbell		45	4266	26	32:22.3	10:26/M
2 *	Julie Bennington		45	4259	47	43:14.1	13:57/M
3 *	Ellen Bos		46	4261	50	44:04.3	14:13/M

## Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Doyll Andrews		46	4257	15	28:01.2	9:02/M
2 *	Jerry Splitgerber		47	4674	17	28:38.3	9:14/M

## Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Dianna Brogan		50	4262	24	31:36.3	10:12/M
2 *	Lisa olson		51	4661	35	36:18.6	11:43/M
3 *	SYDNEY DAWSON		52	4632	38	37:17.4	12:02/M
4	Mary Meyers		51	4909	53	45:20.9	14:37/M

## Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kris Poloncak		50	4913	23	30:38.5	9:53/M
2 *	David Lynch		54	4902	67	1:09:15.7	22:20/M

## Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Diane Nietert		58	4911	19	30:15.5	9:45/M
2 *	Linda Hirsch		56	4638	27	33:21.4	10:45/M
3 *	Deb Armstrong		57	4986	36	36:56.5	11:55/M
4	Deb Kolasky		56	4672	52	45:19.6	14:37/M
5	Susan Bishop		57	4260	60	48:15.6	15:34/M
6	Teresa Chester		56	4273	62	50:38.1	16:20/M

## Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Shirley Fosler		60	4633	21	30:35.2	9:52/M

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## Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
2 *	Lisa Penfold		60	4912	65	54:13.8	17:29/M

## Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	scott cummings		62	4630	61	48:34.7	15:40/M

## Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kathy Bubala		69	4265	66	1:00:42.9	19:35/M

## Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	John Witcher		67	4690	18	30:07.5	9:43/M

## Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Steve Kearney		70	4645	10	27:03.7	8:44/M
2 *	Dave Brown		70	4660	16	28:08.3	9:05/M
3 *	Jack Kashak		71	4717	45	40:38.7	13:06/M