

Race Date  
September 17, 2016

2016 Anyone Can Do a 5K  
Age Group Results

**5K Run**

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Courtney Bennett		25	8837	6	21:50.6	7:03/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Matt Bliss		37	9855	1	18:15.2	5:53/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Susan Kantor		59	8977	23	24:24.5	7:52/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Shathishkumar		42	9864	3	19:47.5	6:23/M

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5K Run

Female 8 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Alexandra Myszak		8	9288	62	30:04.2	9:42/M
2 *	Emma Myszak		7	9291	69	30:49.5	9:56/M
3 *	Madison Sailsbery		8	9947	153	49:40.2	16:01/M
4	Abigail Masterson		8	9000	162	51:59.8	16:46/M

Male 1 to 8

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Ari Trudeau		4	9944	82	32:22.6	10:26/M
2 *	Danny Addison		8	9860	105	35:37.3	11:29/M

Female 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Claudia Vasic		10	9931	57	29:47.2	9:36/M
2 *	Grace Collard		10	8891	59	29:49.7	9:37/M
3 *	Ava Riechman		9	9888	71	30:54.5	9:58/M
4	Angelica Dorsey		9	9810	180	1:02:11.6	20:04/M

Male 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Logan Kegley		10	8979	164	52:08.8	16:49/M

Female 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Maggie Grudzien		12	8945	18	24:04.8	7:46/M
2 *	Amayah Myszak		12	9289	110	36:11.5	11:40/M
3 *	Krysten Caradine		12	8845	160	51:49.1	16:43/M

Male 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Richard Dubish		12	9949	12	22:53.5	7:23/M
2 *	Sean Scanlon		11	9906	34	26:26.2	8:32/M
3 *	Garrett Lewis		11	8991	121	37:55.8	12:14/M

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Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Madison Kegley		13	8980	104	35:04.0	11:19/M

Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	John Scanlon		14	9905	25	24:33.2	7:55/M
2 *	Xander Uzubell		13	9930	38	26:56.6	8:41/M

Female 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Morgan Grudzien		16	8924	67	30:18.9	9:46/M
2 *	Kayli Cinko		17	8887	76	31:21.4	10:07/M
3 *	Ashley Scanlon		17	9901	77	31:28.4	10:09/M
4	Anna Witt		18	9936	98	34:25.1	11:06/M
5	Katrina Lozanoski		17	8994	122	37:58.4	12:15/M

Male 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Ryan Russell		15	9894	5	21:28.2	6:55/M
2 *	Ethan Myszak		15	9292	7	22:05.6	7:07/M

Female 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Chrissy Addison		21	8830	15	23:28.4	7:34/M
2 *	Natalie Drach		24	8900	41	27:26.2	8:51/M
3 *	Megan Cantu		24	8844	56	29:46.8	9:36/M
4	Melanie Bates		24	8836	85	32:27.3	10:28/M
5	Adriana Ponce		20	9835	95	33:43.7	10:53/M
6	Megan Durochik		22	8955	139	47:04.3	15:11/M

Male 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Isiah Walker		21	9933	2	19:14.9	6:12/M
2 *	Mingyi Liang		23	9951	16	23:54.5	7:43/M

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**Male 19 to 24**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3 *	Joey Cinko		19	8886	26	24:43.8	7:58/M

**Female 25 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Amy Maciejewski		26	8998	14	23:19.9	7:31/M
2 *	Stephanie Baker		25	8834	46	27:43.2	8:56/M
3 *	Emily Kiselka		25	8984	81	32:11.6	10:23/M
4	Kathryn Trudeau		28	9928	84	32:26.2	10:28/M
5	Yessenia Salinas		27	9568	94	33:43.5	10:53/M
6	Elizabeth Segura		29	9638	130	40:37.9	13:06/M
7	Laura Solivais		28	9915	132	41:21.4	13:20/M
8	Sarah Faught		27	8961	133	42:17.1	13:38/M
9	Fabiola Enriquez		28	8957	148	48:52.5	15:46/M
10	Mary Hill		25	9863	159	51:48.3	16:43/M

**Male 25 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Michael Crider		25	8896	32	25:59.4	8:23/M
2 *	Gerald Christian		28	9831	64	30:12.3	9:45/M
3 *	Curtis Sanders		29	9898	87	32:38.3	10:32/M
4	Matthew Cantu		25	8843	93	33:33.9	10:49/M
5	Joshua Ramirez		28	9886	96	33:45.2	10:53/M

