

Race Date  
September 18, 2016

Shelter Shuffle 5K  
Age Group Results

5K Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Deborah Brann	Valparaiso IN	49	1735	8	26:16.9	8:28/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Borman		38	9664	1	20:26.8	6:35/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Elaine Hendricks	Valparaiso IN	59	1762	9	26:41.4	8:36/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jim Kyle		52	9665	4	23:30.9	7:35/M

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### 5K Run

#### Male 9 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Edgar Alcock		11	9396	16	28:51.7	9:18/M
2	Ethan Sy	Hobart IN	12	1797	74	48:30.2	15:39/M

#### Female 13 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Madison Wunderlin	Valparaiso IN	13	1807	30	31:51.7	10:16/M
2 *	Paige Podlesak	Hobart IN	17	1782	31	31:52.3	10:17/M
3 *	Isabella Wunderlin	Valparaiso IN	13	1808	76	50:26.5	16:16/M
4	Shayne Wassell	Valparaiso IN	15	1802	79	52:04.6	16:48/M

#### Male 13 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Matthew Meyer		14	9868	3	23:16.9	7:30/M
2 *	Nick Gayda	Valparaiso IN	16	1755	50	35:23.4	11:25/M

#### Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brooke Foltz	Michigan City IN	23	1752	37	33:16.8	10:44/M
2	Natalie Wilhelm	Chesterton IN	20	1804	44	34:42.9	11:12/M
3	Morgan Billingsley	Valparaiso IN	24	1731	82	52:30.6	16:56/M

#### Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	James Burch	Griffith IN	24	1739	2	20:45.5	6:42/M
2	Ryan Hough	Hebron IN	24	1765	5	23:37.4	7:37/M
3	Nathan Gayda	Valparaiso IN	20	1757	65	41:48.7	13:29/M

#### Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Cynthia Underwood		27	9809	43	34:36.7	11:10/M
2 *	Meredith Cubberley	Valparaiso IN	27	1746	59	37:37.1	12:08/M
3 *	Sarah Serles	Portage IN	25	1793	81	52:17.7	16:52/M
4	Brittney Bucher	Valparaiso IN	25	1737	86	54:37.4	17:37/M

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Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
5	Karen Bechinski	Valparaiso IN	27	1728	91	58:55.5	19:00/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Erik Jensen		25	9873	23	29:47.1	9:36/M
2 *	Nicholas Dietz	Valparaiso IN	28	1748	38	33:28.8	10:48/M
3 *	Brett Wood	Valparaiso IN	27	1805	90	58:54.1	19:00/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Joann Davidson	Valparaiso IN	34	1747	19	29:06.4	9:23/M
2 *	Misty Hatch	Lowell IN	32	1761	46	34:45.4	11:13/M
3 *	Nicole Boricich	Hebron IN	32	1732	48	34:50.7	11:14/M
4	Lexi Luptak	Griffith IN	31	1775	52	35:45.4	11:32/M
5	Jelena Byers	Griffith IN	34	1740	58	37:04.6	11:57/M
6	Susan Swarner	Valparaiso IN	31	1796	68	43:59.5	14:11/M
7	Jessica Mignard	Valparaiso IN	34	1776	69	44:26.3	14:20/M
8	Carolyn Pessmeg	Valparaiso IN	34	1781	93	1:03:44.9	20:34/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Wendy Bult	Hebron IN	38	1738	14	27:45.4	8:57/M
2 *	Michelle Draschil	Crown Point IN	38	1751	41	34:15.9	11:03/M
3 *	Melissa Lafever	Chesterton IN	39	1773	72	46:16.1	14:55/M
4	Marnie Sy	Hobart IN	39	1798	73	48:28.6	15:38/M
5	Ruza Jevtic	Valparaiso IN	36	1768	87	54:57.3	17:44/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jeff Wallis	Valparaiso IN	38	1801	11	27:07.9	8:45/M
2 *	Joseph Trathen	Dyer IN	39	1800	22	29:34.7	9:32/M

## Shelter Shuffle 5K

Age Group Results

## 5K Run

## Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Tiffany Kasich	Valparaiso IN	44	1771	54	36:06.1	11:39/M
2 *	Janice Jones	Portage IN	40	1769	67	43:59.3	14:11/M
3 *	Cheryl Hajduk	Stegerger IL	43	1759	92	1:01:09.8	19:44/M

## Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Doug Wilcox		42	9872	33	32:07.8	10:22/M
2 *	Mark Connors	Valparaiso IN	44	1745	55	36:08.1	11:39/M

## Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Vicky Kurowski	Valparaiso IN	47	1772	36	32:55.8	10:37/M
2	Stacey Bradley	Valparaiso IN	47	1734	47	34:48.2	11:14/M
3	Jo Munro	Valparaiso IN	47	1779	60	37:54.8	12:14/M
4	Shannon Wilhelm	Chesterton IN	46	1803	63	40:50.8	13:10/M
5	Amy Gayda	Valparaiso IN	48	1756	66	42:37.2	13:45/M
6	Jill Chorba	Valparaiso IN	48	1742	78	51:04.7	16:28/M

## Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeffrey Wright	Valparaiso IN	49	1806	25	30:02.3	9:41/M
2	Dean Bricker	Hobart IN	45	1736	28	31:32.7	10:10/M
3	Karl Bauer	Valparaiso IN	49	1727	29	31:35.9	10:11/M
4	John Walton		48	9015	40	33:49.3	10:55/M
5	Bryce Alcock		45	9397	42	34:28.4	11:07/M
6	Trent Doty	Demotte IN	48	1750	49	35:14.1	11:22/M
7	Rod Gayda	Valparaiso IN	49	1758	51	35:28.6	11:26/M
8	Dennis Karas	Chesterton IN	46	1770	70	44:29.4	14:21/M
9	Virgil Clary	Portage IN	49	1744	89	58:26.3	18:51/M

## Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Deena Albano		52	9871	20	29:15.8	9:26/M
2	Diana Rockey	Leesburg IN	50	1785	24	29:52.6	9:38/M

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5K Run

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Laura Walton		50	9400	35	32:43.6	10:33/M
4	Deanna Doty	Demotte IN	50	1749	62	40:12.1	12:58/M
5	Cheryl Schuman	Valparaiso IN	53	1792	77	51:04.2	16:28/M
6	Lori Podlesak	Hobart IN	50	1783	83	54:00.3	17:25/M
7	Brenda Clary	Portage IN	52	1743	94	1:03:46.1	20:34/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Craig Miller	Elkhart IN	53	1777	6	23:40.8	7:38/M
2	Galen Bradley	Valparaiso IN	50	1733	12	27:17.8	8:48/M
3	Andrew Nielsen	Valparaiso IN	51	1780	15	28:42.8	9:15/M
4	Steve Young	Griffith IN	50	1810	17	28:54.4	9:19/M
5	Robert Fry	Valparaiso IN	50	1754	88	58:25.5	18:51/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sue Schroeder	Valparaiso IN	56	1790	21	29:21.9	9:28/M
2	Shirley Fosler	Knox IN	57	1753	32	31:57.5	10:18/M
3	Liz Francis		57	9866	45	34:45.2	11:13/M
4	Sandy Cano	Gary IN	55	1741	84	54:02.4	17:26/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian Norrick		59	9399	10	27:06.5	8:45/M
2	Bill Hanson	Valparaiso IN	59	1760	18	29:03.7	9:22/M
3	Tim Scheerer	Chesterton IN	56	1787	61	38:58.1	12:34/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kathy Hilbrich	Chesterton IN	62	1763	39	33:46.9	10:54/M
2	Kathy Hutchinson	Wanatah IN	63	1766	56	36:32.4	11:47/M
3	Mary Scheidel	Griffith IN	60	1788	71	45:22.8	14:38/M
4	Maria Young	Griffith IN	60	1809	75	48:33.5	15:40/M

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**5K Run**

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Grochowski		62	9870	34	32:15.6	10:24/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jean Jannasch		69	9867	26	30:09.7	9:44/M
2	Linda Perry		69	9869	57	36:37.9	11:49/M
3	Polly Theising	Valparaiso IN	66	1799	64	41:28.7	13:23/M
4	Bonnie Swarner	Valparaiso IN	66	1795	80	52:06.7	16:48/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joe Betz	valparaiso IN	66	1730	7	23:55.4	7:43/M
2	Steve Kearney		68	9398	13	27:26.9	8:51/M
3	Dave Brown		67	9666	27	30:59.4	10:00/M
4	Dan Sturgell	Valparaiso IN	68	1794	53	36:04.8	11:38/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Hinshaw	Hammond IN	71	1764	85	54:33.7	17:36/M