

# 2014 Gull Lake Triathlon

## Overall Results

### Olympic Triathlon

Race Date  
June 28, 2014

Place	Name	Bib No	AG Place	----- Swim -----			Tran 1 Time	----- Bike -----			Tran 2 Time	----- Run -----		Total Time	
				Rnk	Time	Pace		Rnk	Time	Rate		Rnk	Time		Pace
1	Charley Massey	157	1 M Top	6	26:30.7	17:40	0:55.9	1	1:03:52.0	23.3	0:35.9	2	37:42.4	6:05	2:09:36.9
2	Gary Greib	96	1 M Top	18	29:20.2	19:33	0:44.2	4	1:05:34.0	22.7	0:30.4	4	38:55.9	6:17	2:15:04.7
3	Adriano Rosa	195	1 M 50-54	10	27:48.5	18:32	0:38.7	3	1:04:18.6	23.1	0:31.3	10	45:04.1	7:16	2:18:21.2
4	Christopher Gregory	95	1 M 30-34	4	26:27.1	17:38	1:01.0	26	1:13:52.3	20.1	0:32.1	1	36:30.2	5:53	2:18:22.7
5	Jesse Aukeman	11	1 M 25-29	27	32:15.7	21:30	1:03.5	6	1:07:16.0	22.1	0:40.2	3	38:08.4	6:09	2:19:23.8
6	Eric Olsen	181	1 M 55-59	5	26:27.4	17:38	1:26.2	11	1:09:08.8	21.5	0:55.6	5	42:00.5	6:46	2:19:58.5
7	Glen Kellam	132	2 M 50-54	9	27:21.6	18:14	1:12.4	2	1:04:15.5	23.2	1:01.5	15	46:23.9	7:29	2:20:14.9
8	Carl Pottheff	256	2 M 30-34	7	26:35.1	17:43	1:04.8	7	1:07:25.3	22.1	0:52.3	14	46:11.7	7:27	2:22:09.2
9	john battista	21	3 M 50-54	1	24:54.4	16:36	1:22.1	8	1:08:39.4	21.7	1:24.3	12	45:51.1	7:24	2:22:11.3
10	Matt Albin	5	1 M 40-44	8	26:52.4	17:55	1:05.2	22	1:13:21.0	20.3	0:45.1	9	44:42.7	7:13	2:26:46.4
11	Carol Gephart	87	1 F Top	13	28:05.9	18:43	0:57.3	13	1:09:44.2	21.3	0:52.5	19	47:20.5	7:38	2:27:00.4
12	Ross Geurink	90	3 M 30-34	3	26:21.5	17:34	0:36.8	9	1:08:47.9	21.6	0:25.5	29	51:39.5	8:20	2:27:51.2
13	Neil Cowan	55	1 M 35-39	2	26:11.3	17:27	1:40.5	15	1:11:10.1	20.9	1:21.0	22	49:57.9	8:03	2:30:20.8
14	Patrick Farrell	75	1 M 45-49	16	28:33.8	19:02	1:27.5	31	1:15:02.2	19.8	1:06.4	7	44:19.7	7:09	2:30:29.6
15	Rick Bicknell	25	2 M 45-49	36	33:33.6	22:22	1:22.7	10	1:08:48.2	21.6	1:15.6	13	45:51.9	7:24	2:30:52.0
16	Adam Baker	17	1 M 20-24	17	29:07.9	19:25	1:37.0	12	1:09:41.5	21.4	1:10.2	25	50:21.8	8:07	2:31:58.4
17	Darren DeGrout	261	2 M 25-29	34	33:01.6	22:01	1:08.2	27	1:14:08.7	20.1	1:00.6	6	43:28.2	7:01	2:32:47.3
18	Christopher Baker	16	1 M 17-19	12	27:53.9	18:35	1:58.3	21	1:12:42.7	20.5	1:55.9	33	52:00.0	8:23	2:36:30.8
19	Gavin Ferlic	78	4 M 30-34	47	36:20.3	24:13	1:05.2	20	1:12:11.8	20.6	1:06.0	16	46:36.4	7:31	2:37:19.7
20	Kevin Bridges	39	2 M 40-44	42	34:48.4	23:12	0:43.3	24	1:13:29.8	20.2	1:24.4	17	47:13.5	7:37	2:37:39.4
21	Justin Hopkins	117	3 M 25-29	40	34:23.4	22:55	1:34.9	23	1:13:29.0	20.2	1:30.4	18	47:19.3	7:38	2:38:17.0
22	james henderson	111	1 M 60-64	28	32:21.9	21:34	1:27.3	28	1:14:20.3	20.0	1:03.8	21	49:20.6	7:57	2:38:33.9
23	Rob Grainger	93	4 M 50-54	14	28:20.9	18:53	2:09.2	18	1:11:50.4	20.7	0:58.1	45	55:16.4	8:55	2:38:35.0
24	Tomas Kazokas	129	4 M 25-29	73	41:33.7	27:42	1:31.3	14	1:10:50.8	21.0		11	45:10.9	7:17	2:39:06.7
25	Jeff Bielak	26	5 M 50-54	20	30:42.0	20:28	1:40.0	17	1:11:46.0	20.7	0:23.0	43	54:46.1	8:50	2:39:17.1
26	Greg Vosters	236	5 M 25-29	32	32:55.9	21:57	1:12.4	50	1:20:19.5	18.5	0:54.2	8	44:28.5	7:10	2:39:50.5
27	Michael Daniels	61	2 M 35-39	41	34:40.8	23:07	1:03.8	16	1:11:23.0	20.8	0:58.2	35	52:18.9	8:26	2:40:24.7
28	Corinne Strumberger	218	1 F Top	24	31:55.2	21:17	1:15.1	35	1:15:26.5	19.7	0:44.5	28	51:22.9	8:17	2:40:44.2
29	Nick Yetter	251	3 M 45-49	71	40:46.6	27:11	1:47.9	5	1:06:33.8	22.4	0:52.7	34	52:17.7	8:26	2:42:18.7
30	Stuart Naylor	172	5 M 30-34	23	31:16.6	20:51	0:57.9	45	1:19:10.8	18.8		36	52:26.8	8:27	2:43:52.1
31	Don Payerle	184	6 M 50-54	35	33:32.6	22:21	2:05.2	25	1:13:51.0	20.1	0:48.2	51	57:20.2	9:15	2:47:37.2
32	Cara Burris`	43	1 F 25-29	30	32:44.1	21:49	1:22.2	42	1:18:05.6	19.1	0:59.2	44	54:47.1	8:50	2:47:58.2
33	Andrew Baker	18	4 M 45-49	53	38:03.1	25:22	1:35.7	32	1:15:05.4	19.8	1:33.3	32	51:53.6	8:22	2:48:11.1

