

Superhero 5K and 10K Trail Run

Age Group Results

Race Date
July 18, 2015

Female 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carolin DePalma		1	11	2896	14	29:10.5	9:25/M
2	Kathryn DePalma		1	12	2897	29	32:19.3	10:25/M
3	Emma Keene	LaPorte IN	1	14	2831	32	33:34.1	10:50/M
4	Bridget Mark	Michigan City IN	1	13	2842	38	34:33.7	11:09/M
5	Aydin Shreves		1	11	2884	42	35:13.1	11:22/M
6	Lu Xi Scherf	Michigan City IN	1	14	2865	58	37:08.9	11:59/M
7	Maddy Billups	Winnetka IL	1	11	2806	85	45:57.7	14:49/M

Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mason Shreves		1	14	2886	13	28:55.2	9:20/M
2	Blake Morse		1	10	2883	25	31:52.8	10:17/M
3	Carter Craig		1	10	2912	39	34:43.7	11:12/M
4	Kyle Newcomb	Rolling Prairie IN	1	12	2849	56	37:01.2	11:56/M
5	Elliot Jasicki	Michigan City IN	1	13	2825	79	43:34.4	14:03/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	JULIA NAFE	GRANGER IN	1	17	2844	22	31:01.9	10:00/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Parker DePalma		1	15	2898	2	21:27.8	6:55/M
2	Jeremy Messer	Channahon IL	1	16	2843	3	21:37.2	6:58/M
3	Luke Patrick	Michigan City IN	1	15	2856	4	23:04.9	7:26/M
4	Julian winkelmann		1	15	2900	19	29:41.5	9:35/M
5	Noah Scherf	Michigan City IN	1	17	2866	92	53:33.4	17:16/M

Female 20 to 35

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kathryn Triemstra	Michigan City IN	1	32	2874	18	29:34.1	9:32/M
2	Miranda Daniels		3	32	2880	26	31:58.9	10:19/M
3	Nicole Rebeck	Indianapolis IN	1	32	2857	30	32:58.9	10:38/M
4	Shannon Hannon	La Porte IN	1	33	2822	34	33:47.2	10:54/M
5	Sarah Ridley	LaPorte IN	1	26	2860	35	33:48.1	10:54/M
6	Meagan Cerajewski	La Porte IN	1	29	2810	41	35:08.2	11:20/M

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7	Tanya Baruffi	Chesterton IN	1	24	2803	43	35:14.7	11:22/M
8	Natasha Burkett	Porter IN	1	32	2808	46	35:23.7	11:25/M
9	Nicole Riley	La IN	1	34	2861	47	35:26.9	11:26/M
10	Ashlie Otis	La Porte IN	1	28	2854	48	35:26.9	11:26/M
11	Brooke Foltz	Michigan City IN	1	22	2815	49	35:53.6	11:35/M
12	Deanne Gonzalez	Rolling prairie IN	1	31	2818	53	36:35.8	11:48/M
13	Brianna Armato	Kalamazoo MI	1	29	2801	59	37:27.7	12:05/M
14	Jennifer Yuska	Fort Wayne IN	1	28	2877	64	38:36.5	12:27/M
15	Danielle Spiess	LaPorte IN	1	24	2868	65	38:58.9	12:34/M
16	Shawna Zawada	La Porte IN	1	32	2878	66	39:03.6	12:36/M
17	Brittany Travis	La Porte IN	1	29	2873	70	39:45.6	12:49/M
18	Kristin Watkins	La Porte IN	1	26	2875	71	39:46.9	12:50/M
19	Jamie Dillon	laporte IN	1	27	2813	75	41:10.7	13:17/M
20	Kari Sacks	Michigan City IN	1	31	2862	82	44:13.2	14:16/M
21	Angie Nelson-Deutch	IN	1	33	2846	84	45:47.9	14:46/M
22	Cristina Oproiu		1	34	2910	90	51:29.2	16:36/M
23	Andriana Baruffi	LaPorte IN	1	34	2802	94	56:41.4	18:17/M

