

Race Date
September 05, 2015

2015 Rock N' Rail 5K Run
Age Group Results

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nicole Gruszka	St. John IN	35	6636	14	21:51.1	7:03/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeff Mescal		50	9998	1	17:42.8	5:43/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carey Creech		40	4572	21	23:17.9	7:31/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian Norrick		58	7483	7	20:32.1	6:37/M

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Female 1 to 8

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mariah Simelton	Griffith IN	6	6717	146	47:43.9	15:24/M
2	Amiah Allen	East Chicago IN	7	6602	157	57:09.4	18:26/M

Male 1 to 8

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Logan Pruum	Dyer IN	8	6700	130	42:22.8	13:40/M
2	Brandon Pence	Cedar Lake IN	6	6693	147	47:48.2	15:25/M
3	Steven Jaylon Allen	East Chicago IN	8	6603	154	56:59.4	18:23/M

Female 9 to 11

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Isabella Medina		11	4542	24	24:10.6	7:48/M
2	Annabella Visak	Griffith IN	10	6727	58	28:12.9	9:06/M
3	Taylor Perez		11	7485	69	29:32.9	9:32/M
4	Karlie Pruum	Dyer IN	11	6699	94	33:00.4	10:39/M
5	Ava Gutyan	East Chicago IN	9	6639	112	35:48.1	11:33/M
6	Arieanna Dombrowski	Griffith IN	10	6622	150	50:59.9	16:27/M

Male 9 to 11

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Logan Starks		10	7473	31	25:51.6	8:20/M
2	Ben Whitaker	Crown Point IN	9	6731	76	30:01.1	9:41/M

Female 12 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Holly Kaim	Munster IN	13	6609	32	25:55.6	8:22/M
2	Mary Buksa	Munster IN	13	6610	75	29:56.3	9:39/M
3	Elizabeth Lapointe	Griffith IN	12	6664	135	44:38.1	14:24/M

Male 12 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Logan Russell	Schererville IN	13	6709	6	20:19.6	6:33/M
2	Ryan Russell	Schererville IN	14	6710	10	21:36.5	6:58/M
3	Andrew Oliver	Griffith IN	14	6686	66	29:13.8	9:25/M

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Male 12 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Daniel Garza Jr.	Hammond IN	14	6634	79	30:25.9	9:49/M
5	Collin McAteer	Merrillville IN	12	6671	120	38:05.9	12:17/M

Female 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alyssa Marcinkovich	Dyer IN	18	6668	131	42:30.6	13:43/M

Male 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Thomas Perez	Griffith IN	15	6694	3	18:40.7	6:01/M

Female 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kathleen Estrada	Gary IN	24	6626	121	38:08.6	12:18/M
2	Michelle Wlinski		24	7475	133	44:36.4	14:23/M

Male 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Keagan Williams	Gary IN	20	6736	9	21:35.6	6:58/M
2	Andrew Mielcarek	Dyer IN	22	6675	52	27:47.3	8:58/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brenda Merschantz	Cedar Lake IN	29	6674	16	22:27.7	7:15/M
2	Nicole May	Crown Point IN	28	6670	23	24:04.6	7:46/M
3	Lindsey Damore	Highland IN	29	6617	47	27:27.2	8:51/M
4	Julie Collins	Merrillville IN	29	6614	61	28:34.3	9:13/M
5	Audrey Seim	Griffith IN	27	6714	85	30:52.6	9:57/M
6	Melanie Shofroth	Crown Point IN	27	6716	123	39:00.5	12:35/M
7	Liz Hancock	Hammond IN	26	6641	141	46:04.2	14:52/M
8	Melissa Zurbriggen	Crown Point IN	26	6742	143	47:11.8	15:13/M
9	Carly Grow		29	4575	145	47:25.8	15:18/M

