

2014 Spirit Run 5K

Age Group ResultsRace Date

March 08, 2014

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Karen Nagel		34	6462	9	20:55.2	6:45/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Leo Frey	Valparaiso	47	6676	1	18:21.6	5:55/M

Female Masters Winner Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Heather Henderlong		43	6436	14	21:41.5	7:00/M

Male Masters Winner Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Ahner		61	6791	10	21:02.5	6:47/M

2014 Spirit Run 5K

Age Group ResultsRace Date

March 08, 2014

Female 8 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Payton Boyer	Lowell	7	6619	102	30:36.5	9:52/M
2	Grace Thomas	Valparaiso	8	6774	109	31:38.9	10:12/M
3	Becca Cavanaugh	Valparaiso	7	6629	144	34:56.8	11:16/M
4	Sophie Clements	Valparaiso	3	6641	187	40:37.7	13:06/M
5	Ava Pruzin	Chesterton	8	6733	193	41:18.0	13:19/M
6	Elle Urbawiak		6	6497	221	58:16.1	18:48/M

Male 8 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brady Cavanaugh	Valparaiso	7	6630	106	31:24.2	10:08/M
2	Cole Kovanda		4	5752	141	34:49.4	11:14/M
3	John Clements	Valparaiso	8	6636	183	40:17.6	13:00/M
4	Victor Rans	Valparaiso	6	6740	213	50:11.7	16:11/M

Female 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Reilly Boyer	Lowell	9	6620	34	24:25.2	7:53/M
2	Payton Kovanda		9	5733	78	28:43.1	9:16/M
3	Dakata Kovanda		10	5743	155	36:23.3	11:44/M
4	Bridget Sterman		9	5728	172	38:50.1	12:32/M
5	Grace Mulshine	Chesterton	10	6717	178	39:40.8	12:48/M
6	Taylor Powell		10	5721	182	39:52.7	12:52/M
7	Zoe Irving	Chesterton	9	6690	196	41:19.5	13:20/M
8	Maggie Nicksic	Valparaiso	10	6722	200	42:36.5	13:45/M
9	Katie Woodburn		9	5757	202	44:13.9	14:16/M
10	Kara Urbowiak		9	6566	220	58:10.9	18:46/M

Male 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brady Byvoets		10	6795	54	26:20.3	8:30/M
2	Ethan Kost		9	6797	63	26:55.5	8:41/M
3	Daniel O'Shea		10	6726	114	32:34.7	10:30/M
4	Zack Brown		10	5687	117	32:45.5	10:34/M
5	Camyrn Urbowiak		9	6370	152	35:48.2	11:33/M
6	Patrick Brogan		10	6624	159	37:02.7	11:57/M
7	Peter Clements	Valparaiso	9	6639	166	37:47.9	12:11/M
8	Sam Dull	Valparaiso	9	6662	224	1:20:22.4	25:55/M

2014 Spirit Run 5K

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March 08, 2014

Female 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lilli Greiner	Valparaiso	11	6681	74	28:32.1	9:12/M
2	Giana Ballard	Crown Point	11	6612	80	28:46.2	9:17/M
3	Mallory Morrison	Valparaiso	11	6713	142	34:51.5	11:15/M
4	Madeline Clements	Valparaiso	12	6637	156	36:25.0	11:45/M
5	Madison Rowley	Chesterton	11	6745	157	36:27.4	11:45/M

Male 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sam Stanzinski		12	6419	21	22:22.7	7:13/M
2	Tommy Cavanaugh	Valparaiso	12	6632	49	25:54.1	8:21/M
3	Nolan Gerig		12	6798	62	26:50.3	8:39/M
4	Jojo Arulandu	Valparaiso	11	6607	96	30:06.3	9:43/M
5	Robert Pruzin	Chesterton	11	6734	127	33:48.1	10:54/M
6	Gabe Schmaltz		11	6753	128	33:50.5	10:55/M
7	Tucker Ellis	Wheatfield	11	6668	150	35:24.2	11:25/M
8	Robert Woodburn		12	5758	171	38:43.2	12:29/M

Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Erica Ashby	Ogden Dunes	14	6609	30	23:53.5	7:42/M
2	Jordyn Boyer		13	5717	33	24:23.7	7:52/M
3	Elena Kipp	Valparaiso	14	6697	35	24:25.2	7:53/M
4	Claire Brogan		13	6622	59	26:36.2	8:35/M
5	Victoria Vamos	Valparaiso	14	6780	113	32:03.2	10:20/M
6	Anna-Katherine Flude		13	6672	123	33:20.9	10:45/M
7	Carli Murkve	Valparaiso	14	6719	164	37:18.6	12:02/M
8	Sarah Sechrist		14	6758	191	41:10.5	13:17/M

Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carlos Martinez	Valparaiso	14	6705	3	19:38.6	6:20/M
2	Carl Frey	Valparaiso	14	6675	6	20:37.7	6:39/M
3	Nate Smith	Valparaiso	13	6763	7	20:50.1	6:43/M
4	Fulton Greiner	Valparaiso	13	6680	43	25:29.4	8:13/M
5	George A. Azar	Valparaiso	14	6610	58	26:27.7	8:32/M
6	Matthew Cavanaugh	Valparaiso	13	6631	104	30:48.0	9:56/M
7	Conor Imhoff		13	6343	153	35:57.0	11:36/M

2014 Spirit Run 5K

Age Group ResultsRace Date

March 08, 2014

Female 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
No Finishers							

Male 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brenden Gerig		15	6799	16	21:49.2	7:02/M
2	Brendan Mulshine	Chesterton	18	6716	48	25:45.4	8:18/M

Female 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ariel Langley		23	5709	19	22:15.5	7:11/M
2	Samanthaa Bartucci		24	5694	40	25:10.1	8:07/M
3	Kathryn Crook	Portage	24	6648	77	28:41.0	9:15/M

Male 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Philip Santay	Valparaiso	23	6750	45	25:40.9	8:17/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Megan Tracy	Chicago	26	6776	44	25:37.0	8:16/M
2	Alexandra Penry	Valparaiso	29	6728	90	30:00.9	9:41/M
3	Rebeca Dominguez	Portage	26	6658	107	31:25.9	10:08/M
4	Lindsey Damore	Highland	27	6652	108	31:26.3	10:08/M
5	Lauren Riga		29	6351	151	35:31.9	11:27/M
6	Amy Janik	Highland	29	6691	168	37:59.5	12:15/M
7	Alicia Cooper		26	6644	184	40:19.9	13:00/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Drazer	Chicago	27	6659	8	20:52.4	6:44/M
2	Nathan Oaf	Hobart	28	6723	37	24:44.6	7:59/M
3	Jake Cummins	Valparaiso	27	6649	71	28:01.6	9:02/M
4	Paul Watson	Valparaiso	29	6785	84	29:22.1	9:28/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Deanna Grimes		31	5677	61	26:44.0	8:37/M
2	Jacky Vandusseldorp	Valparaiso	31	6782	86	29:34.4	9:32/M
3	Stacey Urbaniak	Crown Point	30	6778	87	29:47.1	9:36/M
4	Angie Bernotus	Valparaiso	31	6617	94	30:05.0	9:42/M
5	Milagro Gonzalez	Lake Station	34	6678	99	30:18.8	9:46/M
6	Marie Fessler		31	5701	103	30:42.1	9:54/M
7	Holly Bartucci		30	5695	105	31:12.1	10:04/M
8	Michelle Masterson	Munster	32	6707	125	33:27.3	10:47/M
9	Tara Mayersky		31	6335	146	35:10.1	11:21/M
10	Jennifer Plys	Crown Point	31	6731	173	39:02.9	12:35/M
11	Stacey England	Valparaiso	32	6669	177	39:36.4	12:46/M
12	Melissa Harley		34	6350	181	39:52.7	12:52/M
13	Jamie Sechrist		33	6757	208	48:24.9	15:37/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brandon Hillman		31	5791	13	21:30.7	6:56/M
2	William Stalhandske	Hobart	31	6764	20	22:19.6	7:12/M
3	Jason Dageforde		33	5683	57	26:23.7	8:31/M
4	James Hus Jr		30	6432	149	35:20.3	11:24/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Amy Bratcher		39	5697	36	24:28.1	7:54/M
2	Cindy Steinbeck	Porter	39	6766	52	26:08.8	8:26/M
3	Mindi Whittaker	Valparaiso	37	6788	88	29:50.7	9:37/M
4	Carri Ables	Hobart	37	6601	97	30:14.5	9:45/M
5	Jessica Dickinson	Chesterton	35	6656	98	30:17.3	9:46/M
6	Heather Kost		39	6796	110	31:40.2	10:13/M
7	Samantha Ortegon	Porter	36	6725	119	32:50.6	10:35/M
8	Nicole Scheidt	Crown Point	35	6751	121	33:18.8	10:45/M
9	Jenny Schmaltz		39	6754	133	34:16.0	11:03/M
10	Robyn Carr	Chesterton	35	6628	167	37:53.3	12:13/M
11	Tiffany Irving	Chesterton	36	6689	194	41:18.2	13:19/M
12	Erin Jo Barber	Portage	38	6613	207	48:10.7	15:32/M
13	Sumer Evans		38	6793	211	49:14.2	15:53/M
14	Emily Rans	Valparaiso	36	6738	215	50:14.3	16:12/M

