

Race Date  
November 07, 2015

2015 Mike Hike 5K  
Age Group Results

**5K Run**

**Female 14 and Under**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Madison Polinski	Lockport IL	13	8731	4	20:41.8	6:40/M
2	Ellie Nacino	Homer Glen IL	13	8715	31	24:40.1	7:57/M
3	Caroline Turner	Homer Glen IL	11	8767	67	27:45.3	8:57/M
4	Kaylin Klutcharch	Lockport IL	10	8676	68	28:07.3	9:05/M
5	Sophie Glancy		13	7735	120	31:48.4	10:16/M
6	Emma Sauriol		12	7717	145	34:08.1	11:03/M
7	Kasey Markusic	Homer Glen IL	11	8700	160	36:51.2	12:02/M
8	Lauren Burger	Homer Glen IL	14	8612	161	37:19.4	12:02/M
9	Gabriela Przedpelski	Homer Glen IL	10	8736	179	42:32.8	13:45/M
10	Allison Regan	Homer Glen IL	14	8737	185	44:34.1	14:23/M
11	Jayla SIMON	Chicago IL	12	8756	187	44:45.3	14:26/M

**Male 14 and Under**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Timothy Nielsen	Lockport IL	12	8717	2	19:45.6	6:22/M
2	Ben Turner	Homer Glen IL	13	8766	3	20:31.4	6:37/M
3	Jacob Hinchley	homer glen IL	14	8664	5	20:48.5	6:43/M
4	Quinn Robinson	Homer Glen IL	12	8741	7	20:50.7	6:43/M
5	Angelo Tagler	Frankfort IL	13	8762	12	21:37.2	6:58/M
6	Jake Ackmann	Homer Glen IL	11	8601	19	23:09.1	7:28/M
7	Cole Turner	Homer Glen IL	9	8768	25	24:10.8	7:48/M
8	Jack Zebig	PlaPinfield IL	11	8790	61	26:56.0	8:46/M
9	Mason Myre		12	7664	79	28:59.2	9:21/M
10	Ryan Ackmann	Homer Glen IL	8	8603	88	29:25.8	9:30/M
11	Nick Cieslak		10	7739	121	31:57.0	10:22/M
12	Zack Cieslak		10	7746	135	32:38.7	10:35/M
13	Nicholas Coniglio	Homer Glen IL	10	8622	153	35:29.1	11:28/M
14	Gavin Herbst		11	7627	193	47:59.9	15:29/M
15	Tyler Bobrowski	Homer Glen IL	11	8611	194	48:00.8	15:29/M
16	Charlie Zimpelmann	Mokena IL	8	8792	195	50:46.1	16:34/M

**Female 15 to 19**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rachel Heinz		16	7576	45	25:52.9	8:23/M
2	Ciara Glancy		15	7715	59	26:55.3	8:42/M
3	Kate Caruso		18	7632	123	32:00.1	10:30/M
4	Kaitlyn Ziska	Homer Glen IL	17	8797	126	32:01.3	10:30/M
5	Hannah Macejak	Lockport IL	17	8695	170	42:14.0	13:42/M

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## Male 15 to 19

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	Mike Higgins	Homer Glen IL	17	8663	1	19:04.6	6:09/M
2	Nick Pikulski	Homer Glen IL	15	8730	15	22:31.9	7:16/M
3	Asef Askar	Orland Park IL	19	8606	16	22:48.2	7:21/M
4	Kevin Giroux	Homer Glen IL	18	8653	17	22:54.8	7:24/M
5	Tabor Woodring	Lockport IL	19	8786	39	25:32.3	8:23/M