**Female 30 to 34**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jennifer Ramirez Pedroza		33	9887	10	22:47.7	7:21/M
2 *	Nicole Lee		33	8988	20	24:06.8	7:46/M
3 *	Vanessa Kegley		34	8981	27	25:25.2	8:12/M
4	Viviana Vargas		30	8917	44	27:41.3	8:56/M
5	Christina Rodriguez		32	9890	47	27:51.8	8:59/M
6	Kristin Collard		34	8890	58	29:48.4	9:37/M
7	Edwina Aponte		33	8833	80	31:55.4	10:18/M
8	Elizabeth Wiggins		31	9824	91	33:11.1	10:42/M
9	Breanne Failor		33	8959	101	34:51.8	11:15/M
10	Samantha Zavala		31	9940	109	36:09.6	11:40/M
11	Lauren Smith		32	9832	114	36:35.9	11:48/M

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**Female 30 to 34**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
12	Mayra Ponce		31	9837	128	39:34.4	12:46/M
13	Madonna Marie		30	8999	169	54:37.2	17:37/M
14	Mary Gallagher		31	8964	172	57:08.1	18:26/M
15	Linda Schneider		34	9811	182	1:06:40.6	21:30/M

**Male 30 to 34**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Michael Failor		34	8960	11	22:47.8	7:21/M
2	* Brian Sherman		34	9911	21	24:08.7	7:47/M
3	* Dennis Riechman		33	9889	72	30:55.5	9:58/M
4	Michael Vargas		34	8935	73	31:03.1	10:01/M
5	Dana Trudeau		32	9927	83	32:22.8	10:26/M
6	Daniel Mendoza		30	9282	147	48:52.3	15:46/M
7	John Wright		32	9939	181	1:06:34.6	21:28/M

**Female 35 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Michelle Masterson		35	9280	29	25:42.1	8:17/M
2	* Margie Gross		38	9950	36	26:34.1	8:34/M
3	* Susan Uzubell		39	9929	49	28:54.8	9:19/M
4	Nicole Hayward		38	8971	51	29:09.5	9:24/M
5	Elaine Myszak		38	9290	70	30:50.9	9:57/M
6	Kerry Crepeau		39	8895	108	36:03.7	11:38/M
7	Janet Adams		37	8828	111	36:21.5	11:44/M
8	Elizabeth Monhaut		35	9285	116	37:24.9	12:04/M
9	Holly Danbury		38	8899	161	51:58.5	16:46/M

**Male 35 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Manuel Ortega		39	9637	19	24:06.3	7:46/M
2	* Marc Epstein		37	8958	24	24:25.1	7:53/M
3	* Jason Sherman		36	9910	31	25:54.4	8:21/M
4	Alonzo Mendoza		36	9283	143	47:42.5	15:23/M

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5K Run

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Dannette Whiting		43	9935	45	27:41.7	8:56/M
2 *	Monika Vasic		40	9946	68	30:33.3	9:51/M
3 *	Ann Marie Morden		42	9286	102	34:59.5	11:17/M
4	Christa Angell		41	8832	118	37:29.6	12:05/M
5	Jill Lewis		43	8992	120	37:54.3	12:14/M
6	Alena Washington		41	9934	138	44:42.8	14:25/M
7	Myssir Isa		42	8974	141	47:39.4	15:22/M
8	Hill-Caradine Shree		41	9912	163	51:59.9	16:46/M
9	Patricia Gagliardi		40	8963	176	57:12.2	18:27/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kevin Grudzien		42	4576	8	22:12.8	7:10/M
2 *	Eric Jakubowski		43	9856	9	22:42.4	7:19/M
3 *	Jay Jones		41	9834	13	23:04.6	7:26/M
4	Freddie Thomas		41	9922	42	27:31.1	8:53/M
5	Robert Hayward		41	8972	50	29:01.8	9:22/M
6	Jau'marl Clark		43	8888	53	29:16.9	9:26/M
7	Sam Russell		44	9895	63	30:12.2	9:45/M
8	Steven Nasala		44	8937	65	30:12.4	9:45/M
9	Dan Addison		41	9859	106	35:38.7	11:30/M
10	Ivan Patterson		42	9299	107	35:47.3	11:33/M
11	Lee R Nedreau Jr		42	9294	151	49:30.9	15:58/M
12	Bryan Kegley		41	8978	165	52:25.6	16:55/M
13	Pete Sedrak		42	9908	185	1:07:21.8	21:44/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Rosa Rivera		47	9941	35	26:27.8	8:32/M
2 *	Janet Knox		49	8985	37	26:45.5	8:38/M
3 *	Cathy Cinko		47	8848	40	27:11.7	8:46/M
4	Lisa Gold		49	8967	48	28:03.4	9:03/M
5	Debbie Scanlon		48	9903	112	36:23.7	11:44/M
6	Deeanna Torres		46	9925	117	37:29.6	12:05/M
7	Toni Russell		48	9833	135	43:48.8	14:08/M
8	Rebecca Sailsbery		46	9948	152	49:40.2	16:01/M
9	Veronica Taylor		49	9921	155	50:11.2	16:11/M
10	Tracey McGruder		46	9281	177	57:13.8	18:27/M

