

2016 Techie Trot 5K

Age Group Results

5K Run

Race Date
June 01, 2016

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Madison Drewno	Lansing IL	14	5114	7	23:47.3	7:40/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Zach Henry	Lansing IL	22	5124	1	21:13.4	6:51/M

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Female No Age Provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Julie Venem	Lansing IL		5184	106	1:00:29.0	19:31/M
2	Charlie Bean	Lansing IL		5096	121	1:06:15.1	21:22/M

Female 9 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lucia Njakara		7	4945	42	39:33.9	12:45/M
2	Gianna Hillegonds		9	4951	45	41:24.9	13:21/M
3	Courtney McPherson	Lansing IL	8	5148	53	46:36.5	15:02/M
4	Paiyton Ahpeatone	Lansing IL	9	5087	63	49:32.4	15:59/M
5	Ava Dabrowski	Lansing IL	8	5107	69	50:35.8	16:19/M

Male 9 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cameron Ingram	Lansing IL	8	5128	12	26:40.5	8:36/M
2	Leo Wieczorek	Lansing IL	9	5189	19	27:58.3	9:01/M
3	Xavier Zamudio	Lansing IL	9	5194	61	49:17.8	15:54/M
4	Dominck Hillegonds		5	4952	111	1:05:06.6	21:00/M

Female 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Samantha Buffano		13	4944	13	26:51.8	8:40/M
2	Mia Dabrowski	Lansing IL	11	5110	35	36:51.8	11:53/M
3	Maya Correa	Lansing IL	12	5105	60	49:17.2	15:54/M
4	Terimoluwa Akinola	Glenwood IL	12	5088	62	49:18.1	15:54/M
5	Leah Mondragon	Lansing IL	11	5149	92	57:22.8	18:30/M
6	Alejandra Vasquez	Lansing IL	12	5180	93	57:23.4	18:31/M

Male 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ruben Zamudio III	Lansing IL	13	5196	6	23:34.1	7:36/M
2	Brandon McPherson	Lansing IL	14	5147	11	26:30.3	8:33/M
3	Jimmy Wieczorek	Lansing IL	13	5188	18	27:57.2	9:01/M
4	Nicholas Rincon	Lansing IL	11	5159	29	35:13.2	11:22/M
5	Lou Gray	Lansing IL	12	5122	34	36:50.2	11:53/M

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Male 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Craig Morrison	Lansing IL	11	5151	36	36:52.9	11:54/M
7	Ethan Lewis	Highland IN	14	5143	38	38:34.2	12:26/M
8	Garrett Lewis	Highland IN	11	5144	47	41:33.2	13:24/M
9	Sean Schuljak	Lansing IL	14	5168	68	50:25.8	16:16/M
10	Connor Schuljak	Lansing IL	10	5166	79	53:22.9	17:13/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mackenzie Kot	Calumet City IL	15	5133	26	33:16.5	10:44/M
2	Sydney Wood	Lansing IL	15	5191	54	46:46.7	15:05/M
3	Samantha Wood	Lansing IL	16	5190	58	47:02.1	15:10/M
4	Lily Leopardo	Lansing IL	17	5139	98	59:17.7	19:07/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Robert Vasquez	Lansing IL	15	5182	55	46:47.5	15:05/M

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ashley Smith		21	4955	22	29:21.3	9:28/M
2	Emily Torres	Lansing IL	25	5175	30	35:19.6	11:24/M
3	Ashley Rose Sypole	Lansing IL	26	5171	32	35:38.9	11:30/M
4	Cassandra Cervantes	Lansing IL	23	5102	41	39:26.2	12:43/M
5	Margie Banach	Lansing IL	24	5095	94	59:06.2	19:04/M
6	Kristen Angell	Lansing IL	26	5092	96	59:11.1	19:05/M
7	Amanda Caruso	New Lenox IL	28	5100	105	1:00:09.6	19:24/M

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Johnny Leopardo	Lansing IL	22	5138	3	21:32.2	6:57/M
2	Paul Torres	Lansing IL	29	5178	5	22:06.9	7:08/M
3	Danny Leopardo	Lansing IL	24	5136	8	24:17.7	7:50/M
4	Dylan Angell	Lansing IL	22	5090	9	25:12.2	8:08/M
5	Will Farlow	Lansing IL	20	5119	20	27:58.9	9:01/M

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Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Adam Jamka	Lynwood IL	20	5129	23	31:28.8	10:09/M
7	Jonathan Alvarez	Lansing IL	26	5089	31	35:19.7	11:24/M
8	Fernando Calderon	Calumet City IL	22	5099	66	50:23.3	16:15/M
9	Uriel Zamudio	Calumet City IL	24	5193	67	50:23.7	16:15/M
10	Connor Ahern	Lansing IL	20	5086	77	51:57.2	16:45/M
11	Matt Caruso	New Lenox IL	28	5101	104	1:00:08.6	19:24/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kelly Hasse		39	4943	17	27:41.2	8:56/M
2	Sarah Korntheuer		34	4953	25	33:16.5	10:44/M
3	Angela LoFrano		36	4949	51	42:55.2	13:51/M
4	Larina Branch	Lansing IL	33	5097	65	49:38.8	16:01/M
5	Valerie Hunter	Highland IN	32	5126	73	50:54.6	16:25/M
6	Stephanie Corrrea	Lansing IL	39	5106	87	54:52.1	17:42/M
7	Nina Griffis		35	4941	101	59:26.9	19:10/M
8	Jackie Dombrowski	Lansing IL	34	5113	102	1:00:07.2	19:24/M
9	Maria Senisais		35	4940	107	1:02:55.5	20:18/M
10	Kristy Grady	Lansing IL	33	5121	109	1:03:35.2	20:31/M
11	Marie Hesselink		30	4950	112	1:05:36.6	21:10/M
12	Jorene Kelley	Lansing IL	32	5131	115	1:06:11.4	21:21/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian Hunter	Highland IN	33	5125	72	50:54.6	16:25/M
2	John Grady	Lansing IL	32	5120	108	1:03:06.8	20:21/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kristine Wahlgren	Bolingbrook IL	42	5185	21	29:10.2	9:25/M
2	Gina Rincon	Lansing IL	46	5158	27	34:16.2	11:03/M
3	Janet Wiczorek	Lansing IL	42	5186	37	37:35.9	12:07/M
4	Mary Henry	Lansing IL	48	5123	44	41:23.7	13:21/M
5	Jill Lewis	Highland IN	43	5145	46	41:28.4	13:23/M
6	Carrie McPherson		41	4948	70	50:38.6	16:20/M
7	Melissa Dabrowski	Lansing IL	46	5109	71	50:38.7	16:20/M

