

2015 Grape Lake 5K

Age Group Results

Run

Race Date
September 12, 2015

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Emma Tate	Paw Paw MI	38	1350	5	19:50.0	6:24/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lewis Tate	Paw Paw MI	16	1351	1	16:18.0	5:15/M

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Run

no age provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	LaVon Schwartz		0	1459	125	26:56.2	8:41/M
2 *	Unknown Partic. 641			641	407	47:34.5	15:21/M
3 *	Unknown Partic. 630			630	422	55:10.0	17:48/M

Female 1 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Emily Michael	Paw Paw MI	10	1227	275	33:02.5	10:39/M
2 *	Kara Boyer		9	1432	306	35:22.3	11:25/M
3 *	Addie Phillips		9	1418	385	43:04.1	13:54/M
4	Lily Lowe	Kalamazoo MI	6	1201	399	44:26.6	14:20/M
5	Lahana Lowe	Kalamazoo MI	8	1200	400	44:30.4	14:21/M

Male 1 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Malin Sage	Kalamazoo MI	9	1301	35	22:26.0	7:14/M
2 *	Isaiah Greenacre	Mattawan MI	6	1117	103	25:42.7	8:17/M
3 *	Brenden Muessig	Paw Paw MI	9	1239	243	31:09.6	10:03/M
4	Michael Lounsbury		8	1196	244	31:11.8	10:04/M
5	Andrew Barbarini	Mattawan MI	10	1020	279	33:07.9	10:41/M
6	Grant Fulcher	Paw Paw MI	10	1102	298	34:30.3	11:08/M
7	Billy Webster	Paw Paw MI	8	1384	364	40:57.0	13:13/M
8	Owen Phillips		7	1419	383	43:01.2	13:53/M
9	Jude Webster	Paw Paw MI	6	1385	412	50:02.2	16:08/M
10	Nick Ramey	Plainfield IL	9	1276	421	52:55.1	17:04/M

Female 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Karlie Woodall	South Haven MI	12	1406	106	26:02.6	8:24/M
2 *	Audrey Nadrasik	Schoolcraft MI	11	1242	141	27:21.5	8:49/M
3 *	Lauren Parman	Paw Paw MI	13	1254	161	28:18.9	9:08/M
4	Brianna Stanard	Lawrence MI	13	1334	164	28:24.2	9:10/M
5	Lauren Cox		14	1471	261	31:54.9	10:17/M
6	Elyssa Stanard	Lawrence MI	13	1335	295	34:11.6	11:02/M
7	Karly Manning	Harford MI	12	1207	352	38:48.7	12:31/M
8	Anna Lonto	Berrien Springs MI	14	1189	365	41:08.4	13:16/M
9	Alison Smith		14	1437	366	41:08.5	13:16/M

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Female 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
10	Ashley Shaw	Paw Paw MI	11	1314	375	42:05.2	13:35/M
11	Cyrus Bishop		13	1422	390	43:44.2	14:06/M

Male 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Wyatt Ousisiamg		13	1450	2	18:36.6	6:00/M
2	* Augustus Hinch	Watervliet MI	13	1140	17	21:16.8	6:52/M
3	* Steven Lockwood	Paw Paw MI	14	1188	20	21:26.3	6:55/M
4	Brian Barbarini	Mattawan MI	12	1021	42	22:55.9	7:24/M
5	Jack McLaughlin		11	1413	45	23:04.8	7:26/M
6	Ray Woodall	South Haven MI	11	1407	55	23:43.6	7:39/M
7	Keegan Barr	Paw Paw MI	12	1025	92	25:21.9	8:11/M
8	Camden Neal		12	1431	104	25:47.3	8:19/M
9	Jaden Hollis	Covert MI	12	1144	126	26:58.3	8:42/M
10	Brayden Pease	Mattawan MI	11	1257	136	27:16.7	8:48/M
11	Andrew Pride	Lawton MI	11	1271	160	28:18.3	9:08/M
12	Brendan Pellerito	Kalamazoo MI	13	1259	162	28:21.6	9:09/M
13	Michael Hiestand		13	1139	182	28:53.3	9:19/M
14	Nick Johnson	Mattawan MI	12	1158	205	29:53.5	9:38/M
15	Anthony Short	Paw Paw MI	14	1322	234	30:51.6	9:57/M
16	Eric Randall	Tinley Park IL	11	1278	326	36:51.8	11:53/M
17	Parker Mason		11	1472	378	42:50.7	13:49/M
18	Owen Bishop		11	1421	391	43:48.6	14:08/M
19	Jake Ramey	Plainfield IL	12	1275	413	50:24.5	16:15/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Kendall Welling	Paw Paw MI	17	1391	33	22:14.9	7:10/M
2	* Kristin Conner		15	1424	91	25:19.0	8:10/M
3	* Gracien Simonas		16	1423	116	26:35.8	8:35/M
4	Liz Serbenski	Paw Paw MI	16	1310	134	27:16.2	8:48/M
5	Katie Simon	Paw Paw MI	15	1324	153	28:04.8	9:03/M
6	Sydney Pellerito	Kalamazoo MI	17	1262	203	29:46.9	9:36/M
7	McKenna Cox		16	1458	225	30:36.3	9:52/M

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Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	David Konold		16	1438	3	18:45.0	6:03/M
2 *	Lucas Schupbach		16	1461	22	21:28.1	6:55/M
3 *	Aaron Fricks		18	1448	28	21:50.1	7:03/M
4	Matt Lonto	Berrien Springs MI	17	1191	128	27:09.0	8:45/M
5	Joseph Lopez	Paw Paw MI	15	1194	132	27:11.1	8:46/M
6	Tyler Foote	Paw Paw MI	15	1095	158	28:14.9	9:06/M
7	Isaac Valk	Paw Paw MI	16	1361	171	28:43.2	9:16/M
8	Wyatt Counterman	Kalamazoo MI	19	1062	320	36:02.5	11:37/M
9	Dustin Muenchow		18	1475	357	39:32.7	12:45/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Ashley Mitchell	Portage MI	23	1234	7	20:07.5	6:29/M
2 *	Kirstin Simons	Portage MI	23	1325	41	22:52.2	7:23/M
3 *	Nicole Crafts	Paw Paw MI	24	1066	66	24:11.5	7:48/M
4	Abbie Goldberg	Paw Paw MI	20	1111	78	24:45.1	7:59/M
5	Macy Nielsen	Lawton MI	21	1244	150	27:55.3	9:00/M
6	Grace McGowan	Kalamazoo MI	24	1218	156	28:13.3	9:06/M
7	Kelly Sabo	Lawton MI	20	1300	184	29:01.4	9:22/M
8	Jessica Serbenski	Paw Paw MI	21	1309	207	29:56.4	9:39/M
9	Miranda Day	Kalamazoo MI	24	1074	214	30:11.4	9:44/M
10	Amanda Korteway	Paw Paw MI	20	1170	216	30:15.1	9:45/M
11	Alyssa Upson	Paw Paw MI	20	1360	220	30:26.8	9:49/M
12	Alicia Jewell	Lawton MI	20	1155	237	31:00.5	10:00/M
13	Rebecca Starbuck	Paw Paw MI	23	1340	254	31:35.4	10:11/M
14	Annalisa Wilder	Decatur MI	20	1399	300	34:54.2	11:15/M
15	Leah Rice		23	1411	332	37:14.2	12:01/M
16	Katelyn Beam		21	1452	341	38:18.7	12:21/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Grant Lewis	Paw Paw MI	21	1182	18	21:22.7	6:54/M
2 *	Nick Beam	Paw Paw MI	23	1027	39	22:41.9	7:19/M
3 *	Howard Adams		21	1470	40	22:47.0	7:21/M
4	Vignesh Gouthaman	South Haven MI	24	1114	62	24:02.0	7:45/M
5	David Borzkowski	Kalamazoo MI	20	1033	96	25:28.9	8:13/M
6	LeRoy Russ		20	1412	119	26:40.0	8:36/M
7	Justin King	Vicksburg MI	23	1163	192	29:25.1	9:29/M

