

2017 Run Forest, Run 5K and 10K

Age Group Results

5K

Race Date
April 22, 2017

Female Open Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Brooke Kowalski | | 20 | 573 | 5 | 20:13.4 | 6:31/M |

Male Open Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Andrew Jarocki | | 18 | 316 | 1 | 17:25.8 | 5:37/M |

2017 Run Forest, Run 5K and 10K

Age Group Results

5K

Female 14 and Under

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Mary McVeigh | | 9 | 395 | 95 | 29:25.1 | 9:29/M |
| 2 | Joie Warnke | | 10 | 544 | 137 | 32:44.3 | 10:34/M |
| 3 | Olivia Monroe | | 9 | 408 | 173 | 37:17.8 | 12:02/M |
| 4 | Colleen Loitz | | 13 | 359 | 174 | 37:24.4 | 12:04/M |
| 5 | Samantha Agostino | | 6 | 108 | 190 | 38:50.6 | 12:32/M |
| 6 | Emillie Willett | | 11 | 551 | 210 | 44:02.9 | 14:12/M |
| 7 | Alyssa Voss | | 13 | 531 | 213 | 44:49.7 | 14:27/M |
| 8 | Harlie Calhoon | | 10 | 170 | 234 | 55:04.7 | 17:46/M |

Male 14 and Under

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Conner Calhoon | | 14 | 167 | 33 | 24:08.6 | 7:47/M |
| 2 | Jarrett Thomlison | | 14 | 512 | 35 | 24:12.9 | 7:48/M |
| 3 | Ben McVeigh | | 11 | 393 | 44 | 24:21.5 | 7:51/M |
| 4 | Colin George | | 11 | 261 | 47 | 24:27.8 | 7:53/M |
| 5 | Will Hurst | | 10 | 310 | 59 | 25:41.5 | 8:17/M |
| 6 | Kellen Noss | | 6 | 426 | 205 | 42:15.6 | 13:38/M |
| 7 | Dillon Willett | | 13 | 549 | 209 | 43:42.1 | 14:06/M |
| 8 | Jacob Ackerley | | 11 | 101 | 211 | 44:42.6 | 14:25/M |
| 9 | Jake Voss | | 13 | 532 | 214 | 44:53.5 | 14:29/M |

Female 15 to 19

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Nicole Butler | | 19 | 161 | 17 | 21:43.2 | 7:00/M |
| 2 | Madison lee | | 19 | 347 | 20 | 22:34.1 | 7:17/M |
| 3 | Christa Zubic | | 19 | 567 | 21 | 22:46.5 | 7:21/M |
| 4 | Bridget Simons | | 19 | 492 | 27 | 23:22.8 | 7:32/M |
| 5 | Clare Cunningham | | 18 | 207 | 31 | 23:49.3 | 7:41/M |
| 6 | Bridget Ralph | | 18 | 456 | 43 | 24:19.7 | 7:51/M |
| 7 | Kaitlin Emmett | | 19 | 237 | 53 | 25:02.4 | 8:05/M |
| 8 | Megan Dietz | | 18 | 226 | 54 | 25:17.3 | 8:09/M |
| 9 | Jacqui Michuda | | 19 | 397 | 60 | 25:54.6 | 8:21/M |
| 10 | Taylor Guth | | 19 | 275 | 70 | 27:09.8 | 8:45/M |
| 11 | Summer Thomlison | | 15 | 515 | 72 | 27:20.8 | 8:49/M |
| 12 | Kathleen O'Brien | | 19 | 430 | 80 | 28:33.8 | 9:13/M |
| 13 | Emily Klepper | | 19 | 334 | 89 | 28:57.4 | 9:20/M |
| 14 | Gwennie O'Connell | | 18 | 431 | 97 | 29:26.1 | 9:30/M |
| 15 | Carissa Baldwin | | 19 | 123 | 103 | 30:12.8 | 9:45/M |

