

2016 Spirit Run 5K

Overall Finish ListRace Date

April 30, 2016

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Div</u>	<u>Time</u>	<u>Pace</u>
1	Scott Klockow		1813	38	M	1 Top Fin	1	18:09.1	5:51/M
2	Matthew Cavanaugh		2934	15	M	1 15-18	1	18:23.1	5:56/M
3	George A. Azar		2905	16	M	2 15-18	1	18:27.4	5:57/M
4	Ralph Nurse		1227	39	M	1 35-39	1	18:34.7	5:59/M
5	Rick Fenno		2953	59	M	1 Top Fin	1	18:52.1	6:05/M
6	Jake Tarnow		3063	14	M	1 13-14	1	19:14.1	6:12/M
7	Ryan Schlyer		3047	13	M	2 13-14	1	19:59.6	6:27/M
8	Shathishkumar Rangaswamy		3033	41	M	1 40-44	1	20:00.4	6:27/M
9	Matthew Graber		2965	16	M	3 15-18	1	20:09.1	6:30/M
10	Jack Acton		2902	14	M	3 13-14	1	20:31.9	6:37/M
11	Alan Jones		2986	45	M	1 45-49	1	21:05.5	6:48/M
12	Leeann Wright		3076	36	F	1 Top Fin	1	21:14.6	6:51/M
13	William Bogan		2120	14	M	4 13-14	1	21:26.1	6:55/M
14	Travis Montgomery		3017	36	M	2 35-39	1	21:28.6	6:55/M
15	Tommy Cavanaugh		2936	14	M	5 13-14	1	21:31.1	6:56/M
16	Ava Gilliana		2962	13	F	1 13-14	1	21:38.6	6:59/M
17	William Stalhandske		1042	33	M	1 30-34	1	21:38.8	6:59/M
18	Jordan Ramos		3032	24	M	1 19-24	1	21:56.2	7:05/M
19	Andrew Owyre		1497	15	M	4 15-18	1	22:08.6	7:08/M
20	Nils Dietz		2946	46	M	2 45-49	1	22:16.3	7:11/M
21	David Lindahl		2149	50	M	1 50-54	1	22:20.4	7:12/M
22	Dave Gaughan Sr		1879	53	M	2 50-54	1	22:24.1	7:14/M
23	Jordyn Boyer		2919	15	F	1 15-18	1	22:25.4	7:14/M
24	Craig Miller		3014	53	M	3 50-54	1	22:26.7	7:14/M
25	Erik Jensen		2984	25	M	1 25-29	1	22:28.3	7:15/M
26	Phil Barons		1521	43	M	2 40-44	1	22:33.2	7:16/M
27	David Wort		3075	54	M	4 50-54	1	22:33.6	7:16/M
28	Sally Cespedes		1645	35	F	1 35-39	1	22:41.6	7:19/M
29	Kimberley Burns		2928	33	F	1 30-34	1	22:53.9	7:23/M
30	Nicole Brandy		1184	13	F	2 13-14	1	22:57.1	7:24/M
31	Matt Hanlon		2181	46	M	3 45-49	1	23:00.4	7:25/M
32	Daniel Mitchell		3015	25	M	2 25-29	1	23:03.1	7:26/M
33	Ryan Balko		2906	29	M	3 25-29	1	23:03.9	7:26/M
34	Robert Alt		1670	48	M	4 45-49	1	23:04.6	7:26/M
35	George Nietert		3025	63	M	1 60-64	1	23:33.6	7:36/M
36	Jack Brogan		2202	48	M	5 45-49	1	23:37.6	7:37/M
37	Karen Spoor		1226	45	F	1 Top Fin	1	23:41.8	7:38/M
38	Grace Thomas		3065	11	F	1 11-12	1	23:42.9	7:39/M
39	Roger Steffen		3057	65	M	1 65-69	1	23:51.1	7:42/M
40	Joe Starkey		3056	36	M	3 35-39	1	23:55.3	7:43/M