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Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
8	Italo Alfieri	Paw Paw MI	23	1002	286	33:27.1	10:47/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Carey Campbell	Kalamazoo MI	29	1052	23	21:40.3	6:59/M
2	* Amanda Goldberg	Mattawan MI	25	1112	48	23:17.9	7:31/M
3	* Caitlin Cipri	Lawrence MI	26	1055	60	24:00.9	7:45/M
4	Lauren Carpp		26	1435	85	25:09.0	8:07/M
5	Ashley Leduc	Paw Paw MI	26	1178	88	25:15.7	8:09/M
6	Amanda Norris	Kalamazoo MI	25	1246	95	25:28.8	8:13/M
7	Jordan Gonzalez		25	1474	102	25:42.2	8:17/M
8	Joan Mezewich	Crestwood IL	29	1226	109	26:07.3	8:25/M
9	Kristi Patterson	Saint Joseph MI	29	1256	110	26:08.3	8:26/M
10	Lindsey Distefano	Gobles MI	28	1081	121	26:43.8	8:37/M
11	Samantha Barnett		26	1409	140	27:21.3	8:49/M
12	Amy Campbell	Kalamazoo MI	28	1051	157	28:13.8	9:06/M
13	Brittany Russell	Portage MI	25	1299	170	28:42.9	9:15/M
14	Karmen Ball	Paw Paw MI	25	1017	219	30:26.8	9:49/M
15	Jessica Whitfield	Kalamazoo MI	28	1397	227	30:42.7	9:54/M
16	Jenna Maisonville	South Haven MI	28	1204	229	30:43.0	9:55/M
17	Jennica Burkett	Decatur MI	29	1048	245	31:14.8	10:05/M
18	Mary Councell	Paw Paw MI	29	1060	250	31:30.9	10:10/M
19	Casey Mahany		29	1469	252	31:33.9	10:11/M
20	Laura Fouty	Paw Paw MI	27	1097	253	31:35.1	10:11/M
21	Amber French	Three Rivers MI	28	1100	269	32:39.4	10:32/M
22	Andrea Richardson		26	1479	294	34:11.4	11:02/M
23	Ashley Britt	Decatur MI	27	1037	321	36:19.1	11:43/M
24	Trang Phan	Portage MI	27	1266	322	36:23.8	11:44/M
25	Emmy Beidler	Watervliet MI	26	1028	323	36:42.0	11:50/M
26	Jessica Schultz	Lawton MI	25	1305	325	36:51.3	11:53/M
27	Marla Alvarez	Schoolcraft MI	27	1005	329	37:03.2	11:57/M
28	Nichole Morse	Lawton MI	25	1236	334	37:22.2	12:03/M
29	Jessica Schmitz		26	1455	336	37:36.5	12:08/M
30	Bethany Jellies	Decatur MI	27	1154	397	44:15.0	14:16/M
31	Megan Smutzer	Kalamazoo MI	29	1333	406	46:25.3	14:58/M
32	Kayla Livingston		25	1186	409	48:47.0	15:44/M
33	Amanda Stoneback	Grayslake IL	27	1342	420	51:54.1	16:45/M

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Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Jason Shane	Wayland MI	28	1313	11	20:49.8	6:43/M
2	* Ryan Fouty	Paw Paw MI	28	1098	24	21:45.7	7:01/M
3	* Kevin Mead		29	1222	27	21:49.7	7:02/M
4	Fabian Golota	South Bend IN	25	1113	37	22:31.5	7:16/M
5	James Taylor	Roanoke IN	29	1354	43	22:58.4	7:25/M
6	Tyler Augst	Decatur MI	26	1013	46	23:07.0	7:27/M
7	Lucas Brink	Lawton MI	28	1036	70	24:18.7	7:50/M
8	Matt Tomsic	Bangor MI	27	1358	72	24:24.2	7:52/M
9	Craig Brightwell	Kalamazoo MI	29	1035	75	24:38.6	7:57/M
10	Matthew Yonkman	Kalamazoo MI	29	1408	90	25:18.5	8:10/M
11	Jared Greaser		29	1454	100	25:41.7	8:17/M
12	Jacob Robinson	Kalamazoo MI	26	1292	117	26:35.9	8:35/M
13	Graham Barker-King		28	1425	139	27:21.0	8:49/M
14	Matthew Kusmack	Decatur MI	26	1174	202	29:45.8	9:36/M
15	Clay Whitfield	Kalamazoo MI	28	1396	228	30:42.9	9:54/M
16	Jordan Welch	Schoolcraft MI	29	1389	330	37:03.6	11:57/M
17	Sam Rice	Paw Paw MI	25	1288	427	1:03:01.5	20:20/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Anne Mejeur	Decatur MI	34	1224	14	21:07.4	6:49/M
2	* Kayla Vetter	Hicksville OH	32	1370	38	22:33.1	7:16/M
3	* Kristel Green	White Cloud MI	30	1116	49	23:17.9	7:31/M
4	Maria Klein		34	1478	56	23:49.0	7:41/M
5	Jenny Bambacht	Grand Rapids MI	33	1018	83	24:57.8	8:03/M
6	Amy Brown		32	1414	101	25:42.0	8:17/M
7	Stephanie Little	Climax MI	31	1185	108	26:06.7	8:25/M
8	Liz Graham	Kalamazoo MI	34	1115	129	27:09.6	8:45/M
9	Amelia Barker-King	Lawton MI	30	1024	138	27:20.0	8:49/M
10	Julie Rupprecht	Paw Paw MI	30	1298	148	27:35.6	8:54/M
11	Kathryn Anderson	Blacksburg VA	31	1006	154	28:05.2	9:04/M
12	Kim Whittaker	Kalamazoo MI	34	1398	173	28:45.3	9:16/M
13	Becky Enciss		32	1415	180	28:51.1	9:18/M
14	Katie Wittenberg	Portage MI	31	1403	201	29:45.3	9:36/M
15	Sarah Hagen	Kalamazoo MI	33	1126	206	29:55.2	9:39/M
16	Dana Hudeck	Kalamazoo MI	32	1146	212	30:08.5	9:43/M
17	Holly Shoemaker	Benton Harbor MI	30	1320	222	30:31.9	9:51/M
18	Kristy Lounsbury		32	1195	226	30:38.4	9:53/M
19	Kristyn Culver	Three Rivers MI	33	1070	249	31:26.2	10:08/M
20	Mandi Franco	Mattawan MI	34	1099	257	31:48.2	10:15/M