## Female 20 to 39

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	Jessica Mossuto	Oak Forest IL	30	8712	9	21:14.5	6:51/M
2	Shannon Labit	Orland Park IL	30	8688	11	21:35.2	6:58/M
3	Dasha Ziska	Chicago IL	31	8794	20	23:28.2	7:34/M
4	Jaclyn Mossuto	Oak Forest IL	34	8711	23	24:01.0	7:45/M
5	Lisa Simon	Romeoville IL	37	8758	33	24:44.6	7:59/M
6	Mary Regan	Orland Park IL	31	8739	36	24:57.9	8:04/M
7	Nancy Beechy		31	7537	41	25:37.1	8:16/M
8	Melissa Marik	Chicago IL	27	8698	44	25:51.4	8:28/M
9	Jenna Murphy		28	7535	49	26:10.9	8:30/M
10	Jennifer Yanklowitz	Chicago IL	37	8787	51	26:18.1	8:35/M
11	Andrea Bippus	Homer Glen IL	33	8610	58	26:52.2	8:41/M
12	Barbara Kowal	Homer Glen IL	26	8682	62	27:07.0	8:47/M
13	Kathy Kopec	Chicago Ridge IL	38	8679	63	27:20.0	8:51/M
14	Olivia Ryan	Bloomington IN	24	8749	69	28:13.2	9:13/M
15	Katie Kline	Glen Ellyn IL	37	8674	72	28:28.7	9:15/M
16	Katherine Kresek	Homer Glen IL	31	8684	75	28:41.7	9:16/M
17	Jennifer Gawla	Lockport IL	30	8648	81	29:00.3	9:21/M
18	Mary Feeley	Naperville IL	29	8640	89	29:26.8	9:43/M
19	Shannon Phillips	Madison WI	24	8728	92	29:32.6	9:34/M
20	Michelle Muszynski	Homer Glen IL	23	8713	97	30:00.0	9:51/M
21	Meghan Dempsey		24	8629	102	30:11.4	9:47/M
22	Sarah Erleben	Homer Glen IL	27	8635	103	30:15.4	9:50/M
23	Kaitlyn De Laurentis	Lockport IL	27	8628	104	30:23.1	9:57/M
24	Christine Hare	Lemont IL	33	8656	105	30:25.8	9:57/M
25	Katarzyna Witowski	Homer Glen IL	35	8785	107	30:31.6	9:53/M
26	Kara Lomasney		27	7665	109	30:42.2	9:57/M
27	Michelle Egan	Thornton IL	31	8634	113	31:06.9	10:03/M
28	Lisa Callaghan	Chicago IL	27	8614	116	31:15.2	10:06/M
29	Kaitlyn Van Beveren	Homer Glen IL	25	8772	117	31:20.4	10:10/M
30	Colleen Roche	Chicago IL	30	8743	119	31:36.9	10:13/M
31	Ana Schreiner	Chicago IL	33	8754	122	31:58.3	10:33/M
32	Lisa Webber	Homer Glen IL	34	8780	131	32:27.2	10:38/M

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## Female 20 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
33	Corie Wall	Chicago IL	29	8777	139	33:09.4	10:47/M
34	Amy Koenig	Homer Glen IL	36	8678	144	33:55.9	11:01/M
35	STEPHANIE DOWDLE	Minooka IL	37	8630	147	34:16.9	11:08/M
36	Amy Wagner	Elmhurst IL	37	8775	149	34:37.4	11:13/M
37	Kaitlyn Weber	Lockport IL	25	8781	150	34:42.1	11:23/M
38	Candice Kehr	Lockport IL	31	8672	151	34:56.1	11:27/M
39	Sara Allgire	Homer Glen IL	35	8604	152	35:26.5	11:29/M
40	Ny Videna		36	7540	154	35:48.2	11:33/M
41	Stephanie Graff	Homer Glen IL	29	8654	157	36:28.9	11:50/M
42	Lori Ledezma	Lockport IL	36	8691	158	36:49.6	12:02/M
43	Stephanie Darin	Homer Glen IL	30	8627	163	40:47.0	13:20/M
44	Kristen Porzel	Chicago IL	32	8733	164	41:41.3	13:33/M
45	Sarah Porzel	Homer Glen IL	26	8734	165	42:01.0	13:39/M
46	Kori Walick	Minooka IL	29	8776	169	42:08.6	13:45/M
47	Beth Russell	Lockport IL	34	8746	173	42:20.3	13:45/M
48	Amy Notter	Gilberts IL	36	8718	175	42:25.3	13:45/M
49	Colleen Nowak	Homer Glen IL	37	8719	176	42:25.3	13:45/M
50	Katharine Malloy	Tinley Park IL	36	8697	177	42:25.5	13:45/M
51	Heather Westendorf	Lockport IL	36	8782	180	43:05.5	13:54/M
52	Lisa Glancy		39	8174	184	44:33.7	14:22/M
53	Kelly Kramer	Plainfield IL	29	8683	186	44:37.0	14:33/M
54	PENELOPE SIMON	Chicago IL	39	8759	189	44:46.8	14:26/M
55	Emily Miller	Chicago IL	30	8709	190	44:51.4	14:38/M
56	Brenda Jimenez	Lockport IL	33	8669	191	46:31.4	15:03/M
57	Jamie Zimpelmann	Mokena IL	33	8793	196	50:46.9	16:35/M