2014 Spirit Run 5K

Age Group ResultsRace Date

March 08, 2014

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Borman		36	5703	2	18:54.8	6:06/M
2	Ralph Nurse		36	5706	4	19:48.2	6:23/M
3	Chad Lawless	Kouts	37	6699	5	19:55.4	6:25/M
4	David Bradley		39	6409	11	21:04.9	6:48/M
5	Bill Dickinson	Chesterton	36	6655	29	23:42.2	7:39/M
6	Daniel Luce	Valparaiso	38	6701	39	25:01.9	8:04/M
7	Anson Wood		37	6344	41	25:19.7	8:10/M
8	Paul Parson		35	6454	46	25:43.5	8:18/M
9	Christopher Cox		39	6647	136	34:24.8	11:06/M
10	Jay Rans	Valparaiso	39	6739	214	50:13.4	16:12/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Karen Spoor		43	5712	26	23:36.4	7:37/M
2	Lori Cook	Valparaiso	43	6643	64	27:08.7	8:45/M
3	Dawn Vamos	Valparaiso	42	6779	65	27:12.4	8:46/M
4	Shelley Bryant	Valparaiso	43	6626	82	28:52.0	9:19/M
5	Karen Walker	Portage	43	6783	130	34:10.2	11:01/M
6	Maria Hernandez	Schererville	40	6684	137	34:29.5	11:07/M
7	Laura Morrison	Valparaiso	43	6712	143	34:54.5	11:15/M
8	Veronica Franco	Highland	41	6673	154	35:58.1	11:36/M
9	April Kovanda		40	5744	158	36:28.8	11:46/M
10	Lily Vandersteeg	Schereville	43	6781	162	37:09.0	11:59/M
11	Kim Imhoff		41	6687	179	39:40.8	12:48/M
12	Brandy Burnes	Wheatfield	40	6627	204	44:44.6	14:26/M
13	Cathie Dull	Valparaiso	43	6660	218	51:38.0	16:39/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Timothy Brown		43	5685	22	22:25.4	7:14/M
2	Steve Denby	Valparaiso	43	6654	27	23:36.5	7:37/M
3	Christopher Perez	Hobart	41	6729	38	24:49.1	8:00/M
4	Mario Ruiz	Valparaiso	40	6747	50	25:58.2	8:23/M
5	Jason Urbowiak		41	6422	68	27:38.4	8:55/M
6	Steve Rowley	Chesterton	43	6746	72	28:05.2	9:04/M
7	Michael Krecik		42	5771	93	30:02.9	9:41/M
8	Joseph Arulandu	Valparaiso	42	6608	95	30:05.1	9:42/M
9	James Masterson	Munster	42	6706	112	31:52.4	10:17/M
10	Fernando Gonzalez	Lake Station	40	6677	122	33:19.6	10:45/M