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Run

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
21	Alison Lewitas		34	1451	259	31:51.9	10:16/M
22	Charity DeRoo		31	1468	260	31:52.1	10:17/M
23	Melissa Waite	Paw Paw MI	34	1375	281	33:12.9	10:43/M
24	Sara Buchanan	Kalamazoo MI	31	1047	288	33:42.4	10:52/M
25	Megan Venz	Paw Paw MI	32	1368	303	35:14.7	11:22/M
26	Kate Shaw	Portage MI	30	1315	340	38:11.6	12:19/M
27	Cassie Jastrzembski	Saint Joseph MI	33	1153	349	38:44.9	12:30/M
28	Kimberly Reynolds	Bloomington MI	33	1287	358	39:44.4	12:49/M
29	Angie Selle	Paw Paw MI	33	1308	376	42:16.6	13:38/M
30	Marsha Phillips	Paw Paw MI	33	1268	384	43:04.0	13:54/M
31	Katie Hoover	Plainwell MI	33	1145	392	43:51.6	14:09/M
32	Melissa Stull	Paw Paw MI	30	1346	395	44:13.5	14:16/M
33	Lesley Welburn	Lawton MI	34	1388	396	44:15.0	14:16/M
34	Christy Lowe	Kalamazoo MI	34	1199	398	44:26.3	14:20/M
35	Nicole Livingston	Lawton MI	30	1187	408	48:46.4	15:44/M
36	Amanda Evick	Paw Paw MI	30	1091	410	49:03.7	15:49/M
37	Sarah Shephard		33	1318	414	50:32.4	16:18/M
38	Katy Seward		34	1312	415	50:33.9	16:18/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Rocque Lefaive	Portage MI	30	1179	4	18:47.9	6:04/M
2	* Brian Clements	Mattawan MI	33	1056	21	21:26.8	6:55/M
3	* Brandon Mattson	Mattawan MI	33	1213	52	23:31.2	7:35/M
4	Zachary Albertson	Lawton MI	32	1001	58	23:51.5	7:42/M
5	Adam Atwood	Kalamazoo MI	30	1012	65	24:10.9	7:48/M
6	Michael L Lounsbury		32	1197	98	25:40.1	8:17/M
7	Antony Low	Portage MI	31	1198	122	26:47.8	8:38/M
8	Corey Knapp	Galesburg MI	34	1165	123	26:53.3	8:40/M
9	Lukas Enciss		33	1416	179	28:51.0	9:18/M
10	Brian Vanhusan	Dowagiac MI	32	1365	198	29:35.3	9:33/M
11	Matt Wittenberg	Portage MI	31	1404	200	29:45.0	9:36/M
12	Jesse Shoemaker	Benton Harbor MI	34	1321	217	30:20.4	9:47/M
13	Scott Testin	Paw Paw MI	32	1355	239	31:04.6	10:01/M
14	Brad Manning	Hartford MI	30	1205	270	32:40.0	10:32/M
15	Tony Sladmore		30	1482	371	41:15.1	13:18/M
16	Kent Devine	Grayslake IL	34	1079	419	51:48.7	16:43/M
17	Art Webb		32	1380	426	1:00:13.5	19:25/M

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Run

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Tracy Argo	Portage MI	37	1009	26	21:46.2	7:01/M
2 *	Kate Decamp	Paw Paw MI	35	1076	67	24:12.2	7:48/M
3 *	Jolene Marvin	Saint Joseph MI	36	1212	68	24:15.4	7:49/M
4	Wendy Nagy		37	1417	73	24:35.5	7:56/M
5	Anna Jordan	South Haven MI	38	1159	89	25:16.3	8:09/M
6	Emily Anstadt	Paw Paw MI	39	1007	94	25:27.1	8:13/M
7	Sarah Stanek	Paw Paw MI	37	1339	115	26:35.6	8:35/M
8	Tabitha Neal		38	1429	120	26:42.4	8:37/M
9	Holly Nadrasiak		39	1243	143	27:22.8	8:50/M
10	Carrie Garrone		36	1483	155	28:07.7	9:04/M
11	Angela Weber	Paw Paw MI	39	1381	163	28:22.0	9:09/M
12	Melissa Wadsworth	Byron Center MI	35	1373	174	28:46.7	9:17/M
13	Bobbie Smith		39	1443	189	29:12.4	9:25/M
14	Stephanie Doody	Grand Rapids MI	37	1084	191	29:15.8	9:26/M
15	Elizabeth Griffith	South Haven MI	37	1119	208	30:02.4	9:41/M
16	Marie Huthwaite	Sawyer MI	37	1150	221	30:29.8	9:50/M
17	Enedelia Cruz	Hartford MI	38	1069	223	30:33.8	9:51/M
18	Kim Wetherill		39	1394	233	30:49.8	9:56/M
19	Cassandra Hitchcock	Kalamazoo MI	36	1142	246	31:23.1	10:07/M
20	Michelle Hall	Chicago IL	35	1129	248	31:24.8	10:08/M
21	Amy Kniss	Mattawan MI	37	1166	289	33:48.1	10:54/M
22	Jessica Michael	Paw Paw MI	37	1229	291	33:51.5	10:55/M
23	Greathen Derenne	Portage MI	35	1077	297	34:14.0	11:03/M
24	Kelly Stanard	Lawrence MI	39	1337	318	35:46.1	11:32/M
25	Tiffany Fulcher	Paw Paw MI	37	1103	319	35:51.2	11:34/M
26	Angie Gutierrez		36	1439	328	36:57.6	11:55/M
27	Jamie Martin	Waterford MI	39	1210	331	37:13.1	12:00/M
28	Tiffany Engle	Kenosha WI	37	1090	342	38:19.2	12:22/M
29	Jennifer Whisenant	Greensboro NC	36	1395	345	38:22.5	12:23/M
30	Shanda George	Jamestown NC	37	1107	346	38:23.0	12:23/M
31	Paulette Barr	Paw Paw MI	37	1026	350	38:47.4	12:31/M
32	Melissa French	Kalamazoo MI	37	1101	353	39:14.7	12:39/M
33	Andrea Farber	Portage MI	35	1092	363	40:54.0	13:12/M
34	Amy Craddock	Paw Paw MI	39	1064	374	42:05.2	13:35/M
35	Grace Lopez	Paw Paw MI	38	1193	388	43:31.6	14:02/M
36	Michelle Dudycha	Paw Paw MI	36	1087	404	45:12.7	14:35/M
37	April Webster	Paw Paw MI	39	1382	411	50:01.6	16:08/M