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Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Wayne Brock		25	7478	5	20:19.5	6:33/M
2	Jonny Seim	Griffith IN	26	6715	40	26:43.4	8:37/M
3	Robert Rockwell		28	7476	60	28:31.5	9:12/M
4	Angel Del Rio	Rolling Prairie IN	29	6618	96	33:06.1	10:41/M
5	Angel Hernandez	Griffith IN	29	6644	119	36:47.4	11:52/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Janel Drozd		30	7491	42	26:51.3	8:40/M
2	Margaret Sirbek	Rolling Prairie IN	31	6718	64	29:03.1	9:22/M
3	Abigail Horner	Griffith IN	30	6648	72	29:44.3	9:35/M
4	Alyssa Quaintance	Griffith IN	33	6701	84	30:52.2	9:57/M
5	Elizabeth Monhaut	Schererville IN	34	6678	113	35:51.4	11:34/M
6	Sarah Gaines	Crown Point IN	32	6629	114	35:59.1	11:36/M
7	Steffani Dranchak	Schererville IN	31	6623	115	36:13.9	11:41/M
8	Sharon Knuth	Griffith IN	31	6656	117	36:33.2	11:47/M
9	Sarah Dillard	Schererville IN	31	6620	137	45:11.9	14:35/M
10	Amber Werth	Whiting IN	31	6730	149	49:22.1	15:55/M
11	Tiffany Allen	East Chicago IN	34	6604	155	57:07.7	18:25/M
12	Jenny Childers	Lowell IN	32	6613	158	1:04:43.2	20:53/M
13	Jenny Hernandez	Griffith IN	32	6645	159	1:04:44.2	20:53/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Whitney Lake	Indianapolis IN	32	6662	4	19:26.5	6:16/M
2	Tim Sirbek	East Chicago IN	30	6719	11	21:38.4	6:59/M
3	William Stalhandske		32	9999	19	22:42.1	7:19/M
4	Rick Merschantz	Cedar Lake IN	30	6673	22	23:44.5	7:39/M
5	Patrick Cornett	Crown Point IN	34	6616	26	24:22.4	7:52/M
6	Derek Janik		32	7488	27	24:23.4	7:52/M
7	Adam Knuth	Griffith IN	32	6655	34	26:02.7	8:24/M
8	Joseph Grankowski	Chicago Ridge IL	30	6635	41	26:45.6	8:38/M
9	Nathan Visak	Griffith IN	33	6728	57	28:10.3	9:05/M
10	Mike Zurbruggen	Crown Point IN	32	6741	59	28:18.4	9:08/M
11	Patrick Bannon	Chicago IL	31	6605	78	30:15.5	9:45/M
12	Daniel Garza	Hammond IN	34	6633	80	30:26.1	9:49/M
13	Carl Stevens	Griffith IN	30	6720	86	30:55.4	9:58/M
14	Timothy Dillard	Schererville IN	33	6621	138	45:14.1	14:35/M

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Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sarah Nicola	Schererville IN	37	6683	30	25:49.4	8:20/M
2	Hortencia Lopez	Distrito Federal DIF	37	6666	35	26:05.6	8:25/M
3	Kari Nelson	Griffith IN	38	6682	45	27:24.8	8:50/M
4	Carri Ables	Hobart IN	38	6601	46	27:25.6	8:51/M
5	Esmeralda Lãpez	Mexico DIF	36	6660	54	28:08.6	9:05/M
6	Nicole Hayward	Schererville IN	37	6642	74	29:46.5	9:36/M
7	Mandy Maloblocki	Lowell IN	39	6667	81	30:32.4	9:51/M
8	Stacy Mosca	Dyer IN	39	6679	82	30:33.7	9:51/M
9	Wendy Krucina	Dyer IN	37	6659	90	31:11.4	10:04/M
10	Tania Messmer		35	7480	103	34:52.6	11:15/M
11	Sara Guinn	Hobart IN	38	6637	107	35:02.4	11:18/M
12	Heather Thielen	Highland IN	39	6725	109	35:26.3	11:26/M
13	Kristina Taylor	Griffith IN	36	6722	124	39:38.4	12:47/M
14	Jaclyn Oliver	Griffith IN	36	6687	129	41:10.8	13:17/M
15	Julie Pruim	Dyer IN	38	6698	134	44:36.9	14:23/M
16	Audra Lapointe	Griffith IN	39	6663	142	46:16.4	14:55/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Luis Alonso Lãpez	Mãxico DIF	35	6661	2	18:12.2	5:52/M
2	Joseph Trathen		38	7487	39	26:36.1	8:35/M
3	Mark Oliver	Griffith IN	37	6688	48	27:27.6	8:51/M
4	Tom Taylor	Griffith IN	37	6723	92	31:42.6	10:14/M
5	Dustin Nelson	Griffith IN	39	6681	97	33:09.1	10:42/M
6	Kevin Messmer		37	7481	104	34:52.9	11:15/M
7	Anthony Waltman	Griffith IN	37	6729	116	36:31.7	11:47/M
8	Miles Brazan	East Chicago IN	38	6607	153	56:58.9	18:23/M
9	Brian Childers	Lowell IN	35	6612	160	1:04:47.9	20:54/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chris Roye	Crown Point IN	44	6704	29	25:10.3	8:07/M
2	Michelle Powers	Crown Point IN	43	6697	38	26:21.5	8:30/M
3	Jenny Whitaker	Crown Point IN	43	6732	49	27:29.6	8:52/M
4	Laura McCoy	Plainfield IL	40	6672	50	27:40.9	8:55/M
5	Joy Dieguez	Griffith IN	40	6619	67	29:20.4	9:28/M
6	Jennifer Russell	Schererville IN	42	6708	88	31:02.6	10:01/M
7	Traci Yakimisky	Algonquin IL	42	6738	99	33:44.3	10:53/M
8	Sherisse Rodriguez	Griffith IN	40	6703	125	40:06.8	12:56/M

