

Race Date  
August 13, 2016

2016 Lake Max Triathlon  
Age Group Results  
Sprint Triathlon

Female Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	6	Elizabeth Kniesly	183	33	*****	9:48.2						32:51.8	*****	21:43.8	7:00	1:04:23.8

Male Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	1	Eli Pugh	243	18	*****	6:59.8		0:29.7	*****	27:49.2	24.8	0:27.9	*****	17:06.6	5:31	52:53.2

Female Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	47	Kathleen Daly Kline	114	50	*****	10:36.4		1:53.5	*****	34:53.3	19.8	1:21.0	*****	26:35.7	8:35	1:15:19.9

Male Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	4	Greg Grossart	143	42	*****	10:43.5		0:56.0	*****	29:33.6	23.4	1:02.5	*****	21:34.7	6:57	1:03:50.3

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Female 12 to 14

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	86	Beatriz Perez	337	13	1	12:20.5		1:47.3	1	41:04.7	16.8	1:11.3	1	25:12.2	8:08	1:21:36.0
2	170	Kloe Kiran	328	12	2	18:20.1		2:01.9	2	47:10.9	14.6	1:00.3	2	26:00.0	8:23	1:34:33.2

Male 12 to 14

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	28	Jason Tankersley	289	14	2	12:37.6		1:28.7	2	37:04.1	18.6	0:22.4	1	21:52.1	7:03	1:13:24.9
2	99	Joey Laufter	190	13	3	13:35.5		2:37.1	1	35:50.1	19.3	0:38.5	3	30:51.6	9:57	1:23:32.8
3	108	Jacob Kissling	181	14	1	10:53.5		1:57.9	3	41:51.7	16.5	0:39.4	2	29:21.0	9:28	1:24:43.5

Female 15 to 19

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	31	Kelsey Tyler	295	17	5	11:44.8		1:10.6	1	38:33.9	17.9	0:28.8	1	21:49.8	7:02	1:13:47.9
2	51	Abbie McCarter	210	16									9	1:16:37.1	24:43	1:16:37.1
3	61	Mary Terhune	291	18	3	10:36.7						41:42.1	3	25:29.2	8:13	1:17:48.0
4	80	Abby Patrick	233	19	6	12:00.4		1:50.0	2	42:43.1	16.2	0:26.2	2	23:27.4	7:34	1:20:27.1
5	93	Katie Yelaska	323	16	1	8:22.8						44:02.3	7	30:22.8	9:48	1:22:47.9
6	139	Jessica Deady	120	18	2	9:53.4						49:54.5	6	29:49.5	9:37	1:29:37.4
7	162	Haley Johnson	170	19	7	14:54.7		1:23.3	4	47:44.0	14.5	0:27.3	5	28:05.5	9:04	1:32:34.8
8	180	Leah Reinholt	252	15	4	10:42.0		1:51.4	5	57:20.1	12.0	0:49.0	4	27:06.7	8:45	1:37:49.2
9	187	Caitlin Coyne	330	18	8	15:55.4		1:43.4	3	45:54.6	15.0	1:13.6	8	35:54.9	11:35	1:40:41.9

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Male 15 to 19

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	5	Ean Pugh	329	17	3	10:44.7		1:19.5	1	29:11.5	23.6	0:44.0	5	22:21.2	7:13	1:04:20.9
2	7	Braden Tankersley	290	17	5	10:58.0		0:40.4	2	32:16.8	21.4	0:33.5	1	19:55.2	6:25	1:04:23.9
3	10	Benjamin Harper	147	18	4	10:50.1		1:02.9	3	32:23.4	21.3	1:13.6	4	22:12.9	7:10	1:07:42.9
4	20	Zach Dunlap	127	18	11	51:12.8							2	20:38.8	6:39	1:11:24.7
5	46	Chase Baumgardner	87	19	2	10:23.2		1:30.6	6	41:45.7	16.5	0:43.9	3	20:47.2	6:42	1:15:10.6
6	52	Vito Pulverenti	244	19	1	9:39.7		2:11.5	5	38:33.1	17.9	0:47.9	8	25:33.0	8:15	1:16:45.2
7	79	Sam Surufka	286	18	8	14:41.4						42:55.5	6	22:37.6	7:18	1:20:14.5
8	114	Theo Bishop	331	19	6	12:12.9						43:30.5	11	30:01.7	9:41	1:25:45.1
9	116	Jack Walsh	302	18	7	13:15.8		1:38.9	7	42:27.5	16.3	0:22.4	10	28:02.5	9:03	1:25:47.1
10	143	Thomas Pawlowski	235	18	9	16:21.3						46:38.3	9	26:49.9	8:39	1:29:49.5
11	144	Cameron Ray	342	18	10	27:27.4		2:09.7	4	34:27.4	20.0	0:34.2	7	25:10.9	8:07	1:29:49.6

