

Race Date
November 03, 2019

2019 Fall Frolic
Age Group Results

4 Mile Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Annalise Yeager		12	1062	12	25:27.7	6:22/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Steven Bugarin		33	865	1	21:35.8	5:24/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Elaine Hendricks		62	2343	45	31:02.1	7:46/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ralph Nurse		42	835	10	25:18.2	6:20/M

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4 Mile Run

Male 1 to 8

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Keegan Harty		8	934	131	41:08.4	10:17/M

Female 9 to 10

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Stella Doffin		10	845	173	48:29.8	12:07/M

Male 9 to 10

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Ryan Smith		10	873	36	30:11.4	7:33/M
2 *	Samuel Geiger		10	405	59	33:03.5	8:16/M
3 *	Ethan Bowen		9	423	128	40:33.5	10:08/M

Male 11 to 12

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Luke Charpentier		12	898	25	28:28.8	7:07/M
2 *	Zane Biernat		12	881	32	29:35.4	7:24/M
3 *	William Goffette		12	1059	38	30:31.8	7:38/M
4	Seth Weaver		12	498	84	35:27.7	8:52/M
5	Elijah Davis		11	805	152	44:37.7	11:09/M

Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Emma Bell		14	1073	18	26:44.5	6:41/M
2 *	Alysse Niewoehner		13	1068	23	28:01.2	7:00/M
3 *	Ava Barten		13	1063	26	28:37.3	7:09/M
4	Aiko Hailey		13	2300	178	52:04.8	13:01/M

Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Nathan Nova		14	2279	8	24:40.8	6:10/M
2 *	Chase Reyes		14	412	14	25:38.1	6:25/M
3 *	Austin Wojcik		13	867	40	30:37.3	7:39/M
4	Angel Nevarez		14	1053	102	37:41.2	9:25/M

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Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
5	Steven Luzynski		14	940	121	39:33.7	9:53/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Makenna Schnick		16	2290	22	27:46.4	6:57/M
2	Brooklyn Figueroa		18	2342	130	40:55.9	10:14/M
3	Erin Burke		18	2333	154	44:57.5	11:14/M
4	Alexis Vancuren		18	2338	195	56:53.2	14:13/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ari Arzumian		16	859	3	21:53.5	5:28/M
2	Eric Alegre		19	847	4	22:39.8	5:40/M
3	Avery Ramos		15	840	5	23:36.3	5:54/M
4	Noah Weaver		16	499	6	23:49.6	5:57/M
5	Zachary Jarvis		15	420	9	24:51.2	6:13/M
6	Steven Jarvis		15	421	11	25:24.9	6:21/M
7	Jacob Demuth		18	938	13	25:37.3	6:24/M
8	Carter Schnick		17	2289	20	27:31.5	6:53/M
9	John Drosos		19	1016	52	32:18.7	8:05/M
10	Grant Giacomini		19	2340	110	38:41.9	9:40/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Amanda Rager		22	870	149	44:30.4	11:08/M
2	* Violet Doffin		20	846	174	48:46.6	12:12/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Christopher Ramos		21	851	2	21:41.3	5:25/M
2	* Andres Jara		24	866	16	26:30.8	6:38/M
3	* Ryan Palkon		22	1071	53	32:24.5	8:06/M
4	Jorge Rivera		22	828	56	32:37.5	8:09/M
5	Jordan Giacomini		21	2341	64	33:25.7	8:21/M

