

# 2016 Lake Max Triathlon

Race Date  
August 13, 2016

## Overall Results

### **Sprint Triathlon**

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Swim</u>		<u>Tran 1</u>			<u>Bike</u>			<u>Tran 2</u>		<u>Run</u>		<u>Total Time</u>
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>		
1	Eli Pugh	243	1 M Top Fin	1	6:59.8		0:29.7	1	27:49.2	24.8	0:27.9	1	17:06.6	5:31	52:53.2	
2	Maarten Bout	96	1 M 35-39	5	8:34.4		0:48.6	8	30:56.3	22.3	0:48.3	12	21:51.0	7:03	1:02:58.6	
3	Eric Holsopple	163	2 M 35-39	28	10:33.2		1:19.8	3	29:26.5	23.4	0:36.8	8	21:30.6	6:56	1:03:26.9	
4	Greg Grossart	143	1 M Top Fin	39	10:43.5		0:56.0	4	29:33.6	23.4	1:02.5	9	21:34.7	6:57	1:03:50.3	
5	Ean Pugh	329	1 M 15-19	40	10:44.7		1:19.5	2	29:11.5	23.6	0:44.0	16	22:21.2	7:13	1:04:20.9	
6	Elizabeth Kniesly	183	1 F Top Fin	15	9:48.2						32:51.8	10	21:43.8	7:00	1:04:23.8	
7	Braden Tankersley	290	2 M 15-19	49	10:58.0		0:40.4	14	32:16.8	21.4	0:33.5	2	19:55.2	6:25	1:04:23.9	
8	Jeffrey Berger	91	1 M 55-59	50	11:00.4		0:56.9	5	29:36.3	23.3	0:35.9	22	23:28.1	7:34	1:05:37.6	
9	Stephen Sims	274	2 M 55-59	53	11:04.8		1:48.2	7	30:26.0	22.7	0:21.3	27	23:54.8	7:43	1:07:35.1	
10	Benjamin Harper	147	3 M 15-19	45	10:50.1		1:02.9	15	32:23.4	21.3	1:13.6	14	22:12.9	7:10	1:07:42.9	
11	Douglas Satorius	264	1 M 45-49	6	8:58.9		0:55.4	20	33:22.5	20.7	0:39.7	35	24:42.5	7:58	1:08:39.0	
12	Ron Moore	222	1 M 50-54	52	11:02.1		0:52.5	12	31:57.7	21.6	0:44.5	30	24:07.1	7:47	1:08:43.9	
13	Tim Senovic	268	1 M 40-44	12	9:42.6		1:13.8	10	31:21.0	22.0	0:34.0	53	25:52.6	8:21	1:08:44.0	
14	Troy Hess	159	2 M 40-44	29	10:35.7		1:06.7	39	35:21.6	19.5	0:51.9	5	20:56.1	6:45	1:08:52.0	
15	Michael Sapper	263	2 M 50-54	97	12:59.7		0:37.8	6	30:25.5	22.7	0:33.9	31	24:20.7	7:51	1:08:57.6	
16	Jim Hamstra	146	3 M 35-39	44	10:48.1						35:12.2	24	23:30.7	7:35	1:09:31.0	
17	Roland Ousley	229	3 M 40-44	63	11:51.2		0:44.8	9	31:07.8	22.2	0:37.6	56	25:55.0	8:22	1:10:16.4	
18	Terry Lett	196	3 M 55-59	23	10:14.6		1:28.1	38	35:04.9	19.7	0:31.2	19	23:14.4	7:30	1:10:33.2	
19	Scott Harper	148	2 M 45-49	74	12:17.4						37:03.9	6	21:13.4	6:51	1:10:34.7	
20	Zach Dunlap	127	4 M 15-19	223	51:12.8							3	20:38.8	6:39	1:11:24.7	
21	Ron Watts	308	3 M 50-54	35	10:40.6		1:31.8	25	33:48.1	20.4	1:05.1	33	24:24.8	7:52	1:11:30.4	
22	Aaron Jones	174	1 M 30-34	33	10:37.4						35:05.9	51	25:47.2	8:19	1:11:30.5	
23	Scott Thompson	292	4 M 35-39	69	12:01.7		0:41.0	13	32:06.1	21.5	0:42.6	69	26:36.0	8:35	1:12:07.4	
24	Michael Moxon	224	4 M 40-44	67	11:57.6		0:39.7	32	34:24.9	20.1	0:45.7	32	24:23.6	7:52	1:12:11.5	
25	Trevor Shaffer	269	2 M 30-34	64	11:53.1		1:47.8	26	33:49.6	20.4	0:20.3	34	24:32.0	7:55	1:12:22.8	
26	Steve Wosick	319	3 M 45-49	3	8:14.6						39:00.0	47	25:37.3	8:16	1:12:51.9	
27	Tim Peters	238	4 M 45-49	83	12:38.4		1:04.2	27	34:01.5	20.3	0:43.6	38	24:51.2	8:01	1:13:18.9	
28	Jason Tankersley	289	1 M 12-14	82	12:37.6		1:28.7	56	37:04.1	18.6	0:22.4	13	21:52.1	7:03	1:13:24.9	
29	Rachel Wender	310	1 F 30-34	8	9:02.9		1:08.2	34	34:33.6	20.0	1:08.4	88	27:44.6	8:57	1:13:37.7	
30	Bryan George	134	5 M 40-44	47	10:53.1		0:45.5	16	32:36.6	21.2	0:58.9	96	28:25.9	9:10	1:13:40.0	
31	Kelsey Tyler	295	1 F 15-19	60	11:44.8		1:10.6	78	38:33.9	17.9	0:28.8	11	21:49.8	7:02	1:13:47.9	
32	Gregory Greenawalt	142	6 M 40-44	42	10:45.8		1:13.4	43	35:49.4	19.3	1:03.8	39	24:58.4	8:03	1:13:50.8	
33	David Hamm	145	5 M 35-39	59	11:42.3		1:55.0	36	34:44.8	19.9	0:48.7	36	24:43.9	7:58	1:13:54.7	