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Race Date  
June 28, 2014

Place	Name	Bib No	AG Place	----- Swim -----		Tran 1	----- Bike -----		Tran 2	----- Run -----		Total			
				Rnk	Time		Pace	Time		Rnk	Time		Rate	Time	Rnk
34	Matt MacLeod	150	6 M 30-34	39	34:02.3	22:41	2:37.0	48	1:19:28.9	18.7	1:28.1	27	50:52.8	8:12	2:48:29.1
35	Richard Hansen	108	3 M 35-39	43	34:54.5	23:16	2:37.6	54	1:21:29.1	18.3	0:31.4	20	49:19.0	7:57	2:48:51.6
36	Andy Van Dis	231	7 M 30-34	31	32:51.5	21:54	1:12.7	46	1:19:17.4	18.8	0:56.7	46	55:26.2	8:56	2:49:44.5
37	Scott Bridges	38	1 M 1-16	79	43:28.3	28:59	1:31.9	33	1:15:06.5	19.8	0:51.5	23	50:00.3	8:04	2:50:58.5
38	Ian Heinicke	110	2 M 20-24	29	32:25.4	21:37	1:10.2	36	1:15:59.4	19.6	0:47.6	59	1:00:47.1	9:48	2:51:09.7
39	Darrin Costello	54	5 M 45-49	83	46:03.2	30:42	2:17.2	19	1:11:57.0	20.7	1:06.1	24	50:10.9	8:05	2:51:34.4
40	Carrie VanDerZee	232	1 F 30-34	15	28:32.7	19:01	3:15.1	69	1:25:26.0	17.4	1:02.4	38	53:24.2	8:37	2:51:40.4
41	Zach Novak	176	8 M 30-34	48	37:02.7	24:41	1:26.0	29	1:14:42.0	19.9	1:08.3	53	57:35.5	9:17	2:51:54.5
42	Rob Longstreet	146	6 M 45-49	50	37:30.8	25:00	2:10.1	40	1:17:33.6	19.2	1:19.7	40	54:13.0	8:45	2:52:47.2
43	Amy Curry	57	1 F 35-39	22	31:07.7	20:45	2:08.3	63	1:23:55.1	17.7	1:50.4	41	54:14.6	8:45	2:53:16.1
44	Jessaca Spybrook	212	2 F 35-39	21	30:46.5	20:31	1:10.4	66	1:24:42.1	17.6	1:15.4	47	55:41.8	8:59	2:53:36.2
45	Colleen Valkema	229	1 F 45-49	60	38:49.6	25:53	1:28.7	49	1:20:07.5	18.6	0:56.5	37	52:57.4	8:32	2:54:19.7
46	Mortimer Ames	9	7 M 50-54	19	29:23.1	19:35	2:52.6	64	1:24:02.7	17.7	2:45.5	48	55:45.4	9:00	2:54:49.3
47	Gil Fernandez	262	3 M 40-44	78	43:05.4	28:43	2:26.1	37	1:17:02.9	19.3	1:51.6	26	50:40.0	8:10	2:55:06.0
48	Cate Neidlinger	174	2 F 30-34	25	32:07.2	21:25	1:54.8	56	1:21:44.4	18.2	1:30.3	54	57:56.6	9:21	2:55:13.3