Female 20 to 24

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	68	Hannah Johnson	171	23	6	11:29.2						44:09.6	1	23:29.4	7:35	1:19:08.2
2	74	Sarah Wilson	315	22	7	11:50.4		1:28.5	1	38:06.8	18.1	0:55.4	3	27:39.8	8:55	1:20:00.9
3	84	Maeve Daly Kline	113	21	2	9:57.4		2:14.3	3	39:23.2	17.5	0:49.7	5	28:28.4	9:11	1:20:53.0
4	91	Amber Cowell	110	21	3	10:33.1		1:21.4	5	41:20.8	16.7	0:37.9	6	28:37.6	9:14	1:22:30.8
5	92	Alle Baker	83	21	5	10:45.0		2:11.1	2	38:15.2	18.0	1:45.0	8	29:34.7	9:32	1:22:31.0
6	97	Katherine Hageboeck	144	20	1	9:17.7		1:28.7	4	40:38.8	17.0	0:29.8	9	31:16.3	10:05	1:23:11.3
7	103	Ellen Smith	276	20	9	13:06.4		2:19.5	6	42:41.5	16.2	0:38.4	2	25:28.4	8:13	1:24:14.2
8	150	Deanna Dilts	123	24	4	10:39.0		1:31.7	8	48:58.8	14.1	0:34.2	7	28:50.2	9:18	1:30:33.9
9	171	Brooke Hasler	153	23	8	12:57.5						46:10.6	11	35:35.4	11:29	1:34:43.5
10	188	Carly Kiran	332	22	10	18:12.6		5:26.1	7	48:16.3	14.3	2:01.3	4	27:46.0	8:57	1:41:42.3

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Female 20 to 24

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
11	206	Brooke Brinkley	333	23	11	19:12.0		4:27.3	9	53:13.7	13.0	1:43.4	10	32:08.6	10:22	1:50:45.0

Male 20 to 24

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	34	Matthew Kingzett	180	21	5	15:58.0						36:36.0	1	21:27.6	6:55	1:14:01.6
2	75	Briggs King	178	24	2	12:56.5		1:42.2	1	36:23.5	19.0	0:33.7	4	28:26.8	9:10	1:20:02.7
3	88	Daniel Meyer	215	20	3	13:36.7						41:12.8	3	27:01.8	8:43	1:21:51.3
4	117	John King	177	21	4	15:56.9		1:58.6	2	42:13.0	16.3	0:30.7	2	25:42.2	8:17	1:26:21.4
5	124	Scott Purucker	245	22	1	10:46.2		2:55.2	3	43:33.5	15.8	0:54.8	5	29:29.7	9:31	1:27:39.4

Female 25 to 29

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	64	Kelly Rogers	257	27	1	10:12.2		1:39.1	3	40:43.7	16.9	0:23.6	1	25:51.7	8:20	1:18:50.3
2	102	Erin Simon	273	25	3	13:20.6		1:31.4	2	39:30.1	17.5	0:44.7	3	28:54.5	9:19	1:24:01.3
3	136	Rebecca Lecey	193	27	5	15:58.4		1:13.0	1	38:05.5	18.1	0:38.5	5	33:27.5	10:47	1:29:22.9
4	148	Jenna Albers	77	27	2	13:05.0		1:53.4	5	46:00.1	15.0	0:55.4	2	28:25.3	9:10	1:30:19.2
5	169	Maura Sheerin	271	27	4	14:25.1		2:39.3	4	45:41.9	15.1	0:41.5	4	30:28.1	9:50	1:33:55.9
6	183	Natasha Richardson	255	29	6	1:03:01.3							6	36:48.7	11:52	1:38:47.5

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Male 25 to 29

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	37	Colin Lasko	189	27	4	12:06.5		1:34.4	1	33:20.9	20.7	0:59.4	6	26:11.5	8:27	1:14:12.7
2	38	Christopher Carr	104	29	2	9:43.4		0:40.8	5	35:50.1	19.3	1:15.3	8	26:47.3	8:38	1:14:16.9
3	40	Alan Bennett	89	27	3	10:41.1		1:22.7	3	35:30.7	19.4	1:04.2	5	25:53.9	8:21	1:14:32.6
4	56	J.t. Wangercyn	305	27	5	12:21.1		1:31.9	2	33:38.1	20.5	0:59.8	9	28:34.5	9:13	1:17:05.4
5	73	Zach Bourgraf	95	26	7	13:22.4		1:07.5	6	37:43.2	18.3	0:53.6	7	26:44.3	8:37	1:19:51.0
6	77	Alec Lamothe	187	25	1	7:21.3		1:22.0	10	48:43.6	14.2	0:21.6	1	22:19.4	7:12	1:20:07.9
7	109	Bryan Ashton	79	29	6	13:10.5		2:07.5	9	44:35.8	15.5	1:06.5	2	23:49.2	7:41	1:24:49.5
8	113	Tucker Mizhir	218	26	9	16:41.4		2:00.0	7	40:30.9	17.0	0:30.7	4	25:53.1	8:21	1:25:36.1
9	166	Erik Larson	188	28	8	15:03.7		2:02.7	8	41:41.2	16.6	0:36.1	10	34:00.5	10:58	1:33:24.2
10	179	Joel Koch	185	29	10	33:59.6		1:43.4	4	35:37.7	19.4	1:38.3	3	23:59.6	7:44	1:36:58.6