2014 Spirit Run 5K

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March 08, 2014

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
11	Eric Pinkie	Hebron	41	6730	135	34:19.0	11:04/M
12	Eric Evans		43	6794	210	49:10.7	15:52/M
13	Brian Johns	Valparaiso	40	6693	217	51:20.1	16:34/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Linda Murkve	Valparaiso	47	6720	28	23:41.9	7:38/M
2	Suzanne Bukur		49	5708	70	27:51.3	8:59/M
3	Patty Rawlings	Hebron	48	6742	75	28:34.2	9:13/M
4	Karen Marlatt	Kouts	47	6704	100	30:30.6	9:50/M
5	Beth Boyer	Lowell	45	6621	111	31:49.1	10:16/M
6	Vicki Schmidt	Chesterton	47	6755	126	33:28.2	10:48/M
7	Dianna Brogan		45	6623	160	37:03.6	11:57/M
8	Linda Ramos	Schererville	46	6737	161	37:08.2	11:59/M
9	Emily Doehring	Griffith	47	6657	170	38:22.1	12:23/M
10	Carolyn De St Jean		45	5711	189	40:51.8	13:11/M
11	Suzanne Mulshine	Chesterton	49	6718	199	42:24.6	13:41/M
12	Anne Welsh		48	5688	201	42:42.4	13:46/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Robert Alt	Chicago	46	6605	23	22:59.7	7:25/M
2	Jorge Ramos		48	6736	24	23:35.2	7:36/M
3	Mike Staph	Valparaiso	48	6765	60	26:41.5	8:36/M
4	Philip Page	Valparaiso	45	6727	81	28:46.3	9:17/M
5	George Azar	Valparaiso	49	6611	91	30:01.6	9:41/M
6	Daniel Kreckik		48	5794	92	30:02.3	9:41/M
7	Michael Willis	Schererville	49	6790	120	32:58.0	10:38/M
8	Chris Boyer		46	5720	132	34:13.4	11:02/M
9	Ross Kovanda		47	5734	140	34:45.3	11:13/M
10	David Chary	Gary	46	6633	195	41:19.4	13:20/M
11	Steve Dull	Valparaiso	46	6663	223	1:20:13.5	25:53/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Julie Young		50	5705	51	26:03.4	8:24/M
2	Jayne Willis	Schererville	50	6789	85	29:28.0	9:30/M