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### Sprint Triathlon

Place	Name	Bib No	AG Place	Swim		Tran 1		Bike		Rate	Tran 2		Run		Total Time
				Rnk	Time	Pace	Time	Rnk	Time		Time	Rnk	Time	Pace	
34	Matthew Kingzett	180	1 M 20-24	161	15:58.0						36:36.0	7	21:27.6	6:55	1:14:01.6
35	Alfonso Perez	336	4 M 50-54	17	9:53.9						36:42.9	83	27:27.6	8:51	1:14:04.4
36	Bill Bassett	86	7 M 40-44	71	12:05.1		0:47.8	41	35:34.3	19.4	0:52.8	37	24:50.4	8:01	1:14:10.4
37	Colin Lasko	189	1 M 25-29	72	12:06.5		1:34.4	19	33:20.9	20.7	0:59.4	62	26:11.5	8:27	1:14:12.7
38	Christopher Carr	104	2 M 25-29	13	9:43.4		0:40.8	44	35:50.1	19.3	1:15.3	74	26:47.3	8:38	1:14:16.9
39	Tim Martin	207	5 M 50-54	7	9:01.2		1:45.6	46	36:03.0	19.1	1:08.2	67	26:32.1	8:34	1:14:30.1
40	Alan Bennett	89	3 M 25-29	36	10:41.1		1:22.7	40	35:30.7	19.4	1:04.2	55	25:53.9	8:21	1:14:32.6
41	Laura Campbell	100	1 F 35-39	56	11:31.3		2:09.5	65	37:38.2	18.3	0:27.9	18	22:47.0	7:21	1:14:33.9
42	Glenn Moehling	219	4 M 55-59	113	13:26.4		1:38.3	17	32:50.6	21.0	0:50.7	59	26:00.8	8:23	1:14:46.8
43	Matthew McCurdy	213	5 M 45-49	100	13:05.2		1:07.6	31	34:15.2	20.1	0:38.0	49	25:41.4	8:17	1:14:47.4
44	Joshua Smith	278	6 M 35-39	58	11:34.7		1:14.8	24	33:41.7	20.5	1:06.0	82	27:27.6	8:51	1:15:04.8
45	Dave Young	325	5 M 55-59	85	12:42.4		1:07.2	23	33:41.6	20.5	1:27.2	61	26:07.1	8:25	1:15:05.5
46	Chase Baumgardner	87	5 M 15-19	26	10:23.2		1:30.6	116	41:45.7	16.5	0:43.9	4	20:47.2	6:42	1:15:10.6
47	Kathleen Daly Kline	114	1 F Top Fin	31	10:36.4		1:53.5	37	34:53.3	19.8	1:21.0	68	26:35.7	8:35	1:15:19.9
48	Bryan Ford	130	8 M 40-44	135	14:39.7						35:02.6	48	25:38.0	8:16	1:15:20.3
49	Jason Whitmer	312	9 M 40-44	70	12:03.2						35:46.9	85	27:38.4	8:55	1:15:28.5
50	Sarah Hoekema	162	1 F 40-44	91	12:47.4		0:56.7	28	34:08.0	20.2	0:50.2	73	26:46.3	8:38	1:15:28.6
51	Abbie McCarter	210	2 F 15-19									227	1:16:37.1	24:43	1:16:37.1
52	Vito Pulverenti	244	6 M 15-19	11	9:39.7		2:11.5	77	38:33.1	17.9	0:47.9	46	25:33.0	8:15	1:16:45.2
53	Megan Carr	105	2 F 35-39	66	11:54.5						37:49.5	77	27:02.6	8:43	1:16:46.6
54	Shelly Wyman	321	1 F 45-49	89	12:46.0		0:41.6	30	34:12.1	20.2	0:45.4	100	28:32.6	9:12	1:16:57.7
55	Patrick Kelly	176	3 M 30-34	21	10:10.4		1:07.8	87	39:14.2	17.6	0:27.6	58	26:00.1	8:23	1:17:00.1
56	J.t. Wangercyn	305	4 M 25-29	76	12:21.1		1:31.9	21	33:38.1	20.5	0:59.8	101	28:34.5	9:13	1:17:05.4
57	Scott Reckard	250	10 M 40-44	20	10:03.4		1:19.6	57	37:04.5	18.6	1:16.0	81	27:22.4	8:50	1:17:05.9
58	Andrew Lechleiter	194	7 M 35-39	123	13:43.0						39:23.0	29	24:05.2	7:46	1:17:11.2
59	Scott Johnson	173	6 M 45-49	65	11:54.1						36:38.8	104	28:41.8	9:15	1:17:14.7
60	Ryan Smiley	275	8 M 35-39	131	14:15.8						35:41.0	90	27:50.2	8:59	1:17:47.0
61	Mary Terhune	291	3 F 15-19	32	10:36.7						41:42.1	45	25:29.2	8:13	1:17:48.0
62	Paul Wyman	322	7 M 45-49	121	13:41.8						36:53.2	92	28:02.9	9:03	1:18:37.9
63	Daniel Cline	107	6 M 50-54	19	10:01.1		1:26.4	29	34:11.8	20.2	1:38.8	152	31:20.6	10:06	1:18:38.7
64	Kelly Rogers	257	1 F 25-29	22	10:12.2		1:39.1	103	40:43.7	16.9	0:23.6	52	25:51.7	8:20	1:18:50.3
65	Don Wostratzky	320	1 M 65-69	84	12:40.7		1:12.4	64	37:28.6	18.4	1:17.7	63	26:19.0	8:29	1:18:58.4
66	Peter Rokosz	260	9 M 35-39	9	9:12.0						39:05.6	139	30:46.8	9:55	1:19:04.4