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4 Mile Run

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Miguel Esteban Romero		23	904	94	36:36.9	9:09/M
7	Nathan Darche		20	811	172	48:29.1	12:07/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Allison Sivak		29	850	73	34:21.5	8:35/M
2	* Natalie Drach		27	861	77	34:46.7	8:42/M
3	* Amanda Erickson		25	895	91	35:57.9	8:59/M
4	Jordan Burke		25	2332	153	44:57.4	11:14/M
5	Elizabeth Nover		27	842	157	45:33.4	11:23/M
6	Annie Blanchard		29	419	165	47:21.4	11:50/M
7	Emily Platt		29	823	186	54:00.8	13:30/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Fernando Piña		27	931	7	24:30.3	6:08/M
2	* Tod Basham		28	2294	24	28:22.3	7:06/M
3	* Mason Dewar		27	926	34	29:52.5	7:28/M
4	Grant Spiritoso		25	896	74	34:28.1	8:37/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Kelly McDermott		33	1014	41	30:37.9	7:39/M
2	* Lindsey Sellers		34	2336	47	31:36.8	7:54/M
3	* Tessa Troutman		34	2298	58	32:56.8	8:14/M
4	Ashley Hall		34	403	87	35:36.5	8:54/M
5	Diana Gill		34	2285	95	36:38.7	9:10/M
6	Lindsey Stammis		33	875	104	37:57.2	9:29/M
7	Sarah Wartman		30	903	109	38:40.5	9:40/M
8	Lisa Martinez		30	860	122	39:48.3	9:57/M
9	Molly Vass		30	2280	147	44:17.7	11:04/M
10	Melissa Barkow		31	803	155	45:20.6	11:20/M
11	Jennifer Ransom		33	2330	180	52:20.3	13:05/M
12	Lisa Hjelm		32	824	185	53:58.5	13:30/M
13	Amy Janik		34	814	202	1:00:13.4	15:03/M

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Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Bradley Briggs		33	841	31	29:24.4	7:21/M
2 *	Jon Nannenga		34	874	71	34:18.5	8:35/M
3 *	David Sivak		30	862	191	54:50.8	13:43/M
4	Nick Garibay		30	932	201	58:22.6	14:36/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Andrea Quintos		36	1060	55	32:32.8	8:08/M
2 *	Lisa Nelson		39	936	68	33:54.2	8:29/M
3 *	Suzanne Gesse		39	2295	78	35:07.2	8:47/M
4	Megan Torres		39	2293	85	35:27.8	8:52/M
5	Lauren Erickson		37	888	86	35:33.5	8:53/M
6	Sarah Veronesi		35	820	88	35:36.6	8:54/M
7	Darcy Rau		39	411	103	37:46.3	9:27/M
8	Erin Charpentier		37	897	111	38:43.1	9:41/M
9	Andria Novak		36	825	126	39:59.1	10:00/M
10	Jaime Caldwell		36	416	177	50:33.1	12:38/M
11	Janelle Bowen		38	422	192	55:43.3	13:56/M
12	Melissa Goodall		38	816	196	57:12.1	14:18/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Derek Janik		37	815	42	30:42.4	7:41/M
2 *	Brian Gill		36	2284	76	34:46.3	8:42/M
3 *	Cameron Bowen		39	424	134	41:15.2	10:19/M
4	Eric Winn		36	2327	138	42:12.4	10:33/M
5	Daniel Altman		38	871	179	52:12.9	13:03/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Michelle Draschil		41	834	48	31:41.3	7:55/M
2 *	Erin Goffette		44	1058	66	33:44.2	8:26/M
3 *	Alicia Davila		44	844	80	35:12.3	8:48/M
4	Margie Gross		42	809	81	35:13.3	8:48/M
5	Marissa McDermott		43	1023	97	36:52.2	9:13/M
6	Katie Siminski		40	810	113	38:56.3	9:44/M