## Male 20 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mike Ziska	Eau Claire WI	25	8799	6	20:49.1	6:43/M
2	Omar Samara	Chicago IL	28	8751	8	20:54.4	6:52/M
3	Michael Hare	Chicago IL	28	8657	13	21:41.4	7:07/M
4	Eric OBrien	Homer Glen IL	29	8720	21	23:37.8	7:44/M
5	Jason Herbst	La Grange IL	37	8662	24	24:10.6	7:50/M
6	Jason Ackmann	Homer Glen IL	39	8602	26	24:22.4	7:53/M
7	David Curley	Homer Glen IL	28	8625	30	24:37.8	8:03/M
8	Jim Vogel	Lockport IL	37	8773	32	24:42.9	8:00/M
9	Greg Bardoczi	Downers Grove IL	26	8607	35	24:55.9	8:05/M
10	Tom McLoughlin	Homer Glen IL	27	8707	37	25:12.5	8:11/M
11	Kyle Karnas	Joliet IL	28	8671	38	25:22.1	8:15/M
12	Jonathan Lewis		33	8184	43	25:47.3	8:21/M

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13	Mike Walsh	Chicago IL	33	8778	46	26:00.9	8:28/M
14	Mike Urbanik	Orland Park IL	24	8771	50	26:14.9	8:35/M
15	Dan Herbst	La Grange IL	36	8660	57	26:50.1	8:42/M
16	Reggie Bustinza	Lockport IL	35	8613	60	26:55.4	8:42/M
17	Daniel Kinnane	Lockport IL	37	8673	66	27:44.4	8:58/M
18	Scott Yanklowitz	Chicago IL	36	8788	70	28:16.1	9:13/M
19	Alex O'Brien	Chicago IL	27	8721	74	28:39.2	9:21/M
20	Keith Jackowski	Chicago IL	29	8668	76	28:45.8	9:18/M
21	Dan Lind	Homer Glen IL	27	8692	80	28:59.4	9:30/M
22	Connor O'Brien	Homer Glen IL	23	8722	83	29:12.4	9:31/M
23	Jim Ziska	Minneapolis MN	31	8796	85	29:20.6	9:41/M
24	Brandon Feeley	Naperville IL	30	8638	86	29:23.2	9:42/M
25	Carlos Zermeno		24	8791	90	29:31.6	9:34/M
26	Thomas Sodrequist	Homer Glen IL	27	8761	95	29:49.8	9:42/M
27	Matt Ziska	Chicago IL	29	8798	98	30:01.0	9:46/M
28	Seth Robinson	Homer Glen IL	38	8742	106	30:29.4	9:55/M
29	Frank Kucera	Manteno IL	27	8685	108	30:34.5	10:01/M
30	Steven Kunce		27	8152	111	30:50.5	10:06/M
31	Jonathan Darin	Brookfield IL	27	8626	112	31:04.8	10:11/M
32	Adam Webber	Homer Glen IL	29	8779	130	32:25.9	10:38/M
33	Dan Schreiner	Chicago IL	33	8755	132	32:28.4	10:43/M
34	Tim Shanahan		35	8117	133	32:33.3	10:30/M
35	Lukas Yant	La Grange Park IL	32	8789	134	32:37.2	10:40/M
36	Nick Mitidiero	Lockport IL	28	8710	137	32:43.6	10:43/M
37	Mark Tetrick	Homer Glen IL	31	8763	140	33:15.5	10:55/M
38	Paul McLoughlin	Homer Glen IL	24	8706	142	33:40.8	10:55/M
39	Matthew Cunningham	Lemont IL	33	8624	155	35:51.1	11:42/M
40	Mark McGuire	Chicago IL	30	8704	182	44:14.2	14:16/M
41	Anthony DuPrey	Elmhurst IL	33	8632	197	54:14.8	17:30/M

## Female 40 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Beth Klutarch	Lockport IL	40	8675	14	22:13.2	7:10/M
2	Kim Lantow	Mokena IL	53	8690	18	22:58.5	7:25/M
3	Judy Lipinski		45	8028	27	24:28.2	7:54/M
4	Tracey Floeckher	Mokena IL	45	8644	53	26:42.1	8:37/M
5	MJ Gasik		46	8647	54	26:43.1	8:37/M
6	Kate Coniglio	Homer Glen IL	46	8620	55	26:44.6	8:39/M
7	Celeste Loeffler	Homer Glen IL	51	8693	56	26:48.6	8:39/M
8	Debbie Guth		53	7595	73	28:33.4	9:19/M