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<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Swim</u>	<u>Tran 1</u>	<u>Bike</u>	<u>Tran 2</u>	<u>Run</u>	<u>Total</u>						
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>				
67	Mike Reese	251	10 M 35-39	104	13:08.0				42:34.7	20	23:24.3	7:33	1:19:07.0		
68	Hannah Johnson	171	1 F 20-24	55	11:29.2				44:09.6	23	23:29.4	7:35	1:19:08.2		
69	Greg Retter	253	1 M 60-64	37	10:41.6				37:08.8	155	31:26.3	10:08	1:19:16.7		
70	Oscar Lopez	200	11 M 35-39	125	13:47.4		1:24.1	22	33:39.7	20.5	0:59.8	117	29:30.2	9:31	1:19:21.2
71	Karen Heim	154	2 F 45-49	90	12:47.2		2:01.9	59	37:06.9	18.6	1:07.9	64	26:21.1	8:30	1:19:25.0
72	Geoff Dillon	122	4 M 30-34	79	12:23.3		2:05.2	60	37:19.2	18.5	1:23.7	65	26:30.8	8:33	1:19:42.2
73	Zach Bourgraf	95	5 M 25-29	112	13:22.4		1:07.5	68	37:43.2	18.3	0:53.6	71	26:44.3	8:37	1:19:51.0
74	Sarah Wilson	315	2 F 20-24	62	11:50.4		1:28.5	71	38:06.8	18.1	0:55.4	86	27:39.8	8:55	1:20:00.9
75	Briggs King	178	2 M 20-24	95	12:56.5		1:42.2	50	36:23.5	19.0	0:33.7	97	28:26.8	9:10	1:20:02.7
76	Angelia Kniesly	184	1 F 50-54	209	22:22.8		1:19.4	11	31:40.2	21.8	0:57.5	25	23:45.3	7:40	1:20:05.2
77	Alec Lamothe	187	6 M 25-29	2	7:21.3		1:22.0	159	48:43.6	14.2	0:21.6	15	22:19.4	7:12	1:20:07.9
78	Ken Hyde	167	2 M 65-69	157	15:41.5		1:14.3	18	33:11.6	20.8	0:56.9	110	29:10.1	9:25	1:20:14.4
79	Sam Surufka	286	7 M 15-19	136	14:41.4						42:55.5	17	22:37.6	7:18	1:20:14.5
80	Abby Patrick	233	4 F 15-19	68	12:00.4		1:50.0	126	42:43.1	16.2	0:26.2	21	23:27.4	7:34	1:20:27.1
81	Curt Wallace	300	5 M 30-34	81	12:36.0		1:07.8	63	37:27.0	18.4	0:22.5	109	28:55.8	9:20	1:20:29.1
82	Julie Young	324	2 F 50-54	78	12:22.5		1:02.1	47	36:08.6	19.1	1:04.0	128	30:06.6	9:43	1:20:43.8
83	Raegan Gray	141	2 F 40-44	88	12:46.0		1:12.8	61	37:23.8	18.5	0:58.2	99	28:30.5	9:12	1:20:51.3
84	Maeve Daly Kline	113	3 F 20-24	18	9:57.4		2:14.3	88	39:23.2	17.5	0:49.7	98	28:28.4	9:11	1:20:53.0
85	Jessica Tamulonis	288	2 F 30-34	103	13:07.2		1:31.7	35	34:41.5	19.9	1:05.9	141	30:47.9	9:56	1:21:14.2
86	Beatriz Perez	337	1 F 12-14	75	12:20.5		1:47.3	107	41:04.7	16.8	1:11.3	42	25:12.2	8:08	1:21:36.0
87	Brad Wilson	316	11 M 40-44	54	11:07.2		1:18.7	54	36:57.0	18.7	0:59.0	154	31:25.1	10:08	1:21:47.0
88	Daniel Meyer	215	3 M 20-24	118	13:36.7						41:12.8	76	27:01.8	8:43	1:21:51.3
89	Jennifer Whitmer	311	3 F 35-39	150	15:26.5		1:06.5	76	38:30.7	17.9	0:28.7	70	26:36.9	8:35	1:22:09.3
90	Mary Lynn Harper	149	3 F 45-49	140	14:58.3						41:59.2	43	25:22.9	8:11	1:22:20.4
91	Amber Cowell	110	4 F 20-24	27	10:33.1		1:21.4	108	41:20.8	16.7	0:37.9	102	28:37.6	9:14	1:22:30.8
92	Alle Baker	83	5 F 20-24	41	10:45.0		2:11.1	73	38:15.2	18.0	1:45.0	119	29:34.7	9:32	1:22:31.0
93	Katie Yelaska	323	5 F 15-19	4	8:22.8						44:02.3	132	30:22.8	9:48	1:22:47.9
94	Cheryl Odore	227	3 F 50-54	86	12:42.4		1:40.2	66	37:39.3	18.3	1:13.4	122	29:45.7	9:36	1:23:01.0
95	Kyle Sorensen	281	12 M 40-44	14	9:45.2		1:57.3	81	38:40.1	17.8	0:29.5	164	32:17.8	10:25	1:23:09.9
96	Tom Nagel	226	2 M 60-64	107	13:16.3		0:50.8	53	36:54.2	18.7	1:32.6	137	30:36.4	9:52	1:23:10.3
97	Katherine Hageboeck	144	6 F 20-24	10	9:17.7		1:28.7	102	40:38.8	17.0	0:29.8	150	31:16.3	10:05	1:23:11.3
98	Lance Davids	118	12 M 35-39	137	14:51.5		2:08.6	52	36:50.9	18.7	1:07.3	94	28:15.8	9:07	1:23:14.1
99	Joey Laufter	190	2 M 12-14	117	13:35.5		2:37.1	45	35:50.1	19.3	0:38.5	143	30:51.6	9:57	1:23:32.8