2015 Grape Lake 5K

Age Group Results

Run

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Josh Traugber		36	1462	13	21:06.0	6:48/M
2 *	Derek Haroldson	Mattawan MI	37	1131	19	21:24.4	6:54/M
3 *	Trever Tate	Paw Paw MI	37	1352	29	21:51.8	7:03/M
4	Daniel Struve	Kalamazoo MI	37	1345	34	22:15.8	7:11/M
5	Brian Argo	Portage MI	36	1008	113	26:25.2	8:31/M
6	Dale Pease	Mattawan MI	37	1258	133	27:15.6	8:47/M
7	Brook Stensland		37	1446	135	27:16.6	8:48/M
8	Corey Kraus	Portage MI	37	1172	152	27:58.7	9:01/M
9	Alex Mickley	Chicago IL	36	1231	181	28:51.3	9:18/M
10	Josh Colvin	Paw Paw MI	36	1057	183	28:59.6	9:21/M
11	Matthew Randall	Tinley Park IL	38	1279	327	36:53.3	11:54/M
12	Bill Webster	Paw Paw MI	39	1383	360	40:34.7	13:05/M
13	Jason Kniss	Mattawan MI	38	1167	362	40:53.4	13:11/M
14	Brad Phillips	Paw Paw MI	35	1267	382	43:01.0	13:53/M
15	Christopher Siegel	Round Lake Beach IL	36	1323	386	43:14.5	13:57/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Amy Maxson	Kalamazoo MI	44	1214	61	24:01.9	7:45/M
2 *	Anne Engh	Kalamazoo MI	43	1089	79	24:47.0	8:00/M
3 *	Deb Pellerito	Kalamazoo MI	44	1260	84	25:08.0	8:06/M
4	Jenn Omo	Kalamazoo MI	44	1251	145	27:25.1	8:51/M
5	Cheri Laverty	Vermontville MI	43	1176	151	27:56.9	9:01/M
6	June Mabrides	Chicago IL	41	1203	167	28:36.3	9:14/M
7	Kimberly Mihalik	Berrien Springs MI	40	1232	169	28:41.8	9:15/M
8	Angela Scotese-Frizzle	Metamora MI	43	1307	186	29:05.8	9:23/M
9	Michelle Zayak		44	1477	190	29:14.9	9:26/M
10	Kim Vincek	Dowagiac MI	42	1371	196	29:27.8	9:30/M
11	Carrie Muessig	Paw Paw MI	44	1240	197	29:33.9	9:32/M
12	Susan Nikolai	Granger IN	43	1245	199	29:41.9	9:35/M
13	Nikki Meachum	Hartford MI	43	1220	209	30:04.3	9:42/M
14	Tina Cowsert	Valparaiso IN	43	1063	230	30:44.9	9:55/M
15	Tonya Colvin	Paw Paw MI	42	1058	241	31:07.4	10:02/M
16	Kristen Rose	Paw Paw MI	44	1293	256	31:46.7	10:15/M
17	Kerrie Hinch	Watervliet MI	41	1141	268	32:28.2	10:28/M
18	Sheryl Price	Lawton MI	43	1270	276	33:03.9	10:40/M
19	Lori Oxley	Lawton MI	43	1253	277	33:04.0	10:40/M
20	Mary Ward	Buchanan MI	41	1376	282	33:18.5	10:45/M
21	Caroline Hains		43	1480	301	34:55.8	11:16/M
22	Alison Smith	Kalamazoo MI	42	1329	308	35:24.7	11:25/M

2015 Grape Lake 5K

Age Group Results

Run

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
23	Dana Nosich	Benton Harbor MI	44	1248	312	35:33.3	11:28/M
24	Danyelle Cross	Bloomington MI	42	1068	314	35:34.6	11:28/M
25	Gina Manning	Hartford MI	43	1206	351	38:48.3	12:31/M
26	Misty Muenchow		42	1473	356	39:32.2	12:45/M
27	Tina Mason		44	1476	379	42:51.6	13:49/M
28	Stacy Hayes	Paw Paw MI	41	1135	401	44:39.2	14:24/M
29	Heather Hayes Heinz		40	1426	403	44:52.6	14:28/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Chad Kuhlmann	Paw Paw MI	40	1173	25	21:45.9	7:01/M
2 *	Jay Kovalska		42	1430	64	24:07.0	7:47/M
3 *	John Lamb	Paw Paw MI	41	1175	71	24:20.0	7:51/M
4	Brian Schupbach	Paw Paw MI	43	1306	77	24:41.4	7:58/M
5	Lee Greenacre	Mattawan MI	42	1118	99	25:41.1	8:17/M
6	Eric Blackford	Kalamazoo MI	44	1031	111	26:18.1	8:29/M
7	Eric Harms	Paw Paw MI	43	1130	114	26:26.1	8:32/M
8	Douglas Michau	Round Lake Beach IL	40	1230	118	26:37.4	8:35/M
9	Brad Rehmann	St. Johns MI	40	1284	127	27:08.6	8:45/M
10	Bill Wadsworth	Byron Center MI	40	1372	176	28:47.0	9:17/M
11	George Stanard	Lawrence MI	41	1336	177	28:48.0	9:17/M
12	Michael Hutchins	Glenview IL	40	1148	195	29:26.6	9:30/M
13	Cory Johnson	Mattawan MI	41	1157	213	30:10.6	9:44/M
14	Decker Hains		43	1481	218	30:20.7	9:47/M
15	Tom Cox		44	1457	238	31:01.6	10:00/M
16	Brian Pride	Lawton MI	42	1272	251	31:33.2	10:11/M
17	Bill Stockwell		44	1486	265	32:07.6	10:22/M
18	Owen Ridley	South Haven MI	42	1290	272	32:41.8	10:33/M
19	Shawn Ward	Buchanan MI	41	1377	283	33:18.7	10:45/M
20	Jeffery Michael	Paw Paw MI	41	1228	292	33:51.6	10:55/M
21	Brian Boyer		40	1433	315	35:35.0	11:29/M
22	Gregory Wagner	West Allis WI	41	1374	343	38:19.4	12:22/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Laura Bradley	Mattawan MI	46	1034	82	24:52.4	8:01/M
2 *	Amy J. Gronda	Paw Paw MI	46	1121	149	27:51.7	8:59/M
3 *	Donna Strouse	Saint Joseph MI	48	1344	159	28:15.8	9:07/M

2015 Grape Lake 5K

Age Group Results

Run

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Gretchen Dettloff	Kalamazoo MI	46	1078	165	28:26.4	9:10/M
5	Heidi Williams	Portage MI	49	1400	187	29:05.9	9:23/M
6	Shirley Rigozzi	South Haven MI	45	1291	204	29:47.6	9:36/M
7	Lynn Serbenski	Paw Paw MI	49	1311	211	30:08.3	9:43/M
8	Heather Cunningham		45	1071	224	30:34.3	9:52/M
9	Jenn Moyle	Mattawan MI	46	1237	236	30:58.1	9:59/M
10	Darla Barbarini	Mattawan MI	45	1022	293	34:08.8	11:01/M
11	Esther Lonto	Berrien Springs MI	45	1190	296	34:12.0	11:02/M
12	Stephanie Balch	Battle Creek MI	45	1016	307	35:22.7	11:25/M
13	Kim Pesegna	Allegan MI	48	1264	369	41:09.8	13:16/M
14	Jodi Heaney	Kalamazoo MI	47	1136	370	41:11.3	13:17/M
15	Pamela Williams	Edwardsburg MI	48	1401	373	41:20.3	13:20/M
16	Dawn Rathgeb	Bridgman MI	47	1280	387	43:19.4	13:58/M
17	Kathy King		46	1164	416	50:35.6	16:19/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mike Oliphant	Kalamazoo MI	49	1250	9	20:41.7	6:40/M
2 *	Mike Mannino	Benton Harbor MI	47	1209	16	21:14.0	6:51/M
3 *	Bill Welling	Paw Paw MI	46	1390	51	23:27.5	7:34/M
4	Joe Doody	Grand Rapids MI	47	1083	69	24:18.6	7:50/M
5	Jaime Ledesma		48	1177	97	25:30.1	8:14/M
6	Steve Tipton	Schoolcraft MI	45	1356	166	28:26.6	9:10/M
7	Daron Sheline	Elkhart IN	48	1316	172	28:44.9	9:16/M
8	Jon Moyle	Mattawan MI	46	1238	232	30:48.2	9:56/M
9	Guadalupe Castaneda		47	1485	266	32:19.1	10:25/M
10	Jim Balch	Battle Creek MI	49	1015	333	37:16.4	12:01/M
11	Randy Lonto	Berrien Springs MI	49	1192	347	38:27.2	12:24/M
12	Tom Barbarini		46	1023	372	41:18.6	13:19/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Leslie Scheffers	Portage MI	51	1304	6	19:56.6	6:26/M
2 *	Peggy McNeal	Kalamazoo MI	51	1219	63	24:02.3	7:45/M
3 *	Jacqueline Little	Climax MI	53	1184	76	24:39.8	7:57/M
4	Linda Grossheim	Richland MI	54	1123	131	27:10.3	8:46/M
5	Renee Mitchell	Lawton MI	50	1235	178	28:50.8	9:18/M
6	Cindy Smith	Paw Paw MI	53	1331	188	29:09.2	9:24/M