41	Tim Kulesa		2997	49	M	6 45-49	1	24:21.4	7:51/M
42	Brady Byvoets		2929	12	M	1 11-12	1	24:22.9	7:52/M
43	Amanda Kohne		2991	30	F	2 30-34	1	24:26.6	7:53/M
44	Eric Yeutter		3077	46	M	7 45-49	1	24:30.1	7:54/M
45	Ez Delprado		2944	59	M	1 55-59	1	24:34.6	7:55/M
46	Hugo Fagen		2949	10	M	1 9-10	1	24:35.5	7:56/M
47	Joel Bryant		2924	12	M	2 11-12	1	24:37.5	7:56/M

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48	Mario Ruiz		3042	42	M	3 40-44	1	24:46.6	7:59/M
49	Nicole Rossmann		3037	46	F	1 45-49	1	24:47.4	8:00/M
50	Audrey Halsey		2970	19	F	1 19-24	1	24:50.3	8:01/M
51	Dawn Fox		2088	35	F	2 35-39	1	24:55.4	8:02/M
52	Elaine Hendricks		2975	59	F	1 55-59	1	25:12.2	8:08/M
53	Lamarr Reyna		3034	36	M	4 35-39	1	25:12.8	8:08/M
54	Brian Huber		2979	42	M	4 40-44	1	25:17.7	8:09/M
55	Gillian Rossmann		3036	13	F	3 13-14	1	25:27.1	8:13/M
56	Anderson Schlyer		3048	7	M	1 1- 8	1	25:28.7	8:13/M
57	Brady Cavanaugh		2935	10	M	2 9-10	1	25:32.7	8:14/M
58	Adrian Harris		2974	28	M	4 25-29	1	25:39.9	8:16/M
59	Randy Warren		2165	55	M	2 55-59	1	25:54.3	8:21/M
60	Philip Santay		3044	26	M	5 25-29	1	25:58.8	8:23/M
61	Jack Kuka		2995	11	M	3 11-12	1	26:00.4	8:23/M
62	Penny Schlyer		3046	47	F	2 45-49	1	26:01.4	8:24/M
63	Jean Jannasch		2983	69	F	1 65-69	1	26:07.1	8:25/M
64	Carol Douglas		2947	52	F	1 50-54	1	26:11.4	8:27/M
65	Ian Cox		2941	11	M	4 11-12	1	26:20.3	8:30/M
66	Madison Rowley		3040	13	F	4 13-14	1	26:22.5	8:30/M
67	Dawn Vamos		2097	44	F	1 40-44	1	26:23.2	8:31/M
68	Lydia Bryant		2925	14	F	5 13-14	1	26:25.3	8:31/M
69	Steve Rowley		3039	46	M	8 45-49	1	26:34.6	8:34/M
70	Marialena Nagel		3022	33	F	3 30-34	1	26:42.3	8:37/M
71	Matt Langbehn		2999	29	M	6 25-29	1	26:44.3	8:37/M
72	Allan Brandy		1764	47	M	9 45-49	1	26:48.6	8:39/M
73	Nick Dvorscail		2238	59	M	3 55-59	1	26:49.6	8:39/M
74	Cariann Turner		3070	51	F	2 50-54	1	26:49.8	8:39/M
75	Ena Gilliana		2959	8	F	1 1- 8	1	26:53.7	8:40/M
76	John Saltanovitz		3043	55	M	4 55-59	1	27:03.5	8:44/M
77	Deb Schiesser		1148	60	F	1 60-64	1	27:10.1	8:46/M
78	Tashia Mech		3012	25	F	1 25-29	1	27:19.9	8:49/M
79	Jennifer Murphy		1671	42	F	2 40-44	1	27:20.9	8:49/M
80	Karen Vinson		3072	48	F	3 45-49	1	27:32.9	8:53/M
81	Whitewolf Kelly		2988	64	M	2 60-64	1	27:34.5	8:54/M
82	Shelley Bryant		2926	45	F	4 45-49	1	27:36.1	8:54/M
83	Juan Casas		2195	46	M	10 45-49	1	27:37.8	8:55/M