2017 Run Forest, Run 5K and 10K

Age Group Results

5K

Female 15 to 19

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 16 | Devin Crudele | | 18 | 204 | 106 | 30:18.2 | 9:46/M |
| 17 | Molly Giglia | | 19 | 585 | 117 | 30:58.9 | 9:59/M |
| 18 | Sophia DeFranco | | 18 | 218 | 124 | 31:51.4 | 10:16/M |
| 19 | Raechel Kiesel | | 19 | 330 | 127 | 31:59.6 | 10:19/M |
| 20 | Emily Apakian | | 19 | 115 | 128 | 32:03.6 | 10:20/M |
| 21 | Kathleen Halloran | | 19 | 276 | 133 | 32:27.8 | 10:28/M |
| 22 | Skylar Adams | | 18 | 580 | 156 | 34:51.3 | 11:15/M |
| 23 | Katherine Fletcher | | 16 | 251 | 160 | 35:01.6 | 11:18/M |
| 24 | Jenna Koenig | | 19 | 339 | 177 | 37:45.6 | 12:11/M |
| 25 | Grace Milton | | 19 | 400 | 219 | 46:51.1 | 15:07/M |
| 26 | Hope Calhoon | | 17 | 171 | 251 | 58:56.2 | 19:01/M |

Male 15 to 19

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Michael Kurkowski | | 19 | 342 | 6 | 20:30.6 | 6:37/M |
| 2 | Alex Heyerly | | 18 | 297 | 8 | 20:58.3 | 6:46/M |
| 3 | Michael Moynihan | | 19 | 575 | 10 | 21:07.6 | 6:49/M |
| 4 | Hunter Mortemore | | 19 | 413 | 12 | 21:20.6 | 6:53/M |
| 5 | Gavin Williams | | 16 | 553 | 13 | 21:28.0 | 6:55/M |
| 6 | Peter Rutkowski | | 17 | 471 | 16 | 21:31.6 | 6:56/M |
| 7 | Michael Terranova | | 19 | 511 | 19 | 22:06.3 | 7:08/M |
| 8 | Michael Breslin | | 18 | 154 | 23 | 22:50.6 | 7:22/M |
| 9 | Matthew Harris | | 18 | 283 | 25 | 23:05.7 | 7:27/M |
| 10 | Sean Squires | | 18 | 500 | 29 | 23:40.3 | 7:38/M |
| 11 | William Diederich | | 19 | 222 | 34 | 24:12.3 | 7:48/M |
| 12 | Alex Miskimon | | 19 | 402 | 39 | 24:18.8 | 7:50/M |
| 13 | Owen Harte | | 18 | 284 | 81 | 28:35.8 | 9:13/M |
| 14 | Benjamin Diedrich | | 15 | 223 | 245 | 56:38.1 | 18:16/M |

Female 20 to 24

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Leah Plofchan | | 21 | 446 | 22 | 22:48.7 | 7:21/M |
| 2 | Madison Walsh | | 21 | 540 | 28 | 23:25.5 | 7:33/M |
| 3 | Eun Young Lee | | 21 | 346 | 36 | 24:16.7 | 7:50/M |
| 4 | Lee Kiefer | | 22 | 329 | 40 | 24:18.8 | 7:50/M |
| 5 | Claire Maxa | | 20 | 377 | 45 | 24:24.1 | 7:52/M |
| 6 | Noelle Klockner | | 22 | 335 | 48 | 24:40.5 | 7:57/M |
| 7 | Lindsey Henderson | | 24 | 294 | 61 | 25:59.9 | 8:23/M |

