

Race Date

September 25, 2016

2016 3 for 3 Triathlon

Overall Results

Team Swim

<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Swim</u>		<u>Trans 1</u>		<u>Bike</u>		<u>Trans 2</u>			<u>Run</u>		<u>Total</u>		
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>		<u>Pace</u>	<u>Rnk</u>
1	Middle Aged	526	45	2	3:45.3		3	0:41.4	1	26:11.3	22.9	4	0:31.8	1	19:51.5	7:56	51:01.3
2	The Tumorators	455	25	1	3:27.2		2	0:30.3	2	29:30.9	20.3	3	0:28.4	2	21:37.6	8:39	55:34.4
3	Tri-Coaches Triathlon	457	26	4	4:51.6		1	0:28.2	4	34:04.8	17.6	2	0:28.3	3	26:01.6	10:24	1:05:54.5
4	Notre Dame Federal Credit	453	61	3	4:32.2		6	0:46.5	3	32:53.7	18.2	1	0:25.9	4	28:12.6	11:17	1:06:50.9
5	Train Wreck	456	29	5	7:10.1		4	0:42.1	5	36:05.1	16.6	5	0:42.3	5	36:33.6	14:37	1:21:13.2
6	Salsa Beat	454	50	6	7:54.6		5	0:42.7	6	46:48.6	12.8	6	0:54.5	6	43:09.6	17:16	1:39:30.0

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Overall Results

Team Kayak

<u>Place</u>	<u>Name</u>	<u>----- Kayak -----</u>			<u>-----Trans 1 -----</u>			<u>----- Bike -----</u>			<u>-----Trans 2 -----</u>			<u>----- Run -----</u>			<u>Total</u>		
		<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	Given' it a Tri	451	59	1	3:38.0		1	0:35.1		1	28:14.9	21.3	1	0:30.0		1	20:43.5	8:17	53:41.5