84	Cecilia Bernal		2915	59	F	2 55-59	1	27:40.6	8:55/M
85	James Masterson		3008	44	M	5 40-44	1	27:42.2	8:56/M
86	Natalia Prato		3031	14	F	6 13-14	1	27:50.9	8:59/M
87	Fiorella Cespedes		2937	10	F	1 9-10	1	27:54.4	9:00/M
88	John Breckenridge		2923	47	M	11 45-49	1	27:56.9	9:01/M
89	Nevenka Schumacher		3050	41	F	3 40-44	1	27:58.5	9:01/M
90	Kathleen Kolodziej		2254	61	F	2 60-64	1	28:00.1	9:02/M
91	Karl Bauer		2908	49	M	12 45-49	1	28:03.4	9:03/M
92	Bridget Sherman		3053	12	F	2 11-12	1	28:04.8	9:03/M
93	Kristin Suriano		3060	34	F	4 30-34	1	28:05.2	9:04/M
94	Barb Hamner		2971	51	F	3 50-54	1	28:05.9	9:04/M

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95	Carri Ables		2901	39	F	3 35-39	1	28:10.3	9:05/M
96	Sherri Mitchell		3016	51	F	4 50-54	1	28:12.6	9:06/M
97	Lori Gilliana		2961	48	F	5 45-49	1	28:18.8	9:08/M
98	Mary Miller		3013	56	F	3 55-59	1	28:22.7	9:09/M
99	Norm Eikman		2981	71	M	1 70-74	1	28:34.4	9:13/M
100	Brian Vinson		3071	58	M	5 55-59	1	28:38.3	9:14/M
101	Michael Grochowski		1870	62	M	3 60-64	1	28:44.6	9:16/M
102	Joseph Kristek		2994	54	M	5 50-54	1	28:50.3	9:18/M
103	Jayne Willis		2044	52	F	5 50-54	1	28:57.6	9:20/M
104	Isabelle Sweet		3062	12	F	3 11-12	1	28:59.5	9:21/M
105	Amelia Benjamin		2912	11	F	4 11-12	1	28:59.9	9:21/M
106	Nicolette Huber		2980	41	F	4 40-44	1	29:04.3	9:23/M
107	John Pinkowski		3030	59	M	6 55-59	1	29:15.2	9:26/M
108	Kyle Hahn		2969	14	M	6 13-14	1	29:32.5	9:32/M
109	Drake Brandt		2922	13	M	7 13-14	1	29:33.2	9:32/M
110	Stephanie Crook		1228	36	F	4 35-39	1	29:36.1	9:33/M
111	Lissa Yogan		3079	56	F	4 55-59	1	29:36.7	9:33/M
112	Karen Marlatt		3007	49	F	6 45-49	1	29:43.3	9:35/M
113	Phil Page		3028	47	M	13 45-49	1	30:05.9	9:42/M
114	Ema Gilliana		2963	16	F	2 15-18	1	30:21.4	9:47/M
115	Jason Gilliana		2960	45	M	14 45-49	1	30:23.9	9:48/M
116	Sarah Olivarez		2156	35	F	5 35-39	1	30:39.3	9:53/M
117	Anthony Olivarez		2157	33	M	2 30-34	1	30:39.7	9:53/M
118	Debbie Fenno		2952	60	F	3 60-64	1	30:54.2	9:58/M
119	John Clements		2939	10	M	3 9-10	1	30:56.3	9:59/M
120	Mike Sulkowski		3059	64	M	4 60-64	1	31:05.5	10:02/M
121	Beth Boyer		2918	48	F	7 45-49	1	31:09.8	10:03/M
122	Mike Schumacher		3049	38	M	5 35-39	1	31:15.9	10:05/M
123	Jesse Bernal		2916	64	M	5 60-64	1	31:16.1	10:05/M
124	Michelle Finch		2954	41	F	5 40-44	1	31:16.9	10:05/M