2017 Run Forest, Run 5K and 10K

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5K

Female 20 to 24

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 8 | Kiana Forti | | 20 | 253 | 64 | 26:14.2 | 8:28/M |
| 9 | Michelle Molner | | 22 | 406 | 67 | 26:29.5 | 8:33/M |
| 10 | Madison Karlin | | 21 | 322 | 68 | 26:36.4 | 8:35/M |
| 11 | Allison Baglini | | 21 | 120 | 69 | 26:45.1 | 8:38/M |
| 12 | Emily Angell | | 20 | 114 | 83 | 28:42.7 | 9:15/M |
| 13 | Megan Villandre | | 21 | 530 | 90 | 29:07.4 | 9:24/M |
| 14 | Mary Kate D'Esposito | | 22 | 211 | 93 | 29:20.9 | 9:28/M |
| 15 | Kristina Buscoe | | 23 | 160 | 100 | 29:49.9 | 9:37/M |
| 16 | Sae Rome Choi | | 20 | 182 | 109 | 30:21.1 | 9:47/M |
| 17 | Elizabeth Harper | | 23 | 282 | 113 | 30:41.5 | 9:54/M |
| 18 | meadow jackson | | 22 | 574 | 132 | 32:26.7 | 10:28/M |
| 19 | Rita Shultz | | 20 | 486 | 138 | 32:46.5 | 10:34/M |
| 20 | Kayla Matthews | | 22 | 376 | 139 | 33:06.3 | 10:41/M |
| 21 | Erin Kolasinski | | 24 | 340 | 150 | 34:31.6 | 11:08/M |
| 22 | Carrie Christmann | | 20 | 587 | 152 | 34:32.8 | 11:08/M |
| 23 | Tansy Wang | | 20 | 542 | 153 | 34:35.4 | 11:09/M |
| 24 | Katelin Hansen | | 24 | 277 | 155 | 34:46.3 | 11:13/M |
| 25 | Imaobong Nelson | | 20 | 419 | 162 | 35:03.2 | 11:18/M |
| 26 | Allison Bays | | 23 | 138 | 182 | 38:15.5 | 12:20/M |
| 27 | Kerra Leep | | 24 | 348 | 184 | 38:23.3 | 12:23/M |
| 28 | Sarina Khan | | 21 | 328 | 187 | 38:48.7 | 12:31/M |
| 29 | Madeleine O'Mara | | 21 | 433 | 198 | 40:55.7 | 13:12/M |
| 30 | Chelsea Johnson | | 24 | 319 | 203 | 41:19.9 | 13:20/M |

Male 20 to 24

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Robert Bruns | | 23 | 156 | 2 | 19:43.4 | 6:22/M |
| 2 | Michael Hillmer | | 22 | 300 | 3 | 19:48.9 | 6:23/M |
| 3 | Rick Zieser | | 20 | 566 | 4 | 20:01.7 | 6:27/M |
| 4 | Ryne Quinlan | | 22 | 453 | 7 | 20:50.1 | 6:43/M |
| 5 | Connor Bagwell | | 21 | 121 | 24 | 23:00.5 | 7:25/M |
| 6 | Benjamin Zeter | | 24 | 564 | 46 | 24:27.1 | 7:53/M |
| 7 | Kristopher Murray | | 23 | 414 | 57 | 25:28.7 | 8:13/M |
| 8 | Ty Daugherty | | 24 | 216 | 73 | 27:32.5 | 8:53/M |
| 9 | Alex Cervantez | | 20 | 179 | 188 | 38:49.3 | 12:31/M |
| 10 | scott verkt | | 24 | 577 | 260 | 1:00:34.6 | 19:32/M |

2017 Run Forest, Run 5K and 10K

Age Group Results

5K

Female 25 to 29

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Laken Litman | | 27 | 357 | 38 | 24:18.3 | 7:50/M |
| 2 | Elizabeth Heyeck | | 27 | 296 | 78 | 28:09.9 | 9:05/M |
| 3 | Katie Allare | | 27 | 109 | 92 | 29:20.3 | 9:28/M |
| 4 | Allison Harper | | 25 | 280 | 112 | 30:35.1 | 9:52/M |
| 5 | Claire Fage | | 27 | 240 | 131 | 32:24.5 | 10:27/M |
| 6 | Farris Gillman | | 26 | 265 | 136 | 32:43.5 | 10:33/M |
| 7 | Ashley Scott | | 27 | 479 | 148 | 34:15.1 | 11:03/M |
| 8 | Rebecca McKenna | | 27 | 386 | 158 | 34:58.1 | 11:17/M |
| 9 | Carrie Schweigl | | 27 | 477 | 168 | 36:07.1 | 11:39/M |
| 10 | Casey Peay | | 28 | 439 | 201 | 41:17.6 | 13:19/M |
| 11 | Megan Screeton | | 26 | 480 | 202 | 41:17.7 | 13:19/M |
| 12 | Samantha Wier | | 28 | 548 | 208 | 42:36.7 | 13:45/M |
| 13 | Nikki Stith | | 29 | 588 | 232 | 54:51.9 | 17:42/M |
| 14 | Jessica Basham | | 29 | 136 | 233 | 54:52.1 | 17:42/M |
| 15 | Kelsey Calhoon | | 25 | 172 | 252 | 58:56.3 | 19:01/M |