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				Rnk	Time	Time	Rnk	Time	Time		Rnk	Time	Pace		
100	Rob Martinson	208	13 M 40-44	77	12:21.8	2:53.6	85	39:00.6	17.7	1:46.3	84	27:37.1	8:55	1:23:39.4	
101	Tim Overmyer	230	3 M 60-64	134	14:36.7					42:34.4	72	26:45.9	8:38	1:23:57.0	
102	Erin Simon	273	2 F 25-29	111	13:20.6	1:31.4	90	39:30.1	17.5	0:44.7	108	28:54.5	9:19	1:24:01.3	
103	Ellen Smith	276	7 F 20-24	102	13:06.4	2:19.5	125	42:41.5	16.2	0:38.4	44	25:28.4	8:13	1:24:14.2	
104	Hilary Flanagan	129	3 F 40-44	25	10:21.9					41:47.2	165	32:18.7	10:25	1:24:27.8	
105	Chris Campbell	101	13 M 35-39	51	11:00.5	1:51.4	110	41:25.7	16.7	1:26.5	105	28:49.1	9:18	1:24:33.2	
106	Dean Schmidlapp	265	6 M 55-59	24	10:18.9	1:13.8	98	40:11.3	17.2	1:43.2	149	31:10.1	10:03	1:24:37.3	
107	Karen Burgard	98	4 F 45-49	172	16:32.4	2:38.0	51	36:43.2	18.8	1:29.9	80	27:17.2	8:48	1:24:40.7	
108	Jacob Kissling	181	3 M 12-14	48	10:53.5	1:57.9	117	41:51.7	16.5	0:39.4	112	29:21.0	9:28	1:24:43.5	
109	Bryan Ashton	79	7 M 25-29	105	13:10.5	2:07.5	140	44:35.8	15.5	1:06.5	26	23:49.2	7:41	1:24:49.5	
110	Kandis Schreiber	266	1 F 55-59	166	16:18.6	2:15.3	82	38:41.6	17.8	1:34.0	60	26:06.1	8:25	1:24:55.6	
111	Alicia McClean	211	1 F 60-64	108	13:18.4	0:57.3	91	39:31.0	17.5	0:55.8	140	30:46.8	9:55	1:25:29.3	
112	Kate Hickey	160	5 F 45-49	154	15:37.2	2:28.3	94	39:45.0	17.4	0:42.1	78	27:03.3	8:44	1:25:35.9	
113	Tucker Mizhir	218	8 M 25-29	174	16:41.4	2:00.0	100	40:30.9	17.0	0:30.7	54	25:53.1	8:21	1:25:36.1	
114	Theo Bishop	331	8 M 15-19	73	12:12.9					43:30.5	127	30:01.7	9:41	1:25:45.1	
115	Elaine Wangercyn	306	2 F 60-64	224	55:26.8						157	31:34.0	10:11	1:25:45.6	
116	Jack Walsh	302	9 M 15-19	106	13:15.8	1:38.9	124	42:27.5	16.3	0:22.4	91	28:02.5	9:03	1:25:47.1	
117	John King	177	4 M 20-24	160	15:56.9	1:58.6	121	42:13.0	16.3	0:30.7	50	25:42.2	8:17	1:26:21.4	
118	Stephen Shaffer	270	7 M 55-59	141	14:59.5	1:10.9	48	36:11.1	19.1	0:51.4	171	33:13.7	10:43	1:26:26.6	
119	Bonnie Turman	293	2 F 55-59	165	16:08.4	1:40.8	89	39:29.8	17.5	1:24.7	87	27:43.2	8:56	1:26:26.9	
120	Ray Vanwynsberghe	299	7 M 50-54	120	13:38.9	1:59.6	86	39:11.9	17.6	1:13.3	134	30:29.1	9:50	1:26:32.8	
121	Eric Davids	119	14 M 40-44	110	13:20.4					42:20.4	148	31:02.6	10:01	1:26:43.4	
122	Chris Winkler	317	15 M 40-44	94	12:52.2	2:09.3	99	40:21.3	17.1	0:50.3	145	30:54.6	9:58	1:27:07.7	
123	Brooke Riestler	340	4 F 35-39	179	17:16.8	1:49.8	62	37:26.7	18.4	1:32.5	114	29:29.5	9:31	1:27:35.3	
124	Scott Purucker	245	5 M 20-24	43	10:46.2	2:55.2	129	43:33.5	15.8	0:54.8	115	29:29.7	9:31	1:27:39.4	
125	Andy Schuller	267	8 M 45-49	61	11:50.2	1:06.0	118	41:57.4	16.4	1:19.3	156	31:27.1	10:09	1:27:40.0	
126	Josh Rang	248	16 M 40-44	115	13:28.8	2:28.1	67	37:40.8	18.3	0:54.1	170	33:10.2	10:42	1:27:42.0	
127	Charles Doherty	126	8 M 50-54	127	13:55.2	4:07.3	84	39:00.1	17.7	1:53.8	107	28:51.0	9:18	1:27:47.4	
128	Michael Hemmerly	155	17 M 40-44	151	15:28.4					41:57.6	135	30:30.3	9:50	1:27:56.3	
129	Stephanie Bolakowski	93	4 F 40-44	132	14:21.6	2:07.9	83	38:45.4	17.8	1:17.3	153	31:24.5	10:08	1:27:56.7	
130	Genevieve Hensley	158	3 F 55-59	101	13:05.2	2:27.4	106	41:04.0	16.8	2:11.3	120	29:44.5	9:35	1:28:32.4	
131	Patty Rawlings	249	4 F 50-54	197	19:39.7	1:26.0	69	37:55.0	18.2	0:35.7	111	29:10.9	9:25	1:28:47.3	
132	Rick Vanwynsberghe	298	9 M 50-54	87	12:45.1					46:33.1	121	29:45.1	9:36	1:29:03.3	

