

4th Annual Pancake Pacer 5K

Age Group Results

Race Date

April 26, 14

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michelle Nelson		38	9653	13	22:28.4	7:15/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Potts Takoda		16	9747	1	18:23.1	5:56/M

4th Annual Pancake Pacer 5K

Age Group ResultsRace Date

April 26, 14

Female No Age Provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lara Elfner		0	9575	48	27:00.4	8:43/M
2	Ann Mitchell		0	9642	97	31:20.3	10:06/M
3	Pegge O'Donnell		0	9655	101	31:29.9	10:09/M
4	Katie Larocca		0	9636	102	31:30.1	10:10/M

Female 19 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kennedy Miya		14	9752	28	24:34.3	7:55/M
2	Cate A Peerbolte		13	9660	37	25:36.6	8:15/M
3	Jenn Krygsheld		19	9632	50	27:04.5	8:44/M
4	Brittany A Groen		16	9589	55	27:28.9	8:52/M
5	Ashley L Morecraft		16	9645	67	29:09.5	9:24/M
6	Tiffany J Groen		18	9593	70	29:18.6	9:27/M
7	Kristen A Corral		17	9537	76	29:26.6	9:30/M
8	Marissa Lang		18	9635	92	30:45.5	9:55/M
9	Hannah G Limback		19	9639	111	32:32.4	10:30/M
10	Chloe S Baker		14	9504	117	32:48.6	10:35/M
11	Tessa M Buiters		14	9529	130	34:14.1	11:03/M
12	Beth Boonstra		14	9520	131	34:17.2	11:04/M
13	Amanda J Sikma		18	9685	134	34:18.4	11:04/M
14	Brittany R Boss		18	9524	135	34:18.6	11:04/M
15	Monique G VanderMolen		18	9714	136	34:20.3	11:05/M
16	Natalie E VanderWoude		17	9718	137	34:21.1	11:05/M
17	Alejandra Crevier		17	9539	145	36:57.8	11:55/M
18	Kalie A Johnson		16	9607	146	36:58.6	11:55/M
19	Greta E Schutt		18	9681	151	37:41.3	12:09/M
20	Kayla M Teuene		18	9709	154	38:05.1	12:17/M
21	Kelsey D Bonnema		16	9519	156	38:12.7	12:19/M
22	Amanda R Ipema		15	9604	157	38:15.3	12:20/M
23	Emily B Ipema		16	9605	161	39:43.4	12:49/M
24	Claire Beezhold		16	9506	180	43:20.6	13:59/M
25	Madeline M Smit		18	9690	181	43:31.7	14:02/M
26	Madison L Prince		19	9667	182	43:32.2	14:03/M
27	Aerial M Shaffer		13	9682	184	44:05.5	14:13/M
28	Kelli E Frieling		17	9582	193	45:06.4	14:33/M
29	Andie E Durham		18	9563	194	45:06.6	14:33/M
30	Katherine M Witting		17	9739	195	45:06.7	14:33/M
31	Hannah M Witting		16	9738	197	45:07.8	14:33/M
32	Maggie M Durham		18	9564	198	45:09.2	14:34/M
33	Nicole Huizenga		17	9602	212	48:30.8	15:39/M
34	Cassidy L Robertson		18	9672	213	48:32.1	15:39/M

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Female 19 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
35	Becca E Niehof		17	9654	214	48:32.4	15:39/M
36	Tori Frederick		18	9580	215	48:34.5	15:40/M
37	Becca L Burgett		19	9531	216	48:44.4	15:43/M
38	Nicole Moes		18	9643	223	50:20.2	16:14/M
39	Cornelia Jones		18	9608	226	52:46.9	17:01/M
40	Brittany R Bonnema		14	9515	233	58:18.8	18:48/M
41	Danielle n Bonnema		10	9517	235	58:20.3	18:49/M