125	Wayne Carr		2933	58	M	7 55-59	1	31:20.6	10:06/M
126	Dee Dee Brogan		1318	47	F	8 45-49	1	31:44.7	10:14/M
127	Eli Gilliana		2958	11	M	5 11-12	1	31:58.9	10:19/M
128	Vanessa Yeutter		3078	35	F	6 35-39	1	32:04.4	10:21/M
129	Stephanie Braming		2920	46	F	9 45-49	1	32:12.1	10:23/M
130	Carol Barton		2907	43	F	6 40-44	1	32:12.3	10:23/M
131	Billie Childress		2938	59	F	5 55-59	1	32:14.1	10:24/M
132	Lisa Mech		3011	50	F	6 50-54	1	32:51.8	10:36/M
133	Kimberly Trikich		3069	54	F	7 50-54	1	33:00.6	10:39/M
134	Roberto Sarli		3045	62	M	6 60-64	1	33:08.4	10:41/M
135	Dennis Rotz		3038	68	M	2 65-69	1	33:10.6	10:42/M
136	Edward Caccavale		2930	46	M	15 45-49	1	33:17.4	10:44/M
137	Laura Gillins		2964	30	F	5 30-34	1	33:24.9	10:46/M
138	Jean Tolchinsky		3066	70	F	1 70-74	1	33:57.1	10:57/M
139	Carli Murkve		2206	16	F	3 15-18	1	34:15.1	11:03/M
140	Dan Benjamin		2911	38	M	6 35-39	1	34:16.7	11:03/M
141	Robert Edwards		2948	75	M	1 75-79	1	34:18.1	11:04/M

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142	Fred Benner		2914	50	M	6 50-54	1	34:18.3	11:04/M
143	Douglas Hahn		2968	50	M	7 50-54	2	34:48.9	11:14/M
144	Michael Willis		2061	51	M	8 50-54	1	35:24.6	11:25/M
145	Donna Kristek		2993	45	F	10 45-49	1	35:29.7	11:27/M
146	Steven Mathew		3009	16	M	5 15-18	1	35:29.7	11:27/M
147	Gail MacApagal		3002	26	F	2 25-29	1	35:59.8	11:36/M
148	Telma Alfaro		2904	35	F	7 35-39	1	36:01.4	11:37/M
149	Leslie Buff		2927	63	F	4 60-64	1	36:13.4	11:41/M
150	Lisa Letsinger		3001	49	F	11 45-49	1	36:14.6	11:41/M
151	Paula George		2956	43	F	7 40-44	1	36:19.6	11:43/M
152	Chris Palese		3029	33	M	3 30-34	1	36:20.1	11:43/M
153	Megan Sweet		3061	41	F	8 40-44	1	36:20.1	11:43/M
154	Shannon Matuszny		3010	27	F	3 25-29	1	36:44.9	11:51/M
155	Ruth Bonacci-Klaeser		2124	60	F	5 60-64	1	37:00.7	11:56/M
156	Chris Boyer		2917	48	M	16 45-49	2	37:04.1	11:57/M
157	Joann Munro		3021	47	F	12 45-49	1	37:10.7	11:59/M
158	Maricruz Rivera		3035	43	F	9 40-44	1	37:35.2	12:07/M
159	Kim Benner		2913	46	F	13 45-49	1	37:36.4	12:08/M
160	Carissa Torres		3068	28	F	4 25-29	1	37:47.7	12:11/M
161	Erica Benavente		2910	36	F	8 35-39	1	37:47.9	12:11/M
162	Greg Farrall		2950	46	M	17 45-49	2	38:20.1	12:22/M
163	Jack Kashak		2096	68	M	3 65-69	1	38:54.6	12:33/M
164	Joan Grott		2967	39	F	9 35-39	2	39:13.3	12:39/M