# 2016 Lake Max Triathlon

Race Date  
August 13, 2016

## Overall Results

### Sprint Triathlon

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Swim</u>	<u>Tran 1</u>	<u>Bike</u>	<u>Tran 2</u>	<u>Run</u>	<u>Total</u>						
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>				
133	Matt Ulsas	296	18 M 40-44	92	12:47.9				42:31.1	178	33:56.7	10:57	1:29:15.7		
134	John Watts	307	19 M 40-44	57	11:33.1		1:35.7	97	39:59.3	17.3	0:51.1	184	35:16.6	11:23	1:29:15.8
135	Steve King	179	10 M 50-54	180	17:18.2		2:23.0	80	38:39.3	17.9	1:08.0	125	29:52.3	9:38	1:29:20.8
136	Rebecca Lecey	193	3 F 25-29	162	15:58.4		1:13.0	70	38:05.5	18.1	0:38.5	173	33:27.5	10:47	1:29:22.9
137	Robby Kissling	182	20 M 40-44	46	10:50.9		2:02.9	141	44:56.5	15.4	0:46.9	144	30:51.7	9:57	1:29:28.9
138	Betty Cunningham	111	4 F 55-59	185	18:03.6		1:45.5	75	38:21.2	18.0	1:50.8	116	29:30.0	9:31	1:29:31.1
139	Jessica Deady	120	6 F 15-19	16	9:53.4						49:54.5	124	29:49.5	9:37	1:29:37.4
140	Rick Huff	165	1 M 70-74	200	19:59.1						39:27.4	131	30:16.1	9:46	1:29:42.6
141	David Lawrence	192	14 M 35-39	182	17:32.6		1:08.6	92	39:32.7	17.5	0:26.8	147	31:02.0	10:01	1:29:42.7
142	Shea Lee	195	3 F 30-34	124	13:47.0		1:56.1	127	42:56.2	16.1	0:51.0	130	30:13.4	9:45	1:29:43.7
143	Thomas Pawlowski	235	10 M 15-19	167	16:21.3						46:38.3	75	26:49.9	8:39	1:29:49.5
144	Cameron Ray	342	11 M 15-19	219	27:27.4		2:09.7	33	34:27.4	20.0	0:34.2	41	25:10.9	8:07	1:29:49.6
145	Thomas Szalinski	287	8 M 55-59	177	17:05.1		2:10.8	95	39:55.2	17.3	0:39.3	129	30:09.1	9:44	1:29:59.5
146	John MacDonald	202	2 M 70-74	183	17:35.3		1:27.2	49	36:21.0	19.0	1:19.2	174	33:29.2	10:48	1:30:11.9
147	Mark Prochaska	242	21 M 40-44	168	16:22.7		2:32.8	143	45:39.1	15.1	0:35.1	40	25:02.3	8:05	1:30:12.0
148	Jenna Albers	77	4 F 25-29	99	13:05.0		1:53.4	146	46:00.1	15.0	0:55.4	95	28:25.3	9:10	1:30:19.2
149	Stephanie Roux	261	5 F 40-44	98	13:02.2		2:10.5	136	43:54.6	15.7	1:25.4	123	29:47.3	9:36	1:30:20.0
150	Deanna Dilts	123	8 F 20-24	34	10:39.0		1:31.7	160	48:58.8	14.1	0:34.2	106	28:50.2	9:18	1:30:33.9
151	Tim Rice	254	9 M 45-49	175	16:58.8		1:52.1	74	38:20.6	18.0	0:28.4	168	33:01.7	10:39	1:30:41.6
152	Wanda Miller	216	3 F 60-64	139	14:57.6		1:57.1	58	37:05.0	18.6	1:18.3	186	35:27.4	11:26	1:30:45.4
153	Laura Moehling	220	5 F 55-59	148	15:25.9		2:00.5	122	42:24.2	16.3	1:29.0	126	29:52.7	9:38	1:31:12.3
154	Megan Hinton	161	6 F 40-44	130	14:00.9		1:44.1	119	41:58.6	16.4	0:41.5	167	32:52.0	10:36	1:31:17.1
155	David Roetker	256	11 M 50-54	147	15:23.3						39:09.2	198	37:01.1	11:56	1:31:33.6
156	Stephanie Berzai	92	4 F 30-34	158	15:50.8		1:03.1	55	36:59.1	18.7	0:53.1	199	37:02.2	11:57	1:31:48.3
157	Jacki Mitsch	217	6 F 45-49	201	20:38.9		3:04.7	101	40:33.7	17.0	1:01.8	66	26:31.2	8:33	1:31:50.3
158	Ross Laufter	191	10 M 45-49	149	15:26.0		1:54.2	72	38:10.4	18.1	1:09.8	185	35:24.4	11:25	1:32:04.8
159	Chris Coburn	108	15 M 35-39	171	16:31.7		3:18.4	120	42:08.8	16.4	0:49.5	118	29:31.8	9:31	1:32:20.2
160	Amy Morgan	223	7 F 40-44	186	18:10.5		2:08.7	114	41:43.8	16.5	0:57.2	113	29:29.1	9:31	1:32:29.3
161	Marilyn Lukac	201	6 F 55-59	169	16:22.8		2:05.3	96	39:56.5	17.3	0:43.4	172	33:23.2	10:46	1:32:31.2
162	Haley Johnson	170	7 F 15-19	138	14:54.7		1:23.3	155	47:44.0	14.5	0:27.3	93	28:05.5	9:04	1:32:34.8
163	William Fairchild	128	9 M 55-59	181	17:20.9		3:21.0	93	39:40.2	17.4	0:42.8	159	31:40.6	10:13	1:32:45.5
164	Sharon Van Kley	297	5 F 30-34	114	13:27.6		3:33.4	133	43:43.1	15.8	0:51.3	151	31:20.4	10:06	1:32:55.8
165	Lisa Martakis	205	7 F 45-49	191	18:26.2		1:17.1	109	41:24.8	16.7	1:01.1	146	30:57.1	9:59	1:33:06.3

