

Race Date  
September 24, 2017

## 2017 3 for 3 Triathlon

### Overall Results

#### Adult Kayak

Place	Name	Age	Gnd	----- Kayak -----			----- Trans 1 -----			----- Bike -----			----- Trans 2 -----			----- Run -----			Total Time
				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	
1	Elmer Schlabach	28	M	1	2:55.5		1	0:28.5		1	25:45.1	23.3	1	0:23.2		1	16:26.3	6:34	45:58.6
2	Todd Rothi	54	M	4	3:16.8		5	0:50.9		2	26:32.8	22.6	4	0:44.6		3	19:23.5	7:45	50:48.6
3	Patty Kokesh	30	F	18	4:25.6		3	0:35.3		6	31:13.0	19.2	9	0:59.9		7	22:03.1	8:49	59:16.9
4	Ryan Kokesh	30	M	7	3:38.1		10	1:29.7		9	33:53.2	17.7	2	0:32.5		6	19:54.1	7:58	59:27.6
5	Pam Rothi	53	F	5	3:21.5		2	0:32.7		4	30:04.2	20.0	7	0:57.3		9	24:34.6	9:50	59:30.3
6	Danny Eggleston	40	M	3	3:09.8		7	1:03.3		3	28:32.8	21.0	14	1:13.6		12	26:02.2	10:25	1:00:01.7
7	Eric Bomkamp	35	M	6	3:25.5		9	1:12.2		7	32:22.0	18.5	3	0:40.2		15	27:07.7	10:51	1:04:47.6
8	Doug Weingart	55	M	8	3:43.0		17	2:42.2		5	30:15.9	19.8	22	2:55.7		11	25:20.4	10:08	1:04:57.2
9	Matt Bellina	49	M	17	4:19.9		13	1:58.0		15	38:23.7	15.6	10	1:03.7		2	19:18.9	7:43	1:05:04.2
10	Richard Crowder	48	M	2	3:03.7		16	2:30.6		8	32:23.4	18.5	12	1:06.5		13	26:14.4	10:30	1:05:18.6
11	Mandy Longley	34	F	15	4:10.7		8	1:05.2		10	34:06.2	17.6	21	2:02.5		17	28:06.6	11:14	1:09:31.2
12	Suzanne Bellina	41	F	19	4:26.7		4	0:45.1		16	38:53.3	15.4	5	0:52.2		10	25:02.9	10:01	1:10:00.2
13	Matthew McLaughlin	23	M	10	3:46.4		19	3:06.3		22	42:03.8	14.3	18	1:39.0		5	19:40.6	7:52	1:10:16.1
14	Nathan Parks	30	M	11	3:46.6		22	3:45.3		23	42:13.2	14.2	17	1:31.1		4	19:40.4	7:52	1:10:56.6
15	Sarah Tyler	26	F	13	4:04.0		6	1:00.1		21	41:59.8	14.3	19	1:42.5		8	22:39.6	9:04	1:11:26.0
16	Manuela Frawley	43	F	24	48:01.1					13	37:49.2	15.9				18	28:45.9	11:30	1:14:39.2
17	Bryanna Cramer	26	F	9	3:43.1		14	1:58.2		20	41:59.6	14.3	20	1:43.2		14	26:47.7	10:43	1:16:11.8
18	Mark Jamieson	63	M	14	4:10.3		21	3:13.6		18	39:29.3	15.2	16	1:26.4		16	27:58.0	11:11	1:16:17.6
19	Julie Blinder	35	F	23	46:49.6					14	37:50.2	15.9				20	31:59.7	12:48	1:16:40.0
20	Martha Randall	64	F	16	4:11.0		11	1:39.2		17	38:55.6	15.4	6	0:52.3		19	31:18.7	12:31	1:16:56.8
21	Amanda Frick	37	F	12	4:00.0		12	1:40.8		12	36:07.1	16.6	11	1:05.0		23	36:27.3	14:35	1:19:20.2
22	Michael Flowers	64	M	20	4:31.7		15	2:00.3		11	34:41.7	17.3	8	0:57.8		24	38:02.6	15:13	1:20:14.1
23	Linda Jamieson	58	F	21	4:32.1		20	3:10.3		19	39:46.1	15.1	15	1:23.7		22	35:45.0	14:18	1:24:37.2
24	Perry Guilmette	59	M	22	4:51.4		18	2:45.6		24	45:55.9	13.1	13	1:07.5		21	35:28.5	14:11	1:30:08.9