Male 19 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Derek A VanProyen		13	9730	3	19:48.4	6:23/M
2	Dustin W Pluard		18	9666	6	20:24.4	6:35/M
3	Kyle T Mulderink		14	9650	7	20:48.5	6:43/M
4	Andrew R Kurzeja		15	9633	8	21:02.3	6:47/M
5	Steve M Dykstra		19	9570	10	21:36.4	6:58/M
6	Ryan M Koontz		15	9623	15	23:00.9	7:25/M
7	Kyle S Schaaf		15	9676	18	23:09.8	7:28/M
8	Luke J Haan		13	9595	19	23:21.8	7:32/M
9	Matthew Schaaf		17	9677	21	23:51.4	7:42/M
10	Jason Eberly		15	9573	22	23:59.1	7:44/M
11	Justin W VanProoyen		11	9729	24	24:06.8	7:46/M
12	Paul D Duesing		15	9562	34	25:14.7	8:08/M
13	Andrew A Smits		13	9696	36	25:36.1	8:15/M
14	Benjamin J DeYoung		16	9558	42	26:07.6	8:25/M
15	Tyler S Bosman		17	9523	44	26:19.7	8:29/M
16	Ryan A Barnes		17	9505	46	26:25.3	8:31/M
17	Nathan J Davids		14	9545	53	27:15.3	8:47/M
18	Matthew E Smits		11	9697	60	28:44.1	9:16/M
19	Adam TerHaar		18	9707	79	29:32.2	9:32/M
20	Brad M Kamstra		16	9617	85	29:49.1	9:37/M
21	Eros Perez		17	9663	94	31:11.3	10:04/M
22	Alexander S Deyoung		19	9557	95	31:12.5	10:04/M
23	Standish Jayden		7	9750	150	37:22.3	12:03/M
24	Ethan G Kamp		17	9615	152	37:43.2	12:10/M
25	Tim G Kreyes		16	9626	155	38:05.1	12:17/M
26	Brenden L Kamp		11	9614	190	44:59.7	14:31/M
27	Joseph J Smit		14	9692	209	48:16.8	15:34/M

4th Annual Pancake Pacer 5K

Age Group ResultsRace Date

April 26, 14

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Allison J Stoub		23	9705	47	26:39.1	8:36/M
2	Danielle n Groen		22	9590	56	27:29.1	8:52/M
3	Ashley D DeBoer		25	9547	69	29:16.8	9:26/M
4	Kendra A DeVries		25	9552	71	29:19.1	9:27/M
5	Elizabeth C Fiala		23	9578	77	29:30.4	9:31/M
6	Julia R Keep		24	9618	82	29:38.1	9:34/M
7	Emily M Stoub		26	9706	86	29:54.6	9:39/M
8	Jessica L Groen		21	9591	87	30:07.8	9:43/M
9	Stacey A Standish		26	9703	89	30:13.4	9:45/M
10	Emily E VanStee		24	9731	90	30:20.4	9:47/M
11	Samantha K Putzbach		26	9668	91	30:25.9	9:49/M
12	Danielle J Burgett		22	9532	107	31:46.9	10:15/M
13	Maggie A Clark		29	9535	116	32:47.6	10:35/M
14	Kayla R Smits		20	9694	118	32:54.4	10:37/M
15	Dorelle Krygsheld		21	9631	138	34:22.9	11:05/M
16	Sara M Burgett		24	9533	140	34:56.4	11:16/M
17	Bethany J Zirbel		25	9744	153	37:51.9	12:13/M
18	LaRae C Dykstra		24	9568	163	41:43.4	13:27/M
19	Jessica M Tiemens		26	9710	165	41:50.5	13:30/M
20	Michelle R Jansma		25	9606	166	41:56.8	13:32/M
21	Lisa C Hoekstra		23	9599	175	42:12.9	13:37/M
22	Megan J Huizenga		22	9601	178	42:24.1	13:41/M
23	Noelle F Groen		25	9592	201	47:28.9	15:19/M

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kyle VanderMolen		21	9716	27	24:28.2	7:54/M
2	Max Boonstra		20	9521	30	24:43.6	7:58/M
3	Chad M Groen		23	9594	35	25:17.5	8:09/M
4	Josh L DeBoer		26	9548	39	25:51.9	8:20/M
5	Craig A VanderMolen		26	9715	45	26:23.7	8:31/M
6	Bradley J Leegwater		21	9637	54	27:15.6	8:47/M
7	Alex R Tiemens		26	9712	58	28:29.1	9:11/M
8	Peter S Keep		24	9619	63	28:47.9	9:17/M
9	Joshua M Jonkman		26	9612	68	29:14.2	9:26/M
10	Erik J DeVries		26	9554	73	29:22.4	9:28/M
11	Mark T Sons		26	9700	83	29:39.9	9:34/M
12	Noah A VanDrunen		21	9724	88	30:07.8	9:43/M
13	Holmes Ronnie		22	9748	139	34:51.7	11:15/M
14	Ryne Standish		28	9704	149	37:22.3	12:03/M
15	Andrew J Hoekstra		22	9600	172	42:11.9	13:36/M