2015 Grape Lake 5K

Age Group Results

Run

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
7	Mary Norris	Portage MI	51	1247	247	31:24.6	10:08/M
8	Doreena Crock		50	1466	258	31:51.4	10:16/M
9	Diane Mannino		52	1441	263	31:57.0	10:18/M
10	Helen Garety	South Haven MI	53	1105	271	32:41.5	10:33/M
11	Roxann Brouwer	Lawrence MI	53	1039	280	33:10.2	10:42/M
12	Angeline Schwartz		53	1460	284	33:19.8	10:45/M
13	Gloria Jurado-Long	Marcellus MI	54	1161	285	33:25.9	10:47/M
14	Sherry Saenz		52	1464	299	34:39.3	11:11/M
15	Terese Banner	Parchment MI	51	1019	304	35:17.6	11:23/M
16	Lorraine Valk	Paw Paw MI	50	1363	335	37:25.0	12:04/M
17	Laurie Gronau		50	1120	337	37:40.0	12:09/M
18	Kim Ruhlig	Ada MI	52	1296	339	38:05.0	12:17/M
19	Nancy Brown		54	1434	359	40:26.5	13:03/M
20	Carol Patridge	Mattawan MI	54	1255	367	41:09.0	13:16/M
21	Dede Lewis	Bloomingtondale MI	54	1181	377	42:47.4	13:48/M
22	Lori Priola	St. Charles IL	52	1274	381	42:56.9	13:51/M
23	Christine Shelton	Vicksburg MI	50	1317	389	43:41.7	14:05/M
24	Kim Otten	Bloomingtondale MI	54	1252	402	44:46.7	14:26/M
25	Amber Puckett		51	1447	423	55:36.2	17:56/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Chris Weeks	Lansing MI	54	1387	8	20:33.1	6:38/M
2 *	Dave Levett	Allegan MI	53	1180	30	21:57.3	7:05/M
3 *	Jeff Barchett		53	1456	36	22:26.4	7:14/M
4	Jerry Brownell	Gobles MI	50	1040	47	23:12.0	7:29/M
5	Mike Vander Bor		53	1463	57	23:51.4	7:42/M
6	Kevin Fazzini		51	1449	59	23:56.3	7:43/M
7	Ken Kerr	Porter IN	53	1162	112	26:21.8	8:30/M
8	Edward Dabrowski	Highland IN	51	1072	144	27:24.9	8:50/M
9	Phil Pellerito	Kalamazoo MI	50	1261	146	27:26.0	8:51/M
10	Robert Reed	Richland MI	53	1283	147	27:32.8	8:53/M
11	James Valk	Paw Paw MI	50	1362	168	28:40.3	9:15/M
12	Kris Stakley		54	1410	193	29:25.5	9:29/M
13	John Kocsis		53	1168	194	29:26.4	9:30/M
14	John Garety	South Haven MI	54	1106	262	31:56.4	10:18/M
15	Daniel Mireles		53	1233	310	35:29.4	11:27/M
16	Rick Counterman	Paw Paw MI	51	1061	324	36:44.1	11:51/M
17	Gary Ruhlig	Ada MI	52	1295	338	38:05.0	12:17/M
18	Joe Priola	St. Charles IL	52	1273	354	39:28.9	12:44/M

2015 Grape Lake 5K

Age Group Results

Run

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Kathy Farrow	Kalamazoo MI	57	1093	74	24:38.0	7:57/M
2	* Kathy Prevatte		57	1269	105	25:57.5	8:22/M
3	* Teresa Distefano	Gobles MI	57	1082	210	30:07.6	9:43/M
4	Janice Martin	Mount Prospect IL	58	1211	215	30:12.0	9:45/M
5	Kim Cronk	Kalamazoo MI	57	1067	231	30:47.0	9:56/M
6	Rosie Kovac	Portage MI	55	1171	242	31:08.2	10:03/M
7	Elsisa Watkins	Mattawan MI	59	1378	255	31:45.2	10:15/M
8	Michele Gilpin	Three Rivers MI	57	1108	274	32:54.5	10:37/M
9	Rose Emmendorfer		57	1420	311	35:29.5	11:27/M
10	Amanda VanHusan		56	1465	316	35:42.4	11:31/M
11	Donna Jackson	Portage MI	57	1151	317	35:44.3	11:32/M
12	Christine Vanhusan	Dowagiac MI	59	1366	348	38:36.2	12:27/M
13	Debbie Foune	Bloomington MI	58	1096	368	41:09.3	13:16/M
14	Sandra D West	Fort Wayne IN	56	1392	418	50:41.0	16:21/M
15	Debra Wedge	Vicksburg MI	57	1386	424	56:17.4	18:09/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Timothy Farrow	Kalamazoo MI	58	1094	10	20:49.4	6:43/M
2	* Mark Drallette		55	1436	12	20:55.4	6:45/M
3	* George Sleeper	South Haven MI	57	1328	15	21:09.5	6:49/M
4	Mark Eichelberger	Plainfield IL	58	1088	50	23:22.7	7:32/M
5	Steve McCloskey	Paw Paw MI	56	1216	87	25:12.4	8:08/M
6	Kevin Grossheim	Richland MI	58	1122	130	27:10.1	8:46/M
7	Dwight Taylor	Lawton MI	55	1353	137	27:19.2	8:49/M
8	Eric Diamond	South Bend IN	57	1080	142	27:22.2	8:50/M
9	Jeff Crafts	Paw Paw MI	58	1065	267	32:27.0	10:28/M
10	Tom Beam		59	1453	344	38:20.2	12:22/M
11	Ray Lewis	Bloomington MI	55	1183	361	40:40.9	13:07/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Elizabeth Kort	Evergreen Park IL	61	1169	240	31:06.8	10:02/M
2	* Linda Tabbert	Three Rivers MI	61	1348	264	32:03.7	10:20/M
3	* Debbie May	Paw Paw MI	63	1215	273	32:49.7	10:35/M
4	Janet Stensland	Three Rivers MI	63	1341	278	33:04.6	10:40/M
5	Diane Hathaway	Augusta MI	60	1133	309	35:29.2	11:27/M
6	Nancy Hathaway	Hartford MI	64	1134	380	42:54.0	13:50/M

