

## 2016 Breath Deep 5K &amp; 10K Runs

Age Group Results

Race Date  
November 12, 2016

**10K Run**

## Female No Age Provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stephanie Hintz		0	8926	10	50:25.2	8:08/M

## Female 20 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cara Chang		13	7985	18	56:21.9	9:05/M

## Male 20 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jonathan Kang		15	8940	1	41:14.0	6:39/M
2	Ben Araujo		13	7965	2	43:36.9	7:02/M
3	Derick Farley		17	8903	14	53:16.4	8:35/M

## Female 21 to 40

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Melanie Marsh		29	9138	5	46:43.4	7:32/M
2	Rebecca Auld		36	7967	11	50:41.3	8:10/M
3	Alyssa Jasinski		23	8935	13	52:26.5	8:27/M
4	Ashley Nolan		31	8985	16	54:33.3	8:48/M
5	Corinne Purhalla		37	9128	20	56:56.8	9:11/M
6	Annie Chang		39	7984	26	1:03:21.7	10:13/M
7	Stefanie Renner		32	9083	27	1:06:23.5	10:42/M
8	Caroline Augsburg		32	9135	28	1:06:24.5	10:43/M
9	Nicole Bare		28	7968	32	1:07:53.2	10:57/M
10	Sonya Sutherin		40	9139	33	1:08:57.5	11:07/M
11	Caitlin McKenzie		30	8966	35	1:09:19.8	11:11/M
12	Lori Nolan		33	8984	40	1:12:54.7	11:45/M
13	Daniella Sents		35	9093	41	1:20:12.8	12:56/M

## Male 21 to 40

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Craig Gerardi		34	9144	3	44:38.2	7:12/M
2	Nick Cukieski		28	7995	6	47:21.2	7:38/M
3	Yobany Guadarrama		31	9130	9	48:51.7	7:53/M
4	Mike Nolan		29	8986	17	54:33.7	8:48/M

## 2016 Breath Deep 5K &amp; 10K Runs

Age Group Results**10K Run****Male 21 to 40**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
5	Alex Littler		28	9129	22	56:58.6	9:11/M
6	Andrew Hamilton		34	8920	29	1:06:25.8	10:43/M
7	erik borchers		33	7973	36	1:09:23.9	11:11/M
8	Jacob Braunhold		32	7976	37	1:09:25.3	11:12/M
9	Bradley Grimes		29	8917	38	1:10:36.5	11:23/M

**Female 41 and Over**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Denise Zinsmaster		47	9127	7	48:03.3	7:45/M
2	Laura Comilla		41	7989	15	54:20.1	8:46/M
3	Lisa Nondorf		41	8988	19	56:40.4	9:08/M
4	Janice Weilein		55	9120	21	56:58.5	9:11/M
5	virginia CRONNELLY		48	7994	23	57:14.6	9:14/M
6	Debby Farley		45	8902	30	1:06:44.9	10:46/M
7	Julie Reinert		43	9136	31	1:07:39.5	10:55/M
8	Lisa Kamp-Korbas		52	9143	34	1:09:00.8	11:08/M

**Male 41 and Over**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeff Wagner		49	9145	4	45:38.7	7:22/M
2	David Hargis		52	9126	8	48:44.9	7:52/M
3	Michael Musson		46	8975	12	51:38.8	8:20/M
4	Gary Lutwen		47	8959	24	58:44.6	9:28/M
5	Mark Swetz		55	9108	25	58:55.3	9:30/M
6	Joseph Tuczak		49	9132	39	1:11:29.3	11:32/M