49	Michelle Lustig	148	2 F 25-29	61	38:51.0	25:54	2:53.9	55	1:21:33.1	18.2	1:51.5	30	51:44.2	8:21	2:56:53.7
50	Tim Clore	51	8 M 50-54	11	27:52.6	18:35	1:37.3	43	1:18:37.0	18.9	0:48.5	71	1:08:17.9	11:01	2:57:13.3
51	DeAnn Auton	12	1 F 50-54	74	41:36.3	27:44	1:16.1	30	1:15:01.0	19.8	1:23.1	55	58:04.7	9:22	2:57:21.2
52	Kathleen Spillane	211	1 F 55-59	64	39:31.2	26:21	1:26.6	41	1:18:03.1	19.1	1:29.6	52	57:26.9	9:16	2:57:57.4
53	Marianne Baker	15	2 F 45-49	63	39:18.6	26:12	1:49.0	38	1:17:05.6	19.3	1:13.8	57	58:34.7	9:27	2:58:01.7
54	Mehdi Rexha	192	7 M 45-49	51	37:35.0	25:03	5:19.2	34	1:15:12.7	19.8	4:05.9	56	58:10.3	9:23	3:00:23.1
55	William Gust	97	9 M 50-54	49	37:18.9	24:52	2:16.2	68	1:25:04.7	17.5	1:04.7	50	56:41.1	9:09	3:02:25.6
56	Rick Sedlak	206	2 M 60-64	54	38:07.0	25:25	3:23.9	62	1:23:29.5	17.8	1:21.0	49	56:23.9	9:06	3:02:45.3
57	Toni Daniels	60	3 F 35-39	37	33:54.1	22:36	1:17.6	70	1:25:41.2	17.4	1:30.3	58	1:00:25.7	9:45	3:02:48.9
58	Earl Gaball	83	1 M 70-99	69	40:26.1	26:57	1:20.8	44	1:19:00.5	18.8	1:20.7	62	1:01:09.1	9:52	3:03:17.2
59	Brandon Hoggard	116	9 M 30-34	58	38:40.9	25:47	2:14.6	52	1:20:38.2	18.5	1:01.5	65	1:01:37.8	9:56	3:04:13.0
60	Kris Krohn	138	8 M 45-49	88	51:42.3	34:28	3:34.8	39	1:17:30.8	19.2	1:33.8	31	51:52.3	8:22	3:06:14.0
61	Jeffrey Tabone	222	6 M 25-29	26	32:11.6	21:27	1:46.6	47	1:19:19.5	18.8	1:02.7	80	1:11:57.8	11:36	3:06:18.2
62	David Werner	241	7 M 25-29	76	42:13.1	28:09	2:17.5	71	1:26:06.0	17.3	2:04.4	39	53:53.0	8:41	3:06:34.0
63	Mark Reed	191	2 M 55-59	59	38:42.9	25:48	2:28.7	59	1:22:21.1	18.1	1:35.4	67	1:03:11.1	10:11	3:08:19.2
64	Beth Rigoni	193	3 F 30-34	46	36:01.0	24:01	1:43.9	51	1:20:29.5	18.5	0:50.4	74	1:09:40.6	11:14	3:08:45.4
65	Diane Ebaugh	70	2 F 55-59	66	39:39.4	26:26	2:01.6	65	1:24:14.1	17.7	2:01.7	60	1:01:01.9	9:50	3:08:58.7
66	Scott Schaper	198	4 M 40-44	56	38:26.9	25:37	1:06.0	75	1:27:58.2	16.9	0:36.2	64	1:01:33.9	9:56	3:09:41.2