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4 Mile Run

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
7	Jamie Smith		42	872	115	39:06.9	9:47/M
8	Kim Davis		42	806	118	39:17.5	9:49/M
9	Melissa Winicky		40	818	123	39:50.6	9:58/M
10	Laura Schnick		43	2287	133	41:12.2	10:18/M
11	Jenny Johnson		40	2326	140	42:53.2	10:43/M
12	Denise Weber		44	808	169	47:51.6	11:58/M
13	Arlondria Borgelt		44	905	183	53:09.4	13:17/M
14	Kelly Schroeder		42	1065	208	1:02:45.3	15:41/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Andrew Elderkin		40	1020	19	26:56.8	6:44/M
2	* Jason Niewoehner		41	1069	33	29:40.8	7:25/M
3	* Tim Murphey		41	1072	49	31:43.9	7:56/M
4	Matthew Sellers		43	500	100	37:14.2	9:19/M
5	Larry Harty		41	935	132	41:09.0	10:17/M
6	Thomas Drake		42	807	168	47:51.6	11:58/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Michelle Corrigan		47	2292	57	32:40.4	8:10/M
2	* Mary Ellen Basham		45	2331	67	33:46.2	8:27/M
3	* Becky Kreiger		46	863	82	35:17.5	8:49/M
4	Andrea Maslanka		46	2337	83	35:22.2	8:51/M
5	Penny Ambler		46	893	93	36:35.9	9:09/M
6	Dawn Vamos		48	1056	96	36:50.9	9:13/M
7	Elisa Rhodes		47	889	105	38:17.1	9:34/M
8	Amy Burke		49	2334	124	39:53.4	9:58/M
9	Vanessa Amanatidis		46	891	141	43:16.2	10:49/M
10	Maria Hernandez		45	909	144	43:53.7	10:58/M
11	Tracy Rager		49	869	150	44:30.8	11:08/M
12	Amy Dolbeare		47	2296	159	46:14.7	11:34/M
13	Nicole Barrish		45	2276	175	49:33.1	12:23/M
14	Diana Sorich		49	884	181	52:36.5	13:09/M
15	Annette Etchison		49	802	184	53:36.2	13:24/M
16	Nicole Dziadosz		49	2277	189	54:06.5	13:32/M
17	Julie Davis		46	853	199	58:16.6	14:34/M

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4 Mile Run

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	John Bryant		46	852	17	26:42.2	6:41/M
2 *	Chuck Vamos		48	1057	29	29:11.2	7:18/M
3 *	Mark Connors		47	826	44	30:52.2	7:43/M
4	Andrew Cunningham		48	415	101	37:37.4	9:24/M
5	Dean Bricker		48	2281	125	39:58.9	10:00/M
6	John Bodnar		46	1013	203	1:00:17.7	15:04/M
7	Shontrai Irving		45	821	206	1:02:07.7	15:32/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jana Smith		52	901	51	32:16.3	8:04/M
2 *	Kelly Bloode		53	939	60	33:04.9	8:16/M
3 *	Rosa Rivera		50	827	62	33:17.3	8:19/M
4	Glenda Omeara		54	2335	99	37:01.4	9:15/M
5	Kathy Childress		51	892	119	39:20.3	9:50/M
6	Amy Dowd		50	813	127	40:19.7	10:05/M
7	Dawn Waters		52	404	151	44:33.7	11:08/M
8	Mary Almendarez		54	849	161	46:52.7	11:43/M
9	Bridget Barnhill		52	882	166	47:34.4	11:54/M
10	Christine Gaines		53	1021	167	47:41.1	11:55/M
11	Sydney Dawson		52	843	170	48:03.6	12:01/M
12	Grace Garcia		51	829	171	48:26.6	12:07/M
13	Teresa Weiler		50	408	190	54:24.3	13:36/M
14	Krisann Wierman		52	937	193	55:46.3	13:57/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Skip Woldt		51	1022	21	27:34.4	6:54/M
2 *	Ken Borowski		52	1018	37	30:28.4	7:37/M
3 *	Scott Sears		51	2278	39	30:34.5	7:39/M
4	Patrick Cosgrove		51	414	46	31:35.6	7:54/M
5	Jorge Almendarez		52	848	54	32:29.6	8:07/M
6	Gregory Smith		54	1064	69	34:12.3	8:33/M
7	Paul Wojcik		50	868	98	37:00.7	9:15/M
8	Matt Dowd		50	812	107	38:30.6	9:38/M
9	Robert Hawk		51	801	117	39:17.1	9:49/M
10	Kevin Smith		50	902	137	41:45.5	10:26/M
11	Tom McDermott		50	1015	145	44:07.3	11:02/M

