

Race Date  
August 20, 2015

# 2015 North Township Run 4 Freedom 5K

## Age Group Results

### 5K Run

#### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nikki Trama		27	4498	5	24:40.4	7:31/M
2	Richelle Vander Zee		44	4444	6	25:14.9	7:42/M
3	Jessica Maravilla		29	4497	7	26:00.3	7:56/M

#### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ralph Nurse		38	4434	1	18:49.3	5:44/M
2	Sean Schuster		52	4439	2	22:14.2	6:47/M
3	Bob Turek		58	4442	3	23:35.2	7:11/M

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#### Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lindsey Damore		28	4493	14	29:25.3	8:58/M

#### Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Grace Bonilla		33	4428	9	26:35.7	8:06/M
2	Melissa Pietraszak		30	4490	16	30:15.3	9:13/M
3	Svetlana Maksimovich		34	4435	18	32:34.9	9:56/M

#### Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Victor Bonilla		32	4429	8	26:33.1	8:06/M

#### Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kimberly Skrbina		36	4440	19	33:18.5	10:09/M

#### Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joe Trathen		38	4496	12	28:12.9	8:36/M
2	Matt Snell		35	4441	25	49:08.6	14:59/M

#### Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bob Vander Zee		44	4443	4	23:54.8	7:17/M
2	Jack DeLeeuw		44	4494	11	28:06.3	8:34/M

#### Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lara Heritage		46	4433	24	49:06.4	14:58/M

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#### Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jorge Gutierrez		46	4431	15	30:00.6	9:09/M

#### Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jill White		50	4445	22	37:04.8	11:18/M

#### Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Molon		53	4491	23	37:26.8	11:25/M

#### Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	LILLIAN RUIZ		57	4438	17	31:18.3	9:33/M
2	Denise Damore		56	4495	20	35:32.1	10:50/M

#### Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bill Hanson		58	4432	10	27:30.5	8:23/M
2	Thomas Nedza		55	4492	13	28:57.5	8:50/M

#### Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jan Regnier		71	4437	21	35:36.5	10:51/M