

Race Date  
April 09, 2016

2016 Kal-Haven Trail Run  
Age Group Results

**Solo Division**

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sam Skeels	37	3622	1	3:45:42.9	6:44/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Derek Kanwischer	40	3627	4	4:11:55.7	7:31/M

Male Grand Masters Winners

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Peter Burrill	50	3636	15	4:53:46.2	8:46/M

Male Senior Grand Master Winners

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mark Sigfrids	63	3756	23	5:15:26.1	9:25/M

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**Male 25 to 29**

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brad Polnasek	29	3647	6	4:23:44.9	7:52/M
2	Erik Vasilauskas	26	3626	28	5:18:56.7	9:31/M
3	Matthew Shaver	29	3646	41	5:36:17.4	10:02/M
4	Carlos Orellana	27	3644	85	6:26:54.9	11:33/M
5	Zachary Henderson	25	3643	97	7:01:48.3	12:35/M

**Male 30 to 34**

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nicholas Hanson	33	3701	2	3:54:37.3	7:00/M
2	Elliot Smith	33	3671	9	4:47:45.4	8:35/M
3	Ephraim Rosalez	33	3683	13	4:52:58.8	8:45/M
4	Justin Senkbeil	33	3681	14	4:53:30.2	8:46/M
5	Nicholas Bulson	31	3663	16	4:56:42.5	8:51/M
6	Nicholas Gooch	32	3641	25	5:16:37.3	9:27/M
7	Kevin Theisen	31	3667	31	5:24:41.8	9:42/M
8	Patrick Baker	34	3682	32	5:25:17.5	9:43/M
9	Timothy Crocker	33	3691	35	5:29:50.2	9:51/M
10	Robert Blaszk	33	3744	50	5:47:36.9	10:23/M
11	Jason Wilhelmi	33	3630	73	6:17:26.1	11:16/M
12	Josh Wheeler	33	3656	84	6:26:54.5	11:33/M
13	Nicholas Allmond	31	3686	103	7:21:42.3	13:11/M

**Male 35 to 39**

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Christopher Gregory	35	3679	3	4:03:30.7	7:16/M
2	Zachary Baker	35	3642	5	4:14:08.8	7:35/M
3	Daniel DeWulf	38	3748	10	4:48:14.3	8:36/M
4	Brian Hunt	39	3699	29	5:19:47.6	9:33/M
5	Brian Steinberg	37	3618	91	6:42:25.8	12:01/M
6	John Donnelly	39	3693	93	6:47:55.9	12:11/M
7	Shumit Vatsal	35	3694	110	7:28:23.1	13:23/M

**Male 40 to 44**

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ryan Heidenfeld	43	3660	8	4:45:51.4	8:32/M
2	Mark Sikkila	40	3689	11	4:50:55.1	8:41/M

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**Male 40 to 44**

<b>Place</b>	<b>Name</b>	<b>Age</b>	<b>Bib No</b>	<b>Overall</b>	<b>Time</b>	<b>Pace</b>
3	Lewis Hayden	42	3617	12	4:52:14.6	8:43/M
4	Erik Dahl	40	3684	19	5:03:21.0	9:03/M
5	Daniel Slater	43	3712	22	5:14:38.8	9:24/M
6	Damian Ruesink	41	3753	24	5:16:31.1	9:27/M
7	Ryan Philip	41	3654	40	5:34:29.3	9:59/M
8	Eric Johnson	41	3655	43	5:36:51.2	10:03/M
9	Warren Johnson	44	3620	47	5:45:15.1	10:18/M
10	Scott VanLoo	42	3666	49	5:47:25.5	10:22/M
11	Jeremy Germain	41	3723	55	5:55:13.9	10:36/M
12	Joseph Trupp	41	3705	57	5:58:18.1	10:42/M
13	Brandon Karl	40	3672	77	6:18:09.7	11:17/M
14	Tim Adair	42	3675	90	6:39:05.6	11:55/M
15	Steve Ott	42	3732	95	6:56:06.6	12:25/M
16	Jason Nicolai	44	3633	99	7:06:28.9	12:44/M
17	James Johnson	44	3692	102	7:12:38.6	12:55/M
18	Justin Latulippe	41	3637	116	7:58:03.4	14:16/M

**Male 45 to 49**

<b>Place</b>	<b>Name</b>	<b>Age</b>	<b>Bib No</b>	<b>Overall</b>	<b>Time</b>	<b>Pace</b>
1	Joey Nelson	48	3674	7	4:44:18.4	8:29/M
2	Matthew Puett	45	3695	17	5:00:01.5	8:57/M
3	Bill Sanders	46	3731	37	5:30:44.0	9:52/M
4	Tony Baker	48	3661	38	5:31:44.4	9:54/M
5	Dan Robinson	49	3640	39	5:34:27.7	9:59/M
6	Jeffrey Stull	48	3628	66	6:13:09.9	11:08/M
7	James Long	49	3668	68	6:14:47.6	11:11/M
8	Abel Orue	48	3659	69	6:15:59.7	11:13/M
9	Bobby Klinesteker	48	3650	81	6:22:41.1	11:25/M
10	SCOTT BAKER	48	3669	100	7:10:42.6	12:51/M