# 2016 Lake Max Triathlon

Race Date  
August 13, 2016

## Overall Results

### Sprint Triathlon

Place	Name	Bib No	AG Place	Swim		Tran 1		Bike		Rate	Tran 2		Run		Total Time
				Rnk	Time	Time	Rnk	Time	Time		Rnk	Time	Pace		
166	Erik Larson	188	9 M 25-29	142	15:03.7	2:02.7	113	41:41.2	16.6	0:36.1	180	34:00.5	10:58	1:33:24.2	
167	Michael Bacino	80	22 M 40-44	80	12:29.1	3:05.0	105	40:58.2	16.8	2:13.0	182	34:49.9	11:14	1:33:35.2	
168	Dolores Bennett	90	8 F 45-49	146	15:22.2	2:03.3	115	41:44.8	16.5	0:29.7	181	34:10.4	11:01	1:33:50.4	
169	Maura Sheerin	271	5 F 25-29	133	14:25.1	2:39.3	144	45:41.9	15.1	0:41.5	133	30:28.1	9:50	1:33:55.9	
170	Kloe Kiran	328	2 F 12-14	189	18:20.1	2:01.9	152	47:10.9	14.6	1:00.3	57	26:00.0	8:23	1:34:33.2	
171	Brooke Hasler	153	9 F 20-24	96	12:57.5					46:10.6	187	35:35.4	11:29	1:34:43.5	
172	Tim Peterson	239	23 M 40-44	129	13:56.3	2:33.1	112	41:41.0	16.6	2:15.5	183	34:53.2	11:15	1:35:19.1	
173	Erik Martakis	206	11 M 45-49	210	22:23.3	1:22.9	79	38:36.7	17.9	1:22.8	158	31:34.7	10:11	1:35:20.4	
174	Robert Turman	294	4 M 60-64	122	13:42.7					44:07.1	202	37:44.3	12:10	1:35:34.1	
175	Matthew Pate	232	12 M 50-54	116	13:30.7					46:33.7	191	35:56.1	11:35	1:36:00.5	
176	Doug White	335	13 M 50-54	145	15:18.1	2:08.7	104	40:44.7	16.9	1:45.1	193	36:17.9	11:42	1:36:14.5	
177	Robin Gehrt	133	7 F 55-59	128	13:55.5					44:47.4	204	38:03.6	12:16	1:36:46.5	
178	John Bartlett	85	3 M 70-74	109	13:19.0	2:20.5	111	41:36.0	16.6	1:28.2	205	38:04.4	12:17	1:36:48.1	
179	Joel Koch	185	10 M 25-29	222	33:59.6	1:43.4	42	35:37.7	19.4	1:38.3	28	23:59.6	7:44	1:36:58.6	
180	Leah Reinholt	252	8 F 15-19	38	10:42.0	1:51.4	178	57:20.1	12.0	0:49.0	79	27:06.7	8:45	1:37:49.2	
181	Cyndi Walsh	303	5 F 50-54	173	16:32.9	1:30.8	123	42:24.3	16.3	1:37.2	192	36:10.9	11:40	1:38:16.1	