2015 Mike Hike 5K  
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5K Run

Female 40 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
9	Kerri Bielewicz		44	8609	84	29:17.1	9:27/M
10	Andra Giovannelli	Lockport IL	55	8651	91	29:32.5	9:39/M
11	Christine Castaneda	Homer Glen IL	47	8615	94	29:49.3	9:37/M
12	Patty Muszynski	Homer Glen IL	51	8714	96	29:59.6	9:51/M
13	Renee Saban		54	8750	99	30:05.2	9:43/M
14	Sheryl Mikols	Homer Glen IL	42	8708	100	30:07.1	9:50/M
15	Lisa Johnson	Homer Glen IL	50	8670	114	31:10.4	10:07/M
16	Holly Clement	Lockport IL	47	8618	118	31:24.1	10:12/M
17	Nancy Maier	Homer Glen IL	40	8696	124	32:00.1	10:28/M
18	Angie Street		44	7521	125	32:00.8	10:27/M
19	Rae Flanigan	Homer Glen IL	43	8643	138	32:44.2	10:36/M
20	Lisa Regan	Homer Glen IL	50	8738	141	33:29.2	10:52/M
21	Karen Feeley		55	8639	143	33:45.4	10:54/M
22	GEORGIA CHIOVATERO	Minooka IL	57	8617	146	34:16.9	11:08/M
23	Lisa Markusic	Homer Glen IL	40	8701	159	36:51.2	12:02/M
24	Viki Hinchley	homer glen IL	46	8665	162	39:47.8	12:54/M
25	Therese Dyer	Manhattan IL	58	8633	166	42:07.0	13:46/M
26	Sheri Mcadams	Homer Glen IL	50	8703	167	42:07.2	13:45/M
27	Marina Kucera	Homer Glen IL	57	8686	168	42:07.2	13:46/M
28	Diana Gilhooly	Lockport IL	48	8650	171	42:15.3	13:45/M
29	Sandy Parus	Lockport IL	41	8726	174	42:22.3	13:44/M
30	Michelle Sauriol	New Lenox IL	42	8752	178	42:29.6	13:45/M
31	Julie Hoffman	Lockport IL	50	8666	181	43:10.8	14:00/M
32	Lori Myre		43	7642	183	44:14.3	14:28/M

Male 40 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Daniel Lipinski		49	8800	10	21:25.7	6:55/M
2	Greg Wilder		50	7601	22	23:42.1	7:39/M
3	Ken Pikulski	Homer Glen IL	45	8729	28	24:33.2	7:55/M
4	Russell Knaack	Homer Glen IL	43	8677	29	24:35.3	7:56/M
5	Charles Schelli	Homer Glen IL	50	8753	34	24:49.1	8:06/M
6	Mark Castaneda	Homer Glen IL	51	8616	40	25:33.8	8:15/M
7	Randall Mattingly	Homer glen IL	44	8702	42	25:40.1	8:24/M
8	David Markusic	Homer Glen IL	41	8699	47	26:04.8	8:33/M
9	Keith Hobbs		54	8164	48	26:10.5	8:26/M
10	Jim Ziska	Homer Glen IL	59	8795	52	26:18.9	8:32/M
11	Steven Foster	Chicago IL	45	8645	64	27:21.6	8:53/M
12	Scott Parus	Lockport IL	42	8727	71	28:22.2	9:13/M
13	Kurt Heinz		51	7585	77	28:46.0	9:18/M

Race Date  
November 07, 2015

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**5K Run**

**Male 40 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
14	Brian Gilhooly	Lockport IL	46	8649	78	28:54.0	9:26/M
15	Brandon Trower	Lockport IL	41	8765	87	29:23.7	9:35/M
16	James Orban	Homer Glen IL	52	8725	110	30:45.7	10:03/M
17	James Riggio	Homer Glen IL	41	8740	115	31:11.1	10:12/M
18	Mare Cieslak		49	7737	128	32:08.8	10:25/M
19	Kris Coniglio	Homer Glen IL	46	8621	129	32:23.8	10:28/M
20	Donald Olivieri		54	8158	136	32:41.1	10:37/M
21	Jeff Nepote	Frankfort IL	57	8716	148	34:32.4	11:10/M
22	Gregory Grill	Homer Glenen IL	46	8655	172	42:16.3	13:45/M
23	Victor SIMON	Chicago IL	41	8760	188	44:45.5	14:26/M

**Female 60 and Over**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Marita Urbanik	Orland Park IL	61	8770	127	32:08.0	10:29/M

**Male 60 and Over**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Richard Frothingham	Homer Glen IL	67	8646	65	27:32.4	9:04/M
2	Thomas Casey		68	8118	82	29:04.4	9:26/M
3	William McKee	Homer Glen IL	62	8705	93	29:43.9	9:38/M
4	Stanislaw Prochowski	Homer Glen IL	66	8735	101	30:10.2	9:46/M
5	Dean Porzel	Homer Glen IL	66	8732	156	36:08.3	11:45/M
6	Dale D'Ercole		67	7736	192	47:25.0	15:23/M