Female 30 to 34

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	29	Rachel Wender	310	32	1	9:02.9		1:08.2	1	34:33.6	20.0	1:08.4	1	27:44.6	8:57	1:13:37.7
2	85	Jessica Tamulonis	288	30	3	13:07.2		1:31.7	2	34:41.5	19.9	1:05.9	3	30:47.9	9:56	1:21:14.2
3	142	Shea Lee	195	34	5	13:47.0		1:56.1	4	42:56.2	16.1	0:51.0	2	30:13.4	9:45	1:29:43.7
4	156	Stephanie Berzai	92	32	6	15:50.8		1:03.1	3	36:59.1	18.7	0:53.1	7	37:02.2	11:57	1:31:48.3
5	164	Sharon Van Kley	297	32	4	13:27.6		3:33.4	5	43:43.1	15.8	0:51.3	4	31:20.4	10:06	1:32:55.8
6	192	Joanna Sajda	262	32	8	17:38.3		1:36.0	8	47:11.7	14.6	1:02.7	6	35:39.4	11:30	1:43:08.1
7	199	Mary Ballreed	84	31	7	17:02.7		2:00.9	6	46:23.9	14.9	1:02.7	8	38:43.5	12:29	1:45:13.7
8	200	Melissa Wickens	313	31	2	10:36.3		2:12.6	7	47:11.0	14.6	2:31.6	9	43:02.8	13:53	1:45:34.3
9	213	Jamie Tomlinson	338	30	10	25:50.2		3:24.2	9	51:22.2	13.4	0:47.3	5	33:31.1	10:49	1:54:55.0
10	225	Amy Hyndman	168	31	9	19:10.6		2:58.0	10	56:37.3	12.2	1:02.8	10	54:21.9	17:32	2:14:10.6

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## 2016 Lake Max Triathlon

### Age Group Results

#### Sprint Triathlon

#### Male 30 to 34

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	22	Aaron Jones	174	32	2	10:37.4						35:05.9	2	25:47.2	8:19	1:11:30.5
2	25	Trevor Shaffer	269	33	3	11:53.1		1:47.8	1	33:49.6	20.4	0:20.3	1	24:32.0	7:55	1:12:22.8
3	55	Patrick Kelly	176	33	1	10:10.4		1:07.8	4	39:14.2	17.6	0:27.6	3	26:00.1	8:23	1:17:00.1
4	72	Geoff Dillon	122	32	4	12:23.3		2:05.2	2	37:19.2	18.5	1:23.7	4	26:30.8	8:33	1:19:42.2
5	81	Curt Wallace	300	34	5	12:36.0		1:07.8	3	37:27.0	18.4	0:22.5	5	28:55.8	9:20	1:20:29.1
6	191	Ibrhim Fetuga	341	33	6	19:49.3						52:20.2	6	30:47.9	9:56	1:42:57.4
7	227	Christopher Carlson	102	33	7	32:32.1		3:23.9	5	58:55.9	11.7	1:47.8	7	49:01.8	15:49	2:25:41.5

#### Female 35 to 39

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	41	Laura Campbell	100	37	1	11:31.3		2:09.5	2	37:38.2	18.3	0:27.9	1	22:47.0	7:21	1:14:33.9
2	53	Megan Carr	105	35	2	11:54.5						37:49.5	3	27:02.6	8:43	1:16:46.6
3	89	Jennifer Whitmer	311	39	3	15:26.5		1:06.5	3	38:30.7	17.9	0:28.7	2	26:36.9	8:35	1:22:09.3
4	123	Brooke Riestler	340	37	5	17:16.8		1:49.8	1	37:26.7	18.4	1:32.5	4	29:29.5	9:31	1:27:35.3
5	186	Carlie Smith	277	35	4	15:35.1		1:29.3	4	43:37.2	15.8	0:32.8	7	38:08.6	12:18	1:39:23.0
6	210	Rachel Davids	115	35	6	21:51.5		1:55.1	5	52:03.0	13.3	1:19.5	5	36:19.3	11:43	1:53:28.4
7	218	Carly Wallace	301	36	8	26:00.2		1:37.0	6	53:04.2	13.0	0:42.4	6	37:04.2	11:57	1:58:28.0
8	221	Molly Grasha	140	38	7	22:07.6		4:46.8	7	58:51.3	11.7	1:34.0	8	38:54.6	12:33	2:06:14.3