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### Overall Results

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<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Swim</u>			<u>Tran 1</u>			<u>Bike</u>			<u>Tran 2</u>			<u>Run</u>			<u>Total Time</u>
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>					
67	Bill Bradley	33	3 M 60-64	57	38:28.3	25:39	1:23.7	53	1:21:13.6	18.3	1:01.8	72	1:08:51.1	11:06	3:10:58.5				
68	Cristi DeDoes	65	4 F 35-39	84	46:58.8	31:19	1:45.3	74	1:27:41.8	17.0	1:17.5	42	54:18.5	8:45	3:12:01.9				
69	Bolton Uckele	228	10 M 50-54	45	35:13.9	23:29	3:02.1	57	1:21:49.0	18.2	2:06.7	79	1:11:46.6	11:35	3:13:58.3				
70	Nikki Gates	85	5 F 35-39	62	38:56.2	25:57	1:30.5	61	1:23:08.7	17.9	0:56.2	82	1:12:09.4	11:38	3:16:41.0				
71	Stacy Caudill	47	1 F 40-44	89	53:56.4	35:57	1:22.7	60	1:22:51.2	18.0	0:40.3	61	1:01:04.2	9:51	3:19:54.8				
72	Nicole Craig	56	6 F 35-39	38	33:58.1	22:39	1:20.0	67	1:24:51.4	17.5	1:18.0	88	1:19:08.8	12:46	3:20:36.3				
73	Sarah Hansen	107	4 F 30-34	80	43:44.8	29:09	2:28.8	72	1:27:08.5	17.1	1:24.9	69	1:06:17.3	10:41	3:21:04.3				
74	Robby Robertson	194	4 M 35-39	75	41:51.6	27:54	2:35.6	58	1:22:01.1	18.1	1:43.9	84	1:13:09.3	11:48	3:21:21.5				
75	Jennifer Weber	240	7 F 35-39	82	45:58.4	30:39	3:29.9	76	1:28:26.2	16.8	1:42.8	66	1:02:02.6	10:00	3:21:39.9				
76	Chris O'Leary	180	3 M 55-59	55	38:12.5	25:28	3:16.4	78	1:29:56.1	16.5	1:39.9	73	1:09:31.3	11:13	3:22:36.2				
77	Amy Getman	89	5 F 30-34	33	33:01.3	22:01	1:54.7	86	1:38:38.0	15.1	1:05.2	77	1:10:29.2	11:22	3:25:08.4				
78	Caitlin Slezak	210	3 F 25-29	70	40:43.9	27:09	1:53.2	73	1:27:11.5	17.1	1:27.0	85	1:14:30.6	12:01	3:25:46.2				
79	patty reddy	190	2 F 40-44	52	37:48.4	25:12	2:31.7	84	1:34:48.5	15.7	1:34.3	75	1:09:52.9	11:16	3:26:35.8				
80	Gina Schiming	199	8 F 35-39	77	42:46.0	28:31	2:01.0	79	1:30:18.1	16.5	1:37.2	76	1:09:53.6	11:16	3:26:35.9				
81	Ailese Scott	205	6 F 30-34	90	2:28:05.0	98:43		85	1:34:56.7	15.7		63	1:01:19.1	9:53	3:27:52.6				
82	Katie Bridges	37	3 F 40-44	87	50:14.3	33:29	1:24.6	80	1:31:13.3	16.3	1:06.3	68	1:04:21.4	10:23	3:28:19.9				
83	Mark O'Donnell	179	4 M 60-64	68	40:11.7	26:47	2:44.8	82	1:33:34.8	15.9	2:25.6	78	1:11:10.3	11:29	3:30:07.2				
84	Ralph Putnam	188	4 M 55-59	67	40:07.9	26:45	2:35.0	83	1:33:49.4	15.9	1:30.0	83	1:12:35.9	11:42	3:30:38.2				
85	Ken Mohney	166	9 M 45-49	85	49:14.4	32:49	3:18.5	81	1:33:20.6	15.9	2:24.3	70	1:06:39.0	10:45	3:34:56.8				
86	Austin Allen	6	8 M 25-29	65	39:38.3	26:25	1:37.3	87	1:39:07.0	15.0	0:35.3	86	1:15:45.9	12:13	3:36:43.8				
87	joslyn winkler	246	4 F 25-29	81	44:27.5	29:38	3:37.5	89	1:39:47.9	14.9	1:58.9	81	1:12:02.6	11:37	3:41:54.4				
88	Alan Sulpizio	220	3 M 20-24	44	35:11.3	23:27	2:23.3	77	1:29:10.3	16.7	1:46.6	90	1:33:37.0	15:06	3:42:08.5				
89	Melanie Hall	102	9 F 35-39	86	49:38.5	33:05	1:40.4	88	1:39:35.7	14.9	1:40.6	87	1:18:07.8	12:36	3:50:43.0				
90	Karen Christensen	48	3 F 45-49	72	41:25.4	27:37	1:24.0	90	1:40:15.3	14.8	2:00.9	89	1:28:00.4	14:12	3:53:06.0				