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5K Run

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
8	Jen Pasyk	Lansing IL	42	5157	80	53:47.3	17:21/M
9	Liz Acosta	Lansing IL	41	5084	81	53:47.7	17:21/M
10	Tanya Vasquez	Lansing IL	42	5183	97	59:17.3	19:07/M
11	Lisa Leopardo	Lansing IL	49	5140	99	59:19.2	19:08/M
12	Julie Schuljak	Lansing IL	43	5167	110	1:04:56.4	20:57/M
13	Lourdes Linares	Lansing IL	45	5146	116	1:06:12.2	21:21/M
14	Amy Orzel	Lansing IL	47	5155	119	1:06:13.5	21:22/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Fred Seibel		47	4954	4	21:48.9	7:02/M
2	Tim Stephan	Lansing IL	46	5170	14	27:00.2	8:43/M
3	John Leopardo	Lansing IL	48	5137	16	27:16.6	8:48/M
4	Oscar Rincon	Lansing IL	48	5160	28	35:13.1	11:22/M
5	Doug Lewis	Highland IN	45	5142	39	38:35.2	12:27/M
6	Bob Dabrowski	Lansing IL	49	5108	40	39:23.6	12:42/M
7	Abimael Duran	Lansing IL	43	5115	49	42:35.4	13:44/M
8	Jose Vasquez	Lansing IL	44	5181	89	56:55.1	18:22/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mary Delrio	Lansing IL	54	5111	48	42:15.2	13:38/M
2	Karen Lorenz	Hammond IN	52	4938	56	46:56.9	15:08/M
3	Pam Lepczynski	Highland IN	56	5141	74	50:55.4	16:25/M
4	Victoria Szewczyk	Lansing IL	51	5174	75	51:27.3	16:36/M
5	Mary Lu Kot	Calumet City IL	53	5134	76	51:28.2	16:36/M
6	Ann Ahern	Lansing IL	53	5085	78	52:33.5	16:57/M
7	Sharon Sypole	Lansing IL	56	5173	83	54:25.5	17:33/M
8	Helen Torres	Lansing IL	58	5176	86	54:45.8	17:40/M
9	Annamarie Konar	Dyer IN	56	4939	90	56:56.1	18:22/M
10	Cathy Newman	Munster IN	58	5152	91	56:57.4	18:22/M
11	Karen Banach	Lansing IL	59	5094	95	59:09.4	19:05/M
12	Robin Angell	Lansing IL	53	5093	100	59:21.1	19:09/M
13	Debbie Dombrowski	Lansing IL	57	5112	103	1:00:08.2	19:24/M
14	Mari-Beth Sallas	Lansing IL	58	5162	120	1:06:14.5	21:22/M

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Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bob Turek		58	4947	2	21:23.9	6:54/M
2	Ed Angell	Lansing IL	58	5091	10	25:38.6	8:16/M
3	Daniel Egenlauf	Beecher IL	55	5116	15	27:09.9	8:45/M
4	Kenneth Kot	Calumet City IL	53	5132	24	32:49.2	10:35/M
5	Zarko Njakara		51	4946	43	39:37.4	12:47/M
6	Steve Robinette	Lansing IL	59	5161	88	54:58.2	17:44/M

Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Patricia Nasella	Lansing IL	64	4937	57	46:58.2	15:09/M
2	Patty Eidam	Lansing IL	68	5118	59	48:36.6	15:41/M
3	Kathleen Corbett	Lansinglansing IL	64	5104	64	49:35.4	16:00/M
4	Kathy Sandrick	St. John IN	65	5164	82	54:24.2	17:33/M
5	Chris Hutter	Lansing IL	64	5127	84	54:25.9	17:33/M
6	Consuelo Valle	Lynwood IL	69	5179	114	1:06:05.5	21:19/M
7	Joellyn Kelley	Lansing IL	60	5130	118	1:06:12.5	21:21/M

Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Sypole	Lansing IL	62	5172	33	35:59.9	11:36/M
2	George Schmidt	Calumet City IL	61	5165	50	42:49.4	13:49/M
3	Ruben Zamudio, Sr.	Calumet City IL	64	5197	52	46:22.2	14:57/M
4	Kevin Torres	Lansing IL	61	5177	85	54:45.1	17:40/M

Female 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kathleen Clinnin	Lansing IL	74	5103	113	1:06:04.7	21:19/M
2	Mary Caballero	Lansing IL	72	5098	117	1:06:12.2	21:21/M