

2014 Spring Sprint

Age Group Results

Race Date
May 03, 2014

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alison VanderWoude	Hammond	34	571	12	24:03.6	7:45/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Seth Bleyenbergh		14	4226	1	19:52.4	6:25/M

Female 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Libby Hillegonds		13	4237	32	27:52.8	8:59/M
2	Amanda Ophoff	Saint John	14	550	43	29:49.9	9:37/M
3	Nicole Zandstra	Lansing	14	578	53	31:29.8	10:09/M
4	Morgan Vandergriend	Lansing	12	566	55	31:48.1	10:15/M
5	Carly Huizenga	St. John	10	529	57	32:27.4	10:28/M
6	Abby VanDerNoord	Crete	11	567	60	33:02.5	10:39/M
7	Hanna Vermeer	St. John	8	575	80	44:24.8	14:19/M

Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Luke VanBaren	Cedar Lake	12	555	9	22:41.3	7:19/M
2	Thad VanBaren	Cedar Lake	12	562	10	22:56.7	7:24/M
3	Sam Lenting	St. John	13	541	17	25:10.9	8:07/M
4	Colin Daniels	Crete	12	509	21	26:15.6	8:28/M
5	Jed Ophoff	Saint John	10	551	22	26:21.1	8:30/M
6	Silas VanBaren	Cedar lake	9	561	24	26:36.5	8:35/M
7	Dale VanDerNoord		14	568	29	27:46.5	8:57/M
8	Jared VanBaren	Cedar Lake	11	554	30	27:47.5	8:58/M
9	Tyler Lenting	St. John	10	537	56	32:25.1	10:27/M
10	Jonathon Hillegonds		10	4256	58	32:49.4	10:35/M
11	Carter Vandergriend	Lansing	10	564	62	33:42.4	10:52/M
12	David Holleman	Dyer	11	527	71	40:01.1	12:55/M
13	Joshua Houck	Cedar Lake	11	528	72	40:01.9	12:55/M
14	Troy Ophoff	Lynwood	10	549	73	41:30.3	13:23/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kamryn Daniels	Crete	15	511	59	32:55.6	10:37/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Isaac VanBaren	Cedar lake	16	560	6	21:22.2	6:54/M
2	Calvin VanBaren	Cedar lake	15	559	8	21:52.1	7:03/M
3	Michael Gagliardi	Ogden Dunes	15	524	26	27:05.5	8:44/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kara Dorn	Matteson	22	516	31	27:51.2	8:59/M
2	Liz Van Drunen		24	4268	33	28:06.4	9:04/M
3	Jessica Vander Ploeg	Manteno	23	563	38	28:16.4	9:07/M
4	Lynnae Van Voorthuysen	Chicago Heights	23	552	45	30:20.6	9:47/M
5	Christina Zandstra	Lansing	22	579	61	33:37.8	10:51/M
6	Erin VanDerNoord	Dyer	24	570	67	35:17.4	11:23/M
7	Tracy Kooy	Crete	24	532	69	38:06.2	12:17/M
8	Lauren Wiltjer	Cedar Lake	23	577	70	39:16.3	12:40/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Blake DeBoer	Hudsonville	22	514	2	20:30.2	6:37/M
2	Tyler De Jong	Dyer	24	513	11	23:46.2	7:40/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Amanda VanNoort	St. John	29	573	13	24:56.2	8:03/M
2	Sarah Lindemulder	Crown Point	27	545	47	31:07.2	10:02/M
3	Jennifer VanBaren	crown point	27	558	52	31:28.8	10:09/M
4	Ashley Vanbaren		25	4272	68	37:56.2	12:14/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Zachary Lanting	Schererville	25	533	3	20:47.2	6:42/M
2	Johnathan Mahtani	St. John	29	546	4	20:50.3	6:43/M
3	David Warner	Dyer	25	576	14	24:59.9	8:04/M
4	Justin Verburg	Dyer	29	574	20	26:00.2	8:23/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Pamela Dykstra	Lansing	32	519	16	25:02.8	8:05/M
2	Tiffany VanBaren	Cedar Lake	34	557	35	28:09.4	9:05/M
3	Laura Mulder	Saint John	32	548	39	28:20.7	9:08/M
4	Elizabeth Vandergriend	Lansing	35	565	48	31:22.7	10:07/M
5	Rachel Brazil	Valparaiso	30	506	50	31:27.1	10:09/M
6	Jennifer Medema	Cedar Lake	35	547	51	31:28.3	10:09/M

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Female 30 to 39

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7	Stacy Lenting	St. John	34	539	54	31:44.4	10:14/M
8	Bethanne Lenting	Beecher	37	542	64	34:12.1	11:02/M
9	April Armendariz	St. John	35	502	65	34:38.2	11:10/M
10	Brandyn Armendariz	Merrillville	33	503	66	34:43.3	11:12/M
11	Lindy Hanko	Hudsonville	35	526	79	44:23.6	14:19/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stephan DeJong	Crete	37	515	5	21:18.1	6:52/M
2	Ryan Dykstra	Dyer	33	520	7	21:47.3	7:02/M
3	Nathan Haak	Lansing	37	525	15	25:00.7	8:04/M
4	Eric VanBaren	Cedar Lake	34	556	23	26:27.2	8:32/M
5	Eric Armendariz	Merrillville	37	504	28	27:17.1	8:48/M
6	Bryan Evancho	Lowell	34	522	36	28:10.6	9:05/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rachel Hillegonds		42	4230	18	25:38.3	8:16/M
2	Wendy Vroom		43	4265	27	27:11.6	8:46/M
3	Lisa Daniels	Crete	47	510	37	28:11.5	9:05/M
4	Beth VanBaren	Beecher	40	553	40	29:26.4	9:30/M
5	Jann Huizinga	Cedar Lake	42	530	41	29:40.4	9:34/M
6	Leah Lenting	Crete	49	544	49	31:26.9	10:08/M
7	Audra Andringa	South Holland	46	501	75	43:10.5	13:55/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Steve Huizinga	Cedar Lake	42	531	19	25:44.4	8:18/M
2	Greg Lenting	St. John	40	540	25	26:51.4	8:40/M
3	Michael Feenstra	Cedar Lake	41	523	46	30:43.1	9:55/M

Female 50 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Shelley VanDerNoord	Crete	55	569	44	29:54.1	9:39/M
2	Jan Lanting	Dyer	63	534	63	33:55.8	10:56/M
3	Linda Lenting	Lynwood	57	538	74	41:59.6	13:33/M

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Female 50 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Judy Bleyenburg	South Holland	69	505	76	43:11.1	13:56/M
5	Jann Bruinsma	Crete	58	508	78	44:01.4	14:12/M
6	Alice Dykshorn	Dyer	60	517	81	55:47.8	18:00/M
7	Trudy Lenting	South Holland	69	543	83	57:28.8	18:32/M

Male 50 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Keith VanDrunen	Lansing	55	572	34	28:07.8	9:04/M
2	Mike Elzinga	Grandville	57	521	42	29:42.6	9:35/M
3	Don Bruinsma	Crete	62	507	77	43:41.2	14:05/M
4	John Dykshorn	Dyer	59	518	82	57:27.6	18:32/M