Male 20 to 35

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1	Nathan Sawatzky	South Bend IN	1	34	2863	1	21:24.3	6:54/M
2	Eric Gannon	Chicago IL	1	33	230	6	24:25.9	7:53/M
3	Shane Harmon	Michigan City IN	1	28	2823	7	25:53.5	8:21/M
4	Kevin Jones	Michigan City IN	1	26	2826	8	26:31.8	8:33/M
5	Steven Sawaya	La Porte IN	1	35	2864	11	28:34.9	9:13/M
6	Pat Kieszkowski	Michigan City IN	1	29	2833	12	28:37.2	9:14/M
7	Tyler Koch		1	26	2888	15	29:12.5	9:25/M
8	Derek Lindskog	Chicago IL	3	34	233	17	29:28.4	9:30/M
9	Joel Nearly		1	22	2895	36	33:48.2	10:54/M
10	Hugo Gonzalez	Rolling prairie IN	1	34	2819	54	36:36.6	11:48/M
11	Scott Cerajewski	La Porte IN	1	31	2811	55	36:48.4	11:52/M
12	Jerry Schultz	Elkhart IN	3	28	239	61	38:20.1	12:22/M
13	Jonah Carriveau	La Porte IN	3	21	228	67	39:06.0	12:37/M
14	Rich Ostertag	Chesterton IN	1	35	2852	72	39:59.7	12:54/M
15	Nilay Parikh	Munster IN	1	29	2855	83	45:34.1	14:42/M

Female 36 to 45

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Veronica Constantine		3	38	2879	16	29:16.4	9:26/M

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Female 36 to 45

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2	Connie Foery		1	38	2887	44	35:18.2	11:23/M
3	Cheryl Dudek	LaPorte IN	1	43	2814	52	36:23.2	11:44/M
4	Carolyn O'Sullivan	Libertyville IL	1	43	2853	57	37:05.1	11:58/M
5	Rachael Lynn	Granger IN	1	38	2841	74	41:08.5	13:16/M
6	Heather Tokarz	Valparaiso IN	1	36	2871	76	41:11.1	13:17/M
7	Yamani Hernandez	Chicago IL	3	37	232	77	41:53.9	13:31/M
8	Donna Kristek	Chesterton IN	1	44	2835	78	41:56.1	13:32/M
9	Amanda Newcomb	Rolling Prairie IN	1	41	2847	81	44:07.2	14:14/M
10	Margaret Haggerty	Valaraiso IN	1	38	2820	86	46:07.4	14:53/M
11	Laura Billups	Winnetka IL	1	45	2805	87	46:15.9	14:55/M
12	Lydia Post		1	37	2889	89	47:06.2	15:12/M

Male 36 to 45

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jonathan Lustick	VALPARAISO IN	1	37	2839	5	23:35.2	7:36/M
2	Johnny Stimley		1	45	2894	9	27:39.4	8:55/M
3	Keith Dabbert		1	42	2892	10	28:02.2	9:03/M
4	Wilford Budna	La PORte IN	1	36	2807	21	31:01.9	10:00/M
5	Andrew Moss		1	38	2890	23	31:21.4	10:07/M
6	Royal Lindsey	Portage IN	1	38	2838	28	32:08.1	10:22/M
7	Charles Keene	LaPorte IN	1	40	2830	31	33:12.7	10:43/M
8	Joseph Busz	north manchester IN	1	45	2809	50	36:12.2	11:41/M
9	Derek O'Sullivan	Libertyville IL	3	45	236	51	36:12.6	11:41/M
10	Sean Tomlins	Michigan City IN	1	42	2872	73	40:27.3	13:03/M

Female 46 to 55

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bettina winkelmann		1	52	2899	33	33:46.1	10:54/M
2	Susan Noonan	New York City NY	1	55	2851	62	38:23.7	12:23/M
3	Pam Fritzen	La Porte IN	1	55	2817	95	1:00:45.9	19:36/M

Male 46 to 55

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	RANDY NAFE	GRANGER IN	1	55	2845	27	32:00.7	10:19/M
2	David Noonan	New York City NY	1	54	2850	40	35:02.1	11:18/M
3	David Murray		1	46	2885	45	35:20.4	11:24/M
4	William Simmons	Hinsdale IL	1	54	2867	63	38:32.1	12:26/M

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5	Joseph Kristek	Chesterton IN	1	53	2836	80	43:47.7	14:07/M
6	Chris Fritzen	La Porte IN	1	55	2816	97	1:05:12.8	21:02/M

Female 56 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kathleen Lang		1	59	2913	60	37:42.1	12:10/M
2	Rebecca Heinold	KOUTS IN	1	64	2824	69	39:24.1	12:43/M
3	Gaylene Rhoda	Valparaiso IN	1	63	2858	88	46:47.1	15:05/M
4	Patricia Williams	La Porte IN	1	71	2876	93	56:34.5	18:15/M
5	Louanne Kuzdas	La Porte IN	1	68	2837	96	1:04:01.1	20:39/M

Male 56 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stuart Padasso		1	61	2893	20	30:03.2	9:42/M
2	Gordon Medlock		1	69	2911	24	31:22.8	10:07/M
3	Larry Spaeth	Michigan City IN	3	61	242	37	34:23.4	11:05/M
4	John Kovach	Michigan City IN	1	56	2834	68	39:08.8	12:37/M
5	Bart Ridley	LaPorte IN	1	65	2859	91	53:28.4	17:15/M