2015 Grape Lake 5K

Age Group Results

Run

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
7	Susan Rice	Paw Paw MI	60	1289	428	1:03:02.9	20:20/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Marshall Meyer	Three Rivers MI	63	1225	31	22:08.6	7:08/M
2 *	Maurice Hicks	Allegan MI	62	1138	32	22:09.8	7:09/M
3 *	Mike Connelly	Gobles MI	61	1059	44	23:03.4	7:26/M
4	Jerry Peterson	Allegan MI	62	1265	53	23:36.1	7:37/M
5	Robert Jackson	Portage MI	63	1152	80	24:47.7	8:00/M
6	Terry Hagen	Paw Paw MI	60	1127	81	24:48.2	8:00/M
7	Jeff Shelton		60	1467	93	25:23.9	8:11/M
8	Randy Fielder		64	1428	175	28:46.8	9:17/M
9	Gary Campbell	Paw Paw MI	63	1053	355	39:30.9	12:45/M
10	Millard Doster	Plainwell MI	64	1085	393	43:54.1	14:10/M
11	Steven A West	Fort Wayne IN	60	1393	417	50:40.8	16:21/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Shirley Deboer	Paw Paw MI	65	1075	290	33:48.9	10:54/M
2 *	Patricia Hoffman	Portage MI	67	1143	394	44:05.6	14:13/M
3 *	Kathy VanBrocklin		65	1487	425	58:22.1	18:50/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Tom Tollefson	South Haven MI	67	1357	54	23:40.3	7:38/M
2 *	Mike Betzner		65	1445	86	25:11.1	8:07/M
3 *	Dean MacVicar		68	1440	107	26:03.6	8:24/M
4	Roger Bentley	Coloma MI	65	1029	185	29:03.6	9:22/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
*	No Finishers					0:00.0	

2015 Grape Lake 5K

Age Group Results

Run

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lyndon Wolf	Mattawan MI	70	1405	124	26:54.7	8:41/M
2 *	Mike Foster		73	1484	305	35:19.6	11:24/M

Female 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Judy Bodjack	St. Joseph MI	75	1032	235	30:53.9	9:58/M

Male 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	David Rozelle	Kalamazoo MI	77	1294	302	34:58.3	11:17/M
2 *	Willis Worick		75	1442	313	35:33.8	11:28/M
3 *	Donald Hutchinson	Paw Paw MI	77	1149	405	46:00.6	14:50/M

Female 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
	* No Finishers					0:00.0	

Male 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Ed Stanek	Lawrence MI	80	1338	287	33:36.1	10:50/M

2015 Grape Lake 5K

Age Group Results

Walk

Race Date
September 12, 2015

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nada Kramp	Stevensville MI	58	517	2	31:31.0	10:10/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bill Reed		62	626	1	30:12.7	9:45/M

2015 Grape Lake 5K

Age Group Results**Walk**

Female 1 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Morgan Founé	Gobles MI	8	459	31	45:08.5	14:34/M
2 *	Maggie Brock	Scotts MI	9	423	53	47:37.1	15:22/M
3 *	Daisy Herbert	Paw Paw MI	8	484	71	49:09.8	15:51/M
4	Abby Kuhlmann	Paw Paw MI	10	518	79	49:58.7	16:07/M
5	Lilly West		8	605	173	1:00:41.7	19:35/M
6	Devan Hayes		10	482	178	1:01:41.3	19:54/M
7	Megan Hiestand		10	491	179	1:01:42.7	19:54/M

Male 1 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Nolan Fisher	Paw Paw MI	8	455	85	50:41.5	16:21/M
2 *	Jack Randall	Tinley Park IL	9	559	185	1:02:00.6	20:00/M

Female 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Amanda Rentschler		11	564	28	45:00.5	14:31/M
2 *	Emma Brock	Scotts MI	14	422	54	47:38.5	15:22/M
3 *	Savanna Lamb	Paw Paw MI	11	520	82	50:15.7	16:13/M

Male 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
*	No Finishers					0:00.0	

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Emily Duncan	Lawrence MI	15	445	116	54:02.6	17:26/M
2 *	Madison Hiestand		15	489	180	1:01:45.9	19:55/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Harrison Bishop		15	615	7	38:57.5	12:34/M
2 *	Riley Goss		15	468	163	58:39.4	18:55/M
3 *	Austin Jones		16	503	182	1:01:55.9	19:58/M

2015 Grape Lake 5K

Age Group Results**Walk**

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Tifani Hosier	Mattawan MI	20	515	15	41:37.6	13:25/M
2 *	Danielle Lentz	Kalamazoo MI	23	522	76	49:44.7	16:03/M
3 *	Andrea De Young	Kalamazoo MI	21	440	101	51:53.9	16:44/M
4	Allie Horne	Holland MI	21	494	148	56:27.4	18:13/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Russell Cruzan Jr		24	437	195	1:03:59.9	20:38/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kaila Schweda	Byron Center MI	25	573	43	46:07.3	14:53/M
2 *	Kelsey Hatfield	Paw Paw MI	25	481	49	46:53.5	15:07/M
3 *	Betsy Geddings	Paw Paw MI	29	463	86	50:47.4	16:23/M
4	Emily Grabemeyer	Dowagiac MI	27	471	115	53:53.1	17:23/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Cameron Simmons	Kalamazoo MI	25	577	75	49:42.6	16:02/M
2 *	Adam Goldberg	Paw Paw MI	29	466	198	1:06:03.7	21:18/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Russ Mejeur		34	618	35	45:19.5	14:37/M
2 *	Jennifer Karsen	Grand Junction MI	33	507	60	47:55.8	15:27/M
3 *	Mindy Carleson		31	427	64	48:23.9	15:36/M
4	Jessica Jones	Paw Paw MI	34	504	69	49:05.4	15:50/M
5	Melissa Suchy	Toledo OH	30	589	119	54:17.0	17:31/M
6	Jennifer Esman	Paw Paw MI	31	451	121	54:18.3	17:31/M
7	Audrey Reynolds		31	628	135	55:25.1	17:53/M
8	Michelle Knapp	Galesburg MI	33	513	156	57:37.4	18:35/M
9	Autumn Willoughby	Philadelphia PA	34	607	190	1:03:35.2	20:31/M
10	Sahara Steinert	Westland MI	31	584	192	1:03:36.9	20:31/M
11	Laura Tuinstra	Kalamazoo MI	33	595	202	1:06:14.9	21:22/M