165	Amy Janik		2982	31	F	6 30-34	1	39:29.8	12:44/M
166	Tina Tolson		3067	46	F	14 45-49	1	40:00.5	12:54/M
167	Maria Hernandez		2976	42	F	10 40-44	1	40:03.2	12:55/M
168	Destinie Gallardo		2955	37	F	10 35-39	1	40:17.7	13:00/M
169	Lory Adams		2903	57	F	6 55-59	1	40:25.9	13:02/M
170	Mary Cooper		2940	56	F	7 55-59	1	40:38.2	13:06/M
171	Laura Ryan		1831	58	F	8 55-59	1	40:38.4	13:06/M
172	Cindy Hall		2117	58	F	9 55-59	1	40:59.6	13:13/M
173	Teresa Weiler		3073	46	F	15 45-49	1	41:19.7	13:20/M
174	Jerome Weiler		3074	46	M	18 45-49	1	41:21.7	13:20/M
175	Michael Moskalick		3020	71	M	2 70-74	1	42:01.1	13:33/M
176	Susan Sendejas		3052	58	F	10 55-59	1	42:36.8	13:45/M
177	Pamela Rowley		3041	40	F	11 40-44	1	42:39.5	13:45/M
178	Kathy Olson		3026	62	F	6 60-64	1	42:41.3	13:46/M
179	Barbara Graham		2966	65	F	2 65-69	1	42:41.9	13:46/M
180	Allan Nalbor		3023	68	M	4 65-69	1	43:03.4	13:53/M
181	Winston Steiniche		3058	73	M	3 70-74	1	43:08.1	13:55/M
182	Dewayne Newson		3024	49	M	19 45-49	2	43:21.9	13:59/M
183	Ulrike Zambori		3080	67	M	5 65-69	1	43:38.9	14:05/M
184	Tom Magill		3003	87	M	1 80-99	1	44:23.8	14:19/M
185	Phyllis Hansen		2972	73	F	2 70-74	1	44:57.4	14:30/M
186	Maggie Kuka		2996	9	F	2 9-10	1	45:06.4	14:33/M
187	Lily Braming		2921	9	F	3 9-10	1	45:06.4	14:33/M
188	John Maniatis		1496	27	M	7 25-29	1	45:46.2	14:46/M

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189	Michael Molon		1493	54	M	9 50-54	1	45:47.2	14:46/M
190	Rosalind Knight		2990	39	F	11 35-39	1	46:41.4	15:04/M
191	Danette Lashbrook		3000	61	F	7 60-64	1	47:12.7	15:14/M
192	Susan Shockley		1802	63	F	8 60-64	1	47:12.7	15:14/M
193	Morningsun Kelly		2987	62	F	9 60-64	1	47:42.3	15:23/M
194	Beverly Calligan		2931	74	F	3 70-74	1	48:01.9	15:29/M
195	Sasa Sekuloski		3051	45	M	20 45-49	1	48:07.5	15:31/M
196	Renee Moreno		3019	39	F	12 35-39	1	48:07.8	15:31/M
197	Nanice Wagenblast		2957	51	F	8 50-54	1	48:23.4	15:36/M
198	Jac Cooper		1855	59	M	8 55-59	1	49:03.3	15:49/M
199	John Cunningham		2942	58	M	9 55-59	2	49:03.7	15:49/M
200	David Hinshaw		2977	71	M	4 70-74	1	54:02.2	17:26/M
201	John Mario		3005	48	M	21 45-49	1	54:07.2	17:27/M
202	Erin Shinabarger		3054	51	F	9 50-54	1	55:29.7	17:54/M
203	Bob Hooper		2978	74	M	5 70-74	1	56:22.4	18:11/M
204	Marvin Jordan		2080	78	M	2 75-79	1	1:01:26.5	19:49/M