Male 25 to 29

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | David Tidmarsh | | 27 | 517 | 18 | 21:53.2 | 7:04/M |
| 2 | Kyle Verash | | 28 | 528 | 32 | 23:53.4 | 7:42/M |
| 3 | Michael Wyszowski | | 25 | 581 | 37 | 24:17.8 | 7:50/M |
| 4 | Rob Myers | | 27 | 415 | 41 | 24:18.9 | 7:50/M |
| 5 | Gerek Meinhardt | | 26 | 396 | 42 | 24:19.2 | 7:51/M |
| 6 | Alex Prosperi | | 29 | 449 | 51 | 24:50.2 | 8:01/M |
| 7 | Zach Prosperi | | 26 | 450 | 56 | 25:22.9 | 8:11/M |

Female 30 to 34

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Eileen Varga | | 32 | 571 | 77 | 28:09.9 | 9:05/M |
| 2 | Trudi Donovan | | 32 | 231 | 87 | 28:56.7 | 9:20/M |
| 3 | Katie Diltz | | 30 | 228 | 102 | 30:01.7 | 9:41/M |
| 4 | Rhiannon Yoder | | 34 | 561 | 144 | 33:42.4 | 10:52/M |
| 5 | MONICA HOGGAN | | 33 | 303 | 159 | 35:00.2 | 11:17/M |
| 6 | Aimee Bishop-Rhude | | 30 | 145 | 171 | 36:40.3 | 11:50/M |
| 7 | Sandy Gomez | | 34 | 268 | 180 | 37:56.6 | 12:14/M |
| 8 | Tiffany Creel | | 34 | 203 | 199 | 41:03.2 | 13:15/M |
| 9 | Catherine Thordarson | | 33 | 516 | 238 | 55:15.9 | 17:49/M |

2017 Run Forest, Run 5K and 10K

Age Group Results

5K

Male 30 to 34

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Charles Nelson | | 31 | 418 | 9 | 20:59.1 | 6:46/M |
| 2 | David Trapp | | 31 | 519 | 11 | 21:14.4 | 6:51/M |
| 3 | Jeff Shepherd | | 34 | 484 | 30 | 23:45.7 | 7:40/M |
| 4 | Jason Peay | | 30 | 440 | 49 | 24:44.4 | 7:59/M |
| 5 | Nicholas Lotz | | 31 | 364 | 50 | 24:47.8 | 8:00/M |
| 6 | John Cook | | 31 | 194 | 55 | 25:21.2 | 8:11/M |
| 7 | Hans Rohr | | 34 | 464 | 62 | 26:07.6 | 8:25/M |
| 8 | Adam Gerig | | 31 | 264 | 74 | 27:32.9 | 8:53/M |
| 9 | ben hota | | 31 | 306 | 107 | 30:18.4 | 9:46/M |
| 10 | brad bellaire | | 30 | 141 | 108 | 30:20.4 | 9:47/M |
| 11 | Kenny Conklin | | 32 | 190 | 143 | 33:33.1 | 10:49/M |
| 12 | Josh Smith | | 32 | 589 | 147 | 33:57.4 | 10:57/M |
| 13 | Joel Whitcomb | | 33 | 546 | 161 | 35:02.1 | 11:18/M |
| 14 | Tyler Ross | | 30 | 466 | 192 | 39:07.7 | 12:37/M |
| 15 | Ed Beebe | | 32 | 584 | 266 | 1:10:17.1 | 22:40/M |
| 16 | John Basham | | 33 | 137 | 267 | 1:10:17.8 | 22:40/M |

Female 35 to 39

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Margaret Cabaniss | | 36 | 164 | 91 | 29:07.6 | 9:24/M |
| 2 | Kellee Hedges | | 37 | 290 | 111 | 30:27.2 | 9:49/M |
| 3 | Margaret McVeigh | | 35 | 394 | 116 | 30:58.9 | 9:59/M |
| 4 | Karla Heyn | | 38 | 298 | 142 | 33:32.3 | 10:49/M |
| 5 | Sarah Jackson | | 36 | 312 | 165 | 35:50.3 | 11:34/M |
| 6 | Esther Boerner | | 37 | 146 | 197 | 40:29.2 | 13:04/M |
| 7 | Alexis Noss | | 35 | 423 | 207 | 42:17.7 | 13:38/M |