182	Shelly Randall	247	6 F 50-54	188	18:13.1	1:53.9	135	43:50.5	15.7	0:31.6	177	33:55.1	10:56	1:38:24.2	
183	Natasha Richardson	255	6 F 25-29	225	1:03:01.3						197	36:48.7	11:52	1:38:47.5	
184	Jennifer Woodell-May	318	8 F 40-44	193	19:00.1	1:29.2	138	44:06.4	15.6	1:30.9	169	33:05.4	10:40	1:39:12.0	
185	Susan Freymiller	131	7 F 50-54	93	12:48.2	1:48.6	132	43:42.5	15.8	0:39.4	212	40:15.4	12:59	1:39:14.1	
186	Carlie Smith	277	5 F 35-39	153	15:35.1	1:29.3	130	43:37.2	15.8	0:32.8	206	38:08.6	12:18	1:39:23.0	
187	Caitlin Coyne	330	9 F 15-19	159	15:55.4	1:43.4	145	45:54.6	15.0	1:13.6	190	35:54.9	11:35	1:40:41.9	
188	Carly Kiran	332	10 F 20-24	187	18:12.6	5:26.1	157	48:16.3	14.3	2:01.3	89	27:46.0	8:57	1:41:42.3	
189	Roman Arteaga	78	14 M 50-54	194	19:10.4	6:54.9	131	43:38.6	15.8	1:31.7	136	30:36.3	9:52	1:41:51.9	
190	Jim Thompson	339	15 M 50-54	164	16:05.2	1:17.8	175	55:08.6	12.5	1:33.2	103	28:41.6	9:15	1:42:46.4	
191	Ibrahim Fetuga	341	6 M 30-34	198	19:49.3					52:20.2	142	30:47.9	9:56	1:42:57.4	
192	Joanna Sajda	262	6 F 30-34	184	17:38.3	1:36.0	154	47:11.7	14.6	1:02.7	188	35:39.4	11:30	1:43:08.1	
193	Alan Ortiz	228	16 M 50-54	190	18:22.6	4:38.5	148	46:18.6	14.9	1:43.7	163	32:14.3	10:24	1:43:17.7	
194	David Sniadecki	279	16 M 35-39	152	15:28.6	2:35.1	167	51:52.4	13.3	0:49.8	166	32:36.3	10:31	1:43:22.2	
195	Mary T Rohan	259	4 F 60-64	126	13:53.8	4:16.7	151	46:57.5	14.7	2:38.0	189	35:48.0	11:33	1:43:34.0	
196	Amy Moore	221	9 F 45-49	213	23:57.9	1:28.0	156	47:47.3	14.4	0:42.0	138	30:41.2	9:54	1:44:36.4	
197	Dale Sullivan	285	1 M 75-79	155	15:39.6	1:41.0	128	43:04.3	16.0	1:54.0	213	42:21.0	13:40	1:44:39.9	
198	Michael Rohan	258	17 M 35-39	216	25:05.0	0:53.5	139	44:30.5	15.5	0:38.2	176	33:53.6	10:56	1:45:00.8	

