

# 2014 Trinity Triumph 5K

## Age Group Results

Race Date

June 28, 2014

### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tamera Munch		37	5874	6	22:12.1	7:10/M

### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Evan Mitchell		15	5871	1	17:41.3	5:42/M

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June 28, 2014

## Female No Age Provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rachel Szykowny		0	5903	135	56:25.3	18:12/M

## Female 12 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lexy Sams		11	5890	18	25:01.6	8:04/M
2	Elizabeth Blaesing		12	5806	56	29:46.1	9:36/M
3	Ellie Pacyga		6	5882	117	42:52.8	13:50/M
4	Epiphany Shaw		11	5949	128	53:15.1	17:11/M
5	Hannah Chapman		11	5950	129	53:18.2	17:12/M
6	Emily Mephram		11	5869	130	53:42.1	17:19/M

## Male 12 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Wyatt Corley		12	5810	23	25:19.8	8:10/M
2	Matthew Lauer		8	5859	75	32:53.3	10:36/M
3	Peter Derdzinski		12	5816	79	33:38.7	10:51/M
4	Michael Lauer		11	5858	80	33:53.3	10:56/M
5	Nathan Ellis		8	5824	107	40:11.2	12:58/M

## Female 13 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Heather Voss		16	5910	54	29:33.3	9:32/M
2	Kelly Altman		13	5946	78	33:26.7	10:47/M
3	Meghan Seiler		19	5895	84	34:06.5	11:00/M
4	Sandy Sutton		18	5902	95	35:54.5	11:35/M
5	Alexis Zola		19	5919	111	40:36.6	13:06/M

## Male 13 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nick Diaz		18	5817	2	20:04.6	6:28/M
2	Brandon Voss		17	5909	5	22:11.7	7:09/M
3	Maxwell Munch		15	5875	10	23:33.1	7:36/M
4	Kevin Gora		14	5834	16	24:34.4	7:55/M
5	James W. Noonan		16	5878	20	25:11.5	8:07/M
6	Blake Balaja		19	5802	27	26:05.5	8:25/M
7	Alexander McCormick		19	5864	30	26:26.1	8:32/M

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## Male 13 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
8	Justin Ellis		13	5826	31	26:39.2	8:36/M
9	Simon Egner		17	5821	59	29:58.3	9:40/M
10	Vincent Noonan		14	5879	61	30:16.2	9:46/M
11	Connor Welch		18	5913	72	32:44.6	10:34/M
12	Billy Munch		19	5876	73	32:48.5	10:35/M
13	Jonathon Havens		19	5935	104	39:55.4	12:53/M
14	Christopher Lauer		14	5857	132	53:51.8	17:22/M

## Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Meg Vertovec		23	5943	9	23:27.6	7:34/M
2	Whitlee Witte		26	5916	14	23:49.5	7:41/M
3	Jenna Vickers		27	5907	48	29:00.2	9:21/M
4	Amy Kerulis		23	5851	90	35:19.8	11:24/M
5	Rachel Ellinger		28	5940	91	35:22.6	11:25/M
6	Samantha Sutton		20	5901	94	35:53.5	11:35/M
7	Nicole Spencer		28	5900	114	40:59.3	13:13/M
8	Claire MacFarlane		26	5863	118	43:29.9	14:02/M
9	Beth Juern		29	5850	119	45:45.3	14:45/M
10	Breanna Foley		23	5928	120	46:30.4	15:00/M
11	Marisa		24	5929	121	46:30.6	15:00/M
12	Jackie Goulding		23	5835	122	46:33.9	15:01/M
13	Courtney Winfrey		27	5914	125	47:58.1	15:28/M
14	Katie Sekulski		28	5925	127	51:02.2	16:28/M

## Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Greg Pronger, II		26	5885	7	22:12.8	7:10/M
2	Tyler Welch		21	5912	24	25:30.8	8:14/M
3	Joseph Hendrickson		27	5840	34	27:08.5	8:45/M
4	Jeffrey Smolenski		24	5899	39	27:44.3	8:57/M
5	Patrick Hixson		24	5846	113	40:57.9	13:13/M
6	Matthew Sekulski		29	5926	126	51:02.1	16:28/M
7	Ryan Evans		28	5827	134	56:24.1	18:12/M

## Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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## Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rebecca Smentek		36	5898	25	25:41.6	8:17/M
2	Tina Kilgore		31	5852	38	27:41.3	8:56/M
3	Amy Corley		35	5811	41	27:56.6	9:01/M
4	Lisa Short		34	5897	45	28:24.8	9:10/M
5	Heather Prabish		37	5937	63	30:32.4	9:51/M
6	April Lancaster		39	5923	66	31:32.8	10:10/M
7	Nory Riniker		39	5888	67	31:59.2	10:19/M
8	Toni Mohorek		35	5933	70	32:10.1	10:23/M
9	Kimberly Boye		33	5808	71	32:17.6	10:25/M
10	Bonnie Hassan		37	5839	76	32:53.4	10:36/M
11	Katie Ryan		37	5889	86	34:13.5	11:02/M
12	Angela Palladrino		31	5938	89	35:18.4	11:23/M
13	Barbara Monier		38	5872	103	39:43.1	12:49/M
14	Joyelle Pacyga		38	5881	116	42:51.4	13:49/M

## Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Abramczyk		36	5801	13	23:47.2	7:40/M
2	Scott Hopkins		32	5847	36	27:29.1	8:52/M
3	Adam Dilworth		35	5819	40	27:52.1	8:59/M
4	Michael Mecozzi		33	5868	43	28:07.1	9:04/M
5	Keenan Gibbons		31	5831	50	29:19.8	9:27/M
6	Ellis Craft		35	5813	58	29:54.1	9:39/M
7	Rick Tosch		35	5906	82	34:03.8	10:59/M
8	Dale Zawada		30	5918	93	35:51.9	11:34/M

## Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Fran Gleason		41	5832	29	26:12.6	8:27/M
2	Dawn Winters		40	5915	46	28:26.1	9:10/M
3	Charlene Hamann		41	5921	47	28:37.2	9:14/M
4	Linda Crimmins		48	5814	49	29:06.3	9:23/M
5	Jacquelyn Handzik		43	5836	52	29:23.2	9:29/M
6	Annmarie Lindgren		45	5861	53	29:32.2	9:32/M
7	Liz Ross		48	5934	55	29:38.7	9:34/M
8	Lori Cortese		41	5812	57	29:47.1	9:36/M
9	Mary Farrell		48	5828	62	30:30.3	9:50/M
10	Maureen Talty		47	5904	64	30:45.2	9:55/M
11	Lisa Schmollinger		47	5893	65	30:46.4	9:55/M

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## Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
12	Annette Dorch		44	5820	68	32:07.5	10:22/M
13	Lynda Balaja		47	5803	69	32:07.6	10:22/M
14	Sharie Clement		41	5932	83	34:04.6	10:59/M
15	Rebecca Heckler		46	5944	85	34:06.6	11:00/M
16	Cari Didion Jones		40	5818	92	35:33.6	11:28/M
17	Bernadette Olmos		43	5947	97	37:35.5	12:07/M
18	Laura Hernandez		44	5948	105	39:55.8	12:53/M
19	Carol Voss		46	5908	106	40:10.8	12:57/M
20	Robin Ellis		42	5825	108	40:11.4	12:58/M
21	Sue Rademacher		49	5886	109	40:26.3	13:03/M
22	Jen Zola		41	5920	110	40:34.8	13:05/M
23	Julie Brassard		48	5939	112	40:57.1	13:13/M
24	Terry McCormick		45	5866	115	41:59.8	13:33/M
25	Christine Blaesing		44	5807	123	46:56.3	15:08/M
26	Laura Lauer		43	5856	131	53:49.2	17:22/M

## Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Mellor		43	5924	3	20:55.3	6:45/M
2	Donald Gabriel		49	5829	4	21:16.4	6:52/M
3	Charles Egner		46	5823	11	23:34.3	7:36/M
4	Troy Bird		46	5805	19	25:06.9	8:06/M
5	Carl Indovina		49	5922	22	25:19.2	8:10/M
6	Dave Hutter		48	5848	26	25:44.8	8:18/M
7	George Yaconi		45	5917	32	26:42.9	8:37/M
8	Matt Riniker		44	5887	33	26:43.5	8:37/M
9	Dave Lauer		44	5860	74	32:51.2	10:36/M
10	Dan Seeber		46	5951	96	35:55.4	11:35/M
11	Bryan Breen		47	5809	99	38:02.1	12:16/M
12	Greg Ladalski		42	5854	100	38:41.9	12:29/M
13	Robert Munch		47	5873	101	39:02.8	12:35/M

## Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cathy Simmons		54	5945	42	27:58.6	9:01/M
2	Debbie Scheckel		59	5892	77	33:06.2	10:41/M
3	Karen Battles		51	5804	88	35:07.1	11:20/M
4	Karen White		52	5927	102	39:23.7	12:42/M

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### Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joe Gaul		53	5830	8	22:15.1	7:11/M
2	Brian Pigney		50	5883	12	23:41.5	7:38/M
3	Tom Vertovec		55	5942	17	24:49.4	8:00/M
4	Tim Crnkovic		52	5815	21	25:16.6	8:09/M
5	Bill Gora		54	5833	35	27:17.2	8:48/M
6	Joseph Welch		52	5911	44	28:18.8	9:08/M
7	Terry Jobbe		56	5936	51	29:21.9	9:28/M
8	James V. Noonan		50	5877	60	30:14.8	9:45/M
9	Govind Ramaduras		51	5930	87	34:31.6	11:08/M
10	Mark Novorolsky		51	5880	98	37:41.9	12:09/M
11	Alex Tomanovich		52	5941	133	53:57.2	17:24/M

### Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Barbara Harte		61	5837	28	26:11.5	8:27/M

### Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Neil Liptak		63	5862	37	27:34.3	8:54/M
2	David Jaspers		61	5849	81	33:58.3	10:57/M

### Female 70 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
	No Finishers						

### Male 70 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dave McGuire		74	5867	15	24:02.1	7:45/M

### Female 80 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
	No Finishers						

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### Male 80 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jim Barry		83	5931	124	47:39.6	15:22/M