#### Male 35 to 39

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time

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# 2016 Lake Max Triathlon

## Age Group Results

### Sprint Triathlon

#### Male 35 to 39

Place		Name	Bib No	Age	Swim		Tran 1	Bike			Tran 2	Run		Total	
Overall	Rnk				Time	Pace		Rnk	Time	Rate		Rnk	Time		Pace
1	2	Maarten Bout	96	37	1	8:34.4	0:48.6	2	30:56.3	22.3	0:48.3	2	21:51.0	7:03	1:02:58.6
2	3	Eric Holsopple	163	36	3	10:33.2	1:19.8	1	29:26.5	23.4	0:36.8	1	21:30.6	6:56	1:03:26.9
3	16	Jim Hamstra	146	36	4	10:48.1					35:12.2	4	23:30.7	7:35	1:09:31.0
4	23	Scott Thompson	292	38	8	12:01.7	0:41.0	3	32:06.1	21.5	0:42.6	7	26:36.0	8:35	1:12:07.4
5	33	David Hamm	145	36	7	11:42.3	1:55.0	6	34:44.8	19.9	0:48.7	6	24:43.9	7:58	1:13:54.7
6	44	Joshua Smith	278	37	6	11:34.7	1:14.8	5	33:41.7	20.5	1:06.0	8	27:27.6	8:51	1:15:04.8
7	58	Andrew Lechleiter	194	35	11	13:43.0					39:23.0	5	24:05.2	7:46	1:17:11.2
8	60	Ryan Smiley	275	39	13	14:15.8					35:41.0	9	27:50.2	8:59	1:17:47.0
9	66	Peter Rokosz	260	35	2	9:12.0					39:05.6	14	30:46.8	9:55	1:19:04.4
10	67	Mike Reese	251	35	9	13:08.0					42:34.7	3	23:24.3	7:33	1:19:07.0
11	70	Oscar Lopez	200	38	12	13:47.4	1:24.1	4	33:39.7	20.5	0:59.8	12	29:30.2	9:31	1:19:21.2
12	98	Lance Davids	118	39	14	14:51.5	2:08.6	7	36:50.9	18.7	1:07.3	10	28:15.8	9:07	1:23:14.1
13	105	Chris Campbell	101	39	5	11:00.5	1:51.4	9	41:25.7	16.7	1:26.5	11	28:49.1	9:18	1:24:33.2
14	141	David Lawrence	192	39	17	17:32.6	1:08.6	8	39:32.7	17.5	0:26.8	15	31:02.0	10:01	1:29:42.7
15	159	Chris Coburn	108	38	16	16:31.7	3:18.4	10	42:08.8	16.4	0:49.5	13	29:31.8	9:31	1:32:20.2
16	194	David Sniadecki	279	35	15	15:28.6	2:35.1	13	51:52.4	13.3	0:49.8	16	32:36.3	10:31	1:43:22.2
17	198	Michael Rohan	258	36	18	25:05.0	0:53.5	11	44:30.5	15.5	0:38.2	17	33:53.6	10:56	1:45:00.8
18	202	James Clark	106	38	10	13:37.1	3:43.1	12	50:02.2	13.8	0:48.7	18	38:47.4	12:31	1:46:58.5

#### Female 40 to 44

Place		Name	Bib No	Age	Swim		Tran 1	Bike			Tran 2	Run		Total	
Overall	Rnk				Time	Pace		Rnk	Time	Rate		Rnk	Time		Pace
1	50	Sarah Hoekema	162	41	3	12:47.4	0:56.7	1	34:08.0	20.2	0:50.2	1	26:46.3	8:38	1:15:28.6
2	83	Raegan Gray	141	44	2	12:46.0	1:12.8	2	37:23.8	18.5	0:58.2	2	28:30.5	9:12	1:20:51.3
3	104	Hilary Flanagan	129	41	1	10:21.9					41:47.2	6	32:18.7	10:25	1:24:27.8

Race Date  
August 13, 2016

## 2016 Lake Max Triathlon

### Age Group Results

#### Sprint Triathlon

#### Female 40 to 44

Place					----- Swim -----		----- Tran 1 -----		----- Bike -----			----- Tran 2 -----		----- Run -----		----- Total -----
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
4	129	Stephanie Bolakowski	93	42	6	14:21.6		2:07.9	3	38:45.4	17.8	1:17.3	5	31:24.5	10:08	1:27:56.7
5	149	Stephanie Roux	261	41	4	13:02.2		2:10.5	6	43:54.6	15.7	1:25.4	4	29:47.3	9:36	1:30:20.0
6	154	Megan Hinton	161	40	5	14:00.9		1:44.1	5	41:58.6	16.4	0:41.5	7	32:52.0	10:36	1:31:17.1
7	160	Amy Morgan	223	43	8	18:10.5		2:08.7	4	41:43.8	16.5	0:57.2	3	29:29.1	9:31	1:32:29.3
8	184	Jennifer Woodell-May	318	43	9	19:00.1		1:29.2	7	44:06.4	15.6	1:30.9	8	33:05.4	10:40	1:39:12.0
9	209	Elizabeth Payne	236	40	7	17:15.7		2:12.5	8	53:15.5	13.0	1:06.7	9	37:16.8	12:01	1:51:07.2
10	222	Jenn Belt	88	42	10	22:09.6		4:50.2	9	58:47.2	11.7	1:34.9	10	38:52.4	12:32	2:06:14.3