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Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
9	Ann Pence	Cedar Lake IN	40	6692	148	47:49.8	15:25/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ben Vickers		40	4605	18	22:31.1	7:16/M
2	Randy Medina		43	4544	25	24:12.4	7:48/M
3	Horner Paul	Griffith IN	40	6690	33	26:00.2	8:23/M
4	James Masterson	Munster IN	43	6669	43	27:14.1	8:47/M
5	Mike Yakimisky	Algonquin IL	41	6737	53	27:51.2	8:59/M
6	Robert Hayward	Schererville IN	40	6643	68	29:31.9	9:31/M
7	Sam Russell	Schererville IN	42	6711	87	31:01.5	10:00/M
8	Marc Gutyan	East Chicago IN	40	6640	98	33:43.3	10:53/M
9	Jason White	Portage IN	43	6735	111	35:38.2	11:30/M
10	Lee R Nedreau Jr	Griffith IN	41	6680	156	57:07.7	18:25/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Monice A. Gall	Valparaiso IN	45	6631	36	26:07.3	8:25/M
2	Donna Kristek	Chesterton IN	45	6658	89	31:07.1	10:02/M
3	Toni Russell	Merrillville IN	47	6707	128	41:04.3	13:15/M
4	Cindy Leber	Griffith IN	47	6665	132	43:14.6	13:57/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kevin Fox		47	7484	12	21:38.8	6:59/M
2	Roberto Fernandez		47	7477	13	21:47.4	7:02/M
3	Vince Mikus	Naperville IL	45	6676	20	22:42.8	7:19/M
4	Daniel Buksa	Munster IN	49	6608	62	28:50.7	9:18/M
5	Jorge Gutierrez	Hammond IN	46	6638	73	29:45.3	9:36/M
6	Dan Perez	Griffith IN	47	6695	110	35:30.6	11:27/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sherri Mitchell	Griffith IN	50	6677	44	27:23.2	8:50/M
2	Kathi Chenoweth	Schererville IN	50	6611	56	28:09.2	9:05/M
3	Cynthia Ortiz	Champaign IL	51	6689	95	33:04.8	10:40/M

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Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Jill White	Munster IN	50	6734	118	36:45.9	11:51/M
5	Tammy Cowser		53	7490	122	38:43.5	12:29/M
6	Tammy Atchley		52	4609	140	45:42.7	14:45/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ron Krause	Crown Point IN	51	6657	8	20:40.1	6:40/M
2	Jim Plonczynski		53	7482	15	22:13.4	7:10/M
3	Ric Herrera	South Bend IN	54	6646	17	22:30.4	7:15/M
4	Dean Johanson	Griffith IN	54	6649	65	29:05.1	9:23/M
5	Joseph Kristek	Chesterton IN	53	6651	70	29:34.6	9:32/M
6	Mark Semethy		52	5980	106	34:54.7	11:15/M
7	Tim Gibbs		52	4610	136	44:39.9	14:24/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Eva Sendejas		56	7486	55	28:09.1	9:05/M
2	Lillian Ruiz	Hammond IN	58	6706	77	30:12.1	9:45/M
3	Denise Damore		56	7472	102	34:42.7	11:12/M
4	Mary Scheidel	Griffith IN	59	6712	127	40:55.6	13:12/M
5	Jennifer Grow		56	4576	144	47:23.3	15:17/M
6	Elizabeth Farkas	Griffith IN	58	6628	152	55:33.4	17:55/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dennis Zebell	St. Joseph MI	57	6740	37	26:07.6	8:25/M
2	Thomas Wedza		55	7479	51	27:42.7	8:56/M
3	James Payonk	Saint John IN	58	6691	71	29:38.3	9:34/M
4	Robert Odar	Crown Point IN	57	6685	126	40:49.7	13:10/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mary Tipton	Saint John IN	63	6726	91	31:16.6	10:05/M
2	Norma Odar	Crown Point IN	60	6684	105	34:53.8	11:15/M
3	Morningsun Kelly	Burr Oak IN	62	6653	139	45:36.8	14:43/M

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Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dan Govert		62	7474	28	24:27.8	7:53/M
2	Whitewolf Kelly	Burr Oak IN	64	6654	63	29:01.5	9:22/M
3	Tom Keefe		63	4607	83	30:37.5	9:53/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carol Core	Munster IN	69	6615	93	32:10.9	10:23/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Robert Schwerd	Valparaiso IN	68	6713	100	34:27.7	11:07/M
2	John Ruiz	Hammond IN	66	6705	108	35:11.5	11:21/M
3	Joe Halaschak		69	7489	151	52:26.8	16:55/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jan Regnier	Dyer IN	71	6702	101	34:38.4	11:10/M