2015 Grape Lake 5K

Age Group Results**Walk****Male 30 to 34**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Atrimea Hamby	Kalamazoo MI	33	479	18	43:35.7	14:04/M
2 *	Chris Crain	Paw Paw MI	34	434	38	45:29.6	14:40/M
3 *	Allen Carleson		30	426	63	48:23.7	15:36/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Christina Lounsbury		39	525	40	45:36.0	14:43/M
2 *	Amy Brock	Scotts MI	39	421	51	47:35.9	15:21/M
3 *	Jacque Adams	Paw Paw MI	35	404	97	51:49.1	16:43/M
4	Shawna Crain	Paw Paw MI	38	435	99	51:51.7	16:44/M
5	Terri Lamb	Paw Paw MI	39	521	105	52:15.3	16:51/M
6	Kelly Kuhlmann	Paw Paw MI	38	519	120	54:17.7	17:31/M
7	Amanda Herbert	Paw Paw MI	35	483	122	54:23.2	17:33/M
8	Rebecca Herbert		39	643	151	56:51.1	18:20/M
9	Sarah Hadley	Saint Joseph MI	38	475	159	57:44.5	18:37/M
10	Becky Moffit		39	533	174	1:00:42.8	19:35/M
11	Sarabeth Horton	Niles MI	36	495	193	1:03:38.6	20:32/M
12	Rebecca Key	Gobles MI	38	509	200	1:06:14.1	21:22/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Gerald Armourille		38	612	3	37:03.8	11:57/M
2 *	Andy Adams	Paw Paw MI	38	401	39	45:33.8	14:42/M
3 *	Jeff Lounsbury		38	526	74	49:29.9	15:58/M
4	Andy Barr		37	413	165	58:40.2	18:55/M
5	Scott Belford		39	622	166	59:30.5	19:12/M
6	Nick Hudeck	Kalamazoo MI	36	497	205	1:07:46.1	21:52/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Angela Rueff	Lawton MI	41	567	20	43:45.6	14:07/M
2 *	Peggy Noble	Lawton MI	43	544	21	43:46.0	14:07/M
3 *	Holly Bishop		40	614	25	44:26.8	14:20/M
4	Catherine Foune	Gobles MI	40	458	32	45:08.7	14:34/M
5	Melinda Stockwell		43	637	57	47:51.0	15:26/M
6	Stephanie Parman	Paw Paw MI	42	551	77	49:44.8	16:03/M

2015 Grape Lake 5K

Age Group Results**Walk**

Female 40 to 44

Place	Name	City	Age	Bib No	Overall	Time	Pace
7	Lindy Baldwin	Gobles MI	41	411	83	50:38.4	16:20/M
8	Angela Trupo		41	624	104	52:00.1	16:46/M
9	Denean Baker	Paw Paw MI	44	410	117	54:03.8	17:26/M
10	Tonya Lewis	Kalamazoo MI	43	523	124	54:36.0	17:37/M
11	Karri Porco	Portage MI	44	557	125	54:36.2	17:37/M
12	Kristin Schenck	Fishers IN	42	569	136	55:35.7	17:56/M
13	Angie Sontag	Libertyville IL	41	580	137	55:38.0	17:57/M
14	Amy Pollak	Fishers IN	42	555	139	55:38.9	17:57/M
15	Jennifer Bailey	Allegan MI	40	408	152	56:56.6	18:22/M
16	Angela Brcka	Kalamazoo MI	44	420	153	56:57.1	18:22/M
17	Amy Thayer	Plainwell MI	40	593	155	57:37.4	18:35/M
18	Sunny Schenkel	Decatur MI	42	571	161	57:47.9	18:38/M
19	Tracy Goss		42	470	164	58:40.0	18:55/M
20	Kristen Knotek		40	636	189	1:03:26.0	20:28/M
21	Dawn Vanniman	Mattawan MI	44	599	196	1:05:31.7	21:08/M
22	Heather Stately	Paw Paw MI	40	582	204	1:06:16.6	21:23/M
23	Veronica Stillson	Paw Paw MI	42	585	206	1:07:59.1	21:56/M

Male 40 to 44

Place	Name	City	Age	Bib No	Overall	Time	Pace
1 *	Matthew West		43	606	170	1:00:39.3	19:34/M
2 *	Russell Cruzan Sr		44	438	171	1:00:39.9	19:34/M
3 *	Michael (buddy) Vantuyle		42	600	183	1:01:56.4	19:59/M
4	Shawn Jones		43	506	186	1:02:09.8	20:03/M

Female 45 to 49

Place	Name	City	Age	Bib No	Overall	Time	Pace
1 *	Mary Hiestand		49	490	12	40:22.6	13:01/M
2 *	Kamoka Castaneda		46	638	26	44:50.9	14:28/M
3 *	Anna Blankshain	Mattawan MI	49	418	66	48:40.3	15:42/M
4	Cheri Adams	Paw Paw MI	48	402	84	50:38.4	16:20/M
5	Paula Jones	Grand Rapids MI	49	505	96	51:36.4	16:39/M
6	Lisa Johnson	Kalamazoo MI	47	501	100	51:52.4	16:44/M
7	Barbara Parish	Paw Paw MI	47	550	123	54:35.8	17:36/M
8	Joanne Ramey	Plainfield IL	45	558	127	54:45.4	17:40/M
9	Cindy Collins-Jenkins	Kalamazoo MI	46	429	128	54:45.7	17:40/M
10	Claudine Damaske	Paw Paw MI	46	439	129	54:50.1	17:41/M
11	Delora Rupe		49	631	130	55:09.5	17:47/M

2015 Grape Lake 5K

Age Group Results**Walk**

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
12	Kerrie Best	Carmel IN	46	416	138	55:38.5	17:57/M
13	Shannon Smith	Traverse City MI	45	579	144	56:00.9	18:04/M
14	Heather Peterson	Bangor MI	47	553	158	57:44.1	18:37/M
15	Jackie Cruzan		45	436	172	1:00:40.0	19:34/M
16	Stacy Hiemstra	Paw Paw MI	46	488	191	1:03:36.4	20:31/M
17	Shawn French	Kalamazoo MI	45	460	197	1:05:32.0	21:08/M
18	Amy Baker	Allegan MI	46	409	199	1:06:12.7	21:21/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Michael Hiestand		47	492	9	39:29.2	12:44/M
2 *	Skyler Ouerbolts		45	632	126	54:36.8	17:37/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Sharon Weems	Allegan MI	51	603	8	39:12.8	12:39/M
2 *	Cheryl Nielsen	Lawton MI	51	541	14	41:23.2	13:21/M
3 *	Cindy Beach	Lawton MI	54	414	16	43:06.7	13:54/M
4	Teri Cap	Coloma MI	50	425	19	43:37.8	14:04/M
5	Jerilyn Whitworth		51	633	42	45:42.8	14:45/M
6	Valerie Newman	Eau Claire MI	53	540	46	46:40.4	15:03/M
7	Kathy Hadaway		54	635	47	46:44.4	15:05/M
8	September Kirvan	Paw Paw MI	54	511	48	46:49.6	15:06/M
9	Lisa Dolezan	Benton Harbor MI	51	442	55	47:43.8	15:24/M
10	Dina Molter	Paw Paw MI	51	534	56	47:44.0	15:24/M
11	Julie Pond	Three Rivers MI	53	556	58	47:53.3	15:27/M
12	Paula Akers	Mattawan MI	52	405	68	48:56.6	15:47/M
13	Kim Olrich	Kalamazoo MI	50	547	87	50:52.9	16:25/M
14	Karole Michalka	Portage MI	51	531	92	51:29.3	16:36/M
15	Ingrid Rozenbergs	Kalamazoo MI	53	566	95	51:35.9	16:38/M
16	Anne Foote	Paw Paw MI	50	457	98	51:50.5	16:43/M
17	Anita De Young	Paw Paw MI	50	441	102	51:54.4	16:45/M
18	Bonnie Stuu		50	623	103	52:00.1	16:46/M
19	Donna Blair	Mattawan MI	52	417	108	52:46.4	17:01/M
20	Rhonda Stull	Paw Paw MI	54	588	114	53:51.5	17:22/M
21	Cheri Duncan	Lawrence MI	53	444	118	54:10.0	17:28/M
22	Lura Elie	Portage MI	51	449	132	55:19.9	17:51/M
23	Julie Moser	Decatur MI	54	537	143	55:59.3	18:04/M