#### Male 40 to 44

Place					----- Swim -----		----- Tran 1 -----		----- Bike -----			----- Tran 2 -----		----- Run -----		----- Total -----
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	13	Tim Senovic	268	40	1	9:42.6		1:13.8	2	31:21.0	22.0	0:34.0	7	25:52.6	8:21	1:08:44.0
2	14	Troy Hess	159	41	4	10:35.7		1:06.7	5	35:21.6	19.5	0:51.9	1	20:56.1	6:45	1:08:52.0
3	17	Roland Ousley	229	42	10	11:51.2		0:44.8	1	31:07.8	22.2	0:37.6	8	25:55.0	8:22	1:10:16.4
4	24	Michael Moxon	224	42	11	11:57.6		0:39.7	4	34:24.9	20.1	0:45.7	2	24:23.6	7:52	1:12:11.5
5	30	Bryan George	134	40	7	10:53.1		0:45.5	3	32:36.6	21.2	0:58.9	12	28:25.9	9:10	1:13:40.0
6	32	Gregory Greenawalt	142	40	5	10:45.8		1:13.4	7	35:49.4	19.3	1:03.8	4	24:58.4	8:03	1:13:50.8
7	36	Bill Bassett	86	42	13	12:05.1		0:47.8	6	35:34.3	19.4	0:52.8	3	24:50.4	8:01	1:14:10.4
8	48	Bryan Ford	130	43	21	14:39.7						35:02.6	6	25:38.0	8:16	1:15:20.3
9	49	Jason Whitmer	312	40	12	12:03.2						35:46.9	11	27:38.4	8:55	1:15:28.5
10	57	Scott Reckard	250	42	3	10:03.4		1:19.6	9	37:04.5	18.6	1:16.0	9	27:22.4	8:50	1:17:05.9
11	87	Brad Wilson	316	44	8	11:07.2		1:18.7	8	36:57.0	18.7	0:59.0	17	31:25.1	10:08	1:21:47.0
12	95	Kyle Sorensen	281	41	2	9:45.2		1:57.3	11	38:40.1	17.8	0:29.5	18	32:17.8	10:25	1:23:09.9
13	100	Rob Martinson	208	40	14	12:21.8		2:53.6	12	39:00.6	17.7	1:46.3	10	27:37.1	8:55	1:23:39.4
14	121	Eric Davids	119	43	18	13:20.4						42:20.4	16	31:02.6	10:01	1:26:43.4



Race Date  
August 13, 2016

## 2016 Lake Max Triathlon

### Age Group Results

#### Sprint Triathlon

#### Male 40 to 44

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
15	122	Chris Winkler	317	42	17	12:52.2		2:09.3	14	40:21.3	17.1	0:50.3	15	30:54.6	9:58	1:27:07.7
16	126	Josh Rang	248	44	19	13:28.8		2:28.1	10	37:40.8	18.3	0:54.1	19	33:10.2	10:42	1:27:42.0
17	128	Michael Hemmerly	155	41	22	15:28.4						41:57.6	13	30:30.3	9:50	1:27:56.3
18	133	Matt Ulsas	296	43	16	12:47.9						42:31.1	20	33:56.7	10:57	1:29:15.7
19	134	John Watts	307	44	9	11:33.1		1:35.7	13	39:59.3	17.3	0:51.1	23	35:16.6	11:23	1:29:15.8
20	137	Robby Kissling	182	43	6	10:50.9		2:02.9	17	44:56.5	15.4	0:46.9	14	30:51.7	9:57	1:29:28.9
21	147	Mark Prochaska	242	43	23	16:22.7		2:32.8	18	45:39.1	15.1	0:35.1	5	25:02.3	8:05	1:30:12.0
22	167	Michael Bacino	80	44	15	12:29.1		3:05.0	15	40:58.2	16.8	2:13.0	21	34:49.9	11:14	1:33:35.2
23	172	Tim Peterson	239	40	20	13:56.3		2:33.1	16	41:41.0	16.6	2:15.5	22	34:53.2	11:15	1:35:19.1

#### Female 45 to 49

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	54	Shelly Wyman	321	48	1	12:46.0		0:41.6	1	34:12.1	20.2	0:45.4	6	28:32.6	9:12	1:16:57.7
2	71	Karen Heim	154	45	2	12:47.2		2:01.9	3	37:06.9	18.6	1:07.9	2	26:21.1	8:30	1:19:25.0
3	90	Mary Lynn Harper	149	48	3	14:58.3						41:59.2	1	25:22.9	8:11	1:22:20.4
4	107	Karen Burgard	98	49	6	16:32.4		2:38.0	2	36:43.2	18.8	1:29.9	5	27:17.2	8:48	1:24:40.7
5	112	Kate Hickey	160	45	5	15:37.2		2:28.3	4	39:45.0	17.4	0:42.1	4	27:03.3	8:44	1:25:35.9
6	157	Jacki Mitsch	217	45	8	20:38.9		3:04.7	5	40:33.7	17.0	1:01.8	3	26:31.2	8:33	1:31:50.3
7	165	Lisa Martakis	205	46	7	18:26.2		1:17.1	6	41:24.8	16.7	1:01.1	8	30:57.1	9:59	1:33:06.3
8	168	Dolores Bennett	90	49	4	15:22.2		2:03.3	7	41:44.8	16.5	0:29.7	10	34:10.4	11:01	1:33:50.4
9	196	Amy Moore	221	49	10	23:57.9		1:28.0	9	47:47.3	14.4	0:42.0	7	30:41.2	9:54	1:44:36.4
10	201	Cathy Kiran	334	47	9	21:42.9		3:38.8	8	46:15.2	14.9	1:10.0	9	33:59.8	10:58	1:46:46.7