# 2016 Lake Max Triathlon

Race Date  
August 13, 2016

## Overall Results

### **Sprint Triathlon**

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>-----</u>	<u>Swim</u>	<u>-----</u>	<u>Tran 1</u>	<u>-----</u>	<u>Bike</u>	<u>-----</u>	<u>Tran 2</u>	<u>-----</u>	<u>Run</u>	<u>-----</u>	<u>Total</u>
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
199	Mary Ballreed	84	7 F 30-34	176	17:02.7		2:00.9	150	46:23.9	14.9	1:02.7	207	38:43.5	12:29	1:45:13.7
200	Melissa Wickens	313	8 F 30-34	30	10:36.3		2:12.6	153	47:11.0	14.6	2:31.6	215	43:02.8	13:53	1:45:34.3
201	Cathy Kiran	334	10 F 45-49	204	21:42.9		3:38.8	147	46:15.2	14.9	1:10.0	179	33:59.8	10:58	1:46:46.7
202	James Clark	106	18 M 35-39	119	13:37.1		3:43.1	164	50:02.2	13.8	0:48.7	208	38:47.4	12:31	1:46:58.5
203	Elizabeth Wilkins	314	8 F 50-54	163	16:05.1		2:16.5	169	52:10.5	13.2	1:27.5	195	36:23.4	11:44	1:48:23.0
204	Brian Jones	175	4 M 70-74	143	15:08.1						48:27.5	220	45:35.8	14:42	1:49:11.4
205	Marjorie McCreary	212	5 F 60-64	156	15:40.2		2:50.3	158	48:27.1	14.2	0:53.1	214	42:23.6	13:40	1:50:14.3
206	Brooke Brinkley	333	11 F 20-24	196	19:12.0		4:27.3	172	53:13.7	13.0	1:43.4	162	32:08.6	10:22	1:50:45.0
207	Jeffery Weekly	309	12 M 45-49	144	15:11.4		3:44.8	134	43:48.9	15.8	2:58.6	219	45:09.3	14:34	1:50:53.0
208	Kathy Hutchinson	166	6 F 60-64	215	24:53.1		1:31.7	142	45:28.8	15.2	1:05.3	203	37:56.1	12:14	1:50:55.0
209	Elizabeth Payne	236	9 F 40-44	178	17:15.7		2:12.5	173	53:15.5	13.0	1:06.7	201	37:16.8	12:01	1:51:07.2
210	Rachel Davids	115	6 F 35-39	205	21:51.5		1:55.1	168	52:03.0	13.3	1:19.5	194	36:19.3	11:43	1:53:28.4
211	Paul Gehrett	132	10 M 55-59	206	22:05.7		4:34.5	162	49:05.4	14.1	2:14.4	196	36:24.0	11:45	1:54:24.0
212	Valerie Long	198	8 F 55-59	199	19:54.3		3:29.5	165	50:52.1	13.6	0:47.4	211	39:32.6	12:45	1:54:35.9
213	Jamie Tomlinson	338	9 F 30-34	217	25:50.2		3:24.2	166	51:22.2	13.4	0:47.3	175	33:31.1	10:49	1:54:55.0
214	June Puzon	246	7 F 60-64	220	27:37.4		3:50.4	161	49:03.1	14.1	2:26.8	161	32:03.4	10:20	1:55:01.1
215	Tammy Manis	204	9 F 50-54	214	24:49.2		1:41.4	176	55:57.8	12.3	1:38.7	160	31:42.0	10:14	1:55:49.1
216	Diann Parsons	231	8 F 60-64	192	18:46.5		2:21.5	163	49:57.4	13.8	0:48.6	216	44:18.5	14:17	1:56:12.5
217	Paul Levett	197	3 M 65-69	202	20:55.8		2:21.4	149	46:23.8	14.9	2:54.5	217	44:27.5	14:20	1:57:03.0
218	Carly Wallace	301	7 F 35-39	218	26:00.2		1:37.0	171	53:04.2	13.0	0:42.4	200	37:04.2	11:57	1:58:28.0
219	Julie Steck	282	9 F 60-64	170	16:30.7		4:25.3	174	54:07.9	12.8	1:17.7	218	44:27.9	14:20	2:00:49.5
220	Robert McKeague	214	1 M 90-99	226	1:14:38.2							224	50:21.3	16:15	2:02:41.6
221	Molly Grasha	140	8 F 35-39	207	22:07.6		4:46.8	180	58:51.3	11.7	1:34.0	210	38:54.6	12:33	2:06:14.3
222	Jenn Belt	88	10 F 40-44	208	22:09.6		4:50.2	179	58:47.2	11.7	1:34.9	209	38:52.4	12:32	2:06:14.3
223	Daved Stinnett	283	11 M 55-59	212	23:31.6		5:39.2	137	44:03.3	15.7	4:32.3	221	48:42.1	15:43	2:06:28.5
224	William Pauley	234	1 M 80-84	211	22:53.3		4:17.3	170	52:44.7	13.1	1:23.9	225	51:48.5	16:43	2:13:07.7
225	Amy Hyndman	168	10 F 30-34	195	19:10.6		2:58.0	177	56:37.3	12.2	1:02.8	226	54:21.9	17:32	2:14:10.6
226	Debby Carlson	103	9 F 55-59	203	21:14.3		6:39.3	182	59:22.2	11.6	1:27.3	222	48:58.9	15:48	2:17:42.0
227	Christopher Carlson	102	7 M 30-34	221	32:32.1		3:23.9	181	58:55.9	11.7	1:47.8	223	49:01.8	15:49	2:25:41.5