**Male 50 to 54**

<b>Place</b>	<b>Name</b>	<b>Age</b>	<b>Bib No</b>	<b>Overall</b>	<b>Time</b>	<b>Pace</b>
1	Rick Boyer	53	3717	51	5:51:18.9	10:29/M
2	Norm Williams	53	3690	58	6:02:28.4	10:49/M
3	Hans Jager	52	3652	65	6:09:46.6	11:02/M
4	Tim Smith	54	3619	76	6:18:03.7	11:17/M
5	Dale Monje	54	3719	117	7:59:38.5	14:19/M

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**Male 55 to 59**

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Brady	57	3757	56	5:55:46.4	10:37/M
2	Rick Lehto	58	3651	67	6:13:17.4	11:09/M
3	Kurt Sherwood	55	3632	86	6:29:11.7	11:37/M
4	Tom Francis	57	3725	98	7:04:59.1	12:41/M

**Male 60 to 64**

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	William Snell	64	3629	78	6:18:58.1	11:19/M
2	Ronald Reid	61	3724	111	7:43:58.9	13:51/M
3	John Gialanella	64	3696	119	8:31:41.3	15:16/M

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**Solo Division**

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rosa Haag	37	3658	18	5:00:06.8	8:57/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Loretta Tobolske-Horn	44	3700	20	5:05:57.1	9:08/M

Female Grand Masters Winners

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lisa Schreiner	50	3638	48	5:45:53.1	10:19/M

Female Senior Grand Master Winners

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kyle See	62	3711	121	8:43:50.0	15:38/M

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**Solo Division**

Female 18 to 24

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Anna Farrell	21	3754	63	6:09:30.2	11:02/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Renee Miller	29	3625	42	5:36:36.9	10:03/M
2	Rachel Padalino	26	3733	64	6:09:32.6	11:02/M
3	Jenna Youngs	26	3698	80	6:22:08.2	11:24/M
4	Olivia Dungey	27	3687	104	7:21:44.4	13:11/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Anna Zang	30	3673	30	5:21:04.1	9:35/M
2	Ronda Karluk	34	3716	45	5:42:52.4	10:14/M
3	Samantha Lamorandier	31	3714	53	5:54:40.7	10:35/M
4	Toni Reese	33	3697	60	6:08:11.8	10:59/M
5	Rachel Ortega	34	3649	62	6:09:15.6	11:01/M
6	Christel Benjamin	33	3614	70	6:16:45.2	11:15/M
7	Autumn Osborn	32	3670	72	6:17:26.1	11:16/M
8	Amanda Kurth	30	3749	105	7:26:42.2	13:20/M
9	Jessica Molloy	34	3747	109	7:27:41.3	13:22/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jenny Norton	35	3752	21	5:13:56.3	9:22/M
2	Rachel Ingle	36	3664	27	5:18:15.4	9:30/M
3	Amy Pointon	38	3726	44	5:41:23.5	10:11/M
4	Laura Hufschmidt	35	3710	52	5:53:25.3	10:33/M
5	Rachel Palmer	38	3657	54	5:54:46.1	10:35/M
6	Elizabeth Shafer	39	3662	59	6:03:09.7	10:50/M
7	Mary Hannapel	35	3727	71	6:16:52.2	11:15/M
8	Angie Long	36	3704	89	6:35:32.3	11:48/M
9	Molly Fisher	37	3742	107	7:26:51.8	13:20/M
10	Abbie Groff-Blaszak	36	3745	108	7:27:40.8	13:22/M
11	Jennifer Myers	35	3634	114	7:53:41.5	14:08/M
12	Danielle Cobble	37	3750	115	7:53:41.5	14:08/M

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**Female 40 to 44**

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michelle Peterson	44	3631	26	5:17:14.4	9:28/M
2	Angela Sikkila	40	3734	33	5:25:59.1	9:44/M
3	Jianhua Siegel	43	3621	34	5:27:13.6	9:46/M
4	Amy Sanders	40	3730	36	5:30:43.7	9:52/M
5	Sarah Yetter	40	3639	46	5:43:23.6	10:15/M
6	Karen Hook	44	3735	79	6:20:58.4	11:22/M
7	Maria Tooker	44	3736	88	6:33:16.6	11:44/M
8	Erinn Hadley	40	3718	92	6:47:49.1	12:10/M
9	Lisa Brady	43	3758	101	7:12:03.7	12:54/M

**Female 45 to 49**

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michele Cox	48	3707	61	6:08:14.1	11:00/M
2	Carla Thomas	46	3653	74	6:18:01.9	11:17/M
3	Lucy Needham	47	3678	83	6:25:44.8	11:31/M
4	Karen Schwab	45	3720	87	6:32:41.7	11:43/M
5	Christine Hassing	48	3746	94	6:49:06.4	12:13/M
6	Julie Bradfield	45	3755	106	7:26:42.6	13:20/M
7	Susan Herschel	49	3645	118	8:03:39.4	14:26/M

**Female 50 to 54**

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Karen Darby	52	3680	75	6:18:02.1	11:17/M
2	Laura Bonfil	51	3677	82	6:25:44.8	11:31/M
3	Kim Gjeltema	53	3706	96	6:57:32.2	12:28/M
4	Sarah Foster	50	3729	112	7:49:13.7	14:00/M
5	Stacie Bethel	51	3709	113	7:50:38.0	14:03/M
6	Christina Thomas	54	3635	120	8:43:49.0	15:38/M