Race Date  
August 13, 2016

# 2016 Lake Max Triathlon

## Age Group Results

### Sprint Triathlon

#### Male 45 to 49

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	11	Douglas Satorius	264	45	2	8:58.9		0:55.4	1	33:22.5	20.7	0:39.7	2	24:42.5	7:58	1:08:39.0
2	19	Scott Harper	148	47	5	12:17.4						37:03.9	1	21:13.4	6:51	1:10:34.7
3	26	Steve Wosick	319	46	1	8:14.6						39:00.0	4	25:37.3	8:16	1:12:51.9
4	27	Tim Peters	238	49	6	12:38.4		1:04.2	2	34:01.5	20.3	0:43.6	3	24:51.2	8:01	1:13:18.9
5	43	Matthew McCurdy	213	46	7	13:05.2		1:07.6	3	34:15.2	20.1	0:38.0	5	25:41.4	8:17	1:14:47.4
6	59	Scott Johnson	173	45	4	11:54.1						36:38.8	7	28:41.8	9:15	1:17:14.7
7	62	Paul Wyman	322	48	8	13:41.8						36:53.2	6	28:02.9	9:03	1:18:37.9
8	125	Andy Schuller	267	49	3	11:50.2		1:06.0	7	41:57.4	16.4	1:19.3	8	31:27.1	10:09	1:27:40.0
9	151	Tim Rice	254	45	11	16:58.8		1:52.1	5	38:20.6	18.0	0:28.4	10	33:01.7	10:39	1:30:41.6
10	158	Ross Laufter	191	48	10	15:26.0		1:54.2	4	38:10.4	18.1	1:09.8	11	35:24.4	11:25	1:32:04.8
11	173	Erik Martakis	206	48	12	22:23.3		1:22.9	6	38:36.7	17.9	1:22.8	9	31:34.7	10:11	1:35:20.4
12	207	Jeffery Weekly	309	47	9	15:11.4		3:44.8	8	43:48.9	15.8	2:58.6	12	45:09.3	14:34	1:50:53.0

#### Female 50 to 54

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	76	Angelia Kniesly	184	50	8	22:22.8		1:19.4	1	31:40.2	21.8	0:57.5	1	23:45.3	7:40	1:20:05.2
2	82	Julie Young	324	53	1	12:22.5		1:02.1	2	36:08.6	19.1	1:04.0	4	30:06.6	9:43	1:20:43.8
3	94	Cheryl Odore	227	52	2	12:42.4		1:40.2	3	37:39.3	18.3	1:13.4	3	29:45.7	9:36	1:23:01.0
4	131	Patty Rawlings	249	51	7	19:39.7		1:26.0	4	37:55.0	18.2	0:35.7	2	29:10.9	9:25	1:28:47.3
5	181	Cyndi Walsh	303	52	5	16:32.9		1:30.8	5	42:24.3	16.3	1:37.2	7	36:10.9	11:40	1:38:16.1
6	182	Shelly Randall	247	54	6	18:13.1		1:53.9	7	43:50.5	15.7	0:31.6	6	33:55.1	10:56	1:38:24.2
7	185	Susan Freymiller	131	50	3	12:48.2		1:48.6	6	43:42.5	15.8	0:39.4	9	40:15.4	12:59	1:39:14.1
8	203	Elizabeth Wilkins	314	53	4	16:05.1		2:16.5	8	52:10.5	13.2	1:27.5	8	36:23.4	11:44	1:48:23.0
9	215	Tammy Manis	204	53	9	24:49.2		1:41.4	9	55:57.8	12.3	1:38.7	5	31:42.0	10:14	1:55:49.1