2015 Grape Lake 5K

Age Group Results**Walk**

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
24	Shelly Van Goeye	Holland MI	50	596	145	56:16.7	18:09/M
25	Nancy Vanhoeven	Lawton MI	54	598	147	56:21.6	18:11/M
26	Denise Consford	Bloomingtondale MI	52	431	162	58:30.8	18:52/M
27	Patty Lathrop		50	619	167	59:30.7	19:12/M
28	Amy Belford		51	621	168	59:46.6	19:17/M
29	Kathy Stamp		54	581	184	1:01:57.5	19:59/M
30	Margot Kinnear	Paw Paw MI	52	510	203	1:06:15.6	21:22/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Harry Nielsen	Lawton MI	53	542	22	44:02.9	14:12/M
2 *	Charles Duncan	Lawrence MI	51	443	41	45:41.5	14:44/M
3 *	Kerry Hershberger	Edwardsburg MI	54	485	67	48:53.1	15:46/M
4	Ronald Rathgeb	Bridgman MI	51	561	150	56:33.9	18:15/M
5	Randal Doty		51	620	169	1:00:03.7	19:22/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Connie Vargo	Paw Paw MI	55	601	10	39:32.0	12:45/M
2 *	Cindy Thomas	Marcellus MI	56	594	11	39:56.9	12:53/M
3 *	Barbara Strong	Bloomingtondale MI	59	587	24	44:25.2	14:20/M
4	Denise Hicks		58	487	44	46:13.1	14:55/M
5	Cyndi Albertson		58	625	50	47:32.8	15:20/M
6	Cindy Goldberg	Paw Paw MI	59	467	52	47:37.0	15:22/M
7	Deb Moormann	Lawton MI	58	536	61	48:01.8	15:29/M
8	Karen Sampsell	Plano TX	55	568	70	49:05.6	15:50/M
9	Barbara Campbell	Paw Paw MI	56	424	73	49:29.2	15:58/M
10	Karen Newman	Decatur MI	56	539	80	50:13.8	16:12/M
11	Tonda Warner	Paw Paw MI	56	602	81	50:14.3	16:12/M
12	Cindy Sharp	Kalamazoo MI	57	575	90	51:01.7	16:27/M
13	Peggy Mulrenin	Orange VA	59	538	110	53:35.7	17:17/M
14	Kerry Eldred	Lawton MI	57	448	111	53:36.3	17:17/M
15	Anne Eldred	Mattawan MI	58	447	113	53:49.3	17:22/M
16	Donna Reeder	Lawrence MI	55	562	142	55:58.5	18:03/M
17	Connie Knapp	Lawton MI	56	512	146	56:19.5	18:10/M
18	Diane Horn	Schoolcraft MI	58	493	154	57:32.5	18:34/M
19	Peggy Flynn	Paw Paw MI	56	456	157	57:38.0	18:35/M
20	Cathy Esman	Dowling MI	58	450	176	1:01:08.2	19:43/M

2015 Grape Lake 5K

Age Group Results

Walk

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Tony Coston	Grand Rapids MI	57	433	27	44:54.6	14:29/M
2 *	Don Banner	Parchment MI	58	412	29	45:03.5	14:32/M
3 *	Paul Albertson	Pawpaw MI	58	406	36	45:24.0	14:39/M
4	Paul Jacobs		57	500	72	49:23.4	15:56/M
5	Charlie Babcock	Dowling MI	55	407	175	1:01:07.6	19:43/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Leslie Lami-Reed		63	627	6	38:54.3	12:33/M
2 *	Barb Wolfrum		60	639	13	41:01.4	13:14/M
3 *	Sherie Reeves	Lawton MI	61	563	30	45:06.1	14:33/M
4	Sherry Huizinga	Kalamazoo MI	64	499	33	45:10.2	14:34/M
5	Sylvia Tenant	Paw Paw MI	60	592	59	47:55.8	15:27/M
6	Cynthia Kent	Paw Paw MI	63	508	65	48:35.3	15:40/M
7	Cara Knippel	Aiken SC	64	514	106	52:28.7	16:55/M
8	Clare Olney	Mattawan MI	60	546	112	53:44.8	17:20/M
9	Patty Roberts	Plainwell MI	63	565	131	55:18.3	17:50/M
10	Linda Schum		62	613	177	1:01:09.3	19:44/M
11	Kathleen Stratton	Paw Paw MI	64	586	188	1:02:55.6	20:18/M
12	Raina Willoughby	Vicksburg MI	61	608	194	1:03:39.3	20:32/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	John Huizinga	Kalamazoo MI	64	498	34	45:10.5	14:34/M
2 *	Larry Wolfrum		64	640	45	46:16.9	14:55/M
3 *	David Moormann	Lawton MI	64	535	62	48:02.8	15:30/M
4	Mark Steele	Kalamazoo MI	63	583	94	51:30.6	16:37/M
5	Jake Schenkel	Decatur MI	61	570	160	57:47.5	18:38/M
6	Michael B Lounsbury		62	527	181	1:01:55.3	19:58/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Carolyn Haske		68	629	17	43:14.4	13:57/M
2 *	Vada Sherburn	Lawton MI	66	576	23	44:21.7	14:18/M
3 *	Cheryl Albert		68	617	37	45:29.4	14:40/M
4	Patsy Harring	Paw Paw MI	69	480	88	51:01.5	16:27/M

2015 Grape Lake 5K

Age Group Results

Walk

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
5	Linda Young	Grand Rapids MI	68	609	107	52:29.4	16:56/M
6	Barbara Seelye	Decatur MI	68	574	134	55:22.7	17:52/M
7	Jacqueline Noble	Marcellus MI	66	543	140	55:42.1	17:58/M
8	Linda Vangoeye	Pawpaw MI	66	597	149	56:27.6	18:13/M
9	Paulete Pasterik	Pawpaw MI	68	552	187	1:02:54.6	20:17/M
10	Helen Gronau	Pawpaw MI	67	473	201	1:06:14.6	21:22/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Bruce Gelbaugh	Plainwell MI	65	464	5	38:51.5	12:32/M
2 *	Greg Zaucha	Paw Paw MI	68	610	78	49:56.0	16:06/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Alice Otto	Plainfield IL	72	548	91	51:12.4	16:31/M
2 *	Nancy Hall	Gobles MI	72	478	109	52:53.7	17:04/M
3 *	Lola Smith	Lawton MI	70	578	133	55:22.5	17:52/M
4	Phyllis Oxley	Lawton MI	71	549	141	55:42.2	17:58/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Roger Albert		71	616	4	38:21.9	12:22/M
2 *	Keith Haring		72	634	89	51:01.6	16:27/M

Female 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
	* No Finishers					0:00.0	

Male 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
	* No Finishers					0:00.0	

2015 Grape Lake 5K

Age Group Results

Walk

Race Date
September 12, 2015

Female 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Barbara Goodwin		80	611	93	51:30.0	16:37/M

Male 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
* No Finishers						0:00.0	