

Race Date  
September 24, 2017

2017 3 for 3 Triathlon  
Age Group Results  
**Adult Kayak**

Female Open Winners

Place				---- Kayak ----		---- Trans 1 ----			---- Bike ----			---- Trans 2 ----			---- Run ----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	3	Patty Kokesh	806	30	1	4:25.6		1	0:35.3		1	31:13.0	19.2	1	0:59.9		1	22:03.1		59:16.9

Male Open Winners

Place				---- Kayak ----		---- Trans 1 ----			---- Bike ----			---- Trans 2 ----			---- Run ----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Elmer Schlabach	861	28	1	2:55.5		1	0:28.5		1	25:45.1	23.3	1	0:23.2		1	16:26.3		45:58.6

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Adult Kayak

Male 16 to 25

Place			----- Kayak -----			----- Trans 1 -----			----- Bike -----			----- Trans 2 -----			----- Run -----			Total		
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	13	Matthew McLaughlin	825	23	1	3:46.4		1	3:06.3		1	42:03.8	14.3	1	1:39.0		1	19:40.6		1:10:16.1

Female 26 to 35

Place			----- Kayak -----			----- Trans 1 -----			----- Bike -----			----- Trans 2 -----			----- Run -----			Total		
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	11	Mandy Longley	819	34	3	4:10.7		2	1:05.2		1	34:06.2	17.6	3	2:02.5		3	28:06.6		1:09:31.2
2	15	Sarah Tyler	883	26	2	4:04.0		1	1:00.1		4	41:59.8	14.3	1	1:42.5		1	22:39.6		1:11:26.0
3	17	Bryanna Cramer	770	26	1	3:43.1		3	1:58.2		3	41:59.6	14.3	2	1:43.2		2	26:47.7		1:16:11.8
4	19	Julie Blinder	761	35	4	46:49.6					2	37:50.2	15.9				4	31:59.7		1:16:40.0

Male 26 to 35

Place			----- Kayak -----			----- Trans 1 -----			----- Bike -----			----- Trans 2 -----			----- Run -----			Total		
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	4	Ryan Kokesh	807	30	2	3:38.1		2	1:29.7		2	33:53.2	17.7	1	0:32.5		2	19:54.1		59:27.6
2	7	Eric Bomkamp	762	35	1	3:25.5		1	1:12.2		1	32:22.0	18.5	2	0:40.2		3	27:07.7		1:04:47.6
3	14	Nathan Parks	844	30	3	3:46.6		3	3:45.3		3	42:13.2	14.2	3	1:31.1		1	19:40.4		1:10:56.6

Female 36 to 45

Place			----- Kayak -----			----- Trans 1 -----			----- Bike -----			----- Trans 2 -----			----- Run -----			Total		
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	12	Suzanne Bellina	758	41	2	4:26.7		1	0:45.1		3	38:53.3	15.4	1	0:52.2		1	25:02.9		1:10:00.2

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Female 36 to 45

Place		Name	Bib	Age	---- Kayak ----		---- Trans 1 ----		---- Bike ----		---- Trans 2 ----		---- Run ----		Total			
Place	Overall				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time
2	16	Manuela Frawley	784	43	3	48:01.1				2	37:49.2	15.9			2	28:45.9		1:14:39.2
3	21	Amanda Frick	785	37	1	4:00.0	2	1:40.8	1	36:07.1	16.6	2	1:05.0	3	36:27.3			1:19:20.2

Male 36 to 45

Place		Name	Bib	Age	---- Kayak ----		---- Trans 1 ----		---- Bike ----		---- Trans 2 ----		---- Run ----		Total			
Place	Overall				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time
1	6	Danny Eggleston	776	40	1	3:09.8	1	1:03.3	1	28:32.8	21.0	1	1:13.6	1	26:02.2			1:00:01.7

Female 46 to 55

Place		Name	Bib	Age	---- Kayak ----		---- Trans 1 ----		---- Bike ----		---- Trans 2 ----		---- Run ----		Total			
Place	Overall				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time
1	5	Pam Rothi	855	53	1	3:21.5	1	0:32.7	1	30:04.2	20.0	1	0:57.3	1	24:34.6			59:30.3

Male 46 to 55

Place		Name	Bib	Age	---- Kayak ----		---- Trans 1 ----		---- Bike ----		---- Trans 2 ----		---- Run ----		Total			
Place	Overall				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace	Rnk	Time
1	2	Todd Rothi	856	54	2	3:16.8	1	0:50.9	1	26:32.8	22.6	1	0:44.6	2	19:23.5			50:48.6
2	8	Doug Weingart	890	55	3	3:43.0	4	2:42.2	2	30:15.9	19.8	4	2:55.7	3	25:20.4			1:04:57.2
3	9	Matt Bellina	757	49	4	4:19.9	2	1:58.0	4	38:23.7	15.6	2	1:03.7	1	19:18.9			1:05:04.2
4	10	Richard Crowder	772	48	1	3:03.7	3	2:30.6	3	32:23.4	18.5	3	1:06.5	4	26:14.4			1:05:18.6

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Female 56 to 65

Place			---- Kayak ----			---- Trans 1 ----			---- Bike ----			---- Trans 2 ----			---- Run ----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	20	Martha Randall	851	64	1	4:11.0		1	1:39.2		1	38:55.6	15.4	1	0:52.3		1	31:18.7		1:16:56.8
2	23	Linda Jamieson	800	58	2	4:32.1		2	3:10.3		2	39:46.1	15.1	2	1:23.7		2	35:45.0		1:24:37.2

Male 56 to 65

Place			---- Kayak ----			---- Trans 1 ----			---- Bike ----			---- Trans 2 ----			---- Run ----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	18	Mark Jamieson	801	63	1	4:10.3		3	3:13.6		2	39:29.3	15.2	3	1:26.4		1	27:58.0		1:16:17.6
2	22	Michael Flowers	705	64	2	4:31.7		1	2:00.3		1	34:41.7	17.3	1	0:57.8		3	38:02.6		1:20:14.1
3	24	Perry Guilmette	792	59	3	4:51.4		2	2:45.6		3	45:55.9	13.1	2	1:07.5		2	35:28.5		1:30:08.9