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5K Run

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
11	Tonia Schich		49	9825	184	1:07:17.7	21:42/M
12	Joscelyn Johnson		46	8976	186	1:10:48.2	22:50/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Rick Steepleton		49	9917	28	25:41.5	8:17/M
2	* Fernando Carvajal		48	8846	30	25:48.7	8:19/M
3	* Joel Munoz		48	9857	52	29:13.7	9:25/M
4	Doug Lewis		45	8990	55	29:21.2	9:28/M
5	Andy Garza		45	8941	61	29:57.7	9:40/M
6	Mark Adams		45	8829	113	36:24.8	11:45/M
7	Brian Scanlon		48	9902	115	36:41.8	11:50/M
8	Joe Cinko		48	8885	119	37:33.3	12:07/M
9	Sam Elabed		47	8956	142	47:40.5	15:23/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Sandra Rodriguez		53	9893	60	29:52.9	9:38/M
2	* Laura Lopez-Circolone		53	8993	92	33:23.1	10:46/M
3	* Starlene Crider		54	8897	129	40:01.7	12:55/M
4	Lisa Bess		51	8839	144	48:15.3	15:34/M
5	Joanne Noteboom		52	9297	145	48:19.3	15:35/M
6	Anne Copp		52	8893	154	50:10.5	16:11/M
7	Kathleen Korman		50	8986	170	54:45.3	17:40/M
8	Michaun Searcy		50	9907	178	57:14.2	18:28/M
9	Paula Hammersley		52	8970	179	1:01:11.8	19:44/M
10	Jill Cook		52	8892	187	1:18:53.5	25:27/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* James Vacracos		51	9858	4	20:54.7	6:45/M
2	* David Wolfe		51	9938	22	24:10.1	7:48/M
3	* Edward Torres		52	9926	66	30:17.8	9:46/M
4	Marty Lucas		54	4589	74	31:13.5	10:04/M
5	Dan Sirounis		50	9854	78	31:40.4	10:13/M
6	Mark Skertic		53	9914	79	31:46.2	10:15/M

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Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
7	Martin Garcia		54	8965	86	32:32.3	10:30/M
8	Daniel Witt		50	9937	99	34:25.3	11:06/M
9	Winston Steiniche		50	9945	134	43:10.6	13:55/M
10	Dan Durochik		52	8954	140	47:04.3	15:11/M
11	Terry Bess		52	8840	156	50:42.7	16:21/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	AIMEE JARMULA		56	8975	54	29:17.5	9:27/M
2 *	Diana Kovach		57	9826	88	32:40.5	10:32/M
3 *	Diane Singel		55	9913	97	34:22.4	11:05/M
4	Cindy Hall		58	8968	124	38:27.2	12:24/M
5	Angie Kiselka		57	8983	126	39:06.3	12:37/M
6	Dina Berry		56	8838	127	39:27.2	12:44/M
7	Laura Saari		58	9897	137	44:16.2	14:17/M
8	Carolyn Noel		57	9295	149	49:00.2	15:48/M
9	Sheila Hill		56	8973	166	52:25.9	16:55/M
10	Marci Crozier		55	8898	188	1:18:57.4	25:28/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jerry Yothment		56	9865	33	26:10.6	8:26/M
2 *	Alan Slager		57	9836	39	27:06.7	8:45/M
3 *	Ken Kristin		59	8987	43	27:37.6	8:55/M
4	Tom Lozanoski		55	8995	123	38:02.7	12:16/M
5	Monte Michelsen		59	9284	136	44:11.8	14:15/M
6	Dave Bobeck		55	8841	146	48:23.5	15:36/M
7	Cornelious Noel		57	9296	150	49:01.6	15:49/M
8	Miguel Rodriguez		58	8933	183	1:06:51.1	21:34/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mary Tipton		64	9923	90	32:47.8	10:35/M
2 *	Joanne Persic		62	9300	157	51:01.3	16:27/M
3 *	Trina Lynch-Jackson		63	8997	171	56:52.1	18:21/M
4	Rose Alexander		60	8831	173	57:10.4	18:26/M



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Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
5	Karen Wade		61	9932	174	57:10.8	18:26/M
6	Sherry Dunlap		62	8953	175	57:11.2	18:27/M
7	Sharon Sporman		63	9916	189	1:19:11.7	25:33/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jesus Carvajal		60	8847	17	23:54.9	7:43/M
2 *	Roberto Sarli		62	9812	103	35:00.7	11:17/M
3 *	Greg Kime		64	8982	125	38:49.7	12:31/M
4	Bob Persic		63	9885	158	51:07.1	16:29/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Sandra Davis		65	9943	167	52:40.6	16:59/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	John Orfe		66	9298	75	31:15.9	10:05/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Carol Core		70	8894	89	32:46.4	10:34/M
2 *	Jean Tolchinsky		70	9924	100	34:39.7	11:11/M
3 *	Almaz White		70	9942	168	52:45.6	17:01/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Michael Moskalick		71	9287	131	41:00.3	13:14/M