

2017 5K Salmon Run

Age Group Results

5K

Race Date
September 16, 2017

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	ANDIE YOUNG		21	372	9	22:39.1	7:19/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	RALPH BUCKINGHAM		37	271	1	19:56.1	6:26/M

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Female 14 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	VALERIE BEECK		10	389	10	22:48.2	7:23/M
2	ADDISON SAURBAUGH		9	343	53	30:52.8	9:59/M

Male 14 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	ETHAN QUINN		9	335	26	26:29.9	8:34/M
2	ETHAN MOON		7	321	61	32:43.6	10:35/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	VICTORIA TOBER		22	357	21	25:42.9	8:19/M
2	ALECIA PROERROCK		24	333	22	26:00.7	8:26/M
3	NICOLETTE NEES		24	323	70	36:05.5	11:41/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	SPENCER PROEFROCK		22	331	7	22:09.0	7:10/M
2	AVERY MOORE		23	322	12	24:04.5	7:51/M
3	AARON HAWKINS		24	305	51	30:38.6	9:56/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	JILL WIERSMA		26	396	30	27:20.1	8:52/M
2	GABRIELLE BUNNELL		26	274	33	27:56.2	9:04/M
3	LEIGH FRANTZ		25	296	75	38:33.6	12:30/M
4	STACEY CARPENTER		28	275	80	39:46.2	12:55/M
5	LYNDSE VANDENBERG		28	360	82	40:05.4	13:02/M
6	JACKIE VANDERWEG		26	375	84	41:14.1	13:22/M
7	ALLISON COWIE		28	280	92	47:09.3	15:20/M
8	JESSICA COWIE		29	398	94	47:12.5	15:20/M

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Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	BENJAMIIN WIERSMA		27	395	29	27:15.9	8:50/M
2	MASON HAWVER		25	307	56	31:11.6	10:07/M
3	DAN DIBBLE		27	290	64	33:30.4	10:51/M
4	ALEX CARPENTER		29	276	79	39:45.9	12:55/M
5	KYLE JOHNSON		27	310	81	39:46.2	12:55/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	NICHOLE ABBOTT		32	250	16	25:28.5	8:17/M
2	ANGELA GRAY		33	301	23	26:05.1	8:27/M
3	ASHLEY MARZAK		31	394	34	28:00.5	9:06/M
4	ALISON KEUTGEN		32	313	40	29:13.1	9:26/M
5	KENDA WINDQUIST		31	370	52	30:40.6	9:57/M
6	DANIELLE BROWN		34	270	55	31:04.9	10:05/M
7	KRYSTLE GRIMES		31	302	59	31:46.8	10:18/M
8	TIFFANY BOES		30	261	69	35:45.2	11:36/M
9	KAYDI MCMAHAN		34	318	78	39:39.2	12:52/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	NICHOLAS BAILEY		34	385	4	20:56.1	6:47/M
2	DJ NORDQUIST		30	384	6	21:54.9	7:04/M
3	PHIL STEVENS		30	353	15	25:13.5	8:10/M
4	RYAN ANDREWS		32	255	18	25:29.1	8:18/M
5	TRAVIS DAHLMAN		33	284	25	26:23.9	8:32/M
6	DAN ABBOTT		34	251	44	29:44.3	9:39/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	KRISTY SLEEPER		37	348	35	28:02.1	9:05/M
2	JULIE RITTER		35	5938	49	30:26.4	9:53/M
3	MARTHA SCHOLTENS		37	390	54	30:54.9	10:00/M
4	LESLIE PITTS		38	329	57	31:25.0	10:11/M
5	ASHLEY NIELSEN		37	324	58	31:45.5	10:16/M
6	MARY MOON		37	320	63	33:01.3	10:41/M
7	EMILY BUCKINGHAM		36	272	65	34:19.0	11:05/M

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Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
8	JENNIFER ALLEN		36	254	74	37:26.0	12:11/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	BRAD DESNOYERS		38	288	2	20:14.9	6:34/M
2	ANDREW BUIKEMA		38	273	5	21:35.2	6:58/M
3	ANDREW TELMAN		35	383	17	25:29.0	8:16/M
4	JORGEN LONGNECKER		38	6125	36	28:38.4	9:19/M
5	DOUG RETTER		37	6120	50	30:26.5	9:53/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	HEATHER LACLAIR		40	393	39	28:50.3	9:22/M
2	JOEY RETSEMA		43	392	41	29:21.6	9:32/M
3	MARIA HACKER		44	6143	46	29:48.1	9:41/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	JOHN DONNELLY		41	391	14	24:57.4	8:04/M
2	DEAN BETTENDORF		43	258	32	27:32.7	8:58/M
3	ADAM WALENDZIK		40	365	42	29:34.9	9:36/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	LAURA DI LORETO		46	289	83	41:08.6	13:18/M
2	KAITLIN BOYINK		46	266	88	44:40.6	14:31/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	JASON BOYINK		49	267	8	22:28.8	7:15/M
2	TROY HACKER		45	6146	45	29:46.6	9:41/M

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Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	JODIE		52	298	37	28:44.8	9:18/M
2	KATHLEEN WALENDZIK		52	364	43	29:35.5	9:36/M
3	MARILYN VIRONDA		51	363	60	32:14.1	10:28/M
4	LAURIE HEDMAN		54	308	62	32:54.9	10:42/M
5	REBECCA SANCHEZ		50	341	68	35:26.1	11:28/M
6	STEPHANIE SENTERS		51	386	71	36:12.0	11:44/M
7	JOYLYNE SANDERS		54	342	77	39:24.9	12:45/M
8	TERESA SMITH		52	350	85	41:53.4	13:38/M
9	KIM BRANDT		53	268	89	44:52.2	14:32/M
10	MARY ADAMS		54	252	96	52:37.6	17:01/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	BRIAN JOHNSON		51	399	11	22:55.3	7:25/M
2	MIKE PROEFROCK		53	332	28	27:12.6	8:49/M
3	PAUL BRANDT		53	269	90	44:52.4	14:32/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	BARB GIBBONS		57	300	27	26:54.1	8:42/M
2	TAMMY HATFIELD		55	377	31	27:25.7	8:52/M
3	NANCY REDINGTON		56	336	38	28:46.7	9:20/M
4	LIZ CLOUTIER		56	387	48	30:23.8	9:51/M
5	GENIA VAN WORMER		57	359	73	37:25.6	12:11/M
6	KAY SAYPANNHA		55	344	87	44:37.8	14:26/M
7	DONNA COWIE		58	281	93	47:12.2	15:20/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	MIKE WOODBECK		59	371	3	20:46.5	6:43/M
2	STEVE STEVENS		57	354	13	24:46.7	8:00/M
3	RAY HATFIELD		57	378	47	29:59.4	9:42/M
4	AL VIGLAND		56	362	67	34:32.7	11:12/M

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Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	KEVIN MARSH		62	374	20	25:42.0	8:22/M
2	EDWARD ZUCKERMAN		63	373	24	26:23.4	8:32/M
3	JIM ADAMS		61	253	97	52:43.1	17:02/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	TERRI ROEDER		65	339	86	43:32.8	14:04/M
2	BARBARA BOTBYL		67	265	95	51:19.5	16:40/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	PAT DRURY		65	388	19	25:32.3	8:15/M
2	JERRY ERDMANN		68	291	76	39:08.2	12:43/M

Female 70 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	MARY ERICKSON		74	292	72	36:12.2	11:45/M
2	GAIL DESNOYERS		70	287	91	45:31.5	14:46/M

Male 70 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	RICHARDO PARRA		70	382	66	34:22.7	11:11/M