Race Date  
August 13, 2016

## 2016 Lake Max Triathlon

### Age Group Results

#### Sprint Triathlon

#### Male 50 to 54

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	12	Ron Moore	222	50	5	11:02.1		0:52.5	2	31:57.7	21.6	0:44.5	1	24:07.1	7:47	1:08:43.9
2	15	Michael Sapper	263	52	7	12:59.7		0:37.8	1	30:25.5	22.7	0:33.9	2	24:20.7	7:51	1:08:57.6
3	21	Ron Watts	308	54	4	10:40.6		1:31.8	3	33:48.1	20.4	1:05.1	3	24:24.8	7:52	1:11:30.4
4	35	Alfonso Perez	336	53	2	9:53.9						36:42.9	5	27:27.6	8:51	1:14:04.4
5	39	Tim Martin	207	50	1	9:01.2		1:45.6	5	36:03.0	19.1	1:08.2	4	26:32.1	8:34	1:14:30.1
6	63	Daniel Cline	107	51	3	10:01.1		1:26.4	4	34:11.8	20.2	1:38.8	12	31:20.6	10:06	1:18:38.7
7	120	Ray Vanwynsberghe	299	54	9	13:38.9		1:59.6	8	39:11.9	17.6	1:13.3	10	30:29.1	9:50	1:26:32.8
8	127	Charles Doherty	126	51	10	13:55.2		4:07.3	7	39:00.1	17.7	1:53.8	7	28:51.0	9:18	1:27:47.4
9	132	Rick Vanwynsberghe	298	52	6	12:45.1						46:33.1	8	29:45.1	9:36	1:29:03.3
10	135	Steve King	179	54	14	17:18.2		2:23.0	6	38:39.3	17.9	1:08.0	9	29:52.3	9:38	1:29:20.8
11	155	David Roetker	256	51	12	15:23.3						39:09.2	16	37:01.1	11:56	1:31:33.6
12	175	Matthew Pate	232	50	8	13:30.7						46:33.7	14	35:56.1	11:35	1:36:00.5
13	176	Doug White	335	54	11	15:18.1		2:08.7	9	40:44.7	16.9	1:45.1	15	36:17.9	11:42	1:36:14.5
14	189	Roman Arteaga	78	53	16	19:10.4		6:54.9	10	43:38.6	15.8	1:31.7	11	30:36.3	9:52	1:41:51.9
15	190	Jim Thompson	339	52	13	16:05.2		1:17.8	12	55:08.6	12.5	1:33.2	6	28:41.6	9:15	1:42:46.4
16	193	Alan Ortiz	228	51	15	18:22.6		4:38.5	11	46:18.6	14.9	1:43.7	13	32:14.3	10:24	1:43:17.7

#### Female 55 to 59

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	110	Kandis Schreiber	266	57	5	16:18.6		2:15.3	2	38:41.6	17.8	1:34.0	1	26:06.1	8:25	1:24:55.6
2	119	Bonnie Turman	293	56	4	16:08.4		1:40.8	3	39:29.8	17.5	1:24.7	2	27:43.2	8:56	1:26:26.9
3	130	Genevieve Hensley	158	57	1	13:05.2		2:27.4	5	41:04.0	16.8	2:11.3	4	29:44.5	9:35	1:28:32.4
4	138	Betty Cunningham	111	57	7	18:03.6		1:45.5	1	38:21.2	18.0	1:50.8	3	29:30.0	9:31	1:29:31.1
5	153	Laura Moehling	220	56	3	15:25.9		2:00.5	6	42:24.2	16.3	1:29.0	5	29:52.7	9:38	1:31:12.3

2016 Lake Max Triathlon

Age Group Results

Sprint Triathlon

Race Date

August 13, 2016

Female 55 to 59

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
6	161	Marilyn Lukac	201	58	6	16:22.8		2:05.3	4	39:56.5	17.3	0:43.4	6	33:23.2	10:46	1:32:31.2
7	177	Robin Gehrt	133	57	2	13:55.5						44:47.4	7	38:03.6	12:16	1:36:46.5
8	212	Valerie Long	198	55	8	19:54.3		3:29.5	7	50:52.1	13.6	0:47.4	8	39:32.6	12:45	1:54:35.9
9	226	Debby Carlson	103	55	9	21:14.3		6:39.3	8	59:22.2	11.6	1:27.3	9	48:58.9	15:48	2:17:42.0

Male 55 to 59

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	8	Jeffrey Berger	91	55	3	11:00.4		0:56.9	1	29:36.3	23.3	0:35.9	2	23:28.1	7:34	1:05:37.6
2	9	Stephen Sims	274	56	4	11:04.8		1:48.2	2	30:26.0	22.7	0:21.3	3	23:54.8	7:43	1:07:35.1
3	18	Terry Lett	196	56	1	10:14.6		1:28.1	5	35:04.9	19.7	0:31.2	1	23:14.4	7:30	1:10:33.2
4	42	Glenn Moehling	219	55	6	13:26.4		1:38.3	3	32:50.6	21.0	0:50.7	4	26:00.8	8:23	1:14:46.8
5	45	Dave Young	325	56	5	12:42.4		1:07.2	4	33:41.6	20.5	1:27.2	5	26:07.1	8:25	1:15:05.5
6	106	Dean Schmidlapp	265	57	2	10:18.9		1:13.8	9	40:11.3	17.2	1:43.2	7	31:10.1	10:03	1:24:37.3
7	118	Stephen Shaffer	270	58	7	14:59.5		1:10.9	6	36:11.1	19.1	0:51.4	9	33:13.7	10:43	1:26:26.6
8	145	Thomas Szalinski	287	55	8	17:05.1		2:10.8	8	39:55.2	17.3	0:39.3	6	30:09.1	9:44	1:29:59.5
9	163	William Fairchild	128	59	9	17:20.9		3:21.0	7	39:40.2	17.4	0:42.8	8	31:40.6	10:13	1:32:45.5
10	211	Paul Gehrett	132	55	10	22:05.7		4:34.5	11	49:05.4	14.1	2:14.4	10	36:24.0	11:45	1:54:24.0
11	223	Daved Stinnett	283	59	11	23:31.6		5:39.2	10	44:03.3	15.7	4:32.3	11	48:42.1	15:43	2:06:28.5