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4 Mile Run

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
12	Jerome Weiler		50	407	162	46:54.4	11:44/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Amy Benda		59	401	89	35:43.1	8:56/M
2	* Elizabeth Frances		59	2286	120	39:30.1	9:53/M
3	* Julie Young		55	418	129	40:51.4	10:13/M
4	Diana Garibay		59	1055	135	41:36.6	10:24/M
5	Deb Armstrong		58	413	163	47:06.8	11:47/M
6	Teresa Chester		57	2297	205	1:01:42.7	15:26/M
7	Erin Shinabarger		55	833	210	1:12:51.9	18:13/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Harry Baginski		57	883	15	25:42.5	6:26/M
2	* Dave MacKnick		55	885	27	28:44.5	7:11/M
3	* Dave Gaughan		56	831	28	28:49.7	7:12/M
4	Samuel Arzumanian		55	856	30	29:18.4	7:20/M
5	David Young		59	417	35	29:59.8	7:30/M
6	David Plenus		56	1019	43	30:46.3	7:42/M
7	Percy Pompey		55	907	61	33:09.7	8:17/M
8	Peter Villarreal		56	890	72	34:19.7	8:35/M
9	Charles Zaher		59	1067	75	34:41.6	8:40/M
10	Jeff Peterson		55	1061	92	35:59.9	9:00/M
11	Ed Schnick		58	2288	142	43:18.6	10:50/M
12	Martin Garcia		57	830	164	47:11.6	11:48/M
13	Jerry Garibay		59	1054	200	58:21.9	14:35/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Joanne Baitup		63	2344	79	35:08.7	8:47/M
2	* Mary Hills		63	886	114	39:00.6	9:45/M
3	* Agnes Nusbaum		61	410	116	39:11.6	9:48/M
4	Ramona Arias-Nava		61	858	148	44:23.1	11:06/M
5	Christine Landman		62	822	187	54:00.8	13:30/M
6	Melissa Angyus		64	839	198	57:50.7	14:28/M

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4 Mile Run

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
7	Debbie Lueken		60	1066	207	1:02:45.2	15:41/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Thomas Kornelik		63	855	50	32:01.8	8:00/M
2 *	Doug Benda		64	857	90	35:45.7	8:56/M
3 *	Brad Nusbaum		60	409	112	38:50.2	9:43/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kathy Hilbrich		65	2291	108	38:38.8	9:40/M
2 *	Janet Rotz		65	2329	136	41:41.4	10:25/M
3 *	Polly Theising		69	2339	156	45:24.8	11:21/M
4	Carol Magill		69	929	176	50:17.8	12:34/M
5	Christina Callahan		65	837	204	1:01:20.4	15:20/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Bruce Metz		65	906	63	33:20.7	8:20/M
2 *	Michael Grochowski		65	894	65	33:27.9	8:22/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jean Jannasch		72	2299	70	34:14.3	8:34/M
2 *	Jean Tolchinsky		74	854	143	43:51.7	10:58/M
3 *	Diane Dumonte-Slater		71	425	158	45:35.2	11:24/M
4	Jane Fuller		73	832	160	46:18.6	11:35/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Patrick Davis		73	406	106	38:21.9	9:35/M
2 *	Tom Hutmacher		71	1017	139	42:51.6	10:43/M
3 *	Dennis Rotz		71	2328	146	44:12.6	11:03/M

Race Date
November 03, 2019

2019 Fall Frolic
Age Group Results

4 Mile Run

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Jack Kashak		72	1070	182	52:49.9	13:12/M
5	David J Ralston		74	930	188	54:04.1	13:31/M
6	Clarence Melion		74	864	194	56:16.6	14:04/M
7	David Hinshaw		74	933	209	1:06:39.9	16:40/M

Male 80 and Over

<u>Place</u>	<u>Name</u>	<u>PUC</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Tom Magill		91	928	197	57:26.3	14:22/M