2014 Spirit Run 5K

Age Group ResultsRace Date

March 08, 2014

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Mary C. Miller	Michigan City	54	6711	101	30:35.2	9:52/M
4	Michelle Dvorscak	Highland	51	6664	145	35:08.0	11:20/M
5	Sue Wappel	Valparaiso	50	6784	147	35:12.8	11:21/M
6	S. Lee Alvarez	Michigan City	52	6606	165	37:30.1	12:06/M
7	Kathy Schwab	Valparaiso	51	6756	176	39:17.9	12:40/M
8	Mary Cooper		54	6645	185	40:22.1	13:01/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Polite	Valparaiso	53	6732	15	21:44.3	7:01/M
2	Daniel Brugos	Valparaiso	51	6625	17	22:02.7	7:06/M
3	Dave Young		53	5704	32	24:16.4	7:50/M
4	Allen Rawlings	Hebron	51	6741	55	26:21.7	8:30/M
5	Jerry Davich	Portage	51	6653	131	34:10.7	11:01/M
6	Scott Gerig		50	6800	138	34:39.5	11:11/M
7	Carl Allegretti	Frankfort	52	6603	169	38:16.2	12:21/M
8	Rick Gosser	Crown Point	54	6679	174	39:07.2	12:37/M
9	A E Joseph Shepley	Valparaiso	50	6761	222	1:12:33.5	23:24/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Elaine Hendricks	Valparaiso	57	6683	66	27:31.5	8:53/M
2	Deb Schiesser		58	6752	89	30:00.6	9:41/M
3	Billie Childress		57	6341	124	33:26.3	10:47/M
4	Debbie Shaffer	Valparaiso	56	6760	129	34:06.0	11:00/M
5	Cecilia Bernal		57	6616	139	34:41.5	11:11/M
6	Laura Ryan	Valparaiso	56	6749	186	40:22.5	13:01/M
7	Susan Sendejas	Hobart	56	6759	197	41:43.9	13:27/M
8	Linda Ruschak	Merrillville	55	6748	203	44:44.4	14:26/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bob Turek	Highland	56	6777	18	22:13.3	7:10/M
2	Brian Chorba	Valparaiso	57	6635	42	25:19.8	8:10/M
3	Daniel Ray Eaves	Hobart	55	6666	47	25:45.0	8:18/M
4	Nicky Dvorscak	Highland	57	6665	69	27:41.2	8:56/M
5	John Cunningham	Valparaiso	56	6651	175	39:16.7	12:40/M

2014 Spirit Run 5K

Age Group ResultsRace Date

March 08, 2014

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Janet Rotz	Dyer	60	6744	118	32:46.4	10:34/M
2	Morningsun Kelly	Burr Oak	60	6695	209	48:32.3	15:39/M
3	Wanda Melion	Portage	62	6710	216	51:18.3	16:33/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joe Betz	Valparaiso	63	6618	12	21:21.2	6:53/M
2	Roger Steffen		63	6435	25	23:35.6	7:36/M
3	Ron Bendiks	Valparaiso	60	6614	31	23:58.2	7:44/M
4	Whitewolf Kelly	Burr Oak	62	6696	56	26:23.7	8:31/M
5	Steve Conley	Valparaiso	61	6642	73	28:08.4	9:05/M
6	Bill Moylan	Homewood	64	6715	116	32:39.4	10:32/M
7	Jesse Bernal		62	6615	206	45:46.0	14:46/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jean Jannasch	Valparaiso	67	6692	79	28:43.7	9:16/M
2	Jean Tolchinsky	Crete	68	6775	134	34:17.6	11:04/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Henry Aguilera	Chicago	65	6602	53	26:12.4	8:27/M
2	Patrick Davis		67	5792	67	27:37.8	8:55/M
3	Tom Hutmacher		66	6434	83	29:14.3	9:26/M
4	Dennis Rotz	Dyer	66	6743	148	35:15.8	11:22/M
5	Clarence Melion	Portage	69	6709	180	39:45.0	12:49/M
6	Jack Kashak		66	6401	190	40:59.4	13:13/M
7	Allan Nalbor		66	6721	192	41:10.6	13:17/M
8	Michael Moskalick	Crown Point	69	6714	198	42:18.4	13:39/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
	No Finishers						

2014 Spirit Run 5K

Age Group ResultsRace Date

March 08, 2014

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Robert Edwards	Valparaiso	73	6667	76	28:39.0	9:15/M
2	Malcolm McGawn	Valparaiso	72	6708	115	32:36.8	10:31/M
3	Larry Evans		74	6792	163	37:13.9	12:00/M
4	Winston Steiniche	Beecher	71	6767	188	40:43.4	13:08/M
5	Gideon Falk	Homewood	74	6670	205	44:50.0	14:28/M
6	Bob Hooper	Crown Point	72	6686	219	52:42.5	17:00/M

Female 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
	No Finishers						

Male 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
	No Finishers						

Female 80 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
	No Finishers						

Male 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	James Johnson		82	6694	212	49:37.8	16:00/M