Male 35 to 39

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | David Williams | | 38 | 552 | 14 | 21:29.1 | 6:56/M |
| 2 | Charles Lamphier | | 35 | 343 | 85 | 28:48.4 | 9:17/M |
| 3 | Nick Donovan | | 36 | 230 | 88 | 28:57.1 | 9:20/M |
| 4 | Andy Willett | | 37 | 550 | 123 | 31:41.5 | 10:13/M |
| 5 | Kyle Schwab | | 35 | 475 | 130 | 32:15.7 | 10:24/M |
| 6 | Michael Jackson | | 37 | 311 | 166 | 35:50.5 | 11:34/M |
| 7 | Derek Warnke | | 39 | 543 | 204 | 41:57.3 | 13:32/M |
| 8 | Jonathan Buchanan | | 39 | 157 | 225 | 49:12.3 | 15:52/M |

2017 Run Forest, Run 5K and 10K

Race Date
April 22, 2017

Age Group Results**5K**

Female 40 to 44

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Kathleen Kloska | | 42 | 336 | 82 | 28:38.9 | 9:14/M |
| 2 | Rachel George | | 41 | 262 | 115 | 30:52.1 | 9:57/M |
| 3 | Bridget Sullivan | | 40 | 506 | 126 | 31:57.9 | 10:18/M |
| 4 | Cathie Waggoner | | 41 | 535 | 181 | 37:57.7 | 12:15/M |
| 5 | Tricia Walters | | 43 | 541 | 183 | 38:22.1 | 12:23/M |
| 6 | Kristin Agostino | | 44 | 107 | 189 | 38:50.5 | 12:32/M |
| 7 | Andrea Mainguy | | 42 | 369 | 193 | 39:27.9 | 12:44/M |
| 8 | Michelle Schwab | | 40 | 476 | 194 | 39:55.1 | 12:53/M |
| 9 | Michelle Vazquez | | 40 | 527 | 196 | 40:27.1 | 13:03/M |
| 10 | Lisa Buczko | | 42 | 158 | 218 | 46:01.2 | 14:51/M |
| 11 | Jenny McClintock | | 44 | 381 | 223 | 47:12.4 | 15:14/M |
| 12 | Kristina Wright | | 44 | 557 | 229 | 52:38.9 | 16:59/M |
| 13 | Dawn Calhoon | | 42 | 168 | 235 | 55:04.7 | 17:46/M |
| 14 | Kristin Warnke | | 42 | 545 | 241 | 56:25.2 | 18:12/M |
| 15 | Nicole Fuerst | | 40 | 583 | 242 | 56:26.4 | 18:12/M |
| 16 | Lisa Riddle Kelly | | 40 | 463 | 248 | 57:49.8 | 18:39/M |
| 17 | Pam Balian | | 40 | 128 | 253 | 1:00:02.1 | 19:22/M |
| 18 | Abigail Basham | | 40 | 135 | 265 | 1:10:14.5 | 22:39/M |

Male 40 to 44

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Robert George | | 41 | 263 | 98 | 29:31.2 | 9:31/M |
| 2 | Stevan Barendse | | 40 | 133 | 134 | 32:35.6 | 10:31/M |
| 3 | Aaron Wright | | 43 | 556 | 141 | 33:19.9 | 10:45/M |
| 4 | Christopher Calhoon | | 44 | 166 | 163 | 35:35.9 | 11:29/M |
| 5 | Michael Vazquez | | 44 | 526 | 195 | 40:26.8 | 13:03/M |
| 6 | Eric Noss | | 41 | 425 | 206 | 42:16.9 | 13:38/M |
| 7 | William Ackerley | | 41 | 102 | 212 | 44:45.6 | 14:26/M |
| 8 | Tom Adams | | 40 | 104 | 215 | 45:04.6 | 14:32/M |
| 9 | Michael Bracken | | 40 | 150 | 227 | 50:45.7 | 16:22/M |
| 10 | Brian Balian | | 40 | 127 | 254 | 1:00:02.9 | 19:22/M |
| 11 | Brad Balian | | 40 | 126 | 255 | 1:00:03.1 | 19:22/M |
| 12 | Scott Dietz | | 40 | 227 | 259 | 1:00:33.6 | 19:32/M |
| 13 | Gregory Wilson | | 44 | 554 | 264 | 1:05:10.8 | 21:01/M |

Female 45 to 49

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Angie Miller | | 45 | 398 | 149 | 34:16.7 | 11:03/M |