Female 60 to 64

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time

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Female 60 to 64

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	111	Alicia McClean	211	60	1	13:18.4		0:57.3	2	39:31.0	17.5	0:55.8	1	30:46.8	9:55	1:25:29.3
2	115	Elaine Wangercyn	306	61	9	55:26.8							2	31:34.0	10:11	1:25:45.6
3	152	Wanda Miller	216	60	3	14:57.6		1:57.1	1	37:05.0	18.6	1:18.3	4	35:27.4	11:26	1:30:45.4
4	195	Mary T Rohan	259	61	2	13:53.8		4:16.7	4	46:57.5	14.7	2:38.0	5	35:48.0	11:33	1:43:34.0
5	205	Marjorie McCreary	212	62	4	15:40.2		2:50.3	5	48:27.1	14.2	0:53.1	7	42:23.6	13:40	1:50:14.3
6	208	Kathy Hutchinson	166	64	7	24:53.1		1:31.7	3	45:28.8	15.2	1:05.3	6	37:56.1	12:14	1:50:55.0
7	214	June Puzon	246	63	8	27:37.4		3:50.4	6	49:03.1	14.1	2:26.8	3	32:03.4	10:20	1:55:01.1
8	216	Diann Parsons	231	62	6	18:46.5		2:21.5	7	49:57.4	13.8	0:48.6	8	44:18.5	14:17	1:56:12.5
9	219	Julie Steck	282	64	5	16:30.7		4:25.3	8	54:07.9	12.8	1:17.7	9	44:27.9	14:20	2:00:49.5

Male 60 to 64

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	69	Greg Retter	253	62	1	10:41.6						37:08.8	3	31:26.3	10:08	1:19:16.7
2	96	Tom Nagel	226	63	2	13:16.3		0:50.8	1	36:54.2	18.7	1:32.6	2	30:36.4	9:52	1:23:10.3
3	101	Tim Overmyer	230	62	4	14:36.7						42:34.4	1	26:45.9	8:38	1:23:57.0
4	174	Robert Turman	294	60	3	13:42.7						44:07.1	4	37:44.3	12:10	1:35:34.1

Male 65 to 69

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	65	Don Wostratzky	320	65	1	12:40.7		1:12.4	2	37:28.6	18.4	1:17.7	1	26:19.0	8:29	1:18:58.4
2	78	Ken Hyde	167	66	2	15:41.5		1:14.3	1	33:11.6	20.8	0:56.9	2	29:10.1	9:25	1:20:14.4

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# 2016 Lake Max Triathlon

## Age Group Results

### Sprint Triathlon

#### Male 65 to 69

Place					----- Swim -----		----- Tran 1 -----		----- Bike -----			----- Tran 2 -----		----- Run -----		----- Total -----
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
3	217	Paul Levett	197	66	3	20:55.8		2:21.4	3	46:23.8	14.9	2:54.5	3	44:27.5	14:20	1:57:03.0

#### Male 70 to 74

Place					----- Swim -----		----- Tran 1 -----		----- Bike -----			----- Tran 2 -----		----- Run -----		----- Total -----
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	140	Rick Huff	165	72	4	19:59.1						39:27.4	1	30:16.1	9:46	1:29:42.6
2	146	John MacDonald	202	72	3	17:35.3		1:27.2	1	36:21.0	19.0	1:19.2	2	33:29.2	10:48	1:30:11.9
3	178	John Bartlett	85	71	1	13:19.0		2:20.5	2	41:36.0	16.6	1:28.2	3	38:04.4	12:17	1:36:48.1
4	204	Brian Jones	175	72	2	15:08.1						48:27.5	4	45:35.8	14:42	1:49:11.4

#### Male 75 to 79

Place					----- Swim -----		----- Tran 1 -----		----- Bike -----			----- Tran 2 -----		----- Run -----		----- Total -----
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	197	Dale Sullivan	285	75	1	15:39.6		1:41.0	1	43:04.3	16.0	1:54.0	1	42:21.0	13:40	1:44:39.9

#### Male 80 to 84

Place					----- Swim -----		----- Tran 1 -----		----- Bike -----			----- Tran 2 -----		----- Run -----		----- Total -----
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	224	William Pauley	234	81	1	22:53.3		4:17.3	1	52:44.7	13.1	1:23.9	1	51:48.5	16:43	2:13:07.7

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2016 Lake Max Triathlon  
Age Group Results  
**Sprint Triathlon**

Male 90 and Over

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Tran 1</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Tran 2</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>	<u>Time</u>
1	220	Robert McKeague	214	91	1	1:14:38.2									1	50:21.3	16:15	2:02:41.6	