4th Annual Pancake Pacer 5K

Age Group ResultsRace Date

April 26, 14

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
16	Kevin R O'Neal		25	9657	205	47:53.1	15:27/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tim A Dykstra		32	9569	17	23:06.8	7:27/M
2	Betsy Catrara		39	9534	20	23:38.4	7:37/M
3	VanderLaan Christine		39	9754	41	26:01.3	8:24/M
4	Boender Heidi		39	9753	52	27:12.1	8:46/M
5	Lisa M Blocker		31	9509	66	29:02.6	9:22/M
6	Maria Perez		39	9662	80	29:36.6	9:33/M
7	Clare Bonnema		32	9516	106	31:39.1	10:13/M
8	Kristin L Bolkema		31	9513	109	32:16.9	10:25/M
9	Rachel Davids		32	9542	112	32:36.6	10:31/M
10	Lauren R Evers		35	9577	115	32:41.8	10:33/M
11	Elana E Reid		39	9671	125	33:17.6	10:44/M
12	Catherine M Mosley		37	9647	126	34:07.4	11:00/M
13	Jessica Dees		33	9550	128	34:13.8	11:02/M
14	April L Armendariz		36	9503	129	34:13.8	11:02/M
15	Rachel L DeVries		38	9553	162	39:59.9	12:54/M
16	Becky A Hart		33	9596	183	44:04.7	14:13/M
17	Jodi R Jonkman		37	9609	185	44:07.4	14:14/M
18	Erika L Benick		38	9508	203	47:46.5	15:25/M
19	Sarrah A Schipper		37	9680	232	56:38.6	18:16/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Vanderpul John		31	9749	4	20:02.6	6:28/M
2	Michael J DeVries		38	9556	11	22:08.5	7:08/M
3	Derek W Bolkema		32	9514	12	22:18.3	7:12/M
4	Len DeYoung		39	9560	16	23:04.5	7:26/M
5	Tonny R Sserwadda		31	9702	23	24:04.3	7:46/M
6	Lori A Mejan		39	9641	33	25:02.3	8:05/M
7	Woods Charles		36	9751	38	25:51.6	8:20/M
8	Jacob A Veldhuizen		31	9732	57	27:39.1	8:55/M
9	Thomas J Mosley		35	9648	59	28:29.9	9:11/M
10	Joshua W Blocker		31	9510	65	29:02.4	9:22/M
11	Ken C Mulderink		39	9649	108	31:49.3	10:16/M
12	Sarah Rudenga		34	9675	122	33:05.2	10:40/M
13	Christopher J DeYoung		31	9559	179	42:25.9	13:41/M

4th Annual Pancake Pacer 5K

Race Date

April 26, 14

Age Group Results

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Richelle K VanderZee		42	9720	31	24:54.9	8:02/M
2	Euenhouse Lorane		47	9759	43	26:14.4	8:28/M
3	Susanna J Beezhold		45	9507	51	27:07.5	8:45/M
4	Diana L Morecraft		41	9646	75	29:24.5	9:29/M
5	Rachelle A Knapper		46	9621	93	31:11.1	10:04/M
6	Debbie L Knot		48	9622	96	31:17.5	10:05/M
7	Brink Janet		48	9756	98	31:23.1	10:07/M
8	Stacia J Smits		44	9695	99	31:25.1	10:08/M
9	Suzanne K Jonkman		45	9610	110	32:17.6	10:25/M
10	Melinda		44	9586	113	32:37.8	10:31/M
11	Sherry Skertich		42	9686	114	32:40.6	10:32/M
12	Debra S Smits		45	9693	123	33:10.6	10:42/M
13	Lisa D Kirby		45	9620	141	34:57.4	11:16/M
14	Angie R Davids		41	9540	144	36:26.5	11:45/M
15	Pals Valarie		45	9760	148	37:18.4	12:02/M
16	Sandy K Vree		47	9733	159	39:00.1	12:35/M
17	Joann Delahunty		47	9551	164	41:49.4	13:29/M
18	Michelle K Bouwer		47	9525	167	42:05.2	13:35/M
19	Christina J Buiter		42	9528	169	42:06.4	13:35/M
20	Jeannette Frederick		42	9579	170	42:06.6	13:35/M
21	Deb J VanKalker		43	9726	171	42:09.5	13:36/M
22	Shannon Sobolewski		40	9699	173	42:12.4	13:37/M
23	Laura L White		44	9736	174	42:12.6	13:37/M
24	Jennifer J Kooyenga		41	9624	176	42:15.6	13:38/M
25	Debbie S Ohm		40	9656	177	42:15.9	13:38/M
26	Nanci L Natale		44	9651	191	45:01.9	14:31/M
27	Dana Smiddy		48	9688	199	45:31.7	14:41/M
28	Amy Boerman-Cornell		47	9511	211	48:18.1	15:35/M
29	Annette Vroegh		46	9734	218	48:57.4	15:47/M
30	Kathy R Sliemers		40	9687	220	49:30.1	15:58/M
31	Susan L Eberly		42	9572	222	49:42.2	16:02/M
32	Heidi Rogan		48	9673	224	52:23.5	16:54/M
33	Amy Peterson		43	9664	225	52:25.8	16:55/M
34	Deanne J Dykstra		45	9566	227	53:14.4	17:10/M
35	LaShonne D Randolph		45	9669	228	54:33.2	17:36/M
36	Felicia Williams		41	9737	229	56:33.2	18:15/M
37	Heather L Breclaw		43	9526	231	56:38.4	18:16/M
38	Diane L Bonnema		44	9518	234	58:20.1	18:49/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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4th Annual Pancake Pacer 5K