2017 Run Forest, Run 5K and 10K

Age Group Results

5K

Female 45 to 49

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 2 | MaryAnn Leneway | | 47 | 350 | 164 | 35:47.8 | 11:33/M |
| 3 | Kellie Voss | | 46 | 533 | 172 | 37:03.2 | 11:57/M |
| 4 | JuLee Anderson | | 46 | 112 | 175 | 37:29.7 | 12:05/M |
| 5 | Donnell Squires | | 45 | 499 | 179 | 37:49.2 | 12:12/M |
| 6 | Molly Barendse | | 48 | 132 | 224 | 47:12.5 | 15:14/M |
| 7 | Meg Loitz | | 49 | 360 | 231 | 52:40.3 | 16:59/M |
| 8 | Donna Vandenoever | | 49 | 524 | 247 | 56:38.4 | 18:16/M |
| 9 | Cara Anderson | | 48 | 110 | 250 | 58:24.6 | 18:50/M |

Male 45 to 49

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Cy Chowattukunnel | | 47 | 183 | 52 | 24:58.7 | 8:03/M |
| 2 | Aric Rutkowski | | 45 | 470 | 63 | 26:09.4 | 8:26/M |
| 3 | Eric Moll | | 48 | 404 | 71 | 27:20.7 | 8:49/M |
| 4 | Doug Angell | | 49 | 113 | 84 | 28:43.4 | 9:16/M |
| 5 | Scott Thomlison | | 48 | 514 | 99 | 29:38.9 | 9:34/M |
| 6 | Scott Baldwin | | 49 | 124 | 104 | 30:13.2 | 9:45/M |
| 7 | David Cavalieri | | 47 | 177 | 114 | 30:49.9 | 9:56/M |
| 8 | Bob McClintock | | 45 | 380 | 135 | 32:35.8 | 10:31/M |
| 9 | Paul Christmann | | 49 | 586 | 151 | 34:32.4 | 11:08/M |
| 10 | Rob Vandenoever | | 49 | 525 | 167 | 36:01.7 | 11:37/M |
| 11 | Haider Khan | | 46 | 327 | 186 | 38:48.5 | 12:31/M |
| 12 | Scott Loitz | | 47 | 361 | 230 | 52:39.6 | 16:59/M |
| 13 | Dan Long | | 46 | 362 | 237 | 55:15.2 | 17:49/M |
| 14 | Peek Peek | | 45 | 441 | 243 | 56:37.3 | 18:16/M |
| 15 | Scott Vervynckt | | 48 | 529 | 249 | 57:49.8 | 18:39/M |

Female 50 to 54

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Lisa Suter | | 53 | 508 | 86 | 28:51.4 | 9:18/M |
| 2 | Mary Cole | | 52 | 187 | 101 | 29:58.5 | 9:40/M |
| 3 | Jeanne Obringer | | 53 | 435 | 120 | 31:19.4 | 10:06/M |
| 4 | Susan Coyne | | 53 | 200 | 122 | 31:26.6 | 10:08/M |
| 5 | Jill Thomlison | | 50 | 513 | 154 | 34:45.7 | 11:13/M |
| 6 | Corinne DeTrempe | | 53 | 220 | 170 | 36:27.5 | 11:45/M |
| 7 | Peg Voss | | 51 | 534 | 216 | 45:26.7 | 14:39/M |
| 8 | Teresa Chester | | 54 | 181 | 217 | 45:44.1 | 14:45/M |
| 9 | Lorrie McNeilly | | 54 | 391 | 226 | 50:25.2 | 16:16/M |

2017 Run Forest, Run 5K and 10K

Age Group Results

5K

Female 50 to 54

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 10 | Dawn Long | | 52 | 363 | 236 | 55:14.1 | 17:49/M |
| 11 | Eileen Malony | | 54 | 370 | 240 | 55:41.4 | 17:58/M |
| 12 | Jeanne Diedrich Harrison | | 51 | 224 | 244 | 56:37.7 | 18:16/M |
| 13 | Dawn Daugherty | | 51 | 215 | 246 | 56:38.3 | 18:16/M |
| 14 | Darla Bartmess | | 50 | 134 | 263 | 1:00:37.3 | 19:33/M |