Age Group ResultsRace Date

April 26, 14

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brett Mejan		40	9640	9	21:29.3	6:56/M
2	Pals Jeff		43	9761	14	22:41.1	7:19/M
3	Jamie J Bogaard		42	9512	25	24:15.6	7:49/M
4	Thomas P DeCavitch		47	9549	29	24:40.9	7:57/M
5	Bob N VanderZee		43	9721	32	24:55.2	8:02/M
6	Eric J Davids		42	9543	61	28:46.6	9:17/M
7	Brian L Buiters		42	9530	62	28:47.4	9:17/M
8	Brink Dale		48	9757	64	28:59.6	9:21/M
9	Ken S DeVries		45	9555	74	29:22.4	9:28/M
10	Brad Corral		48	9538	78	29:30.5	9:31/M
11	Steven J DeYoung		44	9561	84	29:42.8	9:35/M
12	Timothy E Durham		48	9565	100	31:29.7	10:09/M
13	Jack Vroegh		49	9735	103	31:30.6	10:10/M
14	Chad Kooyenga		41	9625	147	37:08.3	11:59/M
15	Douglas T Frederick		46	9581	168	42:06.1	13:35/M
16	Marque A Shaffer		49	9683	186	44:08.4	14:14/M
17	James D Randoph		42	9670	188	44:35.3	14:23/M
18	Tom L Kamp		45	9616	189	44:59.7	14:31/M
19	Robert A Natale		44	9652	192	45:05.6	14:33/M
20	Thomas W Witting		48	9741	202	47:44.3	15:24/M
21	John P Leegwater		47	9638	204	47:50.7	15:26/M
22	Steve W Dykstra		48	9571	206	47:53.7	15:27/M
23	James R Smit		47	9691	210	48:16.8	15:34/M
24	Michael Eberly		43	9574	221	49:41.1	16:02/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Marj B Colvin		54	9536	72	29:22.1	9:28/M
2	Amy J Allen		50	9501	104	31:38.1	10:12/M
3	Jackie L VanderZee		50	9719	120	32:59.9	10:38/M
4	Ellen D Dykstra		51	9567	127	34:12.4	11:02/M
5	Carisa L Krygsheld		50	9629	132	34:17.6	11:04/M
6	Linda Jordan		53	9613	142	35:14.5	11:22/M
7	Donna M Teuene		53	9708	160	39:23.5	12:42/M
8	Ann M DeBoer		52	9546	187	44:30.9	14:21/M
9	Debby C Operheim		50	9658	196	45:06.8	14:33/M
10	Rochelle M Kreykes		52	9627	200	47:28.4	15:19/M
11	Kimberly A Gendusio		58	9585	217	48:47.2	15:44/M
12	Mary B Lagerwey		52	9634	219	49:29.9	15:58/M

4th Annual Pancake Pacer 5K

Age Group ResultsRace Date

April 26, 14

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	DeJong Ralph		56	9755	5	20:13.6	6:31/M
2	Philip J Vanderwall		50	9717	26	24:22.4	7:52/M
3	Dale A Huizenga		50	9603	40	25:55.2	8:22/M
4	Keith A VanDrunen		55	9723	81	29:37.1	9:33/M
5	Doug Allen		50	9502	105	31:38.3	10:12/M
6	Don G VanderZee		50	9722	119	32:59.7	10:38/M
7	Roy E Witting		52	9740	124	33:12.4	10:43/M
8	Peter S Boonstra		55	9522	133	34:18.2	11:04/M
9	Venhuizen Bob		52	9758	143	35:29.7	11:27/M
10	Joe R Jonkman		50	9611	158	38:33.1	12:26/M

Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Liz Rudenga		60	9674	121	33:03.9	10:40/M
2	Nancy A Davids		64	9541	208	48:13.2	15:33/M
3	Beverly A Gall		64	9584	230	56:37.2	18:16/M

Male 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	James J Piaskowy		60	9665	2	19:18.2	6:14/M
2	Robert K Fuka		61	9583	49	27:01.9	8:43/M
3	Jack W Davids		65	9544	207	48:08.3	15:32/M