Male 50 to 54

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Michael Stahly | | 52 | 501 | 15 | 21:31.6 | 6:56/M |
| 2 | Michael Simons | | 52 | 493 | 26 | 23:22.2 | 7:32/M |
| 3 | Roger Fairchild | | 54 | 242 | 58 | 25:31.7 | 8:14/M |
| 4 | Christopher DeTrempe | | 53 | 219 | 94 | 29:22.7 | 9:28/M |
| 5 | Dave Daugherty | | 54 | 214 | 119 | 31:18.7 | 10:06/M |
| 6 | Jay Koenig | | 52 | 338 | 176 | 37:44.9 | 12:10/M |
| 7 | Joseph Green | | 52 | 271 | 200 | 41:03.5 | 13:15/M |
| 8 | Jessie Agostino | | 50 | 106 | 228 | 51:20.2 | 16:34/M |
| 9 | Jerry Laughlin | | 50 | 345 | 262 | 1:00:37.3 | 19:33/M |

Female 55 to 59

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Linda Hine | | 56 | 301 | 96 | 29:25.2 | 9:29/M |
| 2 | Katharine Gaj | | 57 | 256 | 110 | 30:25.4 | 9:49/M |
| 3 | Tina Nurkowski | | 57 | 428 | 129 | 32:03.6 | 10:20/M |
| 4 | Jan Phifer | | 59 | 445 | 146 | 33:53.7 | 10:56/M |
| 5 | Debbie Milton | | 57 | 399 | 221 | 46:52.9 | 15:07/M |
| 6 | Jill VanDenover | | 59 | 576 | 261 | 1:00:36.7 | 19:33/M |

Male 55 to 59

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Kurt Guth | | 56 | 274 | 65 | 26:21.2 | 8:30/M |
| 2 | Mario Manta | | 57 | 374 | 79 | 28:26.8 | 9:10/M |
| 3 | Rick Becker | | 56 | 140 | 121 | 31:21.3 | 10:07/M |
| 4 | James Chester | | 55 | 180 | 140 | 33:06.3 | 10:41/M |
| 5 | Tom Coyne | | 55 | 201 | 169 | 36:17.6 | 11:42/M |
| 6 | Ted Niezer | | 55 | 422 | 191 | 38:58.2 | 12:34/M |
| 7 | Jeff Milton | | 58 | 401 | 220 | 46:52.6 | 15:07/M |

2017 Run Forest, Run 5K and 10K

Age Group Results

5K

Male 55 to 59

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 8 | Michael Malony | | 55 | 371 | 239 | 55:39.6 | 17:57/M |
| 9 | John Nurkowski | | 57 | 427 | 256 | 1:00:08.8 | 19:24/M |

Female 60 to 64

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Melody Kesler | | 60 | 325 | 118 | 30:59.6 | 10:00/M |
| 2 | Joni Hollabaugh | | 60 | 304 | 125 | 31:54.1 | 10:17/M |

Male 60 to 64

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Bill Small | | 61 | 495 | 66 | 26:21.7 | 8:30/M |
| 2 | Charles Harper | | 63 | 281 | 105 | 30:17.6 | 9:46/M |
| 3 | Will Mitchell | | 63 | 403 | 145 | 33:42.9 | 10:52/M |
| 4 | Chet Zawalich | | 62 | 563 | 185 | 38:37.9 | 12:27/M |
| 5 | Joe Hession | | 62 | 295 | 222 | 46:59.4 | 15:09/M |

Female 65 to 69

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Pam Augustyn | | 66 | 118 | 257 | 1:00:12.7 | 19:25/M |

Male 65 to 69

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Edward Erickson | | 66 | 238 | 76 | 27:41.4 | 8:56/M |
| 2 | Jack Adkins | | 68 | 105 | 258 | 1:00:18.3 | 19:27/M |

Male 70 to 74

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Kent "Army" Laudeman | | 74 | 344 | 75 | 27:39.1 | 8:55/M |
| 2 | Dave Ferency | | 73 | 245 | 157 | 34:56.9 | 11:16/M |

Race Date
April 22, 2017

2017 Run Forest, Run 5K and 10K

Age Group Results

5K

| |
|------------------|
| Male 75 and Over |
|------------------|

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|-------------|------------|---------------|----------------|-------------|-------------|
| 1 | Willis Worick | | 77 | 555 | 178 | 37:46.1 | 12:11/M |